Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

Name: Mrs. Aparna Gwase Date: 8/01/24

Age: 32y Sex: M/F Weight: 42.5 kg Height: 144.9 inc BMI: 20.2

BP: 120/90 mmHg Pulse: 88 bpm RBS: mg/dl

SPO2 - 99% LMP - 29/12/23

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:49 am	**Report Date**	: 08-Jan-24 11:42 am

HAEMOGRAM

Parameter	Specimen	Results	Biological Reference	Method
Haemoglobin	Blood	13.8	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		40.5	36.0 - 46.0 %	Calculated
RBC Count		4.75	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		85	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.1	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.1	31.5 - 35.0 g/l	Calculated
RDW		13.3	11.5 - 14.0 %	Calculated
Platelet count		255	150 - 450 10^3/cumm	Impedance
WBC Count		5300	4000 - 11000 cells/cumm	Impedance
DIFFERENTIAL COUNT				
Neutrophils		60.3	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		33.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.1	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		3.0	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		3195.9	2000 - 7000 /cumm	Calculated

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:49 am	**Report Date**	: 08-Jan-24 11:42 am

Parameter	Specimen	Results	Biological Reference	Method
Absolute Lymphocyte Count		1780.8	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		164.3	20 - 500 /cumm	Calculated
Absolute Monocyte Count		**159**	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
PERIPHERAL SMEAR				
RBC		Normochromic Normocytic		
WBC		As Above		
Platelets		Adequate		
E S R		13	0 - 20 mm/hr	Automated Westergren's Method

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST

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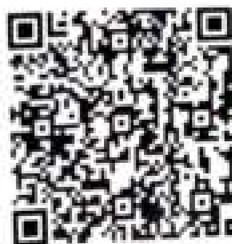

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. APARNA WASE	**Age / Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:46 am	**Report Date**	: 08-Jan-24 11:42 am

Parameter	Specimen	Results	Biological Reference	Method
Fasting Plasma Glucose	Plasma	78	< 100 mg/dl	GOD/POD,Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.7	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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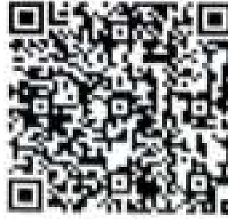

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 12:23 pm	**Report Date**	: 08-Jan-24 01:57 pm

Parameter	**Specimen**	**Results**	**Biological Reference**	**Method**
Post Prandial Plasma Glucose	Plasma	75	< 140 mg/dl	GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If,
Fasting =/>126 mg/dl
Random/2Hrs.OGTT=/>200 mg/dl
Impaired Fasting = 100-125 mg/dl
Impaired Glucose Tolerance = 140-199 mg/dl

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:49 am	**Report Date**	: 08-Jan-24 11:42 am

LIPID PROFILE

Parameter	Specimen	Results		Method
Total Cholesterol	Serum	189	< 200 mg/dl	Enzymatic(CHE/CHO/POD)
Triglycerides		56	< 150 mg/dl	Enzymatic (Lipase/GK/GPO/POD)
HDL Cholesterol Direct		75	> 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
LDL Cholesterol Direct		94.81	< 100 mg/dl	Enzymatic
VLDL Cholesterol		11	< 30 mg/dl	Calculated
Tot Chol/HDL Ratio		3	3 - 5	Calculation

Intiate therapeutic		Consider Drug therapy	LDC-C
CHD OR CHD risk equivalent Multiple major risk factors conferring 10 yrs CHD risk>20%	>100	>130, optional at 100-129	<100
Two or more additional major risk factors,10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	<130
No additional major risk or one additional major risk factor	>160	>190,optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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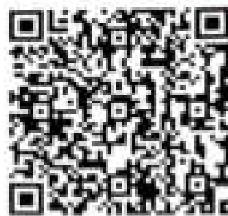

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:49 am	**Report Date**	: 08-Jan-24 11:42 am

LIVER FUNCTION TEST(LFT)

Parameter	Specimen	Results	Biological Reference	Method
Total Bilirubin	Serum	0.72	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.21	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.51	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase		**178**	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		25	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		32	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		**8.34**	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.45	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.89	2.0 - 4.0 gm/dl	Calculated
A/G Ratio		1.1		

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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CONSULTANT PATHOLOGIST

KIMS-KINGSWAY HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:49 am	**Report Date**	: 08-Jan-24 11:42 am

Parameter	Specimen	Result Values	Biological Reference	Method
RFT				
Blood Urea	Serum	16	15.0 - 36.0 mg/dl	
Creatinine		0.5	0.52 - 1.04 mg/dl	
GFR		127.7	>90 mL/min/1.73m square.	
Sodium		143	136 - 145 mmol/L	
Potassium		4.08	3.5 - 5.1 mmol/L	Direct ion selective electrode
THYROID PROFILE				
T3		**1.74**	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.64	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		0.63	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 12:36 pm	**Report Date**	: 08-Jan-24 01:55 pm

URINE SUGAR

Parameter	Result Values
Urine Glucose	Negative
NOTE:	urine sugar postmeal

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD

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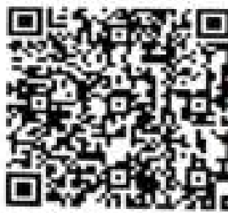

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CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 10:31 am	**Report Date**	: 08-Jan-24 11:53 am

Parameter	Specimen	Results		Method
URINE MICROSCOPY				
PHYSICAL EXAMINATION				
Volume	Urine	30 ml		
Colour.		Pale yellow		
Appearance		Clear	Clear	
CHEMICAL EXAMINATION				
Reaction (pH)	Urine	7.0	4.6 - 8.0	Indicators
Specific gravity		1.005	1.005 - 1.025	ion concentration
Urine Protein		Negative	Negative	protein error of pH indicator
Sugar		Negative	Negative	GOD/POD
Bilirubin		Negative	Negative	Diazonium
Ketone Bodies		Negative	Negative	Legal's est Principle
Nitrate		Negative	Negative	
Urobilinogen		Normal	Normal	Ehrlich's Reaction
MICROSCOPIC EXAMINATION				
Epithelial Cells	Urine	0-1	0 - 4 /hpf	Manual
R.B.C.		Absent	0 - 4 /hpf	
Pus Cells		0-1	0 - 4 /hpf	
Casts		Absent	Absent	
Crystals		Absent		
USF(URINE SUGAR FASTING)				
Urine Glucose	Urine	Negative		STRIP

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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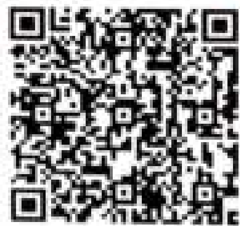

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HOSPITALS

CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name	: Mrs. APARNA WASE	**Age /Gender**	: 32 Y(s)/Female
Bill No/ UMR No	: BIL2324068005/UMR2324033094	**Referred By**	: Dr. Vimmi Goel MBBS,MD
Received Dt	: 08-Jan-24 09:49 am	**Report Date**	: 08-Jan-24 11:42 am

BLOOD GROUPING AND RH

Parameter	Specimen	Results	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" O "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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KIMS-KINGSWAY HOSPITALS

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	APARNA WASE	STUDY DATE	08-01-2024 10:55:20
AGE/ SEX	32Y1D / F	HOSPITAL NO.	UMR2324033094
ACCESSION NO.	BR.2324068005-10	MODALITY	DX
REPORTED ON	08-01-2024 12:28	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.

DR.R KHANDELWAL

SENIOR CONSULTANT

MD, RADIODIAGNOSIS [MMC-55870]

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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CIN: U74999MH2018PTC303510

KIMS-KINGSWAY
HOSPITALS

PATIENT NAME:	MRS. APARNA WASE	AGE /SEX:	32 YRS/F
UMR NO:	2324033094	BILL NO:	2324068005
REF BY	DR. VIMMI GOEL	DATE:	08/01/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and shows normal echotexture.
No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No sludge or calculus seen.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

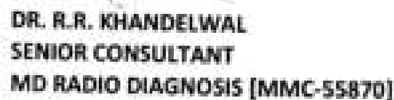
Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION -
No significant abnormality seen.
Suggest clinical correlation / further evaluation.



DR. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Aparna , Wase
Patient ID: 033094
Height:
Weight:
Study Date: 08.01.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 05.06.1991
Age: 32yrs
Gender: **Female**
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:
--

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:17	0.00	0.00	94	110/70	
	WARM-UP	**00:05**	**0.00**	**0.00**	94		
EXERCISE	STAGE 1	03:00	1.70	10.00	111	110/70	
	STAGE 2	02:19	2.50	12.00	139	110/70	
RECOVERY		01:00	0.00	0.00	94	120/70	
		02:00	0.00	0.00	90	120/70	
		00:13	0.00	0.00	83		

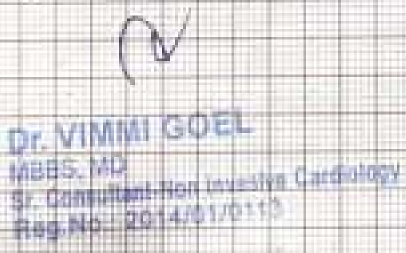
The patient exercised according to the BRUCE for 5:18 min:s, achieving a work level of Max. METS: 7.00. The **resting heart rate of 87** bpm rose to a maximal heart rate of 142 bpm. This value represents 75 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg , rose to a maximum blood pressure of 120/70 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: THR not achived.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Inconclusive.

Conclusions:

TMT is Inconclusive for inducible ischemia.
Poor effort toleranse.
Physical deconditioning noted.
To be correlated clinically.



MRS. APARNA WASE

Female

32 Years

08-Jan-24 12:33:04 PM

KIMS-KINGSWAY HOSPITALS

PHC DEPT.

Rate 81 . Sinus rhythm.......................................normal P axis, V-rate 50- 99

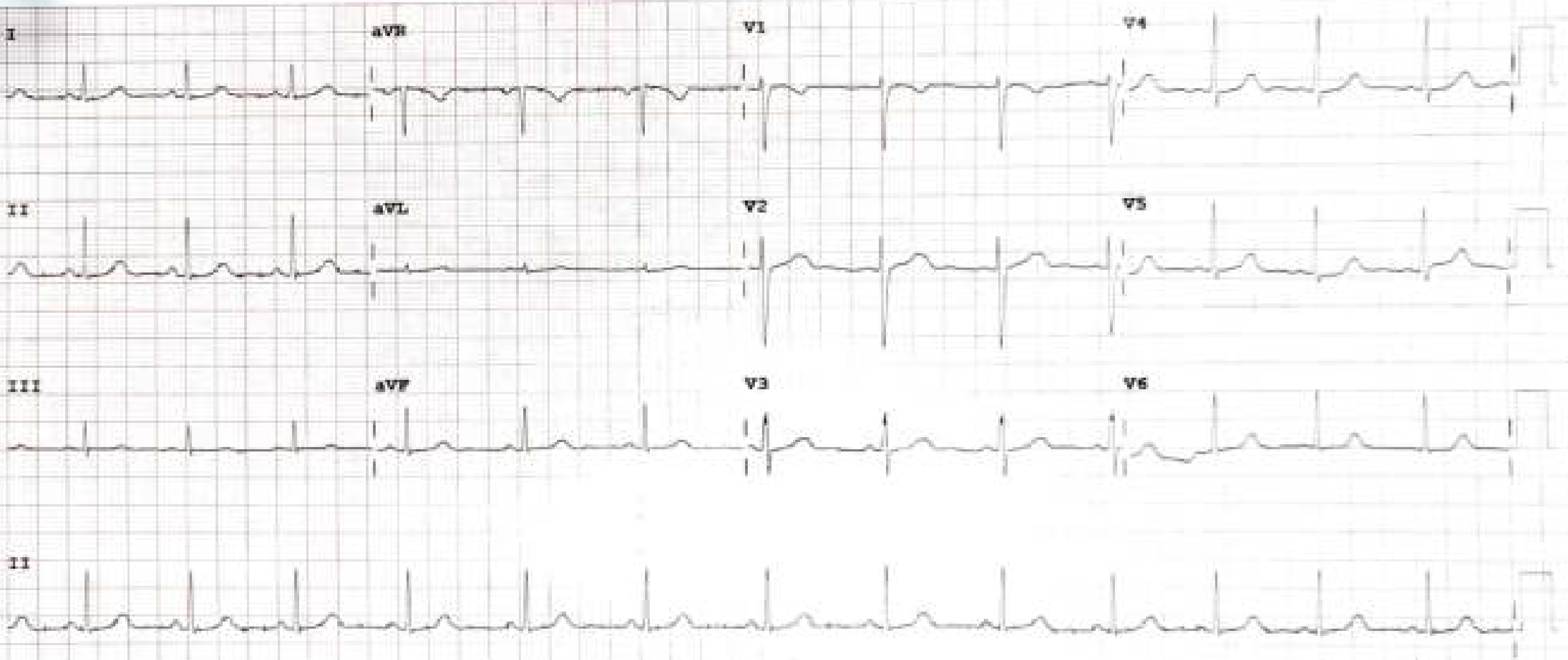
PR 121
QRSD 76
QT 360
QTc 418

--AXIS--
P 45
QRS 55
T 41

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W 100B CL P?