Patient Name: MAHESH GHODKE	Date: <b>14/02/2024</b>
Patient Id: 5104	Age/Sex: 34 Years / MALE
Ref Phy: <b>DR. SARDA</b>	Address:

### RADIOGRAPH OF CHEST PA VIEW

## **Findings:**

Both the lung fields are clear.

The broncho vascular markings are appears normal.

The hilar shadows are appears normal.

Both Cardiophrenic and Costophrenic angles are clear.

The Cardiac silhoutte is within normal limits.

Aortic shadow is normal.

Both domes of diaphragms are normal.

The visualised bony thorax is normal.

## **Impression:**

No significant abnormality noted in X-ray chest.



DR AMEY S. JAJU, MBBS, DNB RADIOLOGY Fellow in MSK imaging

# ANUSHREE SONOGRAPHY & X-RAY CENTRE

Name:Mahesh Ghodke Age:34 Y Sex:Male RefDr:Dr. Sarda Date:14-Feb-2024



Patient Name: MAHESH GHODKE	Date: <b>14/02/2024</b>
Patient Id: 5105	Age/Sex: 34 Years / MALE
Ref Phy: <b>DR. SARDA</b>	Address:

#### **ULTRASONOGRAPHY OF ABDOMEN AND PELVIS**

<u>LIVER</u>: The liver is normal in size 15.2 cm, shape, position. Mild diffuse fatty changes are noted. Normal respiratory movements are seen. No focal solid or cystic mass lesion is noted.

**BILIARY SYSTEM**: Gall bladder shows normal physiological distention. No mural mass or calculus is noted. There is no evidence of pericholecystic fluid. CBD and intra hepatic biliary radicles show normal caliber.

<u>PANCREAS</u>: The pancreas is normal in size, shape, and echogenicity and echo texture. No solid or cystic mass lesion is noted. Pancreatic duct is not dilated.

<u>SPLEEN</u>: The spleen is normal in size It measures 10.3 cm, shape, position, echogenicity and echotexture. No focal mass lesion is noted.

**KIDNEYS**: Right kidney measures 10.2 x 4.5 cm. Left kidney measures 10.0 x 4.9 cm. Both kidneys are normal in size, shape, position, echogenicity and echotexture. Normal corticomedullary differentiation is noted. No focal solid or cystic mass lesion or any calculus is seen. Pelvicalyceal systems on both sides are normal.

<u>URINARY BLADDER</u>: The urinary bladder shows physiological distention. It shows normal wall thickness. No calculus or mass lesion is seen.

**PROSTATE:** The prostate is normal in shape, position, echogenicity and echotexture. The prostate measure  $2.4 \times 2.6 \times 2.8 \text{ cm}$  (volume = 9.0 gm). There is no focal solid or cystic mass lesion in it.

**SEMINAL VESICALS**: Both seminal vesicles are normal in size, shape, echogenicity and echotexture.

<u>OTHERS</u>: There is no free or loculated fluid collection in abdomen or pelvis. No significant lymphadenopathy is noted.

#### **CONCLUSION:**

Grade I fatty changes in liver.



DR AMEY S. JAJU, MBBS, DNB RADIOLOGY Fellow in MSK imaging

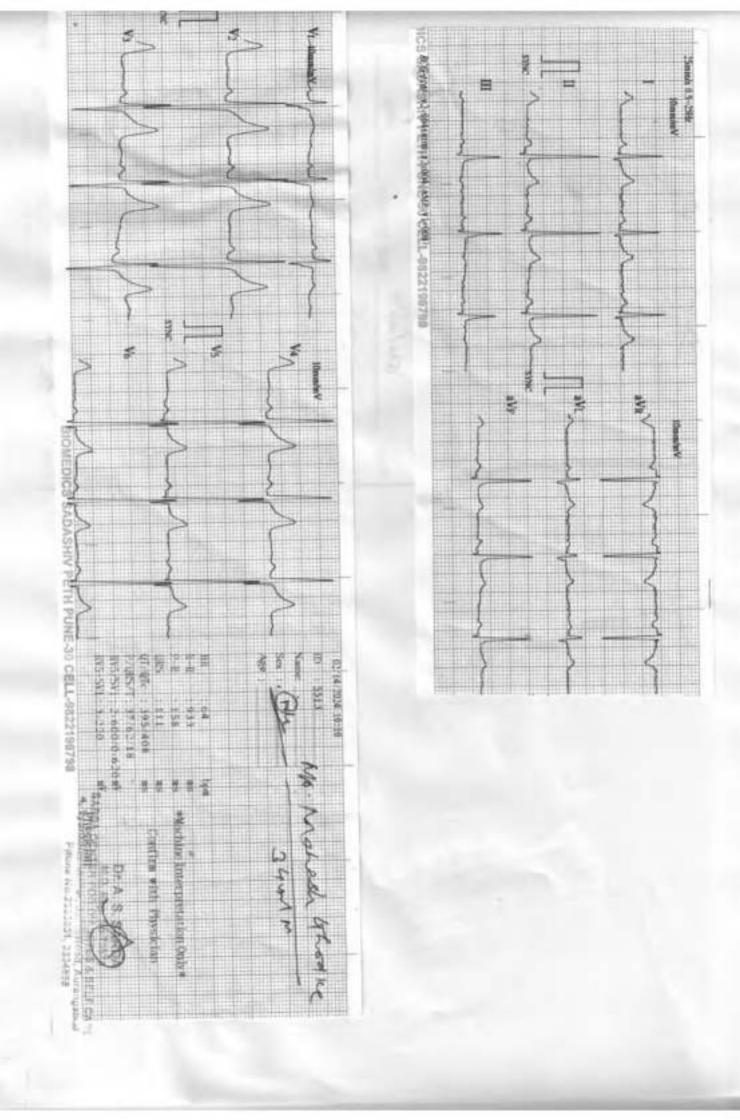
Regd. No.: 2019/05/3879



# ANUSHREE SONOGRAPHY & X-RAY CENTRE

Name:MAHESH GHODKE Age:34 Y Sex:Male RefDr:Sarda Date:14-Feb-2024





ALESK Ghod Fre Age:  RY:  Height (Crns): Blood P  Height (Crns): Blood P  T Wave:  O T Interval:  PR Interval:  O A CT Interval:	AL SUMMARY:  AL SUMMARY:  HOINGS:  Height (Cms): Blood P  Height (Cms): Blood P  St Segment:  A. ORS. Complex:  A. ORS.	Name: Mr. K.C.	Lesh Ghodrang	
INDINGS:    Height (Crns): Blood Pressured	INDINGS:  Height (Crrs): Blood Pressu  644 / Ar. ** ORS. Complex:	CLINICAL SUMMARY		0: 34 m/m
INDINGS:    Height (Crns): Blood Pressure:	Height (Cris): Blood Pressuring   Blood Pressurin		-1	
NINDINGS:  646 / Mr. ** ORS. Complex:  8 ST Segment:  8 T. Wave:  9 OT Interval:  9 PR Interval:  8 PR Interval:  9 PR Interva	Nipilings:    G4p / Arr   ORS. Complex:		-	od Pressure :
nim: ST Segment: T. Wave:	nimm: ST Segment: T. Warve: T. Warve: Or Interval: Or Int	INDINGS	1	0
niam: T. Wave:  Or Interval:  PR Interval:	relam: T. Warve:  Or Interval:  PR Interval:  And And			0
Ot Interval:	me: Or interval: O			0
PR Interval	rmendation :			0
				<b>©</b>
		Recommendation :	WM	

# **CENTRE FOR DIABETES & SELF CARE**

		100		Date: 14 02 124
Name_	ndv.	Maneth	anothe.	Age/Sex 34 Male.
Address	Ba	ne of B	rvota.	

# OPHTHALMIC EXAMINATION REPORT

	Right Eye	<u>Left eye</u>
Vision Distant	6/2 c +7 00	6/g =+7.00sm
Vision Near	N6	N6
Anterior segment	NAD	NAD
Pupils	NSRTL	NSRTL
Lens	clear	clear
Tension	Normal	Normal
Fundus:-	Disc-Hupernahi Clare 3 FRT	pic Dise happenneling c10-013 Get
Colour Vision	Noned	Normal,

Impression (BE) "Hypermempion H Rest within Homes white

mr. maketh Ghadke needs coment filling in his 2-3 Leele.

OP SONALI LOHIYA

BDS (Contal Street)

4, Vyanktesh Nagar, Jaina Read; Aurangabad (MH). Ph.: 2333851, 2334858, Mob.: 9823040323

MARK DO TO DESTRE

# CENTRE FOR DIABETES & SELF CARE

Name: Mr.Mahesh Ghodke

Date :14/02/ 2024

Age/Sex :34Yrs/Male

Ref.By: Dr.Sarda Sir

#### STRESS TEST REPORT

- Protocol Bruce.
- Exercise Time- 9.00 Min.
- Baseline Heart Rate and Blood Pressure 96bpm, BP-130/85mm of Hg.
- Mets-10.10.
- ST-T Segment Changes No Significant ST-T Changes.
- · Angina- None.
- Arrhythmias- None.
- Other Symptoms None.
- Maximal Heart Rate and Blood Pressure 144 bpm, BP 170/85 mm of Hg.
- Predicted Maximal Heart Rate Achieved 77%.
- Reason For Termination Target Heart rate achieved.

CONCLUSION: Stress Test Negative for Exercise Induced Ischemia.

A.VYANKATESH MAGAR MAGAR

DR.DEORAO THENGE M.D.D.N.B.(CARDIOLOGY) Dr. Devrao Thenge MD, DNB (Cardiology) Reg. No. 2001/02/491 ASIAN HOSPITAL MOTIWALA SQUARE AURANGABAD Station Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: GHODKE, MAHESH

Patient ID: 54526 Height: 176 cm Weight: 82 kg

Study Date: 14.02.2024

Test Type: -Protocol: BRUCE

Medications:

Medical History:

Reason for Exercise Test:

Exercise Test Summary

DOB: 19.10.1989 Age: 34yrs Gender: Male Race: Asian

Referring Physician: --

Attending Physician: Dr.Deorao Thenge

Technician: --

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:17	0.00	0,00	96	130/85	
	STANDING	00:49	0.50	0.00	93		
EXERCISE	STAGE 1	03:00	1.70	10.00	121	140/85	
	STAGE 2	03:00	2.50	12.00	139	159/85	
	STAGE 3	03:00	3.40	14.00	142	16/0/85	
	STAGE 4	00:01	3.40	14.00	142		
RECOVERY		04:00	0.00	0.00	102	170/85	

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 96 bpm rose to a maximal heart rate of 144 bpm. This value represents 77 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/85 mmHg, rose to a maximum blood pressure of 170/85 mmHg. The exercise test was stopped due to Target heart rate achieved.

#### Interpretation

Summary: Resting ECG: normal. Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none. Arrhythmias; none. ST Changes: none.

Overall impression: Normal stress test.

#### Conclusions

Exercise of Bruce Protocol For 9.00 Min. Target Heart Rate Achieved. No Angina/Arrythmias.No ST-T Changes. Test is Negative For Induced Ischemia.

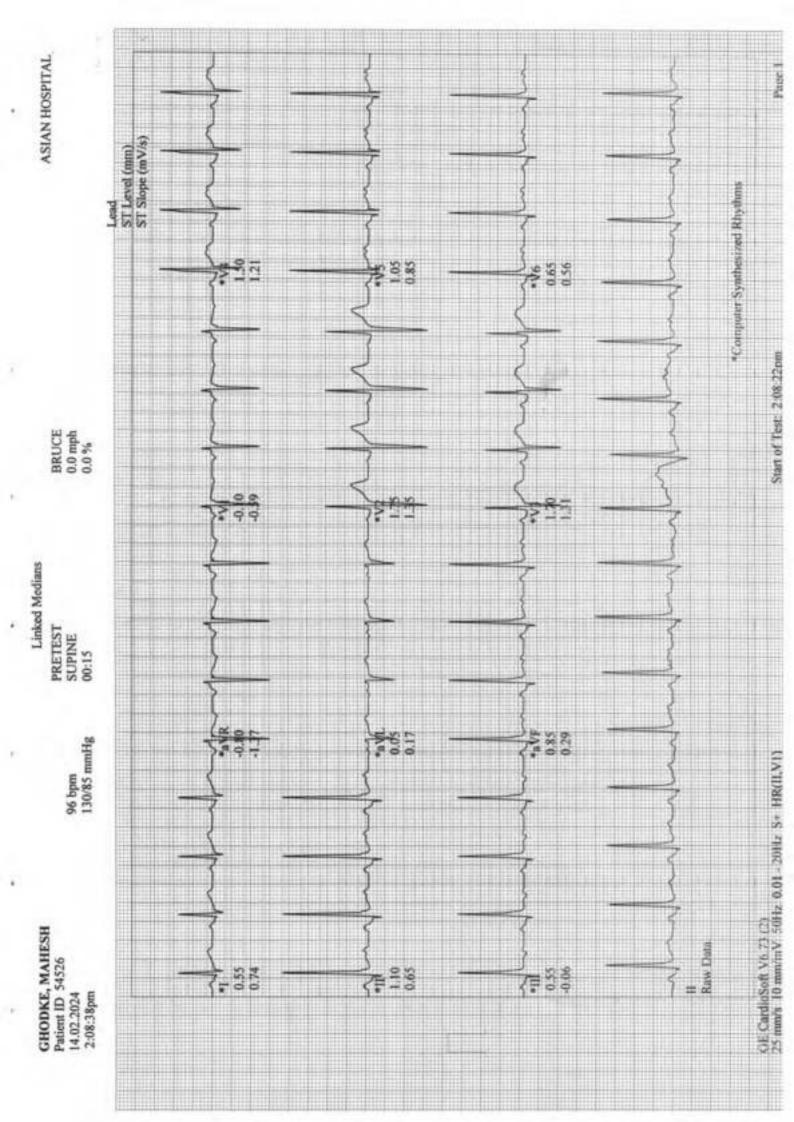


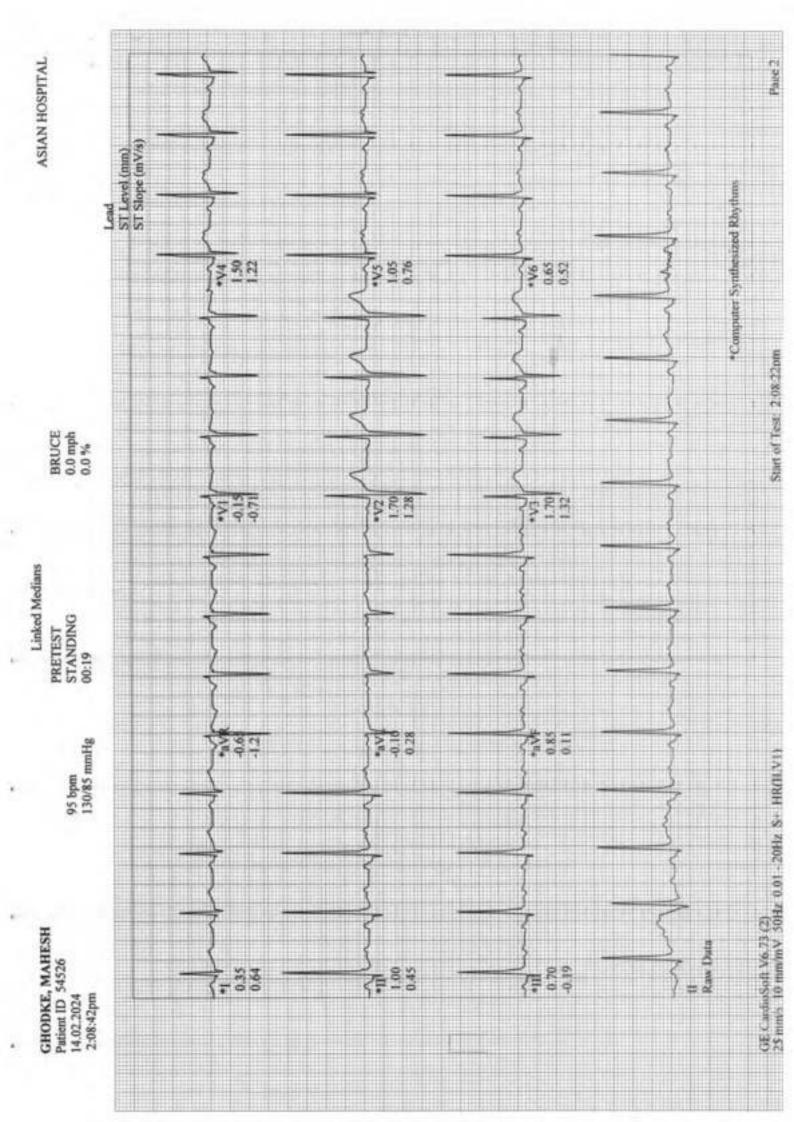
Dr. Devrao Thenge MD, DNB (Cardiology) Reg. No. 2001/02/491

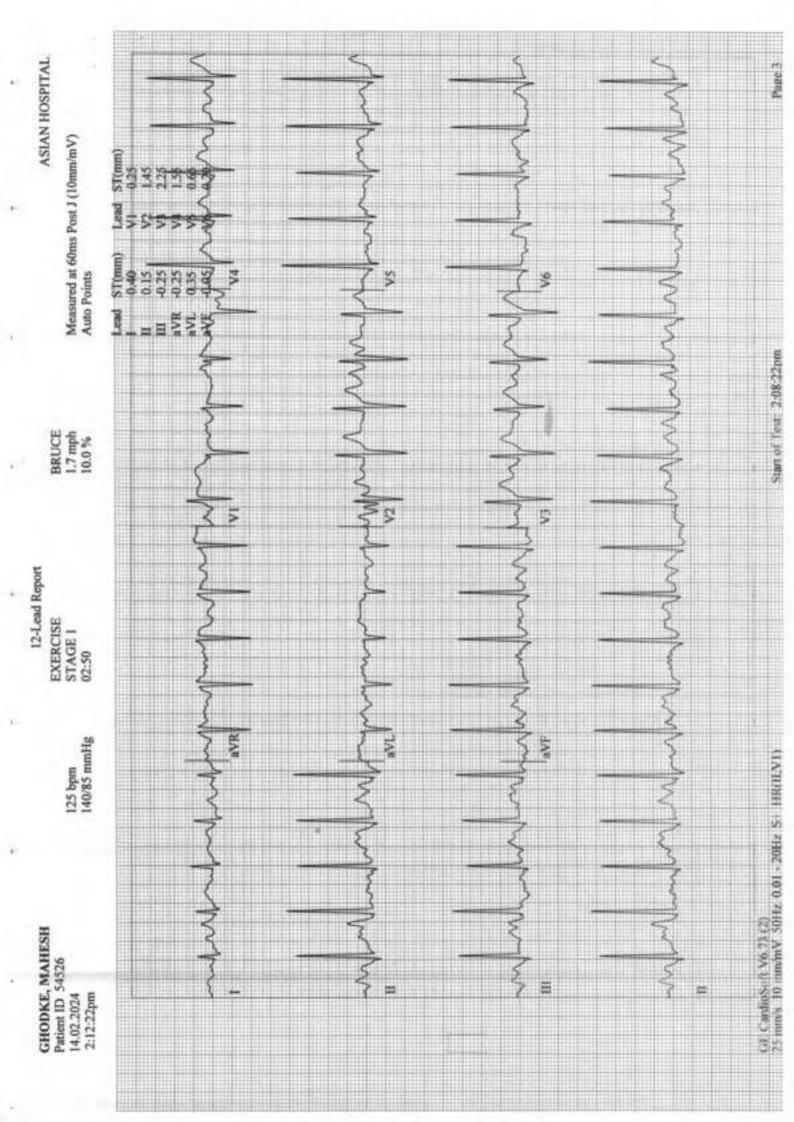
Physician

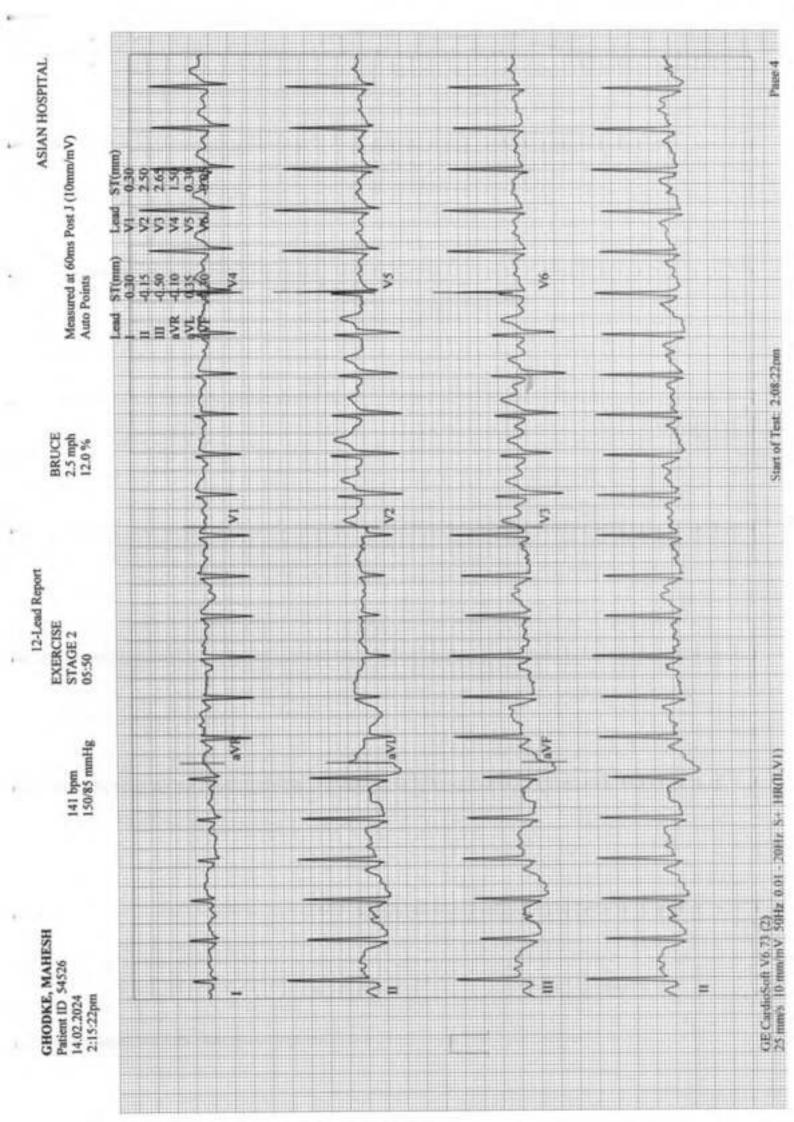
Technician

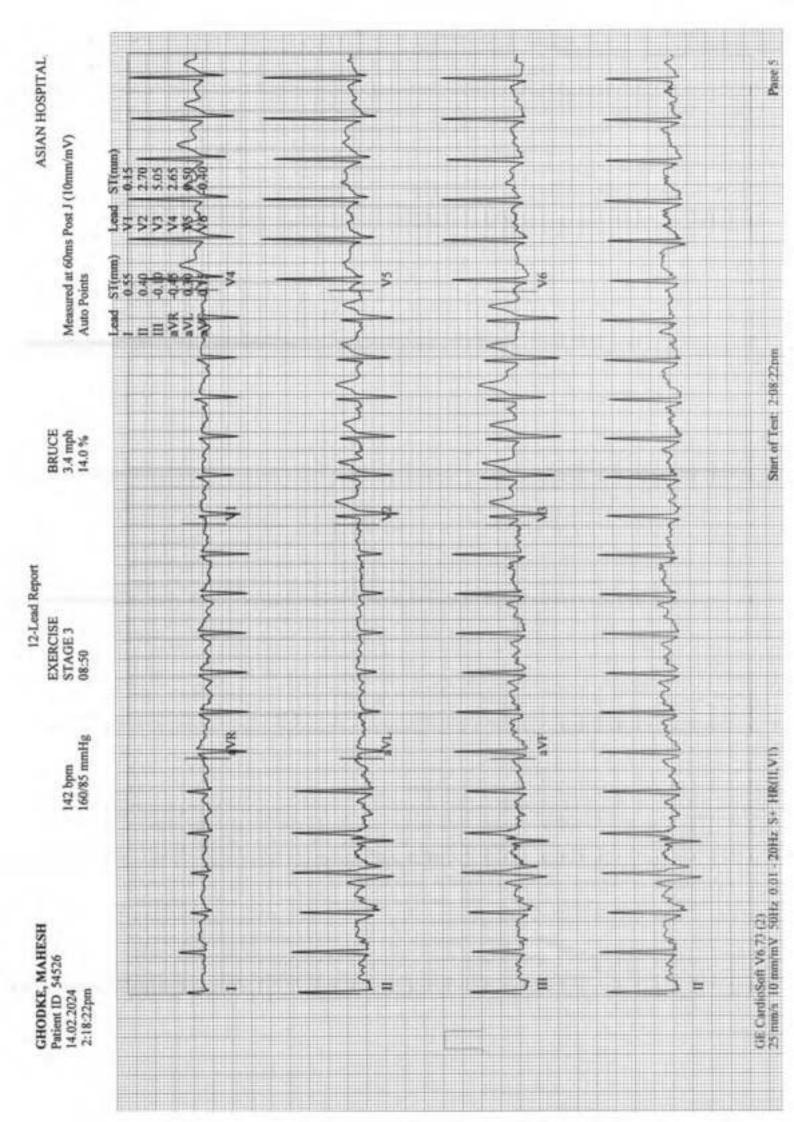
ASIAN HOSPITAL	ASIAN HOSPITAL  E. 96 0 mmHg*bpm  04:30 . HR Response to		Summary: Resting ECG: normal. Functional Capacity: normal. HR Response to Exercise. sppropriate. BP Response to Exercise. normal resting BP - appropriate response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall impression: Normal stress test.  Conclusion: Exercise of Bruce Protocol For 9.00 Min.  Target Heart Rate Achieved.					Page 1
	5 bpm HR at rest: 96 Max RPP: 22720 mmHg*bpm	Maximum Workload: 10.10 METS  Max. ST: -0.75 mm, 0.00 mV/s in III; EXERCISE STAGE2: 04:30  ST/HR index: 0.86 µV/bpm  Reasons for Termination: Target hourt rate achieved	Capacity, normal res normal resting e. ST Changes. 00 Min.	Comment				
	:-00 predicted 18 est: 130/85	S in III; EXER of heart rate a	L. Functional rise to Exerci hythmias: nor rotocol For 9	ু কুল	0.65	0.50	07:0	огао Тъспас
	Time 09 6 of max BP at r	0 mV/s pm pm on: Targe	3P Respo one. And ss test. f Bruce P	vo 51-1 uced Isch (/min)	0.0	00-		D. D. D.
	BRUCE: Total Exercise Time 09:00 Max HR: 144 bpm 77% of max predicted 186 bpm Max BP: 170/85 mmHg BP at rest: 130/85 Max R	Maximum Workload: 10.10 METS  Max. ST: 40.75 mm, 0.00 mV/s in III; EXERCISE S  STAR index: 0.86 µV/bpm  Reasons for Termination: Target hourt rate achieved	Summary: Resting ECG: normal. Functional Capacity Exercise: appropriate. BP Response to Exercise: norm response. Chest Pam: none. Arrhythmias: none. ST C impression. Normal stress test. Conclusion: Exercise of Brace Protocol For 9.00 Min. Target Heart Rate Activeved.	No Angria/Arrythmias No S1-1 Changes Test is Negative For Induced Ischemia  BP	12480	20850		Attending MD: Dr. Deorao Thense
	BRUCE: Max HR: Max BP:	Max. ST. ST.HR in Reasons	Summar Exercise: response, impressio Conclusi Target He	Test is No. Angur BP (mmHg)	130/85	150/85		
ummary				HR (bpm)	88	283	2	
Tabular Summary				Workload (METS)	0.7	905	10.	Unconfirmed
				je.	0000	12.00	14.00	Union
				Pool (Hope)	0000	288	3.40	
	82 kg	ž.	Ordering MD: Test Type:	Time in Stage	00:49	8388	10:00	
HESH	Male 176 cm 82 kg 34yrs Asian Meds:	Test Reason: Medical History	Ref. MD: O Technician. Comment:	Suite Name	SUPINE	STAGE 1	STAGE 4	V6.73 (2)
GHODKE, MAHESH	14.02.2024 2.08.22pm			Phase Name	PRETEST	EXERCISE		GE CardioSoft V6.73 (2)

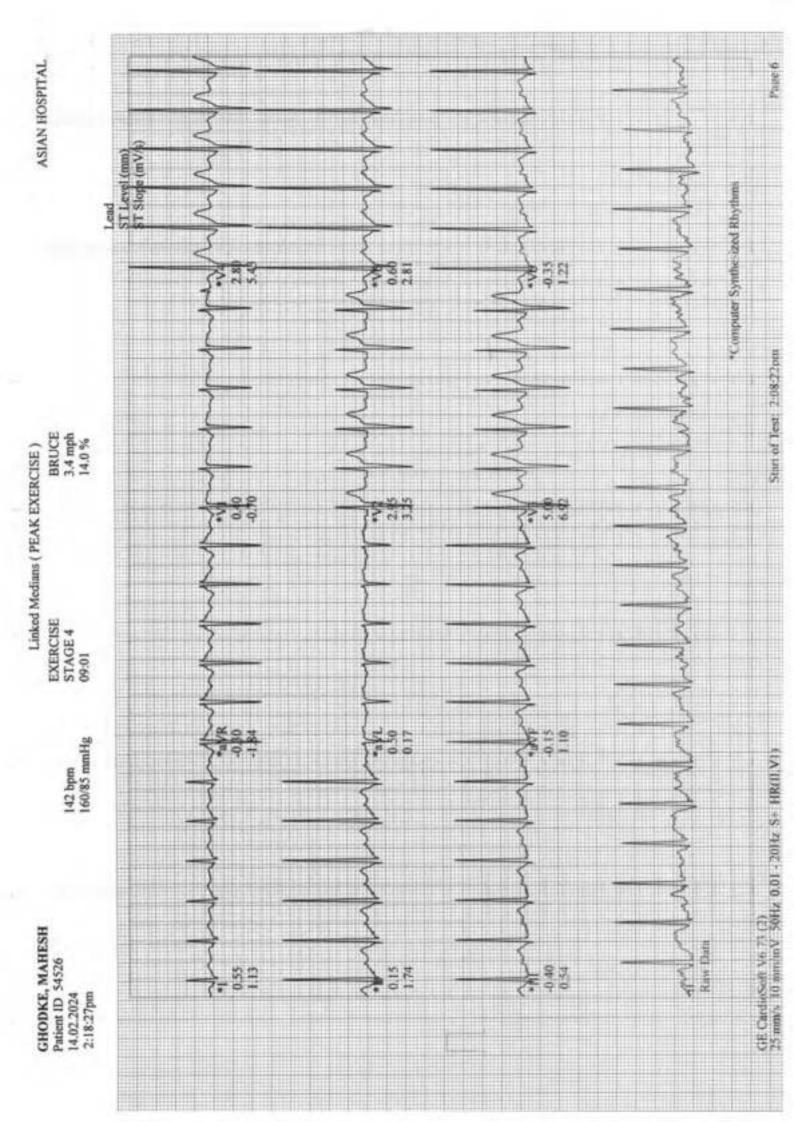


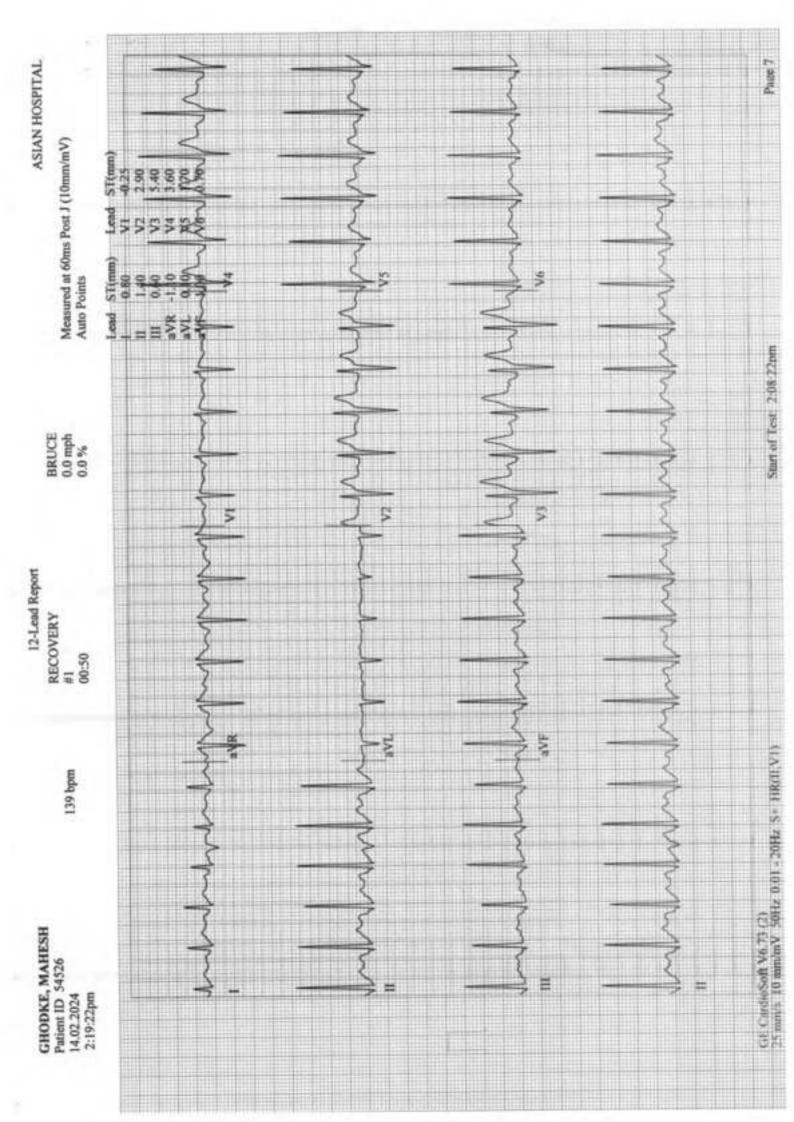


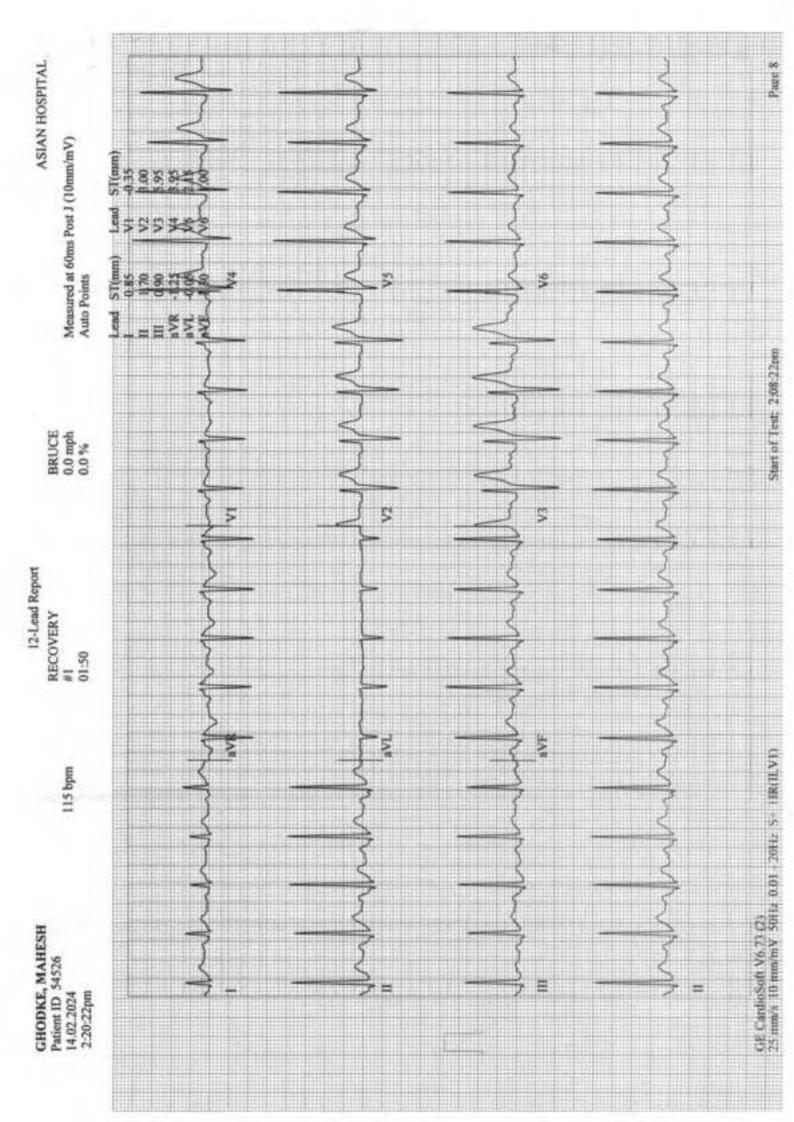


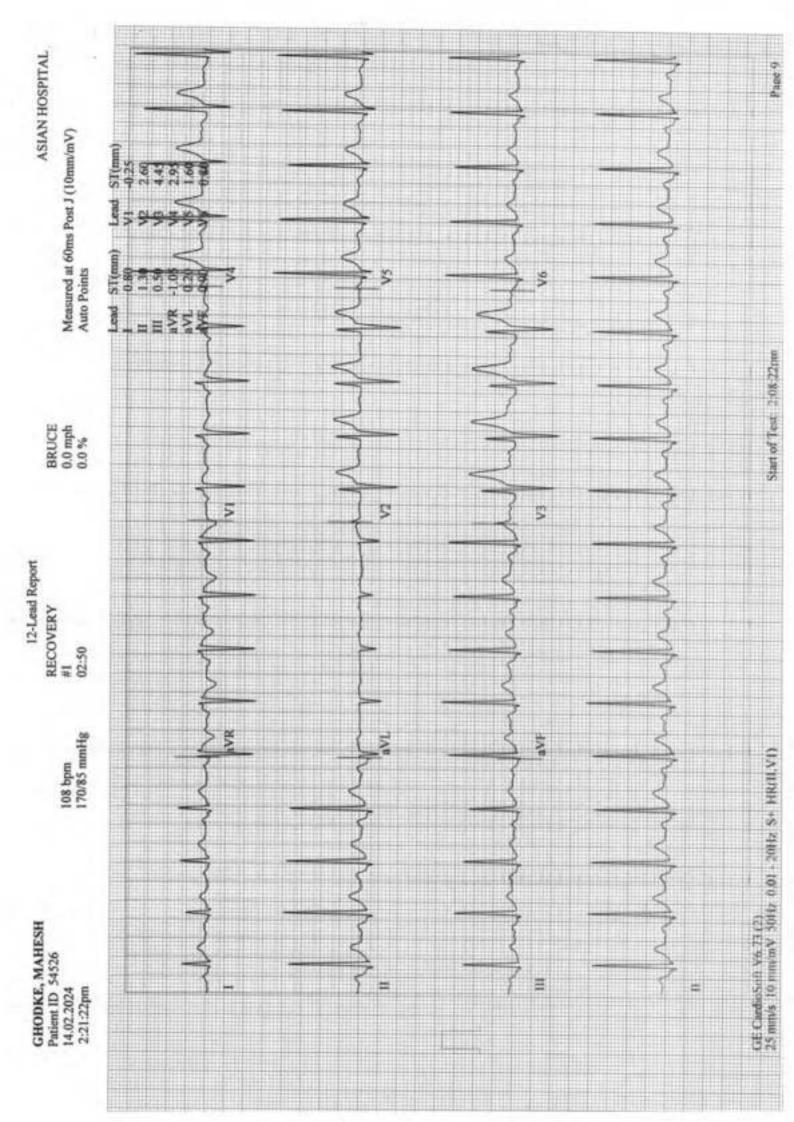
















: 34 Yrs/Male

Ref. Dr. : MEDIWHEEL

Report Date :

: 14/02/2024



#### **HAEMATOLOGY REPORT**

Test Description Result Unit Biological Reference Range

**BLOOD GROUP AND RH FACTOR** 

Blood Group

Rh Factor

Age/Gender

'B'

POSITIVE(+VE)

Dr.S.R. SARDA

B.D. Rug. No. 85468

BARDA CENTER FOR DIARFIES & SELF CARE

4. Vyantatechnego, Julia Road, Aurangahad

Phore No. 2133861, 2134856



SCD24/1389

Age/Gender: 34

Ref. Dr.

: 34 Yrs/Male : MEDIWHEEL Report Date : 14/02/2024



#### HBA1C/GLYCOCYLATED

HbA1c Glycosilated Haemoglobin

6.5

%

Method: HPLC, NGSP certified

Estimated Average Glucose:

140

mg/dL

As per American Diabetes Association (ADA)						
Reference Group	HbA1c in %					
Non diabetic adults >=18 years	<5.7					
At risk (Prediabetes)	5.7 - 6.4					
Diagnosing Diabetes	>= 6.5					
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5					

ADA criteria for correlation					
HbA1c(%)	Mean Plasma Glucose (mg/dL)				
6	126				
7	154				
8	183				
9	212				
10	240				
11	269				
12	298				

**Note:**1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .

2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

**Comments:**HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.





SCD24/1389

Ref. Dr.

Age/Gender : 34 Yrs/Male

: MEDIWHEEL

Report Date : 14/02/2024



#### **BIOCHEMISTRY REPORT**

Test Description	Result	Unit	Biological Reference Range
LIPID PROFILE	-		
Cholesterol-Total  Method: CHOD/PAP	156	mg/dL	< 200 : Desirable 200-239 : Borderline risk > 240 : High risk
Triglycerides level  Method: Lipase / Glycerol Kinase)	90	mg/dL	< 150 : Normal 150–199 : Borderline-High 200–499 : High > 500 : Very High
HDL Cholesterol  Method: CHOD/PAP	48	mg/dL	< 40 : Low 40 - 60 : Optimal > 60 : Desirable
LDL Cholesterol  Method: Homogeneous enzymatic end point assay	90.00	mg/dL	< 100 : Normal 100 - 129 : Desirable 130 – 159 : Borderline-High 160 – 189 : High > 190 : Very High
VLDL Cholesterol  Method: Calculation	18.00	mg/dL	7 - 40
CHOL/HDL RATIO  Method: Calculation	3.25	Ratio	3.5 - 5.0
LDL/HDL RATIO  Method: Calculation	1.88	Ratio	0 - 3.5

Method. Calculation						
Interpretation						
Lipid profile can measure the amount of Total cholesterol's and triglycerides in blood:						
Test	Comment					
Total cholesterol:	measures all the cholesterol in all the lipoprotein particles					
High-density lipoprotein cholesterol (HDL-C):	measures the cholesterol in HDL particles; often called "good cholesterol" because HDL-C takes up excess cholesterol and carries it to the liver for removal.					
Low-density lipoprotein cholesterol (LDL-C):	measures the cholesterol in LDL particles; often called "bad cholesterol" because it deposits excess cholesterol in walls of blood vessels, which can contribute to atherosclerosis					
Triglycerides:	measures all the triglycerides in all the lipoprotein particles; most is in the very low-density lipoproteins (VLDL).					





Age/Gender : 34 Yrs/Male

Ref. Dr. : MEDIWHEEL : 14/02/2024



#### **BIOCHEMISTRY REPORT**

Report Date

Test Description	Result	Unit	<b>Biological Reference Range</b>					
BLOOD SUGAR FASTING & PP (BSF & PP)- INS								
BLOOD SUGAR FASTING Method: Hexokinase	72	mg/dl	70 - 110					
BLOOD SUGAR POST PRANDIAL	113	mg/dl	70 - 140					
Method: Hexokinase								
ADA 2019 Guidelines for diagnosis of Di	abetes Mellitus							
Fasting Plasma Glucose > 126 mg/dl								
Postprandial Blood Glucose > 200 mg/dl								

Random Blood Glucose > 200 mg/dl HbA1c Level > 6.5%





: 34 Yrs/Male

Ref. Dr. : MEDIWHEEL : 14/02/2024 Report Date



#### **BIOCHEMISTRY REPORT**

Test Description	Result	Unit	Biological Reference Range	
UREA Method: UV	31	mg/dl	10 - 45	
Serum Creatinine  Method: Modified Jaffe's	1.2	mg/dL	0.70 - 1.40	
URIC ACID	6.8	mg/dl	2.5 - 7.2	

Age/Gender

Uric Acid - Serum uric acid measurements are useful in the diagnosis and treatment of numerous renal and metabolic disorders, including renal failure, gout, leukemia, psoriasis, starvation or other wasting conditions, and in patients receiving cytotoxic drugs.





Age/Gender

Ref. Dr.

: 34 Yrs/Male

: MEDIWHEEL

Report Date

: 14/02/2024



### LIVER FUNCTION TEST (LFT)

TOTAL BILIRUBIN	0.60	mg/dl	0.2 - 1.0
Method: Serum, Jendrassik Grof			
DIRECT BILIRUBIN	0.10	mg/dL	0.0 - 0.3
Method: Serum, Diazotization			
INDIRECT BILIRUBIN	0.50	mg/dl	0.3 - 0.7
Method: Serum, Calculated			
SGPT (ALT)	54	U/L	15 - 40
Method: Serum, UV with P5P, IFCC 37 degree			
SGOT (AST)	41	U/L	15 - 40
Method: Serum, UV with P5P, IFCC 37 degree			
ALKALINE PHOSPHATASE	81	U/L	30 - 120
Method: DGKC			
TOTAL PROTEIN	7.3	g/dl	6.0 - 8.3
Method: Serum, Biuret, reagent blank end point			
SERUM ALBUMIN	4.2	g/dl	3.5 - 5.2
Method: Serum, Bromocresol green			
SERUM GLOBULIN	3.10	g/dl	1.8 - 3.6
Method: Serum, Calculated			
A/G RATIO	1.35		1.2 - 2.2
Method: Serum, Calculated			
Gamma Glutamyl Transferase-Serum	79	IU/L	15 - 73

## Method: Kinetic

In known cases of Chronic Liver disease due to Viral Hepatitis B & C, Alcoholic liver disease or Non alcoholic fatty liver disease, Enhanced liver fibrosis (ELF) test may be used to evaluate liver fibrosis.





Age/Gender : 34 Yrs/Male Ref. Dr. : MEDIWHEEL Report Date : 14/02/2024



#### **IMMUNOASSAY REPORT**

Test Description	Result	Unit	Biological Reference Range
Thyroid Function Test (TFT)			
Т3	119.87	ng/dl	80-253 : 1 Yr-10 Yr,
		· ·	76-199 : 11 Yr-15 Yr,
			69-201 :16 Yr-18 Yr,
			87-173 : > 18 years,
T4	6.20	ng/dl	5.9-21.5 :10-31 Days,
		· ·	5.9-21.5 :0-1 Month,
			6.4-13.9 :2-12 Months,
			6.09-12.23 :>1 Yr
TSH(Serum)	11.64	ng/dl	0.52-16.0 :1 Day - 30 Days
		· ·	0.55-7.10 :1 Mon-5 Years
			0.37-6.00 :6 Yrs-18 Years
			0.38-5.33 :18 Yrs-88 Years
			0.50-8.90 :88 Years

Method: ECLIA

Comment: ADV: CLINICAL CORRELATION & FOLLOW UP REPEAT, SOS.

Clinical features of thyroid disease			
Hypothyroidism	Hyperthyroidism	Grave's disease	
Lethargy	Tachycardia	Exophthalmos/proptosis	
Weight gain	Palpitations (atrial fibrillation)	Chemosis	
Cold intolerance	Hyperactivity	Diffuse symmetrical goitre	
Constipation	Weight loss with increased appetite	Pretibial myxoedema (rare)	
Hair loss	Heat intolerance	Other autoimmune conditions	
Dry skin	Sweating		
Depression	Diarrhoea		
Bradycardia	Fine tremor		
Memory impairment	Hyper-reflexia		
Menorrhagia	Goitre		
	Palmar erythema		
	Onycholysis		
	Muscle weakness and wasting		
	Oligomenorrhea/amenorrhoea		





Age/Gender

Ref. Dr.

Deposit

: 34 Yrs/Male

: MEDIWHEEL

Report Date : 14/02/2024



#### **URINE EXAMINATION REPORT**

Result	Unit	Biological Reference Range
	-	
	Result	Result Unit

# **Physical Examination**

ColourPale YellowPale YellowApperanceClearClearReactionAcidic

Absent

**Chemical Examination** 

Specific Gravity 1.015 Albumin Absent

Sugar NIL Absent

Acetone Absent

Bile Salt Absent Absent Bile Pigment Absent Absent Absent

**Microscopic Examination** 

/hpf Nil RBC's Not seen Occasional /hpf 2-3/hpf Pus cells NIL 1-2/hpf **Epithelial Cells** /hpf Absent Absent Crystals Absent Absent **Amorphous Deposit** 





SCD24/1389

Age/Gender

Ref. Dr.

: 34 Yrs/Male

: MEDIWHEEL

Report Date : 14/02/2024



Test Description	Result	Unit	Biological Reference Range	
COMPLETE BLOOD COUNT				
Total WBC Count	6500	cell/cu.mm	4000 - 11000	
Haemoglobin	11.7	g%	13 - 18	
Platelet Count	209000	/cumm	150000 - 450000	
RBC Count	4.5	/Mill/ul	4.20 - 6.00	
RBC INDICES				
Mean Corp Volume MCV	78.2	fL	80 - 97	
Mean Corp Hb MCH	26.0	pg	26 - 32	
Mean Corp Hb Conc MCHC	33.2	gm/dL	31.0 - 36.0	
Hematocrit HCT	35.2	%	37.0 - 51.0	
DIFFERENTIAL LEUCOCYTE CO	UNT			
Neutrophils	45	%	40 - 75	
Lymphocytes	47	%	20 - 45	
Monocytes	05	%	02 - 10	
Eosinophils	03	%	01 - 06	
Basophils NOTE:	00	%	00 - 01	

<sup>1.</sup> As per the recommendation of International council for Standardization in Hematology, the differential leukocyte counts are additionally being reported as absolute numbers of each cell in per unit volume of blood.

ESR 23 mm/hr Male: 0-8 mm at 1 Hr. Female: 0-20 mm at 1 Hr.

#### **INTERPRETATION:**

- 1. It indicates presence and intensity of an inflammatory process, never diagnostic of a specific disease. Changes are more significant than a single abnormal test.
- 2. It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis, polymyalgia rheumatica.
- 3. It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

\*\*\*\* End of the report. \*\*\*\*



<sup>2.</sup> Test conducted on EDTA whole blood.



Age/Gender : 34 Yrs/Male Ref. Dr. : MEDIWHEEL

Report Date : 14/02/2024



