



NABL & ISO 9001 : 2008 Certified  
Wellness . Diagnostics  
A Unit of Gian Life Care Limited



7/216 (6), Swaroop Nagar  
(In Front of L.L.R. Hospital), Kanpur  
Mob. : 8808051576  
E-mail : reportsgpx@gmail.com  
arunguptagpx@gmail.com

Gian Pathology and X-Ray

Pathology . Radiology

Gian Life Line - Health Checkup

Lab No.	: 012304140021	Reg No/BarcodeNo	: 554904/01496960
Patient Name	: Mrs..LATA SHANKHWAR	Reg. Date	: 14/Apr/2023 09:15AM
Age/Sex	: 32 Y / Female	Sample Taken Date	: 14/Apr/2023 10:21AM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Apr/2023 11:57AM
Referred By Doctor	: Dr. B O B		

**BIOCHEMISTRY**

**Blood Sugar (Fasting)**

Blood Sugar Fasting Hexokinase 91 mg/dl 70 - 100

Sample Type:Plasma

**Blood Sugar (PP)**

Blood Sugar PP (2 Hr.) Hexokinase 103 mg/dL 70 - 140

Sample Type:Plasma

**GAMMA GT/GGT**

GAMMA GT / GGT 10 IU/l 9 - 36

\*Not in NABL Scope\*

Sample Type:Serum

**BUN / BLOOD UREA NITROGEN**

BLOOD UREA NITROGEN Urease 7 mg/dl 7.0 - 18.7

Sample Type:Serum

**CREATININE SERUM**

CREATININE, Serum Kinetic Alkaline Picrate 0.62 mg/dl 0.50 - 1.20

Sample Type:Serum

**URIC ACID**

URIC ACID, Serum Uricase 4.8 mg/dl 2.5 - 6.2

Sample Type:Serum



*A Gupta*

Dr. Arun Kumar Gupta  
M.D. Chief Pathologist  
(Reg No. 34930)



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**BIOCHEMISTRY**

**LFT/LIVER FUNCTION TESTS**

BILIRUBIN TOTAL Diazonium Salt	0.58	mg/dl	0.10 - 1.20
BILIRUBIN DIRECT Diazo Reaction	0.23	mg/dl	0.0 - 0.5
BILIRUBIN INDIRECT Calculated	0.35	mg/dl	0.10 - 0.8
SGOT /AST Enzymatic (NADH(Without P-5-P))	19	U/L	5 - 34
SGPT /ALT Enzymatic (NADH(Without P-5-P))	17	U/L	0.0 - 55
Alk. Phosphatase, Serum PNPP AMP Kinetic	66	U/L	40 - 150
PROTEIN TOTAL Biuret	7.6	g/dl	6.4 - 8.3
ALBUMIN BCG	4.5	g/dl	3.5 - 5.0
GLOBULIN Calculated	3.1	g/dl	2.3 - 3.5
A/G RATIO Calculated	1.45	Ratio	1.5 - 2.5

Sample Type:Serum



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**BIOCHEMISTRY**

**Lipid Profile**

CHOLESTEROL TOTAL Enzymetic	139	mg/dl	Desirable: <200 Boderline High: 200 – 239 High : ≥240
TRIGLYCERIDES GPO	112	mg/dl	Normal <150 Boderline High: 150 – 199 High : 200 – 499 Very High: ≥500
HDL CHOLESTEROL Accelerator Selective Detergent	37	mg/dl	40 - 60
LDL CHOLESTEROL Calculated	79.6	mg/dl	100 - 130
VLDL CALCULATED Calculated	22.4	mg/dl	13 - 36
CHOL/ HDL RATIO Calculated	3.76	Ratio	Less than 4.0
LDL / HDL RATIO	2.15		3.3 - 4.4 (Low Risk) 4.4-7.1 (Average Risk) 7.1-11.0 (Moderate Risk)

**Ratio of LDL to HDL**

Risk	Men	Women
Very low (1/2 average)	1	1.5
Average risk	3.6	3.2
Moderate risk (2x average)	6.3	5.0
High risk (3x risk)	8	6.1

**HDL** levels have an inverse relationship with coronary heart disease. The ability of **HDL** to predict the development of coronary atherosclerosis has been estimated to be four times greater than **LDL** and eight times greater than **TC**. Treatment is recommended for those with a **HDL** level below 40 mg/dL. An **HDL** of 60 mg/dL is considered protection against heart disease.

**Preparation:**

Blood should be collected after a 12-hour fast (no food or drink, except water). For the most accurate results, wait at least 2 months after a heart attack, surgery, infection, injury or pregnancy to check Lipid Profile.

**Sample Type:Serum**



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**BIOCHEMISTRY**

**BUN/CREATININE RATIO**

BLOOD UREA NITROGEN Urease	7	mg/dl	7.0 - 18.7
CREATININE, Serum Kinetic Alkaline Picrate Ratio	0.62 11.29	mg/dl mg/dl	0.50 - 1.20 5 - 20

Sample Type:Serum



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Age/Sex	: 32 Y / Female	Sample Taken Date	: 14/Apr/2023 01:59PM
Client Code/Name	: MEDIWHEEL FULL BODY CHECKUP	Report Date	: 14/Apr/2023 04:11PM
Referred By Doctor	: Dr. B O B		

CLINICAL PATHOLOGY

MEDIWHEEL FEMALE BELOW 40

URINE SUGAR (F)

URINE SUGAR (F) NIL

(\*Not in NABL Scope\*)

URINE ROUTINE EXAMINATION

Method -Dipstick And Microscopy

PHYSICAL EXAMINATION

COLOUR	COLOURLESS	
SPECIFIC GRAVITY (Based on pka change)	1.005	1.001 - 1.030
pH ( methylred/Bromothymol blue method )	6	7.50 - 8.0
TURBIDITY	NIL	
Deposit (UR)	NIL	

Chemical

PROTEIN Dipstick/Tetra bromophenol blue/ Heat & Acid Test method).	NIL	Nil
GLUCOSE (Oxidase Peroxidase method)	NIL	Nil
KETONE (Nitroprusside Method)	NEGATIVE	Nil
BILL PIGMENT (Diazo Method)	NEGATIVE	Negative
UROBILINOGEN (Ehrlich reaction)	NEGATIVE	Normal
Nitrite (Based on presence of bacteria )	NEGATIVE	Negative
Leucocyte Esterase (Esterase Diazonium Method)	NEGATIVE	Negative

After Centrifugation at 2500 R.P.M. For 5 Minutes

MICROSCOPIC EXAMINATION

RBC (Microscopic)	NIL	per HPF	
PUS CELLS (Microscopic)	0-1	Per HPF	0 - 5 WBC/hpf
EPITHELIAL CELLS (Microscopic)	NIL	Per HPF	
CASTS (Microscopic)	NIL	Per LPF	
CRYSTALS (Microscopic)	NIL		
Amorphous Material (Microscopic)	Nil		Nil
BACTERIA (Microscopic)	NIL	Per HPF	0-0



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CLINICAL PATHOLOGY

URINE SUGAR (PP)

URINE SUGAR (PP) NIL

(\*Not in NABL Scope\*)



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

**CBC / COMPLETE BLOOD COUNT**

HEMOGLOBIN (Hb) Photometry Cyanide Free	10.3	g/dl	12.0 - 15.0
TLC Impedence	6700	/cumm	4000-10000
<b>DLC (%)</b>			
NEUTROPHIL DHSS/Microscopic	61	%	40-80
LYMPHOCYTE DHSS/Microscopic	30	%	24-44
EOSINOPHIL DHSS/Microscopic	4	%	01-06
MONOCYTE DHSS/Microscopic	5	%	3-6
Platelet Impedance/Microscopic	180	10 <sup>3</sup> /μL	150 - 410
RBC COUNT Impedance	3.7	10 <sup>6</sup> /μL	3.8 - 4.8
PCV (HCT) Numeric Integration	31	%	36-46
MCV Calculated	83.2	fL	83-91
MCH Calculated	27.7	pg	27-32
MCHC Calculated	33.3	g/dL	31.5-34.5
RDW-CV Calculated	16.3	%	11.6 - 14.0
MPV	13.2	fL	8 - 12
ABSOLUTE NEUTROPHIL COUNT DHSS/Calculated	4.1	10 <sup>3</sup> /μL	2.00-7.00
ABSOLUTE LYMPHOCYTE COUNT DHSS/Calculated	2	10 <sup>3</sup> /μL	1.0-3.0
ABSOLUTE MONOCYTE COUNT DHSS/Calculated	0.3	10 <sup>3</sup> /μL	0.0-2.0-1.0
ABSOLUTE EOSINOPHIL COUNT DHSS/Calculated	0.3	10 <sup>3</sup> /μL	0.02 - 0.50

Sample Type Whole Blood EDTA



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HAEMATOLOGY

MEDIWHEEL FEMALE BELOW 40

**ESR WESTERGREN (Automated)**

ESR WESTERGREN ( Automated ) WESTERGREN	22	mm	0 - 14
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**\*Not in NABL Scope\***

Sample Type:EDTA Blood

**ABO Rh / BLOOD GROUP Tube Agglutination (FORWARD & REVERSE Method)**

**BLOOD GROUP / ABO-RH**

ABO	B	-	-
Reverse & Forward			
Rh	POSITIVE	-	-
Reverse & Forward			

Sample Type:EDTA Blood



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**HAEMATOLOGY**

**HbA1C/GLYCATED HEMOGLOBIN/GHB**

HBA1C/GLYCATED HEMOGLOBIN 5.6 %  
Average of Glucose Level 114 mg/dl

Test is done by HPLC method (Gold Standard) D-10 Analyzer.

Expected Values :-

Test	Normal Range	
HbA1c	Non Diabetic:	4.0% - 6.0%
	Good Control:	6.1% - 8.0%
	Poor Control:	8.1% - 9.0 %
	Unsatisfactory:	> 9 %

To convert an A1c to the new average mean blood glucose, use this formula:  
 $eAG(mg/dl) = (28.7 \times HbA1c) - 46.7$

**\*Not in NABL Scope\***

Sample Type:EDTA Blood



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

T3 / TRIDOTHYRONINE TOTAL

T3 TOTAL CMIA	1.12	ng/mL	0.35 - 1.93
------------------	------	-------	-------------

Sample Type:Serum

T4 / THYROXIN TOTAL

T4 TOTAL CMIA	8.60	µg/dl	4.50 - 10.9
------------------	------	-------	-------------

*Increased levels are seen in graves disease cancer of thyroid as symptoms of hyperthyroidism.Low levels are seen in hypothyroidism whose symptoms are myoxyedema hashmito disease and pituitary disorders*



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IMMUNOASSAY

MEDIWHEEL FEMALE BELOW 40

**TSH (Thyroid Stimulating Hormone)**

TSH (ECLIA) 1.67  $\mu$ IU/ml 0.35 - 5.50  
CMIA

NOTE:

Guidelines for interpretation of abnormal thyroid function test.

TSH	T4/FT4	T3/FT3	Interpretation
High	Normal Normal	Mild(subclinical)	Hypothyroidism.
High	Low	Low/Normal	Hypothyroidism
Low	Normal Normal	Mild (subclinical)	Hyperthyroidism.
Low	High/Normal	High/Normal	Hyperthyroidism
Low	Low/Normal	Low/Normal	Rare pituitary(secondary)Hypothyroidism

Sample Type:Serum



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**X-RAY**

**MEDIWHEEL FEMALE BELOW 40**

**X RAY CHEST PA VIEW**

Diaphragms are normal.

C.P. angles are clear.

Cardiac shadow is normal.

Trachea is in midline.

**Hilar shadow are heavy.**

**Broncho-vascular markings are prominent ----- Bronchitis.**

No parenchymal lesion is seen.

**Advise :-** Correlate Clinically.

**DR. S. KHURANA**  
**M.B.B.S.,D.M.R.E.**

\*\*\* End Of Report \*\*\*



**7/216 (6), SWAROOP NAGAR (IN FORN OF L.L.R. HOSPITAL) KANPUR****182 (554904) / LATA SHANKHWAR / 32 Yrs / F / 0 Cms / 0 Kg Date: 14-Apr-2023 Refd By : BANK OF BARODA**

Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	BP	RPP	PVC	Comments
Supine	00:55	0:01	00.0	00.0	01.0	68	120/80	081	00	
Standing	01:09	0:01	00.0	00.0	01.0	96	120/80	115	00	
HV	01:16	0:01	00.0	00.0	01.0	96	120/80	115	00	
ExStart	01:21	0:01	00.0	00.0	01.0	102	120/80	122	00	
BRUCE Stage 1	04:21	3:00	01.7	10.0	04.7	155	130/84	201	00	
PeakEx	05:58	1:37	02.5	12.0	06.0	175	140/88	245	01	
Recovery	06:57	1:00	00.0	00.0	01.0	146	136/86	238	00	
Recovery	07:57	2:00	00.0	00.0	01.0	148	132/84	195	00	
Recovery	09:05	3:07	00.0	00.0	01.0	124	126/82	161	00	

**Findings :**

Exercise Time : 04:38  
 Max HR Attained : 175 bpm 93% of Target 188  
 Max BP Attained : 140/88  
 Max WorkLoad Attained : 6 Fair response to induced stress  
 Max ST Dep Lead & Value : III & -0.8 mm  
 Duke Treadmill Score : 10.0  
 Test Objective : For Testing  
 History : Nil  
 Test End Reasons : Fatigue

**Doctor : DR. KUSH KUMAR TYAGI D.M.**





**Report :**

Sample Name: Stress Test Graded Exercise Treadmill  
Description: .

INDICATIONS: R/O CAD.

PROCEDURE DONE: Graded exercise treadmill stress test.

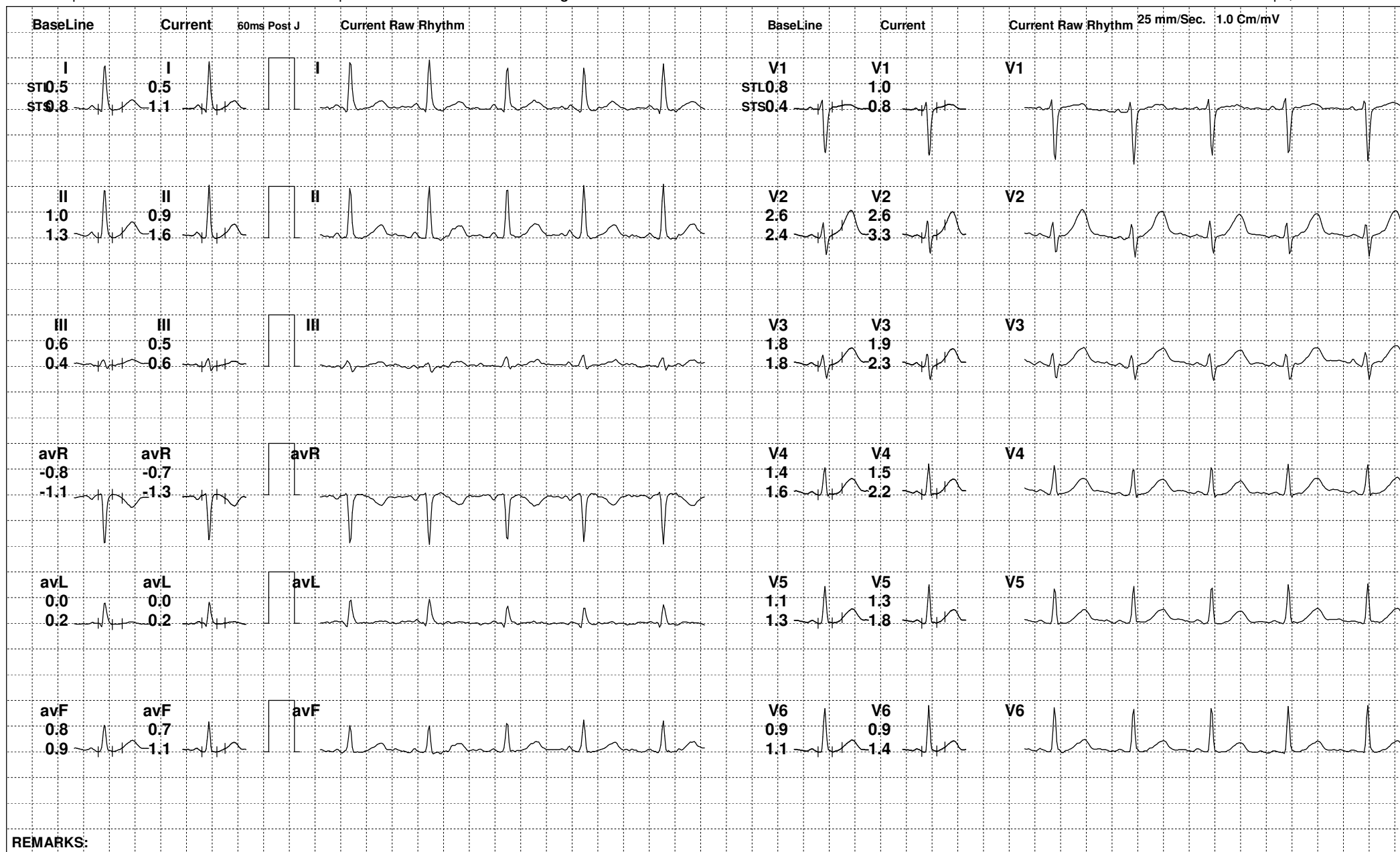
STRESS ECG RESULTS:

NORMAL FUNCTIONAL CAPACITY, ADEQUATE B.P. RESPONSE, THR 93% ACHIEVED,  
NO CHEST PAIN / DYSPNOEA, NO SIGNIFICANT ST-T CHANGES DURING EXERCISE  
AND RECOVERY. NO ARRHYTHAEMIA.

\*\*\*\*\*

TEST IS NEGATIVE FOR STRESS INDUCED REVERSIBLE MYOCARDIAL ISCHEMIA.

**Doctor : DR. KUSH KUMAR TYAGI D.M.**



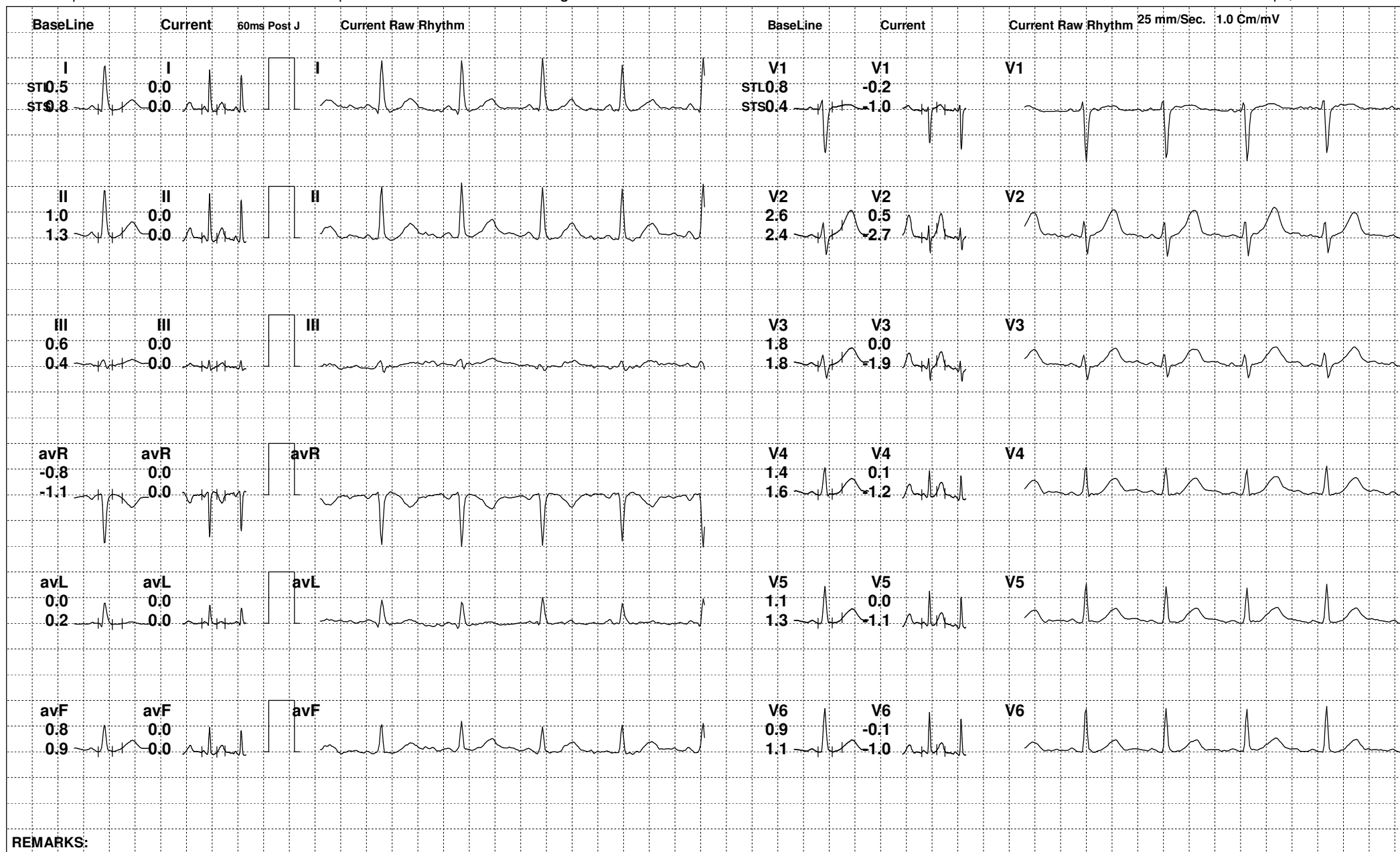
REMARKS:



182 (554904) / LATA SHANKHWAR / 32 Yrs / F

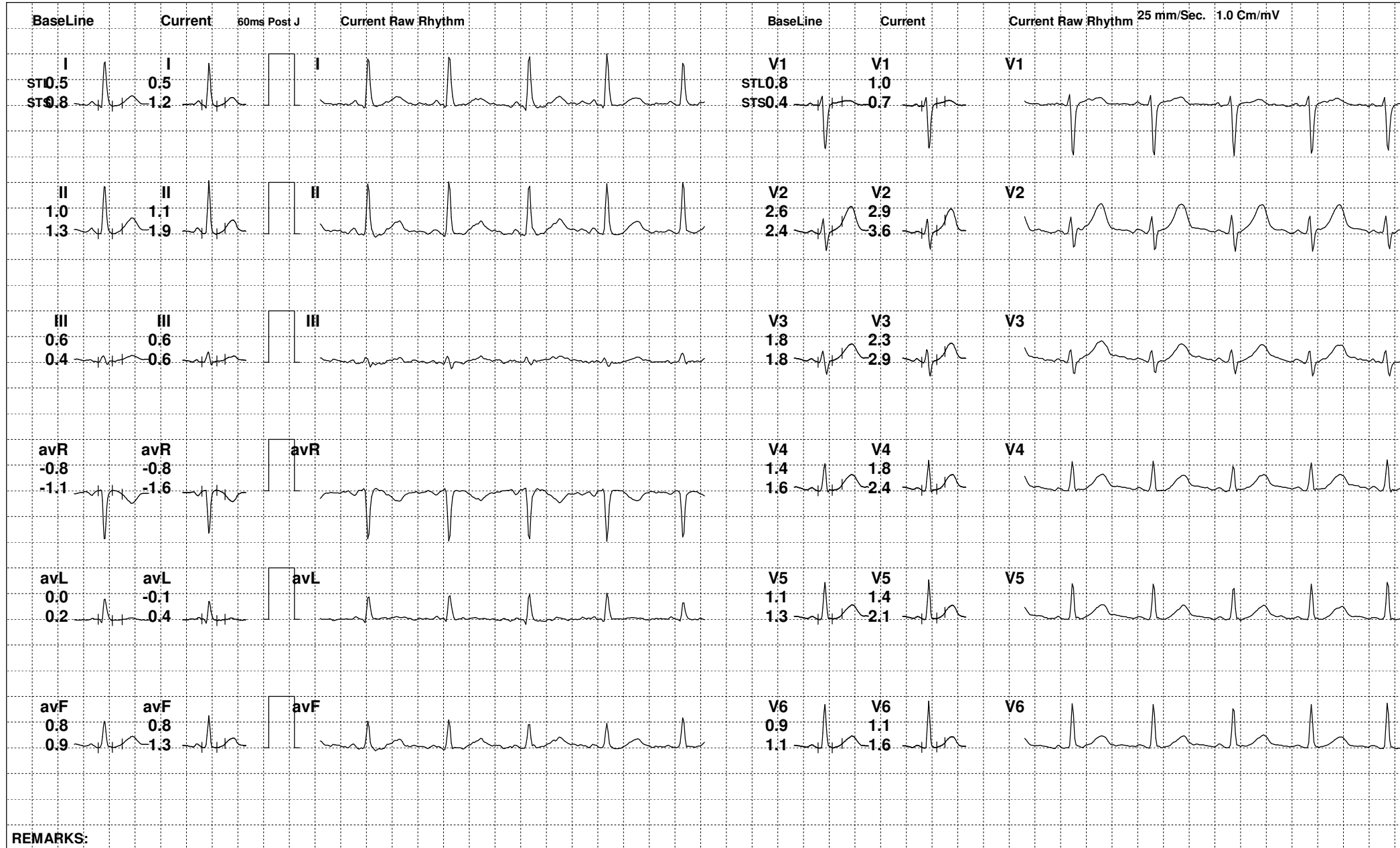
Date: 14-Apr-2023 02:27:46 PM METS: 1.0/ 96 bpm 51% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:07 0.0 mph, 0.0%



REMARKS:





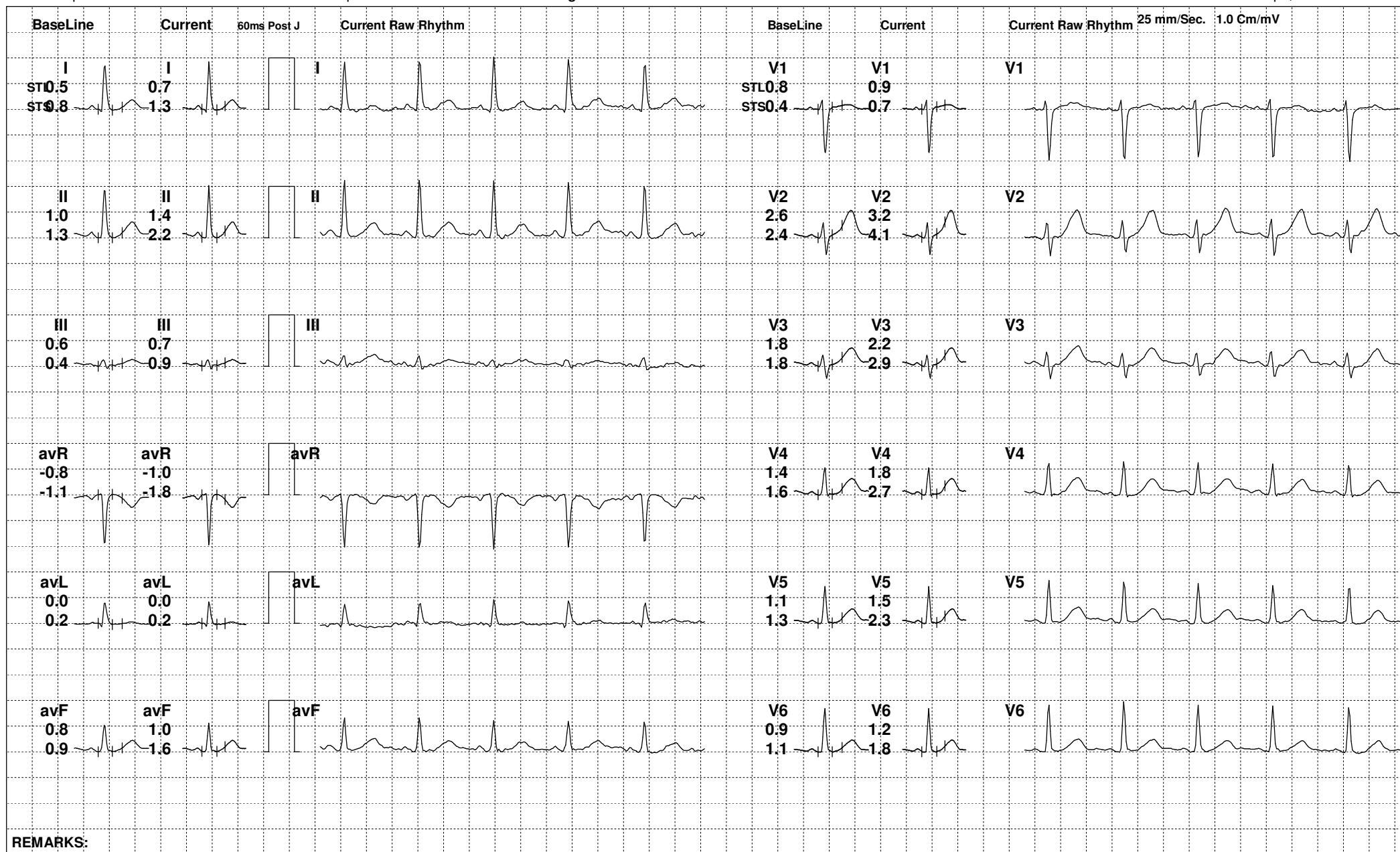
REMARKS:



182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM METS: 1.0/ 102 bpm 54% of THR BP: 120/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 01:19 0.0 mph, 0.0%



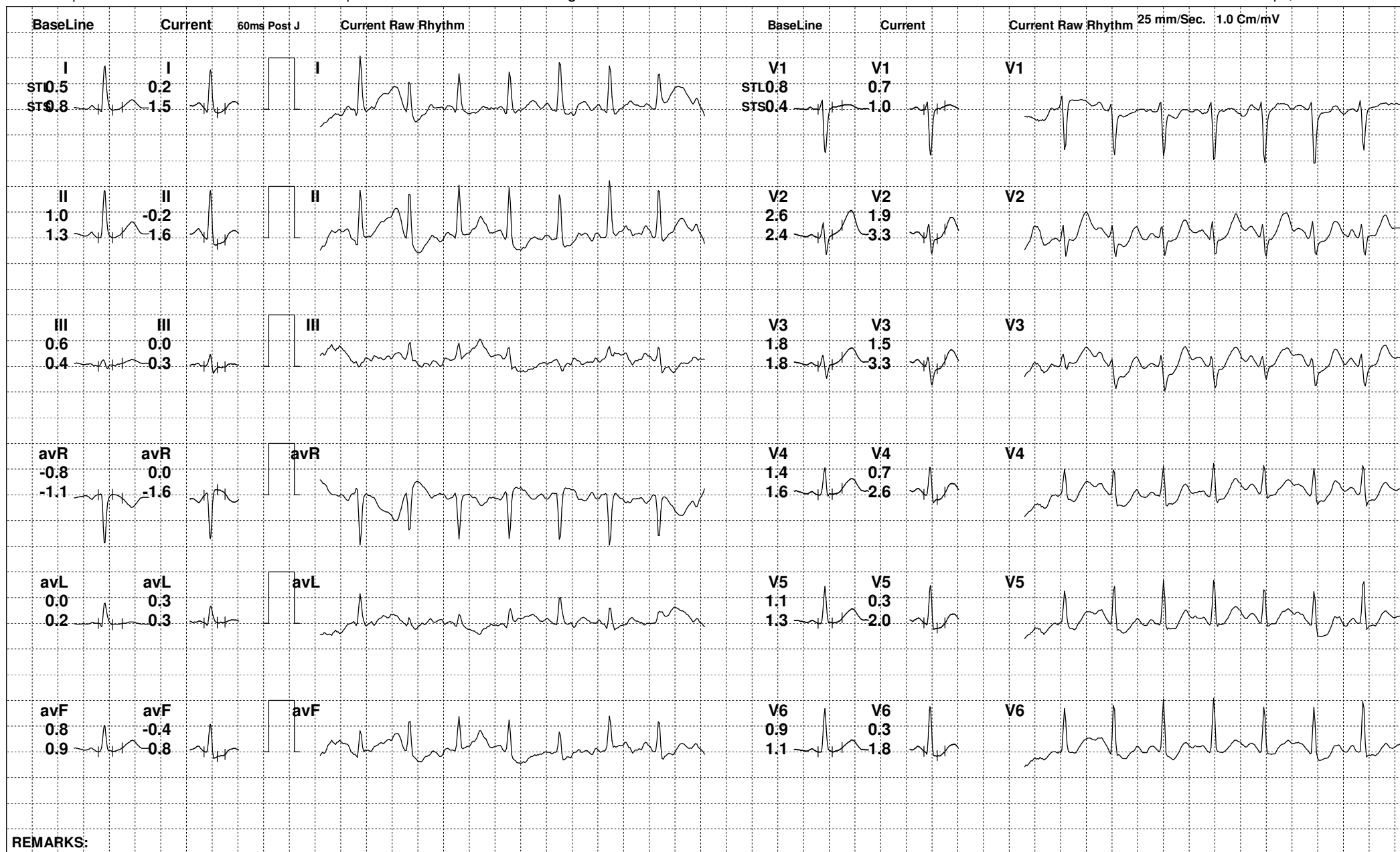
REMARKS:



182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM METS: 4.7/ 154 bpm 81% of THR BP: 130/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 03:00 1.7 mph, 10.0%



REMARKS:

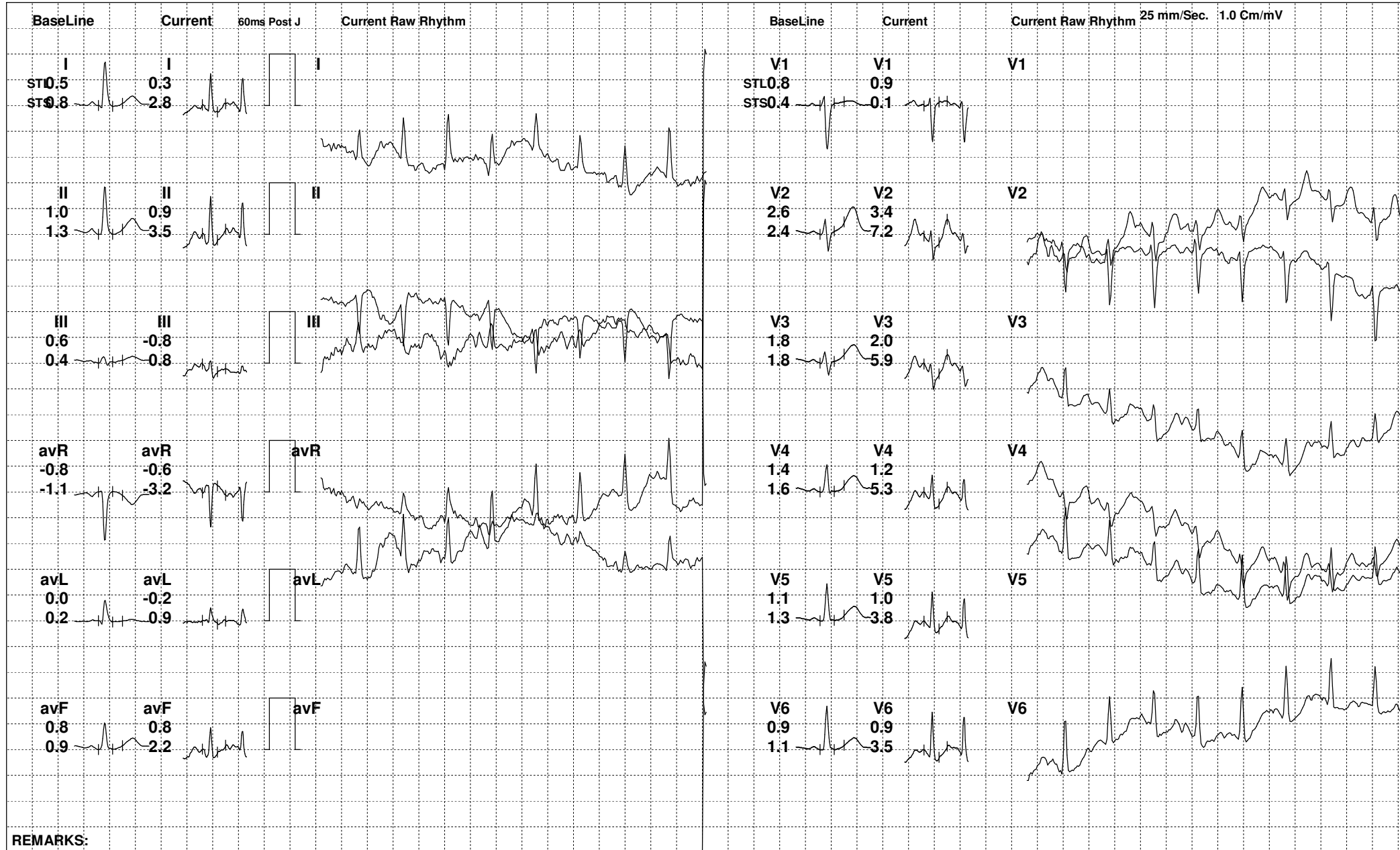




182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM METS: 6.0/ 175 bpm 93% of THR BP: 140/88 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:37 2.5 mph, 12.0%

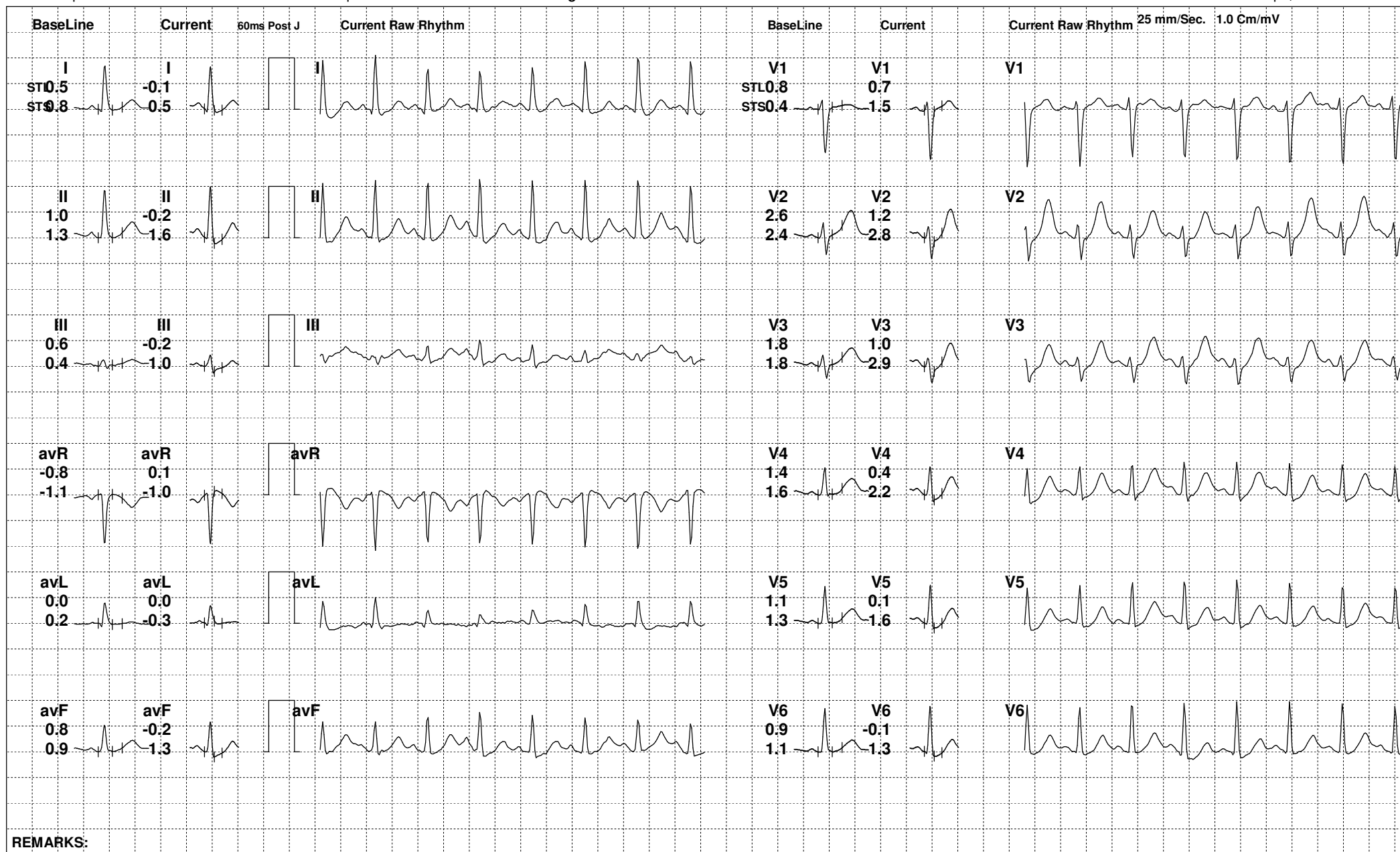




182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM METS: 1.0/ 146 bpm 77% of THR BP: 136/86 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:38 0.0 mph, 0.0%



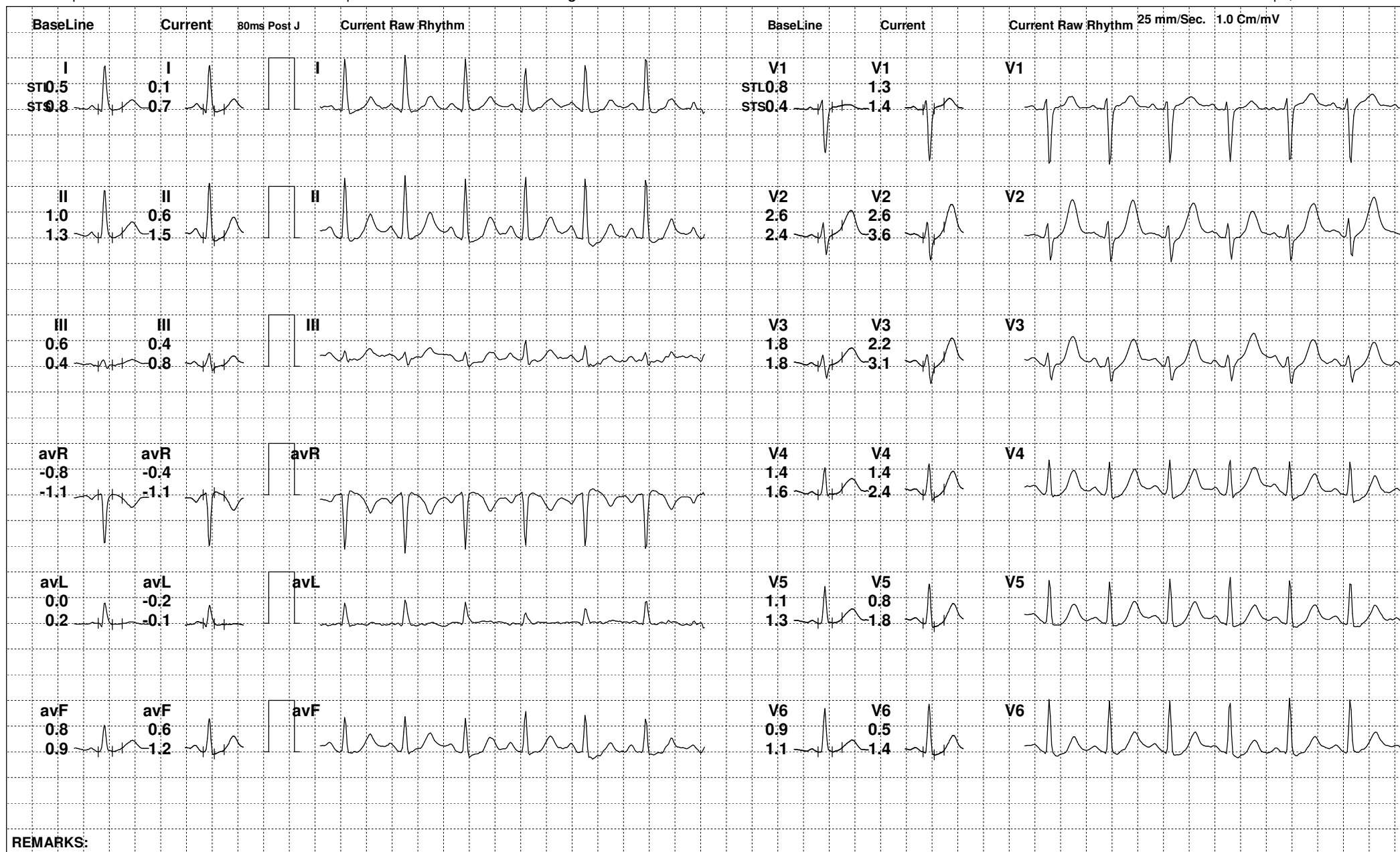
REMARKS:



182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM METS: 1.0/ 128 bpm 68% of THR BP: 132/84 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:38 0.0 mph, 0.0%



REMARKS:



182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM METS: 1.0/ 124 bpm 65% of THR BP: 126/82 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 100 Hz

ExTime: 04:38 0.0 mph, 0.0%

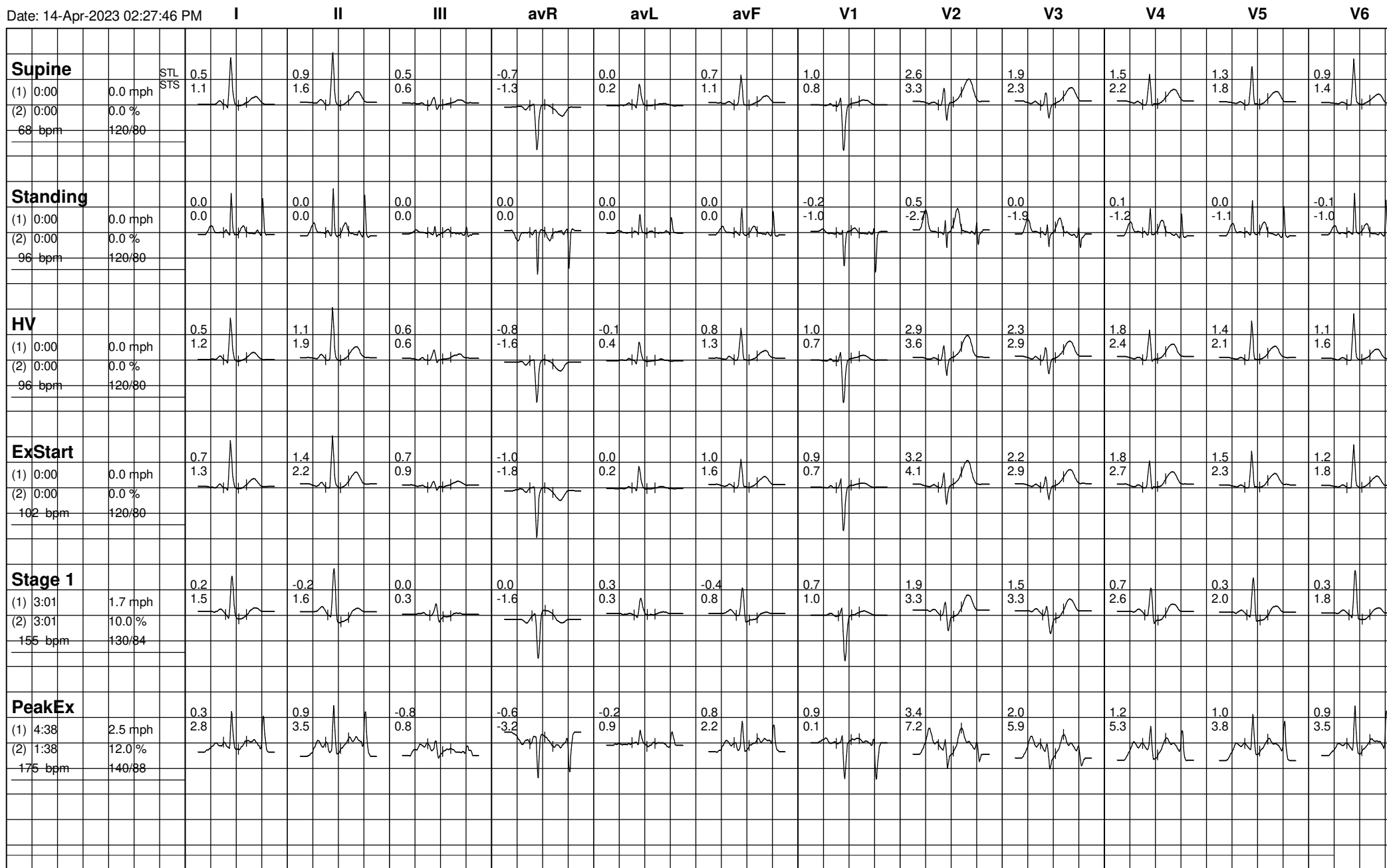






182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM





182 (554904) / LATA SHANKHWAR / 32 Yrs / F

Date: 14-Apr-2023 02:27:46 PM

