



NABL & ISO 9001 : 2008 Certified
Wellness . Diagnostics
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar
(In Front of L.L.R. Hospital), Kanpur
Mob. : 8808051576
E-mail : reportsgpx@gmail.com
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

| | | | |
|--------------------|----------------------------------|-------------------|-----------------------|
| Lab No. | : 012301180032 | Reg No/BarcodeNo | : 515511/01473437 |
| Patient Name | : Mr..ABHISHEK SHRIWASTWA | Reg. Date | : 18/Jan/2023 10:41AM |
| Age/Sex | : 33 Y / Male | Sample Taken Date | : 18/Jan/2023 11:10AM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 18/Jan/2023 12:03PM |
| Referred By Doctor | : Dr. B O B | | |

BIOCHEMISTRY

Blood Sugar (Fasting)

Blood Sugar Fasting 89 mg/dl 70 - 100
Glucose Oxidase Peroxidase

Sample Type:Plasma

Blood Sugar (PP)

Blood Sugar PP (2 Hr.) 136 mg/dl 70-140
Glucose Oxidase Peroxidase

Sample Type:Plasma

GAMMA GT/GGT

GAMMA GT / GGT 25 IU/l 15 - 73

Not in NABL Scope

Sample Type:Serum

BUN / BLOOD UREA NITROGEN

BLOOD UREA NITROGEN 8.6 mg/dl 8.4 - 21.0
Urease

Sample Type:Serum

CREATININE SERUM

CREATININE, Serum 0.91 mg/dl 0.66 - 1.25
Aminohydrolyase

Sample Type:Serum

URIC ACID

URIC ACID, Serum 7.7 mg/dl 3.5 - 8.5
Uricase Peroxidase

Sample Type:Serum



A Gupta

Dr. Arun Kumar Gupta

M.D. Chief Pathologist
(Reg No. 34930)



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BIOCHEMISTRY

LFT/LIVER FUNCTION TESTS

| | | | |
|---|------|-------|-------------|
| BILIRUBIN TOTAL Reflectance spectrophotometry | 0.73 | mg/dl | 0.20 - 1.30 |
| BILIRUBIN DIRECT Reflectance Spectrophotometry | 0.26 | mg/dl | 0.0 - 0.3 |
| BILIRUBIN INDIRECT Reflectance Spectrophotometry | 0.47 | mg/dl | 0.10 - 1.1 |
| SGOT /AST Mutipoint Rate with P-5-P | 38 | U/L | 15 - 46 |
| SGPT /ALT UV with P5P | 24 | U/L | 0.0 - 55 |
| Alk. Phosphatase, Serum PNPP AMP BUFFER | 60 | U/L | 38 - 126 |
| PROTEIN TOTAL Biuret | 8.6 | g/dl | 6.4 - 8.3 |
| ALBUMIN BCP | 5.0 | g/dl | 3.5 - 5.0 |
| GLOBULIN Calculated | 3.6 | g/dl | 2.3 - 3.5 |
| A/G RATIO Calculated | 1.39 | Ratio | 1.5 - 2.5 |

Sample Type:Serum



Arun Kumar Gupta

Dr. Arun Kumar Gupta
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BIOCHEMISTRY

Lipid Profile

| | | | |
|--|-------|-------|---|
| CHOLESTEROL TOTAL Cholesterol Oxidase | 228 | mg/dl | Desirable: <200 Boderline High: 200 – 239 High : ≥240 |
| TRIGLYCERIDES Lip/Glucelol Kinase | 218 | mg/dl | Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500 |
| HDL CHOLESTEROL Non HDL Precopitation | 37 | mg/dl | 40 - 60 |
| LDL CHOLESTEROL Calculated | 147.4 | mg/dl | 70 - 130 |
| VLDL CALCULATED Calculated | 43.6 | mg/dl | 13 - 36 |
| CHOL/ HDL RATIO Calculated | 6.16 | Ratio | Less than 4.0 |
| LDL / HDL RATIO | 3.98 | | |

Ratio of LDL to HDL

| Risk | Men | Women |
|----------------------------|-----|-------|
| Very low (1/2 average) | 1 | 1.5 |
| Average risk | 3.6 | 3.2 |
| Moderate risk (2x average) | 6.3 | 5.0 |
| High risk (3x risk) | 8 | 6.1 |

HDL levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

Preparation:

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

Sample Type:Serum



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BIOCHEMISTRY

BUN/CREATININE RATIO

| | | | |
|--------------------------------------|------|-------|-------------|
| BLOOD UREA NITROGEN Urease | 8.6 | mg/dl | 8.4 - 21.0 |
| CREATININE, Serum Aminohydrolaase | 0.91 | mg/dl | 0.66 - 1.25 |
| Ratio | 9.45 | mg/dl | 5 - 20 |

Sample Type:Serum



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| Age/Sex | : 33 Y / Male | Sample Taken Date | : 18/Jan/2023 03:53PM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 18/Jan/2023 04:33PM |
| Referred By Doctor | : Dr. B O B | | |

CLINICAL PATHOLOGY

MEDIWHEEL MALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(*Not in NABL Scope*)



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CLINICAL PATHOLOGY

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

| | | |
|--|------------|-------------|
| COLOUR | COLOURLESS | |
| SPECIFIC GRAVITY (Based on pka change) | 1.015 | 1.001-1.030 |
| pH (methylred/Bromothymol blue method) | 6 | 7.50 - 8.0 |
| TURBIDITY | NIL | |
| Deposit (UR) | NIL | |
| Chemical | | |
| PROTEIN | NIL | Nil |
| Dipstick/Tetra bromophenol blue/ Heat & Acid Test method). | | |
| GLUCOSE (Oxidase Peroxidase method) | NIL | Nil |
| KETONE (Nitroprusside Method) | NEGATIVE | Nil |
| BILL PIGMENT (Diazo Method) | NEGATIVE | Negative |
| UROBILINOGEN (Ehrlich reaction) | NEGATIVE | Normal |
| Nitrite (Based on presence of bacteria) | NEGATIVE | Negative |
| Leucocyte Esterase (Esterase Diazonium Method) | NEGATIVE | Negative |

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

| | | | |
|----------------------------------|-----|---------|---------------|
| RBC (Microscopic) | NIL | / HPF | |
| PUS CELLS (Microscopic) | 0-1 | Per HPF | 0 - 5 WBC/hpf |
| EPITHELIAL CELLS (Microscopic) | NIL | /hpf | Nil |
| CASTS (Microscopic) | NIL | Per LPF | 0-0 |
| CRYSTALS (Microscopic) | NIL | | |
| Amorphous Material (Microscopic) | Nil | Per HPF | Nil |
| BACTERIA (Microscopic) | NIL | Per HPF | 0-0 |

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(*Not in NABL Scope*)



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Patient Name : Mr..ABHISHEK SHRIWASTWA Reg. Date : 18/Jan/2023 10:41AM
Age/Sex : 33 Y / Male Sample Taken Date : 18/Jan/2023 11:09AM
Client Code/Name : MEDIWHEEL FULL BODY CHECKUP Report Date : 18/Jan/2023 11:22AM
Referred By Doctor : Dr. B O B

HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

CBC / COMPLETE BLOOD COUNT

| | | | |
|--|------|---------------------|-------------|
| HEMOGLOBIN (Hb) Photometry Cyanide Free | 14.2 | g/dl | 13.5-17.5 |
| TLC Impedence | 7600 | /cumm | 4000-11000 |
| DLC (%) | | | |
| NEUTROPHIL DHSS/Microscopic | 48 | % | 40-80 |
| LYMPHOCYTE DHSS/Microscopic | 42 | % | 24-44 |
| EOSINOPHIL DHSS/Microscopic | 6 | % | 01-06 |
| MONOCYTE DHSS/Microscopic | 4 | % | 3-6 |
| Platelet Impedance/Microscopic | 156 | 10 ³ /μL | 140 - 440 |
| RBC COUNT Impedance | 6.5 | 10 ⁶ /μL | 4.5 - 5.5 |
| PCV (HCT) Numeric Integration | 46.3 | % | 41-53 |
| MCV Calculated | 71.4 | fL | 83-91 |
| MCH Calculated | 21.8 | pg | 26-34 |
| MCHC Calculated | 30.6 | g/dL | 31-37 |
| RDW-CV Calculated | 14.6 | % | 11.6 - 14.0 |
| MPV | 12.3 | fL | 8 - 12 |
| ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated | 3.6 | 10 ³ /μL | 2.00-7.00 |
| ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated | 3.2 | 10 ³ /μL | 1.0-3.0 |
| ABSOLUTE MONOCYTE COUNT DHSS/Calculated | 0.3 | 10 ³ /μL | 0.02-1.0 |
| ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated | 0.4 | 10 ³ /μL | 0.02 - 0.50 |

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL MALE BELOW 40

ESR WESTERGREN (Automated)

ESR WESTERGREN (Automated) 8 mm 0 - 14
WESTERGREN

Not in NABL Scope

Sample Type:EDTA Blood

ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)

BLOOD GROUP / ABO-RH

ABO B
Reverse & Forward
Rh POSITIVE
Reverse & Forward

Sample Type:EDTA Blood



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HAEMATOLOGY

HbA1C/GLYCATED HEMOGLOBIN/GHB

HBA1C/GLYCATED HEMOGLOBIN 6.5 %
Average of Glucose Level 140 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

| Test | Normal Range | |
|-------|-----------------|--------------|
| HbA1c | Non Diabetic: | 4.0% - 6.0% |
| | Good Control: | 6.1% - 8.0% |
| | Poor Control: | 8.1% - 9.0 % |
| | Unsatisfactory: | > 9 % |

To convert an A1c to the new average mean blood glucose, use this formula:
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

Not in NABL Scope

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL 0.90 ng/mL 0.35 - 1.93
CLIA

Increased levels are seen in hyperthyroidism and decreased levels are seen in hypothyroidism.

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL 4.82 µg/dl 4.50 - 10.9
CLIA

Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders



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IMMUNOASSAY

MEDIWHEEL MALE BELOW 40

TSH (Thyroid Stimulating Hormone)

TSH (ECLIA) 11.31 µIU/ml 0.35 - 5.50
CLIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

| TSH | T4/FT4 | T3/FT3 | Interpretation |
|------|-------------|-------------|---|
| High | Normal | Normal | Mild(subclinical) Hypothyroidism. |
| High | Low | Low/Normal | Hypothyroidism |
| Low | Normal | Normal | Mild (subclinical) Hyperthyroidism. |
| Low | High/Normal | High/Normal | Hyperthyroidism |
| Low | Low/Normal | Low/Normal | Rare pituitary(secondary)Hypothyroidism |

Sample Type:Serum



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| Age/Sex | : 33 Y / Male | Sample Taken Date | : 18/Jan/2023 10:41AM |
| Client Code/Name | : MEDIWHEEL FULL BODY CHECKUP | Report Date | : 19/Jan/2023 01:28PM |
| Referred By Doctor | : Dr. B O B | | |

X-RAY

MEDIWHEEL MALE BELOW 40

X RAY CHEST PA VIEW

DIAPHRAGMS ARE NORMAL.

COSTOPHRENIC ANGLES ARE CLEAR.

INCREASE IN THE TRANSVERSE CARDIAC DIAMETER IS NOTED.

HILAR SHADOWS ARE HEAVY.

ACCENTUATED MARKINGS SEEN.

NO PARENCHYMAL LESION IS NOTED.

ACTIVE DISEASE OF LUNGS OR PLEURA IS NOT INDICATED.

DR. S. KHURANA
M.B.B.S.,D.M.R.E.

*** End Of Report ***



**7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR****145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M / 0 Cms / 0 Kg Date: 18-Jan-2023 Refd By : BANK OF BARODA**

| Stage | Time | Duration | Belt Speed (mph) | Elevation | METs | Rate | BP | RPP | PVC | Comments |
|---------------|-------|----------|------------------|-----------|------|------|--------|-----|-----|----------|
| Supine | 00:26 | 0:01 | 00.0 | 00.0 | 01.0 | 106 | 130/84 | 137 | 00 | |
| Standing | 00:37 | 0:01 | 00.0 | 00.0 | 01.0 | 102 | 130/84 | 132 | 00 | |
| HV | 00:45 | 0:01 | 00.0 | 00.0 | 01.0 | 88 | 130/84 | 132 | 00 | |
| ExStart | 00:48 | 0:01 | 00.0 | 00.0 | 01.0 | 097 | 130/84 | 126 | 00 | |
| BRUCE Stage 1 | 03:48 | 3:00 | 01.7 | 10.0 | 04.7 | 145 | 140/88 | 203 | 06 | |
| BRUCE Stage 2 | 06:48 | 3:00 | 02.5 | 12.0 | 07.1 | 170 | 150/92 | 255 | 12 | |
| PeakEx | 08:26 | 1:38 | 03.4 | 14.0 | 08.8 | 180 | 160/96 | 288 | 00 | |
| Recovery | 09:25 | 1:00 | 00.0 | 00.0 | 01.2 | 182 | 154/94 | 280 | 00 | |
| Recovery | 10:25 | 2:00 | 00.0 | 00.0 | 01.0 | 129 | 150/92 | 226 | 00 | |
| Recovery | 11:35 | 3:09 | 00.0 | 00.0 | 01.0 | 132 | 144/90 | 190 | 00 | |

Findings :

Exercise Time : 07:39
 Max HR Attained : 182 bpm 97% of Target 187
 Max BP Attained : 160/96
 Max WorkLoad Attained : 8.8 Fair response to induced stress
 Max ST Dep Lead & Value : V3 & -1.5 mm
 Duke Treadmill Score : 11.6
 Test Objective : For Testing
 History : Nil
 Test End Reasons : Fatigue

Doctor : DR. KUSH KUMAR TYAGI D.M.



Report :

Sample Name: Stress Test Graded Exercise Treadmill
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

STRESS ECG RESULTS:

FAIR EXERCISE TOLERANCE, ADEQUATE B.P. RESPONSE, THR 97% ACHIEVED,
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE
AND RECOVERY. NO ARRHYTHAEMIA.

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

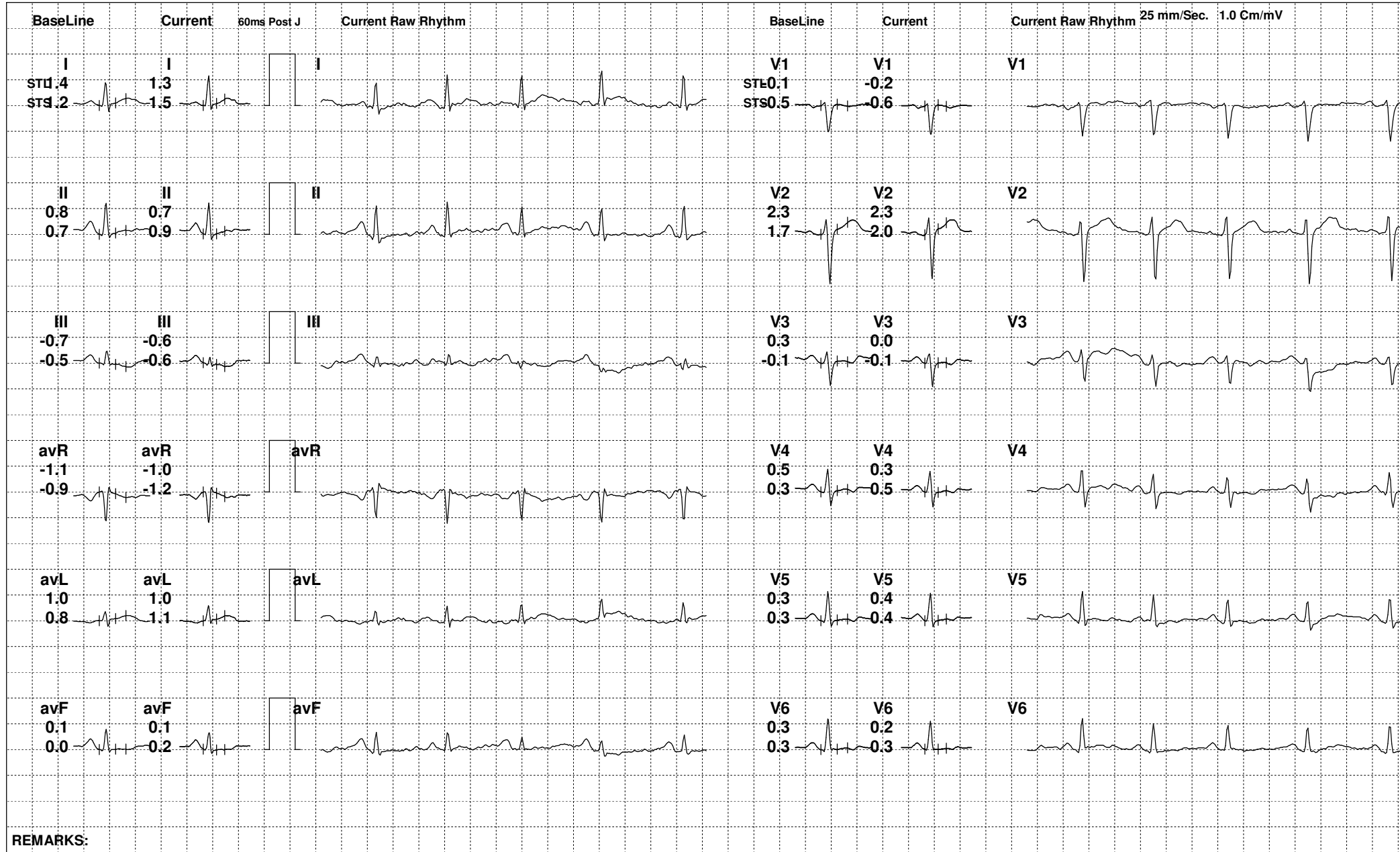
Doctor : DR. KUSH KUMAR TYAGI D.M.



145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.0/ 106 bpm 56% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:24 0.0 mph, 0.0%

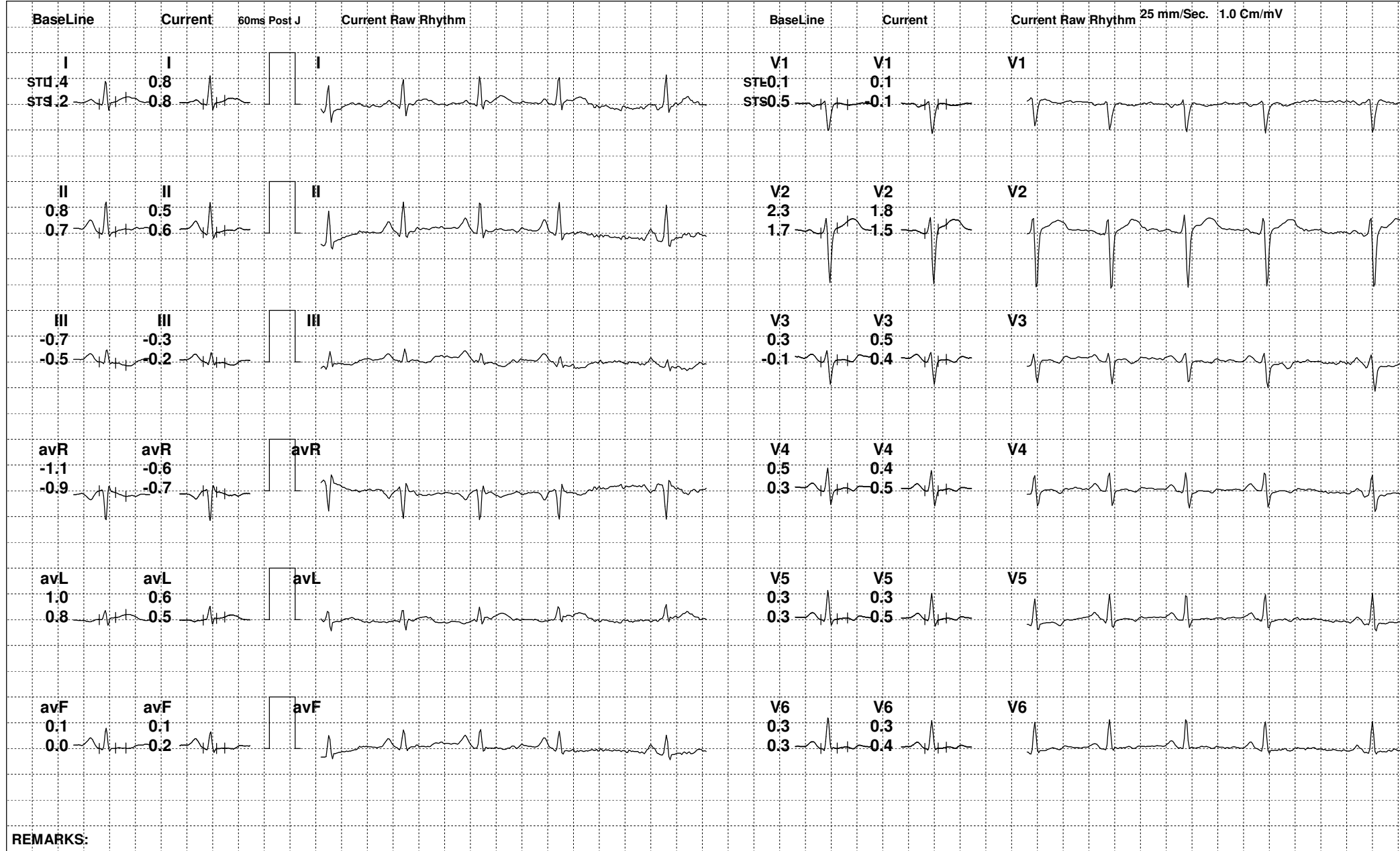




145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.0/ 102 bpm 54% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:35 0.0 mph, 0.0%

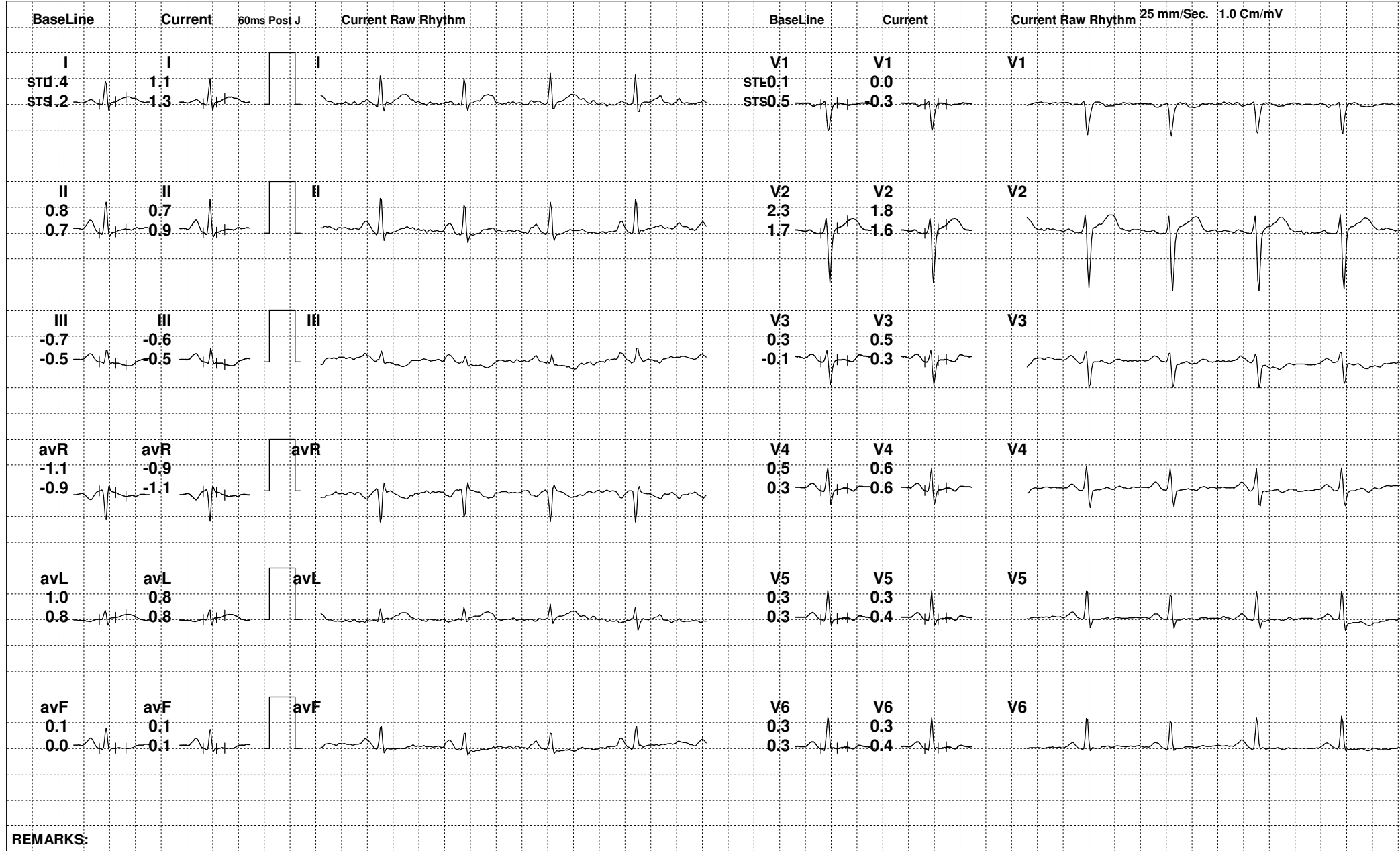




145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.0/ 88 bpm 47% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:43 0.0 mph, 0.0%

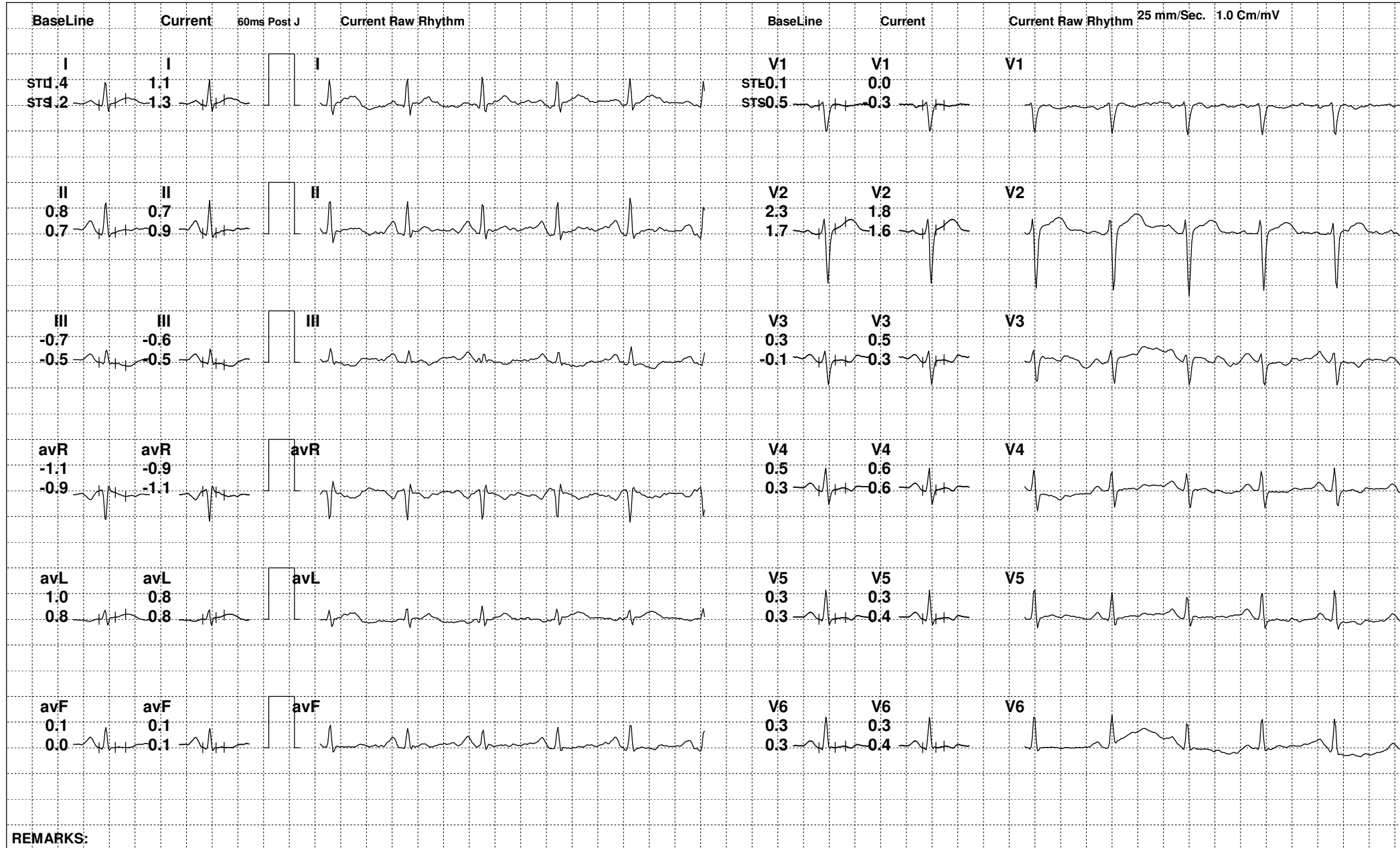




145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.0/ 97 bpm 51% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 00:46 0.0 mph, 0.0%



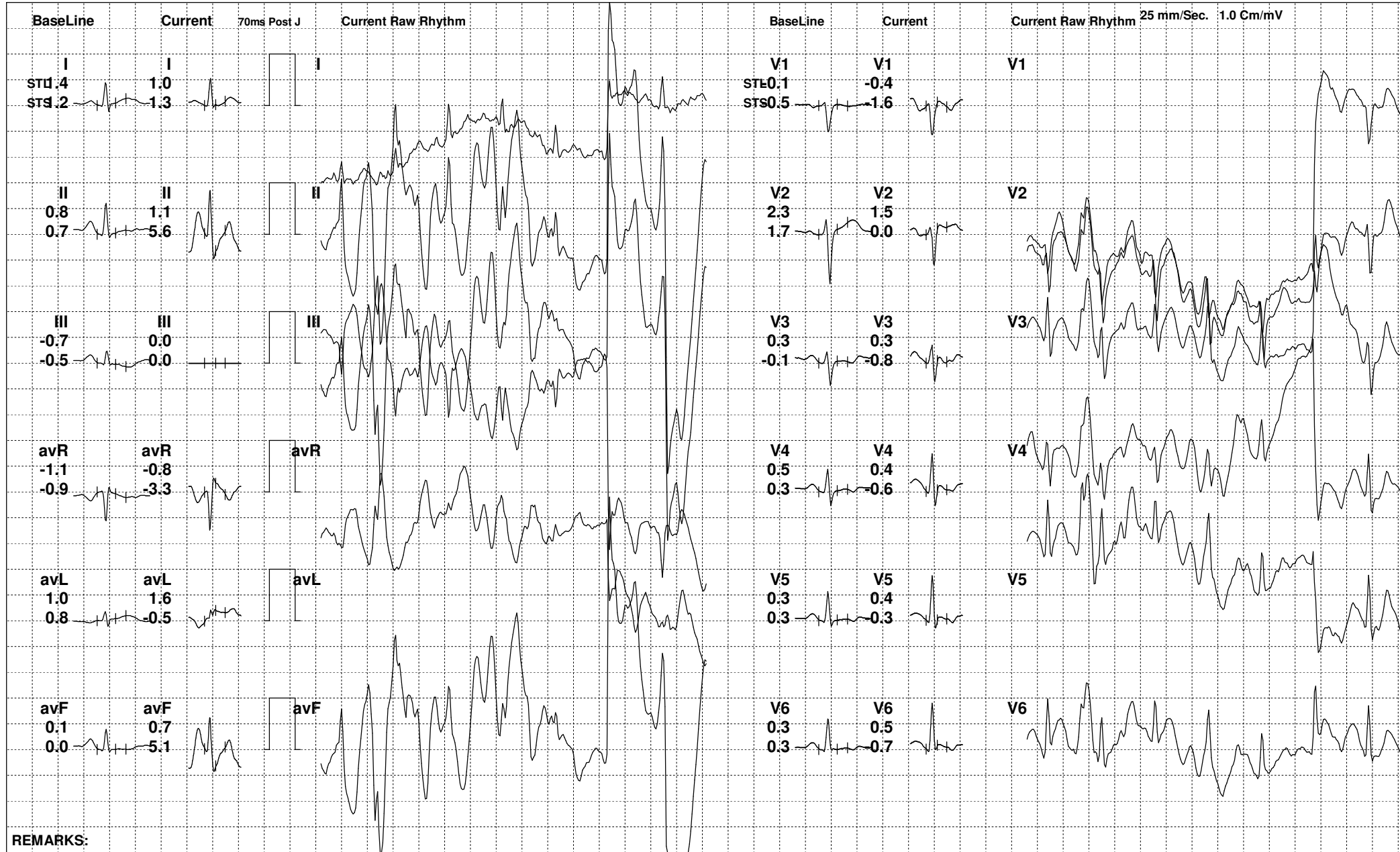
REMARKS:



145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 4.7/ 114 bpm 60% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



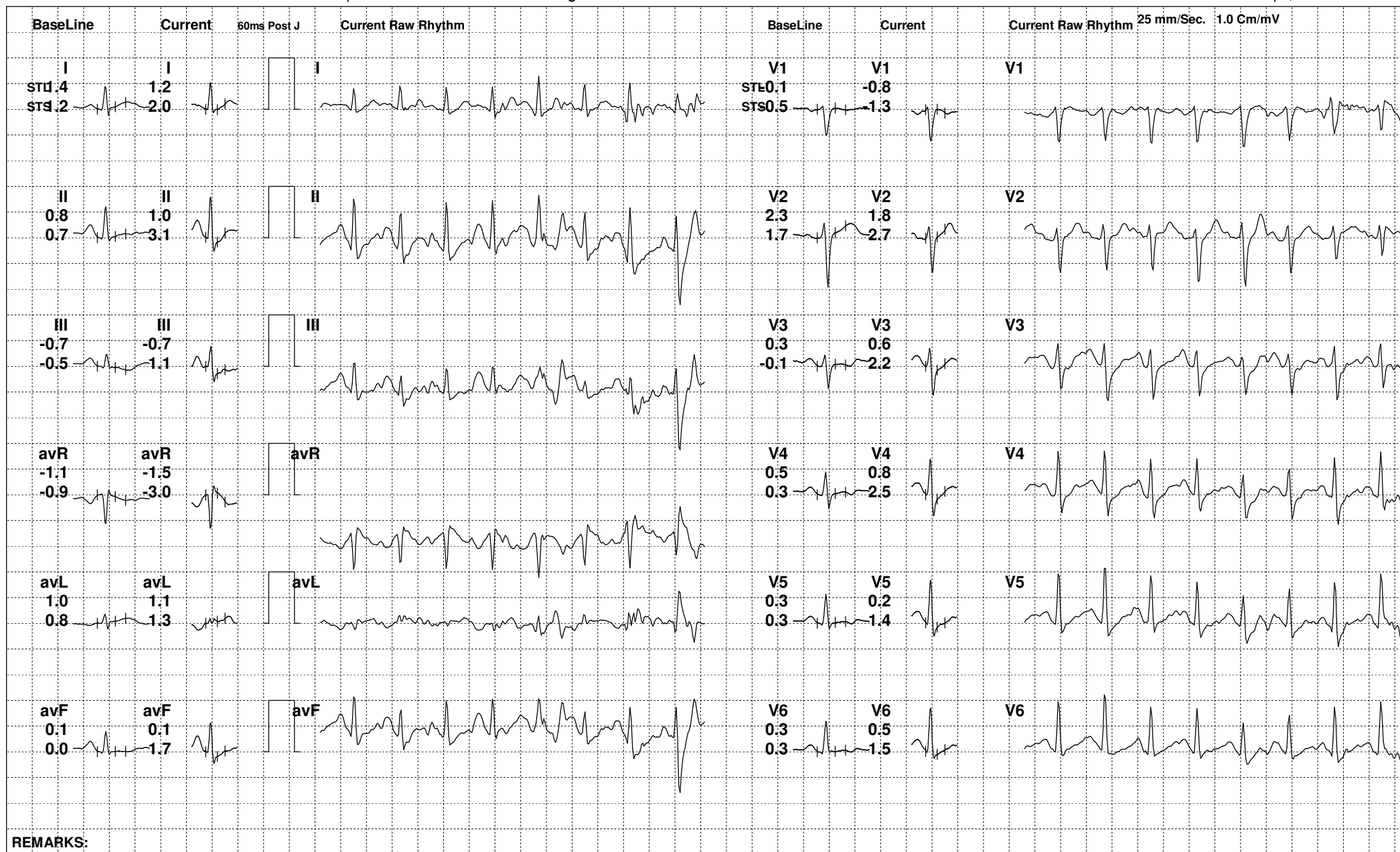
REMARKS:



145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 7.1/ 167 bpm 89% of THR BP: 150/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 06:00 2.5 mph, 12.0%



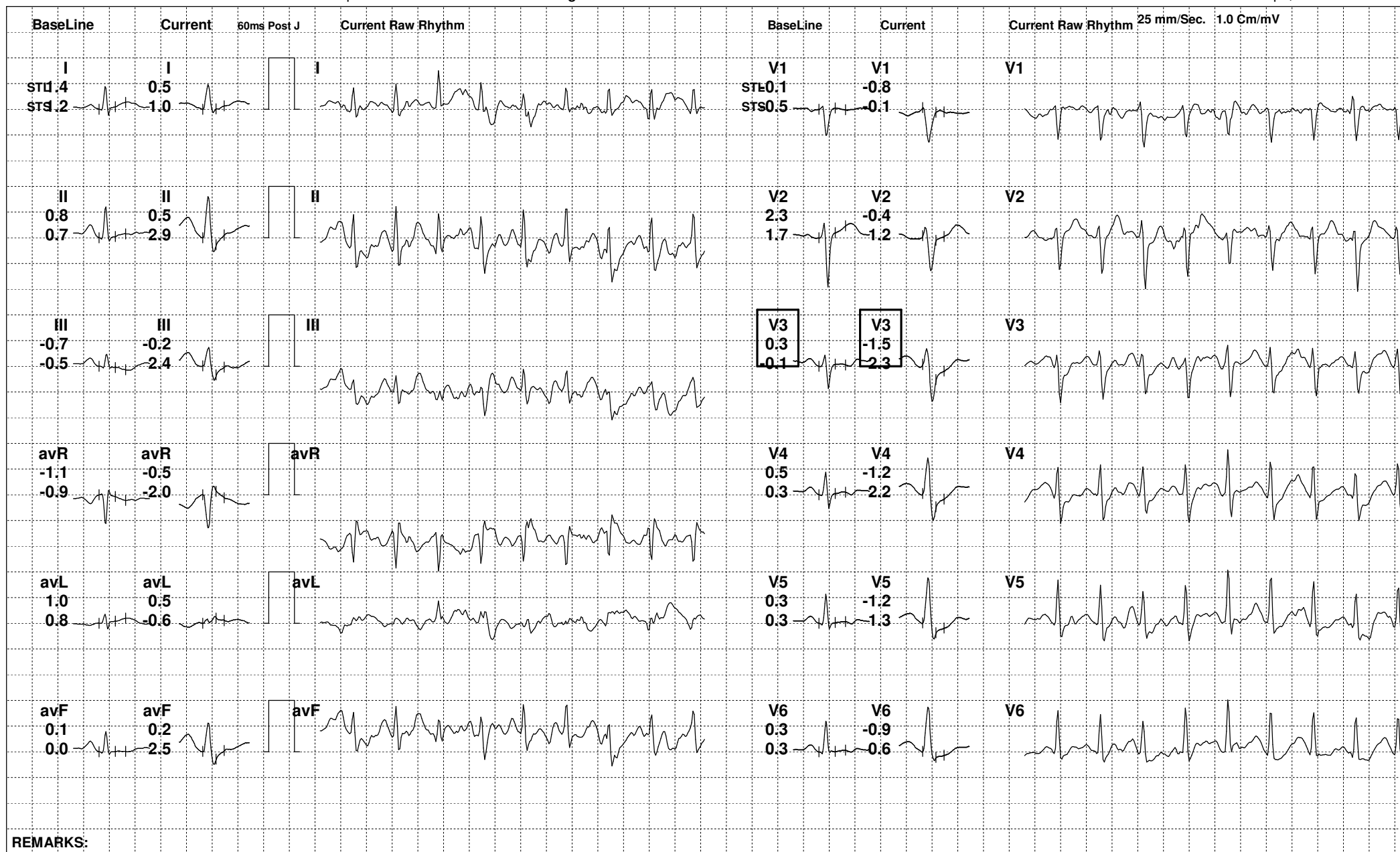
REMARKS:



145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 8.8/ 180 bpm 96% of THR BP: 160/96 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:38 3.4 mph, 14.0%



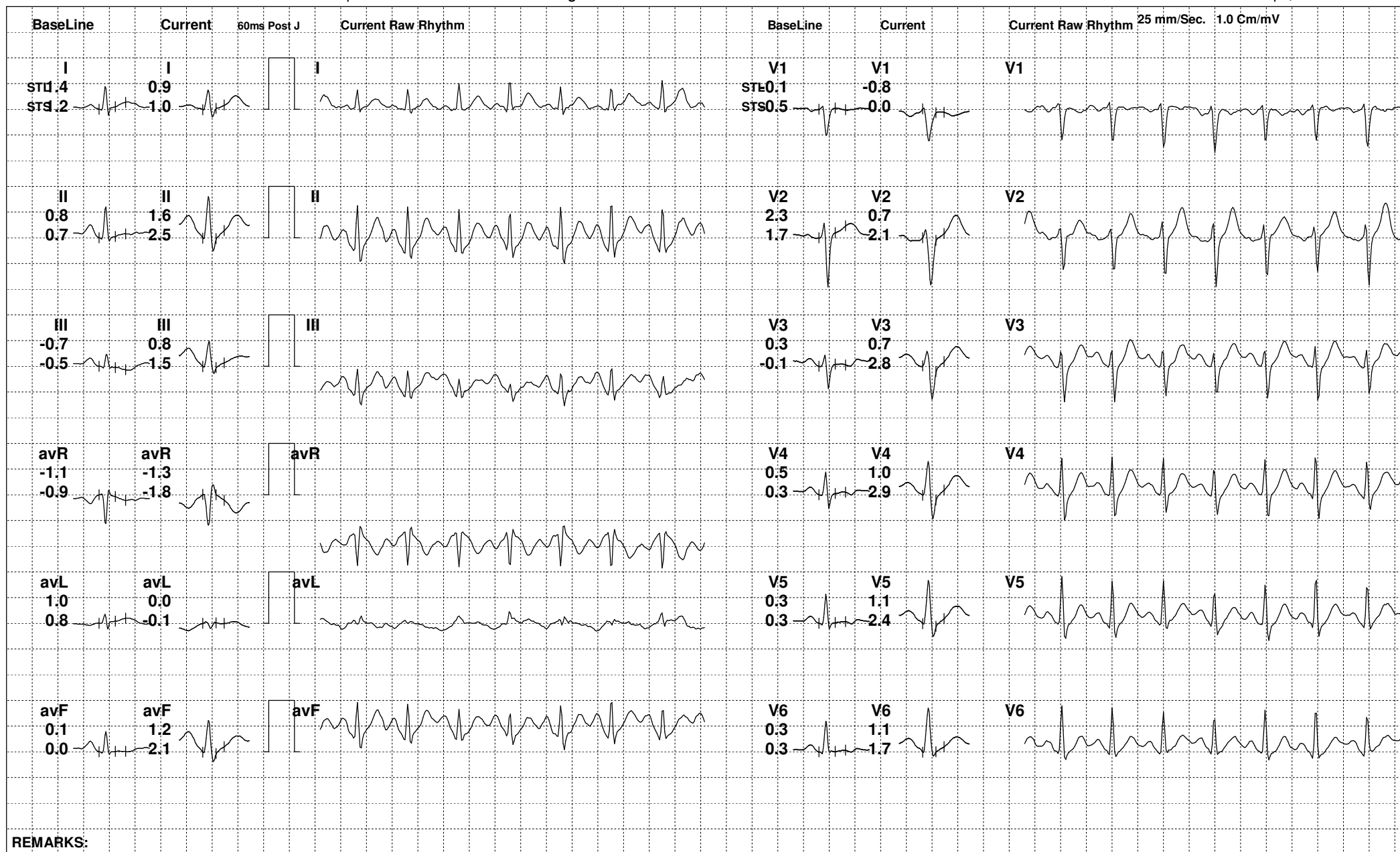
REMARKS:



145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.2/ 151 bpm 80% of THR BP: 154/94 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:39 0.0 mph, 0.0%



REMARKS:



145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.0/ 129 bpm 68% of THR BP: 150/92 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 07:39 0.0 mph, 0.0%

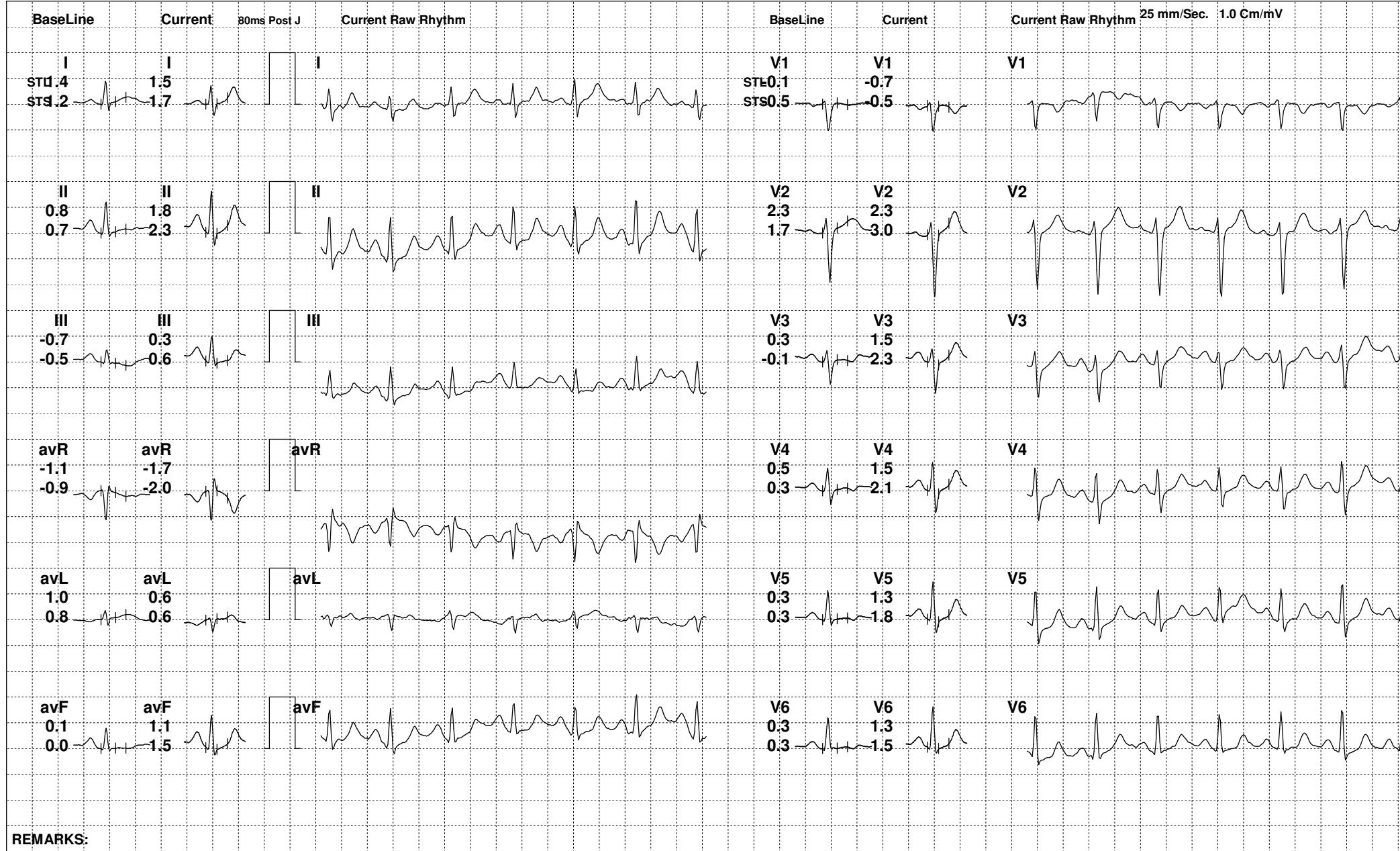




145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM METS: 1.0/ 128 bpm 68% of THR BP: 144/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

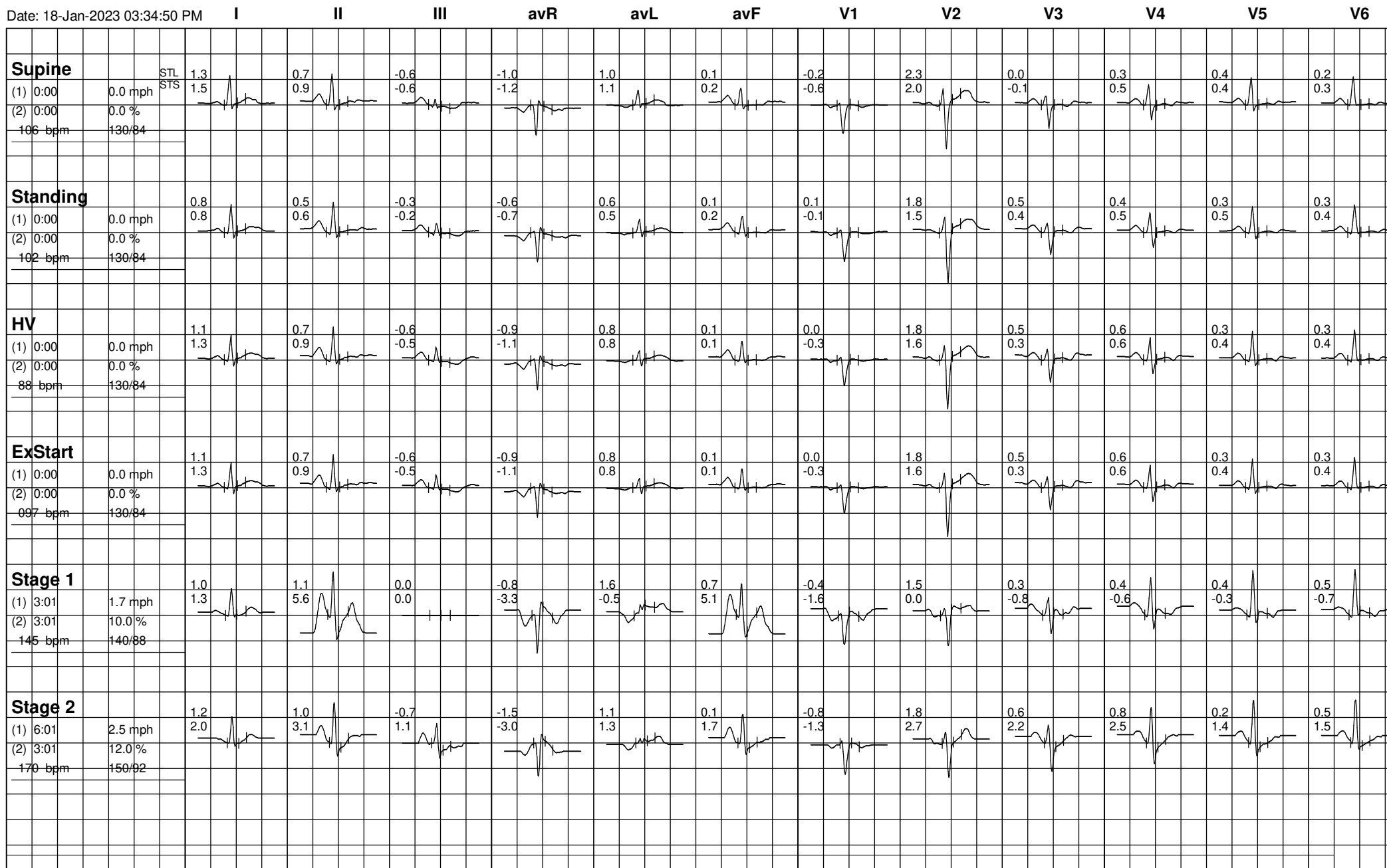
ExTime: 07:39 0.0 mph, 0.0%





145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM





145 (515511) / ABHISHEK SHRIWASTWA / 33 Yrs / M

Date: 18-Jan-2023 03:34:50 PM

