

"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

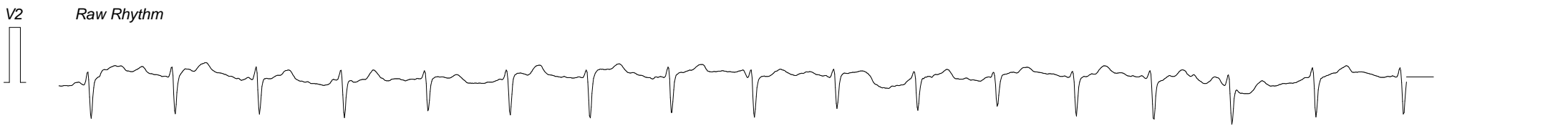
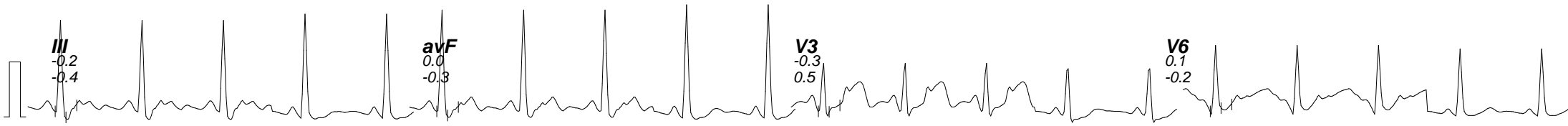
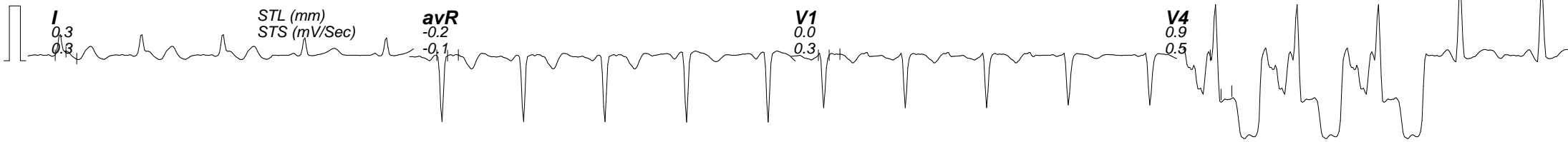
Linked Medians Report

BRUCE:Supine(0:28)



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.0 HR : 99 Target HR : 52% of 189 BP : 110/70 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

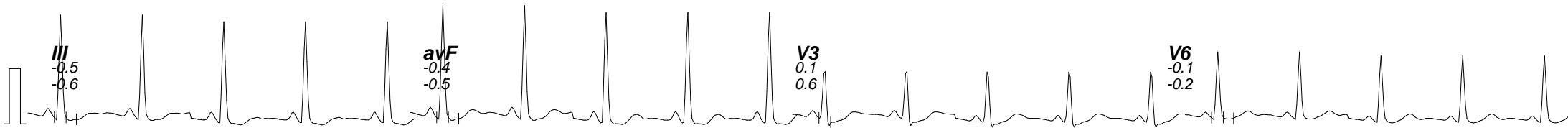
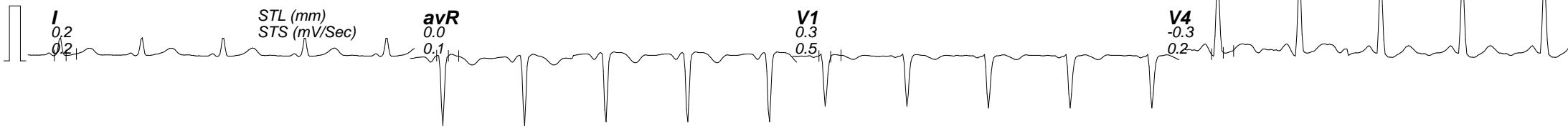
Linked Medians Report

BRUCE: Standing(0:27)



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.0 HR : 99 Target HR : 52% of 189 BP : 110/70 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

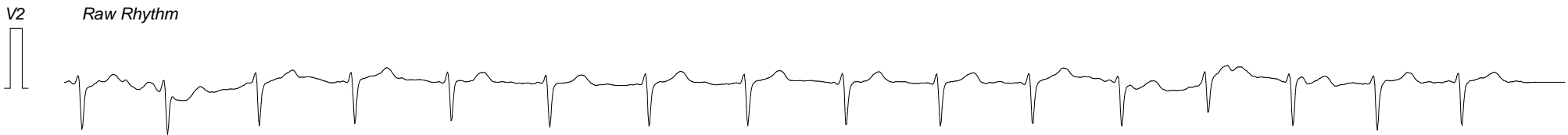
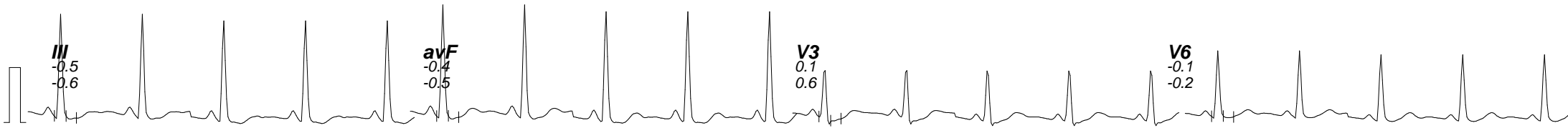
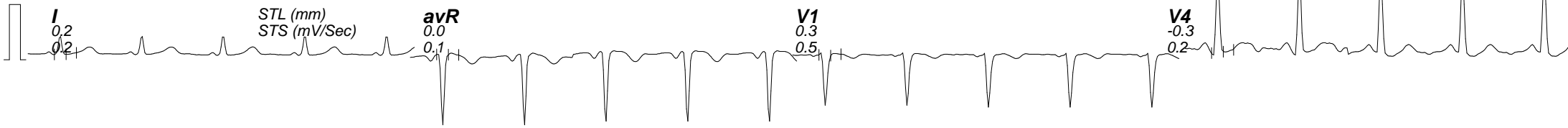
Linked Medians Report

BRUCE:HV(0:06)



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.0 HR : 97 Target HR : 51% of 189 BP : 110/70 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

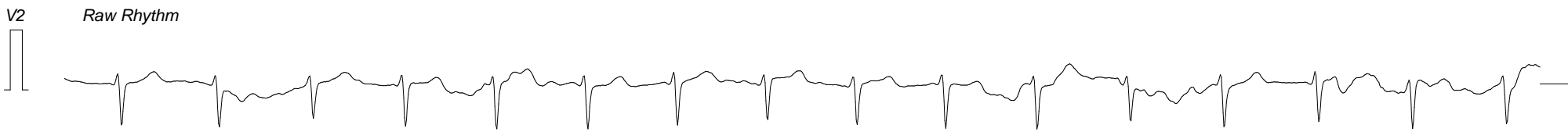
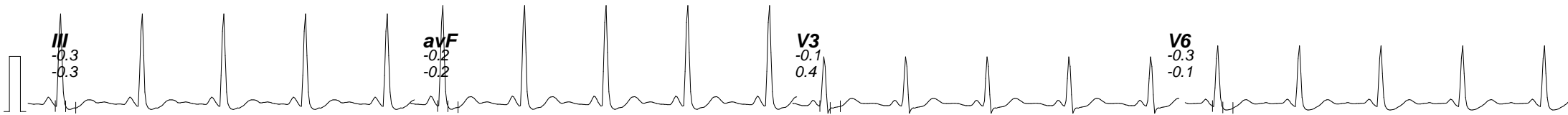
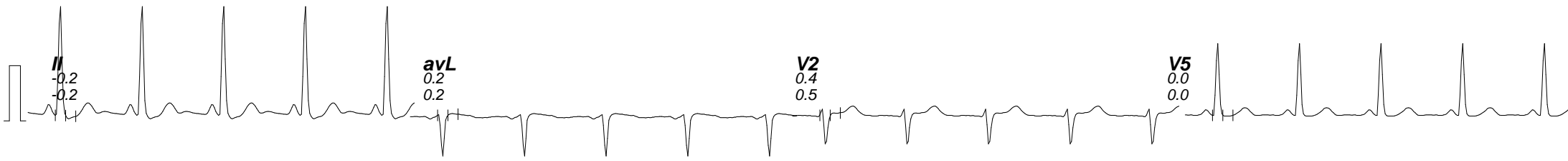
Linked Medians Report

BRUCE: Warm Up(0:33)



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.0 HR : 98 Target HR : 52% of 189 BP : 110/70 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

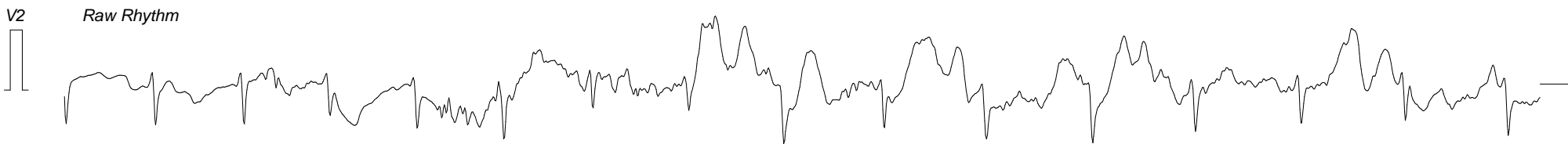
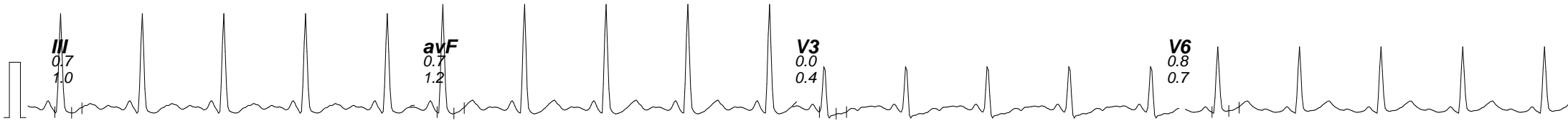
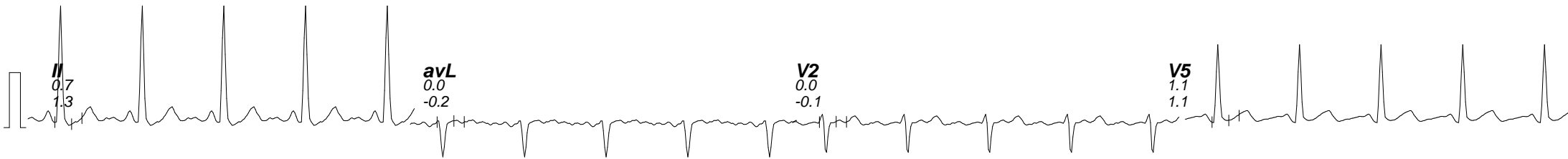
Linked Medians Report

ExStart



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.0 HR : 101 Target HR : 53% of 189 BP : 110/70 Post J @80mSec

ExTime: 00:00 Speed: 1.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

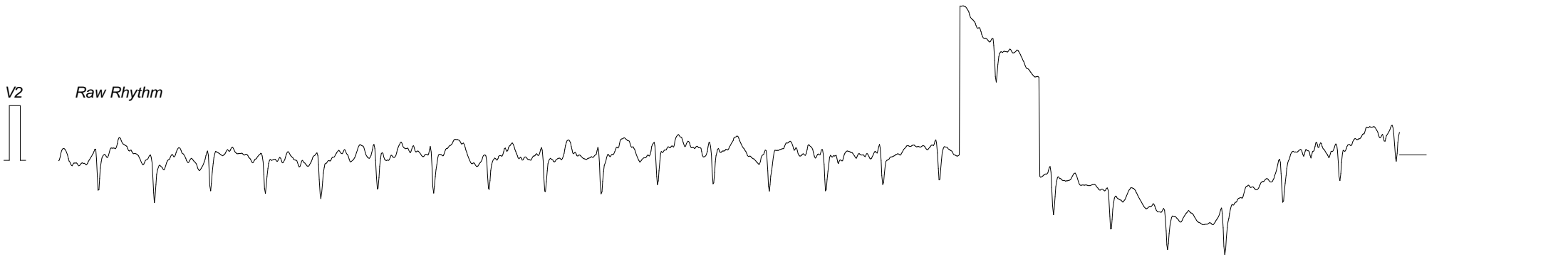
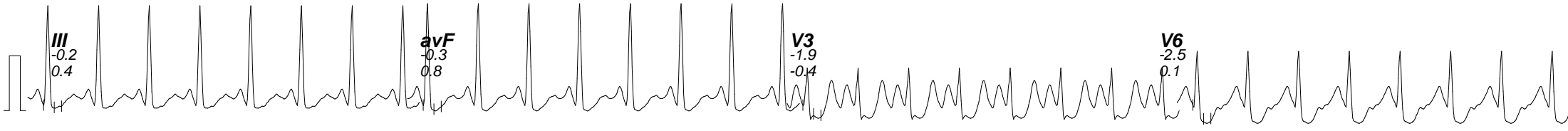
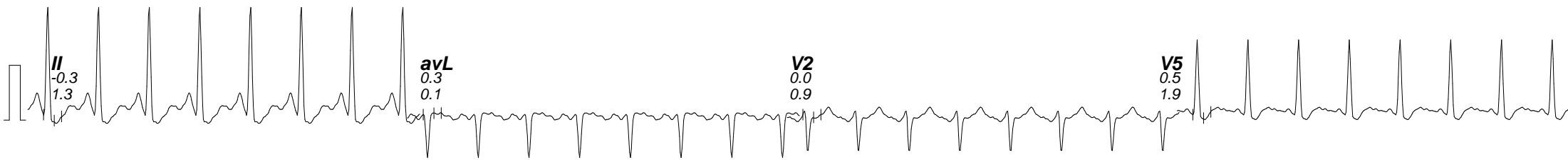
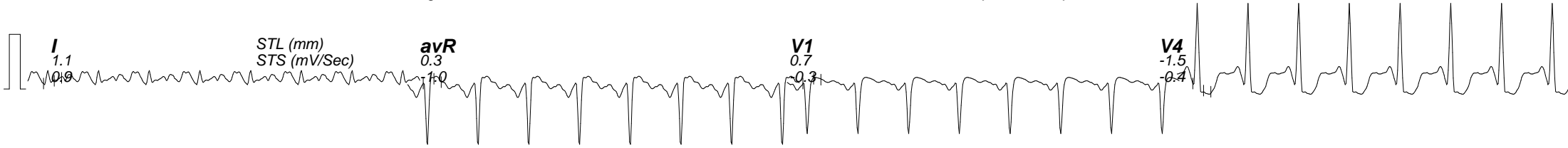
Linked Medians Report

BRUCE:Stage 1(3:00)



Date: 11 - 09 - 2021 11:51:56 AM METs : 4.7 HR : 144 Target HR : 76% of 189 BP : 122/70 Post J @60mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

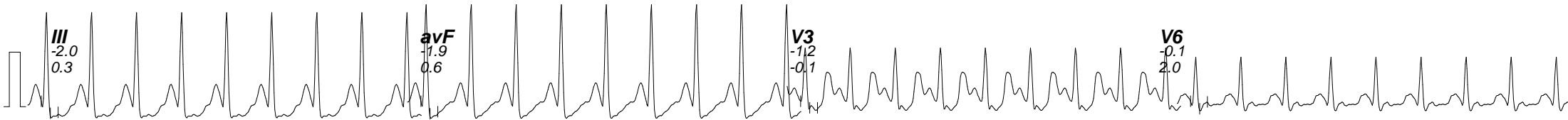
Linked Medians Report

BRUCE:Stage 2(3:00)



Date: 11 - 09 - 2021 11:51:56 AM METs : 7.1 HR : 171 Target HR : 90% of 189 BP : 136/70 Post J @60mSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

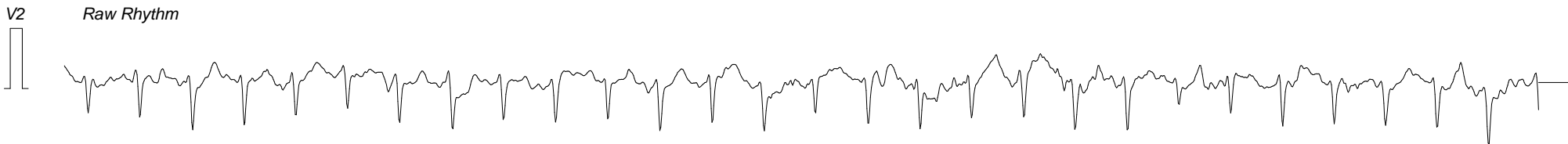
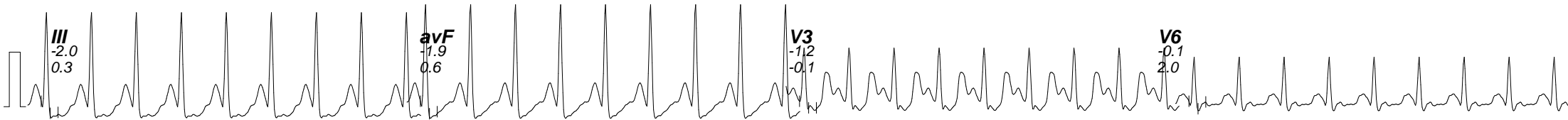
15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

Linked Medians Report PeakEx



Date: 11 - 09 - 2021 11:51:56 AM METs : 7.3 HR : 169 Target HR : 89% of 189 BP : 148/70 Post J @60mSec

ExTime: 06:09 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

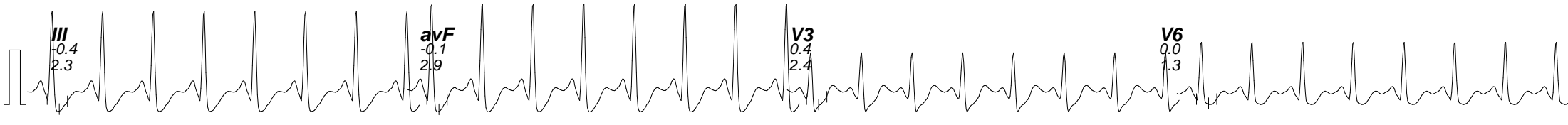
Linked Medians Report

Recovery(1:00)



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.2 HR : 150 Target HR : 79% of 189 BP : 136/70 Post J @60mSec

ExTime: 06:09 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



"DR- PLUS HEALTHCARE CENTRE"

MUMBAI CENTRAL

15078 / PROMITA SEN / 31 Yrs / Female / 0 Cm / 0 Kg

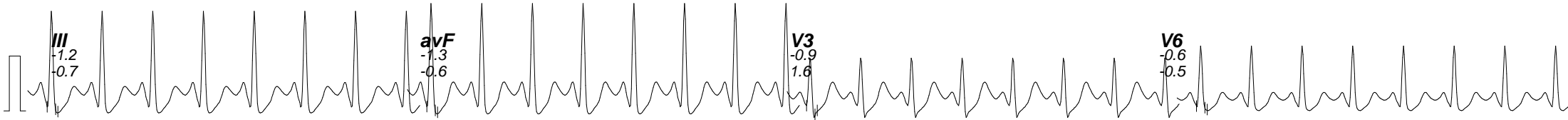
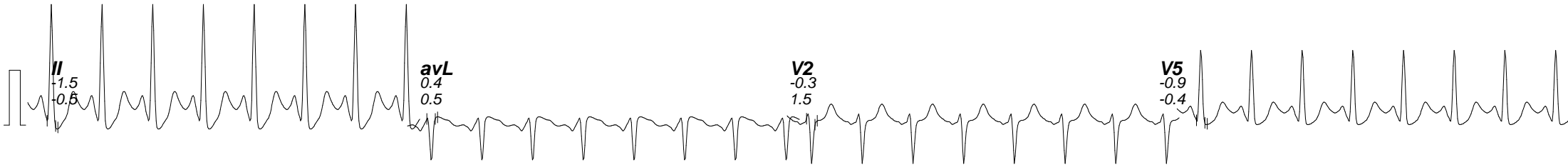
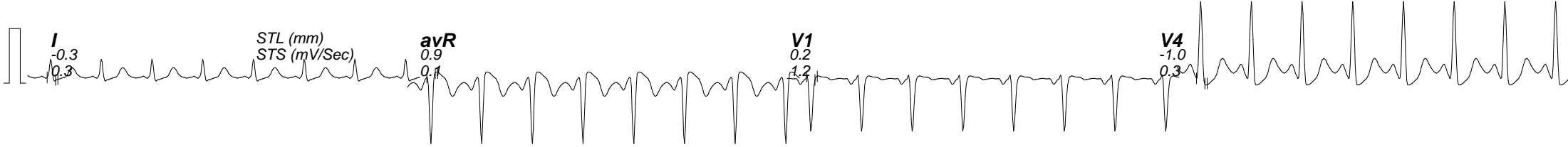
Linked Medians Report

Recovery(1:43)



Date: 11 - 09 - 2021 11:51:56 AM METs : 1.0 HR : 145 Target HR : 77% of 189 BP : 122/70 Post J @20mSec

ExTime: 06:09 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:28	0:28	00.0	00.0	01.0	099	52 %	110/70	108	00	
Standing	00:32	0:04	00.0	00.0	01.0	099	52 %	110/70	108	00	
HV	00:36	0:04	00.0	00.0	01.0	097	51 %	110/70	106	00	
Warm Up	01:09	0:33	00.0	00.0	01.0	098	52 %	110/70	107	00	
ExStart	01:20	0:11	01.0	00.0	01.0	101	53 %	110/70	111	00	
BRUCE Stage 1	04:20	3:00	01.7	10.0	04.7	144	76 %	122/70	175	00	
BRUCE Stage 2	07:20	3:00	02.5	12.0	07.1	171	90 %	136/70	232	00	
PeakEx	07:29	0:09	03.4	14.0	07.3	169	89 %	148/70	250	00	
Recovery	08:29	1:00	01.1	00.0	01.2	150	79 %	136/70	204	00	
Recovery	09:12	1:43	00.0	00.0	01.0	145	77 %	122/70	176	00	

FINDINGS :

Exercise Time : 06:09
Max HR Attained : 171 bpm 90% of Target 189
Max BP Attained : 148/70
Max WorkLoad Attained : 7.3 Fair response to induced stress
Test End Reasons : Test Complete



15078 / PROMITA SEN / 31 Yrs / F / 0 Cms / 0 Kg Date: 11-Sep-2021 Refd By : DR.PURVI CHHABLANI

REPORT :

TEST OBJECTIVE	:	ROUTINE CHECK UP
RISK FACTOR	:	AGE
ACTIVITY	:	GOOD
MEDICATION	:	NIL
BRIEF HISTORY	:	NIL
OTHER INVESTIGATION	:	NIL
REASON FOR TERMINATION	:	TARGET HEART RATE ACHIEVED
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	INSIGNIFICANT
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

Doctor : DR.PURVI CHHABLANI