

भारत सरकार
GOVERNMENT OF INDIA

आकाश कुमार सैनी
Akash Kumar Saini
जन्म तारीख/DOB:30/12/1991
पुरुष Male

2558 2838 2473

आधार - आम आदमी का अधिकार

भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:
संबंधित: हरिश कुमार सैनी,
हाउस न-205, वार्ड न-13
हरिपुर कर्नल अवस विकास,
एम आई टी आई के पीछे
हल्द्वानी, हल्द्वानी, नैनीताल
उत्तराखण्ड, 263139

Address:
S/O: Harish Kumar Saini,
house no-205, ward no-13
haripur karnal avas vikas,
behind M I T I Haldwani,
Haldwani, Nainital
Uttarakhand, 263139

2558 2838 2473

Aadhaar - Aam Aadmi ka Adhikar

Date... 16/8/24

Time... 11:15 AM

Patient Name... Mr. AKASH KR. SAINI Age... 32 Sex... M UHID No... 3282

IT HAS COME FOR ROUTINE YEARLY
EXAMINATION.

- K/C/O - BIL HIP ARTHRITIS - HUA B27 ⊕ V/E
BIL SACRO ILIITIS DONE ON 27/7/24.

BEING TREATED BY Dr. SANJIV KAPOOR

CURRENTLY NO FRESH COMPLAINTS.

ole
BP - 120/80 mmHg
PR - 90 bpm
SpO2 - 99%
CVS - S1 S2 ⊕ M/T
RIS - BIL ⊕
CNS - WNL
EEL - ⊕

Actn
- REVIEW T REPORTS


Dr. Sanjeev



BOOK APPOINTMENT



To IPSC Hospital

Subject :- Not able to give stool

Res Sir,

I am Unable to provide my stool sample
at this time so please disregard this test.

Regards

Aakash Saini

Saini

16-08-2024 10:12:25 AM

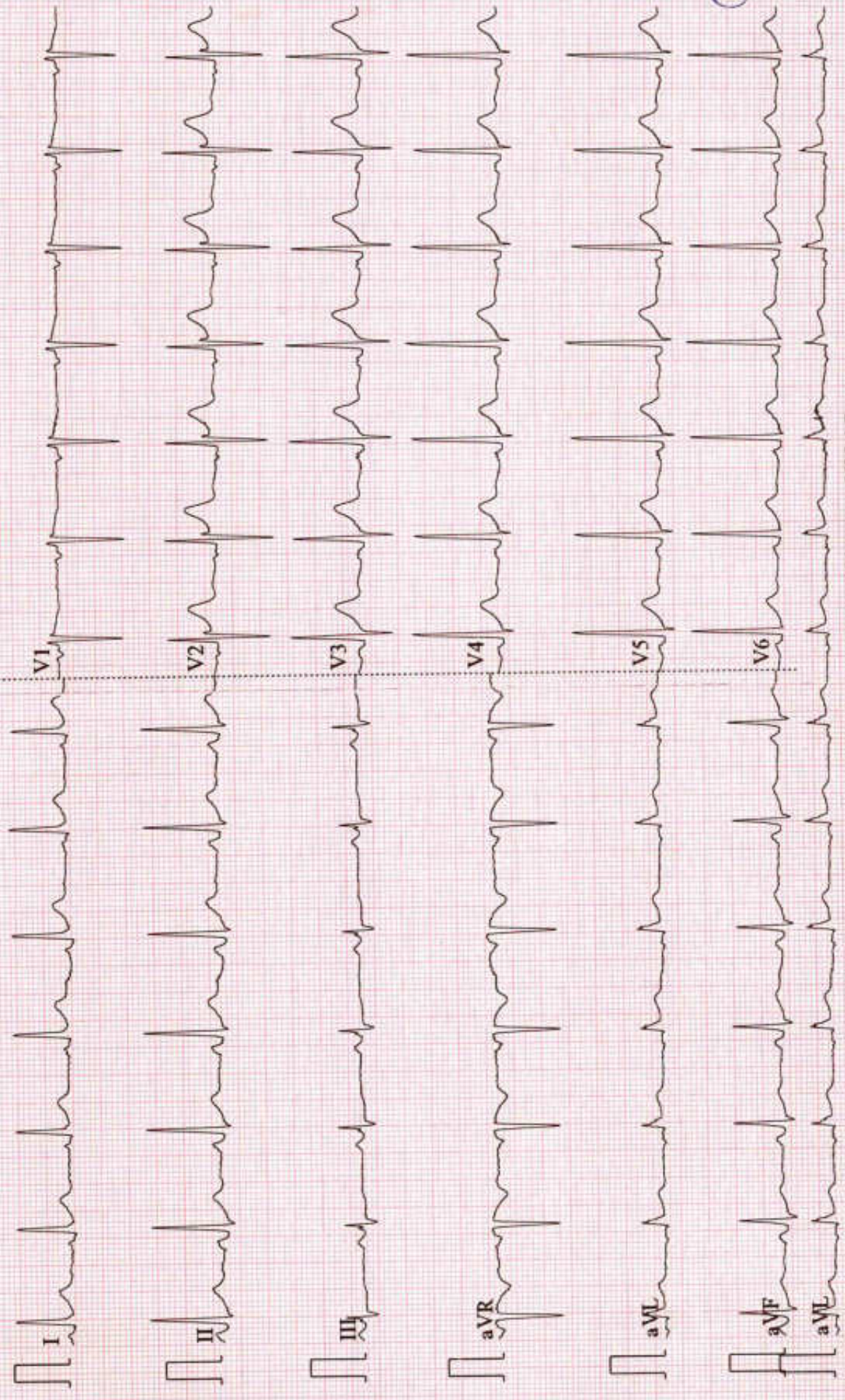
HR : 82 bpm
P : 102 ms
PR : 128 ms
QRS : 96 ms
QT/QTcBz : 356/416 ms
P/QRST : 64/39/28 °
RV5/SVI : 1.651/1.157 mV

ID: 4
mr akash kumar saini
Male 32Years
Req. No. :

Diagnosis Information:
Sinus rhythm
Normal ECG

Dr. ANIL SAHOO
MD, PGDCC
Regn. No. 53201

Report Confirmed by:



Signature

IPSC PAIN AND SPINE HOSPITAL

PLOT-453 NEAR SBI BANK SECTOR-19

DWARAKA NEW DELHI-110075, PH: 9555437357

AKASH KUMAR SAINI

ID : 67440
 DATE : 16-08-2024
 AGE/SEX : 32 / M
 HT/WT : 0 / 0
 REF.BY :

TREADMILL TEST REPORT

PROTOCOL : Bruce
 HISTORY : Checkup/Physical fitness,
 INDICATION :
 MEDICATION :

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS
								II	VI	V5	
SUPINE					90	120 / 80	108	1.2	0	1	
STANDING					107	120 / 80	128	0.9	0.2	0.5	
HYPERVENT					97	120 / 80	116	1.1	0.3	0.8	
Stage 1	2:55	0:15	2.7	10	122	130 / 80	158	0.6	0.3	0.3	4.67
Stage 2	5:55	2:55	4	12	155	140 / 80	217	-0.8	0.9	-1.2	7.04
PK-EXERCISE	6:31	0:31	5.4	14	169	150 / 90	253	-1.5	1.2	-1.6	7.60
RECOVERY	7:41	0:55			117	140 / 80	163	0.2	0.4	-0.3	
RECOVERY	8:41	1:55			103	130 / 80	133	0	0.5	-0.3	
RECOVERY	9:41	2:55			94	120 / 80	112	-0.1	0.4	-0.2	

RESULTS

EXERCISE DURATION : 6:31
 MAX HEART RATE : 169 bpm 89 % of target heart rate 188 bpm
 MAX BLOOD PRESSURE : 150 / 90 mm Hg
 REASON OF TERMINATION : Achieved THR,

BP RESPONSE : Normal,
 ARRHYTHMIA : None,
 H.R. RESPONSE : Normal Chronotropic Response,
IMPRESSIONS :

Negative for Provocable myocardial ischemia,

MAX WORK LOAD : 7.60 METS

Dr. ANIL SAHOO
 MD, PGDCC
 Regn. No. 33201



Technician :

IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI
 I.D. 67440
 Age 32/M
 Date 16-08-2024

RATE 90bpm
 B.P. 120/80

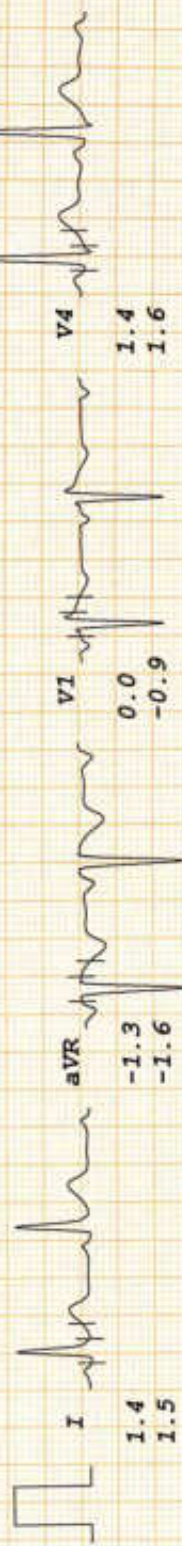
PRETEST
 SUPINE

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III

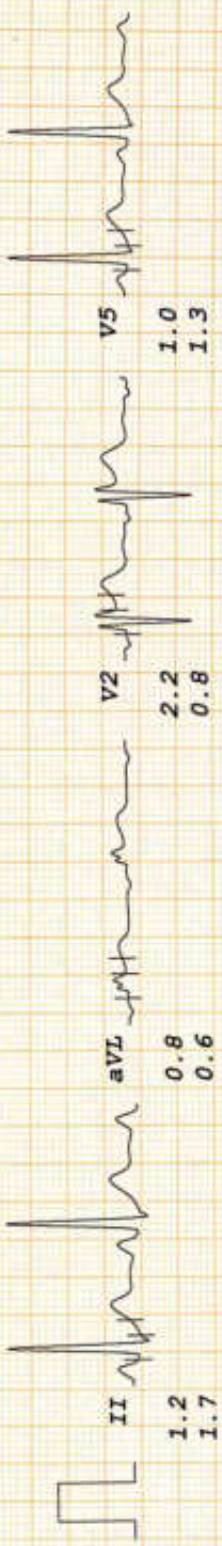


1.4
1.5

-1.3
-1.6

0.0
-0.9

1.4
1.6

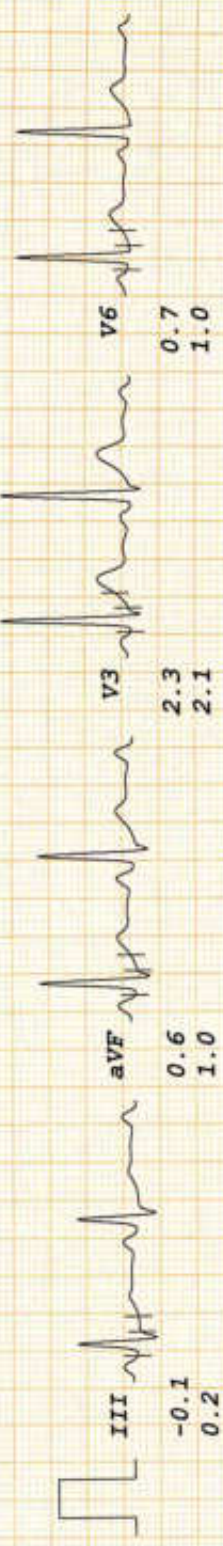


1.2
1.7

0.8
0.6

2.2
0.8

1.0
1.3



-0.1
0.2

0.6
1.0

2.3
2.1

0.7
1.0



II

III aVL aVR aVF V2 V4 V6

Dr. ANIL SAHOO

MD, FRCG
 Regn. J

Signature

IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI

I.D. 67440

Age 32/M

Date 16-08-2024

RATE 107bpm

B.P. 120/80

PRETEST

STANDING

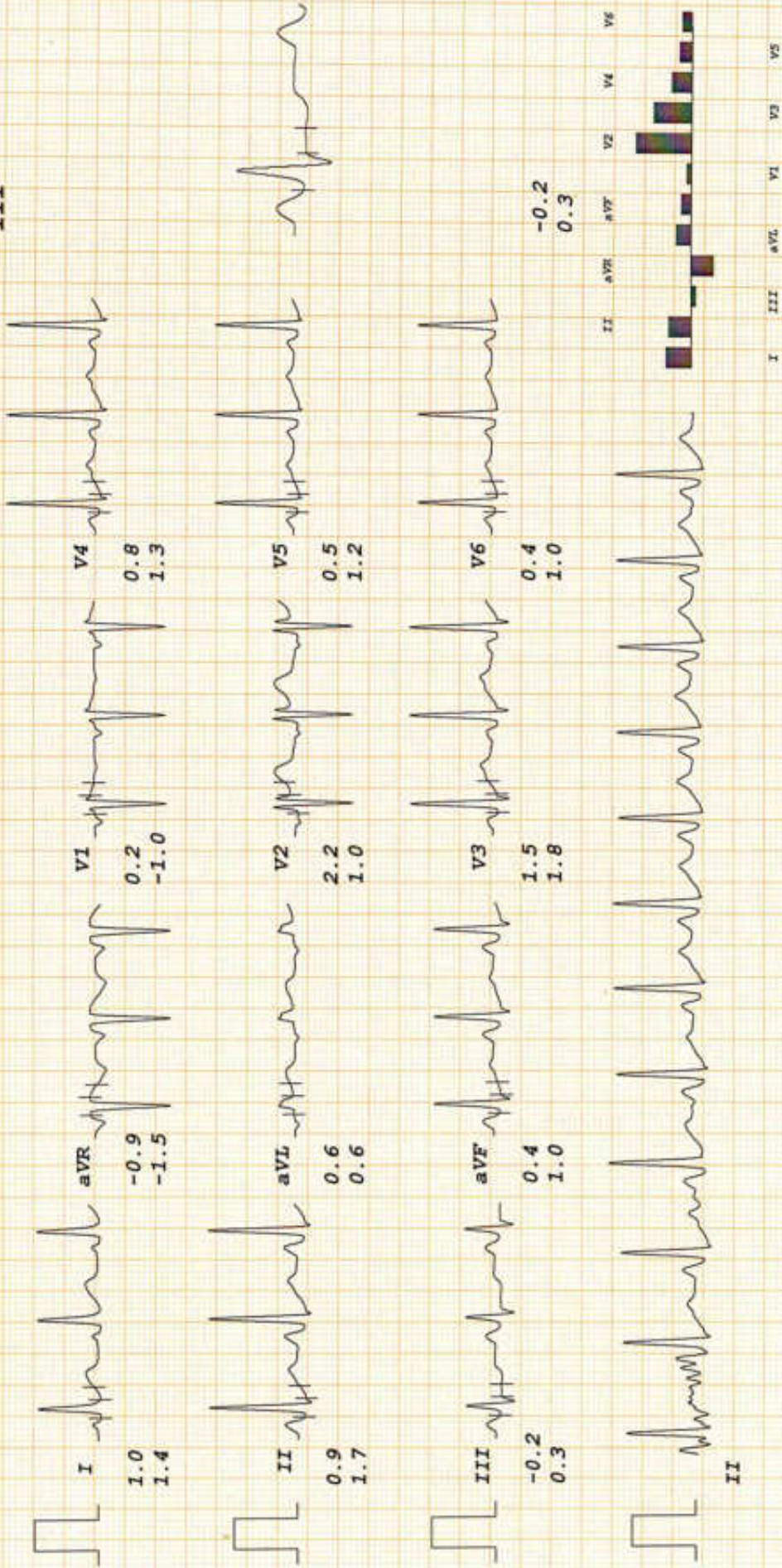
ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI

I.D. 67440

Age 32/M

Date 16-08-2024

RATE 97bpm

B.P. 120/80

PRETEST

HYPERTENT

PHASE TIME 0:15

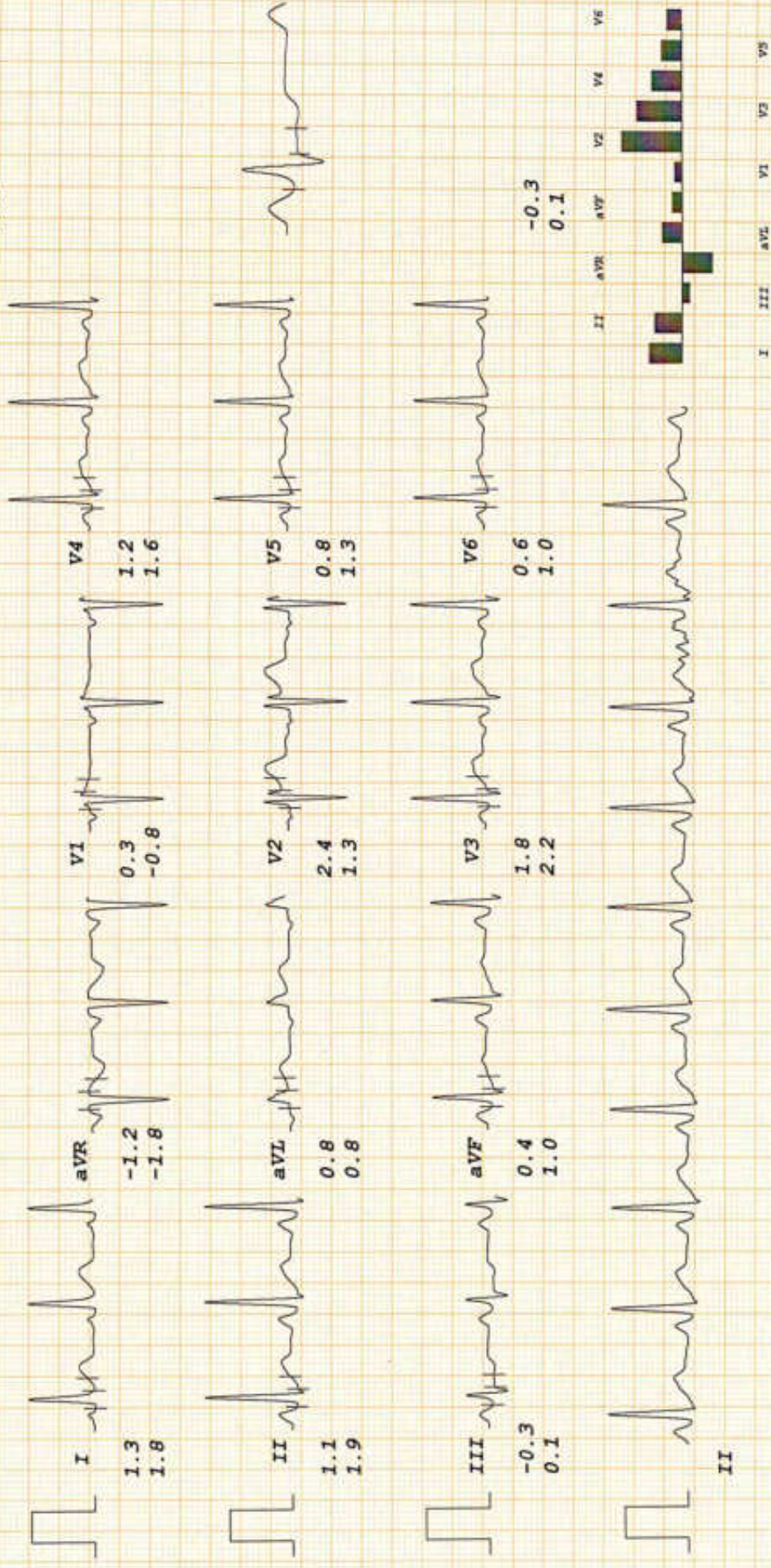
ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI
 I.D. 67440
 Age 32/M
 Date 16-08-2024

RATE 122bpm
 B.P. 130/80

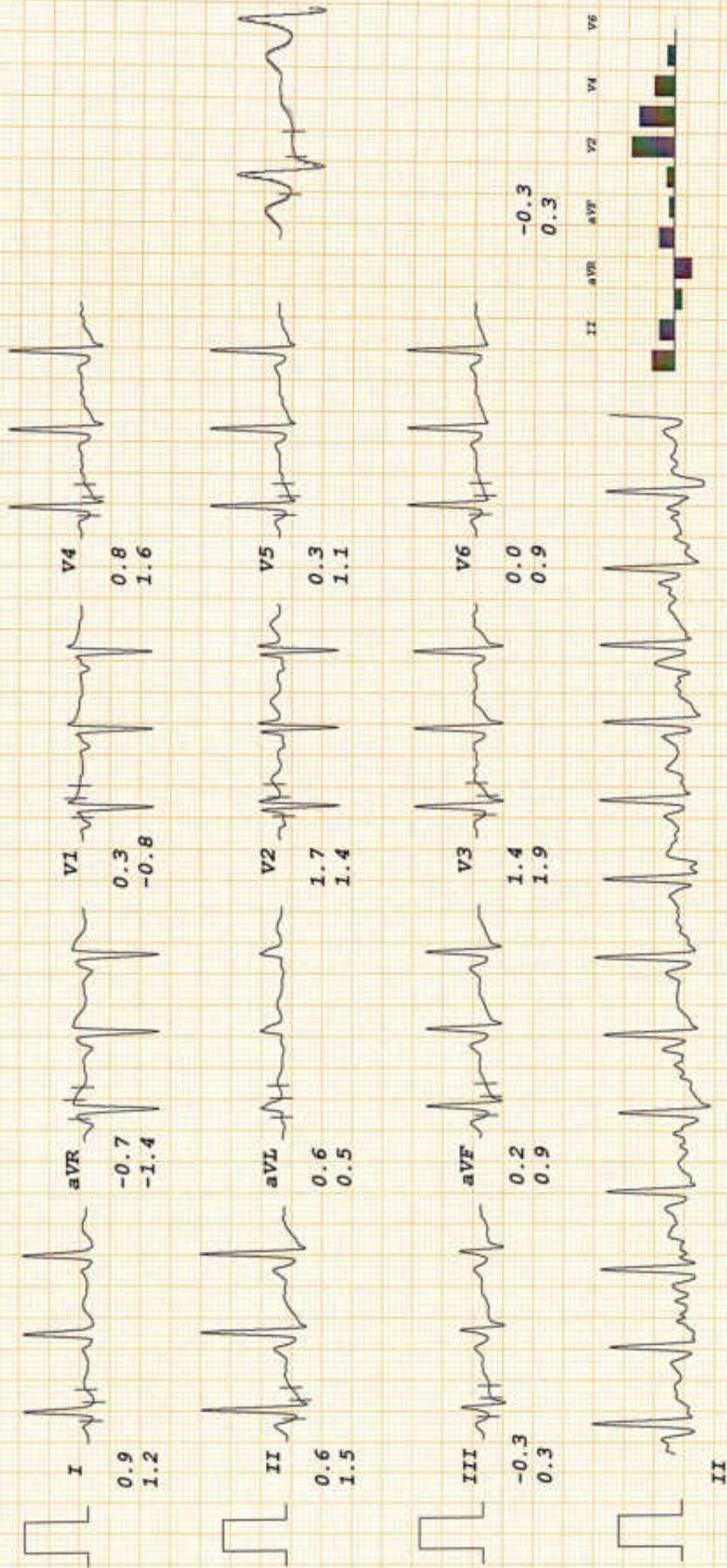
Bruce
 Stage 1
 TOTAL TIME 2:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 2.7 km/hr
 SLOPE 10 %

LINKED MEDIAN

Mag. X 2

III



IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI
 I.D. 67440
 Age 32/M
 Date 16-08-2024

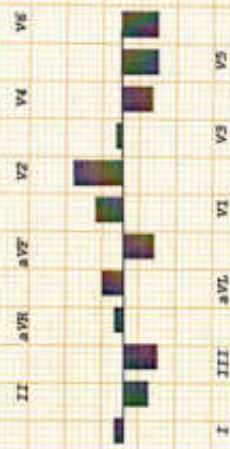
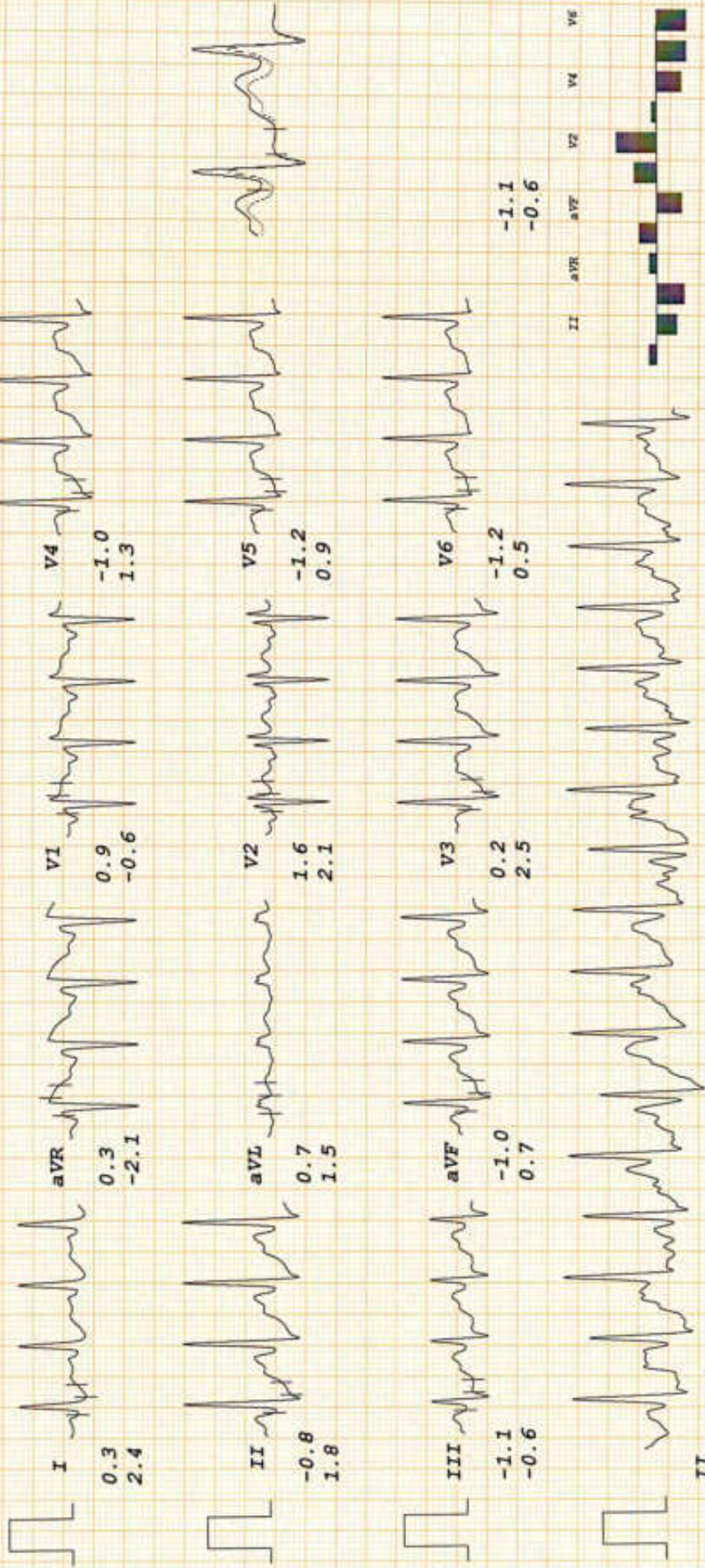
RATE 155bpm
 B.P. 140/80

Bruce
 Stage 2
 TOTAL TIME 5:55
 PHASE TIME 2:55

ST @ 10mm/mV
 80ms PostJ
 Speed 4 km/hr
 SLOPE 12 %

LINKED MEDIAN

Mag. X 2
 III



IPSC PAIN AND SPINE HOSPITAL

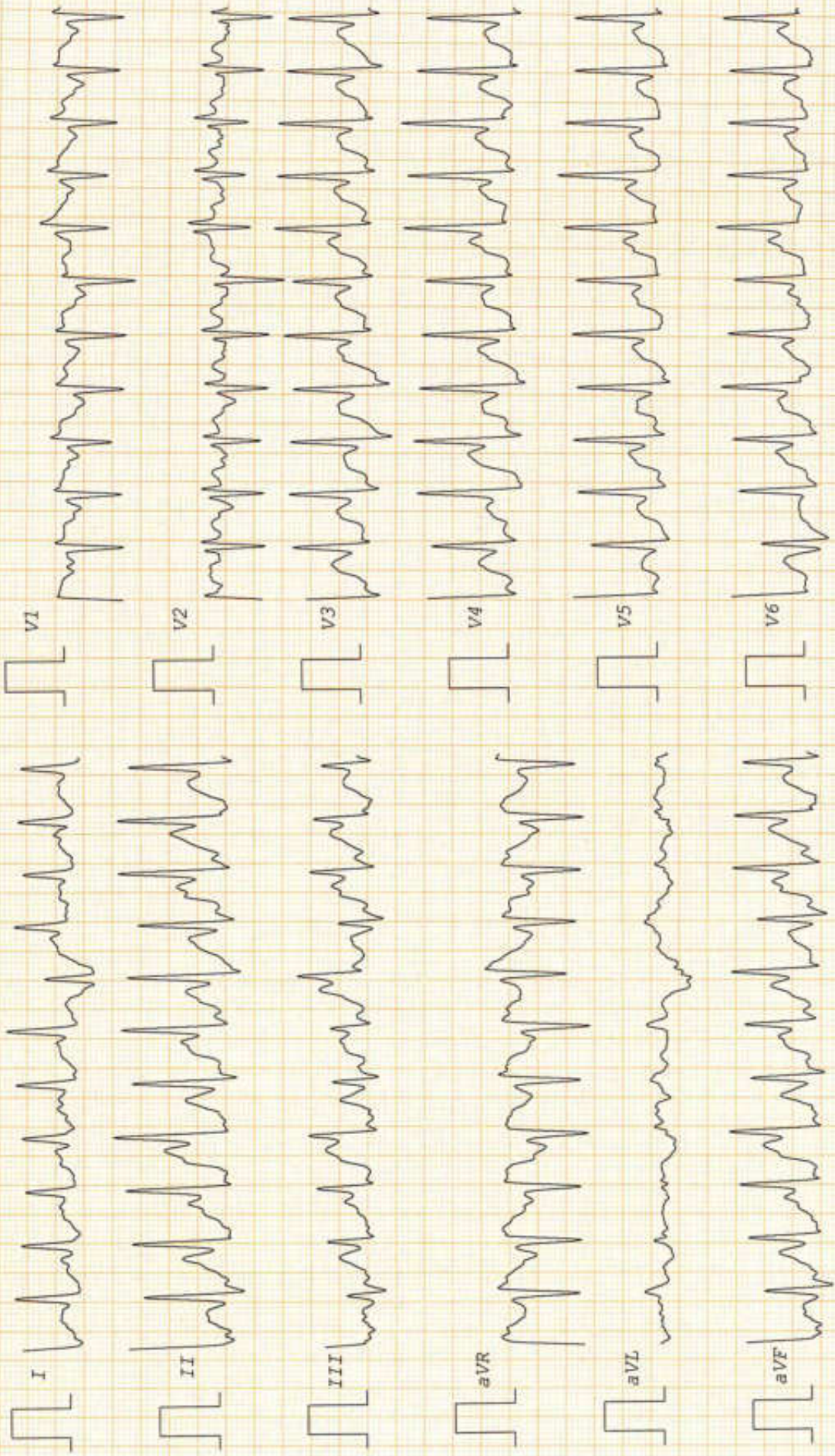
AKASH KUMAR SAINI
I.D. 67440
Age 32/M
Date 16-08-2024

RATE 169bpm
B.P. 150/90

Bruce
PK-EXERCISE
TOTAL TIME 6:31
PHASE TIME 0:31

ST @ 10mm/mV
80ms PostJ
Speed 5.4 km/hr
SLOPE 14 %

RUNNING



IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI
 I.D. 67440
 Age 32/M
 Date 16-08-2024

RATE 103bpm
 B.P. 130/80

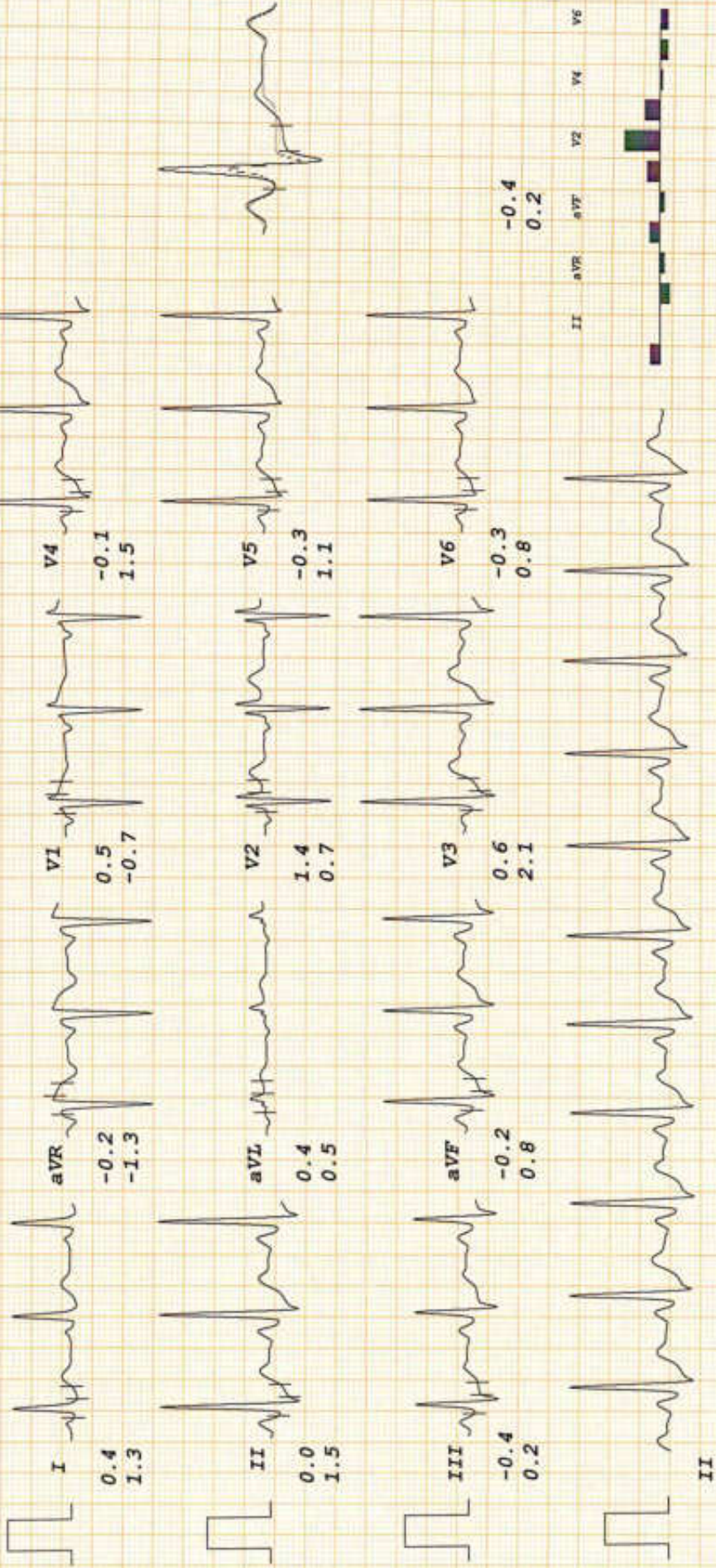
Bruce
 RECOVERY
 TOTAL TIME 8:41
 PHASE TIME 1:55

ST @ 10mm/mV
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



II

IPSC PAIN AND SPINE HOSPITAL

AKASH KUMAR SAINI

I.D. 67440

Age 32/M

Date 16-08-2024

Bruce

RECOVERY

TOTAL TIME 9:41

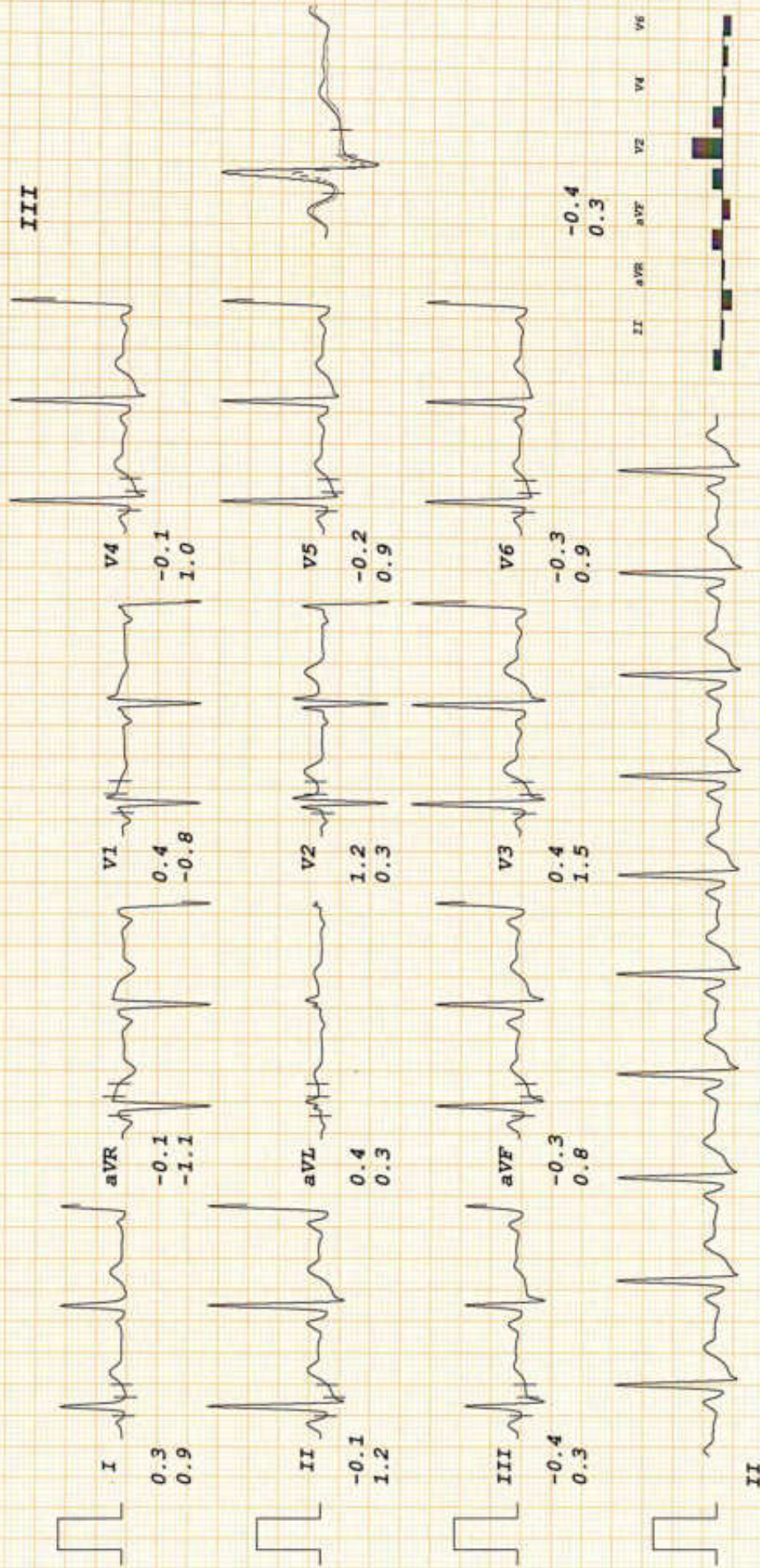
PHASE TIME 2:55

ST @ 10mm/mV

80ms PostJ

LINKED MEDIAN

Mag. X 2



I III aVR aVF V1 V2 V3 V4 V5 V6

Patient Name : Mr. AKASH KUMAR SAINI	Reg No. : 3282/UHID24DL	Lab ID. : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male	Date : 16-Aug-2024	
Mobile No. : 7042493156	Manual No.	Collected : 16-Aug-2024 09.38
Refd. By : Dr. .		Received : 16-Aug-2024 09.38
Sample Type : Plasma(Sodium fluoride)	Sample ID : 245957	Report : 16-Aug-2024 13.59

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

BLOOD SUGAR FASTING	99.2	mg/dl	74-100	GOD-POD
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INTERPRETATION:

American Diabetes Association (ADA) Diabetes Guidelines

Criteria for Diabetes Mellitus Diagnosis:

Fasting plasma glucose >126.0 mg/dl (Fasting is defined as no caloric intake for >8 hours) or

2-hr plasma glucose >200 mg/dl after glucose load or

HbA1c >= 6.5% or

Random Plasma glucose >200 mg/dl

Impaired Fasting Glucose

Fasting glucose >=100mg/dl but <126 mg/dl

-----End of Report-----




Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI	Reg No. : 3282/UHID24DL	Lab ID. : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male	Date : 16-Aug-2024	
Mobile No. : 7042493156	Manual No.	Collected : 16-Aug-2024 15.30
Refd. By : Dr. .		Received : 16-Aug-2024 15.31
Sample Type : Plasma(Sodium fluoride)	Sample ID : 245957	Report : 16-Aug-2024 15.38

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

Blood Sugar PP	98.6	mg/dl	70-150	GOD-POD
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INTERPRETATION:

American Diabetes Association (ADA) Diabetes Guidelines

Criteria for Diabetes Mellitus Diagnosis:

Fasting plasma glucose >126.0 mg/dl (Fasting is defined as no caloric intake for >8 hours) or

2-hr plasma glucose >200 mg/dl after glucose load or

HbA1c \geq 6.5% or

Random Plasma glucose >200 mg/dl

Impaired Fasting Glucose

Fasting glucose \geq 100mg/dl but <126 mg/dl

-----End of Report-----




Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI	Reg No. : 3282/UHID24DL	Lab ID. : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male	Date : 16-Aug-2024	
Mobile No. : 7042493156	Manual No.	Collected : 16-Aug-2024 09.38
Refd. By : Dr. .		Received : 16-Aug-2024 09.38
Sample Type : EDTA whole blood	Sample ID : 245957	Report : 16-Aug-2024 13.59

TEST NAME	RESULT	UNIT	RANGE	METHOD
HEAMOTOLOGY				
COMPLETE BLOOD COUNT				
HEMOGLOBIN	14.1	g/dl	13.0 - 17.0	Colorimetric
TOTAL LEUCOCYTE COUNT	6.3	10 ³ /uL	4.0-11.0	Electrical impedance
DIFFERENTIAL LEUCOCYTE COUNT(DLC)				
Neutrophil	70	%	40-75	Electrical impedance
Lymphocyte	25	%	20-45	Electrical impedance
Eosinophil	02	%	01-06	Microscopy
Monocyte	03	%	2-10	Microscopy
Basophil	00	%	0-2	Microscopy
ESR	10	mm/1sthr	0-20	Westergren's
RBC COUNT	4.79	mili/cmm	4.50 - 5.50	Electrical impedance
PCV	42	%	40 - 50	Calculated
MCV	87.50	Fl	83.00 - 101.00	Calculated
MCH	29.5	Picogram	27.0 - 32.0	Calculated
MCHC	33.70	gm/dl	31.50 - 34.50	Calculated
PLATELET COUNT	177	10 ³ /uL	150 - 410	Electrical impedance


-----End of Report-----

Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI	Reg No. : 3282/UHID24DL	Lab ID. : 3309/OPDP824DL
Age / Gender : 32Y7M / Male	Date : 16-Aug-2024	
Mobile No. : 7042493156	Manual No.	Collected : 16-Aug-2024 09.38
Refd. By : Dr. .		Received : 16-Aug-2024 09.38
Sample Type : EDTA whole blood	Sample ID : 245957	Report : 16-Aug-2024 13.59

TEST NAME	RESULT	UNIT	RANGE	METHOD
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HEAMOTOLOGY

HBA1C (GLYCOSYLATED HB)	5.1	%	4-6	PEIT
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Metabolically healthy patients 4.5 - 6.0 %
6.1 - 6.5 %

Good control :

Fair control : 6.6 - 7.0 %

Poor control : Above - >7.0 %

COMMENTS: HbA1c is an indicator of glycemic control. HbA1c represents average glycemia over the past six to eight weeks. Glycation of hemoglobin occurs over the entire 120 day life span of the red blood cell, but with in this 120 days. Recent glycemia has the largest influence on the HbA1c value. Clinical studies suggest that a patient in stable control will have 50% of their HbA1c formed in the month before sampling, 25% in the month before that, and the remaining 25% in months two to four. Estimated Average Glucose mg/dl = (HbA1c x 35.6) - 77.3 Correlation between HbA1c and Mean Plasma Glucose (MPG) is not "perfect" but rather only this means that to predict or estimate average glucose from Hb-A1c or vice-versa is not "perfect" but gives a good working ballpark estimate. Afternoon and evening results correlate more closely to HbA1c than morning results, perhaps because morning fasting glucose levels vary much more than daytime glucose levels, which are easier to predict and control. As per IFCC recommendations 2007, HbA1c being reported as above maintaining traceability to both IFCC (mmol/mol) & NGSP (%) units.

-----End of Report-----



Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI **Reg No.** : 3282/UHID24DL **Lab ID.** : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male **Date** : 16-Aug-2024
Mobile No. : 7042493156 **Manual No.** :
Refd. By : Dr. .
Sample Type : Serum **Sample ID** : 245957
Collected : 16-Aug-2024 09.38
Received : 16-Aug-2024 09.38
Report : 16-Aug-2024 13.59



TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

KIDNEY FUNCTION TEST

Blood Urea	29.2	mg/dl	15.0-45.0	urease-GLDH
Serum Creatinine	1.3	mg/dl	0.7-1.3	Jaffes Kinetic
Serum Uric Acid	7.30	mg/dl	2.5-7.2	Uricase
Total Protein				
PROTEN	6.77	g/dl	6.4-8.3	Biuret
ALBUMIN	4.0	g/dl	3.4-4.8	Bcg
GLOBULIN	2.77	g/dl	2.3-3.5	
A/G RATIO	1.44			
Calcium	10.0	mg/dl	8.6-10.2	Arsenazo
Sodium	140.0	mmol/L	136.0-149.0	ISE Indirect
Potassium	4.0	mmol/L	3.5-5.5	ISE Indirect
Chloride	102.0	mmol/L	98.0-109.0	ISE Indirect

-----End of Report-----




Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252

Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI	Reg No. : 3282/UHID24DL	Lab ID. : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male	Date : 16-Aug-2024	
Mobile No. : 7042493156	Manual No.	Collected : 16-Aug-2024 09.38
Refd. By : Dr. .		Received : 16-Aug-2024 09.38
Sample Type : Serum	Sample ID : 245957	Report : 16-Aug-2024 13.59

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

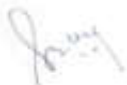
LIPID PROFILE

Total Cholesterol	230.00	mg/dl	123-199	CHOD-PAP
Triglycerides	164.2	mg/dl	40-160	Gpo
HDL Cholesterol Direct	69.9	mg/dl	35.3-79.5	Direct
Vldl	33	mg/dl	4.7-22.1	
LDL Cholesterol Direct	127.3	mg/dl	63-129	
Total Cholesterol/HDL Ratio	3.3		0.0-4.97	
LDL/HDL Ratio	1.8		0.0-3.55	

INTERPRETATION:-

	Total cholesterol	LDL cholesterol	Triglycerides
Acceptable/Low Risk	< 200 mg/dl	<130 mg/dl	<150 mg/dl
Borderline High Risk	200-239 mg/dl	130-159 mg/dl	150-199 mg/dl
High Risk	> 240 mg /dl	> 160 mg/dl	200-499 mg/dl
Very High			>500 mg/dl

-----End of Report-----



Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI **Reg No.** : 3282/UHID24DL **Lab ID.** : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male **Date** : 16-Aug-2024
Mobile No. : 7042493156 **Manual No.** :
Refd. By : Dr. .
Sample Type : Serum **Sample ID** : 245957
Collected : 16-Aug-2024 09.38
Received : 16-Aug-2024 09.38
Report : 16-Aug-2024 13.59

TEST NAME	RESULT	UNIT	RANGE	METHOD
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BIOCHEMISTRY

LIVER FUNCTION TEST

Serum Bilirubin

Total Bilirubin	0.81	mg/dl	0.0-2.0	Diazo
Direct Bilirubin	0.30	mg/dl	0-0.4	Diazo
Indirect Bilirubin	0.51	mg/dl	0-0.8	Calculated

Total Protein

PROTEN	6.77	g/dl	6.4-8.3	Biuret
ALBUMIN	4.0	g/dl	3.4-4.8	Bcg

GLOBULIN	2.77	g/dl	2.3-3.5	
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A/G RATIO	1.44			
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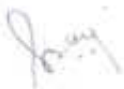
SGOT	24	U/L	0-35	IFCC
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SGPT	21	U/L	0.0-45	IFCC
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Gamma GT	29.0	U/L	0-55	Glupa-c
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Alkaline Phosphatase	84	U/L	53-128	Amp
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-----End of Report-----




Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252

Lab Technician : chand



BOOK APPOINTMENT



Patient Name : Mr. AKASH KUMAR SAINI	Reg No. : 3282/UHID24DL	Lab ID. : 3309/OPDPB24DL
Age / Gender : 32Y7M / Male	Date : 16-Aug-2024	
Mobile No. : 7042493156	Manual No.	Collected : 16-Aug-2024 12.00
Refd. By : Dr. .		Received : 16-Aug-2024 12.00
Sample Type : URINE	Sample ID : 245957	Report : 16-Aug-2024 13.59

TEST NAME	RESULT	UNIT	RANGE	METHOD
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CLINICAL PATHOLOGY

URINE ROUTINE

MICROSCOPY

PHYSICAL EXAMINATION

QUANTITY	20.00	ml	10-30
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
SPECIFIC GRAVITY	1.015		1.015-1.025
PH	7.5		5.5 - 7

CHEMICAL EXAMINATION

PROTEIN	NIL
SUGAR	NIL

MICROSCOPIC EXAMINATION

PUS CELLS	1-2	/hpf	NIL	MICROSCOPIC
RBC'S	NIL			
CASTS	NIL			
CRYSTALS	NIL			
EPITHELIAL CELLS	1-2			
BACTERIA	NIL			
OTHERS	NIL			
KETONE	NIL			

-----End of Report-----



Dr. Sangeeta B
DCP, DNB, PATHOLOGY,
DMC/25252
Lab Technician : chand



BOOK APPOINTMENT



Patient Name	: Mr. AKASH KUMAR SAINI	Radiology No.	: 3309/OPDPB24DL
Referred By	: Dr. .	Date	: 16-Aug-2024
UHID No.	: 3282/UHID24DI	Age / Sex	: 32Y7M Male

ULTRASOUND OF WHOLE ABDOMAN

The liver is normal in size contour and echotexture. Intrahepatic bile ducts and CBD are not dilated. Hepatic portal veins and the IVC appear normal in caliber.

Gall bladder is adequately distended with normal intraluminal fluid contents. No evidence of calculus / wall thickness noted.

Pancreas is of normal size and contour with normal echotexture.

Right kidney is normal in size and position .It shows normal movements with respiration. Cortical thickness is normal .

No calculus, mass or hydronephrotic changes seen.

Right kidney measures- 95 x 44mm.

Renal artery pulsation appear normal.

Left kidney is normal in size and position .It shows normal movements with respiration. Cortical thickness is normal .

No calculus, mass or hydronephrotic changes seen.

Left kidney measures- 94 x 56mm.

Renal artery pulsation appear normal.

Spleen is of normal size and shape. Echotexture is normal. No focal lesion is seen.

No evidence of retro-peritoneal lymphadenopathy/ ascites/ pleural effusion noted.

Urinary bladder does not show any calculus or mass lesion. No significant wall thickening noted.

Prostate is of normal size for age with regular contours and normal echo-texture. It measures 25 x 42 x 32mm which is equal to 18gms.

Impression : Normal sonogram.



Dr. Harshita Surange
MBBS, DMRD (RADIO DIAGNOSIS)
DIPLOMA IN MSK, UCAM (Spain)
Reg. No. MCI/16522, DMC/18402



BOOK APPOINTMENT





Patient Name	: Mr. AKASH KUMAR SAINI	Radiology No.	: 3309/OPDPB24DL
Referred By	: Dr. .	Date	: 16-Aug-2024
UHID No.	: 3282/UHID24DI	Age/Sex	: 32Y7M Male

X-RAY CHEST

Indication: Routine check-up.

Image quality:-

No evidence of rotation.

PA view. Normal penetration.

Airway:- Trachea central.

Carina & bronchi are normal.

No hilar abnormality.

Lung fields:- Clear.

Cardiac:- Cardiac borders are visible.

Normal heart size.

Diaphragm:- Costophrenic angles on right & left are normal.

Cardiophrenic angles on right & left are normal.

Diaphragm portion are normal.

Bony cage:- No evidence of bony lesion/fracture seen.

No evidence of cervical ribs is seen.

Impression: No significant abnormality detected.

Please correlate clinically.



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DIPLOMA IN MSK, UCAM (Spain)
Reg. No. MCI/16522, DMC/18402



BOOK APPOINTMENT



3282-UHID24DL
AKASH KUMAR SAINI
Male(32 Years)

R

CHEST
PA
16/08/2024

18cm

IPSC HOSPITAL

