

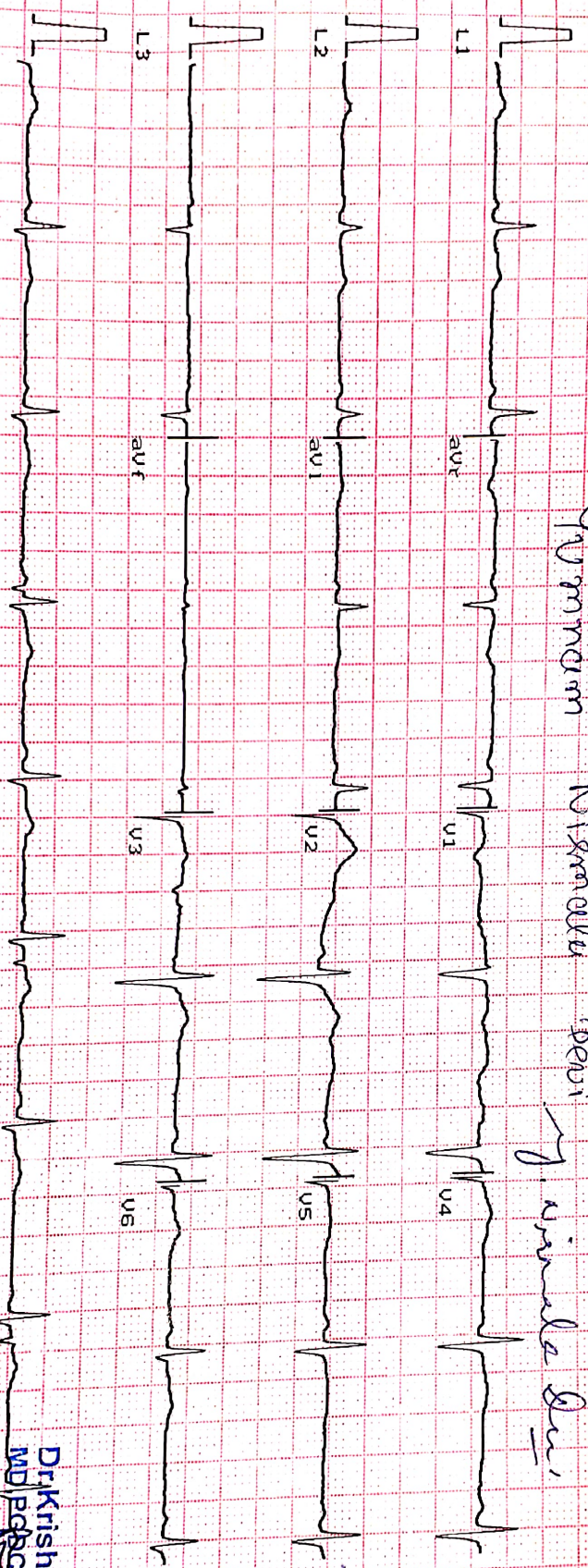
Yr S cm Kg BP

Thyagarajan Nishanalla Devi Vinoda Devi

Heart Rate : 61 bpm

INTERVAL (ms)
PR: 135 QRS: 30
QT: 342 QTc: 351
ST: 230

AXIS (deg)
P: 44 QRS: 6

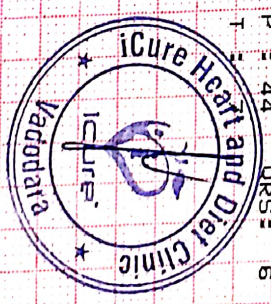


U6 10mm/mV Time:
Ver 1.9 25mm/sec Date:

25/6/22

Maestros

Dr. Krish P. Vaidya
MD, PGCC
Associate Consultant - Cardiology
Reg. No. G-50510





Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Yammern Nimmedei Devi</u>	DATE <u>25/06/22</u>
	SR. NO.
	SEX. <u>Female</u>
	AGE <u>38</u>
	HEIGHT <u>157cm.</u>
	WEIGHT <u>61kg.</u>

HISTORY

Present History :
 Past Illness History : Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy No
 Past Occupational History :
 Family History : Mother - Hypertension
 Personal History : No
 Addiction : Tobacco/Gutkha/Smoking/Alcohol No

GENERAL EXAMINATION

T.P.R. : 63/min B.P. : 124/82 mmHg mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other :

SYSTEMIC EXAMINATION

R.S. : No
 C.V.S. : No
 C.N.S. : No
 A.S. : No
 Musculo-skelet System : Back pain ; trigger finger

		ACUITY OF VISION		RT EYE	LT EYE
		E.N.T. Ex.	<u>No</u>	Without Glass	DISTANT 6/ <u>6</u>
Dental Ex.	<u>No</u>		Near	6/ <u>6</u>	6/ <u>6</u>
Skin Ex.	<u>No</u>	With Glass	DISTANT	6/ <u>-</u>	6/ <u>-</u>
Psychic Ex.	<u>No</u>		Near	6/ <u>-</u>	6/ <u>-</u>
		COLOUR BLINDNESS <u>NIAD</u>			

REMARK

ADVICE

The Worker is FIT UNFIT for the assigned job.



Dr. Krish P. Vaidya
 MD, PGDCC
 Assoc. Prof. in Cardiology
 Reg. No. G-50510
 MD G-50510, CH

भारत सरकार
Government of India

युम्नाम निर्मला देवी
Yumnam Nirmala Devi
ಜನ್ಮ ದಿನಾಂಕ / DOB : 08/02/1986
ಸ್ತ್ರೀ / Female

8365 0344 7680
मेरा आधार, मेरी पहचान

Issue Date: 29/09/2013



J. Vinod Di


Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : NIRMALADEVI YUMNAM	AGE : 38 Y/F	DATE : 25/06/2022
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X RAY CHEST (PA)

OBSERVATIONS:

Both the lung fields and apices appear clear.
Both the hilar shadow appears normal.
Cardiac silhouette appears normal.
Both the costophrenic sinuses are clear.
Mediastinal and tracheal shadows are normal.
Both the domes of diaphragm are normal.
Visualized rib cage and clavicle are normal.

COMMENTS:

- **No significant abnormality is seen.**



Mehul Prajapati

**DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST**

 **icure™**
Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

NAME : NIRMALADEVI YUMNAM	AGE : 38 Y/F	DATE : 25/06/2022
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ULTRASONOGRAPHY OF WHOLE ABDOMEN
(Screening Only)

Liver is normal in size and echotexture and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter.

Common Bile Duct is of normal diameter.

Gallbladder is not seen. (post operative status)

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. Right kidney measures 95x46mm. Left kidney measures 100x62mm. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Uterus appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen.

Both Ovaries appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.



Mehul Prajapati

DR. MEHUL PRAJAPATI
CONSULTANT RADIOLOGIST



JKV LABORATORY



Name : YUMNAM NIRMALA DEVI
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 38 Yrs./F
Date : 25/06/2022
Report ID. : 2

BIOCHEMISTRY

TEST	RESULT	UNIT	REFERENCE INTERVAL
<u>FASTING (FBS)</u>			
Blood Glucose	: 116.0	mg/dL	70.00 - 110.00 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 123.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIRA, A-1004

EXAMINATION OF URINE

Sample : FASTING

PHYSICAL EXAMINATION

Quantity : 20 mL
Colour : YELLOW
Transparency : CLEAR
Specific Gravity : 1.003
Reaction : ACIDIC
Deposits : ABSENT

CHEMICAL EXAMINATION

Albumin : NIL
Sugar : NIL
Acetone : ABSENT
Bile Salts : ABSENT
Bile Pigments : ABSENT
Urobilinogen : NORMAL : ~ < 1.0 mg/dL
Occult Blood : ABSENT
Nitrate : ABSENT

MICROSCOPIC EXAMINATION

Pus Cells : 0-1 / hpf
RBC : NIL
Epithelial Cells : NIL
Crystals : NIL
Amorphous Phosphate : NIL
Cast : NIL



DR JIGAR G. (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022
☎ 8320343731 / 9601969303 ✉ jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.

Free Home Service


Heart & General Clinic

Icure Heart & Diet Clinic, 402 Epsilon Tower, opp. Pashabhai Park, Nr. Natubhai Circle, Race course, Vadodara, 390007

Name: YUMNAM NIRMALADEVI

Date: 25/06/2022

Age / Sex : 38yrs/ Female

PAP SMEAR CYTOLOGY(CONVENTIONAL)

Specimen

Pap smear for cytology(conventional)

Gross Description

Received one unstained smear.
Smear-1[PAP]

Microscopic Description

See below in diagnosis.

Diagnosis

Satisfactory for evaluation.
PAP Smears is negative for intra-epithelial lesion or malignancy.
Trichomonas or monilia are not seen.
Endo cervical cells are not seen.

PAP test is a screening test for cervical cancer with inherent false negative results.

----- End Of Report -----

All cytology tests reveal only cytological characteristics of individual cells and not architectural details which are very important in morphological diagnosis. All cytology methods have their own inherent limitations of false positive and false negative results due to variabilities related to sample collection methods, smear preparation, fixation and staining along with microscopic interpretation, hence whenever required tissue diagnosis and/or immunohistochemistry study after correlation with clinical and radiological findings should be done for further confirmation before any definitive medical or surgical treatment.



Dr. Krish P. Vaidya
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Dr. Krish P Vaidya
MD G-50510





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : YUMNAM NIRMALA DEVI
Referred by : I Cure Heart & Diet Clinic
Date : 25/06/2022 15:31

Ref. No. : 4344
Age : 38 Years
Sex : Female

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	12.0	g/dl	[12.0-16.0]
Total RBC Count :	3.91	mill/cmm	[4.2-5.4]
<u>Blood Indices</u>			
P.C.V :	38.0	%	[37-47]
M.C.V. :	97.19	femtolitre	[78-100]
M.C.H. :	30.69	pg	[27-31]
M.C.H.C. :	31.6	g/dl	[32-36]
R.D.W. :	13.6	%	[11.5-14.0]
Total WBC Count :	4870	/cmm	[4000-10000]
Platelet Count :	165000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	52	%	[60 - 70]
Lymphocytes :	40	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	06	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	11.3		
PDW-CV :	13.6		
PDW-SD :	14.2		
PCT :	0.18		
P-LCR :	36.0		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	10	mm	[M: 1 - 7 / F: 3 - 12]

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	157.0	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	122.0	mg/dl	Normal : <150 Borderline high : 150-200 High : > 200





J K V LABORATORY



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : YUMNAM NIRMALA DEVI
Referred by : I Cure Heart & Diet Clinic
Date : 25/06/2022 15:31

Ref. No. : 4344
Age : 38 Years
Sex : Female

HDL Cholesterol :	46.0	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	86.6	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	24.4	mg/dl	Upto 34
Chol./HDL Ratio :	3.4		
LDL/HDL Ratio :	1.9		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	636	mg/dl	400 - 1000

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	26.0	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	12.4	mg/dl	[8 to 23]
Serum Creatinine :	1.06	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	26.0	U/L	30- 65
S.G.O.T. (AST) :	21.0	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	102	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.63	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.22	mg/dl	[0.0 to 0.3]





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Patient's Name : YUMNAM NIRMALA DEVI
Referred by : I Cure Heart & Diet Clinic
Date : 25/06/2022 15:31

Ref. No. : 4344
Age : 38 Years
Sex : Female

S. Bilirubin (Indirect) :	0.41	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	7.22	gm/dl	[6.6 to 8.8]
S. Albumin :	4.06	gm/dl	[3.5 to 5.2]
S. Globulin :	3.16	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.3		
G.G.T. : (Gamma-Glutamyl Transferase)	34.0	IU/L	[8 to 78]

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.2	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3

Estimated Average glucose : 102.54 mg/dl

Comment : *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE: This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average blood glucose concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	0.96	ng/ml	[0.60 - 1.81]
Serum T4 :	5.63	µg/dl	[4.50 - 10.90]





J K V LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name	: YUMNAM NIRMALA DEVI	Ref. No.	: 4344
Referred by	: I Cure Heart & Diet Clinic	Age	: 38 Years
Date	: 25/06/2022 15:31	Sex	: Female

Serum TSH :	2.06	μIU/ml	[0.55 - 4.78]
(CHEMILUMINESCENCE)			

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.


TSH levels During Pregnancy :


- First Trimester : 0.1 to 2.5 μIU/mL
- Second Trimester : 0.2 to 3.0 μIU/mL
- Third trimester : 0.3 to 3.0 μIU/mL

Reference : Carl A.Burtis,Edward R.Ashwood,David E.Bruno. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170

Serum Uric Acid

Test Name	Result	Units	Biological Reference Interval
Serum uric acid :	5.26	mg/dl	[Male : 3.4 - 7.0] [Female : 2.5 - 6.0]


DR. K. K. PATEL
 MD (G-20476)
 Reg. No. G-20476
 CONSULTANT PATHOLOGIST



2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Patient Name: Yumnan Nirmala Devi
Age, Gender: female - 38 Years

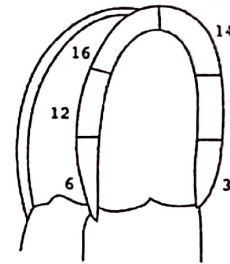
Date: 25 / 06 / 2022

M. Mode Study:

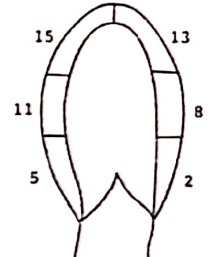
LA	36	IVS	10	PWD	11
AO	22	LVDs	28	LVDD	48

Doppler Study:

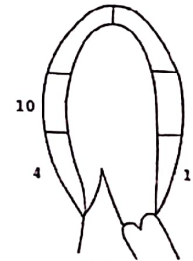
Mitral Valve	E: 0.58 A: 0.46
Aortic Valve	1.25
Tricuspid Valve	1.89
Pulmonary Valve	1.85



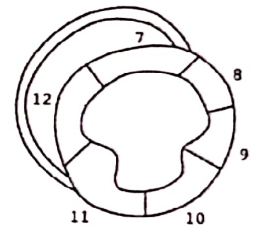
Apical
4 chamber view



Apical
2 chamber view



Apical
3 chamber view



Parasternal short
axis view

Conclusion:

- **Normal LV Systolic function**
- **LVEF: 60 % ,No RWMA**
- **Cardiac Chambers: Normal**
- **Diastolic function: No LVDD**
- **TR: PAH: RVSP:20 mmhg**
- **No Ms , No MR**
- **No AR , No AS**
- **ASD/VSD/PDA/Co-A : No**
- **No Clots or vegetations found**
- **IVC: Normal**

Note:

Normal 2D echo report does not rule out cardiac diseases
this report shall not be used for Medico legal purposes,
Clinical Correlation advisable.



Dr. Krish P. Vaidya
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Consultant Cardiologist, Diabetologist
& General Physician
Reg.No.G-50510