

Arcofemi Healthcare Pvt Ltd

(Formerly known as Arcofemi Healthcare Ltd) F-701A, Lado Sarai, Mehrauli, New Delhi - 110030 Email: wellness@mediwheel.in, Website: www.mediwheel.in Tel: +91-11-41195959, Fax: +91-11-29523020 CIN: U24240DL2011PTC216307

MEDICAL FITNESS CERTIFICATE

(To be signed by a registered medical practitioner holding a Medical degree)

This is to certify that <u>Mr. Karande Bhakti Vishal</u> aged,<u>43yr</u>. Based on the examination, I certify that he is in good mental and physical health and it is free from any physical defects such as deafness, colour blindness, and any chronic or contagious diseases.

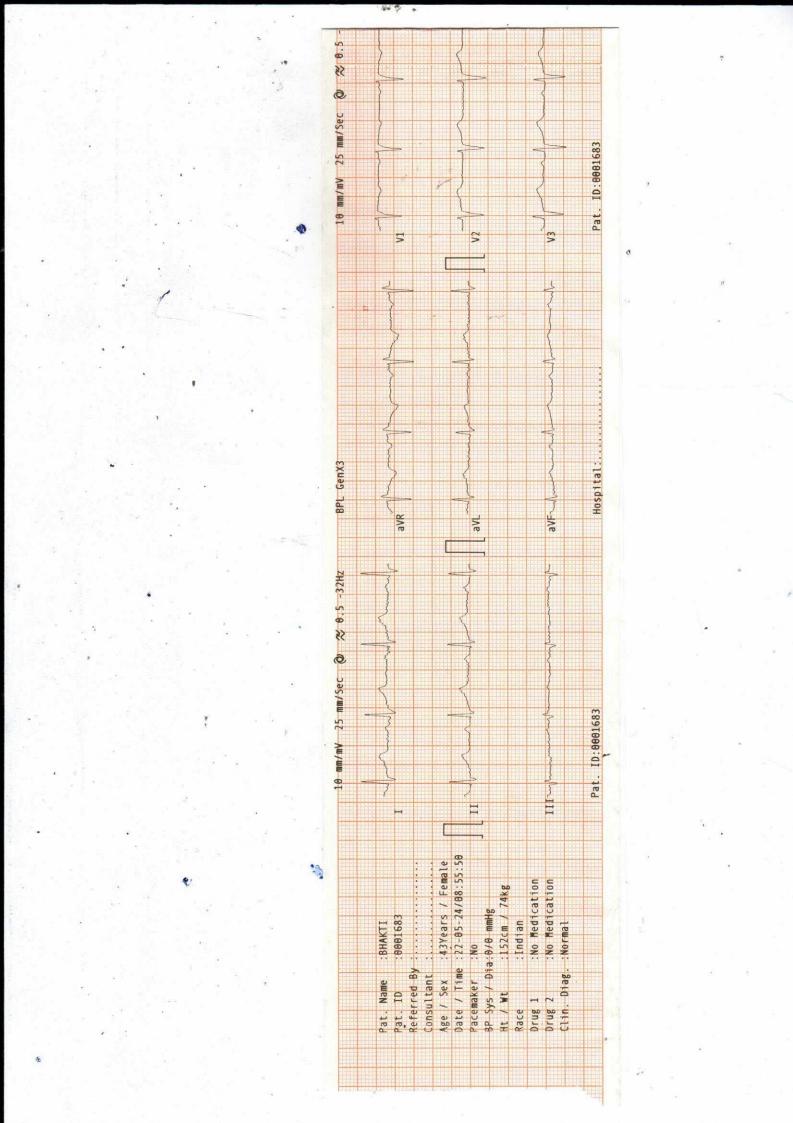
Place: Mumbai

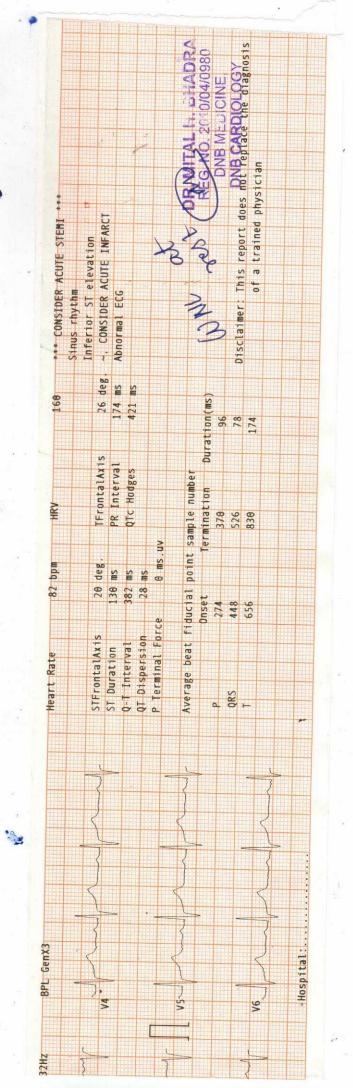
Date: 22/05/2024

imar 7092

Name & Signature of

Medical officer





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LABORATORY TEST REPORT



Medical Examination

Name: Bhakti Karande

Date: 2215124

Age/Gender: 431 F

Family History :

NO FIHIO HTM/DM/cardiacillness

Personal History: Myomectomy done Hyrsback Ple etter cholecystectomy in 2022 No Allergy to any known medication No habit of Smoking/Alcohol No habit of Smoking/Alcohol Current complaints: Kiclo Hypothy roldism since 15 yrs on Thyronorm 50 meg. No current complaints No current complaints General Examination: Fair

Height: 152 cms Sp02:98% Pulse-Rate: 73 (min Heart Sounds: 5:52 (P) Momunur BMI: 32 Kg (m2 (Obese class ()) HIP TO WAIST RATIO: 0-82 Investigations: ECG:

Weight: 74 Kg Blood Pressure: 120180 mm Kg Eye Colour Vision: Mormal

X-RAY:

Dr. RUPALI DESAI Dr.Signature: M.B.B.S. Rupali Desai Reg. No. 2005/04/2498



NAME:	KARANDE BHAKTI VISHAL	AGE/GENDER: 43Y/F
REF. : SE	LF	DATE: 22.05.2024

X-RAY CHEST PA VIEW

Mildly rotated radiograph.

Both lung fields show equal translucency and vasculature.

Pleural spaces are clear.

The cardiac size is normal.

The domes of diaphragm are normal in position & show smooth outline.

The bony parts are normal.

Impression:

• No obvious significant abnormality is seen.

Suggest: Clinical correlation.



Dr. Abhishek Yadav Consultant Radiologist

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. X-ray is known to have inter-observer variations. Further/ follow up imaging may be needed in some cases for confirmation/ exclusion of diagnosis. Not all fractures may be visible in given X-ray views; hence a clinical correlation is suggested in cases of injury with swelling and restricted movements. Please interpret accordingly.

Ground Floor, Chetan A Building, Rajawadi Road No. 1,

Navratri Chowk, Ghatkoper East, Mumbai -400077.

Contact : 77770 25835

support.ghatkopar@healthmapdiagnostics.com

S Toll Free : 1800 210 1616

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ID	: 15385	Collection	: May 22, 2024, 08:47 a.m.
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.
DOB/Age	: 43 years	Reported	: May 22, 2024, 01:02 p.m.
Gender	: Female	Ref. Doctor	: SELF

Client Name : Arcofemi Healthcare Pvt. Ltd - PANI017 Client Address : GHATKOPAR



Test Description	Value(s)	Reference Range

Complete Blood Count; CBC (EDTA whole blood)

Erythrocytes (Whole Blood)			
Hemoglobin (Hb)*	12.0	gm/dL	12.0 - 15.0
(NonCyanmethemoglobin Photometric Measurement)			
Erythrocyte (RBC) Count*	4.02	mil/cu.mm	3.8 - 4.8
(Electrical Impedence)			
Packed Cell Volume (PCV)*	36.3	%	36 - 46
(Calculated)			
Mean Cell Volume (MCV)*	90.2	fL	83 - 101
(Electrical Impedence)			
Mean Cell Haemoglobin (MCH)*	29.8	pg	27 - 32
(Calculated)			
Mean Corpuscular Hb Concn. (MCHC)*	33.0	gm/dL	31.5 - 34.5
(Calculated)			
Red Cell Distribution Width (RDW)-CV*	13.9	%	11.6 - 14.0
(Electrical Impedence)			
Red Cell Distribution Width (RDW)-SD	43.8	fL	40.0 - 55.0
RBC Morphology			
	Normocytic normoc	hromic	
RBC Morphology		hromic	
RBC Morphology Remarks		hromic cell/cu.mm	4000-10000
RBC Morphology Remarks Leucocytes (Whole, Blood)	Normocytic normoc		4000-10000
Remarks Leucocytes (Whole, Blood) Total Leucocytes (WBC) Count*	Normocytic normoc		4000-10000 40 - 80
RBC Morphology Remarks <u>Leucocytes (Whole, Blood)</u> Total Leucocytes (WBC) Count* (Electrical Impedence)	Normocytic normoc	cell/cu.mm	
RBC Morphology Remarks Leucocytes (Whole, Blood) Total Leucocytes (WBC) Count* (Electrical Impedence) Neutrophils*	Normocytic normoc	cell/cu.mm	
RBC Morphology Remarks <u>Leucocytes (Whole, Blood)</u> Total Leucocytes (WBC) Count* (Electrical Impedence) Neutrophils* (VCSn Technology)	Normocytic normoc 7200 59	cell/cu.mm %	40 - 80
RBC Morphology Remarks Leucocytes (Whole, Blood) Total Leucocytes (WBC) Count* (Electrical Impedence) Neutrophils* (VCSn Technology) Lymphocytes*	Normocytic normoc 7200 59	cell/cu.mm %	40 - 80
RBC Morphology Remarks Leucocytes (Whole, Blood) Total Leucocytes (WBC) Count* (Electrical Impedence) Neutrophils* (VCSn Technology) Lymphocytes* (VCSn Technology)	Normocytic normoc 7200 59 31	cell/cu.mm % %	40 - 80 20 - 40
RBC Morphology Remarks Leucocytes (Whole, Blood) Total Leucocytes (WBC) Count* (Electrical Impedence) Neutrophils* (VCSn Technology) Lymphocytes* (VCSn Technology) Monocytes*	Normocytic normoc 7200 59 31	cell/cu.mm % %	40 - 80 20 - 40
RBC MorphologyRemarksLeucocytes (Whole, Blood)Total Leucocytes (WBC) Count*(Electrical Impedence)Neutrophils*(VCSn Technology)Lymphocytes*(VCSn Technology)Monocytes*(VCSn Technology)	Normocytic normoc 7200 59 31 6	cell/cu.mm % %	40 - 80 20 - 40 2 - 10
RBC Morphology Remarks Leucocytes (Whole, Blood) Total Leucocytes (WBC) Count* (Electrical Impedence) Neutrophils* (VCSn Technology) Lymphocytes* (VCSn Technology) Monocytes* (VCSn Technology) Eosinophils*	Normocytic normoc 7200 59 31 6	cell/cu.mm % %	40 - 80 20 - 40 2 - 10

Absolute Count

awkita Mayale

Dr.Ankita Nayak (M.D. Pathology

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ID	: 15385	Collection	: N
Name	: KARANDE BHAKTI VISHAL	Received	: N
DOB/Age	: 43 years	Reported	: N
Gender	: Female	Ref. Doctor	: 8

: May 22, 2024, 08:47 a.m. : May 22, 2024, 09:57 a.m. : May 22, 2024, 01:02 p.m. : SELF Client Name : Arcofemi Healthcare Pvt. Ltd - PANI017 Client Address : GHATKOPAR



Test Description	Value(s)	Reference F	lange	
Absolute Neutrophil Count*	4.25	* 10^9/L	2.0 - 7.0	
(Calculated) Absolute Lymphocyte Count* (Calculated)	2.23	* 10^9/L	1-3	
Absolute Monocyte Count* (Calculated)	0.43	* 10^9/L	0.2-1.0	
Absolute Eosinophil Count* (Calculated)	0.29	* 10^9/L	0.0-0.5	
Absolute Basophils Count* (Calculated)	0	* 10^9/L	0.1-0.2	
WBC	Within normal li	imits		
Platelets (Whole, Blood)				
Platelet Count* (Electrical Impedence)	384	10^3/ul	150 - 410	
Mean Platelet Volume (MPV)* (Electrical Impedence)	7.1	fL	7.2 - 11.7	
Platelet Morphology	Adequate on sr	mear		
PCT* (Calculated)	0.271	%	0.2 - 0.5	
PDW* (Calculated)	16.2	%	9.0 - 17.0	

Tests done on Automated Five Part Cell Counter. (WBC, RBC, Platelet count by impedance method, colorimetric method for Hemoglobin, WBC differential by flow cytometry using laser technology other parameters are calculated). All Abnormal Haemograms are reviewed confirmed microscopically.



END OF REPORT

Awkita Mayale

Dr.Ankita Nayak (M.D. Pathology

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Test Des	cription		Value(s)	Referen	ce Range	
Gender	: Female	Ref. Doctor			MI	00085975
	. Famala			•		
DOB/Age	: 43 years	Reported	: May 22, 2024, 02:	:21 p.m.	Client Address	: GHATKOPAR
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09	:57 a.m.	Healthcare Pvt.	. Ltd - PANI017
ID	: 15385	Collection	: May 22, 2024, 08	:47 a.m.	Client Name	: Arcofemi

ESR; Erythrocyte Sedimentation Rate .

mm/hr

<20

5

Erythrocyte Sedimentation Rate

(EDTA Whole blood, modified westerngren)

Interpretation:

It indicates presence and intensity of an inflammatory process. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, acute rheumatic fever,. It is also increased in multiple myeloma, hypothyroidism.



END OF REPORT

Dr. Preeti Jain (Consultant Pathologist)

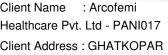
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Gender	: Female	Ref. Doctor	: SELF	
DOB/Age	: 43 years	Reported	: May 22, 2024, 07:40 p.m.	Client Address : GHA
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 04:16 p.m.	Healthcare Pvt. Ltd -
ID	: 15385	Collection	: May 22, 2024, 06:53 p.m.	Client Name : Arco

102



70-140



Test Description

Value(s) **Reference Range**

mg/dL

Glucose, Post Prandial (PP), 2 hours

Blood Glucose-Post Prandial* (Plasma - P, Hexokinase)



END OF REPORT



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ID	: 15385	Collection	: May 22, 2024, 08:47 a.m.	Client Na
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.	Healthcar
DOB/Age	: 43 years	Reported	: May 22, 2024, 01:30 p.m.	Client Add
Gender	: Female	Ref. Doctor	: SELF	





		Range	
SCD			
		<35	
	0/1		
	13.52	SGPT 13.52 U/L	13.52 U/L <35



END OF REPORT



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LABORATORY TEST REPORT



ID	: 15385	Collection	:
Name	: KARANDE BHAKTI VISHAL	Received	:
DOB/Age	: 43 years	Reported	:
Gender	: Female	Ref. Doctor	:

May 22, 2024, 08:47 a.m. May 22, 2024, 09:57 a.m. May 22, 2024, 01:35 p.m. SELF

Value(s)





Test Description

Reference Range

Glucose Fasting*

(Plasma, Hexokinase)

Glucose Fasting (F)

91 mg/dL Normal: 70-100 Impaired Fasting Glucose (IFG): 100-125 Diabetes Mellitus: >= 126 (On more than one occasion) (American Diabetes Association guidelines 2017)



END OF REPORT

Dr. Preeti Jain (Consultant Pathologist)

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ID	: 15385	Collection	: May 22, 2024, 08:47 a.m.
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.
DOB/Age	: 43 years	Reported	: May 22, 2024, 01:29 p.m.
Gender	: Female	Ref. Doctor	: SELF





 Test Description
 Value(s)
 Reference Range

 Creatinine, Serum

 Creatinine*
 0.7
 mg/dL
 0.51 - 0.95

Creatinine* (Jaffe IDMS)



END OF REPORT



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Test Des	cription		Value(s)	Reference Range
Gender	: Female	Ref. Doctor	: SELF	III III II IIIIII III III III IIIIIIII
DOB/Age	: 43 years	Reported	: May 22, 2024, 01:19	p.m. Client Address : GHATKOPAR
Name	: KARANDE BHAKTI VISHAI	Received	: May 22, 2024, 09:57	a.m. Healthcare Pvt. Ltd - PANI017
ID	: 15385	Collection	: May 22, 2024, 08:47	
				FAST, ACCURATE, RELIABLE

Blood Group ABO & RH Factor

Blood Group

(EDTA whole blood & Serum, Forward and Reverse By Tube Method)

RH Factor

Positive

"A"

Methodology

This is done by forward and reverse grouping by tube Agglutination method.

Interpretation

Newborn baby does not produce ABO antibodies until 3 to 6 months of age. So the blood group of the Newborn baby is done by ABO antigen grouping (forward grouping) only, antibody grouping (reverse grouping) is not required.Confirmation of the New-born's blood group is indicatedwhen the A and B antigen expression and the isoagglutinins are fully developed (2–4 years).



END OF REPORT

Dr.Ankita Nayak (M.D. Pathology

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ID	: 15385	Collection	: May 22, 2024, 08:47 a.m.
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.
DOB/Age	: 43 years	Reported	: May 22, 2024, 01:42 p.m.
Gender	: Female	Ref. Doctor	: SELF

Client Name : Arcofemi Healthcare Pvt. Ltd - PANI017 Client Address : GHATKOPAR



Test Description	Value(s)	Reference	Range
	Bun; Blood L	Jrea Nitrogen	
UREA*	18.02	mg/dL	17 - 43
(Serum,Urease)			
BUN*	8.42	mg/dL	7 - 18
(Serum,Calculated)			



END OF REPORT



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ID	: 15385	Collection	: May 22, 2024, 08:47 a.m.	Clier
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.	Heal
DOB/Age	: 43 years	Reported	: May 22, 2024, 01:29 p.m.	Clier
Gender	: Female	Ref. Doctor	: SELF	1





Test Description Value(s) **Reference Range Bilirubin**, Total 0.54 mg/dL **Bilirubin-Total** 0.3 - 1.2

(DPD)



END OF REPORT



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Test Description



ID	: 15385	Collection	: May 22, 2024, 08:47 a.m.
Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.
DOB/Age	: 43 years	Reported	: May 22, 2024, 02:31 p.m.
Gender	: Female	Ref. Doctor	: SELF

Client Name : Arcofemi Healthcare Pvt. Ltd - PANI017 Client Address : GHATKOPAR

Reference Range



	Urine Examin	ation-Routine	
Volume*	20	ml	-
Colour*	Yellow		Pale Yellow
Transparency (Appearance)*	Clear		Clear
Deposit*	Absent		Absent
Reaction (pH)*	5.5		4.5 - 8
(Double indicator)			
Specific Gravity*	1.025		1.010 - 1.030
(lonic concetration)			
Chemical Examination (Automated Dipstick M	Method) Urine		
Urine Glucose (sugar)*	Absent		Absent
(Glucose oxidase/peroxidase reaction)			
Urine Protein (Albumin)*	Absent		Absent
(Error of indicators)			
Urine Ketones (Acetone)*	Absent		Absent
(Acetic acid reacts with nitroprusside)			
Blood*	Absent		Absent
(Peroxidase activity of hemoglobin)			
Bilirubin*	Absent		Absent
(Coupling of bilirubin with diazotized dichloroaniline)			
Nitrite*	Absent		Absent
(Conversion of nitrate to nitrite)			
Urobilinogen*	Normal		Normal
(Ehrlich reaction)			
Microscopic Examination Urine			
Pus Cells (WBCs)*	2-3	/hpf	0 - 5
Epithelial Cells*	1-2	/hpf	0 - 4
Red blood Cells*	Absent	/hpf	Absent
Crystals*	Absent		Absent
Cast*	Absent		Absent
Trichomonas Vaginalis*	Absent		Absent
Yeast Cells*	Absent		Absent
Amorphous deposits*			

Value(s)



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Name	: KARANDE BHAKTI VISHAL	Received	: May 22, 2024, 09:57 a.m.	Healthcare Pvt	. Ltd - PANI017
DOB/Age	: 43 years	Reported	: May 22, 2024, 02:31 p.m.	Client Address	: GHATKOPAR
Gender	: Female	Ref. Doctor	: SELF		

Test Description

Value(s)

Reference Range

Absent

Bacteria*

Absent



END OF REPORT



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NAME:	KARANDE BHAKTI VISHAL	AGE/GENDER: 43Y/F
REF. : SE	LF	DATE: 22.05.2024

X-RAY CHEST PA VIEW

Mildly rotated radiograph.

Both lung fields show equal translucency and vasculature.

Pleural spaces are clear.

The cardiac size is normal.

The domes of diaphragm are normal in position & show smooth outline.

The bony parts are normal.

Impression:

• No obvious significant abnormality is seen.

Suggest: Clinical correlation.



Dr. Abhishek Yadav Consultant Radiologist

Note: Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. X-ray is known to have inter-observer variations. Further/ follow up imaging may be needed in some cases for confirmation/ exclusion of diagnosis. Not all fractures may be visible in given X-ray views; hence a clinical correlation is suggested in cases of injury with swelling and restricted movements. Please interpret accordingly.

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