

CONCLUSION OF HEALTH CHECKUP

ECU Number : 8459

Age : 31

Weight : 75

Date : 13/01/2024

MR Number : 23204027

Sex : Male

Ideal Weight : 70

Patient Name : CHIRAG MANGLIK

Height : 172

BMI : 25.35

- Fatty Liver

- HTN

A

- Fibrosis can

- Lx Hgt. Mod. cels

- Regular BP
monitoring

Dr. Manish Mittal

Internal Medicine

Note : General Physical Examination & routine Investigations included in the Health Checkup have certain limitations and may not be able to detect all the latent and asymptomatic diseases.



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ECU Number : 8459

Age : 31

Weight : 75

Date : 13/01/2024

MR Number : 23204027

Sex : Male

Ideal Weight : 70

Patient Name: CHIRAG MANGLIK

Height : 172

BMI : 25.35

Past H/O : NO P/H/O ANY MAJOR ILLNESS

Present H/O : NO MEDICAL COMPLAIN AT PRESENT

Family H/O : HEALTHY

Habits : NO HABITS

Gen.Exam. : G.C.GOOD

B.P : 130/98

Pulse : 90

Others : SPO2 96 %

C.V.S : NAD

R.S. : NAD

Abdomen : NP

Spleen : NP

Skin : NAD

C.N.S : NAD

Advice :



ECU Number : 8459 MR Number : 23204027 Patient Name : CHIRAG MANGLIK
Age : 31 Sex : Male Height : 172
Weight : 75 Ideal Weight : 70 BMI : 25.35
Date : 13/01/2024

Ophthalmic Check Up :	Right	Left
Ext Exam		NIL
Vision Without Glasses	6/6 N.5	6/6 N.5
Vision With Glasses	NA	NA
Final Correction	NA	NA
Fundus	NORMAL	
Colour Vision	NORMAL	
Advice	NIL	

Orthopedic Check Up :

Ortho Consultation
Ortho Advice

ENT Check Up :

Ear
Nose
Throat
Hearing Test
ENT Advice

General Surgery Check Up :

General Surgery
Abdominal Lump
Hernia
External Genitals
PVR
Proctoscopy
Any Other
Surgical Advice



Patient Name : **Mr. CHIRAG MANGLIK**
Gender / Age : Male / 32 Years 5 Months 19 Days
MR No / Bill No. : **23204027 / 242072248**
Consultant : Dr. Manish Mittal
Location : **OPD**

Type : OPD
Request No. : **191173**
Request Date : 13/01/2024 09:22 AM
Collection Date : 13/01/2024 10:14 AM
Approval Date : 13/01/2024 03:31 PM

CBC + ESR

Text Results are dependent on a number of variables & technical limitations. Hence, it is advised to correlate with clinical findings and other related investigations before any firm opinion is made. Recheck / retest may be requested.

Test	Result	Units	Biological Ref. Range
Haemoglobin			
Haemoglobin	14.4	gm/dL	13 - 17
Red Blood Cell Count (T-RBC)	5.01	mill/cmm	4.5 - 5.5
Hematocrit (HCT)	46.2	%	40 - 50
Mean Corpuscular Volume (MCV)	92.2	fl	83 - 101
Mean Corpuscular Haemoglobin (MCH)	28.7	pg	27 - 32
MCH Concentration (MCHC)	31.2	%	31.5 - 34.5
Red Cell Distribution Width (RDW-CV)	12.8	%	11.6 - 14
Red Cell Distribution Width (RDW-SD)	43.3	fl	39 - 46
Total Leucocyte Count (TLC)			
Total Leucocyte Count (TLC)	7.52	thou/cmm	4 - 10
Differential Leucocyte Count			
Polymorphs	58	%	40 - 80
Lymphocytes	25	%	20 - 40
Eosinophils	13	%	1 - 6
Monocytes	4	%	2 - 10
Basophils	0	%	0 - 2
Polymorphs (Abs. Value)	4.38	thou/cmm	2 - 7
Lymphocytes (Abs. Value)	1.84	thou/cmm	1 - 3
Eosinophils (Abs. Value)	0.99	thou/cmm	0.2 - 0.5
Monocytes (Abs. Value)	0.26	thou/cmm	0.2 - 1
Basophils (Abs. Value)	0.05	thou/cmm	0.02 - 0.1
Immature Granulocytes	0.4	%	1 - 3 : Borderline > 3 : Significant
Platelet Count			
Platelet Count	230	thou/cmm	150 - 410
Smear evaluation	Adequate		
PBS Overview	Eosinophilia		
ESR	8	mm/1 hr	0 - 10

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DEPARTMENT OF LABORATORY MEDICINE

Patient Name : **Mr. CHIRAG MANGLIK**
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CBC + ESR

Immature Granulocyte (IG) count is a useful early marker of infection or inflammation, even when other markers are normal. It is an early and rapid discrimination of bacterial from viral infections. It is also increased in patients on steroid therapy / chemotherapy or haematological malignancy. High IG is always pathological; except in pregnancy and neonates of < 7 days.
Method : HB by Non-Cyanide Hemoglobin analysis method. HCT by RBC pulse height detection method. RBC, TLC & PLC are by Particle Count by Electrical Impedance in Cell Counter by Fluorescent flow cytometry using a semi-conductor laser and hydrodynamic focusing in dedicated channels. Optical Platelets by Fluorescent + Laser Technology. MCV, MCH, MCHC, RDW (CV & SD) are calculated parameter. DLC by Flowcytometry method using semi-conductor Laser+Smear verification.

ESR on ESL-30, comparable to Westergrens method and in accordance to ICSH reference method.

---- End of Report ----

Dr. Ameer Soni
MD (Path)

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Haematology

Test	Result	Units	Biological Ref. Range
Blood Group			
ABO system	B		
Rh system	Positive		

By Gel Technology / Tube Agglutination Method

Note :

- This blood group has been done with new sensitive Gel Technology using both Forward and Reverse Grouping Card with Autocontrol.
- This method check's group both on Red blood cells and in Serum for "ABO" group.

--- End of Report ---

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Fasting Plasma Glucose

Test	Result	Units	Biological Ref. Range
Fasting Plasma Glucose			
Fasting Plasma Glucose	87	mg/dL	70 - 110
Post Prandial 2 Hr. Plasma Glucose	74	mg/dL	70 - 140

By Hexokinase method on EXL Dade Dimension

---- End of Report ----

Dr. Rakesh Vaidya
MD (Path). DCP.

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HbA1c (Glycosylated Hb)

Test	Result	Units	Biological Ref. Range
HbA1c (Glycosylated Hb)			
Glycosylated Heamoglobin (HbA1c)	5.1	%	
estimated Average Glucose (e AG) *	99.67	mg/dL	

(Method:

By Automated HPLC analyser on D-10 Biorad. NGSP Certified, US-FDA approved, Traceable to IFCC reference method.

* Calculated valued for past 60 days, derived from HbA1c %, based on formula recommended by the A1c - Derived Average Glucose study from ADA and EASD funded The ADAG trial.

Guidelines for Interpretation:

Indicated Glycemic control of previous 2-3 months

HbA1c%	e AG (mg/dl)	Glycemic control
> 8	> 183	Action suggested...High risk of developing long-term complications. Action suggested, depends on individual patient circumstances
7 - 8	154 - 183	Good
< 7	< 154	Goal...Some danger of hypoglycemic reaction in type I Diabetics. Some Glucose intolerant individuals and Sub-Clinical diabetics may demonstrate (elevated) HbA1c in this area.
6 - 7	126 - 154	Near Normal
< 6	< 126	Nondiabetic level)

---- End of Report ----

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Liver Function Test (LFT)

Test	Result	Units	Biological Ref. Range
Bilirubin			
Bilirubin - Total	0.83	mg/dL	0 - 1
Bilirubin - Direct	0.27	mg/dL	0 - 0.3
Bilirubin - Indirect	0.56	mg/dL	0 - 0.7
<i>(Done by Dual Wavelength - Reflectance Spectrophotometry on Vitros 5600)</i>			
Aspartate Aminotransferase (SGOT/AST)	35	U/L	15 - 40
<i>(Done by Multipoint Rate Colorimetric with P-5-P on Vitros 5600)</i>			
Alanine Aminotransferase (SGPT/ALT)	44	U/L	16 - 63
<i>(Done by Multipoint-Rate/Colorimetric with P-5-P (pyridoxa-5-phosphate) on Vitros 5600)</i>			
Alkaline Phosphatase	115	U/L	53 - 128
<i>(Done by Multipoint-Rate - p-nitrophenyl Phosphate, AMP buffer on Vitros 5600)</i>			
Gamma Glutamyl Transferase (GGT)	14	U/L	15 - 85
<i>(Done by Multipoint Rate - L-γ³-glutamyl-p-nitroanilide on Vitros 5600)</i>			
Total Protein			
Total Proteins	7.15	gm/dL	6.4 - 8.2
Albumin	4.59	gm/dL	3.4 - 5
Globulin	2.56	gm/dL	3 - 3.2
A : G Ratio	1.79		1.1 - 1.6
<i>(Done by Biuret endpoint and Bromocresol green method on vitros 5600.)</i>			

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Renal Function Test (RFT)

Test	Result	Units	Biological Ref. Rang
Urea <i>(Done by Endpoint/Colorimetric - Urease on Vitros 5600)</i>	13	mg/dL	10 - 45
BUN	6.07	mg/dL	5 - 21
Creatinine <i>(By Modified Kinetic Jaffe Technique)</i>	0.60	mg/dL	0.9 - 1.3
Estimate Glomerular Filtration rate <i>(Ref. range : > 60 ml/min for adults between age group of 18 to 70 yrs. eGFR Calculated by IDMS Traceable MDRD Study equation. Reporting of eGFR can help facilitate early detection of CKD. By Modified Kinetic Jaffe Technique)</i>	More than 60		
Uric acid <i>(Done by Colorimetric - Uricase, Peroxidase on Vitros 5600)</i>	4.2	mg/dL	3.4 - 7.2

— End of Report —

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Type **DEPARTMENT OF LABORATORY MEDICINE** : OPD

Gender / Age : Male / 32 Years 5 Months 19 Days

Request No. : 191173

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Collection Date : 13/01/2024 10:14 AM

Location : OPD

Approval Date : 13/01/2024 03:30 PM

Thyroid Hormone Study

Test	Result	Units	Biological Ref. Range
------	--------	-------	-----------------------

Triiodothyronine (T3)	1.56	ng/ml	
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(Done by CLIA based method on automated immunoassay Vitros 5600.)

Reference interval (ng/ml)

1 - 3 days : 0.1 - 7.4

1-11 months : 0.1 - 2.45

1-5 years : 0.1 - 2.7

6-10 years : 0.9 - 2.4

11-15 years : 0.8 - 2.1

16-20 years : 0.8 - 2.1

Adults (20 - 50 years) : 0.7 - 2.0

Adults (> 50 years) : 0.4 - 1.8

Pregnancy (in last 5 months) : 1.2 - 2.5

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroxine (T4)	10.1	mcg/dL	
----------------	------	--------	--

(Done by CLIA based method on automated immunoassay Vitros 5600.)

Reference interval (mcg/dL)

1 - 3 days : 11.8 - 22.6

1- 2 weeks : 9.8 - 16.6

1 - 4 months : 7.2 - 14.4

4 - 12 months : 7.8 - 16.5

1-5 years : 7.3 - 15.0

5 - 10 years : 6.4 - 13.3

10 - 20 years : 5.6 - 11.7

Adults / male : 4.6 - 10.5

Adults / female : 5.5 - 11.0

Adults (> 60 years) : 5.0 - 10.7

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

Thyroid Stimulating Hormone (US-TSH)	5.02	microIU/ml	
--------------------------------------	------	------------	--

(Done by CLIA based method on automated immunoassay Vitros 5600.)

Reference interval (microIU/ml)

Infants (1-4 days) : 1.0 - 39

2-20 weeks : 1.7 - 9.1

5 months - 20 years : 0.7 - 6.4

Adults (21 - 54 years) : 0.4 - 4.2

Adults (> 55 years) : 0.5 - 8.9

Pregnancy :

1st trimester : 0.3 - 4.5

2nd trimester : 0.5 - 4.6

3rd trimester : 0.8 - 5.2

(Reference : Tietz - Clinical guide to laboratory test, 4th edition))

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— End of Report —

Dr. Rakesh Vaidya
MD (Path). DCP.

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Complete Lipid Profile

Test	Result	Units	Biological Ref. Range
Complete Lipid Profile			
Appearance	Clear		
Triglycerides	171	mg/dL	1 - 150
<i>(Done by Lipase /Glycerol kinase on Vitros 5600 < 150 Normal 150-199 Borderline High 200-499 High > 499 Very High)</i>			
Total Cholesterol	187	mg/dL	1 - 200
<i>(Done by Colorimetric - Cholesterol Oxidase, esterase, peroxidase on Vitros 5600. <200 mg/dL - Desirable 200-239 mg/dL - Borderline High > 239 mg/dL - High)</i>			
HDL Cholesterol	35	mg/dL	40 - 60
<i>(Done by Colorimetric; non HDL precipitation method PTA/MgCl2 on Vitros 5600 < 40 Low > 60 High)</i>			
Non HDL Cholesterol (calculated)	152	mg/dL	1 - 130
<i>(Non- HDL Cholesterol < 130 Desirable 139-159 Borderline High 160-189 High > 191 Very High)</i>			
LDL Cholesterol	123	mg/dL	1 - 100
<i>(Done by Enzymatic (Two Step CHE/CHO/POD) on Vitros 5600 < 100 Optimal 100-129 Near / above optimal 130-159 Borderline High 160-189 High > 189 Very High)</i>			
VLDL Cholesterol (calculated)	34.2	mg/dL	12 - 30
LDL Ch. / HDL Ch. Ratio	3.51		2.1 - 3.5
T. Ch./HDL Ch. Ratio	5.34		3.5 - 5
<i>(Recent NECP / ATP III Guidelines / Classification (mg/dl) :)</i>			

--- End of Report ---

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Urine routine analysis (Auto)

Test	Result	Units	Biological Ref. Range
Physical Examination			
Quantity	30	mL	
Colour	Pale Yellow		
Appearance	Clear		
Chemical Examination (By Reagent strip method)			
pH	5.0		
Specific Gravity	1.001		
Protein	Negative	gm/dL	0 - 5
Glucose	Negative	mg/dL	0 - 5
Ketones	Negative		0 - 5
Bilirubin	Negative		Negative
Urobilinogen	Negative		Negative (upto 1)
Blood	Negative		Negative
Leucocytes	Negative		Negative
Nitrite	Negative		Negative
Microscopic Examination (by Microscopy after Centrifugation at 2000 rpm for 10 min or on fully automated Sysmex urine sedimentation analyzer UF4000)			
Red Blood Cells	0 - 1	/hpf	0 - 2
Leucocytes	0 - 1	/hpf	0 - 5
Epithelial Cells	0 - 1	/hpf	0 - 5
Casts	Nil	/hpf	Nil
Crystals	Nil	/hpf	Nil
Mucus	Absent	/hpf	Absent
Organism	Absent		

--- End of Report ---

Dr. Ameer Soni
MD (Path)



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Magnetic Resonance Imaging (MRI)

Mammography

Interventional Radiology

Digital Subtraction Angiography (DSA)

Foetal Echocardiography

Echocardiography

4D USG & Doppler

DEPARTMENT OF DIAGNOSTIC RADIOLOGY

Patient No. : 23204027 Report Date : 13/01/2024

Request No. : 190097345 13/01/2024 9.22 AM

Patient Name : **Mr. CHIRAG MANGLIK**

Gender / Age : Male / 32 Years 5 Months 19 Days

X-Ray Chest AP

Both lung fields are clear.

Both costophrenic sinuses appear clear.

Heart size is normal.

Hilar shadows show no obvious abnormality.

Aorta is normal.

• ULTRA SONOGRAPHY CANNOT DETECT ALL ABNORMALITIES
• NOT VALID FOR MEDICO-LEGAL PURPOSES
• CLINICAL CORRELATION RECOMMENDED

Dr. Priyanka Patel, MD.

Consultant Radiologist



Patient No. : 23204027 Report Date : 13/01/2024
Request No. : 190097335 13/01/2024 9.22 AM
Patient Name : Mr. CHIRAG MANGLIK
Gender / Age : Male / 32 Years 5 Months 19 Days

USG : Screening for Abdomen (excluding Pelvis) Or Upper Abdomen

Liver is normal in size and shows increased echo pattern. No mass lesion identified. The hepatic veins are clear and patent. PV patent. No dilated IHBR.

Gall bladder is well distended and shows no obvious abnormality. Common bile duct measures 4 mm in diameter.

Pancreas shows no obvious abnormality. Tail obscured. Spleen is normal size and echo pattern.

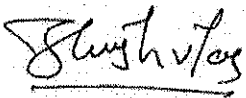
Both kidneys are normal in shape and position. Normal echogenicity and cortico medullary differentiation is noted. No hydronephrosis or mass lesion seen.

Prostate appears normal in size and volume is ~ 11cc. Urinary bladder is well distended and appears normal. No ascites.

COMMENT:

- **Fatty liver.**

Kindly correlate clinically



Dr. Harsh Sanjay Vyas,
Consultant Radiologist



Name Chirag Manglik -
Patient ID Ecu/23204027

13-01-2024 11:08:01
Standard 12-Lead

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Age 032Y
Gender Male
Ref. phys.

HR 76 bpm

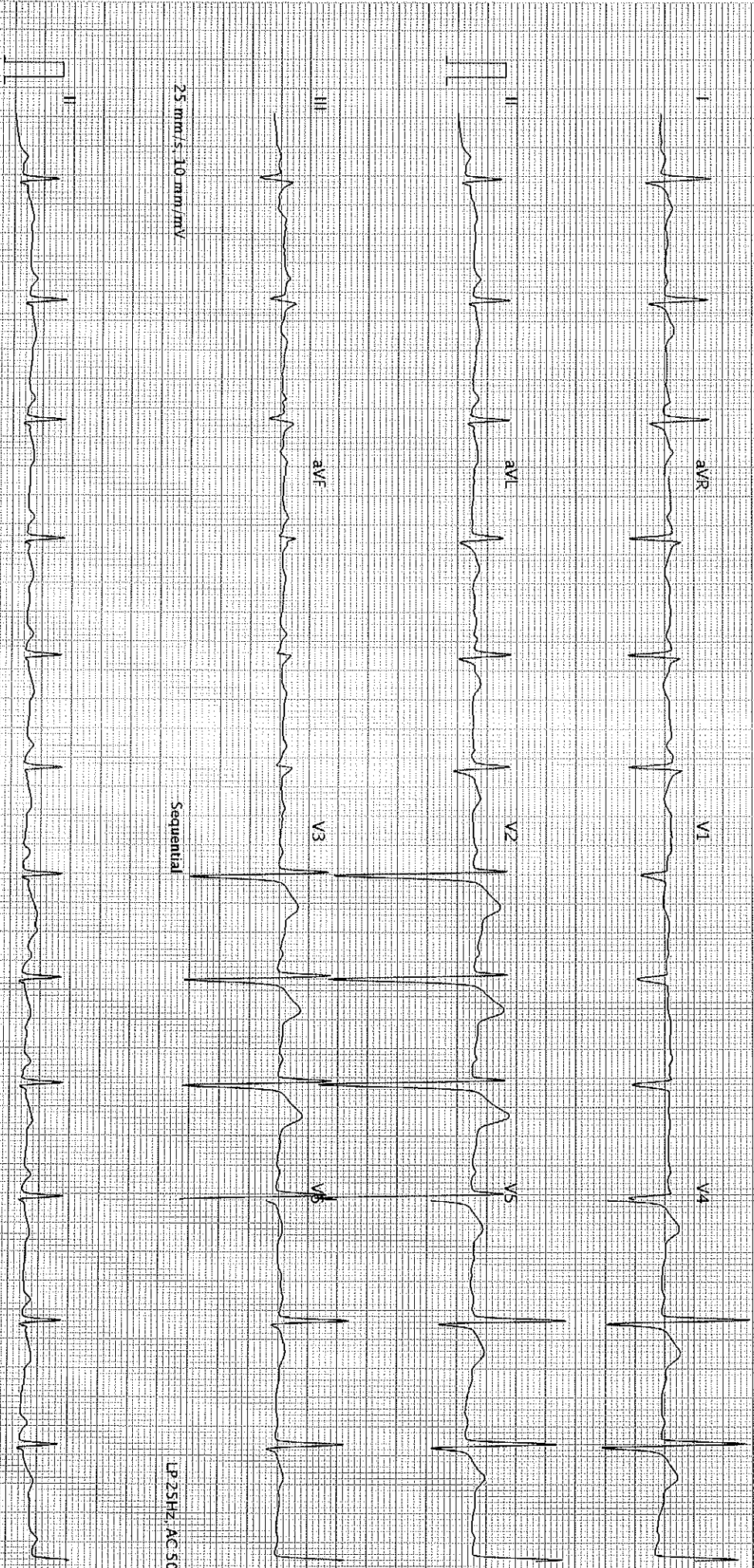
RR 791 ms

Unconfirmed report

Pacemaker Unknown

P axis	62°	QR	158 ms
QRS axis	26°	QT	98 ms
T axis	32°	QTcB	371 ms
			417 ms

Remark



25 mm/s, 10 mm/mV

Sequential

LP 25HZ, AC 50HZ

25 mm/s, 10 mm/mV

LP 25HZ, AC 50HZ

AT-102-G2-12-0 (1080-011030)

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SCHILLER

Part No.2.157048M

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SBD

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 VADODARA-3, PH-(0265) 3956222

Station
 Telephone: 0265-3956222,3956024.

EXERCISE STRESS TEST REPORT

Patient Name: CHIRAG MANGALIK,
 Patient ID: 2260
 Height: 172 cm
 Weight: 75 kg

DOB: 26.07.1991
 Age: 32yrs
 Gender: Male
 Race: Indian

Study Date: 13/01/2024
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

Referring Physician: ARCOFEMI HEALTHCARE LTD
 Attending Physician: DR. KILLOL KANERIA
 Technician: PRATAP RATHVA

Medications:

Medical History:

Reason for Exercise Test:
 Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:33	0.00	0.00	94	130/90	
	STANDING	00:01	0.00	0.00	93		
	WARM UP	00:13	1.00	0.00	102		
EXERCISE	STAGE 1	03:00	1.70	10.00	155	130/90	
	STAGE 2	03:00	2.50	12.00	160	130/90	
	STAGE 3	00:32	3.40	14.00	164	130/90	
RECOVERY		03:17	0.00	0.00	112	170/100	

The patient exercised according to the BRUCE for 6:32 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 97 bpm rose to a maximal heart rate of 166 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/90 mmHg, rose to a maximum blood pressure of 170/100 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
 Functional Capacity: normal.
 HR Response to Exercise: appropriate.
 BP Response to Exercise: normal resting BP - appropriate response.
 Chest Pain: none.
 Arrhythmias: none.
 ST Changes: none.
 Overall impression: Normal stress test.

Conclusions

Good effort tolerance, Normal HR & BP response, No ANGINA & ARRYTHMIAS during test, No ST-T changes noted during exercise & recovery, Stress test NEGATIVE for inducible myocardial ischemia.

CONFIRMED BY : DR. KILLOL KANERIA

