

Dr. Vimmi Goel

Head - Non Invasive Cardiology
Incharge - Preventive Health Care
MBBS, MD (Internal Medicine)
Reg. No: MMC- 2014/01/0113

Preventive Health Check up
KIMS Kingsway Hospitals
Nagpur
Phone No.: 7499913052

KIMS-KINGSWAY
HOSPITALS

Name: Mr. Gaurav Gokhe Date: 28/9/24

Age: 234 Sex: M/F Weight: 67.9 kg Height: 167.4 inc BMI: 24.02

BP: 121/77 mmHg Pulse: 66 /m bpm RBS: mg/dl

SpO2: 99%

((

((

Dr. Rahul Atara
BDS, MDS (Endodontics)
Reg. No: A-16347

Name: Mr. Gaurav Gokhe Date: 28/09/24
 Age: 23yrs. Sex: M/F ✓ Weight: _____ kg Height: _____ inc BMI: _____
 BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine dental checkup.

Habit of :- Betel Nut Chewing

PDH :- Crown $\bar{c} \frac{1}{12}$

O/E :- Partially impacted $\bar{c} \frac{+}{8}$

Stains +++

Calculus +

Advice :- - OPQ

- Complete oral prophylaxis

- Stoppage of Habit

Dr. Megha N.



KIMS - Kingsway Hospitals
(A Unit of SPANV Medresearch Lifesciences Pvt. Ltd.)
44, Kingsway, Near Kasturchand Park, Nagpur,
Maharashtra, India - 440001

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Email: assistance@kims-hospitals.com | Website: www.kimshospitals.com

**DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD**

GAURAV GOKHE 23YS(S) 0M(S) 0D(S)M MRNPOK23022002 XXXXXXXXXX	CONSULT DATE	28-09-2024	DR. ASHISH PRAKASHCHANDRA
	CONSULT ID	OPC2426072924	KAMBLE
	CONSULT TYPE	WALK IN	MBBS,MS, FVRS,FICO
	VISIT TYPE	NORMAL	CONSULTANT
	TRANSACTION TYPE	CASH	DEPT OPHTHALMOLOGY

VITALS

Temp : Pulse : BP (mmHg) : spO2 : Pain Score : Height :
- °F - /min - %RA - /10 - cms

Weight : BMI :

- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

#	Medicine	Route	Dose	Frequency	When	Duration
1	LUBRIST EYE DROPS 10ML	Eye	1-1-1-1	Every Day	NA	2 months
		Instructions : -				
		Composition : SODIUM HYALURONATE 0.1% WV				

NOTES

GLASS PRESCRIPTION :-

DISTANCE VISION

EYE SPH CYL AXIS VISION

RIGHT EYE 00 -1.25 5 6/6

LEFT EYE 00 -0.50 180 6/6

NEAR ADDITION

RIGHT EYE 00 N6

LEFT EYE 00 N6

REMARK-

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 28-09-2024 12:46:30



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

Patient Name : Mr. GAURAV GOKHE	Age /Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:57 am	Report Date : 28-Sep-24 11:58 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	14.2	13.0 - 17.0 gm%	Photometric
Haematocrit(PCV)		41.8	40.0 - 50.0 %	Calculated
RBC Count		4.12	4.5 - 5.5 Millions/cumm	Photometric
Mean Cell Volume (MCV)		102	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		34.6	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.1	31.5 - 35.0 g/l	Calculated
RDW		15.2	11.5 - 14.0 %	Calculated
Platelet count		311	150 - 450 10 ³ /cumm	Impedance
WBC Count		5000	4000 - 11000 cells/cumm	Impedance
<u>DIFFERENTIAL COUNT</u>				
Neutrophils		49.9	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes		38.5	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils		3.1	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes		8.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils		0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count		2495	2000 - 7000 /cumm	Calculated



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DEPARTMENT OF PATHOLOGY

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Received Dt : 28-Sep-24 09:57 am	Report Date : 28-Sep-24 11:58 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Absolute Lymphocyte Count		1925	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count		155	20 - 500 /cumm	Calculated
Absolute Monocyte Count		425	200 - 1000 /cumm	Calculated
Absolute Basophil Count		0	0 - 100 /cumm	Calculated
<u>PERIPHERAL SMEAR</u>				
Macrocytosis		Macrocytosis +(Few)		
WBC		As above		
Platelets		Adequate		
ESR		09	0 - 15 mm/hr	Automated Westergren's Method
*** End Of Report ***				

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11101027

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. GAURAV GOKHE	Age / Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:56 am	Report Date : 28-Sep-24 11:43 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	99	< 100 mg/dl	GOD/POD,Colorimetric
Post Prandial Plasma Glucose		84	< 140 mg/dl	GOD/POD, Colorimetric
GLYCOSYLATED HAEMOGLOBIN (HBA1C)				
HbA1c		4.9	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD

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Phone: +91 0712 6789100

CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. GAURAV GOKHE	Age /Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:57 am	Report Date : 28-Sep-24 11:43 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	172	Enzymatic(CHE/CHO/POD)
Triglycerides		49	
HDL Cholesterol Direct		60	
LDL Cholesterol Direct		97.59	
VLDL Cholesterol		10	
Tot Chol/HDL Ratio		3	

<u>Intiate therapeutic</u>	<u>Results</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129	<100
Multiple major risk factors conferring 10 yrs CHD risk >20%			
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130	<130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 >190, optional at 160-189	<160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100026

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CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mr. GAURAV GOKHE	Age / Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:57 am	Report Date : 28-Sep-24 11:43 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.25	0.2 - 1.3 mg/dl	
Direct Bilirubin		0.18	0.1 - 0.3 mg/dl	
Indirect Bilirubin		0.07	0.1 - 1.1 mg/dl	
Alkaline Phosphatase		70	38 - 126 U/L	
SGPT/ALT		18	10 - 40 U/L	
SGOT/AST		21	15 - 40 U/L	
Serum Total Protein		8.16	6.3 - 8.2 gm/dl	
Albumin Serum		4.86	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.30	2.0 - 4.0 gm/dl	
A/G Ratio		1.47		

*** End Of Report ***

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. GAURAV GOKHE
Age / Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:57 am
Report Date : 28-Sep-24 11:43 am

RFT

Parameter

Parameter	Specimen	Result Values	Biological Reference	Method
Blood Urea	Serum	25	19.0 - 43.0 mg/dl	Direct ion selective electrode
Creatinine		0.88	0.66 - 1.25 mg/dl	
GFR		123.9	>90 mL/min/1.73m square.	
Sodium		143	136 - 145 mmol/L	
Potassium		4.57	3.5 - 5.1 mmol/L	

*** End Of Report ***

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mr. GAURAV GOKHE
Age / Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:57 am
Report Date : 28-Sep-24 11:43 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.22	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		1.00	0.80 - 1.70 ng/dl	
TSH		3.69	0.50 - 4.80 uIU/ml	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mr. GAURAV GOKHE
Age /Gender : 23 Y(s)/Male
Bill No/ UMR No : BIL2425051521/MRNP2425022652
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 28-Sep-24 09:57 am
Report Date : 28-Sep-24 12:15 pm

BLOOD GROUPING AND RH

Parameter

BLOOD GROUP.

Specimen Results

EDTA Whole " O "
Blood &
Plasma/
Serum

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)
*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	GAURAV GOKHE	STUDY DATE	28-09-2024 12:11:16
AGE/ SEX	23Y1D / M	HOSPITAL NO.	MRNP2425022652
ACCESSION NO.	BIL2425051521-9	MODALITY	DX
REPORTED ON	28-09-2024 12:44	REFERRED BY	Dr. Vinod Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.

Dr. AVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST.


**KIMS-KINGSWAY
HOSPITALS**

PATIENT NAME:	GAURAV GOKHE	AGE /SEX:	23 YRS/MALE
UMR NO:	MRNP2425022652	BILL NO:	BIL2425051521-2
REF BY	DR VIMMI GOEL	DATE:	29/SEP/2024

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is minimally distended. No sludge or calculus seen.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size, shape and echoexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and shows normal parenchymal echogenicity.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is partially distended. No calculus or mass lesion seen.

Prostate is normal in size, shape and echotexture. Wt-18.4gms.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION:

- No significant visceral abnormality seen.
Suggest clinical correlation / further evaluation.



DR NAVEEN PUGALIA
MBBS, MD [076125]
SENIOR CONSULTANT RADIOLOGIST

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mr. Gaurav, Gokhe
Patient ID: 022652
Height:
Weight:
Study Date: 28.09.2024
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 10.09.1992
Age: 32yrs
Gender: Male
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Vimmi Goel
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:36	0.00	0.00	74	120/80	
	WARM-UP	00:21	0.00	0.00	75		
EXERCISE	STAGE 1	03:00	1.70	10.00	115	120/80	
	STAGE 2	03:00	2.50	12.00	141	120/80	
	STAGE 3	02:54	3.40	14.00	150	130/80	
RECOVERY		01:00	0.00	0.00	121	130/80	
		02:00	0.00	0.00	92	130/80	
		00:13	0.00	0.00			

The patient exercised according to the BRUCE for 8:54 mins, achieving a work level of Max. METS: 10.10. The resting heart rate of 77 bpm rose to a maximal heart rate of 157 bpm. This value represents 83 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 130/80 mmHg. The exercise test was stopped due to Fatigue.

Interpretation:

Summary: Resting ECG: normal.

Functional Capacity: normal.

HR Response to Exercise: THR not achieved.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

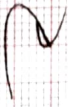
Arrhythmias: none.

ST Changes: none.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.


Dr. VIMMI GOEL
MBBS, MD
Sr. Consultant Non Invasive Cardiology
Reg. No. 2014/01/0113

23 Years MR GAURAV GOKHE Male

28-Sep-24 10:08:45 AM KIMS-KINGSWAY HOSPITALS PBC DEPT.

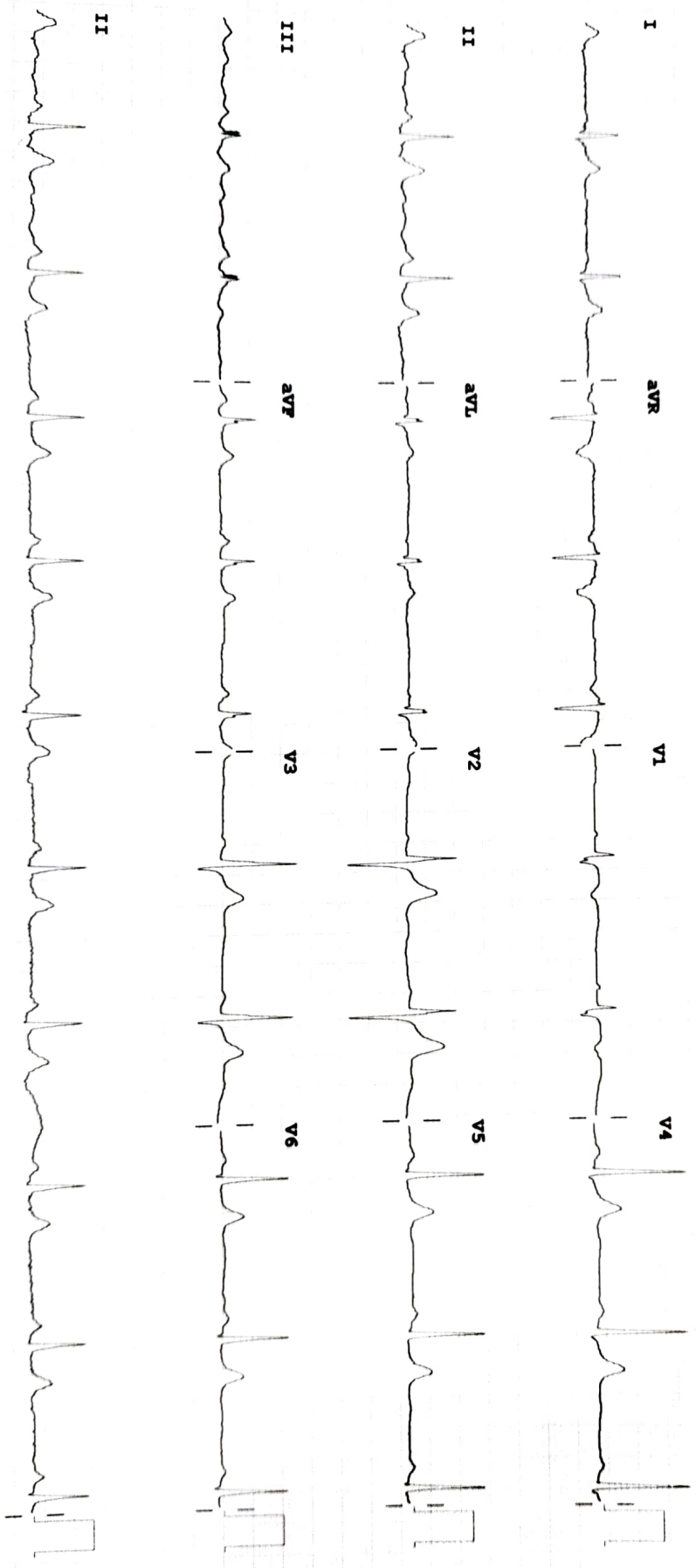
Rate 60 Sinus rhythm.....normal P axis, V-rate 50- 99

PR 148
QRSD 93
QT 372
QTc 372

--AXIS--
P 69
QRS 60
T 40
12 Lead: Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?

PHILIPS