



ZENA
Healthcare Services
Professional | Accuracy | Precision

Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES

(A Unit of Zena Enterprises)

Patient Name : MR. BISWARANJAN MOHAPATRA

Age / Gender : 37 years / Male

Patient ID : 20288

Referral : MEDI WHEEL

Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 09/03/2024, 02:54 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
Glucose, Fasting (FBS)			
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	93.39	75 - 115	mg/dL
Glucose, Post Prandial (PP)			
Blood Glucose-Post Prandial Method : Hexokinase	103.68	70 - 140	mg/dL
BUN, Serum			
BUN-Blood Urea Nitroge Method : Serum, Urease	12	10 - 50	mg/dL
Uric acid, Serum			
Uric Acid Method : Uricase, Colorimetric	4.86	3.4 - 7.0	mg/dL
Creatinine			
Creatinine Method : Serum, Jaffe	0.71	0.60 - 1.30	mg/dL
Blood Group ABO & Rh Typing, Blood			
Blood Group (ABO typing) Method : Manual-Hemagglutination	"O"		
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive		

END OF REPORT

Lab technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

Website : www.zenahealthcare.com

Wishing Good Health



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Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 08/03/2024, 02:52 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
Lipid Profile			
Cholesterol-Total Method : Spectrophotometry	204.93	Desirable level < 200 Borderline High 200-239 High >or = 240	mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	166.25	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500	mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	51.23	Normal: > 40 Major Risk for Heart: < 40	mg/dL
LDL Cholesterol Method : Enzymatic selective protection	120.45	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190	mg/dL
VLDL Cholesterol Method : Serum, Enzymatic	33.25	6 - 38	mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	4.00	3.5 - 5.0	
LDL/HDL Ratio Method : Serum, Enzymatic	2.35	2.5 - 3.5	

Note:

8-10 hours fasting sample is required.

END OF REPORT

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Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 08/03/2024, 02:55 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
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HbA1c, Glycosylated Hemoglobin

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD	5.23		%
Method : (HPLC, NGSP certified)			
Estimated Average Glucose :	103.40		mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183
9	212

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Referral : MEDI WHEEL

Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 08/03/2024, 02:55 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
10	240		
11	269		
12	298		

ESR, Erythrocyte Sedimentation Rate

ESR - Erythrocyte Sedimentation Rate 12 0 - 15 mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

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Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 08/03/2024, 02:57 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
Complete Blood Count			
Hemoglobin (Hb)	13.67	13.5 - 18.0	gm/dL
Erythrocyte (RBC) Count	4.96	4.7 - 6.0	mil/cu.mm
Packed Cell Volume (PCV)	42.65	42 - 52	%
Mean Cell Volume (MCV)	85.99	78 - 100	fL
Mean Cell Haemoglobin (MCH)	27.56	27 - 31	PG
Mean Corpuscular Hb Concn. (MCHC)	32.05	32 - 36	g/dL
Red Cell Distribution Width (RDW)	12.1	11.5 - 14.0	%
Total Leucocytes (WBC) Count	5300	4000-10000	cell/cu.mm
Neutrophils	69	40 - 80	%
Lymphocytes	26	20 - 40	%
Monocytes	03	2 - 10	%
Eosinophils	02	1 - 6	%
Basophils	00	1-2	%
Platelet Count	295	150 - 450	10 ³ /ul
Mean Platelet Volume (MPV)	8.3	7.2 - 11.7	fL
PCT	0.24	0.2 - 0.5	%
PDW	16.3	9.0 - 17.0	%

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Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 08/03/2024, 02:55 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
Thyroid Profile (T3, T4, TSH)			
T3-Total Method : CLIA	0.98	0.87 - 2.73	ng/dL
T4-Total Method : CLIA	6.75	6.09 - 12.23	ug/dL
TSH-Ultrasensitive Method : CLIA	0.82	0.45 - 4.50	uIU/mL

Interpretation

TSH	T3	T4	Suggested Interpretation for the Thyroid Function Tests Pattern
Raised	Within range	Within range	Raised Within Range Within Range .Isolated High TSH especially in the range of 4.7 to 15 mIU/ml is commonly associated with Physiological & Biological TSH Variability. Subclinical Autoimmune Hypothyroidism. Intermittent L4 therapy for hypothyroidism .Recovery phase after Non-Thyroidal illness'
Raised	Decreased	Decreased	Chronic Autoimmune Thyroiditis Post thyroidectomy, Post radioiodine Hypothyroid phase of transient thyroiditis'
Raised or within range	Raised	Raised or within range	Interfering antibodies to thyroid hormones (anti-TPO antibodies) Intermittent L4 therapy or T4 overdose •Drug interference- Amiodarone, Heparin, Beta blockers, steroids, anti-epileptics.
Decreased	Raised or within range	Raised or within range	Isolated Low TSH -especially in the range of 0.1 to 0.4 often seen in elderly & Range Range associated with Non-Thyroidal illness .Subclinical Hyperthyroidism .Thyroxine ingestion'
Decreased	Decreased	Decreased	Central Hypothyroidism .Non-Thyroidal illness .Recent treatment for Hyperthyroidism (TSH remains suppressed)'
Decreased	Raised	Raised	Primary Hyperthyroidism (Graves' disease). Multinodular goitre, Toxic nodule •Transient thyroiditis. Postpartum, Silent (lymphocytic), Postviral (granulomatous, subacute, DeQuervain's), Gestational thyrotoxicosis with hyperemesis gravidarum'
Decreased Within Rang	Raised	Within range	T3 toxicosis •Non-Thyroidal illness
Within range	Decreased	Within range	Isolated Low T3 -often seen in elderly & associated Non-Thyroidal illness In elderly the drop in T3 level can be upto 25%.

****END OF REPORT****

Lab technician

Kundan
Dr. Kundan Kumar Sahoo
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Reporting Time : 08/03/2024, 02:53 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
LFT, Liver Function Test			
Bilirubin - Total Method : Serum, Jendrassik Grof	0.53	0.00 - 1.00	mg/dL
Bilirubin - Direct Method : Serum, Diazotization	0.13	0.00 - 0.20	mg/dL
Bilirubin - Indirect Method : Serum, Calculated	0.40	0.10 - 0.80	mg/dL
SGOT Method : Serum, UV with P5P, IFCC 37 degree	16.35	8 - 33	U/L
SGPT Method : Serum, UV with P5P, IFCC 37 degree	23.58	3 - 35	U/L
GGT-Gamma Glutamyl Transpeptidase Method : Serum, G-glutamyl-carboxy-nitroanilide	7.23	< 55	U/L
Alkaline Phosphatase Method : PNPP-AMP Buffer/Kinetic	89.34	53-128	U/L
Total Protein Method : Serum, Biuret, reagent blank end point	7.02	6.60 - 8.70	g/dL
Albumin Method : Serum, Bromocresol green	3.96	3.50 - 5.30	g/dL
Globulin Method : Serum, EIA	3.06	2.00-3.50	g/dL
A/G Ratio Method : Serum, EIA	1.29	1.2 - 2.2	

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Lab technician

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NAME:-BISWARANJAN MOHAPATRA
AGE:-37YRS

REFERRAL:-MEDI-WHEEL

Patient ID:-02

DATE :-03.03.2024
SEX :-MALE

CHEST X-RAY PA VIEW SHOWS.

- Both side lung fields are clear.
- Trachea within normal limit.
- Both costophrenic cardiophrenic angle are clear.
- Cardiac shadow within normal limit.
- Media stinum in position

IMPRESSION:-NORMAL STUDY.

Dr. Bhagaban Pradhan
M.D.(Radio diagnosis)

Consultant Radiologist

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Wishing Good Health

ID: 1719 CASE

AGE: 37Y M D

Cms Kg

BISWARANJAN MOHAPATRA

MALE

03/03/2024 10:10:27

ZENA HEALTHCARE

PLOT-119, SAHIDNAGAR, BHUBANESWAR

HR	109 bpm	SINUS RHYTHM
P-R	547 ms	LOW QRS VOLTAGES IN PRECORDIAL LEADS
P-R	158 ms	
QRS	76 ms	
QT	310 ms	
QTc	396 ms	

--AXIS--

P 57°

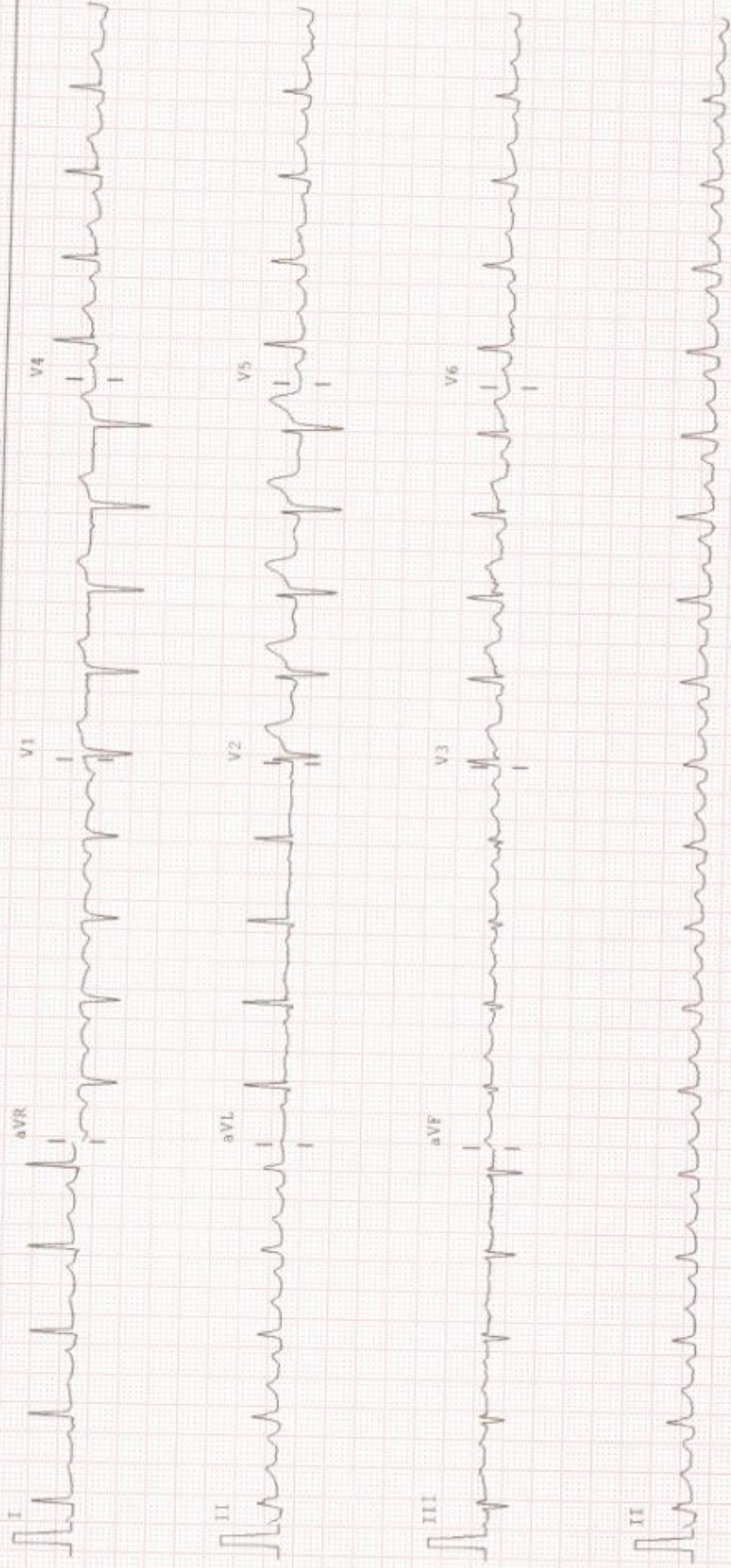
QRS 24°

T 62°

12 SL: REPORT FORMAT: 3x4+1L SQ

REF

Dr.



25mm/sec 10mm/mV Notch ON

BLC ON

0.05-35Hz

ALLENGERS PISCES 1012/VER-1.91 CLINICALLY CORRELATE THE FINDINGS



766 / BISWARANJAN MOHAPATRA / 37 Yrs / M / 168 Cms / 83 Kg Date: 03-Mar-2024 Refd By : MEDI WHEEL Examined By:

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:29	0:29	00.0	00.0	01.0	089	49 %	114/76	101	00	
Standing	00:47	0:18	00.0	00.0	01.0	093	51 %	114/76	106	00	
HV	01:06	0:18	00.0	00.0	01.0	085	46 %	114/76	096	00	
ExStart	01:24	0:18	00.0	00.0	01.0	094	51 %	114/76	107	00	
BRUCE Stage 1	04:24	3:00	01.7	10.0	04.7	144	79 %	115/76	165	00	
BRUCE Stage 2	07:24	3:00	02.5	12.0	07.1	169	92 %	116/78	196	00	
BRUCE Stage 3	10:24	3:00	03.4	14.0	10.2	179	98 %	118/79	211	00	
PeakEx	10:30	0:06	01.1	00.0	10.3	180	98 %	118/79	212	00	
Recovery	11:00	0:30	01.1	00.0	07.3	174	95 %	118/79	205	00	
Recovery	11:30	1:00	01.1	00.0	04.3	169	92 %	117/79	197	00	
Recovery	13:30	3:00	00.0	00.0	01.0	122	67 %	117/78	142	00	
Recovery	15:38	5:08	00.0	00.0	01.0	115	63 %	115/76	132	00	

FINDINGS :

- Exercise Time : 09:06
- Max HR Attained : 180 bpm-98% of Target-183
- Max BP Attained : 118/79
- Max WorkLoad Attained : 10.3 Good response to induced stress
- Test End Reasons : Test Complete

REPORT :



ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

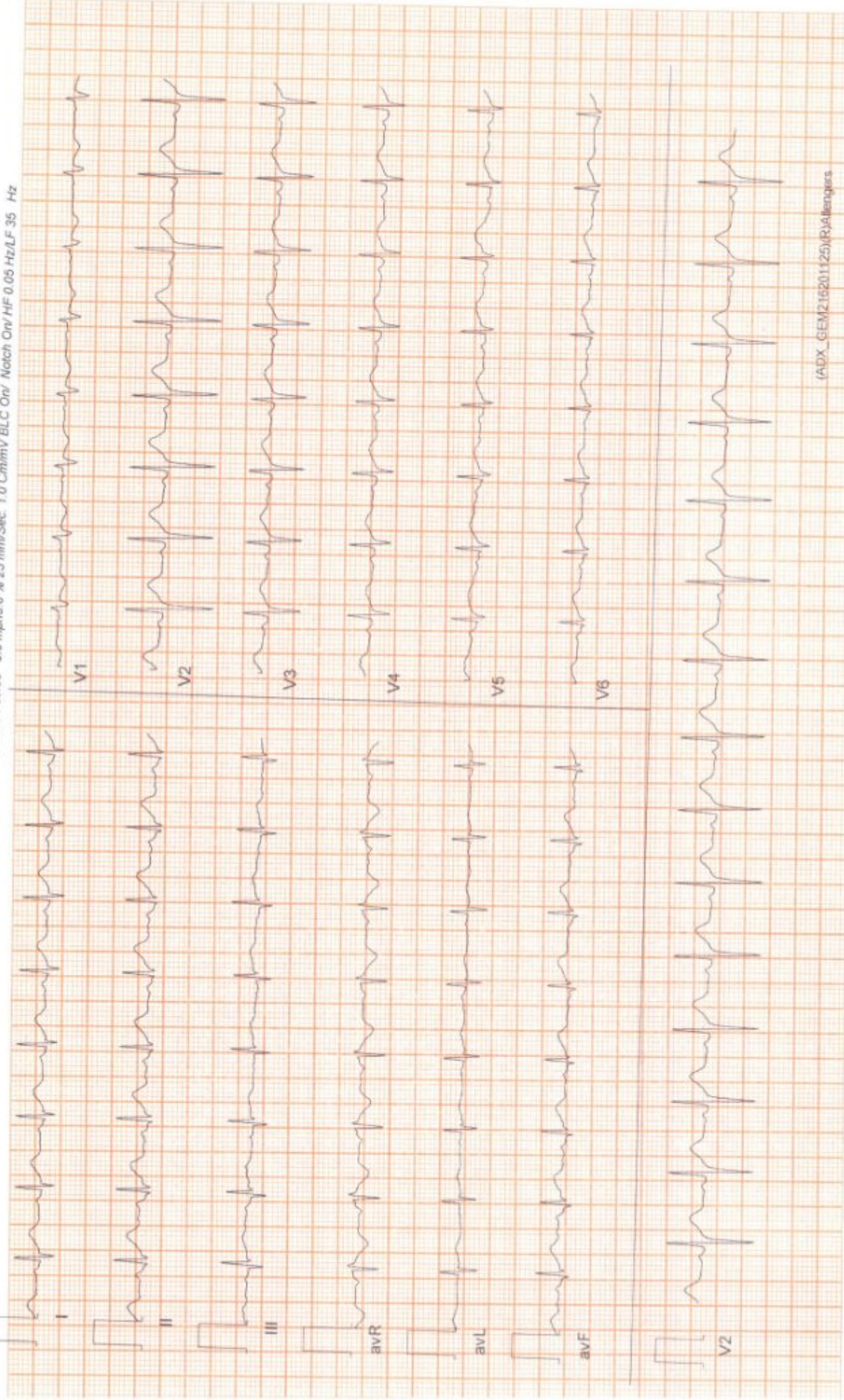
6 x 2 + Rhythm

BRUCE:Supine(0:29)



Date: 03 - 03 - 2024 11:11:18 AM METs : 1.0 HR : 89 Target HR : 49% of 183 BP : 114/76

ExTime : 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(RJA)englers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

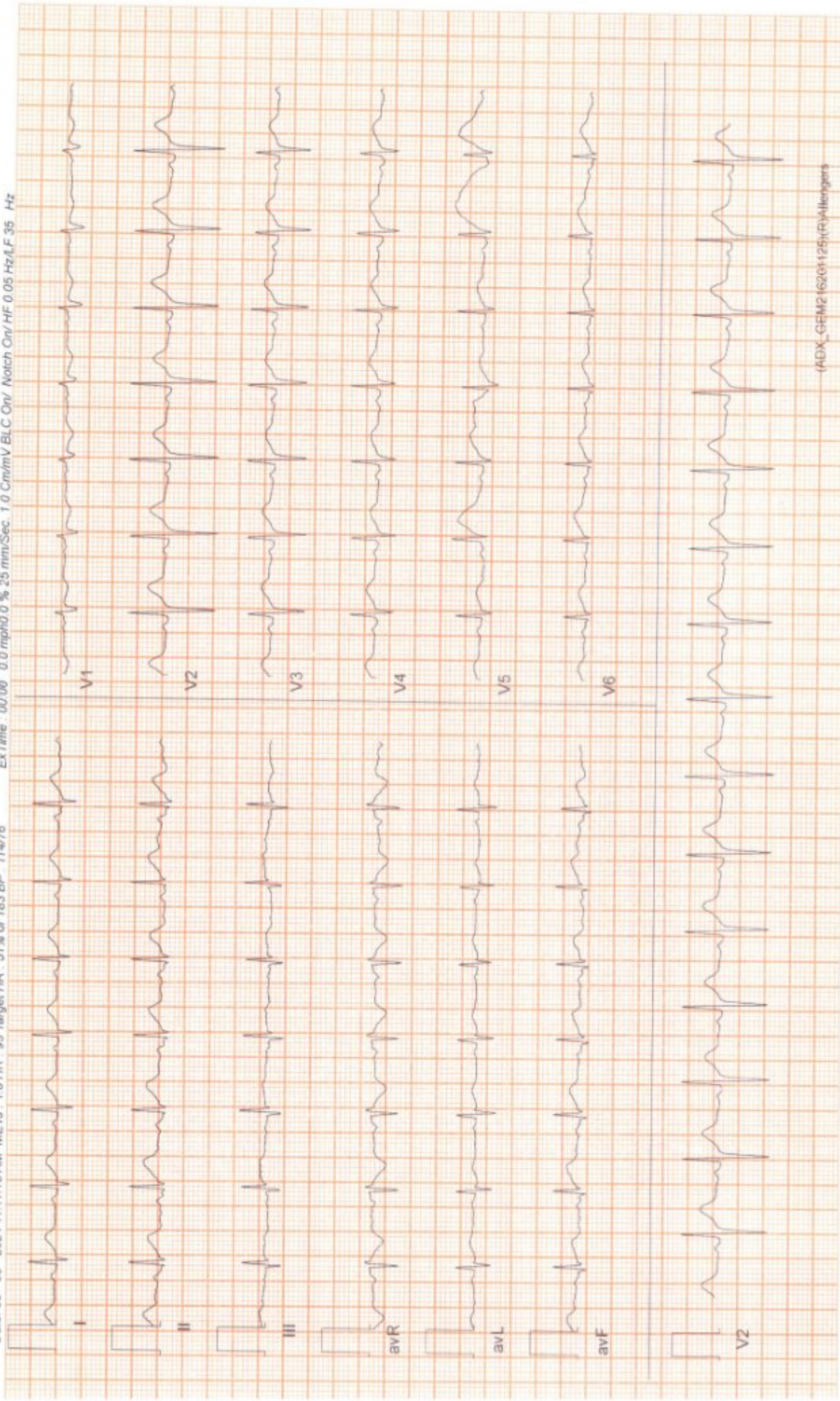
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
BRUCE: Standing(0:18)



Date: 03 - 03 - 2024 11:11:18 AM METs : 1.0 HR : 93 Target HR : 51% of 183 BP : 114/76

ExTime : 00:00 0.0 mph/0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2 (620)125)(R)Allergens

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

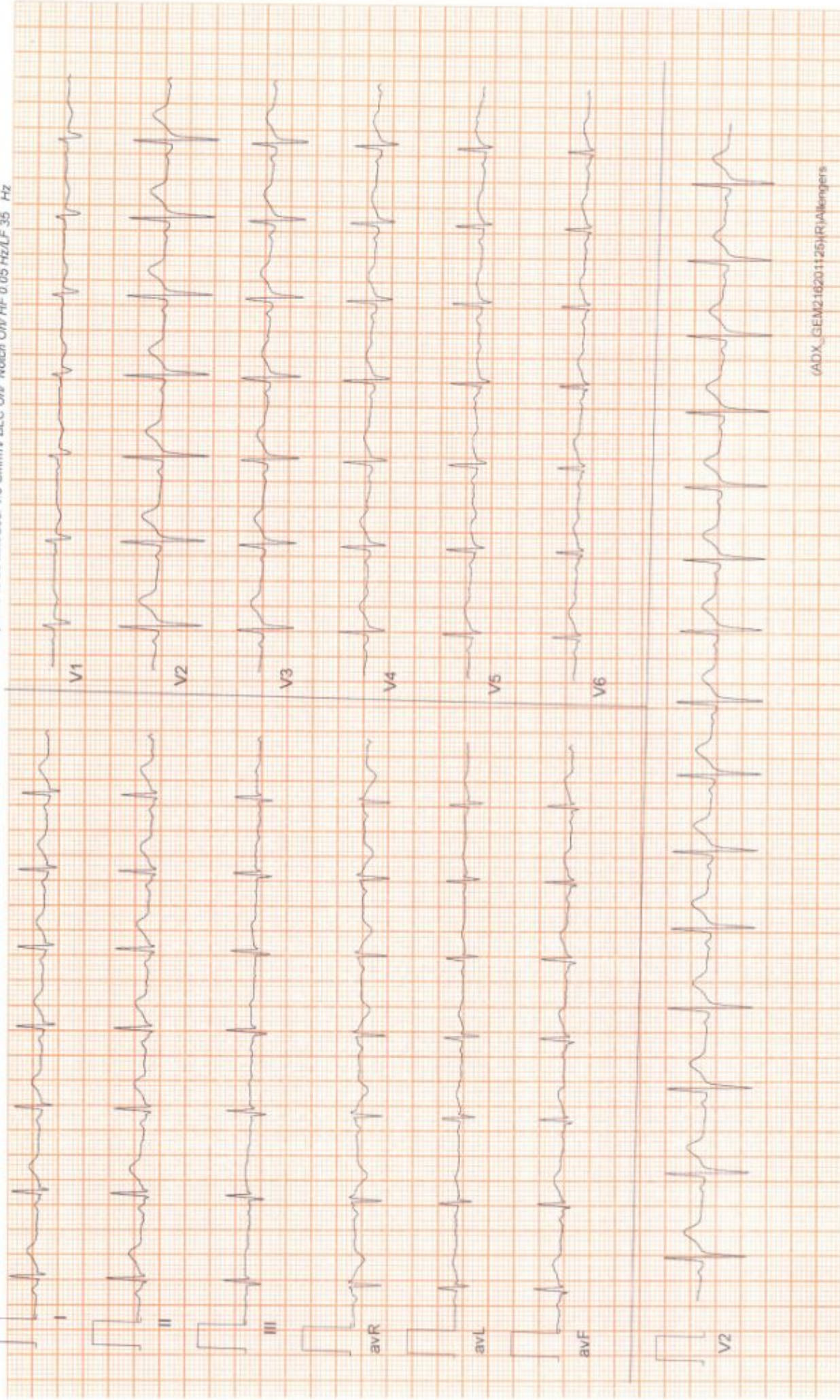
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
BRUCE:HV(0:19)



Date: 03 - 03 - 2024 11:11:18 AM METs : 1.0 HR : 85 Target HR : 46% of 183 BP : 114/76

Ex Time : 00:00 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/AF 35 Hz



(ADX_GEM216201125)RJAkengiers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

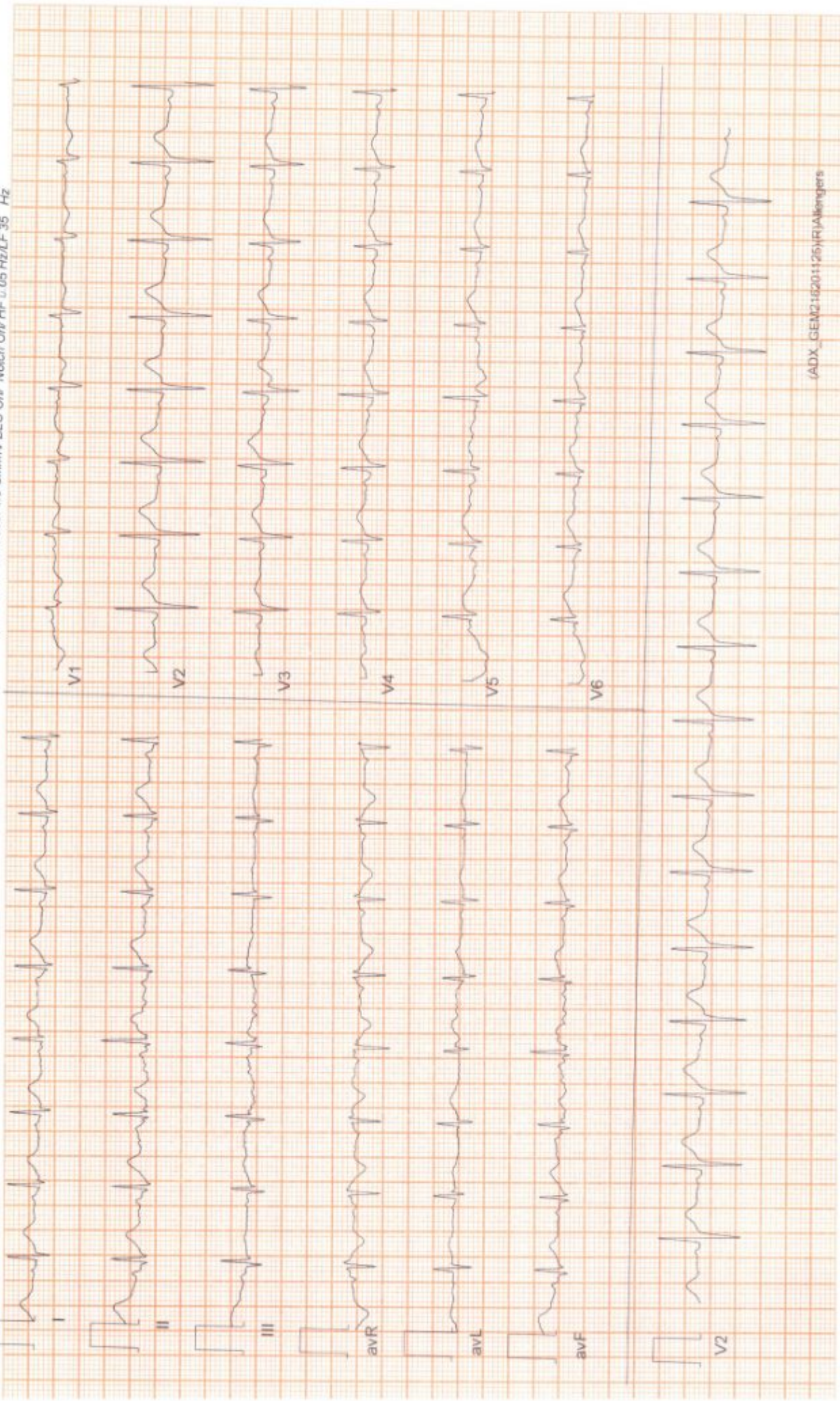
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
ExStart



Date: 03 - 03 - 2024 11:11:19 AM METs: 1.0 HR: 94 Target HR: 51% of 163 BP: 114/76

ExTime: 00:00 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2:16201125)RJA@englers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

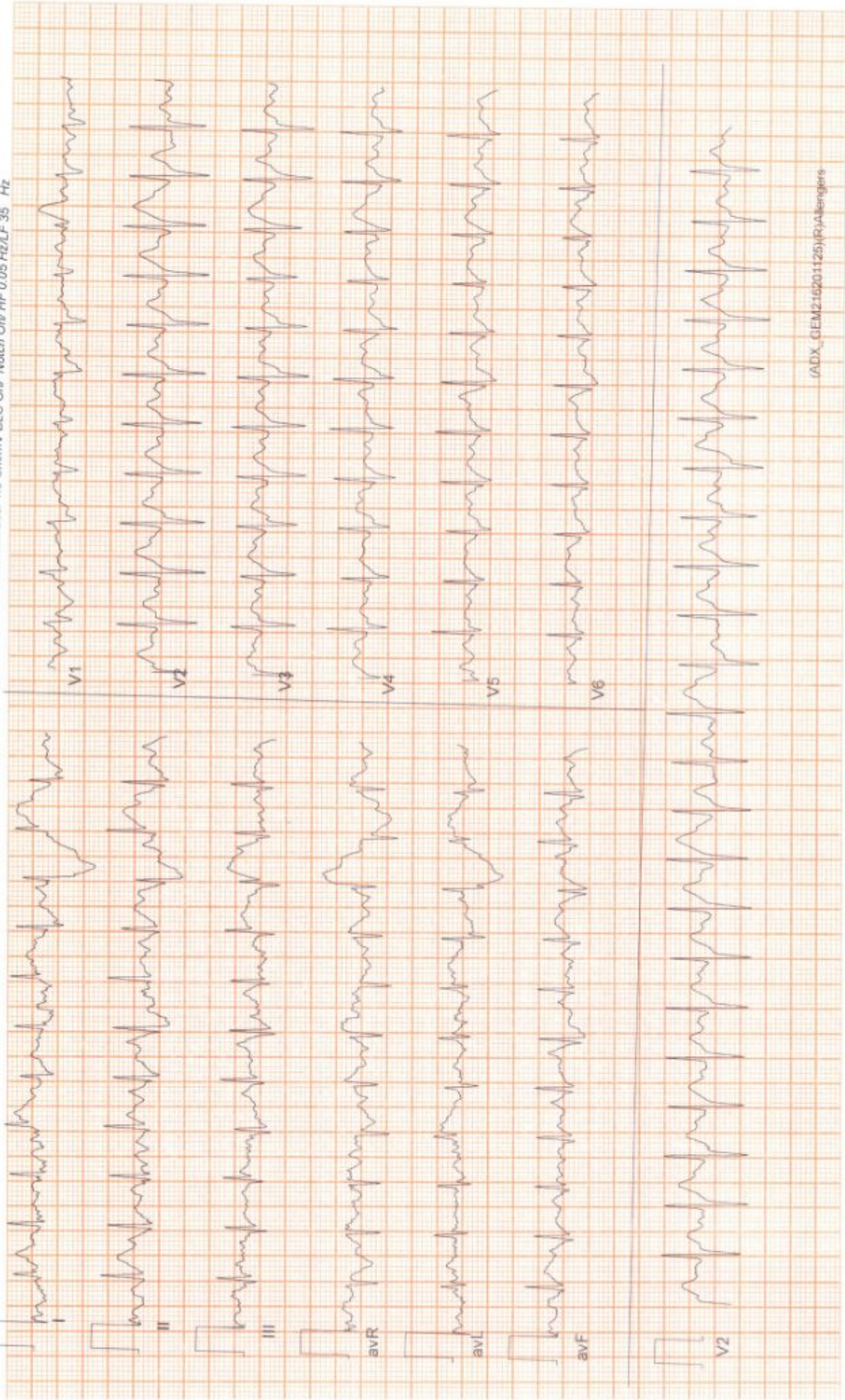
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
BRUCE: Stage 1 (3:00)



Date: 03 - 03 - 2024 11:11:18 AM METs : 4.7 HR : 144 Target HR : 79% of 183 BP : 115/76

Ex Time : 03:00 1.7 mph 10.0 % 25 mm/Sec. 1.0 Cm/mV BLC Ov/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM2:6201125)RJA:englers

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SAHIDNAGAR, BHUBANESWAR

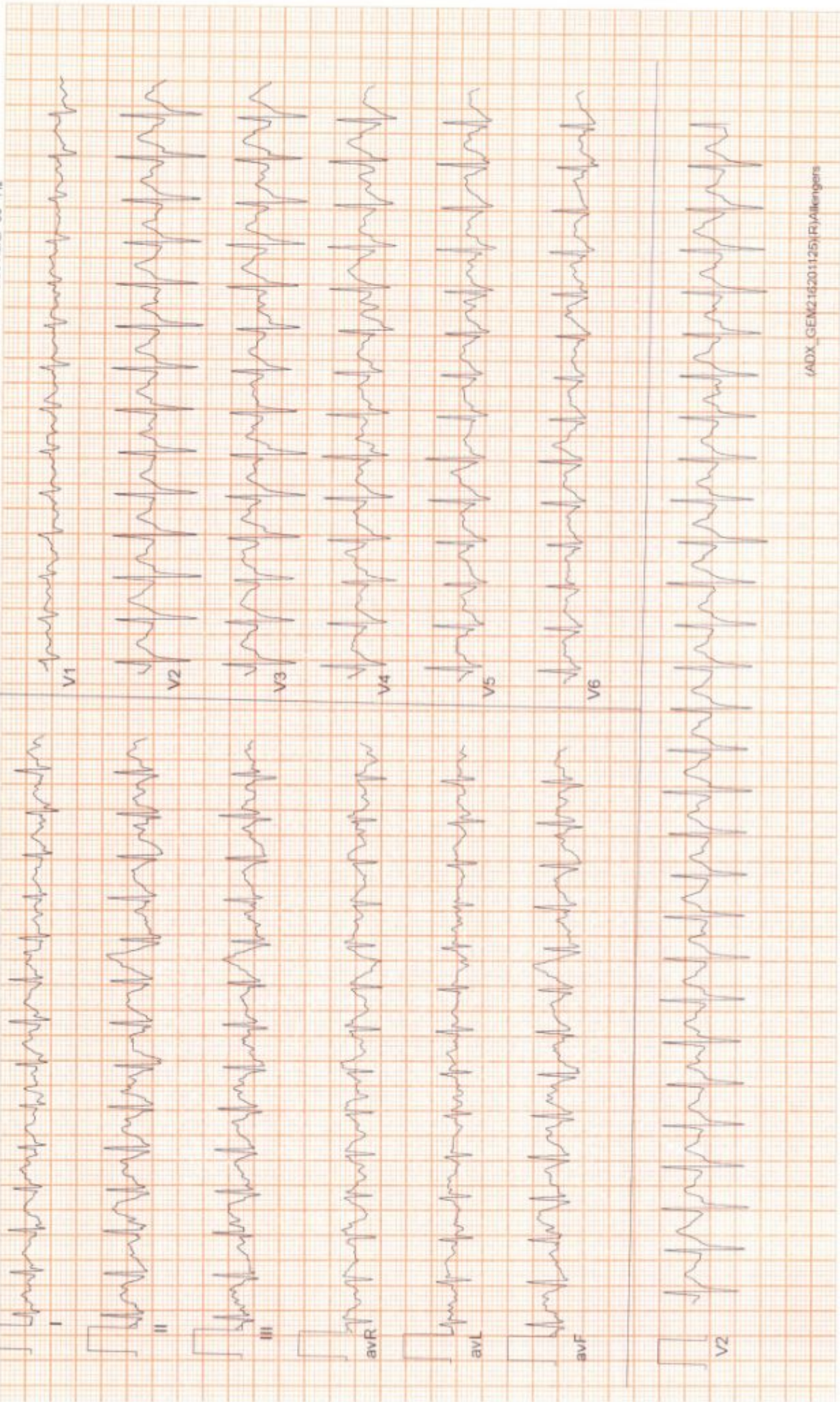
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
BRUCE: Stage 2(3:00)



Date: 03 - 03 - 2024 11:11:18 AM METS : 7.1 HR : 169 Target HR : 92% of 183 BP : 116/78

ExTime : 06:00 2.5 mph/12.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/AF 35 Hz



(ADX_GEN216201125)P/Allengers

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
BRUCE: Stage 3(3:00)



Date: 03 - 03 - 2024 11:11:18 AM METs : 10.2 HR : 179 Target HR : 98% of 183 BP : 118/79

ExTime - 09:00 3.4 mph 14.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Match On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM210201125)RJA@engr@

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

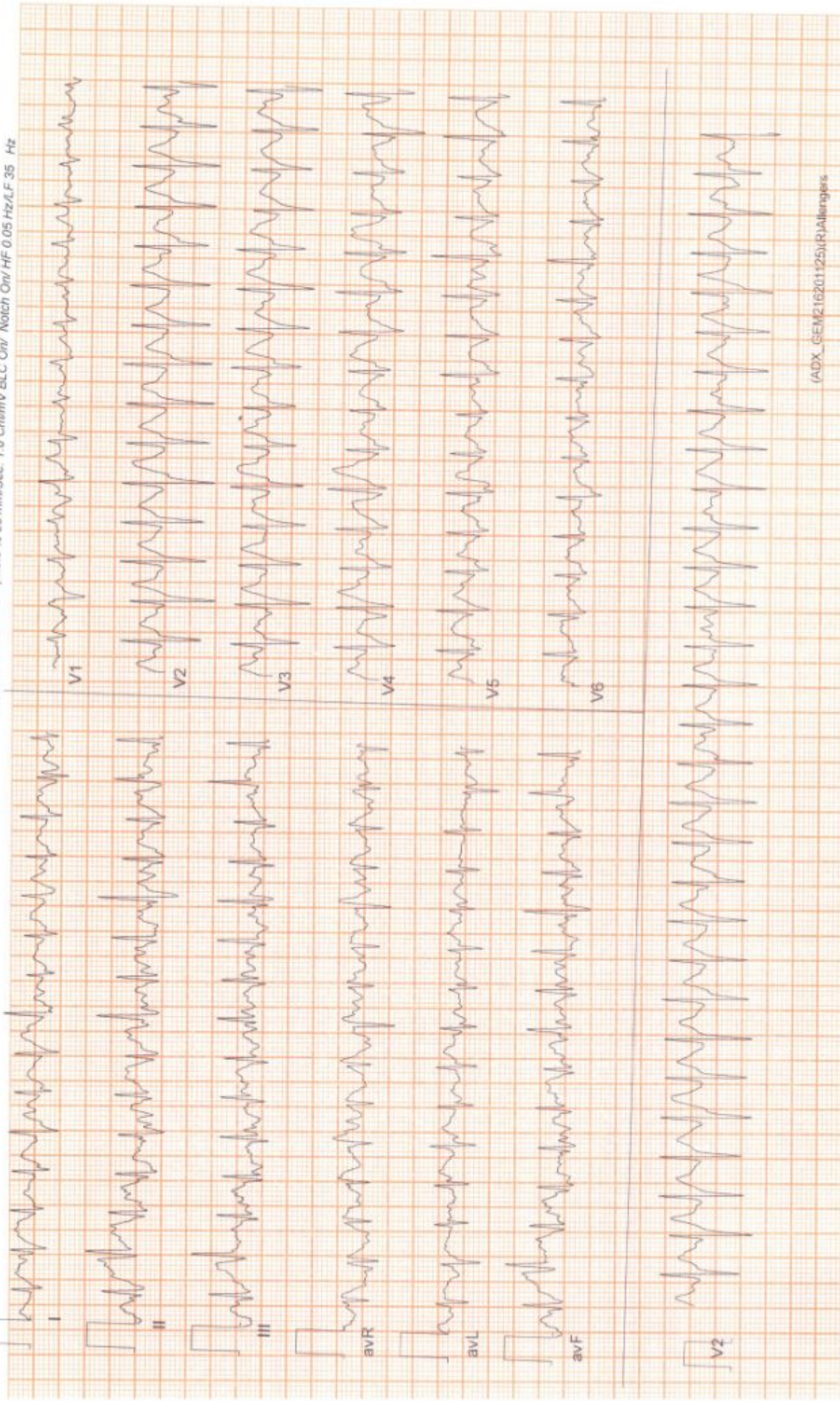
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
PeakEx



Date: 03-03-2024 11:11:18 AM METs: 10.3 HR: 180 Target HR: 96% of 183 BP: 118/79

ExTime: 09:07 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201+25)(R)Allergers

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SAHIDNAGAR, BHUBANESWAR

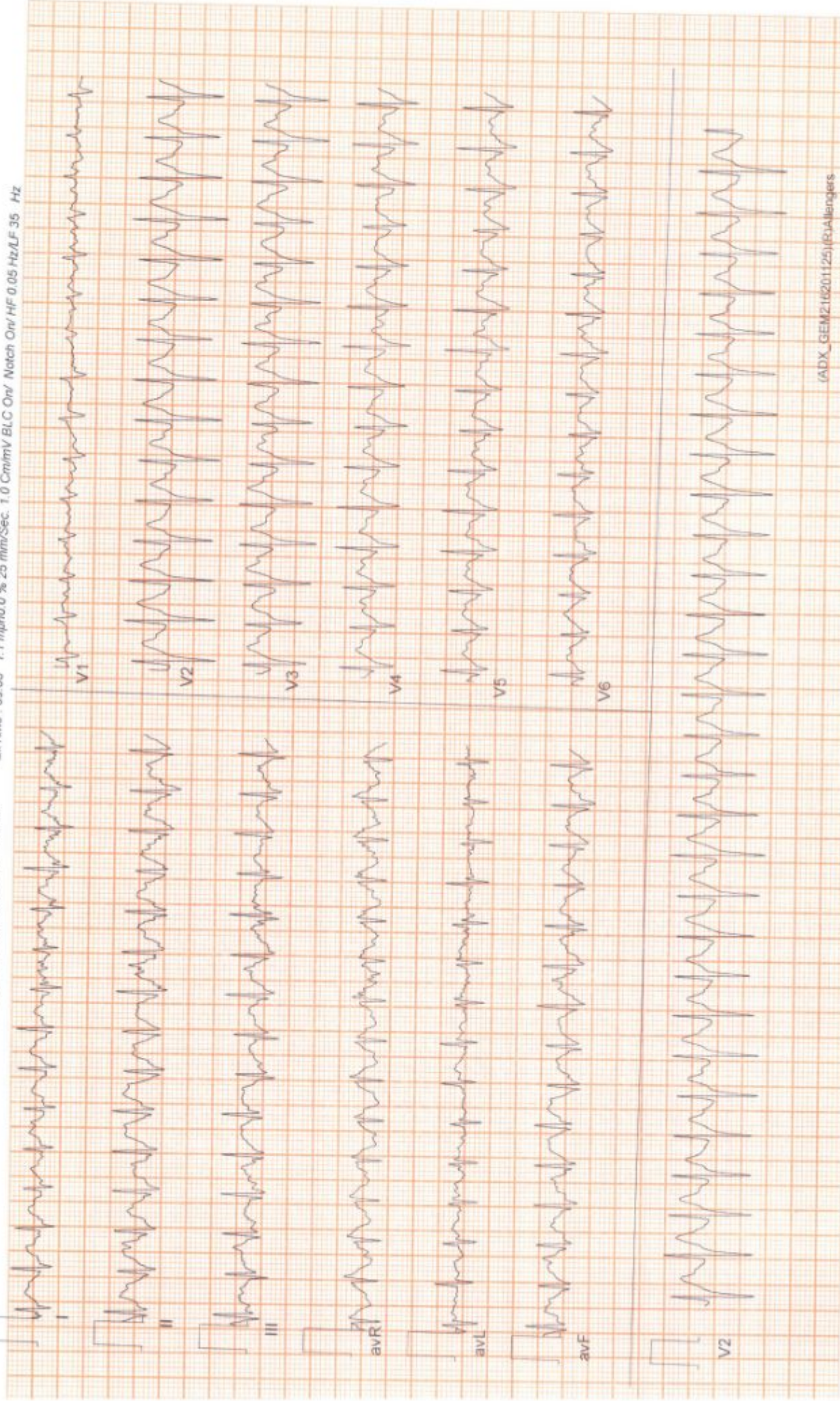
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

**6 x 2 + Rhythm
Recovery(0:30)**



Date: 03 - 03 - 2024 11:11:18 AM METs : 7.3 HR : 174 Target HR : 95% of 183 BP : 118/79

Ex Time : 09:06 1.1 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)(R)allengars

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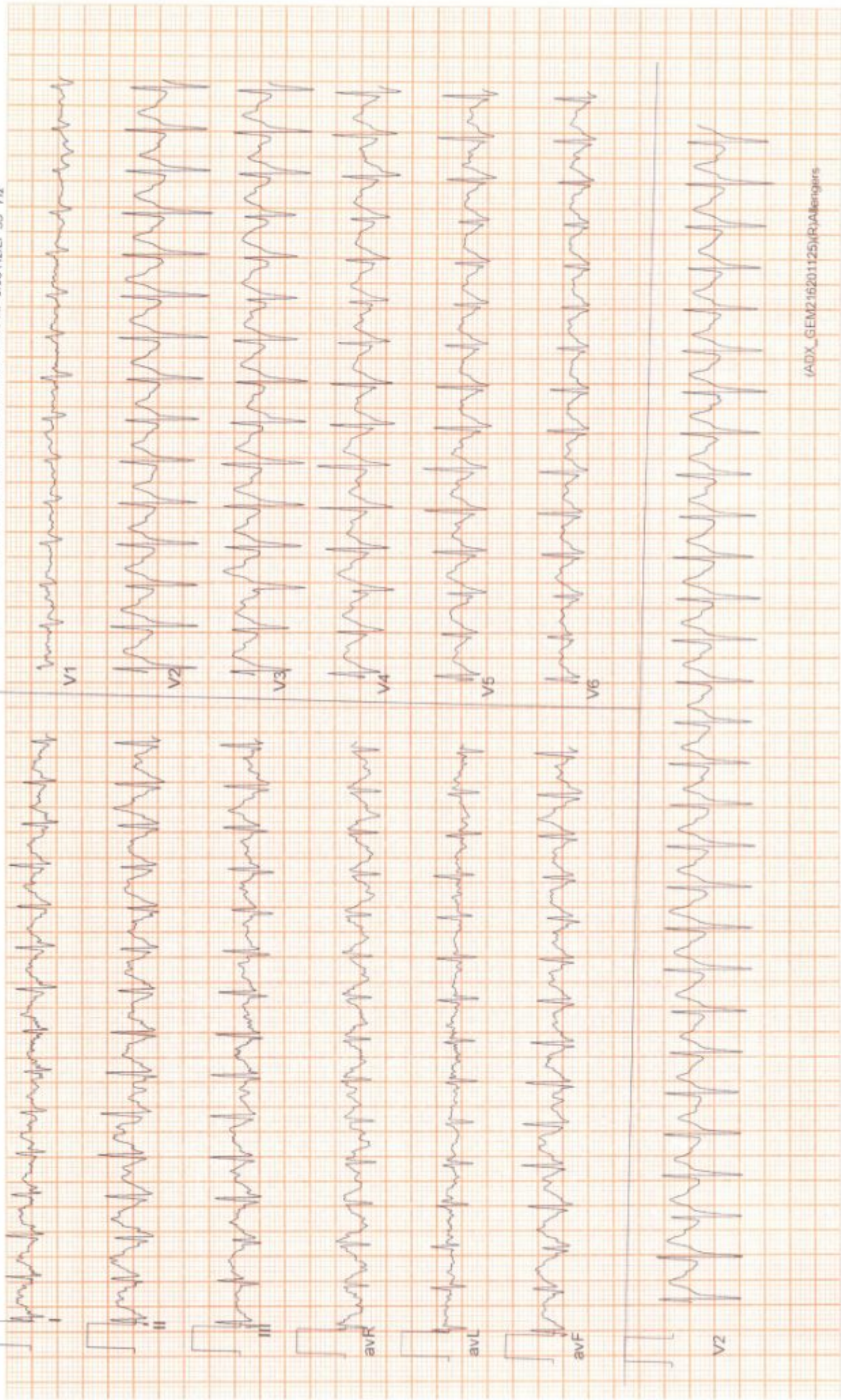
766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

6 x 2 + Rhythm
Recovery(1:00)



Date: 03 - 03 - 2024 11:11:18 AM METs : 4.3 HR : 169 Target HR : 92% of 163 BP : 117/79

Ex Time : 09:06 1.1 mph 0.0 % 25 mm/Sec 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



(ADX_GEM216201125)RJA Bengalis

ZENA HEALTHCARE

SAHIDNAGAR, BHUBANESWAR

766 / BISWARANJAN MOHAPATRA / 37 Yrs / Male / 168 Cm / 83 Kg

**6 x 2 + Rhythm
Recovery(3:00)**



Date: 03 - 03 - 2024 11:11:18 AM METs: 1.0 HR: 122 Target HR: 67% of 183 BP: 117/78

ExTime: 09:06 0.0 mph 0.0 % 25 mm/Sec 1.0 Cm/mV ELC On/ Notch On/ HF 0.05 Hz/LF 35 Hz



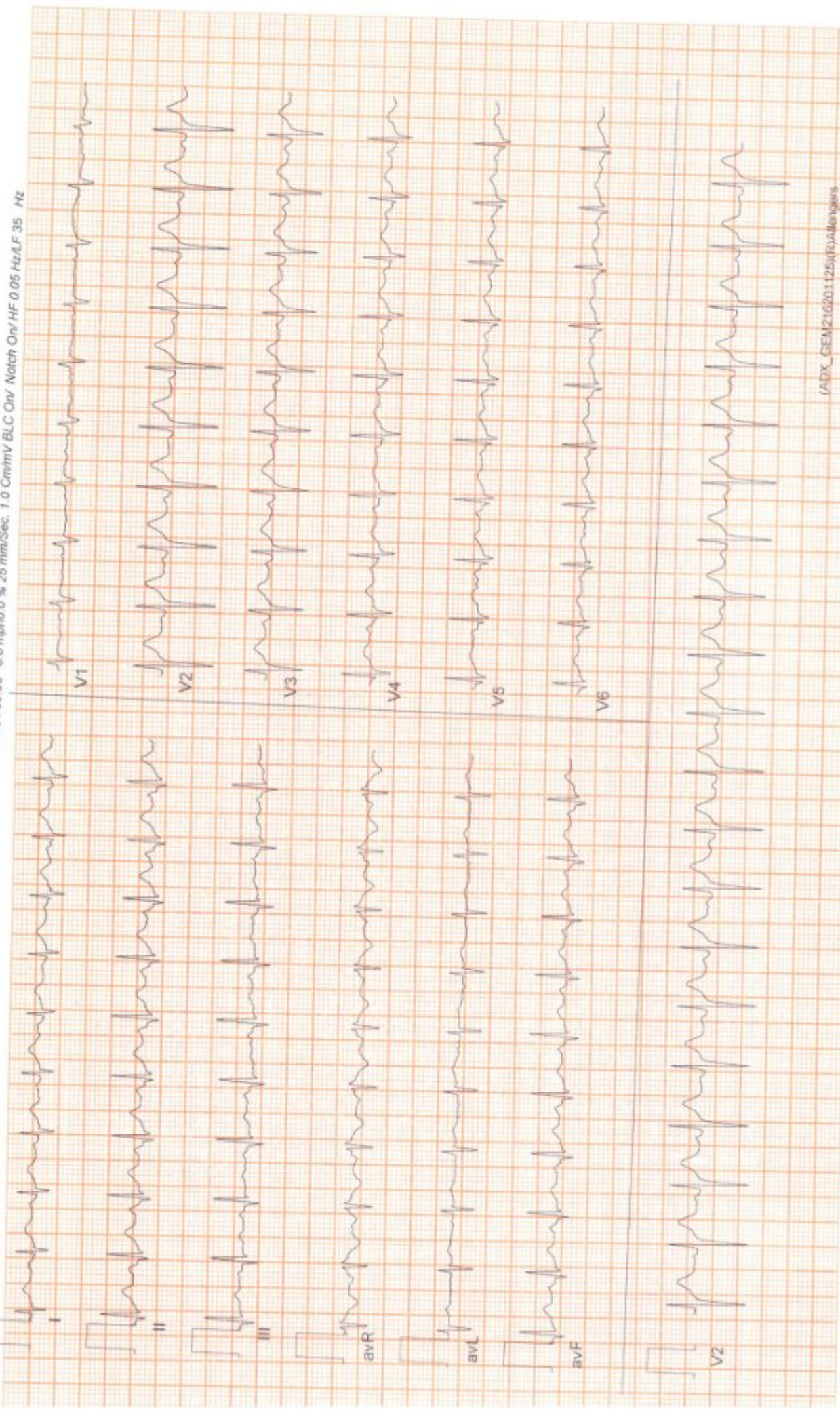
(ADX_GEM216201125)(RJA)hengjers

6 x 2 + Rhythm
Recovery(5:08)



Date: 03-03-2024 11:11:18 AM METs : 1.0 HR : 115 Target HR : 63% of 183 BP : 115/76

ExTime : 09:06 0.0 mph 0.0 % 25 mm/Sec. 1.0 Cm/mV BLC On/ Notch On/ HF 0.05 Hz LF 35 Hz



(ADX_GEM216201125)(R)Allergis



ZENA
Healthcare Services
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Professional Accuracy Precision

Regd. No. : 1834

ZENA HEALTHCARE SERVICES
(A Unit of Zena Enterprises)

Patient Name : MR. BISWARANJAN MOHAPATRA

Age / Gender : 37 years / Male

Patient ID : 20288

Referral : MEDI WHEEL

Collection Time : 08/03/2024, 12:34 PM

Reporting Time : 08/03/2024, 02:54 PM

Sample ID :



23287

Test Description	Value(s)	Reference Range	Unit
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Urine(R/M) Routine Examination of Urine

General Examination

Colour	PALE YELLOW	Pale Yellow	
Transparency (Appearance)	CLEAR	Clear	
Deposit	Absent	Absent	
Reaction (pH)	Acidic 6.0	4.5 - 7.0	
Specific gravity	1.010	1.005 - 1.030	

Chemical Examination


Urine Protein (Albumin)	Absent	Absent	
Urine Glucose (Sugar)	Absent	Absent	

Microscopic Examination

Red blood cells	Absent	0-4	/hpf
Pus cells (WBCs)	1 - 2 /HPF	0-9	/hpf
Epithelial cells	0 - 8 /HPF	0-4	/hpf
Crystals	Absent	Absent	
Cast	Absent	Absent	
Bacteria	Absent	Absent	

END OF REPORT


Lab Technician


Dr. Kundan Kumar Sahoo
CONSULTANT PATHOLOGIST /
MICROBIOLOGIST

For Home Collection Please Call at Number :

Zena Healthcare Services

Plot No. 119, Opp. Water tank Lane, Near Police Phandi, Saheed Nagar, Bhubaneswar-07
Ph. : 0674-2549902, 9692276908, 8337964922, E-mail : zenahealthcare@gmail.com

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