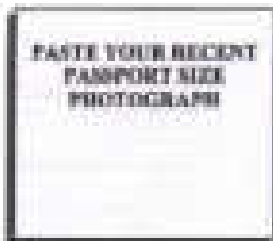


**Annexure-2**  
**Self-Health Declaration**  
(Please ✓ Mark Where Applicable)



**1 PERSONAL DETAILS:**

Name: First Name: Anu Middle Name: Kulkarni Surname: Tej

Address: Pimpalgaon haveli tal- gadchiroli dist  
Jalgaon (MH)

City: Jalgaon Pin: 424203

Birth Place: Jalgaon Birth Date: 03-07-1981 Religion: Hindu  
(dd/mm/yyyy)

Post applied for: \_\_\_\_\_ Marital Status: Married / Unmarried Gender: M / F

**2 PREVIOUS EMPLOYMENT:** Yes / No. If yes specify

| Name | Nature of work | Duration |
|------|----------------|----------|
|      |                |          |
|      |                |          |
|      |                |          |

**3 NAME OF FAMILY DOCTOR:**

Address: \_\_\_\_\_

Contact Details: \_\_\_\_\_

**4 PERSONAL HABITS:**

- (i) Smoking
- (ii) Tobacco chewing
- (iii) Alcohol
- (iv) Any other

**5 MEDICAL HISTORY:**

(i) **ANY DISABILITY:** Yes / No  if yes specify with disability %

(ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work?  Yes  No

Have you ever suffered from job related disease or injury?  Yes  No

Have you ever been discharged or rejected on medical grounds?  Yes  No

| Yes                                 | No                                  |
|-------------------------------------|-------------------------------------|
| <input checked="" type="checkbox"/> | <input type="checkbox"/>            |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> |
| <input type="checkbox"/>            | <input checked="" type="checkbox"/> |

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

---



---



---

(i) Have you ever suffered from any of the following (Answer Yes or No. if yes, give details)

| Y | N                                   |   | Y | N                                   |   |
|---|-------------------------------------|---|---|-------------------------------------|---|
|   | <input checked="" type="checkbox"/> | Hypertension  |   | <input checked="" type="checkbox"/> | Hepatitis-B   |
|   | <input checked="" type="checkbox"/> | Diabetes  |   | <input checked="" type="checkbox"/> | Cancer  |
|   | <input checked="" type="checkbox"/> | Heart disease   |   | <input checked="" type="checkbox"/> | Stroke  |
|   | <input checked="" type="checkbox"/> | Kidney diseases   |   | <input checked="" type="checkbox"/> | Bronchitis  |
|   | <input checked="" type="checkbox"/> | Tuberculosis  |   | <input checked="" type="checkbox"/> | Any allergy   |
|   | <input checked="" type="checkbox"/> | Chronic lung disease<br>(e.g. Pleurisy, Pneumonia etc.) |   | <input checked="" type="checkbox"/> | Any chronic ear or hearing problem<br>(e.g. sinusitis, rhinitis, otitis etc.) |
|   | <input checked="" type="checkbox"/> | Epilepsy, Fits, Fainting or<br>Dizziness                |   | <input checked="" type="checkbox"/> | Mental disorder of any kind   |
|   | <input checked="" type="checkbox"/> | Any major operation or injury                           |   | <input checked="" type="checkbox"/> | Any other illness   |

Details of the above if 'Yes'

---



---

(For female candidates only)

Are you pregnant at present?  Y  N

Date of L.M.P. \_\_\_\_\_

(ii) Immunization

|                | Yes                      | No                       |
|----------------|--------------------------|--------------------------|
| Tetanus Toxoid | <input type="checkbox"/> | <input type="checkbox"/> |
| Hepatitis B    | <input type="checkbox"/> | <input type="checkbox"/> |
| Others         | <input type="checkbox"/> | <input type="checkbox"/> |

**6 FAMILY HISTORY:**

Has anyone of your parents suffered from any of the following: Yes / No ✓

(If yes, Please ✓ Mark Where Applicable)

|                   | Father                   | Mother                   |
|-------------------|--------------------------|--------------------------|
| Hypertension      | <input type="checkbox"/> | <input type="checkbox"/> |
| Heart Disease     | <input type="checkbox"/> | <input type="checkbox"/> |
| Cancer            | <input type="checkbox"/> | <input type="checkbox"/> |
| Diabetes          | <input type="checkbox"/> | <input type="checkbox"/> |
| Tuberculosis      | <input type="checkbox"/> | <input type="checkbox"/> |
| Epilepsy          | <input type="checkbox"/> | <input type="checkbox"/> |
| Any other Disease | <input type="checkbox"/> | <input type="checkbox"/> |

|            | IF LIVING |                                | IF DEAD      |                |
|------------|-----------|--------------------------------|--------------|----------------|
|            | AGE       | HEALTH<br>(Good, Bad,<br>Fair) | AGE AT DEATH | CAUSE OF DEATH |
| Father     | 56        | Good                           |              |                |
| Mother     | 52        | Good                           |              |                |
| Spouse     | 29        | Good                           |              |                |
| Children-1 | —         | —                              |              |                |
| Children-2 | —         | —                              |              |                |

7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 04-09-2024

  
(Signature of Candidate)

**MER- MEDICAL EXAMINATION REPORT**

|  |  |             |      |
|--|--|-------------|------|
| Date of Examination  | 04-09-2024   |             |      |
| NAME   | Arvind Tell  |             |      |
| AGE  | 32   | Gender      | Male |
| HEIGHT(cm)   | 180  | WEIGHT (kg) | 67   |
| BP   | 110/70 mm/Hg   |             |      |
| ECG: I T PTT   | WNL  |             |      |
| X Ray  | N  |             |      |
| Vision Checkup   | Color Vision: N<br>Far Vision: 6/6 N<br>Near Vision: N/5 N |             |      |
| Present Allments   | —  |             |      |
| Details of Past allments (If Any)                          | —  |             |      |
| Comments / Advice : <del>Site</del> / He is Physically Fit |  |             |      |
|  |  |             |      |

*ph*

**Signature with Stamp of Medical Examiner**

**Dr. Mrinalini Singh**  
 Consultant Physician  
 MBBS, DNB, MCOB (UK), EDIC  
 Reg. No. 2019020392


## CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Amal Teli on 06-03-2024

After reviewing the medical history and on clinical examination it has been found that he/she is

|  | Tick                                |
|--|-------------------------------------|
| <ul style="list-style-type: none"><li>• Medically Fit</li></ul>  | <input checked="" type="checkbox"/> |
| <ul style="list-style-type: none"><li>• Fit with restrictions/recommendations<br/><br/>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.<br/><br/>1. <u>Diabetes</u><br/>2. _____<br/>3. _____<br/><br/>However the employer should follow the advice/medication that has been communicated to him/her.<br/><br/>Review after _____</li></ul> | <input type="checkbox"/>            |
| <ul style="list-style-type: none"><li>• Currently Unfit<br/>Review after _____ recommended</li></ul>   | <input type="checkbox"/>            |
| <ul style="list-style-type: none"><li>• Unfit</li></ul>  | <input type="checkbox"/>            |

  
**Dr. Manabni Singh**  
Consultant Physician  
MBBS, DNB, MChCP (UK), EDIC  
Reg. No. 2019/02/0392

Dr. \_\_\_\_\_  
Medical Officer  
The Apollo Clinic, (Location)

*This certificate is not meant for medico-legal purposes*



संस्थान सरकार

सामान्य अधिकार



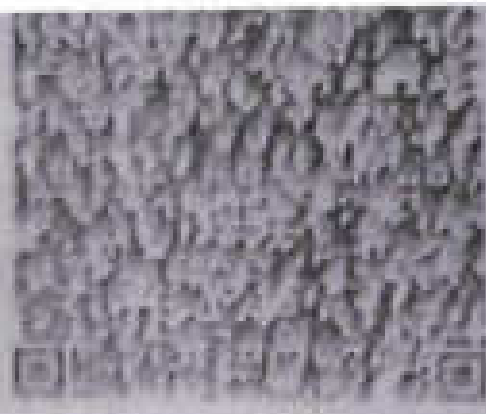
अमोल कैलास तेली

Amol Kailas Teli

जन्म तारीख / DOB : 07/11/1991

पुल्लिंगी / MALE

7066 9758 2960



आधार - सामान्य माणसाचा अधिकार





Ref No : 040224

Name : ANIL KANAI TH

Sex / Age : Male / 33 Year

Ref By : APOLLO HEALTH AND LIFE STYLE  
LAWTD

Reference :

Sample Collected At :

Sea Bird Medicare

105-107 Heritage Plaza Central Avenue Herndon  
Centers, Powai, Mumbai-400076

Processing Location : Sea Bird Medicare

105-107 Heritage Plaza Central Avenue Herndon  
Centers, Powai, Mumbai-400076

Reg. Date

04-Sep-2024 / 10:04 am

Col Date

04-Sep-2024 / 10:04 am

Report Date

04-Sep-2024 / 4:22 pm

**REPORT**

**BLOOD GLUCOSE**

| Test  | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|-------|-------------------------------|
| Blood Glucose (Fasting), plasma<br>(Plasma Method - Fasting)<br>Interpretation<br>NORMAL : 70-100 mg/dl<br>Pre-Diabetic : 100-125 mg/dl<br>Diabetic : >125 mg/dl<br>(ON MORE THAN ONE OCCASION)<br>Reference : American Diabetes association guidelines 2023    | 116.87 | mg/dl | 70.00 - 100.00 mg/dl          |
| Urine Glucose (Fasting)   | Absent |       | Absent                        |
| Urine Ketones (Fasting)   | Absent |       | Absent                        |
| Blood Glucose (PP) plasma<br>(Plasma Method - Nonfasting)<br>Interpretation<br>Non-Diabetic : 70-140 mg/dl<br>Pre-Diabetic : 140-199 mg/dl<br>Diabetic : >200 mg/dl<br>(ON MORE THAN ONE OCCASION)<br>Reference : American Diabetes association guidelines 2023 | 107.16 | mg/dl | 70.00 - 140.00                |
| Urine Glucose (PP)  | Absent |       | Absent                        |
| Urine Ketones (PP)  | Absent |       | Absent                        |

Test Done on Fully Automated Waiver COC, POC PLU8 Biochemistry Analyzer

Pritam Chakravarti  
Lab Technician



DR. RITESH SHIVASTAVA  
MBBS, MD PATHOLOGY  
Pathologist  
MHC Reg No: 20082168

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This is computer generated medical diagnostic report that has been verified by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting on report.

HQ: Sea Bird Medicare Centre (ISO 9001:2015), A-01-102, Heritage Plaza, Toll Cross Lane, Jeebhari East (Dr. Station), Mumbai- 40. Tel: 022- 40022766  
Power: 022-25701053 / 25704897

Mumbai: 0494- 2322222 / 40022766



## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory Investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the items/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
5. Electronic images in the report are created by electronic processing. Sea Bird Medicare Centre makes no expressed or implied warranties or representations with respects to it and takes no responsibility for the authenticity, quality and size of the image, affected possibly due to a computer virus or other contamination.
6. Sea Bird Medicare centre confirms that all tests have been carried out with reasonable care, clinical safety and technical integrity.
  - A. However due to certain factors such as reagent inconsistency, machine breakdown etc. beyond its control which could affect the testing, it does not make any representation or give any warranty about the accuracy of the reported results.
  - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose.
7. Since Sea Bird Medicare Centre does not verify the identity or the details of the customer except in case of certain tests, it cannot be held responsible for any misrepresentation or misuse.
8. Partial reproduction of this report is not valid and should not be resorted to.
9. Any query from referring doctor pertaining to this report should be directed to Sea Bird Medicare Centre.
10. All dispute / claims concerning to this report are subject to Mumbai jurisdiction only.

---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Telt Cross Lane, Andheri East (Nr Station) Mumbai 400063  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hira Vardani Gardens Powai,  
Mumbai 400076, mba

#### B. Enquiry and Home Visit Booking

022 25701063 / 9324924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



NO. AD : 040222

Name : ANIL KUNAL TELI

Sex / Age : Male / 32 Years

Ref by : APOLLO HEALTH AND LIFESTYLE (PVT) LTD

Reference:

Sample Collected At:

Sea Bird Medicare

100-107 Gateway Plaza, Central Avenue, Herambad  
Gurdev, Powai, Mumbai-400076

Processing Location - Sea Bird Medicare

100-107 Gateway Plaza, Central Avenue, Herambad  
Gurdev, Powai, Mumbai-400076

Reg. Date

04-Sep-2024 / 12:08 am

Exp. Date

04-Sep-2024 / 12:08 am

Report Date

04-Sep-2024 / 4:22 pm

**REPORT**

**BLOOD GLUCOSE**

| Test | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|------|--------|-------|-------------------------------|
|------|--------|-------|-------------------------------|

----- End of Report -----

*Pranavate*

Pranav Dhankawade  
Lab Technician



*Dr. Bitesh Kharche*

DR. BITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 2006021402

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## CONDITIONS OF REPORTING

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400067  
Central Laboratory: 102-103-104 Gateway Plaza, Central Aiyemai Road, Hinwadan Gardens Powai,  
Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701063 / 0224624120 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PG NO : CH0333

Name : ANIL KALAYTI

Sex / Age : Male / 33 Years

Ref By : APSCII HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Worli, Mumbai  
Garden, Powai, Mumbai-400076

Processing Location : Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Worli, Mumbai  
Garden, Powai, Mumbai-400076

Reg. Date :

04-Sep-2024 / 10:04 am

Call Date :

04-Sep-2024 / 12:05 am

Report Date :

04-Sep-2024 / 4:37 pm

**REPORT**

**Blood Group**

| Test               | Result         | Units | BIOLOGICAL REFERENCE INTERVAL |
|--------------------|----------------|-------|-------------------------------|
| <b>BLOOD GROUP</b> |                |       |                               |
| ABC Group:         | O <sup>+</sup> |       |                               |
| RH (D)             | NEGATIVE       |       |                               |

Method: Gel Forward grouping by Manual Slide Method  
Serum Whole Blood (S21A)

End of Report

*Pijay*

PIJAY PANDY  
Lab Technician



*K. K. K.*

DR. RITESH SHARMA  
MBBS, MD PATHOLOGY  
Pathologist  
MNC Reg No. 20063166C

Page 2 of 2

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PG- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, 108 Cross Lane, Andheri East (M. Bhandari, Mumbai-40) Tel: 022- 49932794  
Fax: 022-25704003 / 25704897

Website: [www.seabirdmf.com](http://www.seabirdmf.com) | Email: [seabird@seabirdmf.com](mailto:seabird@seabirdmf.com)

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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#### A. SEA BIRD MEDICARE CENTRE

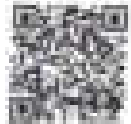
Corporate Office: 8-101, Heritage Plaza, Teli Cross Lane, Andheri East (Nir Station) Mumbai 400069  
Central Laboratory: 102-105-106 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and home Visit Booking

022 25701053 / 9324924370 or  
[admin@seabirdhl.com](mailto:admin@seabirdhl.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Ref No: | 036516

Name: | APOLLO HEALTHY

Sex / Age: | Male / 33 Years

Ref by: | APOLLO HEALTHY AND LIFESTYLE LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Worlewood  
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Worlewood  
Gardens, Powai, Mumbai-400076

Reg. Date:

04-Sep-2024 / 10:04 am

Call Date:

04-Sep-2024 / 10:09 am

Report Date:

04-Sep-2024 / 4:32 pm

**REPORT**

**Complete Blood Count**

| Test                      | Result | Units         | BIOLOGICAL REFERENCE INTERVAL |
|---------------------------|--------|---------------|-------------------------------|
| Hemoglobin                | 14.5   | gm/dl         | 13.2 - 17.0                   |
| <b>RED BLOOD CELLS</b>    |        |               |                               |
| R.B.C. Count              | 4.81   | million / cmm | 4.5 - 5.5                     |
| HCT                       | 42.9   | %             | 40 - 50                       |
| MCV                       | 89.1   | fL            | 85 - 101                      |
| MCH                       | 30.2   | pg            | 27 - 32                       |
| MCHC                      | 33.9   | gm / dl       | 31.5 - 34.5                   |
| RDW (CV)                  | 12.3   | %             | 11.6 - 14.6                   |
| Total W.B.C. Count        | 8180   | cc. mm.       | 4000 - 10000                  |
| <b>DIFFERENTIAL COUNT</b> |        |               |                               |
| Neutrophils               | 52     | %             | 40 - 60                       |
| Lymphocytes               | 40     | %             | 20 - 40                       |
| Eosinophils               | 02     | %             | 1 - 3                         |

Pooja Pawar  
Lab Technician



DR. Pooja Pawar  
MBBS, MD PATHOLOGY  
Pathologist  
MDC Reg No. 200003 MDC

Page 1 of 18

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HQ- Sea Bird Medicare Centre (ISO 9001:2015), A-104/02, Heritage Plaza, Tall Green Lane, Andheri East 9th, Sector, Mumbai - 40. Tel: 022- 49022164  
Powai: 022-25703651 / 25704997

Kurla: 022- 2522028 / 4266025

Website: [www.seabirdindia.com](http://www.seabirdindia.com) | Email: [seabird@seabirdindia.com](mailto:seabird@seabirdindia.com)

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual laboratory investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400089  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hirvanantari Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022-25703053 / 934974170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



ACC NO : 1040219

Name : AMOL KALAD TIL

Sex / Age : Male / 33 Years

Ref by : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

125-127 Gateway Plaza, Central Avenue, (Heritage)  
Gurgaon, Haryana, Mumbai-400076

Processing Location : Sea Bird Medicare

125-127 Gateway Plaza, Central Avenue, (Heritage)  
Gurgaon, Haryana, Mumbai-400076

Reg. Date :

04-Sep-2024 / 10:04 am

Exp. Date :

31-Sep-2024 / 10:00 am

Report Date :

04-Sep-2024 / 4:12 pm

**REPORT**

**Complete Blood Count**

| Test               | Result                                     | Units            | BIOLOGICAL REFERENCE INTERVAL |
|--------------------|--|------------------|-------------------------------|
| Monocytes          | 08   | %                | 2 - 10                        |
| Eosinophils        | 03   | %                | 0 - 1                         |
| Platelet Count     | 312000                                     | /mm <sup>3</sup> | 150000 - 410000               |
| <b>MORPHOLOGY</b>  |  |                  |                               |
| WBC Morphology     | Predominantly Normocytic and Normochromic. |                  |                               |
| WBC Morphology     | Normal Morphology                          |                  |                               |
| Platelets on smear | Adequate on smear                          |                  |                               |

(CBC+White Blood : Total White Abnormal) Three part cell counter (RBC, WBC, Platelet count by impedance, Hemoglobin by colorimetry) (Complete the method. Rest are calculated parameters. Microscopy and CBC is done manually by the Pathologist.)

———— End of Report ————

Pooja PANDAY  
Lab Technician



DR. ARITESH KHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MBC Reg No. 2008021000

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HQ- Sea Bird Medicare Centre (ISO 9001:2015) & ISO-15189, Heritage Plaza, Toll Gurgaon Lane, Anand Park (Dr. Bafra), Gurgaon, Haryana. Tel: 012- 4602704  
Phone: 012-0270003 / 0270407      Fax: 012- 2320002 / 4000002

Website: [www.seabird.in](http://www.seabird.in) | Email: [seabird@seabird.in](mailto:seabird@seabird.in)



## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai-400062  
Central Laboratory: 102-104 Gateway Plaza, Central Avenue Road, Heera Mandi Gardens Pooja, Mumbai-400076, India

- B. Enquiry and Home Visit Booking  
022 25701053 / 0224524170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

- C. Sea Bird Medicare services are also available at:  
Pooja (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Ref No : CB0012

Name : ANIL ANAND TSI

Sex / Age : Male / 33 Years

Ref To : APOLLO HEALTH AND WELFARE LIMITED

Reference:

Sample Collected At:

Sea Bird Medicare  
375-381 Gateway Plaza, Central Avenue, Worli Station  
Gardens, Parel, Mumbai-400070  
Processing Location - Sea Bird Medicare  
375-381 Gateway Plaza, Central Avenue, Worli Station  
Gardens, Parel, Mumbai-400070

Req. Date:

04-Sep-2024 / 10:04 am

Col. Date:

04-Sep-2024 / 10:05 am

Report Date:

04-Sep-2024 / 9:37 am

**REPORT**

**Erythrocyte Sedimentation Rate (ESR)**

| Test | Result | Units     | BIOLOGICAL REFERENCE INTERVAL |
|------|--------|-----------|-------------------------------|
| ESR  | 31     | mm at 1hr | 0 - 15                        |

Method: Westergren  
Sample: Whole Blood (27°C)

— End of Report —

Pritam Chavanade  
Lab Technician



DR. PRITISH BHANICH  
MBBS, MD PATHOLOGY  
Pathologist  
MNC Reg No: 200902166

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HQ- Sea Bird Medicare Centre (ISO 9001:2015) & ISO 15189, Heritage Plaza, Tall Cross Lane, Andheri East (4<sup>th</sup> Station), Mumbai- 40 Tel: 022- 66021744  
Phone: 022- 25701000 / 25704007

Mobile: 0986- 3330000 / 40000000

Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)

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---

#### A. SEA BIRD MEDICARE CENTRE

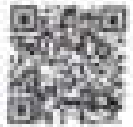
Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Near Station) Mumbai 400053  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 022-834 170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Pirwai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PO NO : 040213  
Name : ANIL KALAS TIJ  
Sex / Age : Male / 38 Years  
Ref No : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference:  
Sample Collected At:  
Sea Bird Medicare  
225/ 127 Sathmou Plaza, Central Avenue, Promenade Gardens, Poonja, Mumbai-400076  
Processing Location - Sea Bird Medicare  
225/ 127 Sathmou Plaza, Central Avenue, Promenade Gardens, Poonja, Mumbai-400076

Reg. Date  
04-Sep-2024 / 10:04 am  
Call Date  
04-Sep-2024 / 10:09 am  
Report Date  
04-Sep-2024 / 4:10 pm

**REPORT**

**Glycosylated Haemoglobin (HbA1c)**

| Test  | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|-------|-------------------------------|
| HbA1c<br>Pre-Diabetic - 5.7 - 6.4 %<br>Diabetic - $\geq 6.5$<br>(ICHA World Health, Talsamam) | 6.43   | %     | 4 - 5.65                      |
| Mean Blood Glucose (MBC)  | 181.81 | mg/dl |                               |

**Interpretation & Remarks**

- HbA1c is used for monitoring diabetic control & reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by various groups & ADA (American Diabetes Association guideline 2023) for diagnosis of Diabetes using a cut-off point of 6.5 %.
- Tests in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycosylated haemoglobin (below 5%) in a non-diabetic individual can often associated with systemic inflammatory diseases, chronic anemia (especially severe iron deficiency & hemolytic), chronic renal failure and liver diseases. Clinical correlation expected.
- To estimate the eAG from the HbA1c value, the following equation is used:  $\text{eAG}(\text{mg/dl}) = 2.87 \times \text{HbA1c} - 46.7$
- Interference of Haemoglobinopathies in HbA1c estimation:
  - For HbF  $> 20\%$ , an alternate platform (Preseance) is recommended for testing of HbA1c.
  - Haemoglobin Heterozygosity is detected, Preseance is recommended for monitoring diabetic status.
  - Interference were detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control:
  - Excellent Control -  $< 6.5\%$
  - Fair to Good Control - 7 to 8 %
  - Unsatisfactory Control - 9 to 10 %
  - and Poor Control - More than 10 %
- Test done on Roche 2 Automated Cartridge Based Specific Protein Analyser.

— End of Report —

Pooja Pandey  
Lab Technician



Dr. Arjun Shinde  
MBBS, MD PATHOLOGY  
Pathologist  
EMAC Reg No: 200903106C

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HQ: Sea Bird Medicare Centre (ISO 9001:2015) & ISO:15188, Heritage Plaza, 1st Cross Lane, Andheri East (W) Station, Mumbai- 400 076 | Tel: 022- 49832766  
Power: 022-22700055 / 22704887 | Email: seabird@seabird.in

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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---

#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-403, Heritage Plaza, Teli Cross Lane, Andheri East (Near Station) Mumbai-400089  
Central Laboratory: 107-108-104 Gateway Plaza, Central Avenue Road, Hirsanandam Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022-25701058 / 9334924170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



Phone : 022-25704002

Name : RAO ANIL TEJ

Sex / Age : Male / 33 Years

Ref No : APOLLO HEALTH AND LIFESTYLE  
196701

Reference:

Sample Collected At :

Sea Bird Medicare

226, 107 Gateway Plaza, Central Avenue, Prabhadevi  
Gardens, Pooja, Mumbai-400076

Processing Location - Sea Bird Medicare

106, 107 Gateway Plaza, Central Avenue, Prabhadevi  
Gardens, Pooja, Mumbai-400076

Reg. Date

04-Sep-2024 / 10:04 am

Call Date

04-Sep-2024 / 10:00 am

Report Date

04-Sep-2024 / 4:37 pm

**REPORT**

**LIPID PROFILE**

| Test   | Result | Units | BIOLOGICAL REFERENCE INTERVAL  |
|--|--------|-------|--|
| Total Cholesterol<br>Serum, Method: CHOD-PAP                           | 143.18 | mg/dl | CHILD Desirable - Less than : 170<br>CHILD Borderline High : 170 - 199<br>CHILD High - More than : 200<br>ADULT Desirable - Less than : 200<br>ADULT Borderline High : 200 - 239<br>ADULT High - More than : 240 |
| Triglycerides<br>Serum, Method: GPO-PAP                                | 108.26 | mg/dl | NORMAL : <150<br>Borderline High : 150 - 199<br>High : 200 - 499<br>Very High : ≥500   |
| HDL Cholesterol-Corrected<br>Serum, Method: Cholesterol-enzyme-Correct | 49.34  | mg/dl | Desirable - Above : 60<br>Borderline Risk - 40 - 59<br>Undesirable - Below : 40  |
| LDL Cholesterol<br>Calculated  | 73.57  | mg/dl | Desirable - Below : 100<br>Borderline Risk : 100 - 129<br>Undesirable - Above : 160  |
| VLDL Cholesterol<br>Calculated   | 29.07  | mg/dl | 0 - 35   |
| T CHOL/HDL-C Ratio<br>Calculated                                       | 2.89   |       | Acceptable for Male : < 5.00<br>Acceptable for Female : <4.50  |

NIIRVA PANDEY  
Lab Technician



DR. RITESH MURDICH  
MBBS, MD PATHOLOGY  
Pathologist  
SMMC Reg No. 2000021096

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This is a computer generated medical diagnosis report that has been reviewed by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample(s) received. Refer to conditions of reporting service.

MO- Sea Bird Medicare Centre (ISO 9001:2015) A-05-052, Heritage Plaza, Tall Green Lane, Andheri East (M. Station), Mumbai- 40. Tel: 022- 46022704  
Pooja: 022-25704002 / 25704007

## CONDITIONS OF REPORTING

### SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli-Cross Lane, Andheri East (Nr Station) Mumbai 400069  
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hejranagar Gardens Powai, Mumbai-400075, India

#### B. Enquiry and Home Visit Booking

022 25701053 / 9974924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PO No : 024228  
Name : ANIL KUMAR TILU  
Sex / Age : Male / 38 Years  
Ref By : APOLLO HEALTH AND WELFARE LIMITED

Reference:  
Sample Collected At :  
Sea Bird Medicine  
125-127 Gateway Plaza, Central Avenue, Worli  
Mumbai, India - 400025  
Processing Location - Sea Bird Medicine  
125-127 Gateway Plaza, Central Avenue, Worli  
Mumbai, India - 400025

Req. Date : 24-Sep-2024 / 11:04 am  
Col Date : 24-Sep-2024 / 11:04 am  
Report Date : 24-Sep-2024 / 4:22 pm

**REPORT**

**LIPID PROFILE**

| Test                         | Result | Units | BIOLOGICAL REFERENCE INTERVAL                                    |
|------------------------------|--------|-------|--|
| LDLCHOLEL Rate<br>Calculated | 1.48   |       | Acceptable for Males : < 3.60<br>Acceptable for Females : < 3.20 |

**NOTE:**

- 1) Biological Reference Intervals are as per AHA, NCEP Guidelines and National Lipid Association (NLA) 2014 Recommendations.
- 2) Tests done on Fully Automated Mass CCL PLUS PLUS Biochemistry Analyzer.
- 3) The LDL Cholesterol is calculated by the Friedewald equation which provides a reliable LDL Cholesterol value unless when triglyceride levels are below 100 mg/dL. A direct measurement is advised if the triglyceride levels are >400mg/dL.

———— End of Report ————

PRITI PAWDE  
Lab Technician



DR. BITESH CHAVHAN  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200603169

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This is computer generated medical diagnosis report that has been validated by an Authorized Medical Practitioner (Doctor). The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting contract.

PO- Sea Bird Medicine Centre (PO NO.024228) A-511-102, Heritage Plaza, Tall Cross Lane, Andheri East (M. Mumbai, Mumbai- 40. Tel: 022- 25027154  
Fax: 022-25070952 / 25754002

Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)



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#### A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-402, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400009  
Central Laboratory: 322-303-304 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022-25701053 / 022-49341370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



REF ID : 040313

Name : AMB ANASTAS

Sex / Age : Male / 32 Years

Ref by : WOULD HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare

125-127 Gateway Plaza, Central Avenue, Henderson  
Garden, P.O. Box Number 400719

Processing Location - Sea Bird Medicare

125-127 Gateway Plaza, Central Avenue, Henderson  
Garden, P.O. Box Number 400719

Req. Date :

04-Sep-2024 / 10:04 am

Coll Date :

04-Sep-2024 / 10:04 am

Report Date :

04-Sep-2024 / 4:27 pm

**REPORT**

**LIVER FUNCTION TEST**

| Test   | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|--|--------|-------|-------------------------------|
| S.G.O.T.<br>(Serum Activity-PTC / Ur without PTP)        | 17.7   | U/L   | 0 - 40                        |
| Sr. Alkaline Phosphatase<br>(Serum Activity-Methoxy POC) | 85.45  | U/L   | 40 - 120                      |
| S.G.P.T.<br>(Serum Activity- POC/AM without PTP)         | 25.46  | U/L   | 0 - 41                        |
| GOT<br>(Serum Activity- POC Method)                      | 11.73  | U/L   | 0 - 31                        |
| Bilirubin (Total)<br>(Serum Method-Serum total part)     | 0.01   | mg/dl | 0.0 - 1.20                    |
| Bilirubin (Direct)<br>(Serum Method-Serum total part)    | 0.11   | mg/dl | 0.0 - 0.40                    |
| Bilirubin (Indirect)<br>Calculated                       | 0.70   | mg/dl | 0.0 - 0.80                    |
| Total Proteins<br>(Serum Method-Bioassay)                | 7.54   | g/dl  | 6.0 - 8.7                     |
| Albumin<br>(Serum Method-Densitometric Green)            | 4.38   | g/dl  | 3.0 - 5.2                     |
| Globulin<br>Calculated                                   | 3.16   | g/dl  | 1.50 - 3.70                   |
| A/G ratio<br>Calculated                                  | 1.39   |       |                               |

Test Done at Fully Automated Stage CO, PMS N, LB Biochemistry Analyser

PETER PAWLEY  
Lab Technician



DR. ATISH CHAKRABORTY  
MBBS, MD PATHOLOGY  
Pathologist  
VMMC Reg No. 200603168C

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HQ: Sea Bird Medicare Centre (RPO 90042018) A-104-102, Heritage Plaza, Tall Green Lane, South East (St. Helens), Auckland 68. Tel: 029-44031754  
 P.O. Box 4484-2000022 / 40080022

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#### A. SEA BIRD MED-CARE CENTRE

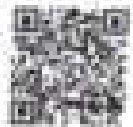
Corporate Office: B-401, Heritage Plaza, Tall Cross Lane, Andheri East (N/ Station) Mumbai 400072  
Central Laboratory: 102-103 104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701366 / 9324804170 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PO No : 046213  
Name : ANCO AKASH TELI  
Sex / Age : Male / 35 Years  
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :  
Sample Collected At :  
Sea Bird Medicare  
15B-157 Gateway Plaza, Central Avenue, Pirbright  
Garden, Poon, Mumbai-400076  
Processing Location : Sea Bird Medicare  
15B-157 Gateway Plaza, Central Avenue, Pirbright  
Garden, Poon, Mumbai-400076

Reg. Date : 04-Sep-2024 / 10:08 am  
Call Date : 04-Sep-2024 / 10:08 am  
Report Date : 04-Sep-2024 / 4:52 pm

**REPORT**

**LIVER FUNCTION TEST**

| Test | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|------|--------|-------|-------------------------------|
|------|--------|-------|-------------------------------|

— End of Report —

**Pooja PANDEY**  
Lab Technician



**DR. JITESH KHARCHE**  
MBBS, MD, PATHOLOGY  
Pathologist  
MAC Reg No. 2506021100

Page 11 of 11

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MAC- Sea Bird Medicare Centre, ISO 9001:2015, A-101-102, Heritage Plaza, Tall Cross Lane, Andheri East (W. Station), Mumbai- 40. Tel: 022- 48222764  
Fax: 022- 25792008 / 25794077

Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)

## CONDITIONS OF REPORTING

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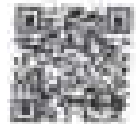
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[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Pune (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



POB No : 1340212

Name : AMEL ANASTOU

Sex / Age : Male / 33 Years

Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Heronsland  
Gardens, P.O. Box Number 40075

Processing Location - Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Heronsland  
Gardens, P.O. Box Number 40075

Reg. Date :

04-Sep-2024 / 10:04 am

Call Date :

04-Sep-2024 / 10:09 am

Report Date :

04-Sep-2024 / 4:42 pm

**REPORT**

**RENAL PROFILE**

| Test  | Result | Units | BIOLOGICAL REFERENCE INTERVAL |
|---|--------|-------|-------------------------------|
| Blood Urea<br><small>Serum, Method: Urea</small>          | 17.81  | mg/dl | 15.8 - 48.5 mg/dl             |
| Blood Urea Nitrogen<br><small>Serum, Method: Urea</small> | 8.33   | mg/dl | 06 - 20 mg/dl                 |
| Creatinine<br><small>Serum, Method: Jaffe</small>         | 1.07   | mg/dL | 0.62 - 1.17 mg/dL             |
| Uric Acid<br><small>Serum, Method: Urinary-PH</small>     | 3.71   | mg/dl | 3.4 - 7.0                     |

Test Done on Fully Automated Stage CCL PRO PLUS Biochemistry Analyser

————— End of Report —————

Pooja PANDAY  
Lab Technician



DR. ATISH SHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MBC Reg No. 200802 HBC

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HQ- Sea Bird Medicare Centre (PO BOX 40075) A-104-02, Heritage Plaza, Tall Green Lane, Andrew Court (M. Island), Mumbai - 40 Tel: 022- 40002764  
 Focal: 022-25701023 / 25704957  
 South: 022- 2322022 / 4058000

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C. Sea Bird Medicare services are also available at:

Powai (Mumbai) - Andheri East (Mumbai), Kochi (Kerala)



Ref No : C48333

Name : ANIS ABUAYTOU

Sex / Age : Male / 33 Years

Ref By : APOLO HEALTH AND LIFE INSURANCE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
125-127 Gateway Plaza, Central Business District,  
Dunedin, Postal Number-480275

Processing Location - Sea Bird Medicare

125-127 Gateway Plaza, Central Business District,  
Dunedin, Postal Number-480275

Req. Date

04 Sep 2024 / 12:04 pm

Call Date

04 Sep 2024 / 12:04 pm

Report Date

04 Sep 2024 / 4:32 pm

**REPORT**

**THYROID FUNCTION TEST**

| Test | Result | Units  | BIOLOGICAL REFERENCE INTERVAL |
|------|--------|--------|-------------------------------|
| TSH  | 1.29   | µIU/ml | 0.25-5 µIU/ml                 |
| T3   | 1.8    | nmol/L | 0.92-2.33 nmol/L              |
| T4   | 94.87  | nmol/L | 80-120 nmol/L                 |

The assay principle combines an enzyme immunoassay (competitive) method with a free hormone release (ELFA).

**Interpretation**

**TSH** - A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of issue or disease thyroid dysfunction. A high TSH value can also occur when someone with a normal thyroid disease or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active or removed thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

**T3** - Triiodothyronine (T3) contributes significantly to the maintenance of the metabolism of the body and the total T3 concentration has a role in assessing for thyroid disease.

In comparison with other tests, T3 alone cannot diagnose hyperthyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

**T4** - Thyroxine accounts for at least 80% of circulating protein-bound iodine. While 98% of T4 is protein-bound, primarily to thyroxine-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid output, however it can sometimes be increased, and diagnostic efficiency may be improved by use of a free T4 test in conjunction with other tests.

End of Report

*P. Donawade*



P. Donawade  
Lab Technician

*Dr. Riteen Shroche*

DR. RITEEN SHROCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MBC Reg No. 200001690

Page 12 of 12

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 Fax: 033- 4810005 / 4814002

Website: [www.seabird.co.nz](http://www.seabird.co.nz) | Email: [seabird@seabird.co.nz](mailto:seabird@seabird.co.nz)



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Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Pimpri Chinchwad Gardens Powai, Mumbai 400076, India

#### B. Enquiry and Home Visit Booking

022 25701058 / 9334924370 or  
[admin@seabirdhf.com](mailto:admin@seabirdhf.com)

#### C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PC No. : 04022

Name : ANIL ANIL TH

Sex / Age : Male / 33 Years

Ref No : APOLIS HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Worli (South)  
Candolim, Parel, Mumbai-400076  
Processing Location - Sea Bird Medicare  
105-107 Gateway Plaza, Central Avenue, Worli (South)  
Candolim, Parel, Mumbai-400076

Reg. Date

04-Sep-2024 / 10:09 am

Call Date

04-Sep-2024 / 10:09 am

Report Date

04-Sep-2024 / 4:02 pm

**REPORT**

**URINE ANALYSIS**

| <u>Test</u>                 | <u>Result</u> | <u>Units</u> | <u>BIOLOGICAL REFERENCE INTERVAL</u> |
|-----------------------------|---------------|--------------|--------------------------------------|
| <b>PHYSICAL EXAMINATION</b> |               |              |                                      |
| Color                       | Pale Yellow   |              | Pale Yellow                          |
| Quantity                    | 30 ml         | ml           | 30 - 50                              |
| Appearance                  | Clear         |              | Clear                                |
| Reaction (pH)               | 5.0           |              | 5.0 - 8.0                            |
| Specific Gravity            | 1.010         |              | 1.000 - 1.030                        |
| <b>CHEMICAL EXAMINATION</b> |               |              |                                      |
| Protein                     | Absent        |              | Absent                               |
| Sugar                       | Absent        |              | Absent                               |
| Ketone Bodies               | Absent        |              | Absent                               |
| Bilirubin                   | Absent        |              | Absent                               |
| Nitrite                     | Absent        |              | Absent                               |
| Urobilinogen                | Normal        | mg/dl        | Normal (0.1 - 1.0 mg/dl)             |

**POOJA PANDEY**  
Lab Technician



**DR. ANIL TH**  
MBBS, MD (PATHOLOGY)  
Pathologist  
MMC Reg No. 200602149C

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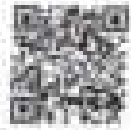
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#### C. Sea Bird Medicare services are also available at:

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PO NO : EN212

Name : AMR KALASTE

Sex / Age : Male / 32 Years

Ref by : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Maramban  
Surat, Pincode: Mumbai-400076

Processing Location - Sea Bird Medicare  
125-127 Gateway Plaza, Central Avenue, Maramban  
Surat, Pincode: Mumbai-400076

Reg. Date :

18-Nov-2024 / 10:00 am

Call Date :

06-Sep-2024 / 11:00 am

Report Date :

04-Sep-2024 / 4:02 pm

**REPORT**

**URINE ANALYSIS**

| Test                          | Result      | Units | BIOLOGICAL REFERENCE INTERVAL |
|-------------------------------|-------------|-------|-------------------------------|
| Occult Blood                  | Absent      |       | Absent                        |
| <b>MEGASCOPIC EXAMINATION</b> |             |       |                               |
| Red Blood Cells               | 1 - 2 / hpf |       | 2 - 3 / hpf                   |
| Red Blood Cells               | Absent      |       | Absent                        |
| Epithelial cells              | 1 - 2 / hpf |       | 2 - 3 / hpf                   |
| Cells                         | Absent      |       | Absent                        |
| Cystals                       | Absent      |       | Absent                        |
| Other Findings                | Absent      |       |                               |

**METHOD**

Physical Examination - Visual Dry Method

Chemical Examination - (Bilirubin/Act- coupling), Blood/Pertinase, Glucose/Specific glucose-oxidase reaction, Aceto/Bromite test, Leucocytes/Esterase Phosphatase, Leucocyte esterase, Nitrite/Diazotization, pH/Diphenylamine, Protein/Protein Error of Indicators, Specific Gravity/Densitometric method, Urobilinogen/Indole

Microscopic Examination - Automated/Manual Methods

----- End of Report -----

*Pige*

PIRJA PANDIT  
Lab Technician

*Dr. Arjun Gharche*

DR. ARJUN GHARCHE  
MBBS, MD PATHOLOGY  
Pathologist  
MMC Reg No. 200811692

Page 2 of 2

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Phone: 022-02700958 / 02704057

Mobile: 0484- 0230003 / 4000000

Website: [www.seabird.com](http://www.seabird.com) | Email: [seabird@seabird.com](mailto:seabird@seabird.com)

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Name: Mr AMOL TELI

Age : 32 Y

Sex : Male

Date :04/09/2024

Ref Dr : SELF

## USG ABDOMEN AND PELVIS

**LIVER:** Liver appears normal in size 9.9cm and shows diffuse increased echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**KIDNEYS:** Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 9.0 x 5.4cm. Left kidney measure 8.3 x 5.0cm

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size measuring 3.0 x 3.0 x 2.9cm vol-19.1 gms and echotexture. No evidence of any focal lesion.

No free fluid or significant lymphadenopathy is seen.

**IMPRESSION:** Fatty liver grade I.

Advice: Clinical correlation and further evaluation.



DR. PRITANGA NERKUNDE

CONSULTANT RADIOLOGIST

Thanks For Referring. Note the above report represents interpretation of various radiographic studies, and has its own limitations. This report has to be correlated clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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Phone: 022-25704024 / 25704027

Branch: 0404 - 2229122 / 4032122

Website: [www.seabirdmcc.com](http://www.seabirdmcc.com) | Email: [seabird@seabirdmcc.com](mailto:seabird@seabirdmcc.com)



# SEA BIRD MEDICARE CENTRE

Report ID : ANM4912759      Reg. : 04-Sep-2024  
Patient Name : Mr. ANOL KAILAS TELI      Report Date : 05-Sep-2024  
Rank :      Company Name : M/S. APOLLO HEALTH AND LIFESTYLE  
Ref By : DELPARAG ARVIND PRADHAN      Age/Sex : 32 Year / Male

## CHEST X RAY REPORT

X-Ray No : 5221

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

**Impression :**

**Normal Chest X-Ray.**



  
Dr. Jacob  
Mathew MD

Proudly... Caring For You

402 - Sea Bird Medicare Centre (2ND FLOOR, 201/1) & 501-502, Heritage Plaza, 74B Cross Lane, Andheri East (N. Railway) Mumbai - 401 022 - 40102194

Phone: 022-25741059 / 25741057

Mobile: 94484-080001 / 90380002

Website: [www.seabirdmc.com](http://www.seabirdmc.com) | Email: [seabird@seabirdmc.com](mailto:seabird@seabirdmc.com)

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# SEABIRD MEDICARE CENTRE POWAI

ELITE

AMOL TELI (32 M)

ID: 4007

Date: 04-Sep-24

Time: 12:00:20

BP: 120/80 mmHg

Chart Speed: 25 mm/sec

Paper: 25 Hz

Memo File: ON

Ampl: 10 mm

HR: 90 bpm

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

0.0 0.0



VI

0.0 1.5

1.1 1.4



VI

1.2 1.1

1.1 1.8



VI

1.1 0.7

-0.8 -0.7



VI

1.1 1.1

-0.4 -0.4



VI

0.0 1.1

1.4 1.4



VI

0.0 0.0



Lead II/III aVR/AVL V1/V2 V3/V4 V5/V6

Interpretation: *LNL*

Dr. Manoj Singh  
Consultant Physician  
MBBS, DM, DNB (UK), EDIC  
Reg. No. 2019020092

Scale: 10mm/1s

Printed by: APOLLO

## SEABIRD MEDICARE CENTRE POWAI

**Patient Details**      Date: 04-Sep-24      Time: 12:38:28

Name: AMOL TELI ID: 4267

Age: 32 y      Sex: M      Height: 180 cms.      Weight: 69 Kg.

Clinical History: NIL

Medications: NIL

### Test Details

Protocol: Bruce      Pr-MHR: 166 bpm      THR: 156 (93% of Pr-MHR) bpm  
 Total Exer. Time: 7 m 40 s      Max. HR: 161 (97% of Pr-MHR) bpm      Max. Metc: 10.20  
 Max. BP: 150 / 100 mmHg      Max. BP x HR: 25700 mmHg/min      Min. BP x HR: 6400 mmHg/min  
 Test Termination Criteria: THR ACHIEVED

### Protocol Details

| Stage Name     | Stage Time (min : sec) | Mets | Speed (m/s) | Grade (%) | Heart Rate (bpm) | Max. BP (mmHg) | Max. ST Level (mm) | Max. ST Slope (mV/s) |
|----------------|------------------------|------|-------------|-----------|------------------|----------------|--------------------|----------------------|
| Supine         | 0 : 45                 | 1.0  | 0           | 0         | 80               | 120 / 80       | -0.54 aVR          | 1.77 U               |
| Standing       | 1 : 30                 | 1.0  | 0           | 0         | 82               | 120 / 80       | -1.27 aVL          | 2.12 U               |
| Hyperextension | 0 : 11                 | 1.0  | 0           | 0         | 83               | 120 / 80       | -0.88 aVR          | 1.77 U               |
| 1              | 3 : 0                  | 4.8  | 1.7         | 10        | 113              | 130 / 80       | -5.32 aVL          | -5.66 I              |
| 2              | 3 : 0                  | 7.0  | 2.5         | 12        | 132              | 140 / 90       | -1.27 aVL          | 3.10 U               |
| Peak Ex        | 1 : 40                 | 10.2 | 3.4         | 14        | 161              | 150 / 100      | -0.35 aVR          | 3.54 U               |
| Recovery(1)    | 2 : 0                  | 1.8  | 1           | 0         | 111              | 150 / 100      | -1.70 aVR          | 5.00 U               |
| Recovery(2)    | 2 : 0                  | 1.0  | 0           | 0         | 108              | 140 / 90       | -1.40 aVR          | 5.88 U               |
| Recovery(3)    | 2 : 0                  | 1.0  | 0           | 0         | 105              | 120 / 80       | -0.54 aVR          | 2.12 U               |
| Recovery(4)    | 0 : 30                 | 1.0  | 0           | 0         | 105              | 120 / 80       | -0.42 aVR          | 1.42 U               |

### Interpretation

The patient exercised according to the Bruce protocol for 7 m 40 s achieving a work level of Max. METS - 10.20. Resting heart rate initially 80 bpm, rose to a max. heart rate of 161 (97% of Pr-MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes. TMT negative for inducible ischemia for the workload achieved.



**Dr. Mohanlal Singh**  
 Consultant / Physician  
 MBBS, DNB, MRCP (UK), EDIC  
 Reg. No. 30104030303

Set. Doctor: APOLLO

Doctor: -

(Software Report edited by user)

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# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (33 M)

ID: 4207

Date: 04-Sep-24

Exam Time: 10:45:04

Stage Time: 0:04:40

HR: 80 bpm

Protocol: Stress

Stage: Supine

Speed: 0 mph

Oxygen: 0%

(THR: 100 bpm)

BP: 100 / 80

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)



Chart Speed: 25 mm/sec

Paper: 35 Hz

Main Filter: ON

Temp: 10 mm

ECG: 12-lead

ECG: 12-lead

ECG: 12-lead

Scale: 10 mm

# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (33 M)

ID: 4007

Date: 04-Sep-24

Exam Time: 04:00

Stage Time: 1 m 38 s HR: 82 bpm

Problem: Stroke

Stage: Standing

Speed: 0 mph

Grade: 0%

(THR: 150 bpm)

B.P: 120 / 80

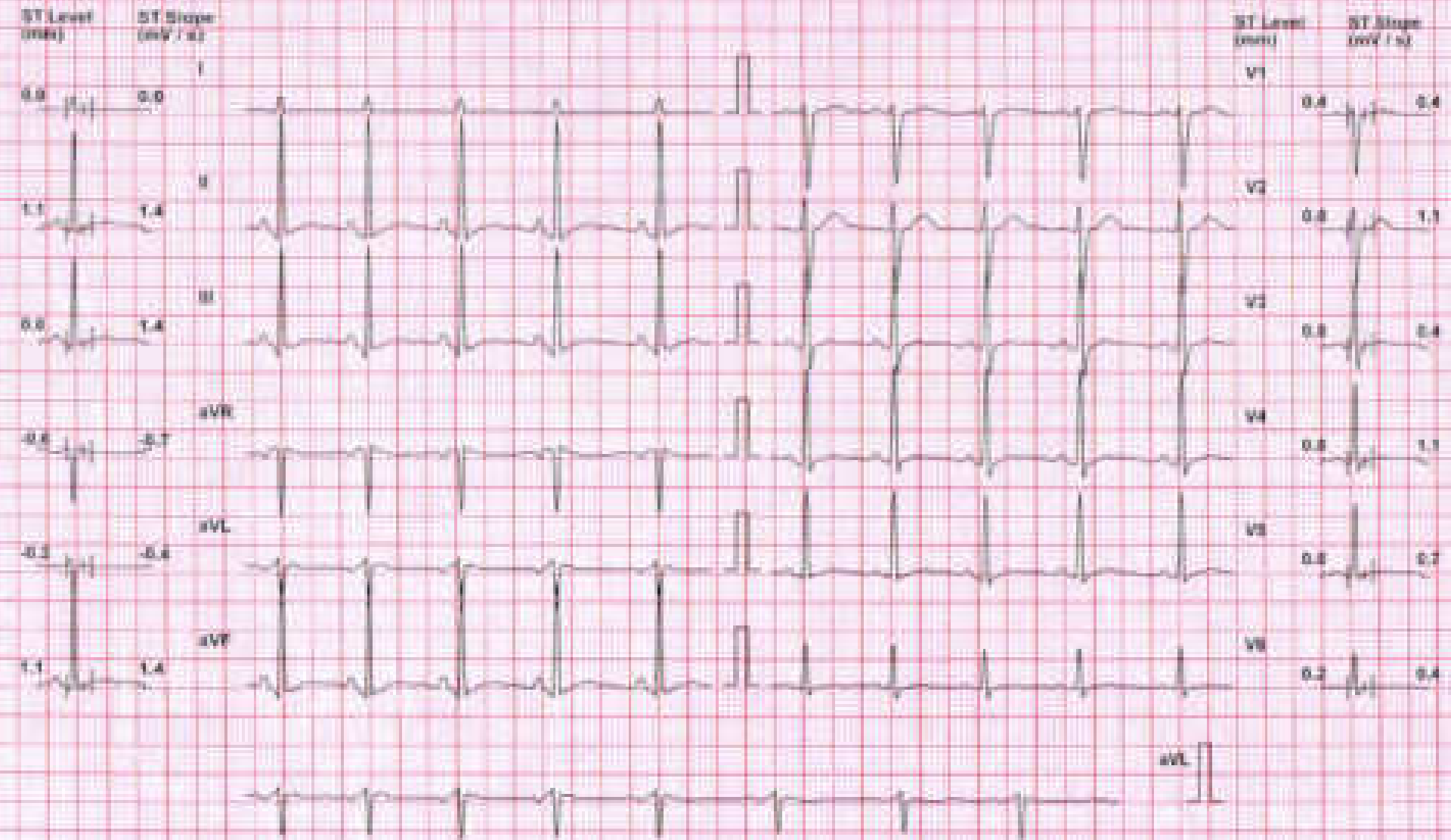


Chart Speed: 25 mm/sec  
Scale Speed: V47

Filter: 35 Hz

Main Fil: ON

Ampl: 10 mm

PR: 5-50ms

QT: 5-50ms

QTc: 5-50ms

# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (32 M)

ID: 4067

Date: 04-Sep-24

Resp Time: 0 m 0 s

Stim Time: 0 m 11 s

HR: 83 bpm

Problem: Stroke

Stage: Hyperventilator

Speed: 8 rpm

Grade: 0%

(TMR: 100 bpm)

B.P: 120 / 80



Chart Speed: 25 mm/sec

Filter: 35 Hz

Main Filter: ON

Ampl: 10 mm

60 - R - 50ms

J - R - 50ms

Lead J - J - 50ms

Scale: 10mm V x 1

# SEABIRD MEDICARE CENTRE POWAI

ANOL TELI (32 M)

ID: 4007

Date: 04-Sep-24

Exam Time: 3-m 0-s

Stage Time: 3-m 0-s

HR: 113 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 150 bpm)

R.P: 130 / 80

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

-0.4 -1.1

0.2 1.8

1.1 2.8

0.0 0.8

-0.2 -1.2

0.0 2.1

0.8 0.7

0.8 1.1

1.2 2.1

1.1 2.1

0.8 1.4

0.4 0.4

Chart Speed: 25 mm/sec  
Scale: 10 mm

Fiber: 35 Hz

Main: Fil: ON

Acc: 10 mm

HR: 113 bpm

J-V: 130/80

HR: 113 bpm



# SEABIRD MEDICARE CENTRE POWAI

**AMOL TELI (32 M)**

ID: 4207

Date: 04-Sep-24

Exam Time: 8:40 a.m.

Stage Time: 3 m 0 s

HR: 133 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 150 bpm)

B.P: 140/90

ST Level (mm)    ST Slope (mV/s)

ST Level (mm)    ST Slope (mV/s)



Chart Speed: 25 mm/sec  
Small Square: 1 mm

Paper: 30 Hz

Main Filter: ON

Ampl: 10 mm

ECG: 8mm

ECG: 8mm

ECG: 8mm

# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (32 M)

ID: 4257

Date: 04-Sep-24

Exec Time: 7 m 40 s

Stage Time: 1 m 40 s

HR: 101 bpm

Protocol: Bruce

Stage: Peak Ex.

Speed: 2.4 mph

Grade: 14 %

(THR: 150 bpm)

B.P.: 100 / 60

ST Level (mm)    ST Slope (mv / s)

ST Level (mm)    ST Slope (mv / s)

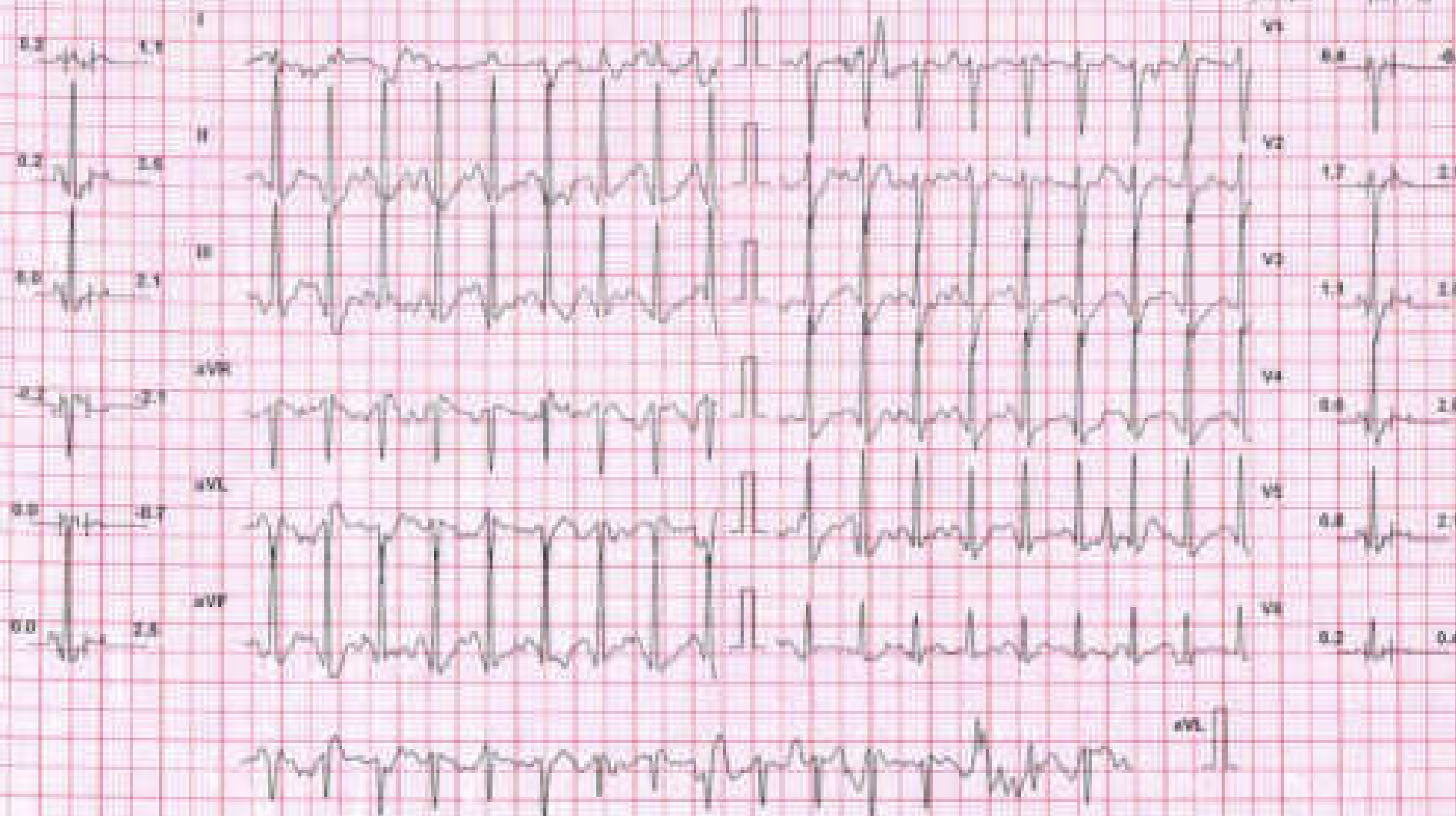


Chart Speed: 25 mm/sec  
Sens: 10 mm

Paper: 30 Hz

Mass Fil: ON

Amp: 10 mm

W-R: 0.5mV

J-R: 0.5mV

PR: 1.5mV



# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (32 M)

ID: 4007

Date: 04-Sep-24

Exam Time: 7:40 a.m.

Stage Time: 2 m 0 s

HR: 117 bpm

Protocol: Stage

Stage: Recovery(1)

Speed: 0 mph

Grade: 0%

(TFR: 100 bpm)

BP: 100 / 100

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)

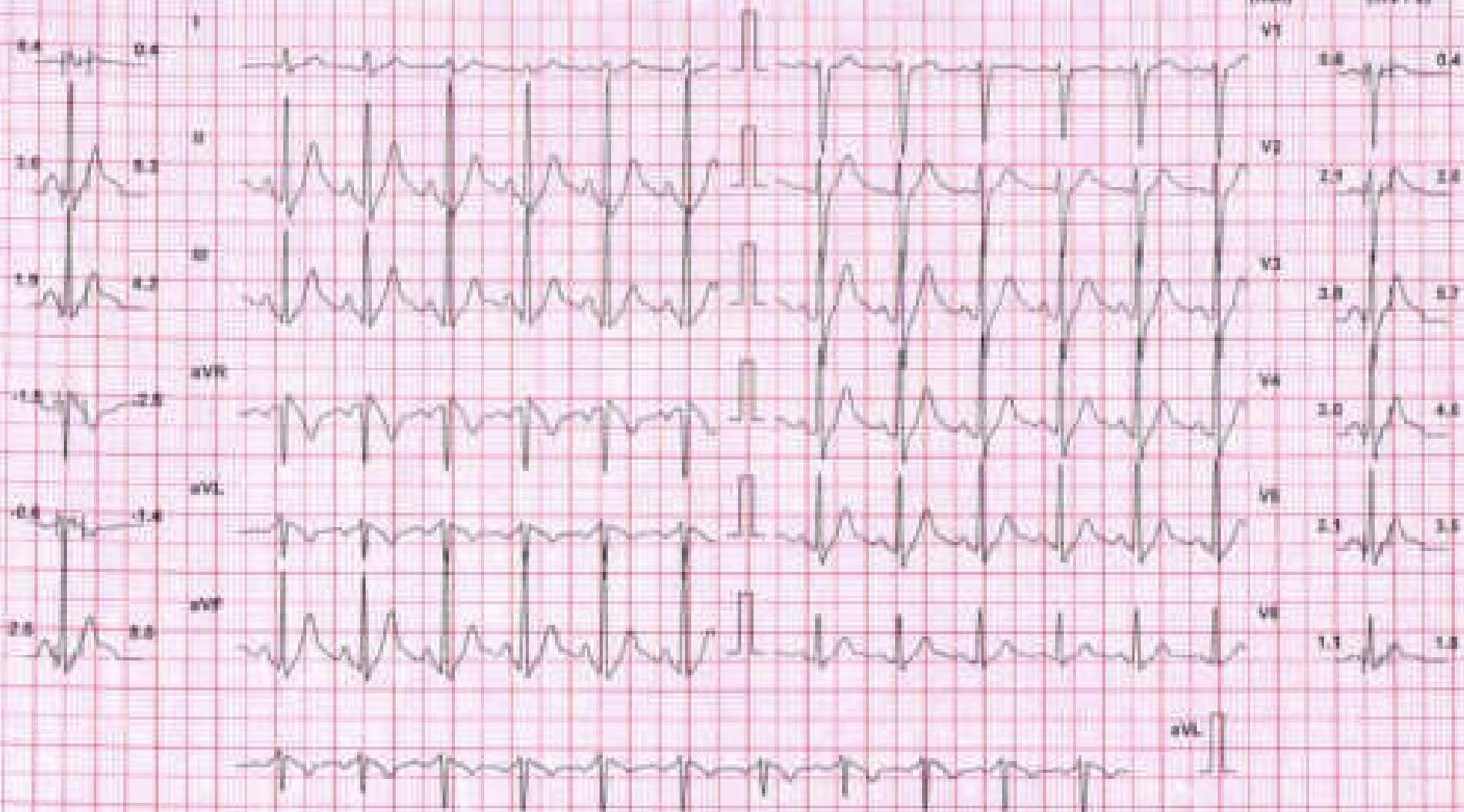


Chart Speed: 25 mm/sec

Paper: 25 Hz

Main Fil: ON

Ampl: 10 mm

12-12-24 11:47:00

Amol Teli

Scale: Standard 1:1

# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (32 M)

ID: 4307

Date: 04-Sep-24

Exec Time: 7 m 40 s

Stage Time: 2 m 0 s

HR: 109 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0%

(THR: 168 bpm)

B.P: 140 / 90



Chart Speed: 25 mm/sec

Filter: 35 Hz

Main: Fil: Off

Ampl: 10 mm

W-P: 25 mm

J-T: 25 mm

P-Q: 25 mm

Scale: Standard (1:1)

# SEABIRD MEDICARE CENTRE POWAI

AMOL TELI (32 M)

ID: 4207

Date: 04-Sep-04 Exec Time: 7m40s Stage Time: 2m0s HR: 103 bpm

Protocol Name:

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 105 bpm)

BP: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)



Chart Speed: 25 mm/sec  
Scale: 1mm = 1mV

Filter: 35 Hz    Main Filter: ON    Amp: 10 mm    PR = 160ms    QT = 360ms    QTc = 340ms