

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Nedam Santal Benbansli on 01/08/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none"> • Medically Fit 	✓
<ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. <u>He is suffering from Anemia</u></p> <p>2.</p> <p>3.</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> • Currently Unfit. Review after _____ recommended 	
<ul style="list-style-type: none"> • Unfit 	

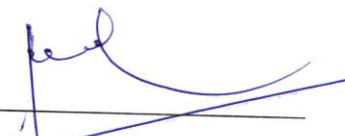
Dr. Mukul Arte
 Medical Officer
 The Apollo Clinic, (Location)

Dr. MUKUL ARTE MBBS, DNB
 Regn. No: 44293 (MMC)
 Approved By DG Shipping (GOI)
 Consultant in Marine Medicine & Aviation Medicine
 A-101/102, Heritage Plaza, Tall Cross Lane,
 Andheri East, Mumbai-400 009
SEA BIRD MEDICARE CENTRE

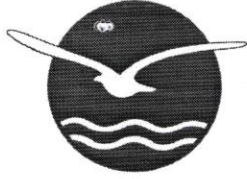
This certificate is not meant for medico-legal purposes.

MER- MEDICAL EXAMINATION REPORT

Date of Examination	1/8/24	
NAME	Neelam Benbarli	
AGE	21 yrs.	Gender
HEIGHT(cm)	151 cm	WEIGHT (kg)
B.P.	106/70 mmHg	
ECG	Normal	
X Ray	NAD	
Vision Checkup	Color Vision :	Normal
	Far Vision Ratio :	6/6 } uncorrected
	Near Vision Ratio :	N5 } uncorrected
Present Ailments	Nil	
Details of Past ailments (If Any)	Nil	
Comments / Advice : She / He is Physically Fit		
Gyn History :- (N)		


Signature with Stamp of Medical Examiner

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 A-101-102, Heritage Plaza, Teli Cross Lane,
 Andheri East, Mumbai-400 059
 SEA BIRD MEDICARE CENTRE



SEA BIRD MEDICARE CENTRE

Report ID : **NSBM18133337** Reg. : **01-Aug-2024**
Patient Name : **Ms. NEELAM SANTLAL BENWANSHI** Report Date : **01-Aug-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR. MUKUL ARTE** Age/Sex : **22 Year / Female**

CHEST X RAY REPORT

X-Ray No : 6271

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

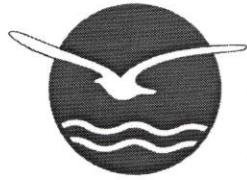
Proudly... Caring For You

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



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Report ID : **NSBM18133337**
Patient Name : **Ms. NEELAM SANTLAL BENWANSHI**
Rank :
Ref By : **DR. MUKUL ARTE**
Location : **SEA BIRD- ANDHERI**
Reg. : **01-Aug-2024**
Report Date : **01-Aug-2024**
Company Name : **M/S. APOLLO HEALTH AND**
Age/Sex : **22 Year / Female**

HEMATOLOGY

INVESTIGATION

Complete Blood Count

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
Haemoglobin	10.9	gm/dl	13-18 gm/dl
Total W.B.C	8600	/cu.mm	4000-11000 /cu.mm
Neutrophils	59	%	50-70 %
Lymphocytes	39	%	20-40 %
Eosinophils	02	%	0-7 %
Monocytes	00	%	0-8 %
Basophils	00	%	0-2 %
R.B.C Total	3.78	millions/cu .mm	4.5-5.5 millions/cu.mm
P.C.V	32.5	%	42-55 %
MCV	86.2	femolitre	80-96 femolitre
MCH	29.0	picogram	27-33 picogram
MCHC	33.6	%	32-36 %
W.B.C Morphology	Normal		
Platelet Count	278000	/cu.mm	150000-450000 /cu.mm
Blood Group			
Blood Group	O Positive		
ESR			
ESR	25	mm/hr	0-15 mm/hr

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


DR.SANDIP MOHANRAO HUDDEDAR
MBBS, DCP
Pathologist


M O I C

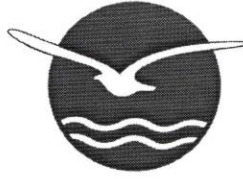

SONALI VASANT ADELKAR
Lab Technician

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Age/Sex : **22 Year / Female**

BIO-CHEMISTRY

INVESTIGATION

Liver Function Test

	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
SGPT	11	IU/L	9-43 IU/L
Sr.Bilirubin (T)	1.0	mg/dl	0.2-1.2 mg/dl
Sr.Bilirubin (D)	0.2	mg/dl	0.0-0.3 mg/dl
Sr.Bilirubin (I)	0.8	mg/dl	

Renal Function Test

BUN	8.4	mg/dl	6-21 mg/dl
Sr.Creatinine	0.7	mg/dl	0.7-1.4 mg/dl

Blood Sugar Estimation

Fasting Blood Sugar	82	mg/dl	70-110 mg/dl
Fasting Urine Sugar	Absent		
Post Prandial Blood Sugar	94	mg/dl	70-140 mg/dl
Post Prandial Urine Sugar	Absent		
BUN/Creatinine Ratio	12.0		

---END OF REPORT---

Kindly Correlate with clinical conditions.

Remark : ---


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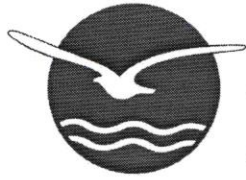

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Patient Name : Ms. NEELAM SANTLAL BENWANSHI

Rank :

Ref By : DR. MUKUL ARTE

Location : SEA BIRD- ANDHERI

Reg. : 01-Aug-2024

Report Date : 01-Aug-2024

Company Name : M/S. APOLLO HEALTH AND

Age/Sex : 22 Year / Female

URINE ROUTINE

<u>INVESTIGATION</u>	<u>OBSERVED VALUE</u>	<u>UNITS</u>	<u>REFERENCE RANGE</u>
Colour	PALE YELLOW		PALE YELLOW
Appearance	CLEAR		CLEAR
Specific Gravity	1.015		1.030
pH	ACIDIC		ACIDIC
Odour	AROMATIC		AROMATIC
Proteins (UR)	ABSENT		ABSENT
Sugar	ABSENT		ABSENT
Bile Salts	ABSENT		ABSENT
Bile Pigments	ABSENT		ABSENT
Ketones (UR)	ABSENT		ABSENT
Occult Blood	ABSENT		ABSENT
Urobilinogen(UR)	ABSENT		ABSENT
Pus Cells (UR)	2-3	/hpf	2-3/hpf
RBC cells	ABSENT	/hpf	2-3/hpf
Epithelial Cells	1-2	/hpf	1-2/hpf
Casts (UR)	ABSENT	/hpf	
Crystals	ABSENT	/hpf	
Bacteria (UR)	ABSENT		ABSENT
Others (UR)	ABSENT		ABSENT

---END OF REPORT---

Kindly Correlate with clinical conditions.

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सत्यमेव जयते
भारत सरकार

आधार

भारत सरकार
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

नामांकन क्रम / Enrollment No. : 0662/20227/82722

To

Neelam Santlal Benwanshi

नीलम संतलाल बेनवंशी

D/O Santlal Benwanshi,

NXB/36, trimurti chawl, suryanagar, vikroli west,

VTC: Tagore Nagar, PO: Tagore Nagar,

District: Mumbai,

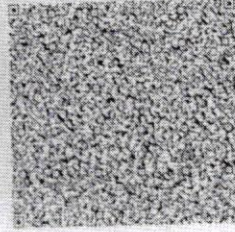
State: Maharashtra, PIN Code: 400083,

Mobile: 8108771096

75884320



KF758843208FI



आपका आधार क्रमांक / Your Aadhaar No. :

9309 9992 4832

मेरा आधार, मेरी पहचान



भारत सरकार
Government of India



Issue Date: 04/02/2012



नीलम संतलाल बेनवंशी

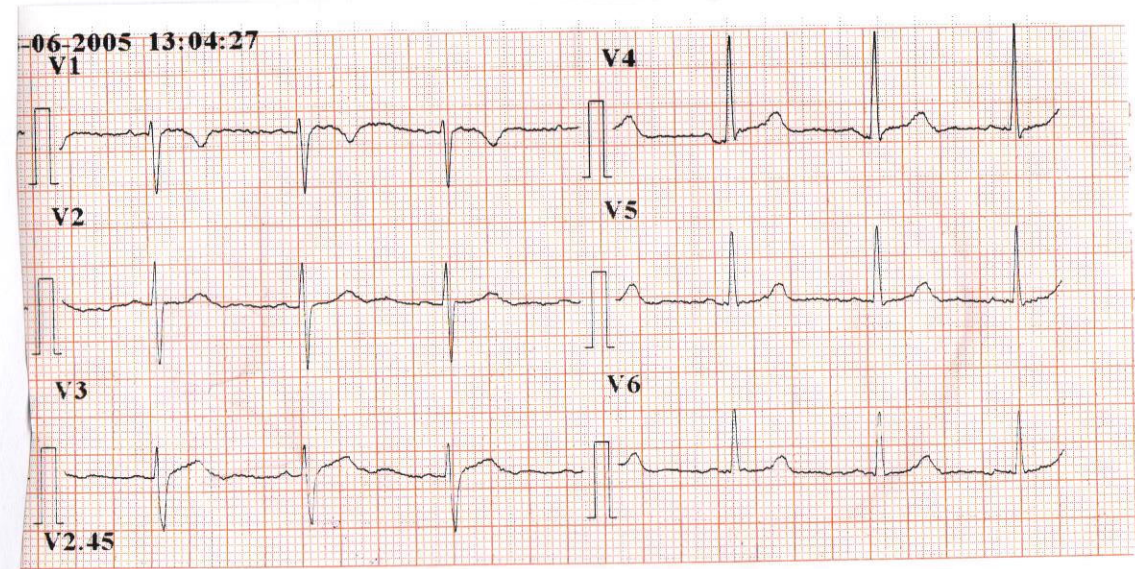
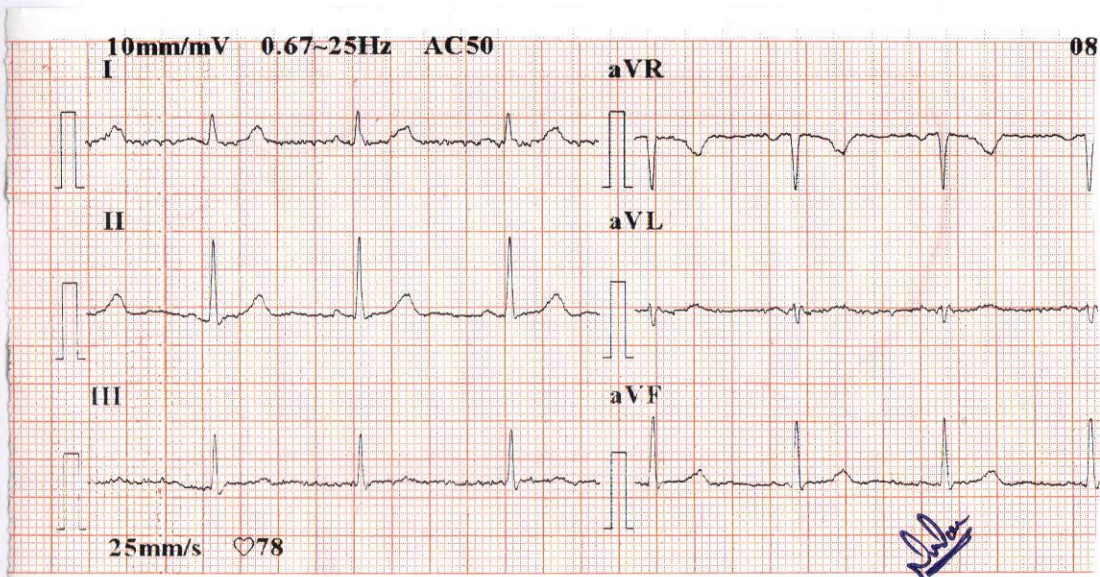
Neelam Santlal Benwanshi

जन्म तिथि / DOB: 15/05/2002

महिला / Female

9309 9992 4832

मेरा आधार, मेरी पहचान



E. C. G. REPORT

Rate _____ Q. WAVE _____

THM _____ Regular _____ QRS COMPLEX _____ N

STAGE _____ N _____ ST. SEGMENT _____ iso. electric

WAVE _____ N _____ T. WAVE _____

INTERVAL _____

MARKS _____ wave _____

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SEA BIRD MEDICARE CENTRE

ELECTROCARDIOGRAPHIC REPORT



Sea Bird
Sea Bird Medicare Centre

NAME _____ Mr. Neelam Santlal Benwanshi

AGE _____ 21y _____ DATE _____ 01/08/2024

- 102, Heritage Plaza, Telli Cross Lane, Nr. Andheri (E) Stn., Andheri (East), Mumbai - 400 069.
Tel.: 2682 1823, 5578 3905
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076
Tel.: 2570 4157