Dear MS. AGRAWAL PRACHI,

Please find the confirmation for following request.

Booking Date

:25-01-2023

Package Name

.Medi-Wheel Metro Pull Body Health

\*Checkup Female Below 40

Name of

Diagnostic/Hospital

:Manipal Hospitals

Address of

NH-24 Hapur Road, Oppo. Bahmeta

Diagnostic/Hospital: Village, Near Lancroft Golf Links

Apartment

Contact Details

: 8979619531

City

:Ghaziabad

State

:Uttar Pradesh

Pincode

:201002

Appointment Date

:28-01-2023

Confirmation Status: Confirmed

Preferred Time

:9:00am-9:30am

Comment

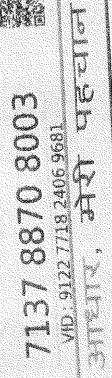
:APPOINTMENT TIME 8:00AM

## Instructions to undergo Health Check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- 3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
- 4. Please bring all your medical prescriptions and previous health medical records with you.
- 5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

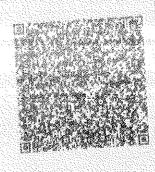
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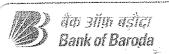




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भाम Name PRACHI AGARWAL

कर्षचारी कृट क E.C. No. 103521

जारीकर्ता प्राधिकारी (उप.क्षे.प्र.) Issuing Authority (D.R.M.)

धारक के हस्ताक्षर Signature of Holder



Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex :Female

Registration No

MH010741244

Lab No

32230110317

Patient Episode

H18000000173

Collection Date:

28 Jan 2023 20:27

Referred By

Reporting Date:

**Receiving Date** 

: HEALTH CHECK MGD : 28 Jan 2023 21:12

29 Jan 2023 08:17

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA) T4 - Thyroxine (ECLIA)

1.10 7.09

ng/ml micg/dl

[0.70 - 2.04]

Thyroid Stimulating Hormone (ECLIA)

2.150

µIU/mL

[4.60-12.00] [0.340-4.250]

1st Trimester:0.6 - 3.4 micIU/mL 2nd Trimester:0.37 - 3.6 micIU/mL 3rd Trimester:0.38 - 4.04 micIU/mL

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- \* References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

Page1 of 9

-----END OF REPORT-----

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY



Name : MRS PRACHI AGARWAL

Age : 31 Yr(s) Sex :Female

Registration No :

: MH010741244

: 202301002966

Patient Episode : H18000000173

Collection Date :

Lab No

28 Jan 2023 09:44

Referred By : 1

HEALTH CHECK MGD

**Reporting Date:** 28 Jan 2023 16:36

**Receiving Date** 

: 28 Jan 2023 09:44

#### HAEMATOLOGY

TEST	RESULT	UNIT BIOLOGIC	AL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOM	ATED)	SPECIMEN-EDTA Whole	Blood
RBC COUNT (IMPEDENCE)	4.63	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	13.3	g/dl	[12.0-15.0]
Method:cyanide free SLS-cole	orimetry		
HEMATOCRIT (CALCULATED)	40.1	%	[36.0-46.0]
MCV (DERIVED)	86.6	£L	[83.0-101.0]
MCH (CALCULATED)	28.7	pg	[27.0-32.0]
MCHC (CALCULATED)	33.2	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.6	06	[11.6-14.0]
Platelet count	208	x 10³ cells/cumm	[150-400]
MPV(DERIVED)	13.2		
WBC COUNT(TC)(IMPEDENCE) DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)	5.11	x 10³ cells/cumm	[4.00-10.00]
Neutrophils	68.0	010	[40.0-80.0]
Lymphocytes	22.0	%	[17.0-45.0]
Monocytes	7.0	%	[2.0-10.0]
Eosinophils	3.0	96	[2.0-7.0]
Basophils	0.0	96	[0.0-2.0]
ESR	28.0 #	/1sthour	[0.0]

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NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002
www.manipalhospitals.com



Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex: Female

Registration No

Lab No

Patient Episode

MH010741244

202301002966

H18000000173

Collection Date:

28 Jan 2023 09:44

Referred By

HEALTH CHECK MGD

**Reporting Date:** 28 Jan 2023 18:19

**Receiving Date** 

: 28 Jan 2023 09:44

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin)

5.0

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADA

HbAlc in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk ) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

97

mg/dl

Comments : HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour

PALE YELLOW

(Pale Yellow - Yellow)

Appearance

CLEAR

5.0

(4.6-8.0)

Reaction[pH] Specific Gravity

1.010

(1.003 - 1.035)

CHEMICAL EXAMINATION

Protein/Albumin

Negative

(NOT DETECTED)

Glucose

Normal

(NOT DETECTED) NegativeKetone BodiesNegative(NOT DETECTED)

Ketone Bodies Urobilinogen

Normal

(NORMAL)

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CA LAR-02 V4 0 7--- 12



Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex: Female

Registration No

MH010741244

Lab No

202301002966

**Patient Episode** 

H18000000173

**Collection Date:** 

28 Jan 2023 10:16

Referred By

HEALTH CHECK MGD

Reporting Date:

28 Jan 2023 16:22

**Receiving Date** 28 Jan 2023 10:16

#### CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells

2-3/hpf

(0-5/hpf)

RBC

NIL

(0-2/hpf)

Epithelial Cells CASTS

1-2 /hpf NIL

Crystals OTHERS

NIL NIL

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL

170 mq/dl

[<200]

TRIGLYCERIDES (GPO/POD)

CHOLESTEROL, LDL, DIRECT

Moderate risk:200-239

High risk:>240

[<150]

mg/dl Borderline high:151-199

High: 200 - 499 Very high: >500

HDL- CHOLESTEROL

57.0

47

mg/dl

[35.0-65.0]

Method: Enzymatic Immunoimhibition VLDL- CHOLESTEROL (Calculated)

8

mg/dl

[0-35]

105.0 mg/dl [<120.0]

Near/

Above optimal-100-129

T.Chol/HDL.Chol ratio(Calculated)

3.0

Borderline High: 130-159

High Risk: 160-189

<4.0 Optimal

4.0-5.0 Borderline

>6 High Risk

LDL.CHOL/HDL.CHOL Ratio(Calculated)

1.8

<3 Optimal

3-4 Borderline

>6 High Risk

Note:

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Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex: Female

Registration No

MH010741244

Lab No

202301002966

Patient Episode

Referred By

H18000000173

Collection Date:

28 Jan 2023 09:44

**Receiving Date** 

HEALTH CHECK MGD

28 Jan 2023 09:44

Reporting Date:

28 Jan 2023 16:07

### **BIOCHEMISTRY**

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Reference ranges based on ATP III Classifications.

#### KIDNEY PROFILE

Specimen: Serum			
UREA	19.0	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay		97 41	[13.0-40.0]
BUN, BLOOD UREA NITROGEN	8.9	mg/dl	[8.0-20.0]
Method: Calculated		3/	[0.0-20.0]
CREATININE, SERUM	0.42 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			[0.70-1.20]
URIC ACID	4.0	mg/dl	[4.0-8.5]
Method:uricase PAP		3,	[4.0 0.5]
SODIUM, SERUM	137.5	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.22	mmol/L	[3.60-5.10]
SERUM CHLORIDE	104.7	mmol/l	[101.0-111.0]
Method: ISE Indirect			
- CTD / - I - I - I			
eGFR (calculated)	137.0	ml/min/1.73sq.m	[>60.0]

Technical Note eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

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CA LAB-02-VI O T





Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex :Female

Registration No

MH010741244

Lab No

202301002966

Patient Episode

**Collection Date:** 

28 Jan 2023 09:44

Referred By

H18000000173

HEALTH CHECK MGD

Reporting Date:

28 Jan 2023 16:07

**Receiving Date** 

28 Jan 2023 09:44

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

LIVER FUNCTION TEST

BILIRUBIN - TOTAL Method: D P D

0.86

mg/dl

[0.30-1.20]

BILIRUBIN - DIRECT

0.15

mg/dl

[0.00 - 0.30]

Method: DPD

0.71 #

mg/dl

[0.10-0.30]

Method: Calculation

TOTAL PROTEINS (SERUM)

INDIRECT BILIRUBIN (SERUM)

7.30

qm/dl

[6.60 - 8.70]

Method: BIURET

ALBUMIN (SERUM)

4.14

g/dl

[3.50-5.20]

Method: BCG

GLOBULINS (SERUM) Method: Calculation

qm/dl

[1.80 - 3.40]

PROTEIN SERUM (A-G) RATIO

1.31

3.20

[1.00-2.50]

Method: Calculation

AST (SGOT) (SERUM) Method: IFCC W/O P5P

19.00

U/L

[0.00-40.00]

ALT (SGPT) (SERUM)

16.00

U/L

[14.00-54.00]

Method: IFCC W/O P5P

Method: AMP BUFFER IFCC)

Serum Alkaline Phosphatase 78.0

IU/L

[40.0-98.0]

GGT

8.0

[7.0-50.0]

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Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex: Female

**Registration No** 

Lab No

MH010741244

202301002966

**Patient Episode** 

H18000000173

**Collection Date:** 

28 Jan 2023 09:44

Referred By

: HEALTH CHECK MGD

Reporting Date:

28 Jan 2023 18:10

**Receiving Date** 

28 Jan 2023 09:44

**BLOOD BANK** 

TEST

RESULT

UNIT

**BIOLOGICAL REFERENCE INTERVAL** 

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

O Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT--

Dr. Alka Dixit Vats Consultant Pathologist



Name

MRS PRACHI AGARWAL

Age

31 Yr(s) Sex: Female

Registration No

MH010741244

Lab No

202301002967

**Patient Episode** 

H18000000173

**Collection Date:** 

28 Jan 2023 09:44

Referred By

HEALTH CHECK MGD

**Reporting Date:** 28 Jan 2023 16:08

**Receiving Date** 

28 Jan 2023 09:44

**BIOCHEMISTRY** 

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

82.0

mg/dl

[70.0-110.0]

Method: Hexokinase

-----END OF REPORT----

Page 8 of 9

Dr. Alka Dixit Vats Consultant Pathologist



Name

MRS PRACHLAGARWAL

Age

31 Yr(s) Sex :Female

**Registration No** 

: MH010741244

Lab No

202301002968

**Patient Episode** 

Collection Date:

H18000000173

: 28 Jan 2023 13:27

28 Jan 2023 13:27

Referred By **Receiving Date**  : HEALTH CHECK MGD

**Reporting Date:** 28 Jan 2023 15:41

BIOCHEMISTRY

**TEST** 

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS 107.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to

fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

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-----END OF REPORT-----

Dr. Alka Dixit Vats **Consultant Pathologist** 

**MANIPAL HOSPITALS** 

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Name	Prachi AGARWAL	Modality	DX
Patient ID	MH010741244	Accession No	R5090923
Gender/Age	F / 31Y 2D	Scan Date	28-01-2023 09:57:03
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 10:16:56

#### XR- CHEST PA VIEW

#### FINDINGS:

LUNGS: Normal. TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

#### **IMPRESSION**

XR- CHEST PA VIEW

No significant abnormality seen.

Please correlate clinically



Name	Prachi AGARWAL	Modality	DX	
Patient ID	MH010741244	Accession No	R5090923	
Gender/Age	F/31Y 2D	Scan Date	28-01-2023 09:57:03	
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 10:16:56	

Dr. Prabhat Prakash Gupta,

MBBS, DNB, MNAMS, FRCR(I)

Consultant Radiologist, Reg no DMC/R/14242



Name	Prachi AGARWAL	Modality	US	
Patient ID	MH010741244	Accession No	R5090924	
Gender/Age	F/31Y 2D	Scan Date	28-01-2023 09:57:04	
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 10:25:03	

### **USG A BDOMEN & PELVIS**

#### **FINDINGS**

LIVER: Liver is enlarged in size (measures 169 mm) but normal in shape and echotexture. Rest normal.

SPLEEN: Spleen is normal in size (measures 102 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 12 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.5 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 108 x 36 mm.

Left Kidney: measures 103 x 43 mm. It shows a concretion measuring 3.2 mm at mid calyx.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is retroverted, normal in size (measures 74 x 38 x 37 mm), shape and echotexture. Evidence of previous

operation scar is seen. Endometrial thickness measures 7.3 mm. Cervix appears normal.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures  $28 \times 27 \times 17$  mm with volume 6.8 cc. Left ovary measures  $28 \times 32 \times 18$  mm with volume 8.4 cc.

BOWEL: Visualized bowel loops appear normal.

#### **IMPRESSION**

-Hepatomegaly (ADV: LFT Correlation).

-Left renal concretion.

Recommend clinical correlation.

Dr. Monica Shekhawat, MBBS, DNB,

Consultant Radiologist, Reg No MCI11 10887

**MANIPAL HOSPITALS** 

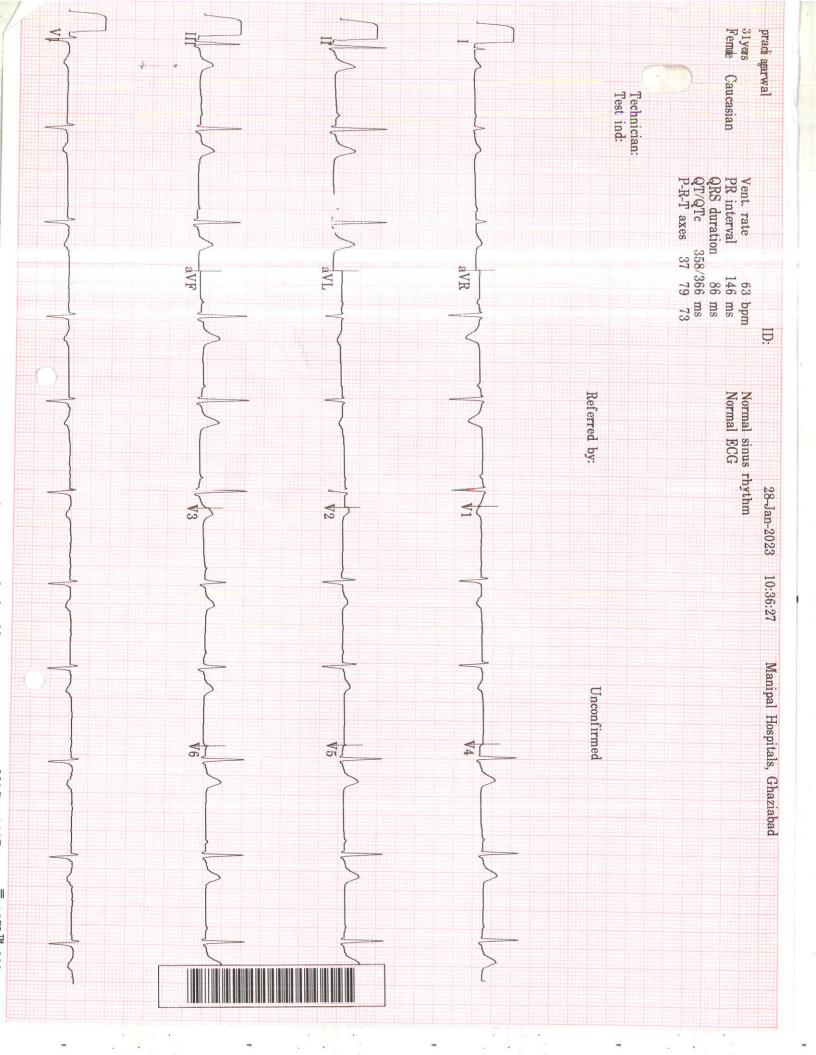
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This report is subject to the terms and conditions mentioned overleaf

Page 1 of 2



Name	Prachi AGARWAL	Modality	US	
Patient ID	MH010741244	Accession No	R5090924	
Gender/Age	F / 31Y 2D	Scan Date	28-01-2023 09:57:04	
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	28-01-2023 10:25:03	









### TMT INVESTIGATION REPORT

Patient Name: Mrs. Prachi AGARWAL

Location

: Ghaziabad

Age/Sex

: 31Year(s)/Female

Visit No

: V000000001-GHZB

MRN No

:MH010741244

Order Date

: 28/01/2023

Ref. Doctor : HCP

Report Date

: 28/01/2023

Protocol

: Bruce

MPHR

: 189BPM

**Duration of exercise** 

: 6min 13sec

85% of MPHR

: 160BPM

cason for termination : THR achieved

Peak HR Achieved : 162BPM

blood Pressure (mmHg) : Baseline BP : 120/80mmHg

Peak BP

: 134/80mmHg

% Target HR

: 85%

METS

: 7.3METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	81	120/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	134	126/80	Nil	No ST changes seen	Nil
STAGE 2	3:00	160	134/80	Nil	No ST changes seen	Nil
STAGE 3	0:13	162	134/80	Nil	No ST changes seen	Nil
RECOVERY	3:09	88	124/80	Nil	No ST changes seen	Nil

## **COMMENTS:**

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

## **IMPRESSION:**

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

MD, DM (CARDIOLOGY), FACC Sr. Consultant Cardiology

MD, DNB (CARDIOLOGY), MNAMS MD

Sr. Consultant Cardiology

Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

Page 1 of 2

P: 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017