



MEDICOVER HOSPITALS

MEDICAL HEALTH CHECK- UP ASSESMENT FORM

NAME (Mr) / Mrs Ghauhar Ghader

DATE: 09/11/24

AGE: 34 years / M

SEX: (Male) / Female

NMU: NMU000 542411000521

DOCTOR'S NAME:

TEMP :	<u>97.1</u>	^o f	BP :	<u>130/70</u>	mmHg
PULSE :	<u>65</u>	b/m	HEIGHT :	<u>170</u>	cm
RR :	<u>20</u>	b/m	WEIGHT :	<u>71.5</u>	kg
SPO2 :	<u>100</u>	%	HGT:	<u>—</u>	

REMARK:



DEPARTMENT OF OPHTHALMOLOGY

NAVI MUMBAI

DATE: 03/11/24

PATIENT NAME: Mrs Geeta Gheraskar

AGE / SEX 34 / M

UMR NO: 54241000624

	RE	LE
VA (DISTANCE) <u>uncorrected</u>	6/12	6/18
VA (NEAR) <u>uncorrected</u>	NC	NC
COLOUR VISION	Normal	Normal

		SPHERE	CYLINDER	AXIS	VA
MRx	O D (R)	+1.0	-0.75	170°	6/6, NC
	O S (L)	+1.0	-1.25	10°	6/6, NC

HISTORY :

- NO H/O DM or H+H thyroid
- NO spectacle correction
- NO H/O Ocular trauma or surgery

OCULAR FINDINGS :

(BE) - Ant seg WNL
 Lens - Early lens changes (L > R)

ADVICE:

Disc < 0.4
 < 0.4

Refresh Tean eld qid 175 ml 1 month

AS
 CDR ANUSHREE DANUWAL





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NAVI MUMBAI

Mr. Gaman Gharat, M, 34 yr.

c/o routine check-up.

O/E - S++ , G++

Adv,

- Scaling & polishing

Rx

Sensodyne toothpaste
(tooth pain)

_____ X 1 month

Dr. Bineta Singh

Sector 10, Opp. Elite Enclave CHS, Kharghar, Navi Mumbai, Panvel - 410210

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www.medicoverhospitals.in

**MEDICOVER****HOSPITALS**

NAVI MUMBAI

Name : Mr. GAURAV GHARAT
 Bill No. : MCB54241101933

Age /Sex : 37 Yrs) MALE
 UMR No. : 542411000621

LABORATORY REPORT : BIOCHEMISTRY

Parameters	Result	Reference Range	Units
FBS (FASTING BLOOD GLUCOSE WITH URINE GLUCOSE)			
(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106774)			
FASTING BLOOD GLUCOSE <i>Hxochromase</i>	92	Normal Range : 70 - 99 Impaired Glucose tolerance : 100 -125 Diabetes Mellitus : >=126	mg/dL
FASTING URINE GLUCOSE	NIL		
LIPID PROFILE			
(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106775)			
TOTAL CHOLESTEROL <i>Enzymatic colorimetric</i>	160	Desirable : < 200 mg/dL Borderline High : : 200 - 239 mg/dL High risk : > 240 mg/dL	mg/dL
HDL CHOLESTEROL <i>Homogeneous enzymatic colorimetric</i>	30	Low : : < 40 mg/dL High : : > 60 mg/dL	mg/dL
LDL CHOLESTEROL <i>Direct-Enzymatic colorimetric</i>	108 *	Very High : - > 190 mg/dL Optimal : - < 100 mg/dL Near Optimal : 100 - 129 mg/dL High : 160 - 189 mg/dL Borderline High:130-159 mg/dl	mg/dL
VLDL <i>Calculation</i>	24	2 - 30 mg/dL	mg/dL
SERUM TRYGLYCERIDES <i>Enzymatic colorimetric</i>	119	< 150 mg/dL Borderline High : 150 - 199 mg/dL High : 200 - 499 mg/dL	mg/dL
CHO/HDL RATIO <i>Calculation</i>	5.33 *	Normal : - < 3.5 High Risk : - > 5.0	
LDL/HDL RATIO	3.6		
HBA1C (GLYCOSYLATED HAEMOGLOBIN)			
(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106776)			
HBA1C <i>HPLC</i>	5.5	* Normal : < 5.7% Pre diabetic : 5.7 % - 6.5 % Diabetic : > 6.5 %	



**MEDICOVER****HOSPITALS**

NAVI MUMBAI

Name	: Mr. GAURAV GHARAT	Age /Sex	: 54 Yrs) MALE
Bill No.	: MCB54241101933	UMR No.	: 542411000621

BUN(BLOOD UREA NITROGEN)

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106777)

BUN (Blood Urea Nitrogen.) <i>Calculated</i>	11	7 - 21.0	mg/dL
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SERUM CREATININE

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106778)

CREATININE <i>Jaffe</i>	0.77 *	0.8 - 1.3	mg/dL
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BUN / CREATININE RATIO

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106779)

BUN / CREATININE RATIO <i>CALCULATED</i>	14.28	10-20	
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LFT(LIVER FUNCTION TEST)

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106780)

TOTAL BILIRUBIN <i>DIAZO</i>	0.7	<1.2	mg/dL
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DIRECT BILIRUBIN <i>DIAZO</i>	0.2	<=0.20	mg/dL
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INDIRECT BILIRUBIN <i>Calculated</i>	0.5	<=1.0	mg/dL
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SGPT (ALT) <i>UV without PGP</i>	21	<=41	U/L
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SGOT (AST) <i>UV without PGP</i>	18	<=40	U/L
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ALKALINE PHOSPHATASE (ALP) <i>PNPP, AMP Buffer - IFCC Ref.</i>	82	40-129 U/L	U/L
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TOTAL PROTEINS <i>Buret method</i>	7.8	6.0 - 8.0 g/dL	g/dL
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SERUM ALBUMIN <i>Bromocresol Green (BCG)</i>	4.9	3.5 - 5.2 g/dL	g/dL
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GLOBULINS <i>Calculated</i>	2.9	2.5 - 3.5 g/dL	g/dL
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A/G RATIO <i>Calculation</i>	1.68	1.2 - 2.5	
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**MEDICOVER****HOSPITALS**

NAVI MUMBAI

Name : Mr. GAURAV GHARAT
Bill No. : MCB54241101933Age /Sex : 64 Yrs / MALE
UMR No. : 542411000621

GAMMA GLUTAMYL TRANSFERASE(GGT) <small>G-gluutamyl-carboxy-nitroamide-IFCC</small>	17	6-42	U/L
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SERUM URIC ACID

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106781)

SERUM URIC ACID <small>uricase</small>	6.7	3.4-7.0	mg/dL
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T3,T4 AND TSH

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106783)

T3 <small>ECLIA</small>	141.3	70 - 204	ng/dL
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T4 <small>ECLIA</small>	8.75	5.1 - 14.1	ug/dL
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TSH(THYROID STIMULATING HORMONE) <small>ECLIA</small>	2.59	0.270 - 4.20	uIU/mL
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PLBS (POST LUNCH BLOOD SUGAR WITH URINE SUGAR)

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106976)

PLBS (POST LUNCH BLOOD GLUCOSE)	124		
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URINE SUGAR	NIL		
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DR. MEHROTRA VISHAL
MD Pathology





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HOSPITALS

NAVI MUMBAI

Name	: Mr. GAURAV GHARAT	Age /Sex	: 54 Yrs MALE
Bill No.	: MCB54241101933	UMR No.	: 542411000621

LABORATORY REPORT : BLOOD BANK

Parameters	Result	Reference Range	Units
BLOOD GROUPING AND RH			
(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106785)			
BLOOD GROUP <i>Automated microcolumn gel method</i>	O		
RH TYPE	POSITIVE		

INTERPRETATION

1. If Rh is Du positive it is best considered as Rh negative as recipient and Rh positive as donor. Proper Cross matching is recommended before transfusion.
2. In case of forward and reverse grouping discrepancy, clinical correlation and repeat sample analysis is recommended.
3. For Infants below 6 months only forward grouping is performed.
4. A sub-grouping is recommended after the age of 6 months.


DR. MEHROTRA VISHAL
MD Pathology



**MEDICOVER****HOSPITALS**

NAVI MUMBAI

Name : Mr. GAURAV GHARAT
 Bill No. : MCB54241101933

Age /Sex : 34 Yrs / MALE
 UMR No. : 542411000621

LABORATORY REPORT : CLINICAL PATHOLOGY

Parameters	Result	Reference Range	Units
CUE (COMPLETE URINE EXAMINATION)			
(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241108764)			
<u>PHYSICAL EXAMINATION</u>			
VOLUME	25 ML		ml
COLOUR	PALE YELLOW	PALE YELLOW	
APPEARANCE	CLEAR	CLEAR	
<u>CHEMICAL EXAMINATION</u>			
DEPOSIT	ABSENT	ANSENT	
SPECIFIC GRAVITY <i>Bromthymol blue</i>	1.030	1.000 - 1.030	
PH <i>Bromthymol blue</i>	5.0	5.0 - 8.0	
PROTEIN <i>Tetra-bromophenol blue / test coagulation test</i>	NIL	NIL (<15 mg/dL)	
GLUCOSE <i>Glucose oxidase Peroxidase/Benedict's test</i>	NIL	NIL (<25 mg/dL)	
UROBILINOGEN <i>Diazonium salt</i>	NIL	NIL	
KETONE <i>Sodium nitroprusside/Rothera's test</i>	NIL	NIL (<5 mg/dL)	
BILIRUBIN <i>Dipstick/Fouchet's test</i>	NIL	NEGATIVE	
BILE SALT <i>Hays safranin powder</i>	NIL	NEGATIVE	
BILE PIGMENT <i>Fouchet test</i>	NIL	NEGATIVE	
NITRITE <i>Sulfanilic acid</i>	NIL	NEGATIVE	





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NAVI MUMBAI

Name : Mr. GAURAV GHARAT
Bill No. : MCB54241101933

Age /Sex : 34 Yrs / MALE
UMR No. : 542411000621

LEUCOCYTE ESTERASE	NIL	NEGATIVE	
MICROSCOPIC EXAMINATION			
PUS CELLS	0-1	0 - 5 /hpf	
EPITHELIAL CELLS	0-1	0 - 5	hpf
RBC	NIL	0 - 5 /hpf	
CAST	NIL	NIL	
<i>Microscopy examination</i>			
CRYSTALS	NIL	NIL	
BACTERIA	NIL		
<i>Microscopic examination</i>			
YEAST	NIL		
<i>Microscopic examination</i>			
AMORPHOUS DEPOSITS	NIL		
<i>Microscopic examination</i>			
MUCUS THREAD	NIL		
<i>Microscopic examination</i>			

NOTE

Microscopic examination of urine is carried out on centrifuged urinary sediment.

Dr Neeta Shrivastava
MBBS, MD, DNB (Microbiology)





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NAVI MUMBAI

Name : Mr. GAURAV GHARAT
Bill No. : MCB54241101933

Age /Sex : 34 Yrs / MALE
UMR No. : 542411000621

LABORATORY REPORT : HAEMATOLOGY

Parameters	Result	Reference Range	Units
CBP (COMPLETE BLOOD PICTURE)			
(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106782)			
R B C COUNT <i>Electrical Impedance</i>	5.18	4.5 - 5.5 $10^{12}/L$	$10^{12}/L$
HEMOGLOBIN <i>Photometric</i>	14.5	13.0 - 17.0	gms/dL
PCV/HCT <i>Calculated</i>	46.9	40 - 50	%
MCV <i>Calculated</i>	90.5	83 - 101	fL
MCH <i>Calculated</i>	28.0	27 - 32	pg
MCHC <i>Calculated</i>	30.9 *	31.5 - 34.5	g/dL
RDW(cv)	13.8	11.6 - 14.0 %	%
TLC (TOTAL LEUCOCYTE COUNT) <i>Impedance</i>	6.80	4.0 - 10.0	$10^3/\mu L$
DIFFERENTIAL COUNT			
NEUTROPHILS <i>DHSS/Microscopy</i>	58	40 - 80 %	
LYMPHOCYTES <i>DHSS/Microscopy</i>	32	20 - 40 %	
MONOCYTES <i>DHSS/Microscopy</i>	06	02 - 10 %	
EOSINOPHILS <i>DHSS/Microscopy</i>	04	00 - 06 %	
BASOPHILS <i>DHSS/Microscopy</i>	00	00 - 01 %	
PLATELET COUNT <i>Electrical Impedance</i>	253	150 - 400 $10^3/\mu L$	$10^3/\mu L$





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NAVI MUMBAI

Name : Mr. GAURAV GHARAT
Bill No. : MCB54241101933

Age /Sex : 34 Yrs / MALE
UMR No. : 542411000621

ESR

(Bill Date : 09-Nov-2024 11:18 AM Result ID : RMI241106786)

ESR 09 0 - 10 mm/1st hour
MODIFIED WESTERGRENS METHOD


DR. MEHROTRA VISHAL
MD Pathology



Patient ID:	542411000621	Patient Name:	GURAV GHARAT
Age:	34 Years	Sex:	M
Accession Number:		Modality:	DX
Referring Physician:		Study:	CHEST
Study Date:	09-Nov-2024	Study Time:	13:13:27

X RAY CHEST PA VIEW

Both lungs are clear.

The frontal cardiac dimensions are normal.

The pleural spaces are clear.


Both hilar shadows are normal in position and density.

No diaphragmatic abnormality is seen.

The soft tissues and bony thorax are normal.

Impression:

- **No significant abnormality is seen.**



DR. ANUPKUMAR AGRAWAL
Consultant & HOD Radiology
MBBS, MD

Date: 09-Nov-2024 13:14:52

Patient ID:	542411000621	Patient Name:	GAURAV GHARAT 34YRS
Age:		Sex:	M
Accession Number:		Modality:	US
Referring Physician:	DMO	Study:	USG ABDOME PELVIS
Study Date:	09-Nov-2024		

ULTRASOUND EXAMINATION OF ABDOMEN & PELVIS

The Liver is normal in size (11.8 cm) and shows normal parenchymal reflectivity. No focal lesion is seen. The Hepatic veins appear normal. There is no IHBR dilatation. The portal vein appears normal.

The gall bladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. C.B.D. is of normal caliber.

The Pancreas is normal in size and shows homogeneous reflectivity.

The spleen is normal size. No focal lesion is seen.

Both kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction.

The Right Kidney measures 11.6 x 4.5 cm.

The Left Kidney measures 10.8 x 4.7 cm.

There is no evidence of renal calculi, hydronephrosis, or mass noted.

There is no evidence of ascites or para aortic lymphadenopathy.

The Urinary bladder is adequately distended and shows normal wall thickness. No evidence of any intraluminal mass or calculi.

The Prostate gland is normal in size.

It has smooth outlines and normal reflectivity.

measures 3.6 x 3.3 x 2.4 cm corresponding to an estimated weight of 15.7 gms.

IMPRESSION:

- No significant abnormality is seen.



Dr. Yogini Hetal Shah

MBBS, DNB, DMRD

Date: 09-Nov-2024 16:22:03

Rate 65 Sinus rhythm.....normal P axis, V-rate 50- 99
Probable left ventricular hypertrophy.....multiple LVH criteria
Baseline wander in lead(s) V2

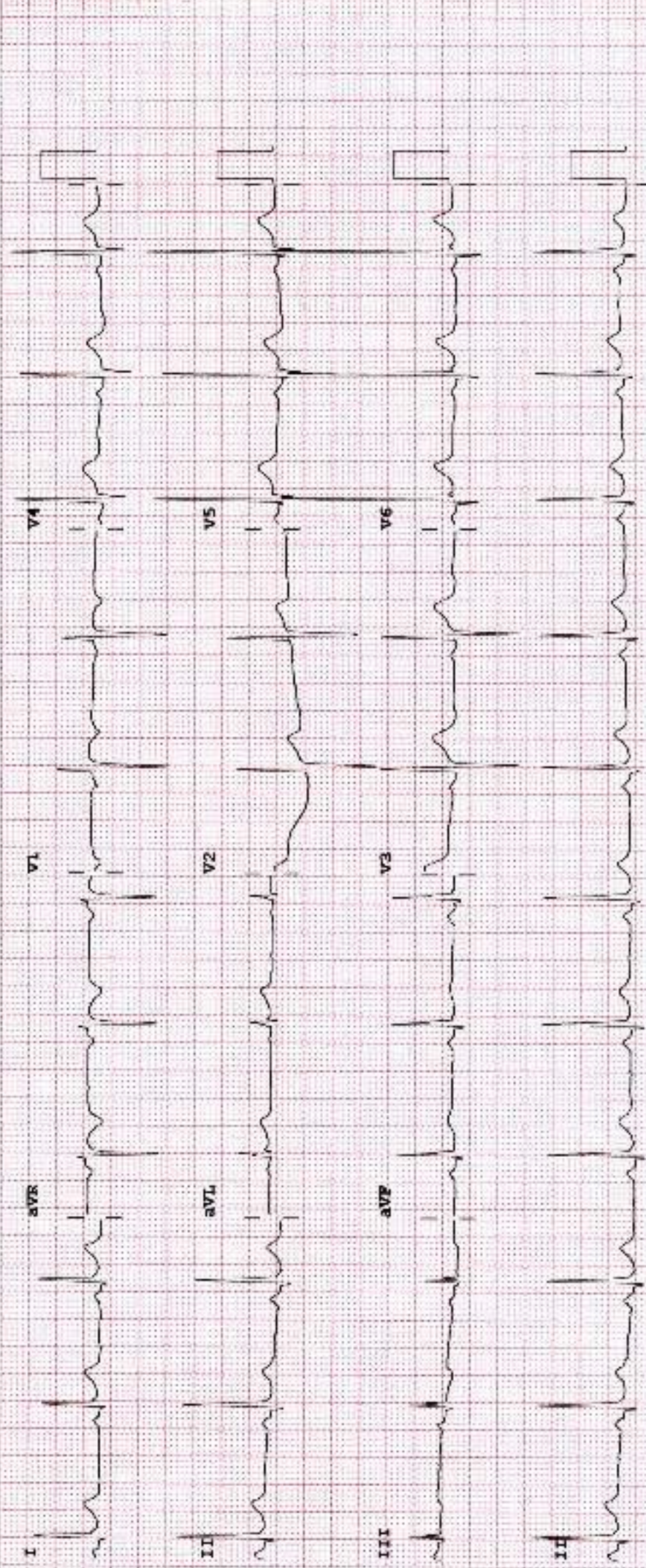
WNL
RR

--AXIS--
P 46
QRS 39
T 16

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

P 60- 0.15-100 Hz 100B CL P?



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NAVI MUMBAI

2D ECHO CARDIOGRAPHY WITH COLOR DOPPLER

<i>Name</i>	: Mr. Gaurav Gharat	<i>Date:-</i>	09/11/2024
<i>Age / Sex</i>	: 34 Yrs / Male	<i>UMR No.</i>	00621
<i>Referred By</i>	: Health check up		

FINDINGS:

- No left ventricle regional wall motion abnormality.
- Normal left ventricle systolic function. LVEF = 60%.
- No left ventricle diastolic dysfunction.
- No mitral regurgitation.
- No aortic regurgitation. No aortic stenosis.
- Trivial tricuspid regurgitation. No pulmonary hypertension.
PASP = 27 mm Hg.
- No left ventricle clot / vegetation / pericardial effusion.
- Intact IAS and IVS.
- Normal left atrium and left ventricle dimensions.
- Normal right atrium and right ventricle dimensions.
- Normal right ventricle systolic function. No hepatic congestion.

IMP:

- No RWMA.
- Trivial TR. No PH.
- Normal LV and RV systolic function.

DR. KESHAV KALE

DNB (Cardiology), MD (Medicine), MBBS

PhD (Cardiology), MNAMS, LL.B (Law)

FSCAI (USA), AFACC (USA), FESC (EU)

Consultant & Interventional Cardiologist





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NAVI MUMBAI

M-MODE MEASUREMENTS:

LA	34	mm
AO root	29	mm
AO CUSP SEP	18	mm
LVID(s)	32	mm
LVID(d)	41	mm
IVS(d)	10	mm
LVPW(d)	10	mm
RVID(d)	29	mm
RA	31	mm
LVEF	60	%

	PEAK	MEAN	Vmax	Gradient of Regurgitation
MITRAL	N			Nil
AORTIC	7			Nil
TRICUSPID	27			Trivial
PULMONERY	4.1			Nil

