

**Name** : Mrs. ANU GUPTA (31 /F)

**Date** : 28/02/2022

**Address** : EASTERN GROOVE, M6, GF, F4 NEWTOWN BUS STOP, ACTION AREA-I, PS-  
NEWTOWN, KOLKATA, KOLKATA, WEST BENGAL, INDIA

**Examined by:**

**UHID** : AGHL.0001679890

**Package** : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40  
YRS WITH TMT/ECHO)

**AHC No** : AMHLAH142919



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Pain in legs on prolonged standing.  
PRESENT KNOWN ILLNESS:-  
No H/O HTN/DM/TB/Asthma/Heart Disease.



## DRUG ALLERGY

NO KNOWN ALLERGY

:01/03/2022



## SYSTEMIC REVIEW

### Cardiovascular system

Nil significant.

### Respiratory system

Nil significant.

### Gastrointestinal system

APPETITE - Normal, BOWEL HABITS - Regular.

### Genitourinary system

FREQUENCY – Normal.

### Gynaec history

P2+0 (1st - N/D, 2nd C/S), LMP - 01.02.22, Cycle -  
Regular.

### Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP  
– Normal.

### Eyes

VISION - Normal.

### ENT

HEARING – Normal.

### Skin

Nil significant.

### Weight

Steady.



### Past medical history

Past medical history - nil significant



### Surgical history

Lower segment  
caesarean section - Yes.



### Personal history

Marital status - Married  
No. of children - 2  
Diet - Non Vegetarian  
Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild



### Family history

Father - alive  
Mother - alive  
Brothers - 1  
Hypertension - father  
Coronary artery  
disease - none  
Cancer - None

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## PHYSICAL EXAMINATION



### General

Build - obese  
Height (in cms) - 160  
Weight (in Kgs) - 89  
BMI - 34.77  
Pallor - no  
Oedema - no



### Cardiovascular system

Heart rate(Per minute) - 100  
Rhythm - Normal  
Systolic(mm of Hg) - 126  
Diastolic(mm of Hg) - 90  
Heart sounds - S1S2+



### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.



### Central nervous system

No neurological deficit



### Skin

No significant finding



### Musculo Skeletal System

Extremities - No significant finding  
Spine - No significant finding

### Ophthalmology consultation

Ophthalmology findings - No significant finding.

Printed By : AVIJIT DAS

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.1	g/dl	●	12.0-15.0
RBC COUNT	4.10	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	35.8 *	%	●	36-46
MCV	87.5	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	33.8	%	●	31.5-34.5
RDW	13.7	%	●	11.8-14.0
WBC Count	5800	/cu mm	●	4000-10000
Platelet Count	1.80	lacs/cu mm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	29	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	32 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional	/hpf		

Epithelial Cells	1-2 /h.p.f /hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	23	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	85	U/L	●	42-98
AST (SGOT) - SERUM	24	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.9	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	193	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range

● Within Normal Range      ● Borderline High/Low      ● Out of Range

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GLUCOSE - PLASMA (FASTING) 91 mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 3.1 µIU/mL ● 0.270-4.200

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.1	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.7	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.4	mg/dL	●	7.0-18.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	48	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	127 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	18	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.5	g/dL	●	1.8-3.6

**ECG**

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

SUBMAXIMAL (UPTO 82%)STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	7.0	µg/dL	●	5.1-14.1

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* Fatty changes in liver.  
\* Bulky uterus.

**X-RAY CHEST PA**

Chest skiagram does not reveal any significant abnormality.

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	91	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

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**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT  
PART OF PACKAGE(LAB,RADIOLOGY & RADIOLOGY)**

**Haematology**

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

**Biochemistry**

GLUCOSE - PLASMA (POST PRANDIAL)

**Histopathology**

PAP SMEAR /CERVICAL SMEAR

 Within Normal Range       Borderline High/Low       Out of Range

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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