

NAME:	Ms. Sujata Pradhan	UHID:	
AGE:	22	DATE OF HEALTHCHECK:	15-2-2024
GENDER:	F		

HEIGHT:	155	MARITAL STATUS:	M
WEIGHT:	62.8	NO OF CHILDREN:	—
BMI:	26.1		

C/O:

K/C/O: - Hypertension - not taking medicine
 PRESENT MEDICATION: - Intensity Rx,

P/M/H: - No

P/S/H: - No

ALLERGY: - No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER:

ALCOHOL:

MOTHER:

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY:

BP: 120/70 PULSE: - 80/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING:

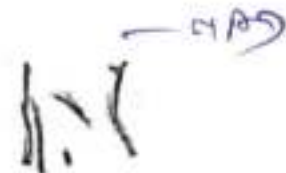
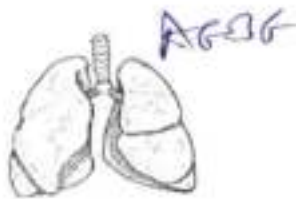
TEMPERATURE: M SCARS:

OEDEMA:

S/E:

P/A:

RS:



CVS:

Extremities & Spine:

CNS:

ENT: - NAD

Skin: - NAD

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

Name: Mrs. Sanita Boudhan Age: 27 Date of Health check-up: 10/01/2014

Findings and Recommendation:

Findings:-

- Body weight
- FL (S)
- TSH

Recommendation:-

- Diet / Exercise
Lifestyle review
- T. Thyrox 50mcg ~~once~~ 2x

Signature:
Consultant -



DR. ANIRBAN DASGUPTA
MBBS, D.N.B MEDICINE
DIPLOMA CARDIOLOGY
MMC- 2005/02/0920

OPHTHALMIC EVALUATION

UHID No.: _____

Date: 10/2/24

Name: Miss Surita Age: 27 Gender: Male/Female

Without Correction:

Distance: Right Eye 6/6 Left Eye 6/6

Near : Right Eye Ng Left Eye Ng

With Correction:

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision: NAD

Anterior Segment Examination: NAD / BE

Pupils: _____

Fundus: _____

Intraocular Pressure: 14 mm hg BE

Diagnosis: _____

Advice: _____

Re-Check on with (This Prescription needs verification every year)

Dr. _____
(Consultant Ophthalmologist)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON

REG. No. 3282/09/02

DENTAL CHECKUP

Name: Sarita Pradhan.	MR NO:
Age/Gender : 27/f	Date: 16/2/24

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains			✓	✓
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)			✓	
b) Class 2 (Proximal)				
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling			✓	
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing

Orthodontic Advice for Braces: Yes / No

Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant

Oral Habits: Tobacco Cigarette Others since ___ years

Advice to quit any form of tobacco as it can cause cancer.

Other Findings: _____

- Scaling & polishing - 1200.
- Filling E to 6 - 1200

DR. AQSA SHAIKH
B. D. S

Reg. No: A 42611

• ANDHERI • COLABA • NASHIK • VASHI

Signature

27 years / married / A,
∴ 4 years

(1^o infertility)

Age to conceive: 2 years
Regular MC: 4 years

MN - LMP - 5/2/2024

LMP - 13/12/2023

2022 / 1 month spot abortion /
DISCONTINUED

MC 3-5/30-45 / Regular cycle

Wusband

- 35 years

- No addictions

Cortical Hcg - 5-6 times/day

Adv

- In Free testosterone

- In AMH

- Anti TPO Ab.

- In fasting Insulin

Wusband semen analysis
(After 3-4 days of abstinence)

Dr. _____

Dr. Trupti Shinde

Apollo Clinic DR. TRUPTI VIJAY SHINDE
VASHI MBBS, M.S. (OBS & GYNAE)

REG. NO: 2014/07/3301



■ Consultation ■ Diagnostics ■ Health Check-Ups ■

Name : Mrs. Sarita Pradhan Gender : Female Age : 27 Years
 UHID : FVAH 10574 Bill No : Lab No : V-1323-23
 Ref. by : SELF Sample Col.Dt : 10/02/2024 9:55
 Barcode No : 8001 Reported On : 10/02/2024 20:35

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

HAEMOGRAM(CBC,ESR,P/S)-WB (EDTA)

Haemoglobin(Colorimetric method)	9.9	g/dl	11.5 - 15
RBC Count (Impedance)	3.80	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	31	%	35 - 55
MCV:(Calculated)	81.7	fL	78 - 98
MCH:(Calculated)	26	pg	26 - 34
MCHC:(Calculated)	31.9	gm/dl	30 - 36
RDW-CV:	17.5	%	10 - 16
Total Leucocyte count(Impedance)	6240	/cumm.	4000 - 10500
Neutrophils:	60	%	40 - 75
Lymphocytes:	35	%	20 - 40
Eosinophils:	02	%	0 - 6
Monocytes:	03	%	2 - 10
Basophils:	00	%	0 - 2
Platelets Count(Impedance method)	3.1	Lakhs/c.mm	1.5 - 4.5
MPV	9	fL	6.0 - 11.0
ESR(Westergren Method)	20	mm/1st hr	0 - 20

Peripheral Smear (Microscopic examination)

RBCs: Hypochromasia(+),Microcytosis(+),Anisocytosis(+)


WBCs: Normal

Platelets: Adequate

Note: Test Run on 5 part cell counter. Manual diff performed.

Neha More
Entered By

Ms Kaveri Gaonkar
Verified By

Page 3 of 10

 DR. Milind Patwardhan
 M.D(Path)
 Chief Pathologist

End of Report
 Results are to be correlated clinically

Name : Mrs. Sarita Pradhan Gender : Female Age : 27 Years
UHID : FVAH 10574 Bill No : Lab No : V-1323-23
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	90	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

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Verified By



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TEST

RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group: :O:
Rh Type: **Negative**
Method : Matrix gel card method (forward and reverse)

Sheetal Nakate
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M D(Path)
Chief Pathologist

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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

LIPID PROFILE - Serum

S. Cholesterol(Oxidase)	164	mg/dL	Desirable < 200 Borderline: >200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	94	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	18.8	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	37.4	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	107.8	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	4.4		3.5 - 5
Ratio of LDL/HDL	2.9		2.5 - 3.5

Alsaba Shaikh
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Page 5 of 10

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
LFT(Liver Function Tests)-Serum			
S.Total Protein (Biuret method)	7.31	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.21	g/dL	3.5 - 5.2
S.Globulin (Calculated)	3.1	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.36		0.9 - 2
S.Total Bilirubin (DPD):	0.27	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.12	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.15	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	23	U/L	5 - 32
S.ALT (SGPT) (IFCC Kinetic with P5P):	20	U/L	5 - 33
S.Alk Phosphatase(pNPP-AMP Kinetic):	82	U/L	35 - 105
S.GGT(IFCC Kinetic):	11	U/L	07 - 32

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Page 6 of 10



Dr. Milind Patwardhan
M D(Path)
Chief Pathologist

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
BIOCHEMISTRY		
S.Urea(Urease Method)	14.5 mg/dl	10.0 - 45.0
BUN (Calculated)	6.76 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	0.66 mg/dl	0.50 - 1.1
BUN / Creatinine Ratio	10.24	9:1 - 23:1
S.Uric Acid(Uricase Method)	3.2 mg/dl	2.4 - 5.7

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	2.12	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	94.88	nmol/L	66 - 181 nmol/L
TSH-Ultrasensitive (Thyroid-stimulating hormone) Method : ECLIA	8.62	IU/ml	Euthyroid : 0.35 - 5.50 IU/ml Hyperthyroid : < 0.35 IU/ml Hypothyroid : > 5.50 IU/ml

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nephrosis-etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e.g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Dr. Milind Patwardhan
M.D(Path)

Page 7 of 9 Chief Pathologist

End of Report
Results are to be correlated clinically

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TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	20	mL	
COLOUR	Yellow		
APPEARANCE	Slightly Hazy		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	5.0		4.6 - 8.0
SPECIFIC GRAVITY	1.030		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Present (+)		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	1 - 2/hpf		0 - 3/hpf
RED BLOOD CELLS	4 - 5 / hpf		Absent
EPITHELIAL CELLS	Occasional		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Dilpreetkaur S Singh
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Dr. Milind Patwardhan
M.D(Path)

Page 8 of Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mrs. Sarita Pradhan Gender : Female Age : 27 Years
UHID : FVAH 10574 Bill No : Lab No : V-1323-23
Ref. by : SELF Sample Col.Dt : 10/02/2024 11:30
Barcode No : 8001 Reported On : 10/02/2024 19:48

CYTOPATHOLOGY REPORT - PAPSMEAR

Specimen No: AP-223-24

Specimen Adequacy: ADEQUATE

CELLS

ENDOCERVICAL: Absent

ENDOMETRIAL: Absent

SQUAMOUS: SUPERFICIAL(+++) AND INTERMEDIATE(+) SQUAMOUS CELLS

HISTIOCYTES: Absent

RBCs: Absent

POLYMORPHS: Absent

FLORA

TRICHOMONAS VAGINALIS: Absent

FUNGI: Absent

LACTOBACILLI: Absent

CELLULAR CHANGES

METAPLASIA: Absent

DYSPLASIA: Absent

MALIGNANT CELL: Absent

ATROPHIC CHANGES: Absent

BARE NUCLEI: Absent

IMPRESSION: NEGATIVE FOR INTRAEPITHELIAL LESION OR MALIGNANCY

Anushka Chavan
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Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

QRS : 70 ms
QT / QTcBar : 374 / 382 ms
PR : 140 ms
P : 84 ms
RR / PP : 954 / 952 ms
P / QRS / T : 69 / 66 / 47 degrees

Normal sinus rhythm
Normal ECG

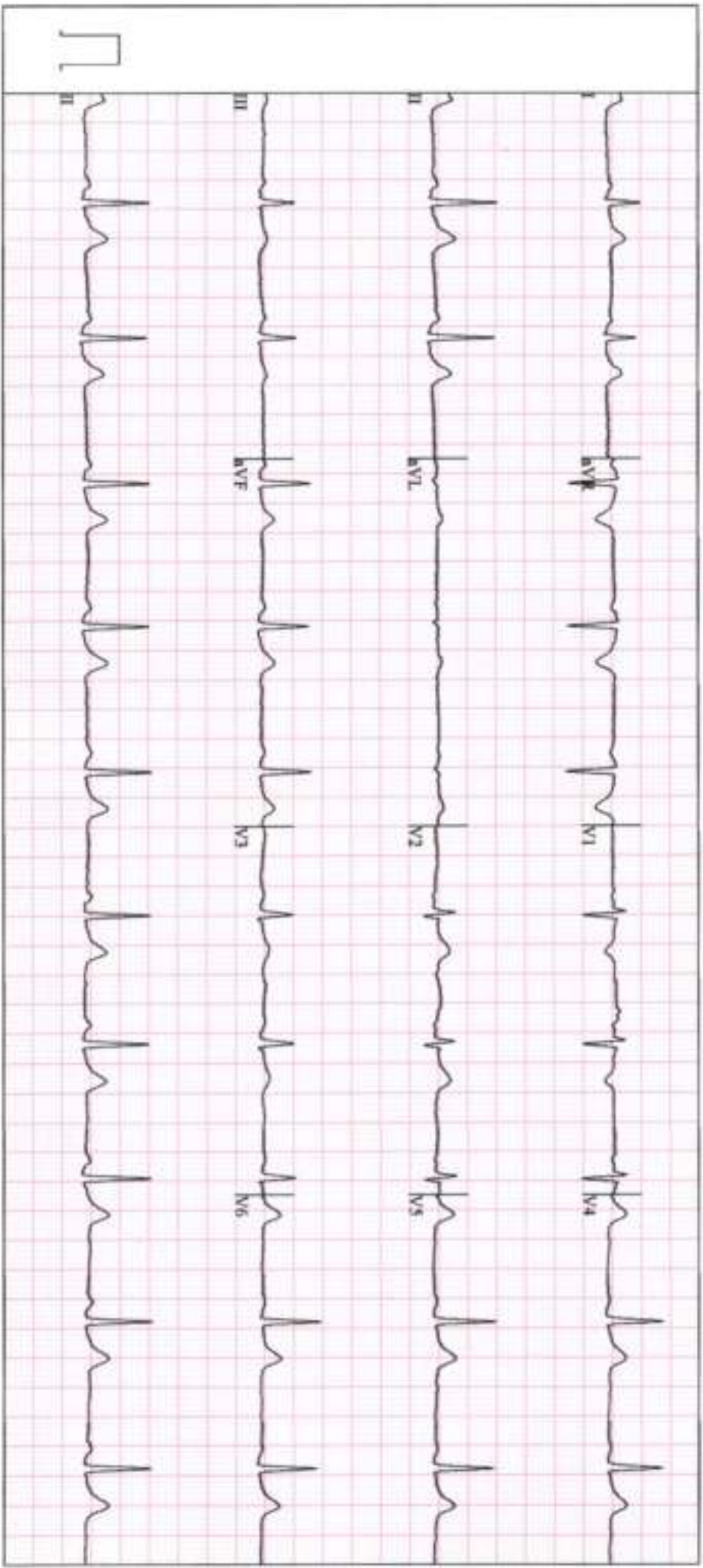
NORMAL ECG

DR. ANIRBAN DASGUPTA

M.B., B.S., D.N.B. Medicine

Diploma Cardiology

MMC - 2005/02/10920



Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SARITA, PRADHAN
Patient ID: 10574
Height:
Weight:

DOB: 11.04.1996
Age: 27yrs
Gender: Female
Race: Asian

Study Date: 15.02.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. ANIRBAN DASGUPTA
Technician: SWAPNALI LAKHIMALE

Medications:
NIL

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:46	0.00	0.00	104	110/70	
	STANDING	00:16	0.00	0.00	100		
	HYPERV.	00:18	0.00	0.00	105	110/70	
EXERCISE	WARM-UP	00:09	0.10	0.00	99		
	STAGE 1	03:00	1.70	10.00	150	120/80	
	STAGE 2	03:00	2.50	12.00	179	140/80	
	STAGE 3	00:33	3.40	14.00	184	140/80	
RECOVERY		01:05	0.00	0.00	155	150/80	

The patient exercised according to the BRUCE for 6:33 min:s, achieving a work level of Max. METS: 8.60. The resting heart rate of 100 bpm rose to a maximal heart rate of 184 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 150/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. ANIRBAN DASGUPTA

Dasgupta Dr. ANIRBAN DASGUPTA
M.B. B.S., D.N.B. Medicine
Diploma Cardiology
MMC-2005/02/0920

PATIENT'S NAME	SARITA PRADHAN	AGE :- 27Y/F
UHID NO	10574	10 Feb 2024

DIGITAL RADIOGRAPH OF CHEST (PA VIEW)

The lung fields are clear.

Heart and aorta appears normal.

Both hila appear normal.

Both costo-phrenic angles are clear.

Visualized bony thorax appears normal.

IMPRESSION: NO SIGNIFICANT ABNORMALITY IS DETECTED IN CURRENT RADIOGRAPH.

Clinico-haematological correlation is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Cons. Radiologist

PATIENT'S NAME	SARITA PRADHAN	AGE :- 27Y/F
UHID	10574	15 Feb 2024

USG ABDOMEN AND PELVIS (TAS)

Liver is normal in size measuring about 15.1 cm in cranio-caudal dimension. It shows increased echogenicity and reflectivity. There is no focal lesion seen. The portal vein and common bile duct are normal in course and caliber. There is no evidence of intra-hepatic biliary duct dilatation seen. PV = 8.5 mm. CBD = 2.2 mm.

Gall Bladder is physiologically distended. No calculus, abnormal wall thickening or pericholecystic fluid collection is seen.

The visualized **Pancreas** is normal in size, shape and echotexture. There is no focal lesion seen.

Spleen is normal in size, shape and echotexture. There is no focal lesion seen.

Right Kidney measures 9.4 x 3.8 cm. **Left Kidney** measures 10.6 x 3.7 cm. Both kidneys are normal in size, shape and echotexture. No evidence of any focal lesion is noted. No hydronephrosis, hydroureter or calculus is noted in both kidneys. Cortico medullary differentiation is well maintained.

Urinary Bladder is empty.

(TVS) Uterus is normal in size and echotexture. No evidence of any focal lesion. It measures about 8.5 x 3.2 x 3.1 cm in size. The endometrium measures 9.1 mm. Left ovary measures: 2. x 1.7 x 1.8 cm (Vol: 3.4 ml). About 7-8 follicles are seen within left ovary. Right ovary measures: 3.9 x 3.2 x 2.4 cm (Vol: 16.3 ml). Right ovary is bulky in size and shape with multiple follicles within. No solid or cystic lesion is seen along either of ovaries / adnexal region.

There is no free fluid or abdominal lymphadenopathy.

IMPRESSION: FINDINGS ARE SUGGESTIVE OF

- DIFFUSE FATTY INFILTRATION OF LIVER.
- BULKY RIGHT OVARY.
- NO OTHER SIGNIFICANT ABNORMALITY IS DETECTED.

Clinico-haematological correlation and imaging follow-up is recommended.

Thanking you for the referral,
With regards,



DR. SIDDHI PATIL
Con. Radiologist



Indira Health And Lifestyle Private Limited.

NABL Accredited Laboratory

The Emerald, 1st Floor, Plot No. 195, Sector-12,
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.

Tel.: (022) - 2788 1322 / 23 / 24 8291490000

Email: apolloclinicvashi@gmail.com

Apollo Clinic
VASHI

Name : Mrs. Santa Pradhan Gender : Female Age : 27 Years
UHID : FVAH 10184 Bill No : Lab No : V-1323-23
Ref. by : SELF Sample Col.Dt : 15/02/2024 11:00
Barcode No : 8001 Reported On : 15/02/2024 13:00

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Post Prandial Plasma Glucose : 104 mg/dL Normal < 140 mg/dL
Impaired Post Prandial glucose : 140 to 199 mg/dL
Diabetes Mellitus : \geq 200 mg/dL
(on more than one occasion)
(American diabetes association guidelines 2016)

Method : Hexokinase

Ms Kaveri Gaonkar
Entered By

Ms Kaveri Gaonkar
Verified By

Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically