

Name : Mr. GOURDAS SAHA (59 /M)

Date : 09/08/2024

Address : RAMKRISHNA PALLY, TAKI ROAD, PS-BARASAT, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by: Dr .SUCHISMITA BHAUMIK

UHID : AGHL.0001468183

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS WITH TMT MALE HCK

AHC No : AMHLAH214349



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Dyslipidemia, Thyroid
disorder, Heart disease,
Stroke, Asthma
Hypertension Since - 25 yrs; Medication
- regular



DRUG ALLERGY

NO KNOWN ALLERGY

:09/08/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

Urgency - yes

Eyes

Vision - normal with glasses

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- itching; - ?Neurofibromatosis



Present medications

- T Cetanil 10



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 2
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Mother - has expired
Brothers - 3
Sisters - 3
Diabetes - sister
Hypertension - sister
Coronary artery
disease - none
Cancer - None

PHYSICAL EXAMINATION



General

BUILD - over weight
Height - 159
Weight - 73
BMI - 28.88
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 62
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 170
Diastolic(mm of Hg) - 95
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

Others - ?Neurofibromatosis
?Lipomatosis

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6P LE:6/6P
BCVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:(BE)EARLY
CHANGES
ADVICE:*To continue
present glass Rx*Detail
dilated Funduscopy*Review
after 1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.3	g/dl	●	13.0-17.0
RBC COUNT	5.40	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	47.3	%	●	41-53
MCV	87.6	fl	●	83-101
MCH	28.4	pg	●	27-32
MCHC	32.4	%	●	31.5-34.5
RDW	13.5	%	●	11.8-14.0
WBC Count	8800	/cu mm	●	4000-10000
Platelet Count	1.62	lacs/cu mm	●	1.5-4.0
Neutrophils	68	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	9	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	Occasional/hpf			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	31	U/L	●	0-50
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	43-115
AST (SGOT) - SERUM	23	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.8 *	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	198	mg/dL	●	0-200
Non-HDL Cholesterol	152			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	23	U/L	●	0-55

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	90	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	115	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.2	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	46	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	132 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	20	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.8	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.5	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.29	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	11.35	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	125	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	0.63	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.3	mg/dL	●	2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.3 *	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	3.67	ng/mL	●	0.00-6.50

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.4	mg/dL	●	7.0-18.0
UREA - SERUM	18	mg/dL	●	13-43

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.8		●	1.0-2.0

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BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	7.9			

ECG

SINUS BRADYCARDIA.
T WAVE ABNORMALITY, CONSIDER INFERIOR ISCAHEMIA.
PLEASE CORRELATE CLINICALLY.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade I fatty liver.
- * Prostatomegaly.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. ARJUN ROY
DNB RESIDENT
In consultation with

X-RAY CHEST PA

*Chest skiagram does not reveal any significant abnormality.

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

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Dr.SUCHISMITA BHAUMIK
AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Low Risk

YOUR SCORE

8

ACCEPTABLE SCORE

9

Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515