

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. KUMAR LALIT
EC NO.	97039
DESIGNATION	CREDIT
PLACE OF WORK	MEHSANA,RADHANPUR CHAR RASTA
BIRTHDATE	12-02-1991
PROPOSED DATE OF HEALTH CHECKUP	13-05-2023
BOOKING REFERENCE NO.	23J97039100059328E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **09-05-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



ભારત સરકાર
Government of India

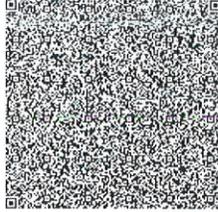
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Unique Identification Authority of India

નામાંકન ક્રમ સંખ્યા/ Enrolment No.: 0648/03099/16408

To
લલિત કુમાર
Lalit Kumar
S/O Risal Singh
H NO . 232 SECTOR -2
NEAR SEC -2 Market ,Chiranjeev Vihar
Chiranjiv Vihar
Ghaziabad Uttar Pradesh - 201002
9953167618

Signature valid

Digitally signed by Lalit Kumar
UNIQUE IDENTIFICATION AUTHORITY OF INDIA ON
Date: 2022.04.11 11:32:32
UTC



તમારો આધાર નંબર / Your Aadhaar No. :

9709 9789 9081

VID : 9161 8920 3184 5542

મારો આધાર, મારી ઓળખ



ભારત સરકાર
Government of India



લલિત કુમાર
Lalit Kumar
જન્મ તારીખ/DOB: 12/02/1991
પુરુષ/ MALE

Issue Date: 06/06/2014

9709 9789 9081

VID : 9161 8920 3184 5542

મારો આધાર, મારી ઓળખ



ભારત સરકાર
Government of India



માહિતી / INFORMATION

- આધાર એ ઓળખાણનું પ્રમાણ છે. નાગરીકતાનું નહિ.
- આધાર અનન્ય અને સુરક્ષિત છે.
- ઓળખ ચકાસવા માટે સુરક્ષિત QR કોડ/ ઓફલાઇન XML/ ઓનલાઇન પ્રમાણીકરણનો ઉપયોગ કરવો
- આધારના તમામ સ્વરૂપો જેમ કે આધાર કાર્ડ, PVC કાર્ડ્સ, eAadhaar અને mAadhaar સમાન રીતે માન્ય છે. 12-અંકના આધાર નંબરની જગ્યાએ વર્ચ્યુઅલ આધાર ઓળખ (VID)નો પણ ઉપયોગ કરી શકાય છે.
- 10 વર્ષમાં ઓછામાં ઓછું એકવાર આધાર અપડેટ કરો.
- આધાર તમને વિવિધ સરકારી અને બિન-સરકારી વાહી/સેવાઓને સરળતાથી મેળવવામાં મદદ કરે છે.
- આધારમાં તમારો મોબાઇલ નંબર અને ઇમેઇલ આઇડી અપડેટ રાખો.
- આધાર સેવાઓ મેળવવા માટે સ્માર્ટફોન પર mAadhaar એપ ડાઉનલોડ કરો.
- સુરક્ષા સુનિશ્ચિત કરવા માટે લોક/અનલોક બાયોમેટ્રિક્સ/આધાર સુવિધાનો ઉપયોગ કરો.
- આધાર મેળવવા માંગતા સંગઠનોએ યોગ્ય સંમતિ મેળવવી જરૂરી છે.
- Aadhaar is a proof of identity, not of citizenship.
- Aadhaar is unique and secure.
- Verify identity using secure QR code/offline XML/online Authentication.
- All forms of Aadhaar like Aadhaar letter, PVC Cards, eAadhaar and mAadhaar are equally valid. Virtual Aadhaar Identity (VID) can also be used in place of 12 digit Aadhaar number.
- Update Aadhaar at least once in 10 years.
- Aadhaar helps you avail various Government and Non- Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app on smart phones to avail Aadhaar Services.
- Use the feature of lock/unlock Aadhaar/biometrics to ensure security.
- Entities seeking Aadhaar are obligated to seek due consent.



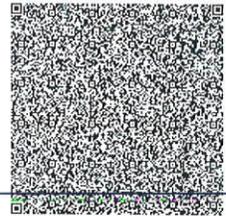
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Unique Identification Authority of India



સરનામું :
રિસાલ સિંઘ, હાઉસ નંબર . 232 સેક્ટર -2, સેક્ટર -2 માર્કેટ
ની પાસે ,ચિરંજીવ વિહાર, ચિરંજીવ વિહાર, ગાપિયાબાદ,
ઉત્તર પ્રદેશ - 201002

Address:
S/O Risal Singh, H NO . 232 SECTOR -2,
NEAR SEC -2 Market ,Chiranjeev Vihar,
Chiranjiv Vihar, Ghaziabad,
Uttar Pradesh - 201002

Download Date: 12/04/2023



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VID : 9161 8920 3184 5542

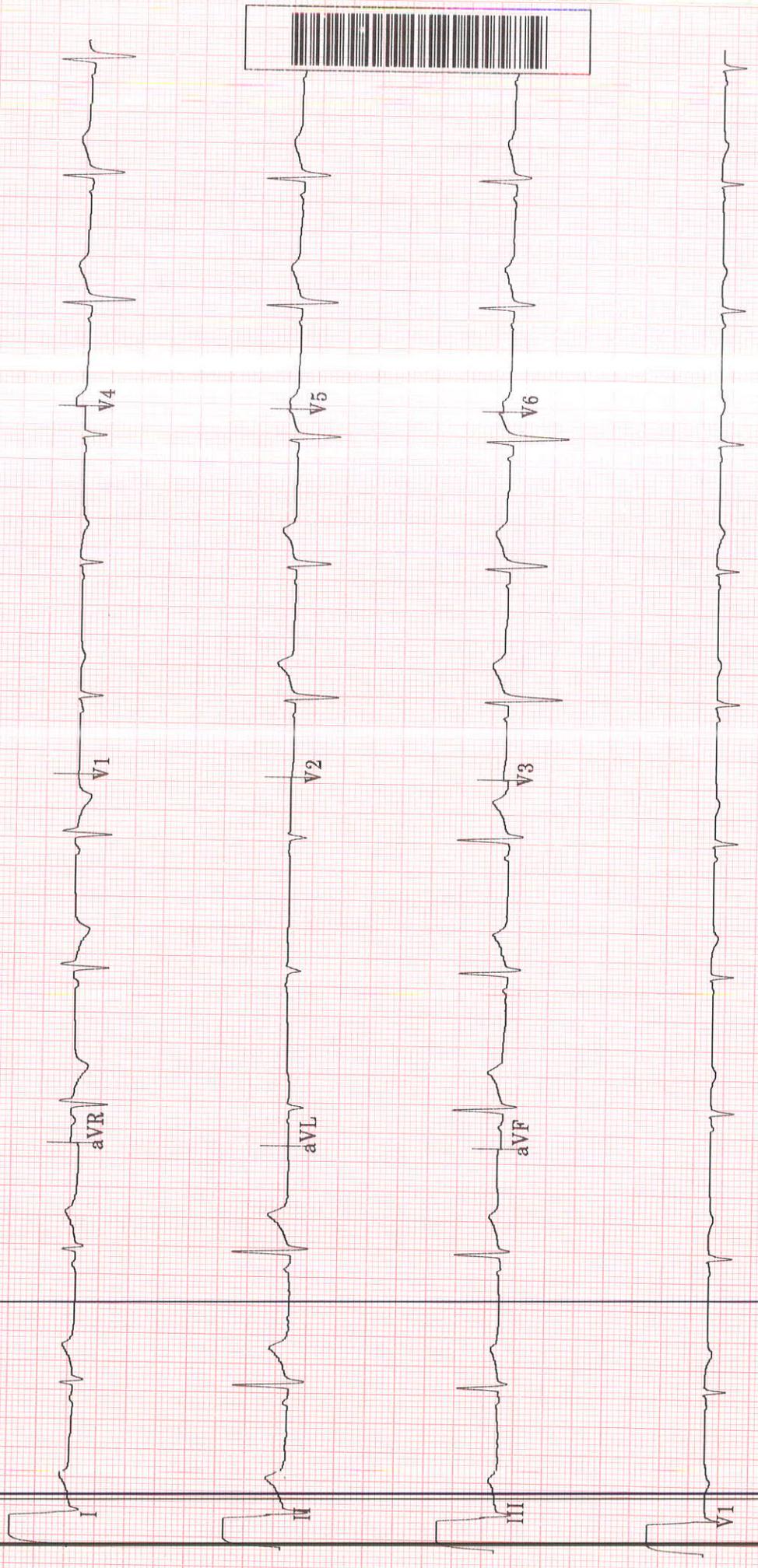
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Kumar

Vent. rate 77 bpm
PR interval 112 ms
QRS duration 84 ms
QT/QTc 378/399 ms
P-R-T axes 47 85 59

32 years Male Caucasian
Technician: [redacted]
Test ind:

Referred by: Unconfirmed





TMT INVESTIGATION REPORT

Patient Name	LALIT KUMAR	Location	: Ghaziabad
Age/Sex	: 32Year(s)/male	Visit No	: V0000000001-GHZB
MRN No	MH010991824	Order Date	: 13/05/2023
Ref. Doctor	: HCP	Report Date	: 13/05/2023

Protocol	: Bruce	MPHR	: 188BPM
Duration of exercise	: 9min 26sec	85% of MPHR	: 159BPM
Reason for termination	: THR achieved	Peak HR Achieved	: 167BPM
Blood Pressure (mmHg)	: Baseline BP : 120/70mmHg Peak BP : 160/78mmHg	% Target HR	: 88%
		METS	: 10.8METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	79	120/70	Nil	No ST changes seen	Nil
STAGE 1	3:00	108	130/70	Nil	No ST changes seen	Nil
STAGE 2	3:00	121	140/70	Nil	No ST changes seen	Nil
STAGE 3	3:00	151	150/70	Nil	No ST changes seen	Nil
STAGE 4	0:26	167	160/78	Nil	No ST changes seen	Nil
RECOVERY	3:20	96	140/70	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Good effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra SinghMD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology**Dr. Abhishek Singh**MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology**Dr. Sudhanshu Mishra**MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017

P +91 80 4936 0300 E info@manihospitals.com www.manipalhospitals.com

RADIOLOGY REPORT

Name	Lalit KUMAR	Modality	US
Patient ID	MH010991824	Accession No	R5531859
Gender / Age	M / 32Y 2M 29D	Scan Date	13-05-2023 09:48:29
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 10:27:51

USG ABDOMEN & PELVIS WITH PVR**FINDINGS**

LIVER: appears normal in size (measures 148 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: appears enlarged in size (measures 123 mm) but normal in shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 2.9 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 92 x 47 mm.

Left Kidney: measures 93 x 43 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

Pre-void urine volume 223 cc.

Post-void residual urine volume 71 cc (Significant).

PROSTATE: Prostate is mildly enlarged in size (measures 41 x 34 x 33 mm with volume 24 cc) but normal in shape and echotexture. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Diffuse grade I fatty infiltration in liver.

-Splenomegaly.

-Mild Prostatomegaly with significant post-void residual urine volume.

Recommend clinical correlation.

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Teleradiology services provided by Manipal Hospitals Radiology Group

MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002

Page 1 of 2

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RADIOLOGY REPORT

Name	Lalit KUMAR	Modality	US
Patient ID	MH010991824	Accession No	R5531859
Gender/Age	M / 32Y 2M 29D	Scan Date	13-05-2023 09:48:29
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 10:27:51



Dr. Monica Shekhawat, MBBS,DNB,
Consultant Radiologist,Reg No MCI 11 10887

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MANIPAL HOSPITALS

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Page 2 of 2

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RADIOLOGY REPORT

Name	Lalit KUMAR	Modality	DX
Patient ID	MH010991824	Accession No	R5531858
Gender/Age	M / 32Y 2M 29D	Scan Date	13-05-2023 09:17:32
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	13-05-2023 11:22:32

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Normal.
TRACHEA: Normal.
CARINA: Normal.
RIGHT AND LEFT MAIN BRONCHI: Normal.
PLEURA: Normal.
HEART: Normal.
RIGHT HEART BORDER: Normal.
LEFT HEART BORDER: Normal.
PULMONARY BAY: Normal.
PULMONARY HILA: Normal.
AORTA: Normal.
THORACIC SPINE: Normal.
OTHER VISUALIZED BONES: Normal.
VISUALIZED SOFT TISSUES: Normal.
DIAPHRAGM: Normal.
VISUALIZED ABDOMEN: Normal.
VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MCI 11 10887

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Page 1 of 1

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LABORATORY REPORT

Name	: MR LALIT KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010991824	Lab No	: 202305001486
Patient Episode	: H18000000550	Collection Date	: 13 May 2023 09:57
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 12:46
Receiving Date	: 13 May 2023 09:57		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	NIL /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	175	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	142	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	48.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	28	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	99.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.6		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.1		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MR LALIT KUMAR	Age	: 32 Yr(s) Sex :Male
Registration No	: MH010991824	Lab No	: 202305001486
Patient Episode	: H18000000550	Collection Date	: 13 May 2023 09:09
Referred By	: HEALTH CHECK MGD	Reporting Date	: 13 May 2023 12:18
Receiving Date	: 13 May 2023 09:57		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	16.8	mg/dl	[15.0-40.0]
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Method: GLDH, Kinatic assay

BUN, BLOOD UREA NITROGEN	7.9 #	mg/dl	[8.0-20.0]
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Method: Calculated

CREATININE, SERUM	0.89	mg/dl	[0.70-1.20]
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Method: Jaffe rate-IDMS Standardization

URIC ACID	6.8	mg/dl	[4.0-8.5]
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Method:uricase PAP

SODIUM, SERUM	137.90	mmol/L	[136.00-144.00]
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POTASSIUM, SERUM	4.04	mmol/L	[3.60-5.10]
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SERUM CHLORIDE	104.6	mmol/l	[101.0-111.0]
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Method: ISE Indirect

eGFR (calculated)	113.1	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis, Icterus / Lipemia.

LABORATORY REPORT

Name : MR LALIT KUMAR **Age** : 32 Yr(s) Sex :Male
Registration No : MH010991824 **Lab No** : 202305001486
Patient Episode : H18000000550 **Collection Date** : 13 May 2023 09:09
Referred By : HEALTH CHECK MGD **Reporting Date** : 13 May 2023 12:18
Receiving Date : 13 May 2023 09:57

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL <i>Method: D P D</i>	0.97	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT <i>Method: DPD</i>	0.17	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) <i>Method: Calculation</i>	0.80	mg/dl	[0.10-0.90]
TOTAL PROTEINS (SERUM) <i>Method: BIURET</i>	6.70	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) <i>Method: BCG</i>	4.22	g/dl	[3.50-5.20]
GLOBULINS (SERUM) <i>Method: Calculation</i>	2.50	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO <i>Method: Calculation</i>	1.70		[1.00-2.50]
AST (SGOT) (SERUM) <i>Method: IFCC W/O P5P</i>	18.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) <i>Method: IFCC W/O P5P</i>	22.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase <i>Method: AMP BUFFER IFCC</i>	91.0	IU/L	[32.0-91.0]
GGT	31.0		[7.0-50.0]

LABORATORY REPORT

Name : MR LALIT KUMAR Age : 32 Yr(s) Sex : Male
Registration No : MH010991824 Lab No : 202305001486
Patient Episode : H18000000550 Collection Date : 13 May 2023 09:09
Referred By : HEALTH CHECK MGD Reporting Date : 13 May 2023 17:44
Receiving Date : 13 May 2023 09:57

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing A Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name : MR LALIT KUMAR Age : 32 Yr(s) Sex : Male
Registration No : MH010991824 Lab No : 202305001487
Patient Episode : H18000000550 Collection Date : 13 May 2023 09:08
Referred By : HEALTH CHECK MGD Reporting Date : 13 May 2023 12:17
Receiving Date : 13 May 2023 09:08

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	92.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name : MR LALIT KUMAR Age : 32 Yr(s) Sex : Male
 Registration No : MH010991824 Lab No : 202305001488
 Patient Episode : H18000000550 Collection Date : 13 May 2023 13:09
 Referred By : HEALTH CHECK MGD Reporting Date : 13 May 2023 15:51
 Receiving Date : 13 May 2023 13:09

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	100.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

-----END OF REPORT-----

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Dr. Alka Dixit Vats
 Consultant Pathologist

LABORATORY REPORT

Name : MR LALIT KUMAR Age : 32 Yr(s) Sex : Male
 Registration No : MH010991824 Lab No : 32230504707
 Patient Episode : H18000000550 Collection Date : 13 May 2023 13:17
 Referred By : HEALTH CHECK MGD Reporting Date : 13 May 2023 15:16
 Receiving Date : 13 May 2023 14:06

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Specimen Type : Serum			
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.13	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	6.71	µg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	2.860	µIU/mL	[0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

