

Patient Name : MR. RAMA SHANKAR  
PRASAD  
Age / Sex : 55 years / Male  
LCID No : 324030325  
UID No : 102383

Reference : MEDIWHEEL  
Organization : Mediwheel  
Org ID : NA

Registered On : Mar 09, 2024, 10:03 a.m.

Collected On : Mar 09, 2024, 12:25 p.m.

Reported On : Mar 09, 2024, 04:08 p.m.

**BLOOD GROUP LC**

Specimen Type : EDTA

Test Description	Value(s)	Unit(s)	Reference Range
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**SEROLOGY**

ABO Group

BySLIDE/TUBE Method

"AB"

Rh (Factor)

BySLIDE/TUBE Method


Positive


Remark

Test done by : Agglutination Forward &amp; Reverse Method (Whole Blood &amp; Serum)

\* : Rechecked

\*\*END OF REPORT\*\*

  
Dr. Vijay Varde  
M.D.(Path) D.P.B  
Consultant Pathologist

<b>Patient Name</b> : MR. RAMA SHANKAR PRASAD	<b>Reference</b> : MEDIWHEEL	<b>Registered On</b> : Mar 09, 2024, 10:03 a.m.
<b>Age / Sex</b> : 55 years / Male	<b>Organization</b> : Mediwheel	<b>Collected On</b> : Mar 09, 2024, 12:25 p.m.
<b>LCID No</b> : 324030325	<b>Org ID</b> : NA	<b>Reported On</b> : Mar 09, 2024, 04:08 p.m.
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**Blood sugar post prandial**

Specimen Type : Plasma

Test Description	Value(s)	Unit(s)	Reference Range
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**BIOCHEMISTRY**

Blood sugar post prandial <i>By Hexokinase method</i>	104	mg/dl	70 - 140
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Remark

Diagnostic criteria of Diabetes Mellitus (ADA guidelines 2021)

Fasting Blood Glucose :  $\geq 126$  mg/dl

OR


2 Hr Post Glucose :  $\geq 200$  mg/dl

OR

HbA1c  $\geq 6.5$  %

OR

Random Blood Glucose :  $\geq 200$  mg/dl**\*\*END OF REPORT\*\***  
Dr. Vijay Varde  
M.D.(Path) D.P.B  
Consultant Pathologist

<b>Patient Name</b> : MR. RAMA SHANKAR PRASAD	<b>Reference</b> : MEDIWHEEL	<b>Registered On</b> : Mar 09, 2024, 10:03 a.m.
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**LIPID PROFILE LC**

Specimen Type : Serum

Test Description	Value(s)	Unit(s)	Reference Range
<b>BIOCHEMISTRY</b>			
Triglycerides <i>By Enzymatic GPO/PAP Method</i>	137	mg/dl	Less than 150
Total Cholesterol <i>By CHOD-PAP Method</i>	189	mg/dl	UPTO 200
HDL Cholesterol <i>By Enzymatic Method</i>	40	mg/dl	40 - 60
VLDL Cholesterol	27.40	mg/dl	6 - 38
LDL Cholesterol	<b>121.60</b>	mg/dl	Upto 100
Cholesterol : HDL Cholesterol Ratio	4.72		Upto - 5
LDL Cholesterol/HDL Cholesterol Ratio	3.04		Upto 4

<b>Total Cholesterol :</b>	<b>HDL-Cholesterol:</b>
<i>Desirable : Less than 200 mg%</i>	<i>Desirable : More than 40 mg%</i>
<i>Borderline High : 200 - 239 mg% High : More than 239 mg%</i>	<i>Low : Less than 40 mg%</i>
<b>LDL-Cholesterol (Non-protective cholesterol) :</b>	<b>Triglycerides :</b>
<i>Optimal : Less than 100 mg% NearOptimal : 100 - 129 mg%</i>	<i>Normal : Less than 150 mg%</i>
<i>Borderline High : 130 - 159 mg%</i>	<i>Borderline : 150 - 199 mg%</i>
<i>High : 160 - 189 mg%</i>	<i>High : 200 - 499 mg%</i>
<i>Very High : More than 189 mg%</i>	<i>Very High : More than 499 mg%</i>


\*\*END OF REPORT\*\*



Dr. Vijay Varde  
M.D.(Path) D.P.B  
Consultant Pathologist

# Report



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## PSA (Total)

Specimen Type : Serum

Test Description	Value(s)	Unit(s)	Reference Range
<b><u>IMMUNOASSAY</u></b>			
PSA - Prostate Specific Antigen, serum by CMI	0.606	ng/ml	0.0 - 4.0

Test done on Abbott Architect i1000

\*\*END OF REPORT\*\*



  
Dr. Vijay Varde  
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**Registered On** : Mar 09, 2024, 10:03 a.m.  
**Collected On** : Mar 09, 2024, 12:25 p.m.  
**Reported On** : Mar 09, 2024, 03:17 p.m.

**COMPLETE BLOOD COUNT (CBC) LC**

Specimen Type : EDTA

Test Description	Value(s)	Unit(s)	Reference Range
<b><u>HEMATOLOGY</u></b>			
Haemoglobin (Mod.Cyanmethemoglobin)	15.8	gms%	13 - 17
R.B.C Count (Impedence)	5.32	$\times 10^6/\text{cmm}$	4.5 - 5.5
PCV (Conductivity)	49.1	%	40 - 50
MCV (Calculated)	92.29	fL	83 - 101
MCH(Calculated)	29.70	Pg	27 - 32
MCHC(Calculated)	32.18	gms%	31.5 - 34.5
W.B.C. Count(Impedence)	4.82	$\times 10^3/\text{cmm}$	4 - 10
RDW(Calculated)	14.0	%	11.6 - 14.0
MPV(Calculated)	11.0	fL	6 - 11
Platelet Count(Impedence)	1.84	$\times 10^5/\text{cmm}$	1.50 - 4.10
<b><u>DIFFERENTIAL COUNT (Impedence,Light Absorbance)</u></b>			
Neutrophils	48	%	40 - 80
Lymphocytes	37	%	20 - 40
Eosinophils	06	%	1 - 6
Monocytes	09	%	2 - 10
Basophils	0	%	0 - 2
RBC Morphology <i>Staining &amp; Microscopy</i>	Normocytic normochromic.		
WBC Morphology <i>Staining &amp; Microscopy</i>	Normal		
PLATELETS <i>Staining &amp; Microscopy</i>	Adequate on smear.		
Other	-		

CBC done on fully Automated Yumizen H550

\*\*END OF REPORT\*\*



  
Dr. Vijay Varde  
M.D.(Path) D.P.B  
Consultant Pathologist



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## ERYTHROCYTE SEDIMENTATION RATE (E.S.R) LC

Specimen Type : EDTA


Test Description	Value(s)	Unit(s)	Reference Range
<b><u>HEMATOLOGY</u></b>			
E.S.R.	13	mm	0 - 15

*By Whole Blood Modified Westergren Method*


ESR done on fully automated Easyrate analyzer.

**\*\*END OF REPORT\*\***



  
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<b>LCID No</b> : 324030325	<b>Org ID</b> : NA	<b>Reported On</b> : Mar 09, 2024, 03:17 p.m.
<b>UID No</b> : 102383		

**Blood sugar fasting**

Specimen Type : Plasma

Test Description	Value(s)	Unit(s)	Reference Range
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**BIOCHEMISTRY**

Blood Sugar Fasting

<b><u>Glucose value</u></b> <i>By Hexokinase method</i>	103	mg/dl	70 - 110
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Diagnostic criteria of Diabetes Mellitus (ADA guidelines 2021)

Fasting Blood Glucose :  $\geq$  126 mg/dl

OR

2 Hr Post Glucose :  $\geq$  200 mg/dl

OR

HbA1c  $\geq$  6.5 %

OR

Random Blood Glucose :  $\geq$  200 mg/dl

\*\*END OF REPORT\*\*



**Dr. Vijay Varde**  
 M.D.(Path) D.P.B  
 Consultant Pathologist



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**LIVER FUNCTION TEST (LFT) LC**

Specimen Type : Serum

Test Description	Value(s)	Unit(s)	Reference Range
<b>BIOCHEMISTRY</b>			
Serum Bilirubin (Total) <i>ByDiazo Method</i>	<b>1.12</b>	mg/dl	0.2 - 1.0
Serum Bilirubin (Direct) <i>ByDiazo Method</i>	<b>0.24</b>	mg/dl	0.0 - 0.2
Serum Bilirubin (Indirect) <i>Calculated</i>	0.88	mg/dl	upto 0.90
S.G.O.T (AST) <i>BySerum By Enzymatic Method IFCC</i>	36	U/L	15 - 37
S.G.P.T <i>BySerum by Enzymatic Method</i>	45	U/L	16 - 63
Serum GGTP <i>ByEnzymatic Method</i>	48	U/L	15 - 85
Alkaline Phosphatase	99	U/L	46-116
Serum Proteins <i>ByBiuret Method</i>	7.7	g/dl	6.4 - 8.2
S. Albumin <i>ByBromocresol purple Method</i>	4.0	g/dl	3.4 - 5.0
Serum Globulin	<b>3.70</b>	gm/dl	1.8 - 3.6
A/G Ratio	<b>1.08</b>		1.5 - 3.5
Remark			


\*\*END OF REPORT\*\*



  
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<b>Age / Sex</b> : 55 years / Male	<b>Organization</b> : Mediwheel	<b>Collected On</b> : Mar 09, 2024, 12:25 p.m.
<b>LCID No</b> : 324030325	<b>Org ID</b> : NA	<b>Reported On</b> : Mar 09, 2024, 05:37 p.m.
<b>UID No</b> : 102383		

**T3 T4 TSH**

Specimen Type : Serum

Test Description	Value(s)	Unit(s)	Reference Range
<b><u>IMMUNOASSAY</u></b>			
T3	<b>197.18</b>	ng/dl	60 - 181
T4	<b>16</b>	ug/dl	3.2 - 12.6
T.S.H (ULTRA SENSITIVE)	1.06	uIU/ml	0.55 - 4.78

**NOTE : Thyroid readings rechecked and confirmed. Kindly correlate clinically.**

Method : By CLIA

Sample Type: Serum

Remark :

1. Decreased value of T3(T4 and TSH normal) have minimal clinical significance and not recommended for diagnosis of hypothyroidism
2. Total T3 and T4 value may also be altered in other condition due to change in serum proteins or binding sites pregnancy,Drugs (Androgens,Estrogens,O C pills,■ Phenytoin),Nephrosis etc. In such cases free T3 and free T4 give corrected values.
3. Total T3 may decrease by <25percent in healthy older individual.

Remark:

1. TSH values may be transiently altered because of non thyrodial illness like severe infections,liver disease , renal and heart failure , severe burns , trauma and surgery etc
2. Drugs that decrease TSH values e.g.L-dopa, Glucocorticoids Drugs that increase TSH values e.g. Iodine, Lithium, Amiodaron

Test done on ADVIA Centaur XP.

# Report



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**Collected On** : Mar 09, 2024, 12:25 p.m.


**Reported On** : Mar 09, 2024, 05:37 p.m.



\*\*END OF REPORT\*\*



  
**Dr. Vijay Varde**  
M.D.(Path) D.P.B  
Consultant Pathologist

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<b>LCID No</b> : 324030325	<b>Org ID</b> : NA	<b>Reported On</b> : Mar 09, 2024, 04:02 p.m.
<b>UID No</b> : 102383		

**Glycosylated HB A1c**

Specimen Type : EDTA

Test Description	Value(s)	Unit(s)	Reference Range
<b><u>BIOCHEMISTRY</u></b>			
Glycosylated HBA1C	5.9	%	
AVERAGE BLOOD GLUCOSE LEVEL	122.63	mg/dl	

Reference Values : Glyco HB A1c

Non Diabetic : 4.0 - 6.0

Good Diabetic Control : 6.0 - 7.0

Fair Diabetic Control : 7.0 - 8.0

Poor Diabetic Control : &gt; 8.0

Maintaining HbA1c levels to less than 7% will reduce risk of long term complications of Diabetes.

Method : Ion Exchange HIGH Pressure Liquid Chromatography (HPLC), on Fully Automated Biorad D10 analyser.

INFORMATION : Glycosylated Haemoglobin accumulates within the red blood cells & exists in this form throughout the lifespan of red cells. Thus a single HbA1c value taken every 2 - 3 months

serves over those months. The measurement of HbA1c has been used as an index of metabolic control of diabetes during the preceding 2 - 3 months providing physician with an objective look at patient-s diabetes control. HbA1c is not affected by factors like intake of carbohydrates, timing of antidiabetes drugs, daily activities.

Test done on BIORAD D10.

This test has been performed at Lifecare Diagnostics &amp; Research Centre Pvt. Ltd.

Diagnostic criteria of Diabetes Mellitus (ADA guidelines 2021)

Fasting Blood Glucose :  $\geq$  126 mg/dl

OR

2 Hr Post Glucose :  $\geq$  200 mg/dl

OR

HbA1c  $\geq$  6.5 %

OR

Random Blood Glucose :  $\geq$  200 mg/dl**\*\*END OF REPORT\*\***

# Report



**Patient Name** : MR. RAMA SHANKAR  
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<b>UID No</b> : 102383		


**Renal Function Test**

Specimen Type : Serum

Test Description	Value(s)	Unit(s)	Reference Range
<b><u>BIOCHEMISTRY</u></b>			
Urea <i>ByUrease Method</i>	22.68	mg/dl	10 - 38.5
BUN <i>BySerum By Urease with GLDH</i>	10.6	mg/dl	5 - 18
Creatinine <i>ByAlkaline Picrate-Kinetic</i>	1.14	mg/dl	0.7 - 1.3
Uric Acid <i>BySerum by Uricase Method</i>	4.4	mg/dl	2.6 - 6.0
Calcium <i>BySerum Cresolphthaleine complexona Method</i>	9.3	mg/dl	8.5 - 10.1
Phosphorus <i>ByPhosphomolybdate - UV Method</i>	2.8	mg/dl	2.5 - 4.9
Sodium <i>BySerum By ISE Method</i>	137	mEq/L	135 - 145
Potassium <i>BySerum by ISE Method</i>	4.8	mEq/l	3.5 - 5.5
Chloride <i>BySerum by ISE Method</i>	102	mEq/L	96 - 109
Proteins <i>ByBiuret Method</i>	7.7	g/dl	6.4 - 8.2
Albumin <i>ByBromocresol purple Method</i>	4.0	g/dl	3.4 - 5
Globulin	<b>3.70</b>	g/dl	1.8 - 3.6
A/G Ratio	<b>1.08</b>		1.5 - 3.5

\*\*END OF REPORT\*\*


  
 Dr. Vijay Varde  
 M.D.(Path) D.P.B  
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<b>Age / Sex</b> : 55 years / Male	<b>Organization</b> : Mediwheel	<b>Collected On</b> : Mar 09, 2024, 02:05 p.m.
<b>LCID No</b> : 324030325	<b>Org ID</b> : NA	<b>Reported On</b> : Mar 09, 2024, 04:48 p.m.
<b>UID No</b> : 102383		

**Urine Routine LC**

Specimen Type : Urine

Test Description	Value(s)	Unit(s)	Reference Range
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**CLINICAL PATHOLOGY****Physical Examination**

Quantity	30	ml	-
Colour <i>By Visual Examination</i>	Pale yellow		
Appearance	Slightly Hazy		
Specific Gravity <i>By Ion Concentration / Color Indicator</i>	1.005		1.000 - 1.035
Reaction (pH) <i>By Color Indicator</i>	6.5		5.0 - 8.0

**Chemical Examination**

Proteins <i>By Turbidometric Method</i>	Absent		Absent
Bile salts	Absent		Absent
Bile Pigments <i>By Diazo / Fouchets</i>	Absent		
Occult Blood <i>By Oxidation / Microscopy</i>	Absent		Absent
Glucose <i>By Enzymatic, GOD, POD &amp; Benedicts Test</i>	Absent		Absent
Ketones	Absent		Absent
Urobilinogen <i>By Diazo/p-amino Benzaldehyde react</i>	Normal		Normal

**Microscopic Examination (per H.P.F.)**

Epithelial Cells	0 - 1	/hpf	3 - 5
Leucocytes	0 - 2	/hpf	0 - 5
Red Blood Cells	Absent	/hpf	0 - 2
Casts	Absent		
Crystals	Absent		
Trichomonas vaginalis	Absent		
Yeast	Absent		

CHEMICAL EXAMINATION DONE BY MULTISTIX.SG (SIEMENS)

\*\*END OF REPORT\*\*

# Report



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Dr. Vijay Varde  
M.D.(Path) D.P.B  
Consultant Pathologist

**Health Check up Booking Confirmed Request(bobE12009),Package Code-  
PKG10000367, Beneficiary Code-287017**

Mediwheel <wellness@mediwheel.in>  
To: crm.lokhandwala@lifecarediagnostics.com  
Cc: customercare@mediwheel.in

Wed, Feb 28, 2024 at 11:53 AM



011-41195959

Hi Life Care Diagnostics,

The following booking has been confirmed. It is requested to honor the said booking & provide priority services to our client.

**Hospital Package Name** : Mediwheel Full Body Annual Plus Above 50 Male

**Patient Package Name** : Mediwheel Full Body Health Checkup Male Above 40

**Package Code** : PKG10000367

**Appointment Date** : 09-03-2024

**Confirmation Status** : Booking Confirmed

**Preferred Time** : 8:00am

Member Information		
Booked Member Name	Age	Gender
MR. PRASAD RAMA SHANKAR	55 year	Male

We request you to facilitate the employee on priority.

Thanks,  
Mediwheel Team  
Please Download Mediwheel App



You have received this mail because your e-mail ID is registered with Arcofemi Healthcare Limited This is a system-generated e-mail please don't reply to this message.

Please visit to our Terms & Conditions for more informaion. [Click here](#) to unsubscribe.





भारत सरकार  
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

नामांकन क्रम/ Enrolment No.: 0653/34021/00867

Download Date: 31/01/2020

To  
राम शंकर प्रसाद  
Rama Shankar Prasad  
C/O Dnyaneshwar Krishna Koli  
krishna niwas  
madhala pada  
versova  
madhisland  
Mumbai  
Vesava  
Mumbai Suburban Maharashtra - 400061  
9930192644

Issue Date: 06/12/2019

Signature valid



आपका आधार क्रमांक / Your Aadhaar No. :

**3876 6025 3423**

VID : 9186 4168 0394 0674

मेरा आधार, मेरी पहचान



भारत सरकार  
Government of India



Download Date: 31/01/2020



राम शंकर प्रसाद  
Rama Shankar Prasad  
जन्म तिथि/DOB: 06/06/1968  
पुरुष/ MALE

Issue Date: 06/12/2019

*(Handwritten signature)*

Lifecare Diagnostics & Research Center Pvt. Ltd.  
1st Floor, Laxshmi, Opp. Suktanti Nagar,  
Lokhandwala Complex, Andheri (W).  
**3876 6025 3423**

VID : 9186 4168 0394 0674



EQAS

26

24/2

Lifecare  
diagnostics

## MEDICAL EXAMINATION REPORT

Name : Pamun Prasen Date : 01-3-24  
 Date of Birth : 06-06-1968 Age : 55 Sex : Male  
 Referred by : Medicenter Proof of Identification : Adhar Card

PLEASE TICK THE RELEVANT BOXES	Yes	No	PLEASE TICK THE RELEVANT BOXES	Yes	No
1) GENERAL APPEARANCE : Is there any abnormalities in general appearance & built up of the Examinee?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	7) RESPIRATORY SYSTEM: a. Are there any abnormality in air entry and breath sounds?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
1) DETAILS OF PHYSICAL EXAMINATION : a. Height <u>171</u> cm b. Weight <u>71.6</u> kg. c. Blood Pressure : <u>110/80</u> mm Hg. d. Pulse Rate <u>76</u> /min			b. Are there any abnormalities in the chest wall?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
3) WHETHER IN THE PAST THE EXAMINEE a. Has been hospitalized? (if YES, please give details)	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. Is there any evidence/ history of abnormality or disease of the respiratory system like breathlessness, wheezing, persistent cough, chronic bronchitis, emphysema, asthma, TB, Pneumonia?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
b. Was involved in any accident?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	8) CARDIO VASCULAR SYSTEM: a. History of chest pain, palpitation, breathlessness esp. on mild-moderate exertion, night sleep,	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Underwent Surgery?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	b. History of any peripheral vascular disorder?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
d. Is the examinee currently under any medication?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	c. Is there any abnormality in heart sound? If a murmur is present, give the extent, grade point of maximum intensity and conduction and the probable diagnosis.	<input type="checkbox"/>	<input checked="" type="checkbox"/>
e. Has there been any recent weight gain or weight loss?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	d. Any history of CABG, Open Heart (Surgery, Angiography PTCA, other intervention.	<input type="checkbox"/>	<input checked="" type="checkbox"/>
4) FAMILY HISTORY: Has any of the examinee's immediate family members (natural only) ever suffered or is suffering from heart disease kidney disease, stroke, hypertension, diabetes, cancer, mental illness or any hereditary disease? (please specify)	<input checked="" type="checkbox"/>	<input type="checkbox"/>	9) SKIN: a. Any evidence of psoriasis, eczema, burn marks, rashes and varicose veins or xanthelasma?	<input checked="" type="checkbox"/>	<input type="checkbox"/>
5) ENT, EYE & ORAL CAVITY: a. Are there any abnormalities in oral cavity?	<input type="checkbox"/>	<input type="checkbox"/>	b. Any history of allergy?	<input type="checkbox"/>	<input type="checkbox"/>
b. Are there any tobacco stains?	<input type="checkbox"/>	<input type="checkbox"/>	10) GI SYSTEM: a. Is there any evidence/history disease of liver, gall bladder pancreas, stomach, intestines?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Is there any history or evidence of abnormality in eyes error of refraction etc.?	<input checked="" type="checkbox"/>	<input type="checkbox"/>	b. Is there any evidence of enlargement of liver or spleen or any other organ in abdomen & pelvis?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
d. Is there any abnormality found on history/examination on ears? (Ear discharge, perforation, impaired hearing)	<input type="checkbox"/>	<input type="checkbox"/>	c. Any history of piles or fistula?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
e. Is there any abnormality found on examination of nose and throat? Active nose bleed	<input type="checkbox"/>	<input type="checkbox"/>	d. Any history of Jaundice	<input type="checkbox"/>	<input checked="" type="checkbox"/>
6) NERVOUS SYSTEM: a. Is there any evidence/history of disease of Central or Peripheral Nervous Systems (including cranial nerves)?	<input type="checkbox"/>	<input type="checkbox"/>	11) GU SYSTEM: Has the examinee suffered from or is suffering from Kidney/ Ureter / Bladder disease / Stones or any other urinary disease?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
b. Is there any evidence or history of paralysis, seizures (focal or generalized), peripheral neuritis, fainting, frequent headaches, wasting, tremors, involuntary movement etc?	<input type="checkbox"/>	<input type="checkbox"/>	12) MUSCULOSKELETAL SYSTEM: a. Is there any back, spine, joint muscle or bone disorder?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
c. Are there any abnormality in gait and speech?	<input type="checkbox"/>	<input type="checkbox"/>	b. Any history of bone fracture or joint replacement or gout? if yes, give details?	<input type="checkbox"/>	<input checked="" type="checkbox"/>
d. Is there any history of sleep apnea syndrome?	<input type="checkbox"/>	<input type="checkbox"/>			


PLEASE TICK THE RELEVANT BOXES	Yes No	PLEASE TICK THE RELEVANT BOXES	Yes No
13) OTHERS		15) Has the examinee or his/her spouse received medical advice counseling or treatment in connection with HIV-AIDS or STD eg. syphilis, gonorrhoea)	<input type="checkbox"/> <input checked="" type="checkbox"/>
a. Is the examinee on treatment for Hypertension/diabetes? If yes, mention medication and duration of P?	<input type="checkbox"/> <input checked="" type="checkbox"/>		
b. Is there any enlargement of Thyroid?	<input type="checkbox"/> <input checked="" type="checkbox"/>		
c. Is there any suspicion of any other Endocrine disorder?	<input type="checkbox"/> <input checked="" type="checkbox"/>	16) FEMALE APPLICANTS ONLY:	
d. Is hernia present? If yes, give details.	<input type="checkbox"/> <input checked="" type="checkbox"/>	a. Have you suffered from or any you aware of any breast lumps or any other disorder of your breasts?	<input type="checkbox"/> <input type="checkbox"/>
e. Are there any abnormalities in testes? If yes, give details.	<input type="checkbox"/> <input checked="" type="checkbox"/>	b. Have you suffered from irregular or painful or unusually heavy menstruation, fibroids, cysts or any other disorder of the female organs?	<input type="checkbox"/> <input type="checkbox"/>
f. Is there any history or evidence suggestive of cancer, tumor growth or cyst?	<input type="checkbox"/> <input checked="" type="checkbox"/>	c. For females who have conceived, were there any complications during pregnancy such as gestational diabetes, hypertension etc?	<input type="checkbox"/> <input type="checkbox"/>
g. Was the examinee treated for any psychiatric ailment? If so, give details about medication given.	<input type="checkbox"/> <input checked="" type="checkbox"/>	d. Are you now pregnant? If yes, how many months?	<input type="checkbox"/> <input type="checkbox"/>
h. History of anxiety / stress / depression / sleep disorder.	<input type="checkbox"/> <input checked="" type="checkbox"/>		
14) HABITS & ADDICTIONS			
Does the examinee consume tobacco/alcohol/drugs/narcotics in any form? If yes, please ascertain the type, quantity, duration and frequency of consumption.	<input type="checkbox"/> <input checked="" type="checkbox"/>		

**Please mention details:**

Q. NO.	Please provide details of all answers marked as 'yes'
-	Father DM
-	Probiotic - 13 gm
-	eczema over (15) leg : 10+ 10 gm

Remarks on present health status : \_\_\_\_\_

Recommendations (if any): \_\_\_\_\_

<p>Lifecare Diagnostics &amp; Research Center Pvt. Ltd. 1st Floor, Sunshine, Opp. Shastri Nagar, Lokhandwala Complex, Andheri (W), Mumbai - 400053.</p> <p><b>Name &amp; Signature of Doctor</b></p>	<p>The above statements and answers made to the medical examiner(s) are complete and true.</p> <p></p> <p><b>Signature of Examinee</b></p>
--	--

Date 4/3/20 Place Mumbai

**NOTES:**



Main Centre : 1st Floor, Sunshine, Opp. Shastri Nagar, Lokhandwala, Andheri (W), Mumbai. Tel:- 2633 2527-32  
 Central Laboratory : 205, Cosmos Plaza, Opp. Indian Oil Nagar, I P Road, Andheri (W), Mumbai. Tel:- 26372527  
 Versova Branch : 10, 11, First Floor, Silver Streak, Near Bus Depot, Yari Road, Versova, Andheri (W), Mumbai. Tel:- 26399210  
 Worli Branch : B-101, Trade World, Kamala Mills, Senapati Bapat Marg, Lower Parel West, Lower Parel, Mumbai- 400013. Tel: 9167223844  
 Mumbai : Versova | Lokhandwala | Goregaon | Kandivali | Dahisar | Worli | Pune : Aundh | Chinchwad | Gujrat : Vadodra  
 E-mail : admin@lifecarediagnostics.com | feedback@lifecarediagnostics.com | Website : www.lifecarediagnostics.com

NOTE : General physical examination & investigation included in the health checkup have certain limitations and may not be able to detect any latent or asymptomatic disease. Hence any new symptoms arising after the medical checkup should be notified to attending physician.

## OPHTHALMIC REPORT

NAME: Rama Dasay  
AGE: 551 MUM

DATE: 9-3-24

Distance Vision	Right Eye	Left Eye	Both Eyes
Without Glasses	6/12	6/6	6/6
With Glasses	6/6	6/6	6/6

Near Vision	Right Eye	Left Eye	Both Eyes
Without Glasses	N.36	N.36	N.36
With Glasses	N.10	N.10	N.10

	Right Eye	Left Eye
Colour Vision	15	15
Anterior Segment		
External Eye Exam	E	E
Intra ocular tension		
Fundus		

Advise:

Lifecare Diagnostics & Research Center Pvt. Ltd.  
1st Floor, Boshino, Opp. Shastri Nagar,  
Lokhandwala Complex, Andheri (W),  
Mumbai - 400053.

OPTOMETRIST



<b>Patient Name</b> : MR. RAMA SHANKAR PRASAD	<b>Reference</b> : MEDIWHEEL	<b>Registered On</b> : Mar 09, 2024, 10:03 a.m.
<b>Age / Sex</b> : 55 years / Male	<b>Organization</b> : Mediwheel	<b>Collected On</b> : Mar 09, 2024, 10:03 a.m.
<b>LCID No</b> : 324030325	<b>Org ID</b> : NA	<b>Reported On</b> : Mar 09, 2024, 11:08 a.m.
<b>UID No</b> : 102383		

### X-RAY CHEST PA

The visualised lung fields appear clear.

Both cardio & costo-phrenic angles appear clear.

Both hila appear normal.

Cardiac shadow appears normal.

Both domes of diaphragm are normal.


Visualised bones appear normal.

#### **Impression :**

No significant abnormality detected.

**\*\*END OF REPORT\*\***



  
Dr. Smita Dudhal  
DNB DMRD MBBS  
Consultant Radiologist



Patient Name	: MR. RAMA SHANKAR PRASAD	Reference	: MEDIWHEEL	Registered On	: Mar 09, 2024, 10:03 a.m.
Age / Sex	: 55 years / Male	Organization	: Mediwheel	Collected On	: Mar 09, 2024, 10:03 a.m.
LCID No	: 324030325	Org ID	: NA	Reported On	: Mar 09, 2024, 06:53 p.m.
UID No	: 102383				

WHOLE ABDOMEN

**LIVER:** Liver appears normal in size, shape and echotexture. No abnormal focal lesion is seen. Intra-hepatic biliary radicals and portal venous system appears normal.

**COMMON BILE DUCT & PORTAL VEIN:** CBD and Portal vein appear normal in caliber.

**GALL BLADDER:** Gall bladder is partially distended with no evidence of abnormal intra-luminal contents. The wall thickness is normal. No pericholecystic fluid collection is noted.

**SPLEEN & PANCREAS:** Spleen and pancreas appear normal in size, position and echotexture.

**KIDNEYS:** Right and Left kidneys measure 9.8 x 4.0 cm and 10.1 x 4.5 cm respectively. Both kidneys appear normal in size, shape, position and echotexture. Pelvicalyceal system appears normal. Normal cortico-medullary differentiation is seen. No obvious intra-renal calculus or abnormal focal lesion is seen.

**URINARY BLADDER:** Urinary Bladder is well distended and shows no abnormal intraluminal contents. Bladder wall thickness appears normal.


**PROSTATE:** Prostate is normal in size, shape and echotexture. It measures 4.4 x 3.6 x 2.8 cm, volume - 24 cc. No focal lesion is seen.

No evidence of significant lymphadenopathy or ascites is noted. Excessive bowel gases are noted.

IMPRESSION :

No significant abnormality detected.  
Clinical correlation is suggested.

\*\*END OF REPORT\*\*

  
Dr. M. Aamir Usmani  
MBBS,DMRE  
Consultant Radiologist





# LIFECARE DIAGNOSTIC

**Patient Details**                      Date: 09-Mar-24                      Time: 11:23:35 AM  
 Name: MR. RAMA SHANKAR PRASAD ID: 90913  
 Age: 55 y                                      Sex: M                                      Height: 171 cms                                      Weight: 71 Kgs  
 Clinical History: NIL

Medications: NIL

## Test Details

Protocol: Bruce                      Pr.MHR: 165 bpm                      THR: 140 (85 % of Pr.MHR) bpm  
 Total Exec. Time: 9 m 36 s                      Max. HR: 142 ( 86% of Pr.MHR )bpm                      Max. Mets: 13.50  
 Max. BP: 150 / 80 mmHg                      Max. BP x HR: 21300 mmHg/min                      Min. BP x HR: 5840 mmHg/min  
 Test Termination Criteria: Target HR attained

## Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 14	1.0	0	0	73	120 / 80	-0.21 aVR	1.06 V3
Standing	0 : 4	1.0	0	0	74	120 / 80	-0.21 aVR	1.06 V3
Hyperventilation	0 : 2	1.0	0	0	74	120 / 80	-0.21 aVR	1.06 V3
1	3 : 0	4.6	1.7	10	99	125 / 80	-1.91 II	4.25 II
2	3 : 0	7.0	2.5	12	113	130 / 80	-3.62 II	5.66 III
3	3 : 0	10.2	3.4	14	131	135 / 80	-3.18 aVF	5.66 aVF
Peak Ex	0 : 36	13.5	4.2	16	142	135 / 80	-1.27 aVR	4.60 II
Recovery(1)	1 : 0	1.8	1	0	121	150 / 80	-0.85 aVR	5.31 V3
Recovery(2)	1 : 0	1.0	0	0	106	140 / 80	-1.06 aVR	5.31 V3
Recovery(3)	1 : 0	1.0	0	0	100	140 / 80	-0.21 I	2.83 V3
Recovery(4)	0 : 17	1.0	0	0	90	130 / 80	-0.21 I	1.06 V3

## Interpretation

The patient exercised according to the Bruce protocol for 9 m 36 s achieving a work level of Max. METS : 13.50. Resting heart rate initially 73 bpm, rose to a max. heart rate of 142 ( 86% of Pr.MHR ) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 150 / 80 mmHg.  
 NORMAL RESTING HR, BP AND ECG  
 NORMAL CHRONOTROPIC AND IONOTROPIC RESPONSE  
 NO ANGINA OR ARRHYTHMIAS DURING THE TEST  
 NO FRESH ST-T CHANGES DURING THE TEST AS COMPARED TO RESTING ECG  
 THEREFORE TEST IS NEGATIVE FOR INDUCIBLE ISCHAEMIA  
 GOOD EFFORT TOLERANCE

Ref. Doctor: MEDIWHEEL  
 ( Summary Report edited by user )

**LIFECARE DIAGNOSTICS AND RESEARCH CENTER PVT. LTD.**  
 1st Floor, Sunshine, Opp. Sheshtri Nagar,  
 Chinnambur Complex, Andheri (W),  
 Mumbai 400 053 Tel. 26332527

Doctor: DR HANISH D  
 DR. HANISH DEVADIGA  
 MBBS, FCC, FCCM  
 REG.NO:2003/09/3427



MR. RAMA SHANKAR PRASAD (55 M) ID: 90913 Date: 09-Mar-24 Exec Time: 0 m 0 s Stage Time: 0 m 8 s HR: 73 bpm

Protocol: Bruce Stage: Supine Speed: 0 mph Grade: 0% (THR: 140 bpm) B.P.: 120 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

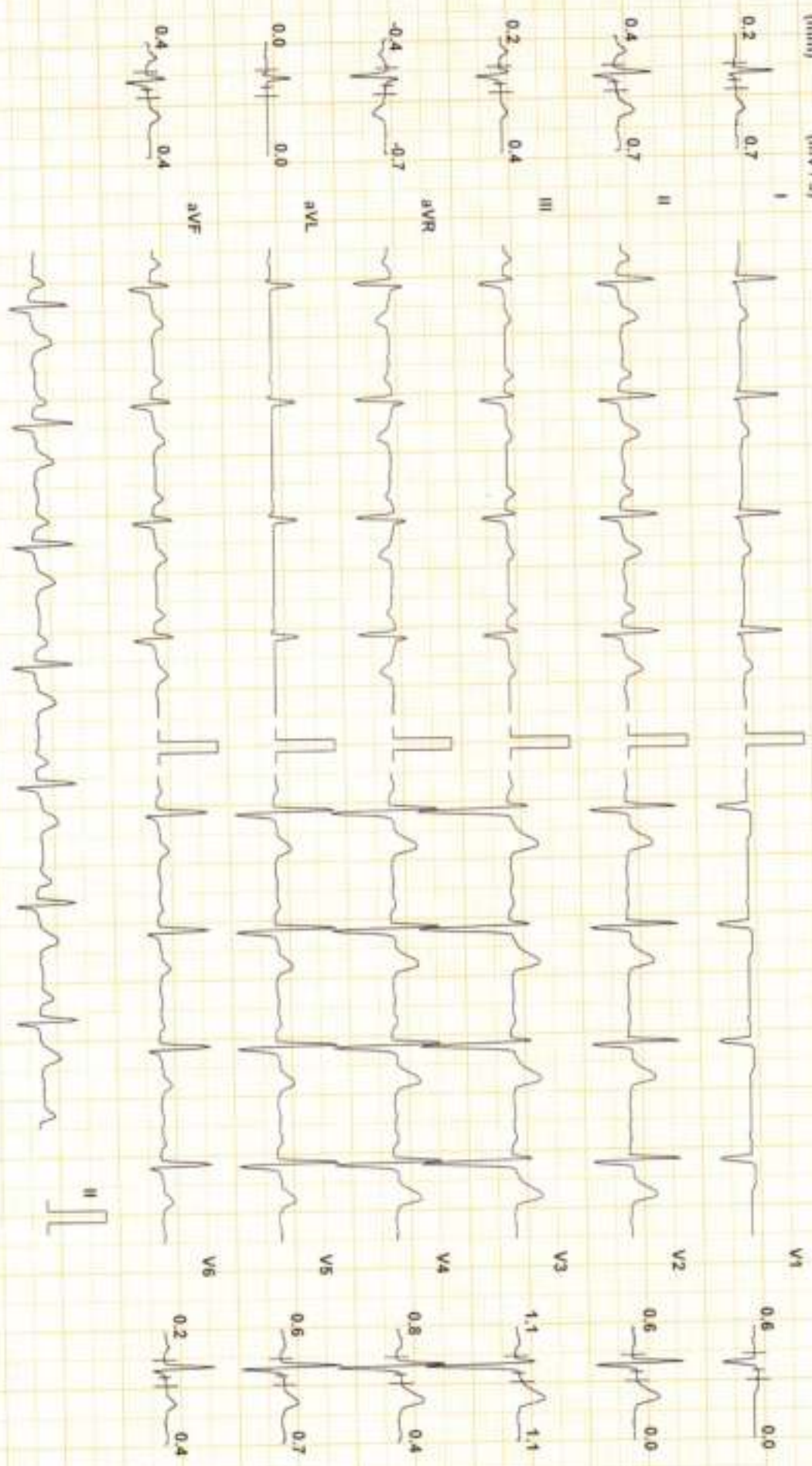


Chart Speed: 25 mm/sec  
Scale: Spender V47

Filter: 35 Hz

Main: Filtr: ON

Amp: 10 mm

40 = R - 60 ms

J = R + 60 ms

PWT J = J \* 60 ms

Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 90913 Date: 09-Mar-24 Exec Time: 0 m 0 s Stage Time: 0 m 12 s HR: 73 bpm

Protocol: Bruce Stage: Standing Speed: 0 mph Grade: 0% (THR: 140 bpm) B.P.: 120 / 90

ST Level (mm)	ST Slope (mV/s)	ST Level (mm)	ST Slope (mV/s)
0.2	0.7	V1	0.0
0.4	0.7	V2	0.0
0.2	0.4	V3	1.1
-0.4	-0.7	V4	0.4
0.0	0.0	V5	0.7
0.4	0.4	V6	0.4

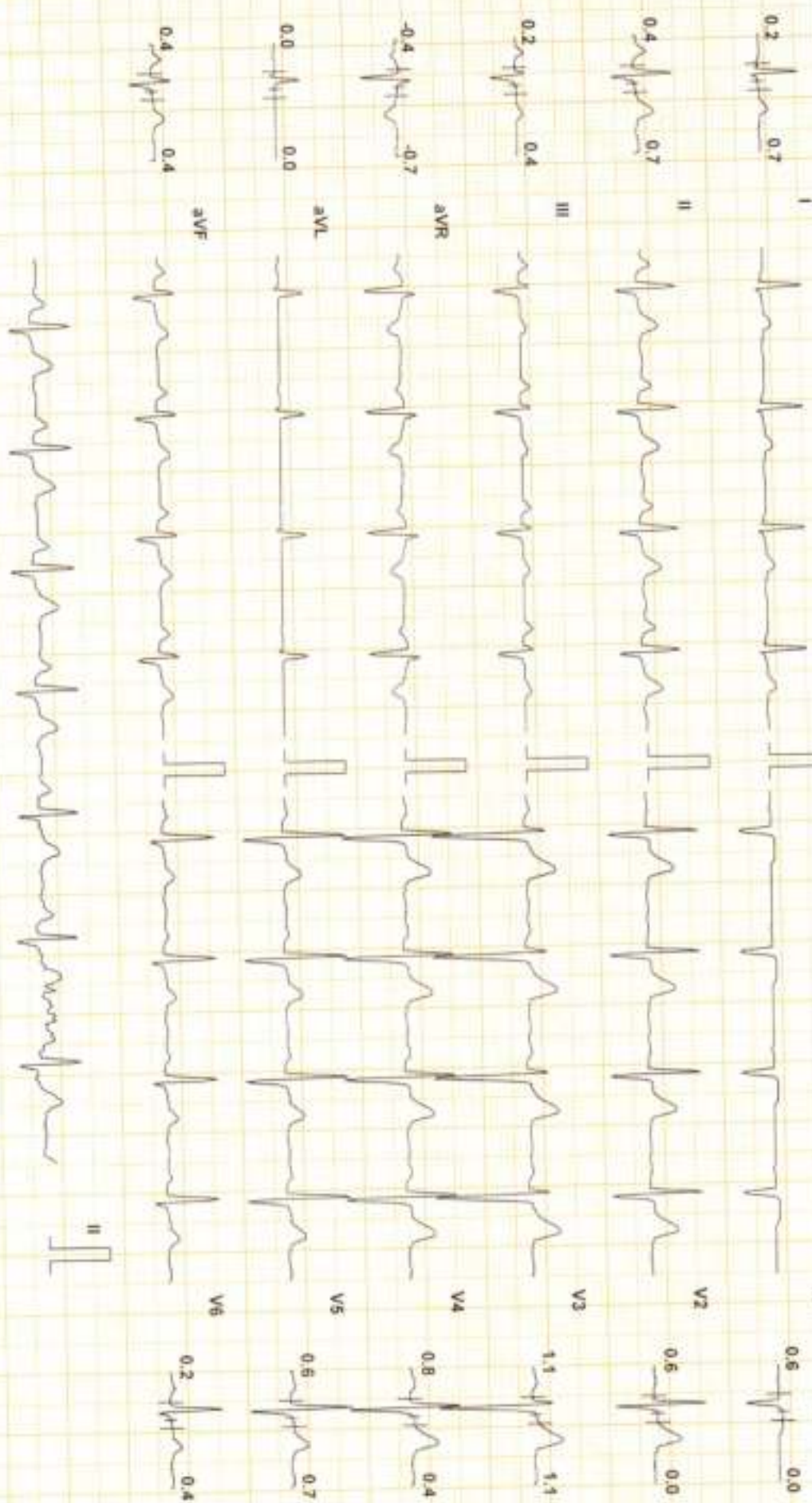


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filter: ON Amp: 10 mm 100  $\mu$ V - 60 ms J = R + 60 ms Pwd J = J + 60 ms

Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID 90913 Date: 09-Mar-24 Exec Time: 0 m 0 s Stage Time: 0 m 0 s HR: 73 bpm

Protocol Bruce Stage Hyperventilation Speed 0 mph Grade 0% (THR: 140 bpm) B.P: 120 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

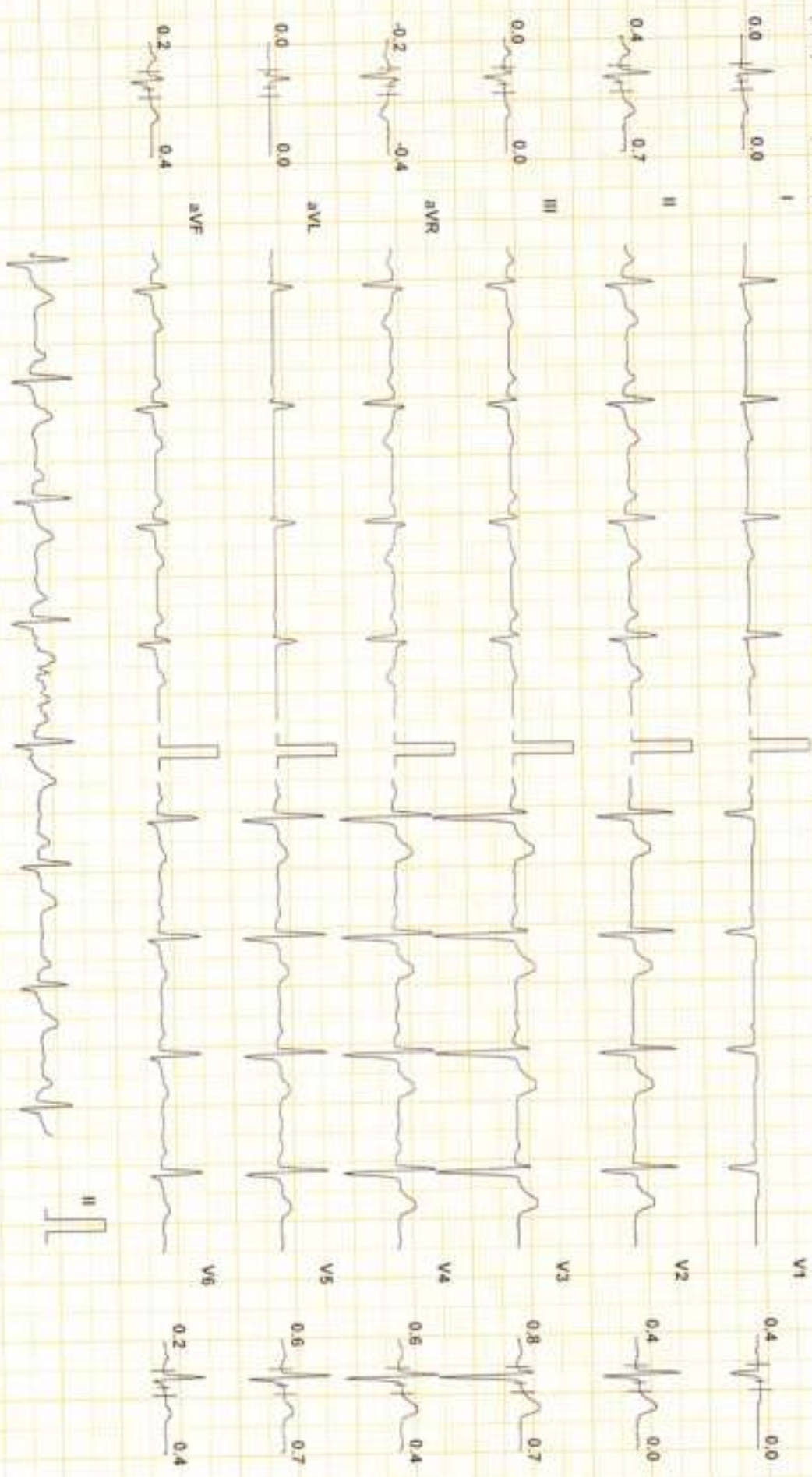


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Fil: ON Amp: 10 mm (m = R - 80 mm J = R - 60 mm Pw J = J + 60 mm) Spher: Spher: V47 Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 90913 Date: 09-Mar-24 Exec Time: 2 m 54 s Stage Time: 2 m 54 s HR: 99 bpm

Protocol: Bruce Stage: 1 Speed: 1.7 mph Grade: 10% (THR: 140 bpm) B.P: 125 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

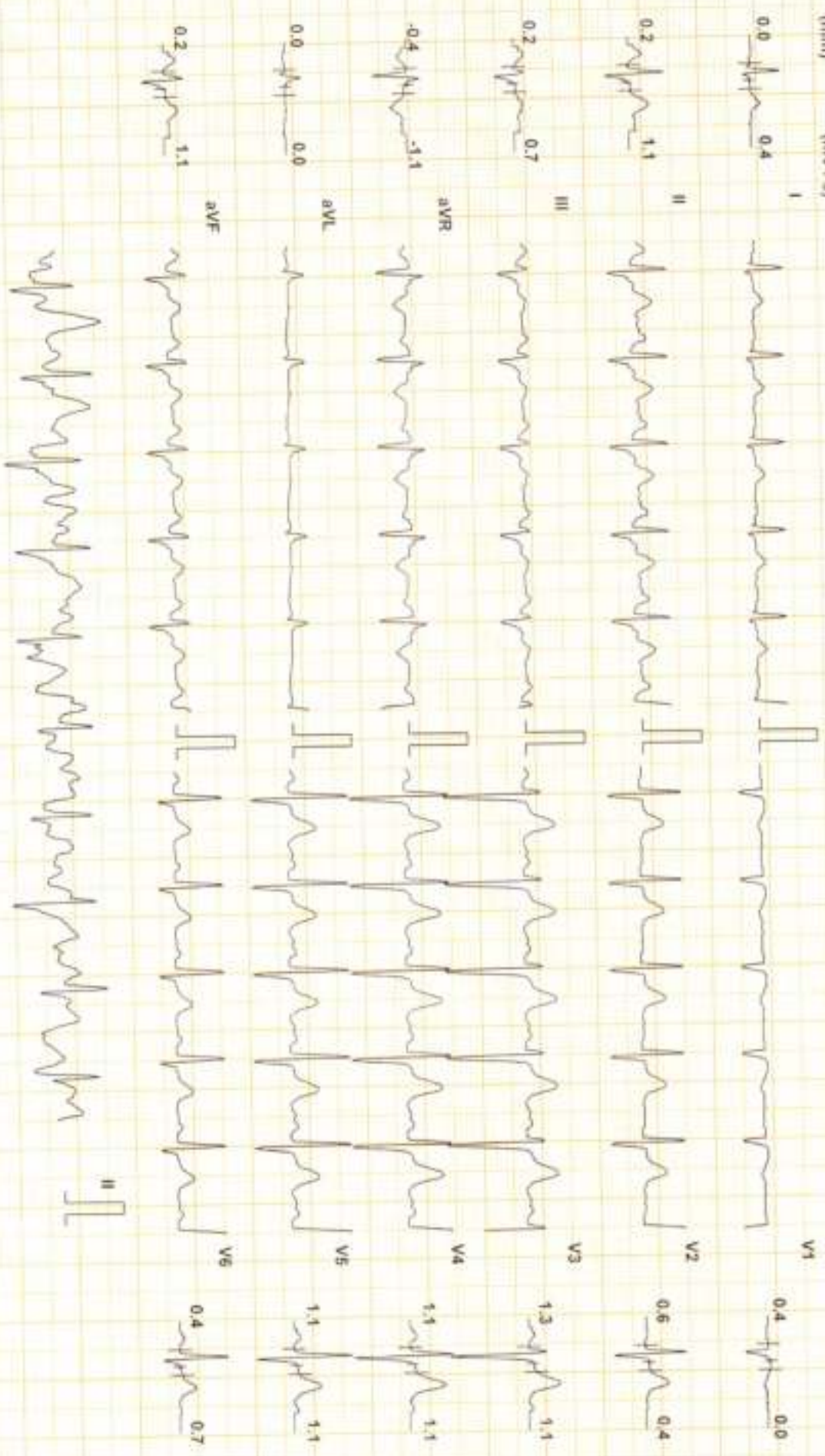


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filt: ON Amp: 10 mm IIR = R - 80 ms J = R + 60 ms PRR = J + 60 ms

Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 90913 Date: 09-Mar-24 Exec Time: 5 m 54 s Stage Time: 2 m 54 s HR: 113 bpm

Protocol: Bruce Stage: 2 Speed: 2.5 mph Grade: 12% (THR: 140 bpm) B.P: 130/80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

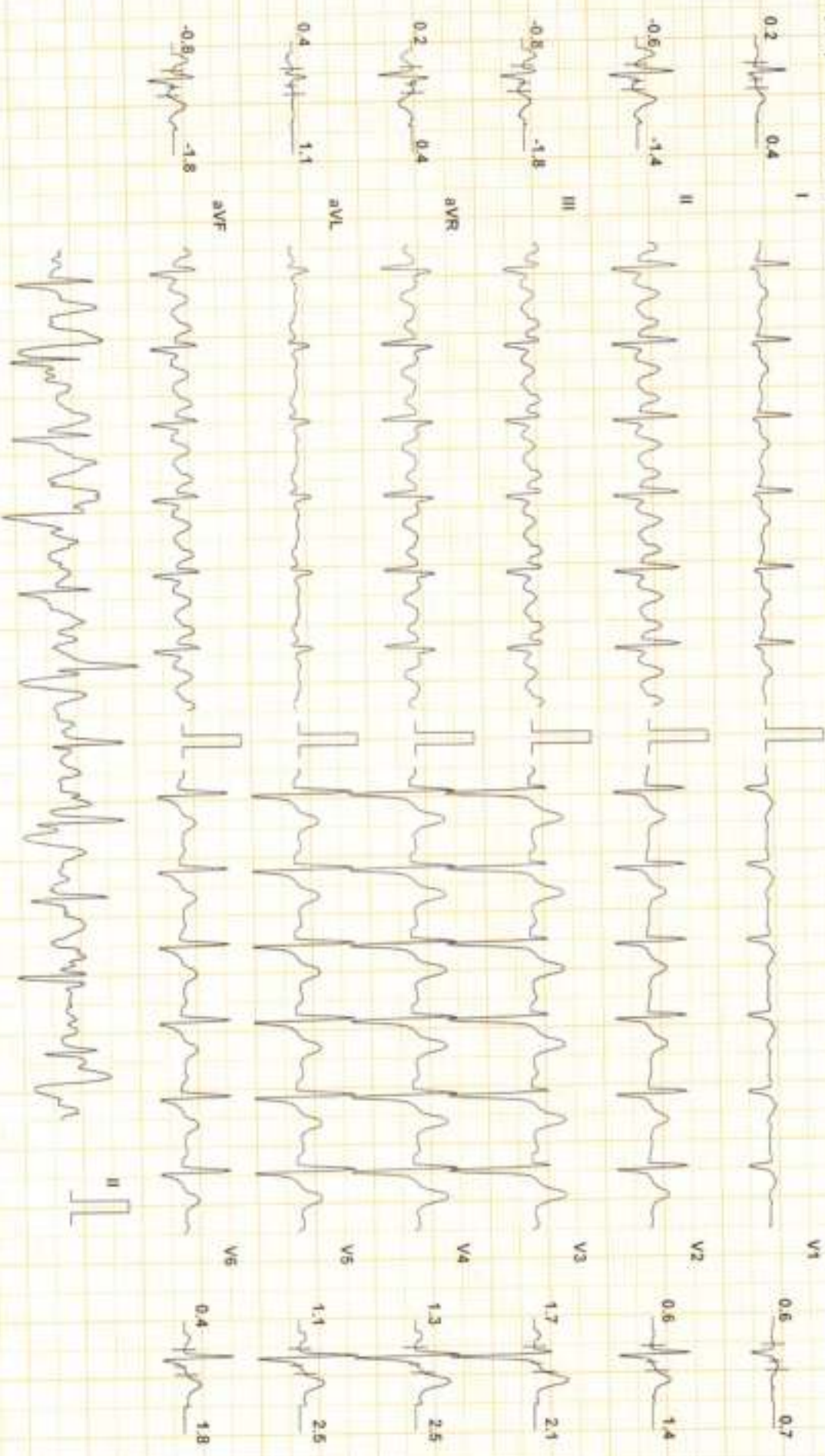


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filtr: ON Amp: 10 mm

Scale: R - 40 ms J - R + 60 ms Pwd J - J + 60 ms

Encoder Speed: V 4.7 Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 90913

Date: 09-Mar-24 Exec Time : 8 m 54 s Stage Time : 2 m 54 s HR: 130 bpm

Protocol: Bruce Stage: 3

Speed: 3.4 mph Grade: 14 % (THR: 140 bpm) B.P.: 135 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

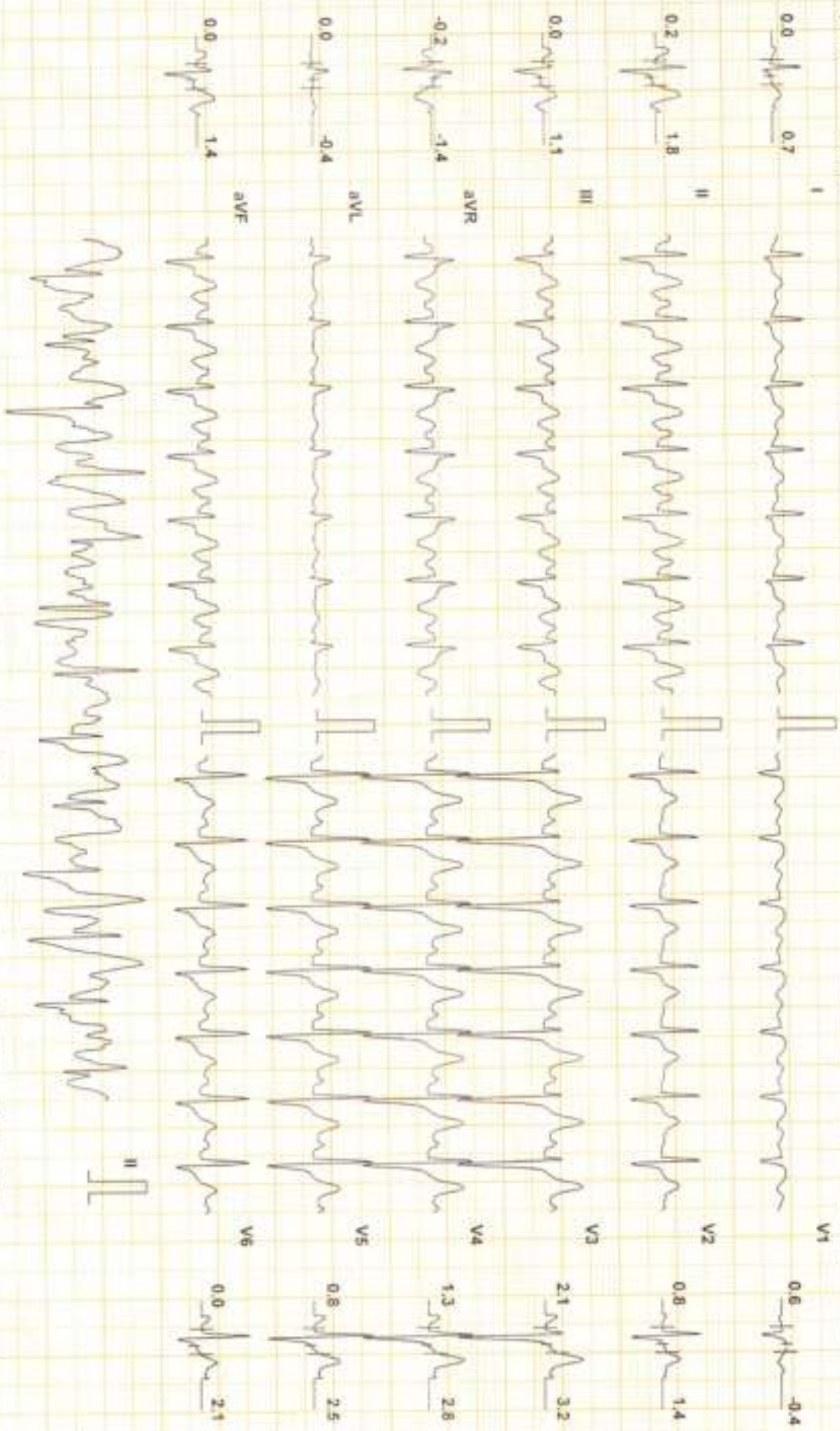


Chart Speed: 25 mm/sec

Filter: 35 Hz

Main: Fill: ON

Amp: 10 mm

aa = R - 60 ms

J = R + 60 ms

Paw J = J + 60 ms

Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 50913 Date: 09-Mar-24 Exec Time: 9 m 30 s Stage Time: 0 m 30 s HR: 139 bpm

Protocol: Bruce Stage: Peak Ex Speed: 4.2 mph Grade: 16 % (THR: 140 bpm) B.P: 135 / 90

ST Level (mm) ST Slope (mV / s) ST Level (mm) ST Slope (mV / s)

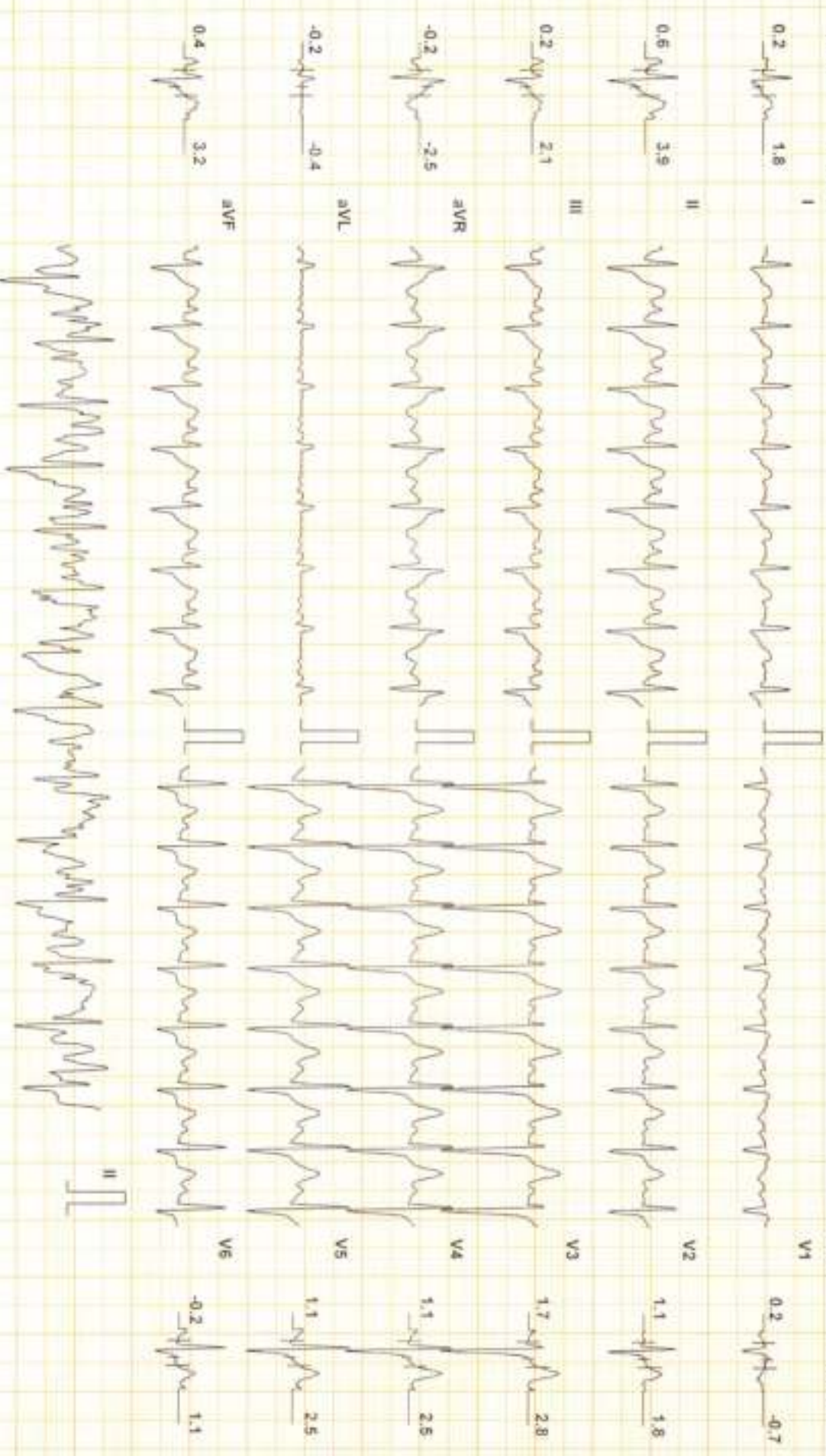


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filtr: ON Amp: 10 mm J = R + 60 ms Post J = J + 60 ms

Linked Median

MR. RAMA SHANKAR PRASAD (55 M)

ID: 90913

Date: 09-Mar-24

Exec Time: 9 m 36 s Stage Time: 0 m 54 s HR: 124 bpm

Protocol: Bruce

Stage Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 140 bpm)

B.P: 150 / 80

ST Level (mm)

ST Slope (mV / s)

ST Level (mm)

ST Slope (mV / s)

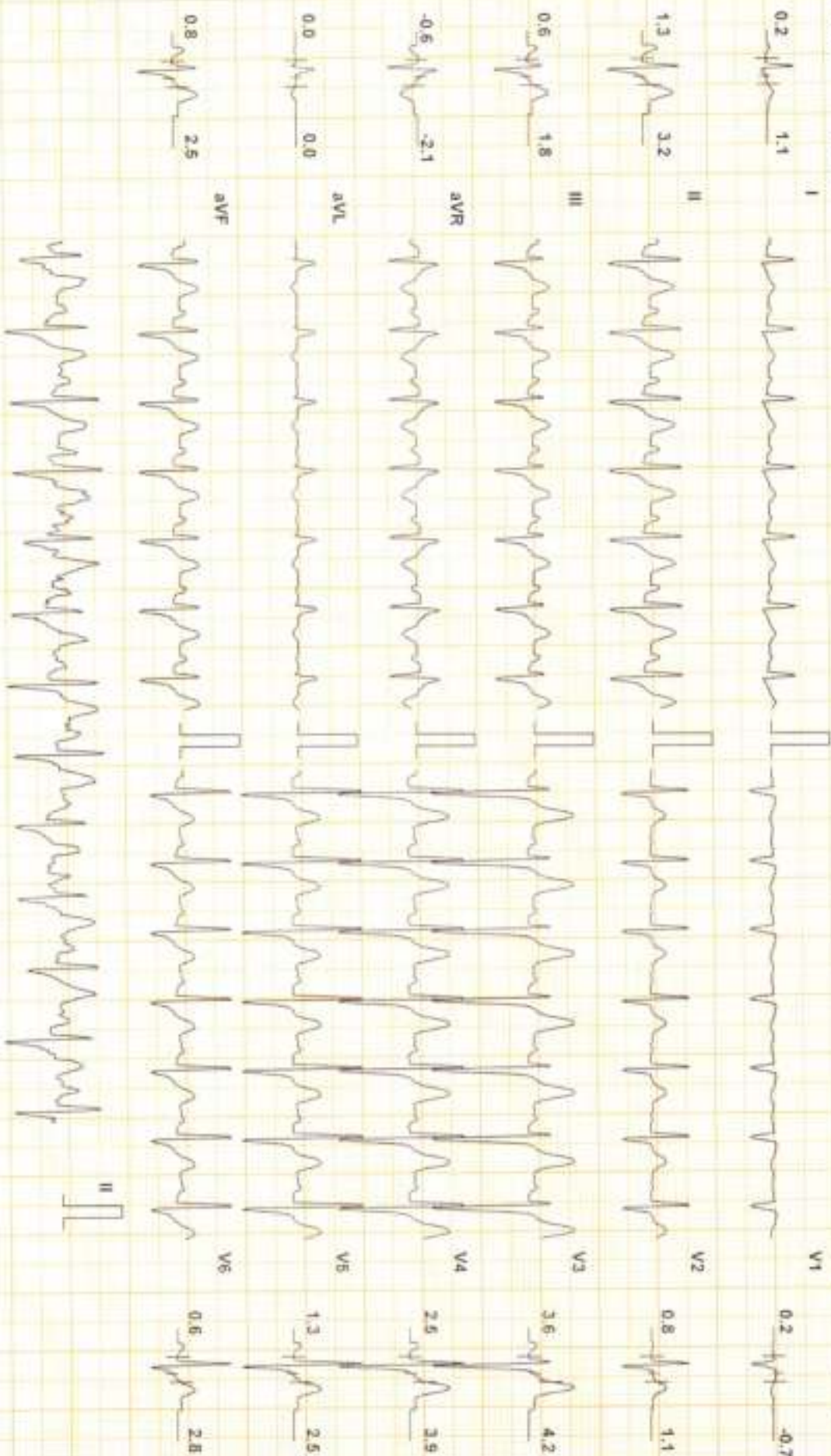


Chart Speed: 25 mm/sec

Filter: 35 Hz

Main: Fil: ON

Amp: 10 mm

100 = R - 60 ms

J = R + 50 ms

Post J = J + 60 ms

Scale: Zpadan V4.7

Linked Median



LIFECARE DIAGNOSTIC

Test Report

Protocol: Bruce

Stage Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 140 bpm)

B.P: 140 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

I

V1

-0.2 0.0

0.6 0.0

II

V2

0.2 1.4

0.4 0.4

III

V3

0.4 1.4

2.8 2.8

aVR

V4

-0.2 -1.1

1.7 2.1

aVL

V5

0.0 0.0

0.8 1.8

aVF

V6

0.4 1.8

0.2 1.1

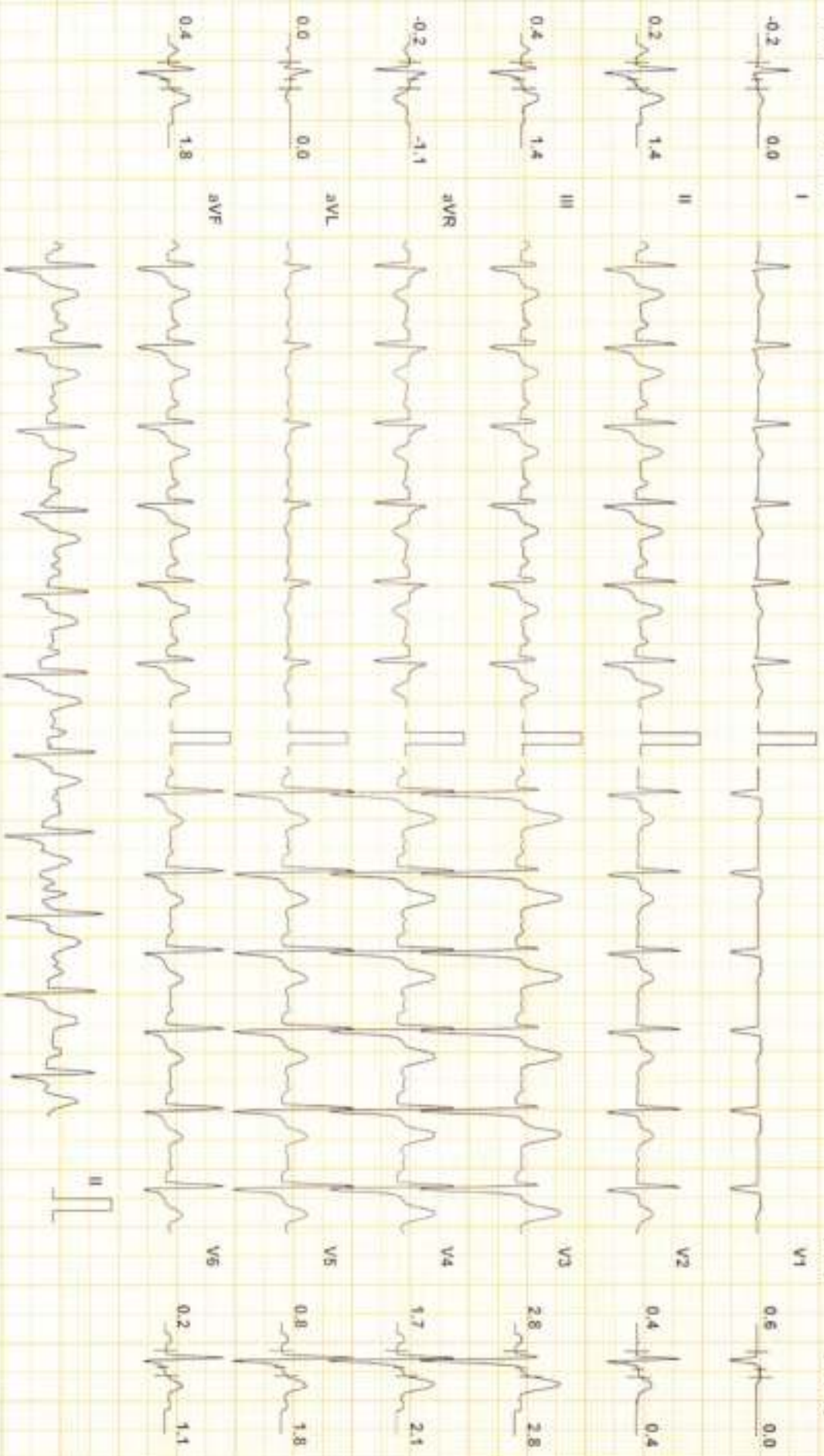


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains: Fil. ON

Amp: 10 mm

Imp. R - 50 ms

J - R + 50 ms

Post J - J + 60 ms

Scaler Synthes V4.7

Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 90913 Date: 09-Mar-24 Exec Time: 9m 36s Stage Time: 0m 54s HR: 99 bpm

Protocol: Bruce Stage: Recovery(3) Speed: 0 mph Grade: 0% (THR: 140 bpm) B.P: 140 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

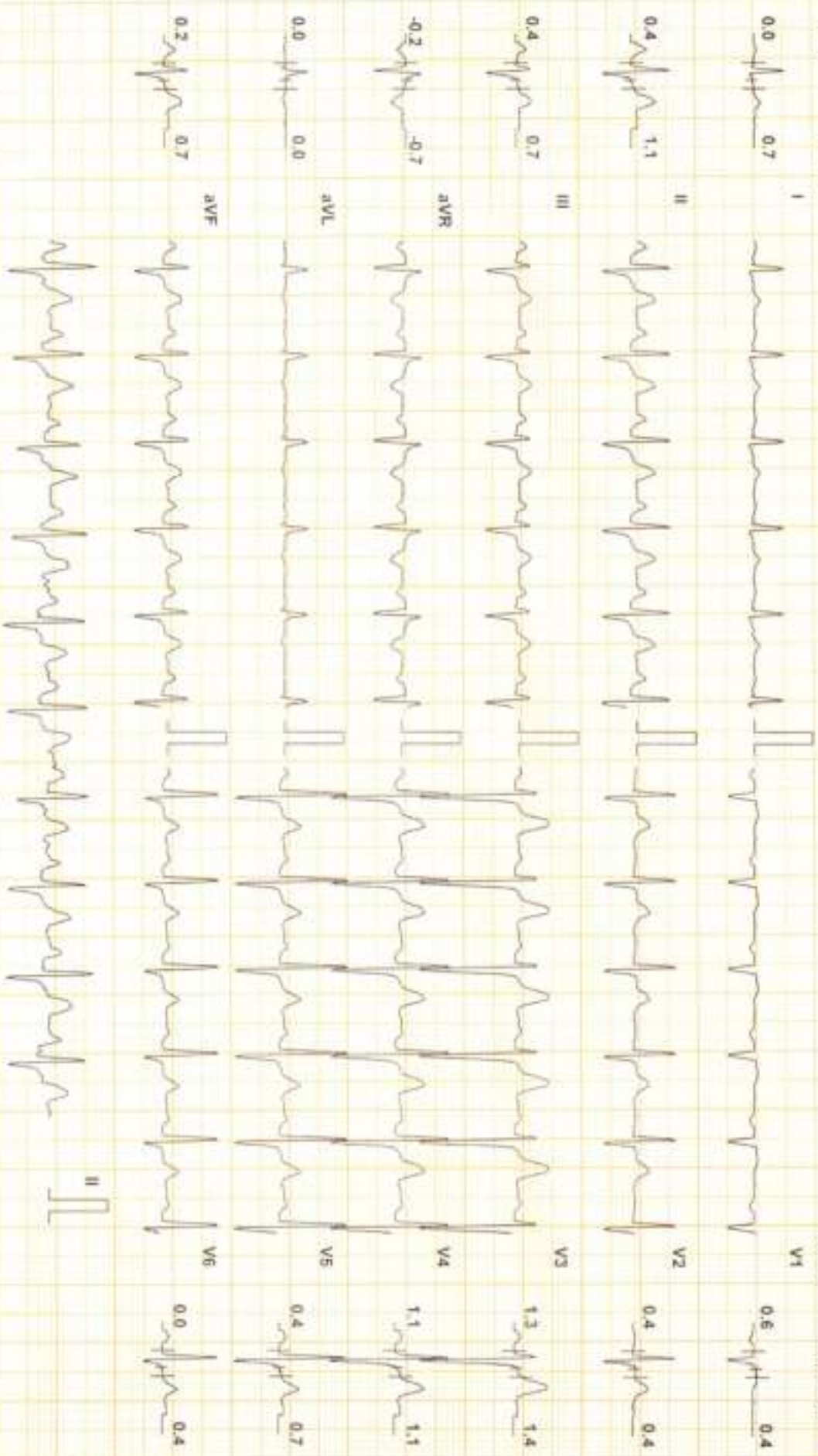


Chart Speed: 25 mm/sec  
Schluter Standard V 4.7

Filter: 35 Hz

Main: Fil: ON

Amp: 10 mm

sec - R - 60ms

J - R + 60ms

Post L - J + 60ms

Linked Median

MR. RAMA SHANKAR PRASAD (55 M) ID: 60913 Date: 09-Mar-24 Exec Time: 9 m 36 s Stage Time: 0 m 11 s HR: 97 bpm

Protocol: Bruce Stage: Recovery(4) Speed: 0 mph Grade: 0% (THR: 140 bpm) B.P: 130 / 80

ST Level (mm) ST Slope (mV / s)

ST Level (mm) ST Slope (mV / s)

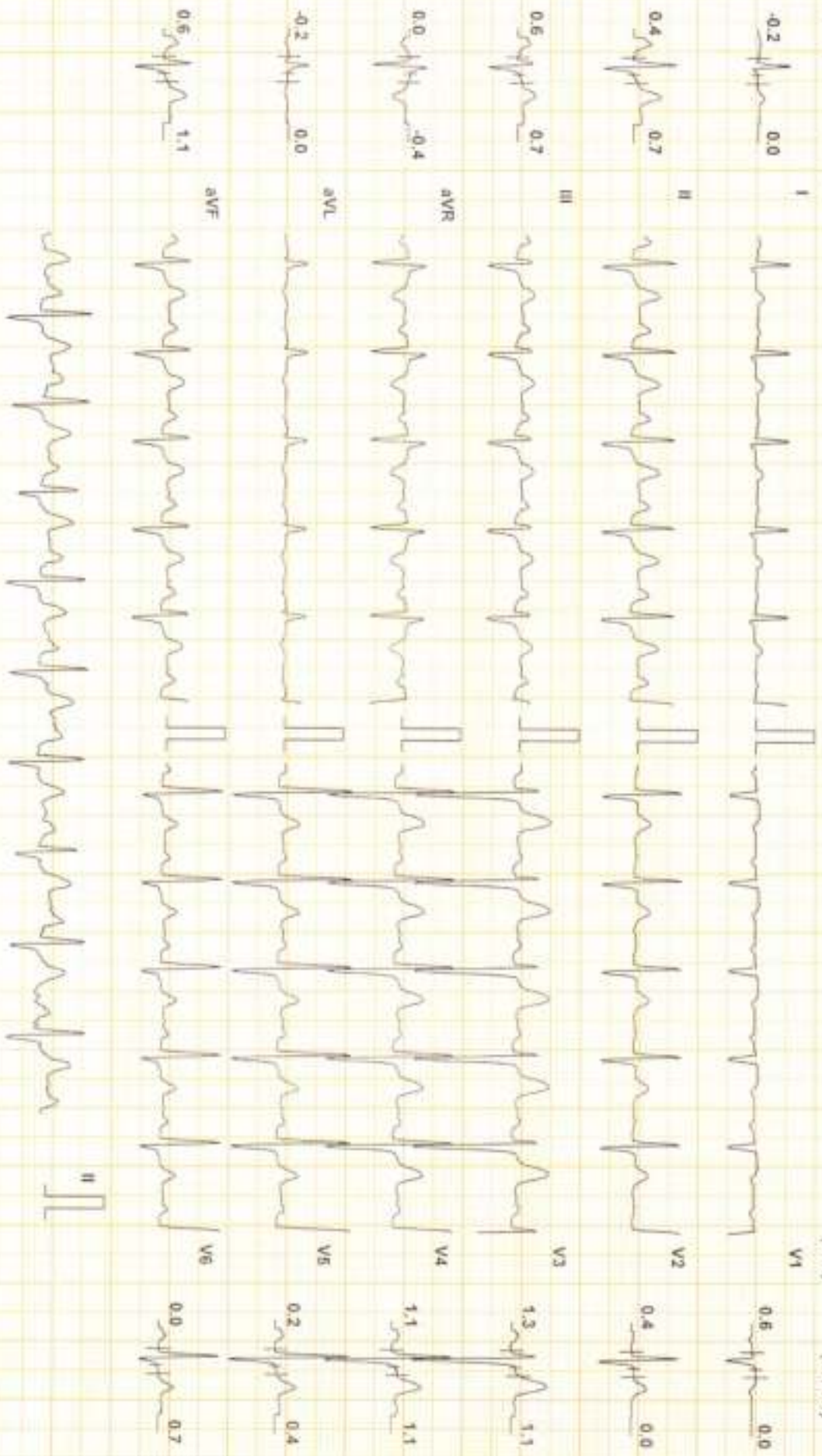


Chart Speed 25 mm/sec  
Scale: Standard V4.7

Filter: 35 Hz

Mains Filtr: ON

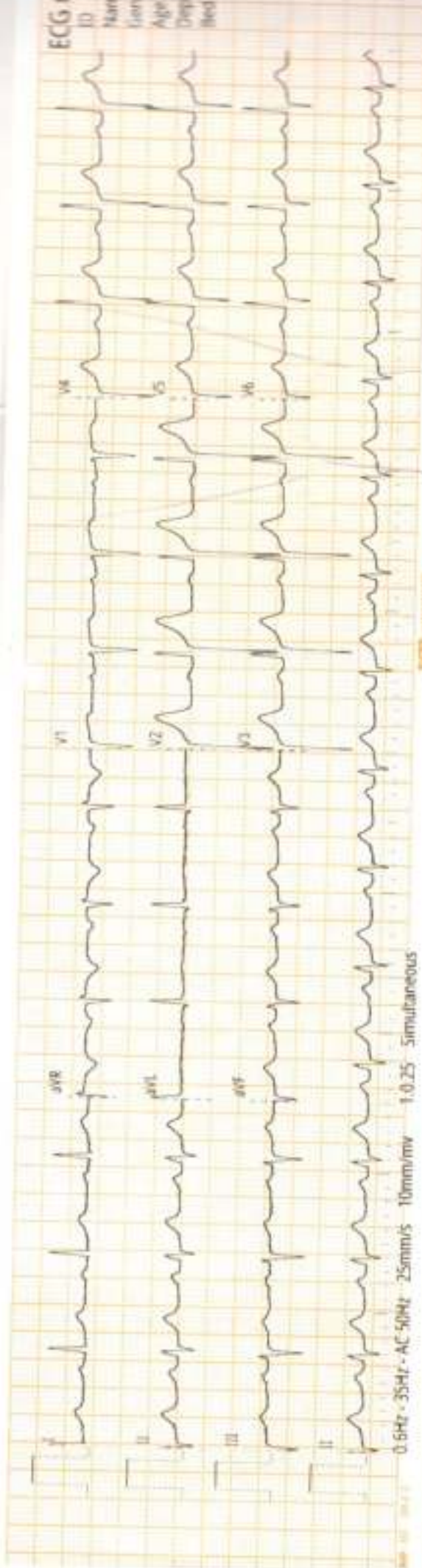
Amp: 10 mm

60 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



ECG r  
 ID  
 Name  
 Last  
 Age  
 Dept  
 Bed

7599 01/11/2008

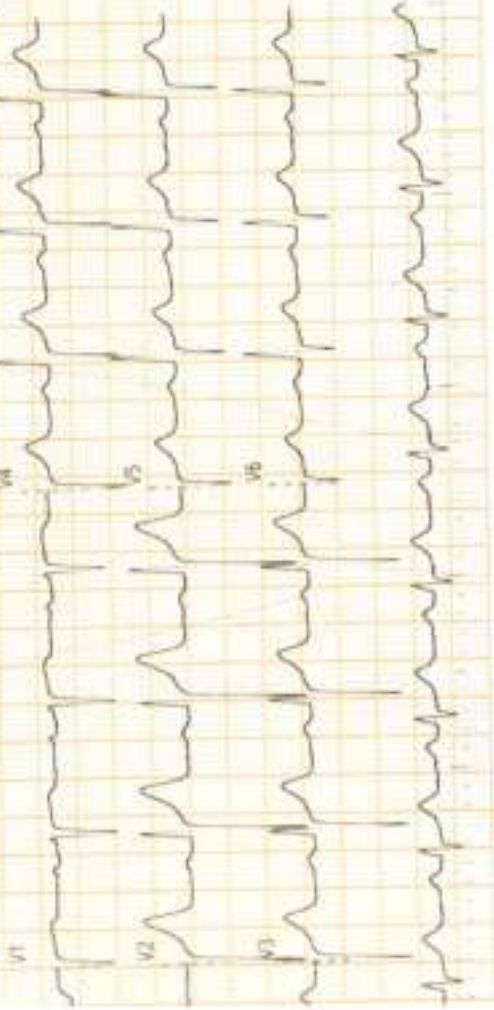
0.6Hz - 35Hz - AC 50Hz - 25mm/s - 10mm/mV - 1.0.25 - Simultaneous

ECG report

HR : 86 bpm  
PR : 176 ms  
QRS : 80 ms  
QT/QTc : 348/394 ms  
P/QRS/T : 63/-24/54°  
RV5/SV1 : 0.83/0.742 mV  
RV5+SV1 : 1.578 mV

ID : 20240308235953  
Name : MR Ramesh  
Gender : Male  
Age : 55  
Dept : SSIM  
Bed No : 551M

*[Handwritten signature]*



REPORT

- sinus rhythm
- left axis deviation
- otherwise normal ECG.

Central Laboratory  
206, Cosmos Plaza,  
Opp. Indian Oil Nagar,  
J. P. Road, Andheri (W),  
Mumbai  
Tel.: 26372527

Versova Branch  
10, 11, First Floor, Silver Streak,  
Near Bus Depot, Yari Road,  
Versova, Andheri (W),  
Mumbai  
Tel.: 26399210

Worli Branch  
B-101, Trade World,  
Kamala Mills,  
Senapati Bapat Marg,  
Lower Parel (W),  
Mumbai - 400013  
Tel.: 9167223844



DR. HANISH DESAI  
MBBS, FCC, FCCM  
REG. NO: 2003/09/3427

For Home visits call : 9167117755 / 9167223838