

| | | | |
|-----------------|-----------------------|--------------|-------------------------------|
| Patient Name | : Miss.ANUSHKA SHARMA | Collected | : 27/Apr/2024 09:34AM |
| Age/Gender | : 25 Y 6 M 0 D/F | Received | : 27/Apr/2024 10:29AM |
| UHID/MR No | : CMAR.0000348067 | Reported | : 27/Apr/2024 02:08PM |
| Visit ID | : CMAROPV802355 | Status | : Final Report |
| Ref Doctor | : Dr.SELF | Sponsor Name | : ARCOFEMI HEALTHCARE LIMITED |
| Emp/Auth/TPA ID | : 9424842537 | | |

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

PERIPHERAL SMEAR , WHOLE BLOOD EDTA



Dr.Nisha
M.B.B.S,MD(Pathology)
Consultant Pathologist

SIN No:BED240113186



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| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|---------|-------------------------|-----------------|--------------------------------|
| HEMOGRAM , WHOLE BLOOD EDTA | | | | |
| HAEMOGLOBIN | 12.1 | g/dL | 12-15 | Spectrophotometer |
| PCV | 35.40 | % | 36-46 | Electronic pulse & Calculation |
| RBC COUNT | 4.17 | Million/cu.mm | 3.8-4.8 | Electrical Impedance |
| MCV | 85 | fL | 83-101 | Calculated |
| MCH | 29.2 | pg | 27-32 | Calculated |
| MCHC | 34.3 | g/dL | 31.5-34.5 | Calculated |
| R.D.W | 12.3 | % | 11.6-14 | Calculated |
| TOTAL LEUCOCYTE COUNT (TLC) | 6,040 | cells/cu.mm | 4000-10000 | Electrical Impedance |
| DIFFERENTIAL LEUCOCYTIC COUNT (DLC) | | | | |
| NEUTROPHILS | 56.7 | % | 40-80 | Electrical Impedance |
| LYMPHOCYTES | 25.2 | % | 20-40 | Electrical Impedance |
| EOSINOPHILS | 10.4 | % | 1-6 | Electrical Impedance |
| MONOCYTES | 6.8 | % | 2-10 | Electrical Impedance |
| BASOPHILS | 0.9 | % | <1-2 | Electrical Impedance |
| ABSOLUTE LEUCOCYTE COUNT | | | | |
| NEUTROPHILS | 3424.68 | Cells/cu.mm | 2000-7000 | Calculated |
| LYMPHOCYTES | 1522.08 | Cells/cu.mm | 1000-3000 | Calculated |
| EOSINOPHILS | 628.16 | Cells/cu.mm | 20-500 | Calculated |
| MONOCYTES | 410.72 | Cells/cu.mm | 200-1000 | Calculated |
| BASOPHILS | 54.36 | Cells/cu.mm | 0-100 | Calculated |
| Neutrophil lymphocyte ratio (NLR) | 2.25 | | 0.78- 3.53 | Calculated |
| PLATELET COUNT | 330000 | cells/cu.mm | 150000-410000 | Electrical impedance |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 10 | mm at the end of 1 hour | 0-20 | Modified Westergren |
| PERIPHERAL SMEAR | | | | |

Page 2 of 8



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

| | |
|--------------|--|
| Methodology | : Microscopic |
| RBC | : Normocytic Normochromic |
| WBC | : Normal in number with increase in eosinophils |
| Platelets | : Adequate in Number |
| Parasites | : No Haemoparasites seen |
| IMPRESSION | : Normocytic normochromic blood picture with eosinophilia. |
| Note/Comment | : Please Correlate clinically |



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DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|---|----------|------|-----------------|--|
| BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA | | | | |
| BLOOD GROUP TYPE | O | | | Forward & Reverse Grouping with Slide/Tube Aggluti |
| Rh TYPE | POSITIVE | | | Forward & Reverse Grouping with Slide/Tube Agglutination |

Page 4 of 8



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-------------------------------|--------|-------|-----------------|-----------|
| GLUCOSE, FASTING , NAF PLASMA | 88 | mg/dL | 70-100 | GOD - POD |

Comment:

As per American Diabetes Guidelines, 2023

| Fasting Glucose Values in mg/dL | Interpretation |
|---------------------------------|----------------|
| 70-100 mg/dL | Normal |
| 100-125 mg/dL | Prediabetes |
| ≥126 mg/dL | Diabetes |
| <70 mg/dL | Hypoglycemia |

Note:

- The diagnosis of Diabetes requires a fasting plasma glucose of $> \text{ or } = 126 \text{ mg/dL}$ and/or a random / 2 hr post glucose value of $> \text{ or } = 200 \text{ mg/dL}$ on at least 2 occasions.
- Very high glucose levels ($>450 \text{ mg/dL}$ in adults) may result in Diabetic Ketoacidosis & is considered critical.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|--------|-------|-----------------|------------|
| GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR) | 86 | mg/dL | 70-140 | Hexokinase |

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--------------------------|--------|------|-----------------|---------------|
| ALANINE AMINOTRANSFERASE | 9.16 | U/L | 9-52 | UV with P-5-P |

Page 5 of 8



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SIN No:SE04707666



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

(ALT/SGPT) , SERUM

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes. ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear. The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--------------------------|--------|-------|-----------------|--------------|
| BILIRUBIN, TOTAL , SERUM | 0.54 | mg/dL | 0.20-1.20 | Colorimetric |

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|-------------------------------------|--------|-------|-----------------|---------------------------|
| BUN/CREATININE RATIO , SERUM | | | | |
| BLOOD UREA NITROGEN | 6.7 | mg/dL | 8.0 - 23.0 | Calculated |
| CREATININE | 0.73 | mg/dL | 0.5-1.04 | Creatinine amidohydrolase |
| BUN / CREATININE RATIO | 9.19 | | | Calculated |

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--------------------|--------|-------|-----------------|---------------------------|
| CREATININE , SERUM | 0.73 | mg/dL | 0.5-1.04 | Creatinine amidohydrolase |



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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324

| Test Name | Result | Unit | Bio. Ref. Range | Method |
|--|-------------|------|------------------|----------------------------|
| COMPLETE URINE EXAMINATION (CUE) , URINE | | | | |
| PHYSICAL EXAMINATION | | | | |
| COLOUR | PALE YELLOW | | PALE YELLOW | Visual |
| TRANSPARENCY | CLEAR | | CLEAR | Visual |
| pH | 5.5 | | 5-7.5 | DOUBLE INDICATOR |
| SP. GRAVITY | 1.025 | | 1.002-1.030 | Dipstick |
| BIOCHEMICAL EXAMINATION | | | | |
| URINE PROTEIN | NEGATIVE | | NEGATIVE | PROTEIN ERROR OF INDICATOR |
| GLUCOSE | NEGATIVE | | NEGATIVE | GLUCOSE OXIDASE |
| URINE BILIRUBIN | NEGATIVE | | NEGATIVE | AZO COUPLING REACTION |
| URINE KETONES (RANDOM) | NEGATIVE | | NEGATIVE | SODIUM NITRO PRUSSIDE |
| UROBILINOGEN | NORMAL | | NORMAL | MODIFIED EHRlich REACTION |
| NITRITE | NEGATIVE | | NEGATIVE | Dipstick |
| LEUCOCYTE ESTERASE | NEGATIVE | | NEGATIVE | LEUCOCYTE ESTERASE |
| CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY | | | | |
| PUS CELLS | 3-5 | /hpf | 0-5 | Microscopy |
| EPITHELIAL CELLS | 4-6 | /hpf | <10 | MICROSCOPY |
| RBC | NIL | /hpf | 0-2 | MICROSCOPY |
| CASTS | NIL | | 0-2 Hyaline Cast | MICROSCOPY |
| CRYSTALS | ABSENT | | ABSENT | MICROSCOPY |

Comment:

All urine samples are checked for adequacy and suitability before examination. Microscopy findings are reported as an average of

Page 7 of 8



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10 high power fields.

*** End Of Report ***

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From: **Mediwheel** <wellness@mediwheel.in>

Date: Thu, 25 Apr 2024 at 2:50 PM

Subject: Health Check up Booking Confirmed Request(36E1120),Package Code-
PKG10000490, Beneficiary Code-314078

To: <anushkash08@gmail.com>

Cc: <customercare@mediwheel.in>



011-4119

Dear **Anushka Sharma**,

We are pleased to confirm your health checkup booking request with the following details

Hospital Package Name : Pre-employment Health Checkup I

Patient Package Name : Pre-Employment Health Checkup Female

Name of Diagnostic/Hospital : Apollo Clinic- Marathahalli

Address of Diagnostic/Hospital- Apollo Clinic, 673/A, Shriram Samruddhi Apartments, Varthur Road, Near Kundalahalli Signal, Whitefield, BEML Layout, Brookefield - 560066

City : Bangalore

State : Karnataka

Pincode : 560037

Appointment Date : 27-04-2024

Confirmation Status : Booking Confirmed

Preferred Time :

Booking Status : Booking Confirmed

| Member Information | | |
|--------------------|---------|--------|
| Booked Member Name | Age | Gender |
| Anushka Sharma | 25 year | Female |

Note - Please note to not pay any amount at the center.

Instructions to undergo Health Check:

- Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
- Bring urine sample in a container if possible (containers are available at the Health Check centre).
- Please bring all your medical prescriptions and previous health medical records with you.
- Kindly inform the health check reception in case if you have a history of diabetes or cardiac problems.

For Women:

- Pregnant Women or those suspecting are advised not to undergo any X-Ray tests.
- It is advisable not to undergo any Health Check during menstrual cycle.

Request you to reach half an hour before the scheduled time.

In case of further assistance, Please reach out to Team Mediwheel.

Thanks,
Mediwheel Team

Please Download Mediwheel App



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@ 2024 - 25, Arcofemi Healthcare Pvt Limited.(Mediwheel)

Patient Name : Miss. Anushka Sharma

Age/Gender : 25 Y/F

UHID/MR No. : CMAR.0000348067

OP Visit No : CMAROPV802355

Sample Collected on :

Reported on : 27-04-2024 21:09

LRN# : RAD2311637

Specimen :

Ref Doctor : SELF

Emp/Auth/TPA ID : 9424842537

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

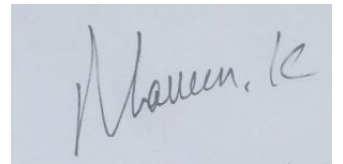
Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

CONCLUSION :

No obvious abnormality seen



Dr. NAVEEN KUMAR K
MBBS, DMRD Radiology, (DNB)
Radiology

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Miss. Anushka Sharma on 27/4/24

After reviewing the medical history and on clinical examination it has been found that he/she is

| | Tick |
|--|-------------------------------------|
| <ul style="list-style-type: none"> • Medically Fit | <input checked="" type="checkbox"/> |
| <ul style="list-style-type: none"> • Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p> | |
| <ul style="list-style-type: none"> • Currently Unfit. <p>Review after _____ recommended</p> | |
| <ul style="list-style-type: none"> • Unfit | |

Dr. _____
Medical Officer



This certificate is not meant for medico-legal purposes

Date : 27-04-2024
MR NO : CMAR.0000348067

Department : GENERAL
Doctor :

Name : Miss. Anushka Sharma

Registration No :

Age/ Gender : 25 Y / Female

Qualification :

Consultation Timing: 09:02

| | | | |
|-----------------|-----------------|--------|-------------------|
| Height : 167 cm | Weight : 59 kgs | BMI : | Waist Circum : |
| Temp : | Pulse : 114 bpm | Resp : | B.P : 110/60 mmHg |

General Examination / Allergies
History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature

Technician:
Ordering Ph:
Referring Ph:
Attending Ph:

QRS : 78 ms
QT / QTcBaz : 330 / 427 ms
PR : 150 ms
P : 92 ms
RR / PP : 592 / 594 ms
P / QRS / T : 44 / 78 / 52 degrees

Sinus tachycardia
Nonspecific T wave abnormality
Abnormal ECG

