

Dr. Vimmi Goel
Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No. MMC-201401/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052



Name: Mr. Pranil Desethale Date: 20/11/24

Age: 34y Sex: M F Weight: 69.6 kg Height: 162.5 Inc BMI: 26.5

BP: 135/86 mmHg Pulse: 59/Min bpm RBS: _____ mg/dl

SpO2: 99%

DEPARTMENT OF OPHTHALMOLOGY
 OUT PATIENT ASSESSMENT RECORD

PRAMIL DEOSTHALE 33Y(S) 11M(S) 27D(S)M MRNP2425028484 8329788505	CONSULT DATE : 20-11-2024 CONSULT ID : OPC2425092152 CONSULT TYPE : WALK IN VISIT TYPE : NORMAL TRANSACTION TYPE :	DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY
--	---	---

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
 - °F - (min) - %RA - /10 - cms

Weight : BMI :

- kgs -

CHIEF COMPLAINTS

ROUTINE EY CHECK UP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	SONA LIQUIGEL 10ML EYE DROPS	Eye	1-1-1-1	Every Day	NA	2 months
	Instructions : BOTH EYES					
	Composition : SODIUM HYALURONATE 0.1%MSD					

NOTES

GLASS PRESCRIPTION :-
 DISTANCE VISION

EYE	SPH	CYL	AXIS	VISION
RIGHT EYE	00	-1.00	05	6/5
LEFT EYE	00	-1.00	175	6/8

NEAR ADDITION

RIGHT EYE	00	NA
LEFT EYE	00	NA



Dr. Ashish Prakashchandra Kamble
 MBBS,MS, FVRS,FICO
 Consultant

Printed On :20-11-2024 14:23:14

REMARK- BLUE CUT GLASSES

Name: Mr: Pranil Deshpale Date: 20/11/24

Age: 34 yrs Sex: M F Weight: _____ kg Height: _____ inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Allergy: _____

Routine dental checkup -

PDH :- Restoration \bar{E} 37.

O/E :- Buccal caries \bar{E} 47.

Calculus +

Stains +

Advice :- Restoration \bar{E} 47

Complete oral prophylaxis :-

↓
Dr. Visha:

Treatment :- Restoration done \bar{E} 47 :-

scaling done -

Rx - Sensodyne Toothpaste ----- ①

- Tab. Paracetamol 500 ----- ④
S-----S



MC-6773

**KIMS-KINGSWAY
HOSPITALS****KIMS-KINGSWAY
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY****DEPARTMENT OF PATHOLOGY**

Patient Name : Mr. PRANIL DEOSTHALE	Age /Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:52 am	Report Date : 20-Nov-24 12:39 pm

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	15.1	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		46.5	40.0 - 50.0 %	Calculated
RBC Count		5.95	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		78	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		25.4	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		32.5	31.5 - 35.0 g/l	Calculated
RDW		17.1	11.5 - 14.0 %	Calculated
Platelet count		243	150 - 450 10 ³ /cumm	Impedance
WBC Count		6500	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	57.5	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	33.7	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	1.0	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	7.8	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3737.5	2000 - 7000 /cumm	Calculated
Absolute Lymphocyte Count	2190.5	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	65	20 - 500 /cumm	Calculated
Absolute Monocyte Count	587	200 - 1000 /cumm	Calculated
Absolute Basophil Count	0	0 - 100 /cumm	Calculated



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KIMS-KINGSWAY
HOSPITALS

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HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:52 am	Report Date : 20-Nov-24 12:39 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
<u>PERIPHERAL SMEAR</u>				
Microcytosis		Microcytosis +(Few)		
Hypochromasia		Hypochromia +(Few)		
Anisocytosis		Anisocytosis +(Few)		
WBC		As above		
Platelets		Adequate		
E S R		03	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Page 2 of 2

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MC-6773

KUMISS-KINGDWAY
HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. PRANIL DEOSTHALE	Age /Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:51 am	Report Date : 20-Nov-24 12:28 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	84	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HbA1c)				
HbA1c		5.0	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation - If necessary, Please discuss

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MC-6773

**KIMS-KINGSWAY
HOSPITALS****KIMS-KINGSWAY
HOSPITALS****CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 12:49 pm	Report Date : 20-Nov-24 03:00 pm

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Post. Prandial Plasma Glucose	Plasma	82	< 140 mg/dl	GGC/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,

Fasting = />126 mg/dl

Random/2Hrs. OGTT = />200 mg/dl

Impaired Fasting = 100-125 mg/dl

Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:52 am	Report Date : 20-Nov-24 12:28 pm

LIPID PROFILE

Parameter	Specimen	Results	Method
Total Cholesterol	Serum	175	Enzymatic(CHE/CHO/POD)
Triglycerides		102	
HDL Cholesterol Direct		37	
LDL Cholesterol Direct		115.85	
VLDL Cholesterol		20	
Tot Chol/HDL Ratio		5	

Inflate therapeutic	Consider Drug therapy	LDL-C
CHD OR CHD risk equivalent	>100	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%	>130	<130
Two or more additional major risk factors, 10 yrs CHD risk <20%	>160	<160
No additional major risk or one additional major risk factor	>190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please Discuss

Verified By : : 11100026

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**KIMS-KINGSWAY
HOSPITALS**

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HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:52 am	Report Date : 20-Nov-24 12:28 pm

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.81	0.2 - 1.3 mg/dl	Bromocresol green Dye Binding
Direct Bilirubin		0.19	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.62	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		89	38 - 126 U/L	
SGPT/ALT		16	10 - 40 U/L	
SGOT/AST		21	15 - 40 U/L	
Serum Total Protein		7.12	6.3 - 8.2 gm/dl	
Albumin Serum		4.36	3.5 - 5.0 gm/dl	
Globulin		2.76	2.0 - 4.0 gm/dl	
A/G Ratio		1.5		

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please Discuss

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**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL 2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:52 am	Report Date : 20-Nov-24 12:51 pm

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.36	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.09	0.80 - 1.70 ng/dl	
TSH		3.30	0.50 - 4.80 uIU/ml	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. PRANIL DEOSTHALE
Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484
Referred By : Dr. Vimmi Goel MBBS, MD
Received Dt : 20-Nov-24 10:52 am
Report Date : 20-Nov-24 12:28 pm

RFT	Parameter	Specimen	Result Values	Biological Reference	Method
	Blood Urea	Serum	24	19.0 - 43.0 mg/dl	Direct ion selective electrode
	Creatinine		0.9	0.66 - 1.25 mg/dl	
	GFR		114.9	>90 mL/min/1.73m square.	
	Sodium		139	136 - 145 mmol/L	
	Potassium		4.53	3.5 - 5.1 mmol/L	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. PRANIL DEOSTHALE
 Age / Gender : 34 Y(s)/Male
 Referral No / UMR No : BIL2425065508/MRNP2425028484
 Referred By : Dr. Vimini Goel MBBS, MD
 Received Dt : 20-Nov-24 11:23 am
 Report Date : 20-Nov-24 12:27 pm

URINE MICROSCOPY

PHYSICAL EXAMINATION

Volume
Colour.

Appearance

CHEMICAL EXAMINATION

Specific gravity

Reaction (pH)

Nitrate

Urine Protein

Sugar

Ketone Bodies

Urobilinogen

Bilirubin

MICROSCOPIC EXAMINATION

Pus Cells

R.B.C.

Epithelial Cells

Casts

Crystals

Specimen Results

Urine 30 ml
Pale yellow
Clear

1.025

5.0

Negative

1+ (Approx
25mg/dl)

Negative

Negative

Negative

Normal

Negative

0-1

Absent

0-1

Absent

Absent

Absent

*** End Of Report ***

Biological Reference

Method

Clear

1.005 - 1.025

4.5 - 8.0

Negative

Negative

Negative

Negative

Negative

Normal

Negative

0 - 4 /hpf

0 - 4 /hpf

0 - 4 /hpf

Absent

Ion concentration
Indicators

protein error of pH
indicator

GCO/PCD

Legal's est. Principle

Ehrlich's Reaction

Diazotium

Suggested Clinical Correlation * If necessary, Please
Discuss

Verified By : 11100997

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Dr. GAURI HARDAS, MBBS, MD
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MC-6773



**KIMS-KINGSWAY
HOSPITALS**

**KIMS-KINGSWAY
HOSPITALS**

**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 12:59 pm	Report Date : 20-Nov-24 02:28 pm

URINE SUGAR

Parameter

Urine Glucose

Result Values

Nil

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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KIMS-KINGSWAY
HOSPITALS

KIMS-KINGSWAY
HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name : Mr. PRANIL DEOSTHALE	Age / Gender : 34 Y(s)/Male
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Received Dt : 20-Nov-24 11:23 am	Report Date : 20-Nov-24 12:27 pm

USF(URINE SUGAR FASTING)

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Urine Glucose	Urine	Negative		STRIP

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100997

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
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KIMS-KINGSWAY
HOSPITALS

KIMS-KINGSWAY
HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. PRANIL DEOSTHALE	Age /Gender : 34 Y(s)/Male
Bill No/ UMR No : BIL2425065508/MRNP2425028484	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 20-Nov-24 10:52 am	Report Date : 20-Nov-24 01:27 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. Suwarna Kawade, MBBS,MD (Pathology)
CONSULTANT

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DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	PRANIL DEOSTHIALE	STUDY DATE	20-11-2024 12:00:05
AGE/ SEX	34Y ID / M	HOSPITAL NO.	MIRNP2425028484
ACCESSION NO.	BIL2425065508-9	MODALITY	DX
REPORTED ON	20-11-2024 13:55	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm, domes and CP angles are clear.

Bony cage is normal.

IMPRESSION - No pleuro-parenchymal abnormality seen.

Arpalia

DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.

PATIENT NAME:	PRANIL DEOSTHALE	AGE /SEX:	34 YRS/MALE
UMR NO:	MRNP2425028484	BILL NO:	BIL2425065508-2
REF BY	DR VIMMI GOEL	DATE:	20-NOV-2024

USG WHOLE ABDOMEN

LIVER is normal in size and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size shape and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.

URETERS are not dilated.

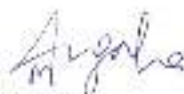
URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. WT-17.0gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- No significant visceral abnormality seen.
Suggest clinical correlation.



DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals
 44 Kingsway, Mohan Nagar,
 Near Kasturchand Park, Nagpur

Station
 Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Pranti, Deosthale
 Patient ID: 028484
 Height:
 Weight:
 Study Date: 20.11.2024
 Test Type: Treadmill Stress Test
 Protocol: BRUCE

DOB: 08.05.1990
 Age: 34yrs
 Gender: Male
 Race: Indian
 Referring Physician: Mediwell HCU
 Attending Physician: Dr. Vimmi Goel
 Technician: --

Medications:

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:07	0.00	0.00	70	120/80	
	STANDING	00:01	0.00	0.00	69		
	WARMUP	00:24	0.00	0.00	67		
EXERCISE	STAGE 1	00:00	1.70	10.00	111	120/80	
	STAGE 2	03:00	2.50	12.00	120	130/80	
	STAGE 3	01:32	3.40	14.00	166		
RECOVERY		01:00	0.00	0.00	98	140/80	
		02:00	0.00	0.00	74	120/80	
		00:41	0.00	0.00			

The patient exercised according to the BRUCE for 7:31 mins, achieving a work level of Max. METS: 40.10. The resting heart rate of 72 bpm rose to a maximal heart rate of 166 bpm. This value represents 89% of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.


 Dr. VIMMI GOEL
 MBBS, MD
 Sr. Consultant-Non Invasive Cardiology
 Reg. No. 2014/010113

34 Years

MR PRANIL DEOSTHALE
Male

20-NOV-24 11:21:35 AM

KIMS-KINGSWAY HOSPITALS

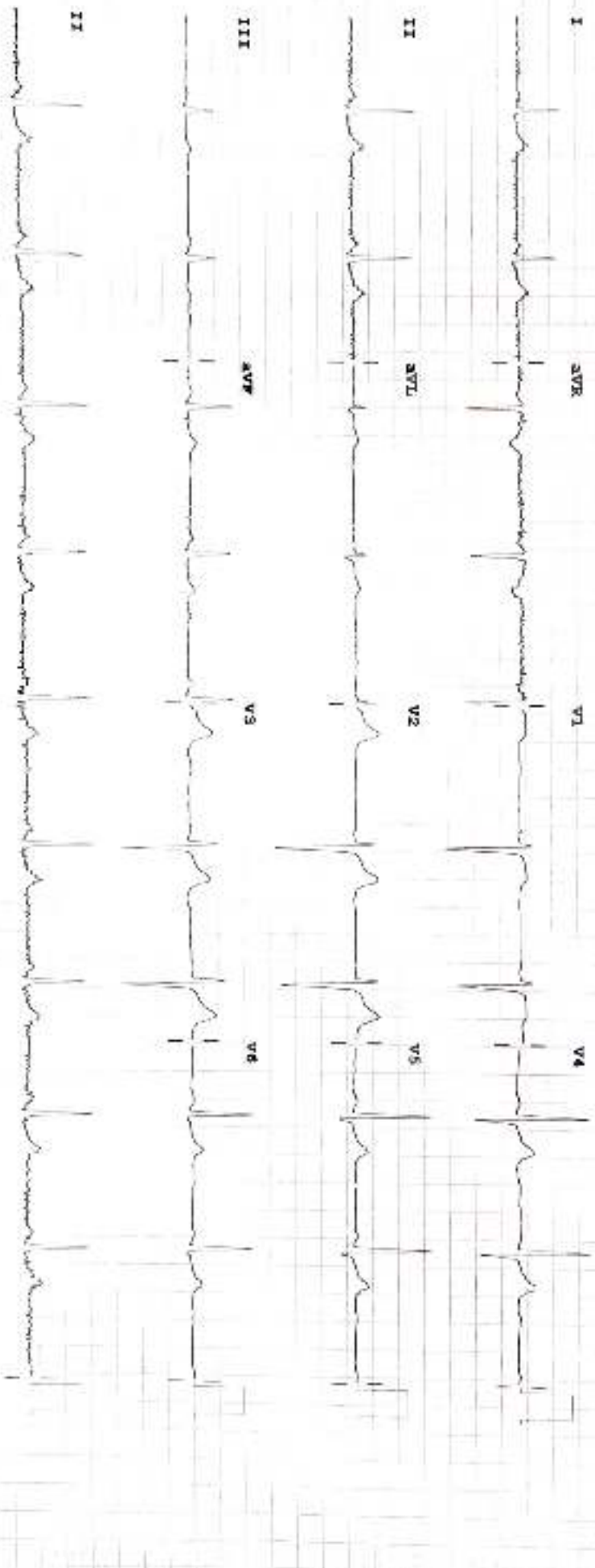
PBC DEPT.

Rate 58 Sinus rhythm..... Normal P axis, V-rate 50-99
 PR 125 Baseline wander in lead(s) V2
 QRSD 95
 QTc 392
 QTc 386

--AXIS--
 P 57
 QRS 55
 T 36
 12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV
 P 50-0.50-150 Hz W 100B CU 32

PHILIPS

WATSON & GARDNER