



LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342008
Tel. : 0291-2752601, Fax : 2752603
E-mail : hospitalloksewa@gmail.com

Fitness Certificate

It is certified that Mr.Naveen Kumar examined by me and was found medically, Physically and Mentally FIT.

Height : 173 cm.
Weight : 65 Kgs.

Chest
Inspiration : 84 cm.
Expiration : 88 cm.
B.P. : 118/78 mmHg
Heart : NAD
Lungs : NAD

Hernia, Hydrocele, Piles etc : No.

Vision : Normal
Hearing : Normal
Speech : Normal

2 glasses for Disturb & near vision.

Dated : 24/04/2024

(Dr. N.P. Mathur)
M.B.B.S. , F.I.C.A.
Reg. No. 11238 [R.M.C]

Dr. N. P. MATHUR
M. B., B.S., F.I.C.A.
RMC-11238
Lok Sewa Hospital, & M. R.C.
JODHPUR-09

Feedback – Pre Policy Life Insurance Medical Checks

This is to confirm & certify that I have gone through the medical examination through Medical Center LSH situated at Jodhpur / Home Visit on 20/04/2024 to complete the requisite medical formalities towards my application for life insurance from BOB Insurance Company vide Proposal Form bearing no _____ dated _____.

I do confirm specifically that the following medical activities have been performed for me:

- | | | |
|--|---|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection | | |
| a. Blood | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT) | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 5. Others _____ | | |

I have furnished my ID Proof UID bearing ID No. _____ at the time of my medical.

Feedback Form

- **Behavior and cooperation of staff**

Reception/ Clinic/ Hospital	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
Technician/ Doctors	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
- **Time Management**

	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
--	--	----------------------------------	-------------------------------
- **Upkeep of hospital**

	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
--	--	----------------------------------	-------------------------------
- **Technology & Skills**

	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
--	--	----------------------------------	-------------------------------
- **Please remark if the medical check procedure was satisfactory**

	Yes <input checked="" type="checkbox"/>	No <input type="checkbox"/>
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(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behaviour etc.)

- If No please provide details or let us know of anything additional you would like to provide as comments and / or suggestions

<p style="text-align: center;"><u>Navy</u></p> <p>Signature of the Life to be Insured (Proposer in case of Life insured being minor)</p> <hr/> <p>Name of the Life to be Insured with date (Proposer (in case of Life insured being minor)</p>	<p style="text-align: center;"><u>Dr. N. P. Mathur</u></p> <p>Signature of Visiting/Attending Doctor</p> <p style="text-align: center;">Dr. N. P. MATHUR M. B., B.S., F.I.C.A. RMC-11238 Lok Sewa Hospita. & M. R.C. JODHPUR-09</p> <hr/> <p>Name of Visiting/Attending Doctor</p> <hr/> <p>MC Registration No: <u>11238</u></p> <hr/> <p>Doctor Stamp with date <u>24/4/24</u></p>
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भारत सरकार

Government of India



Naveen Kumar

DOB : 01/07/1996

Male

phrally

Dr. N. P. MATHUR
M. B., B.S., F.I.C.

RMC-11238
Lok Sewa Hospita. & M
JODHPUR-09



2896 1112 3802

मेरा आधार, मेरी पहचान



आधार

भारतीय विशिष्ट पहचान प्राधिकरण

Unique Identification Authority of India

Address:

S/O Rajender Kumar, Village - Thanmathui, Teh - Rajgarh,
Than Mathooi, Churu, Thanmathoi, Rajasthan, 331023

2896 1112 3802



1947



help@uidai.gov.in

WWW

www.uidai.gov.in

Navy



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Pt Name : Naveen Kumar
Ref By. : Dr. N.P.Mathur
Serial No : 37090

Age : 27 Yrs.
Sex : Male
Date : 24/04/2024

HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	7,700	4000 - 11000 /CUMM
DLC (DIFFERENTIAL LEUCOCYTE COUNT)		
NEUTROPHILS	67	40 - 70 %
LYMPHOCYTES	26	20 - 40 %
EOSINOPHILS	03	00 - 06 %
MONOCYTES	04	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	15.2	12-18 GM%
PLATELET COUNT	2.18	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	5.35	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	49.1	34-48 %
M.C.V (MEAN CORPUSCULAR VOLUME)	91.78	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	28.41	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	30.96	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	07	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[TECHNICIAN]


DR. S. K. LODHA MD. [Patho.]
[PATHOLOGIST]



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BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 82.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 128.0	< 140 mg/dl
BLOOD UREA	: 21.0	12-50 mg/dl
S.CREATININE	: 0.82	0.6-1.60 mg/dl
S.URIC ACID	: 4.1	3.5-7.2 mg/dl
S.CHOLESTEROL	: 160.0	130-250 mg/dl
S.TRIGLYCERIDES.	: 110.0	60-170 mg.dl
S.HDL CHOLESTEROL [DIRECT]	: 38.0	35-65 mg/dl
S.LDL CHOLESTEROL [DIRECT]	: 100.0	65-160 mg/dl
S.VLDL CHOLESTEROL	: 22.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 4.21 :1	LESS THEN 4.5
LDL/HDL RATIO	: 2.63 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.59	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.28	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.31	0-0.9 mg/dl
S.GOT	: 23.0	0-40 U/L
S.GPT	: 20.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 102.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 7.8	6-8 gm/dl
S.ALBUMIN	: 4.2	3.7-5.3 gm/dl
S.GLOBULIN	: 3.60	2.5-3.5 gm/dl
S.A/G RATIO	: 1.17 :1	1-2.3

LIVER FUNCTION TEST

S.G.G.T 30.0 4 - 54 IU/L

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HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "B"
(RH) POSITIVE

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HbA1C EXAMINATION REPORT

TEST	RESULT
HbA1C	5.4 %
eAG	000.0 mg/dl

NORMAL REFERENCE VALUE

NORMAL	:- 4.8 %	- 5.9 %
PREDIABETIC	:- 6.0 %	- 6.4 %
GOOD CONTROL	:- 6.5 %	- 7.2 %
FAIR CONTROL	:- 7.3 %	- 7.8 %
POOR CONTROL	:- > 7.9 %	

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Pt Name : Naveen Kumar
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Serial No : 37090

Age : 27 Yrs.
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Date : 24/04/2024

THYROID Function Test

Methodology & Other Information

Method : Chemiluminescence
Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.78 ng/ml	0.5-2.0 ng/ml
T4	6.20 ug/dl	4.4-11.5 ug/dl
TSH	1.96 uIU/ml	0.35 - 5.50 uIU/ml

Biological reference range:

Children:

1-2 days 3.20-34.6 uIU/ml

3-4 days 0.70-15.4 uIU/ml

15 days-1month 1.70-9.10 uIU/ml

5 months-20 years 0.70-6.40 uIU/ml

Pregnancy

1st Trimester : 0.30 -- 4.50

2nd Trimester : 0.50 -- 4.60

3rd Trimester : 0.80 -- 5.20

Clinical information:

Primary malfunction of the thyroid gland may result in excessive (hyper) or low (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 or T4 in the blood. In Primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in Euthyroid sick Syndrome, Multiple alterations in serum thyroid function test findings have been recognized.

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SERUM PROSTATE SPECIFIC ANTIGEN

Methodology & Other Information


Method Chemiluminescence
Type of Specimen Serum
Instrument Used Advia Centaur
Reagent kit Siemens

REPORT

INvestigation	Status Result	Biological Reference
PROSTATE SPECIFIC ANTIGEN	0.80 ng/ml	Upto 4.0 ng/ml

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URINE EXAMINATION REPORT

Test	Result(s)
PHYSICAL	
COLOUR	PALE
APPEARANCE	CLEAR
CHEMICAL	
REACTION pH	5.0
SPECIFIC GRAVITY	1.010
ALBUMIN	NIL
SUGAR - (F)	NIL
MICROSCOPIC	
PUS CELLS	0-1 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-2 /HPF
CASTS	Nil
CRYSTALS	Nil
BACTERIA	Nil

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Name : Mr Naveen Kumar
Ref. by Dr. : Dr. N.P.Mathur

Age: 27/HM
Date: 24.04.2024

ABDOMINAL SONOGRAPHY (MALE)

LIVER –

LIVER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. HEPATIC AND PORTAL VEINS NORMAL. DIAPHRAGM SHOWS NORMAL.

GALL BLADDER –

GALL BLADDER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. C.B.D IS NORMAL

PANCREAS –

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

KIDNEYS –

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE/ MASS OR CALYCEAL DILATATION IS SEEN

SPLEEN –

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.



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NODES –

NO PARA AORTIC NODAL ENLARGMENT IS SEEN.
NO ASCITES.

URINARY BLADDER -

URINARY BLADDER IS WELL DISTANDED. WALL THICKNESS IS
NORMAL NO STONE OR MASS IS PRESENT.

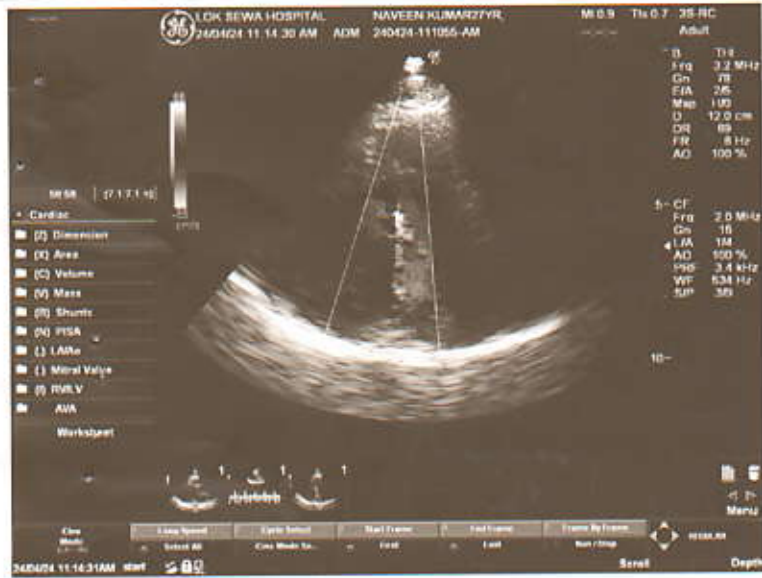
PROSTATE –

PROSTATE IS NORMAL IN SHAPE AND SIZE WITH NORMAL
ECHOTEXTURE.

IMPRESSION -

-LIVER, SPLEEN, PANCREAS, GALL, BLADDER AND BOTH
KIDNEY ARE NORMAL.
URINARY BLADDER AND PROSTATE ARE NORMAL.

SONOLOGIST





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Name : Naveen Kumar
Cons. Dr. : N.MATHUR

Age : 27/Male
Date: 24.04.2024

Echocardiography & Color Doppler Observation on M Mode and 2 D Echocardiography

	ED	ES		mm.
IVS (mm)	11	--	Aorta Root Diameter	32
LVID (mm)	44	26	LA Diameter	35
LVPWD	11	--	AV cusp sep.	21
LV Vol (ml)	--	--	LA / Ao	--
EF= 70%			Fract Shortening(FS)	40.00%

Right Atrium :

Right Ventricle :

2 - D Study of Left and Right ventricle :

Both Ventricles are of normal Dimensions.
No regional wall motion abnormality seen.
2 D EF = 60 %
No e / o pericardial effusion seen.

Pulmonary Artery Pressure :

RAP + Trans TR PG = < 25 mm Hg



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Doppler Study Continuous and Pulse wave Doppler

Valve	Peak Velocity m m/ Sec.	Max P.G. mm Hg	Regurgitation	Appearance
Mitral	92	3.4	No	Normal Thickness
Aortic	115	5.4	No	Normal Thickness
Tricuspid	64	2.2	No	Normal Thickness
Pulmonary	106	4.4	No	Normal Thickness

IMPRESSION :

Cardiac chambers and valves normal.

No RWMA at rest.

Normal biventricular contractility.

Normal LV systolic and diastolic function. 2D EF = 60%

Intact septae.

No e / o PHT

No mass, clot or pericardial disease.

Signature

DR. NAMIT MATHUR
M.B., B.S., D.N.B., PG.D.E.M., CCIDDM.
PHYSICIAN & CARDIOLOGIST



LOK SEWA HOSPITAL

& Medical Research Centre

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-I,
JODHPUR - 342 009

Phone : 2752601
Fax : 2752603

ELECTROCARDIOGRAM

Shri/Smt. Nareey Kumar

Age 27 Sex M Const. Dr. _____

O.P.D./Bed No. _____ Dated 24/01/2007

E.C.G. REPORT

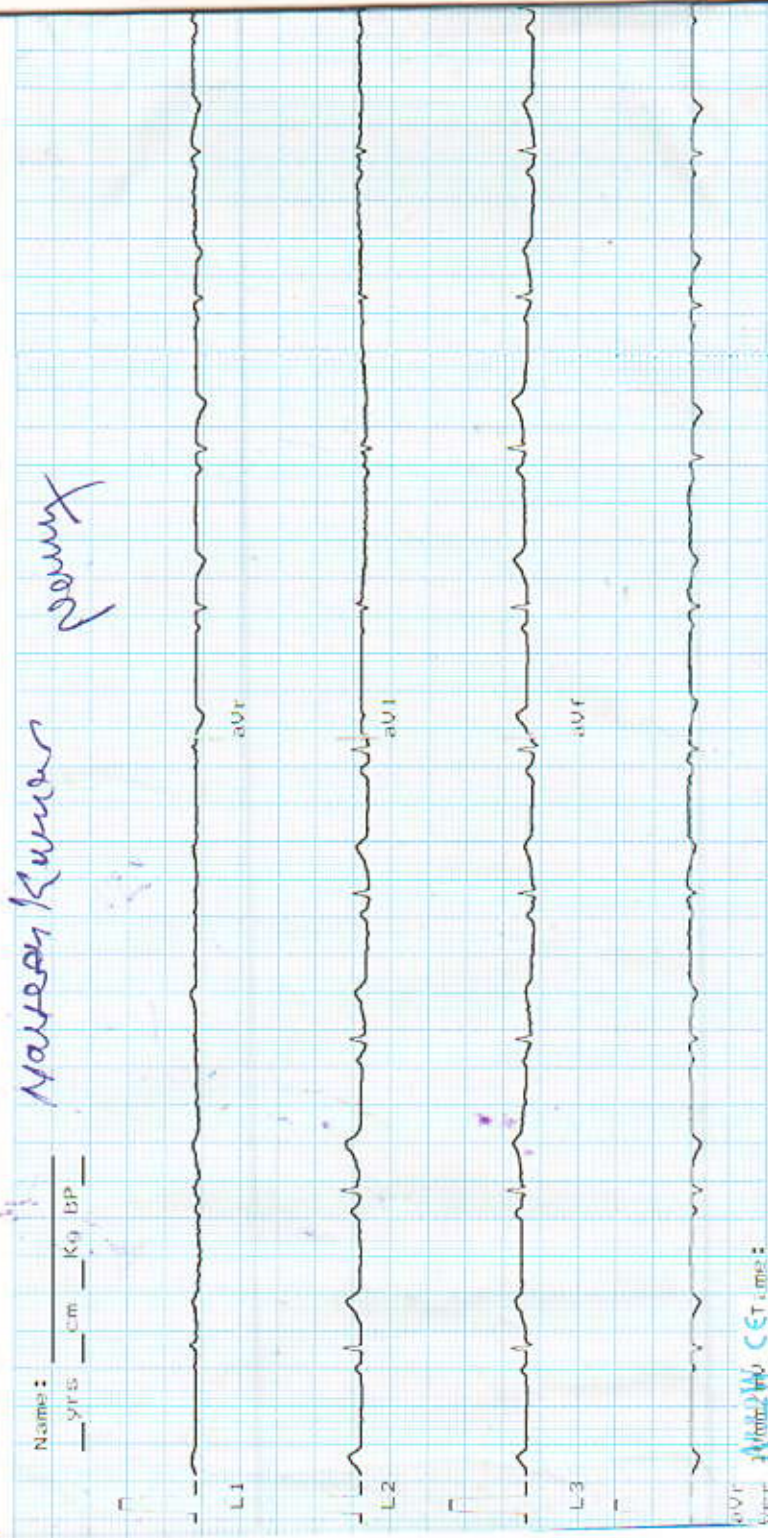
1. Rate 75/min
2. Rhythm Sinus Rhythm
3. Mechanism P
4. Extrasystoles No
5. P. Wave _____
6. PR-interval _____
7. QRS Complex _____
8. ST Segment _____
9. T. Waves _____
10. Others _____
11. Remarks TWNL

(DR. DR. NAMIT MATHUR
M.B., B.S., D.N.B., P.G.D.G.M., CC(EBDM)
PHYSICIAN & CARDIOLOGIST
 LOK SEWA HOSPITAL
 & MEDICAL RESEARCH CENTRE
 KAMLA NEHRU NAGAR, JODHPUR-342 009

Name: _____
YFS _____ Cm _____ Kg BP _____

Navdeep Kumar

12/11/20



AVF
Ver 1.0
5mm/sec

12/11/20
CET
Date

11

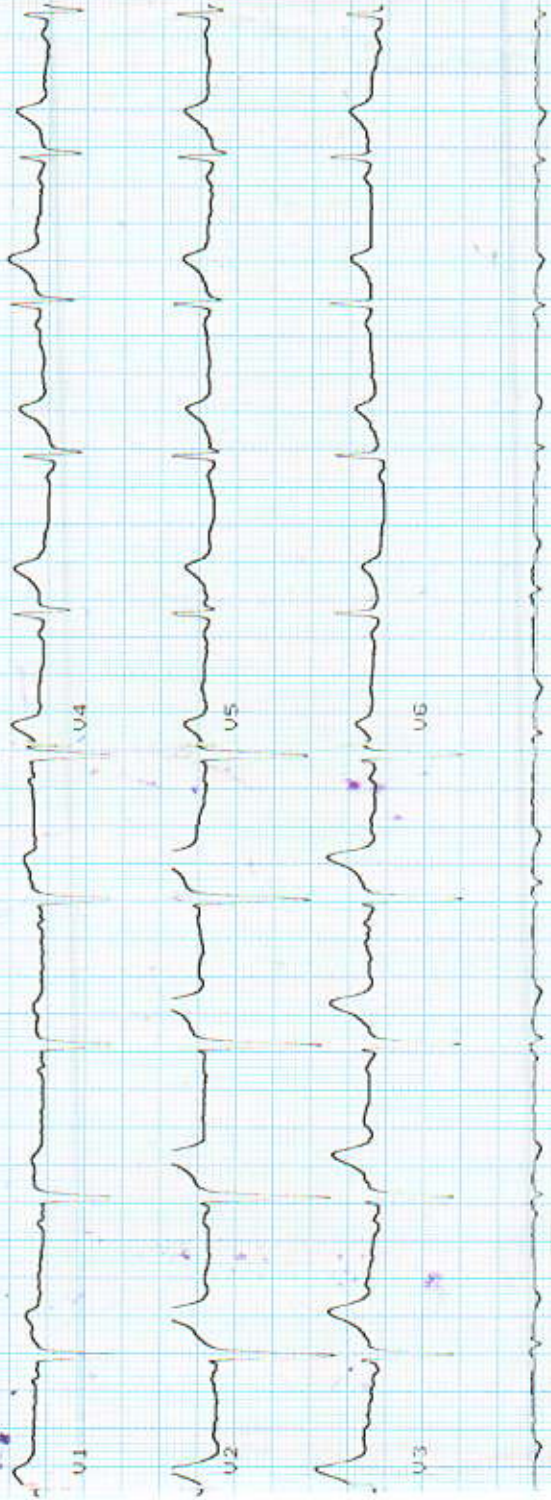
Heart Rate : 73 bpm

INTERVAL(ms)

PR:137 QRS:37
QT:350 QTc:390

AXIS(deg)

P : 51 QRS: 66
T : 69



Arrow CE