

Name : Mrs. SHILPA YOGESH NIKHADE (47 /F)

Date : 20/01/2024

Address : 3 KASHY APT SAUBHAGYA NAGAR PUMPING STATION GANGAPUR ROAD  
NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA

Examined by :

UHID : MHN1.0000077103

Package : MediWheel Full Body Health Checkup Female Above 40  
Package

AHC No : NSKAH38634



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD



## DRUG ALLERGY

NO KNOWN ALLERGY :20/01/2024



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



## Past medical history

Do you have any - No  
allergies?



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married  
No. of children - 1  
Diet - Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



## Family history

Father - alive  
Aged - 72  
Mother - alive

Aged - 69  
Sisters - 2  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

General appearance - normal  
Build - normal  
Height - 155  
Weight - 65.9  
BMI - 27.43  
Pallor - No  
Oedema - no  
SpO2 - 99



### Cardiovascular system

Heart rate (Per minute) - 64  
Rhythm - Regular  
- B.P. Supine  
Systolic(mm of Hg) - 100  
Diastolic(mm of Hg) - 60  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Laxmi Kashinath Kahandole

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.030 *		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Absent			
Sugar:	Absent			
pH	5.0		●	4.6-8
Blood:	Absent			
Ketone	Absent			
Bile Pigments:	Absent			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-1/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	1-2/hpf	/hpf		

Monocytes	06	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	15	mm/1st hr	●	0-20

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	26 *	U/L	●	30-65
ALBUMIN - SERUM	3.9	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	4.0 *	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.0 *		●	1.1-1.8
ALKALINE PHOSPHATASE - SERUM/PLASMA	113 *	U/L	●	0-100

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.1	g/dl	●	11.0-16.0
Haematocrit	36.3	%	●	34.0-48.0
RBC COUNT	3.88	Million/ul	●	3.7-5.6
MCV	83.5	fl	●	75.0-95.0
MCH	31.1	pg	●	26.0-32.0
MCHC	35.2	g/dl	●	31.0-36.0
RDW	14.4	%	●	11-16
Platelet Count(Optical/Impedance)	255	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	7.33	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	60	%	●	40-75
Lymphocytes	31	%	●	20-45
Eosinophils	03	%	●	1-6

AST (SGOT) - SERUM	23	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.2	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	143	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.7	mg/dL	●	0.6-1.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 10 U/L ● 0-50

TOTAL T3: TRI IODOTHYRONINE - SERUM 140 ng/dL ●

Healthy Adults: 69 - 215  
Pregnant Women: 1st Trimester:121-308  
2nd & 3rd Trimesters:152-362

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name Result Unit Level Range  
Glucose - Plasma (Fasting) 88 mg/dL ● 70-100

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range  
Glucose - Plasma (POST PRANDIAL) 93 mg/dL ● 70-140

TOTAL T4: THYROXINE - SERUM 8.1 µg/dL ●

Healthy Adults: 5.2 - 12.7  
Pregnancy:1st Trimester:7.8 - 16.2  
2nd & 3rd Trimesters: 9.1 - 18.3

GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD

Test Name Result Unit Level Range  
Glycosylated Hemoglobin (HbA1c) 5.6 % ● 0.0-6.0  
Mean Plasma Glucose (MPG) Estimate: 122.0600 mg/dL

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range  
Triglycerides - Serum 43 mg/dL ● 0-150  
VLDL SERUM-CALCULATED 8.6000

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range  
HDL CHOLESTEROL - SERUM / PLASMA 59 mg/dL ● 40-60  
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated) 2.4 ● 0.0-4.5  
LDL Cholesterol (Direct LDL) 96 mg/dL

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range  
TSH: THYROID STIMULATING HORMONE - SERUM 1.0 uIU/mL ●  
Euthyroid: 0.3 - 4.5  
Hypothyroid: 7.1 - >75.0  
Pregnancy(All Trimesters):0.2 -3.5

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range  
PROTEIN, TOTAL - SERUM / PLASMA 7.9 g/dL ● 6.4-8.2

UREA - SERUM / PLASMA

Test Name Result Unit Level Range  
UREA - SERUM / PLASMA 45 \* mg/dL ● 15-38  
UREA NITROGEN SERUM/PLASMA: (Calculated) 21 \* mg/dL ● 7-18

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

URIC ACID - SERUM

Test Name Result Unit Level Range  
URIC ACID - SERUM 3.6 mg/dL ● 2.6-6.0

LIVER FUNCTION TEST (PACKAGE)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.1	mg/dL	●	0.0-0.7

**CARDIAC STRESS TEST - (TMT)**

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA

**ECG**

**MAMMOGRAPHY**

- 1) No significant abnormality is seen on this study.
- 2) BI – RADS - Category 1.

Suggest : Clinical correlation.

**ULTRASOUND - WHOLE ABDOMEN**

Post menopausal status with thickened endometrium.

No other significant abnormality is detected.

**X-RAY CHEST PA**

No significant abnormality is detected.

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

**Haematology**

STOOL ROUTINE

**Histopathology**

CERVICAL/VAGINAL SMEAR II SLIDE

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

3

### ACCEPTABLE SCORE

4

### Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

### Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

### DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**