



SEA BIRD MEDICARE CENTRE

MER- MEDICAL EXAMINATION REPORT

DATE OF EXAMINATION	16/9/2024.		
NAME	Mahesh R. Yadav		
AGE	28	GENDER	Male
HEIGHT (CM)	174	WEIGHT (KG)	91 kg.
B.P.	180/90 mm Hg		
ECG	Normal		
X Ray	NAD.		
Vision Checkup	Color Vision:	Normal.	
	Far Vision Ratio:	6/6 } Unaided	
	Near Vision Ratio:	NS } Unaided	
Present Ailments	nil		
Details of Past ailments (If Any)	nil.		
Comments / Advice:	<ul style="list-style-type: none">• Liver function test - Tot. bilirubin and enzymes are raised• Haemoglobin borderline low, ESR raised• Recommend to consult MD physician		

Signature with Stamp of Medical Examiner

DR. HAVOVEE MISTRY KAPADIA MBBS, FCPS
APPROVED BY DG SHIPPING (GOI)
CONSULTANT IN MARINE MEDICINE & AVIATION MEDICINE
REG NO. MMC: 80174
A-101-102, HERITAGE PLAZA, TELI CROSS LANE
ANDHERI EAST, MUMBAI-400 069.
SEA BIRD MEDICARE CENTRE

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East, Mumbai- 400069
Tel: 022-46032704 / 8104606813

Website: www.seabirdhf.com | Email: admin@seabirdhf.com



SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination of
Maresh Rajdev Yadav on 16/9/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

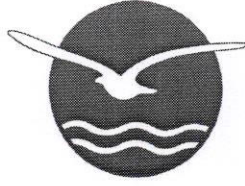
	Tick
<ul style="list-style-type: none"> Medically Fit 	
<ul style="list-style-type: none"> Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>However, the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none"> Currently Unfit. <p>Review after <u>consultation with MD physician for</u> recommended <u>↑ Liver function test, Low Hb, raised ESR</u></p>	✓
<ul style="list-style-type: none"> Unfit 	

Dr. H Mistry

Medical Officer

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This certificate is not meant for medical/legal purposes



SEA BIRD MEDICARE CENTRE

Report ID : **MRYM169125731**
Patient Name : **Mr. MAHESH RAJDEV YADAV**
Rank :
Ref By : **DR.MUKUL ARTE**

Reg. : **16-Sep-2024**
Report Date : **16-Sep-2024**
Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Age/Sex : **28 Year / Male**

CHEST X RAY REPORT

X-Ray No : 7924

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

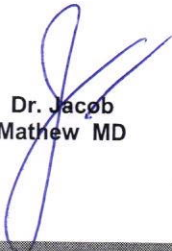
Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.


Dr. Jacob
Mathew MD

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Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

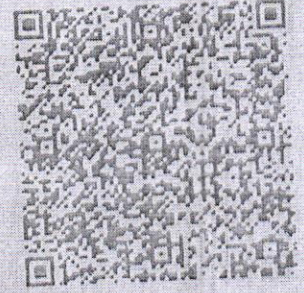
Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



भारत सरकार
GOVERNMENT OF INDIA



महेश राजदेव यादव
Mahesh Rajdev Yadav
जन्म तारीख / DOB : 20/03/1996
पुल्लिंगी / MALE

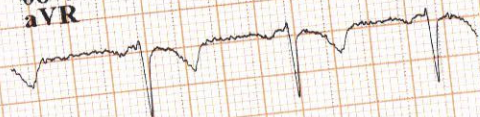
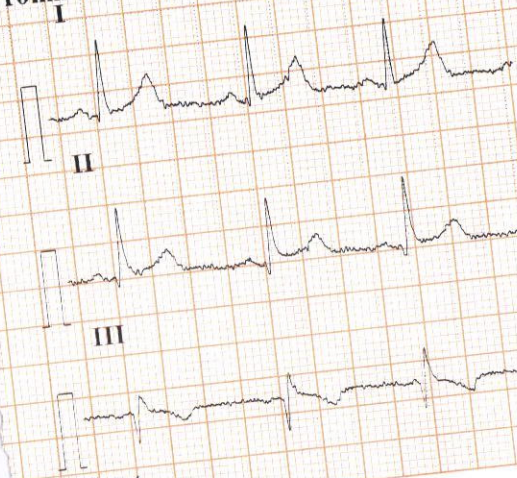


9612 2345 4520

आधार - सामान्य माणसाचा अधिकार

10mm/mV 0.67~25Hz AC50

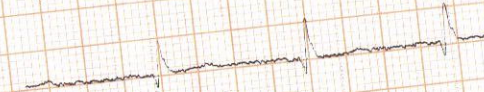
08-06-2005 09:19:14



aVL



aVF



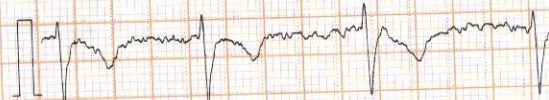
V2.45

25mm/s

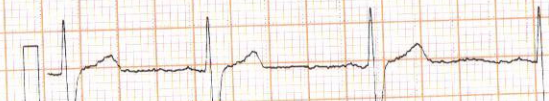
PROMPTCARE

10mm/mV 0.67~25Hz AC50

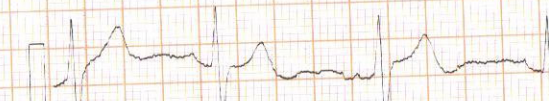
V4



V2



V3

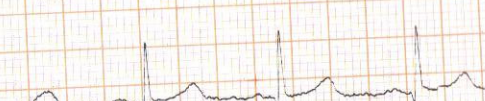


25mm/s ♡71

V5



V6



E. C. G. REPORT

RATE 70/min Q. WAVE N
RHYTHM regular QRS COMPLEX isoelectric
VOLTAGE N ST. SEGMENT N
P. WAVE N T. WAVE N
PR. INTERVAL N

REMARKS WNL
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SEA BIRD MEDICARE CENTRE

mistry

ELECTROCARDIOGRAPHIC REPORT



SEA BIRD
MEDICARE CENTRE

NAME Mahesh Yadav
AGE 28 yrs DATE 16/09/2024

- A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai - 400069.
Tel.: 022-4603 2704 / 81046 06813
- 102-103-104, Gateway Plaza, Central Avenue Road, Hiranandani Gardens, Powai, Mumbai - 400076.
Tel.: 2570 4157 / 2570 1053



PID NO. : CIA1015
Name : MAHESH RAJDEV YADAV
Sex / Age : Male / 28 Years
Ref By : APOLLO HEALTH AND LIFESTYLE LIMITED

Reference :
Sample Collected At :
Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076
Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani Gardens, Powai, Mumbai-400076

Reg. Date
16-Sep-2024 / 9:46 am
Coll Date
16-Sep-2024 / 9:51 am
Report Date
16-Sep-2024 / 4:40 pm

REPORT

BIOCHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Serum S.G.P.T. (Serum, Method- IFCC without/with PDP)	70.10	U/L	0 - 41
Bilirubin (Total) (Serum, Method-Diazo- End point)	2.82	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.47	mg/dl	0.0 - 0.40
Bilirubin (Indirect) Calculated	2.35	mg/dl	0.0 - 0.90
Serum Creatinine (Serum, Method- Kinetic Jaffe's)	0.74	mg/dl	0.62 - 1.17

Test Done on Fully Automated Mispa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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Biochemistry Report

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BUN (Blood Urea Nitrogen) Serum, Method: Urease	6.82	mg/dl	6.0 - 20.0
Creatinine Serum, Method-Kinetic Jaffes	0.74	mg / dL	0.62 - 1.17 mg/dl
BUN/Creatinine Ratio Calculated	9.21		10 - 20.1
Urea (Serum, Method-Urease)	18	mg/dl	16.6 - 48.5

----- End of Report -----

Pritam Dhanawade
Lab Technician

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	94.56	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	116.48	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mispax CXL PRO PLUS Biochemistry Analyser.

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REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

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Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>BLOOD GROUP</u>			
ABO Group	"B"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

----- End of Report -----

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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	12	gm/dl	13.0 - 17.0
<u>RED BLOOD CELLS</u>			
R.B.C. Count	3.84	million / cumm	4.5 - 5.5
HCT	36.5	%	40 - 50
MCV	95.1	fL	83 - 101
MCH	31.2	pg	27 - 32
MCHC	32.8	gm / dl	31.5 - 34.5
RDW (CV)	14.1	%	11.6 - 14.0
Total W.B.C. Count	9530	/cu.mm.	4000 - 10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	53	%	40 - 80
Lymphocytes	40	%	20 - 40
Eosinophils	03	%	1 - 6

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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	04	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	383000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Predominantly Normocytic and Normochromic.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

----- End of Report -----

Pritam Dhanawade
Lab Technician

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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	50	mm at 1hr	0 - 15

Method: Westergren.
Sample: Whole Blood (EDTA)

----- End of Report -----

PRIYA PANDEY
Lab Technician

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	6.5		5.0 - 9.0
Specific Gravity	1.020		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bilirubin	Absent		Absent
Nitrite	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)

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URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Ocult Blood	Absent		Absent
<u>MICROSCOPIC EXAMINATION</u>			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	1 - 2 / hpf		2 - 3 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/ peroxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double Indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

----- End of Report -----

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