

Name : Mr. SAYANTAN SARKAR (37 /M)

Date : 26/08/2022

Address : A/63, PURBAYAN, GOLPARK, SODEPUR, PS- GHOLA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002007017

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH155434



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

Present known illness

- Diabetes mellitus, Hypertension, Thyroid disorder, Heart disease, Asthma
Since - 5 years Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:27/08/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Bowel habits - regular

Genitourinary system

Frequency - normal

Central nervous system

Concentration - good; Sleep - disturbed

Eyes

Glasses - yes; - Distant decreased.

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Neck - pain

Skin

- Nil Significant



Past medical history

Covid 19 - Yes
- 3 times.
Hospitalization for Covid 19 - No
Dengue - 2021.



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - consumes alcohol occasionally
Frequency - monthly
Smoking - Yes
Number - 3 sticks / day
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Aged - 71 years
Mother - alive
Aged - 61 years
Diabetes - mother
Hypertension - mother

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Coronary artery disease - none
Cancer - None
CVA - paternal grandfather

PHYSICAL EXAMINATION



General

Build - over weight
Height - 180 Cm
Weight - 85 Kg
BMI - 26.23
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 88
Rhythm - Regular
Systolic(mm of Hg) - 134
Diastolic(mm of Hg) - 82
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sound



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present



Eyes

Eye vision - Normal

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.4	g/dl	●	13.0-17.0
RBC COUNT	4.51	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	40.9 *	%	●	41-53
MCV	90.5	fl	●	83-101
MCH	29.7	pg	●	27-32
MCHC	32.9	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	6500	/cu mm	●	4000-10000
Platelet Count	1.69	lacs/cu mm	●	1.5-4.0
Neutrophils	53	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.015			
pH:	6.5			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	19	U/L	●	10-40
ALBUMIN - SERUM	4.8	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	68	U/L	●	53-128
AST (SGOT) - SERUM	28	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	166	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM 32 U/L ● 7-64

TOTAL T3: TRI IODOTHYRONINE - SERUM 1.3 ng/ml ● 0.8-2

TOTAL T4: THYROXINE - SERUM 8.1 µg/dL ● 5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (FASTING) 78 mg/dL ● 70-99

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
TRIGLYCERIDES - SERUM 105 mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 141 * mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 1.3 µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.5 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.1 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 44 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 100 mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 22 mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 9.9 mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 2.1:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.1 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 2.3 g/dL ● 1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

X Ray

X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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