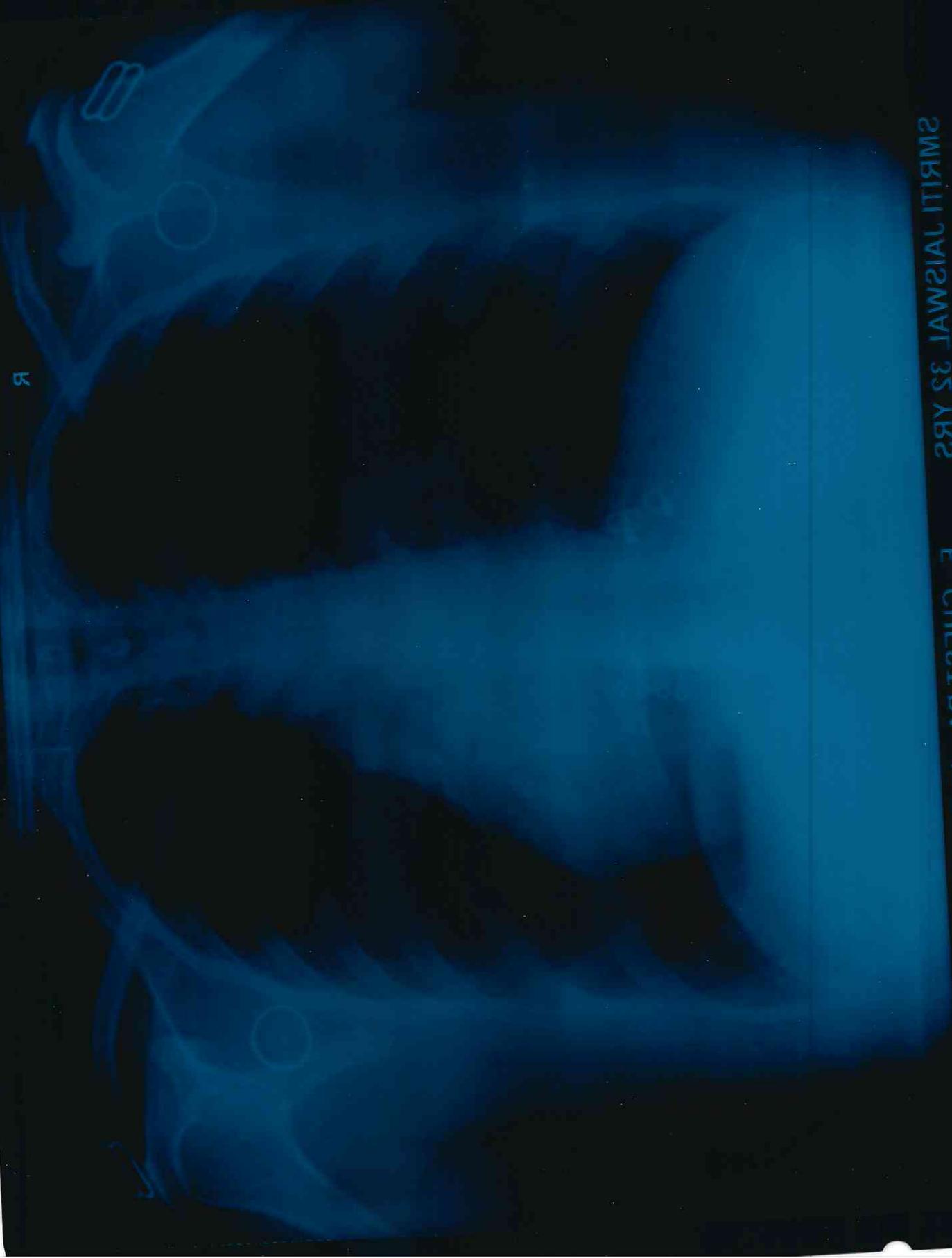


ABOLLO CLINIC C-20 RAJOURI GARDEN BH-52918555  
SMRITI JAISWAL 35 YRS F CHEST PA 10-26-55 11:32 AM

R



## HEALTH CHECK UP

Name : Smriti Jaiswal

Date : 10-9-2022

Age : 32y

Sex : Male / Female

Marital status : Married / Single

### PERSONAL HISTORY

Habits : Smoking / Tobacco & Snuff / Alcohol

Drug allergy if any : Bryfen

Medical : .....

Surgical : .....

Height 148 cm Weight 63 Kg. BP 110/70 Pulse 72/min

Vision : Rt G/C Lt. G/C With Spectacles ..... Rt.  Lt.

Colour Vision : Normal / Abnormal Near Vision NG - Both eyes

### FAMILY HISTORY

Father ..... Mother ..... Siblings .....

CVS : Heart Sound ..... Normal Murmurs ..... Absent Thrills ..... Absent

RS : Rate ..... /mt Breath sounds ..... Normal Adventitious ..... Absent

ABDOMEN : Tenderness ..... Absent Rigidity ..... Absent Bowel sound ..... Normal

Liver ..... NAD Kidney ..... NAD Hernia ..... Absent

CNS : Cranial Nerves ..... NAD Sensory System ..... NAD Motor System ..... NAD

ENT ..... NAD

Remarks

Dr. Bharti Jeswani  
MBBS

Dr. Seema Kale  
MBBS, MD

Dr. S. K. Suri  
MBBS

Dr. Meenakshi  
MBBS

HOME SAMPLE COLLECTION FACILITY AVAILABLE

Name : MS SMRITI JAISWAL  
Ref

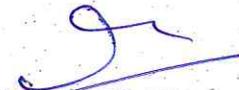
Age:32/ YRS/ F  
Date 10/09/2022

**TMT (Tread Mill / Stress Test)**

**Result :** The pre exercise ECG SHOWS RSR IN V1, NON SPECIFIC ST-T CHANGES. was normal with no significant ST-T segment changes. During peak exercise & recovery there were no significant ST-T change seen. Person could exercise for 06 min. 03 sec on the Bruce protocol & achieved a workload of 07.88 mets.

He/She attained a peak heart rate of 181 beats/minute which is 96 % of the predicted maximum heart rate. The exercise was terminated owing to THR. There was no classical angina and no arrhythmia. Clinically the blood pressure response was normal [140/80] and there was no S3 S4 gallop in the recovery period.

**IMPRESSION: -** NORMAL EXERCISE TOLERANCE.  
NORMAL HEMODYNAMIC RESPONSE.  
TMT IS NEGATIVE FOR PROVOCABLE  
ISCHAEMIA

  
Dr. SEEMA KALE  
SEN. PHYSICIAN

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**MSME UAM NO. : DL11E0021531**

NAME: MS SMRITI JAISWAL  
REF :

AGE : 32YRS/F  
DATE : 10/09/2022

**ECHO ADULT (COLOUR DOPPLER)**

DIMENSIONS	NORMAL	DIMENSIONS	NORMAL
AO (ed) 27.0 mm	(1.5 cm/m <sup>2</sup> )	IVS (Ed) 9.0 mm	(0.6-1.2cm)
LA (es) 30.0 mm	(1.5 cm/m <sup>2</sup> )	LVPW (Ed) 9.0 mm	(.6-1.1cm)
RVID (ed) Normal	(0.9cm/m <sup>2</sup> )	EF	65.0 % (0.62-0.85)
LVID (ed) 43.0 mm	(2.6-3.4 cm/m <sup>2</sup> )	FS	30.0
LVID (es) 24.0 mm			

**MORPHOLOGICAL DATA**

Mitral Valve Normal

Interatrial Septum Normal

Aortic Valve Normal

Interventricular Septum Normal

Tricuspid Valve Normal

Pulmonary Artery Normal

Pulmonary Valve Normal

Aorta Normal

Right Ventricle Normal

Right Atrium Normal

Left Ventricle Normal

Left Atrium Normal

Pericardium Normal

Colour Doppler NORMAL, NO PAH, IVC NORMAL., LV DIASTOLIC FUNCTION NORMAL.

Wall motion Normal

IMPRESSION : NORMAL STUDY.

  
DR SEEMA KALE  
SEN. CONSULTANT

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**MSME UAM NO. : DL11E0021531**

Ms. SMRITI JAISWAL

ID : 99

TREADMILL TEST SUMMARY REPORT

H/Wt : /  
Recorded : 10-9-2022 11:57

Age : 32/F  
Ref by :  
Indication 1 :  
Indication 2 :  
Indication 3 :

Protocol : BRUCE  
History :  
Medication 1 :  
Medication 2 :  
Medication 3 :

PHASE	PHASE TIME	STAGE TIME	SPEED (Km./Hr.)	GRADE (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL (mm) V2	V5	METS
SUPINE											
HYPERVENT	0:07	0:07			139	110/80	152	-1.1	-0.1	-1.0	
					141	110/80	155	1.1	0.2	1.0	
STAGE 1	2:59	2:59	2.70	10.00	150	120/80	180	-0.8	-0.4	-0.6	4.80
STAGE 2	5:14	2:14	4.00	12.00	167	130/80	217	-0.8	-0.7	-0.7	6.52
STAGE 3	5:59	0:44	5.40	14.00	179	140/80	250	-1.0	-0.1	-0.6	7.81
PEAK EXER	6:03	0:48			181	140/80	253	-1.3	-0.2	-0.5	7.88

**RESULTS**

Exercise Duration : 6:03 Minutes  
Max Heart Rate : 181 bpm 96 % of target heart rate 188 bpm  
Max Blood Pressure : 140/80 mmHg  
Max Work Load : 7.88 METS  
Reason of Termination :

**IMPRESSIONS**

GOOD EFFORT TOLERANCE. NORMAL IONOTROPIC AND CHRONOTROPIC RESPONSE.  
NO ANGINA/ARRYTHMIA/SLV DYSFUNCTION. NO SIGNIFICANT ST CHANGES AT PEAK OF TEST.  
TEST IS NEGATIVE FOR EXERCISE INDUCED REVERSABLE ISCHEMIA.

**THE APOLLO CLINIC**  
Rajouri Garden  
Dr. Seema Kale  
MBBS MD  
DMC Reg. No-14927

~~Dr. SEEMA~~

# APOLLO CLINIC

SUPINE  
PRETEST

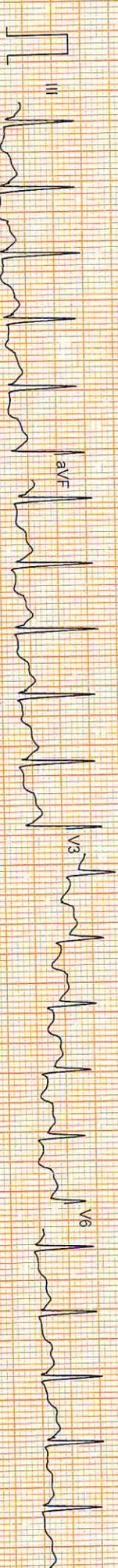
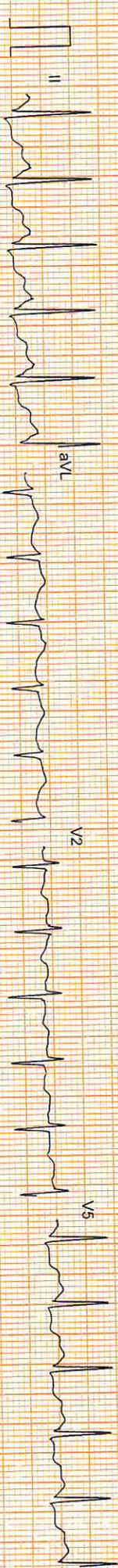
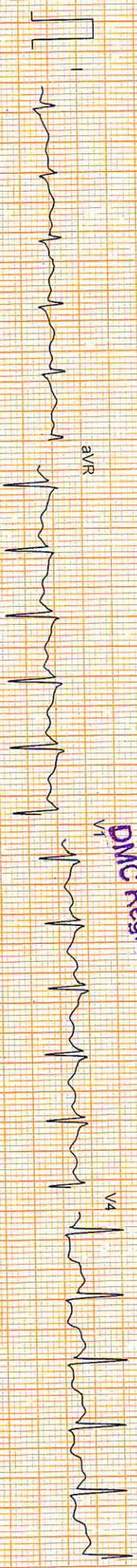
ST @ 10mm/mV  
80ms PostJ

Ms. SMRITI JAISWAL  
I.D. : 99  
AGE/SEX : 32/F  
RECORDED : 10-9-2022 11:57

RATE : 138 BPM  
B.P. : 110/80 mmHg

RAW E.C.G

THE APOLLO CLINIC  
Rajouri Garden  
Dr. Seema Kalia  
MBBS, MD  
DMC Reg. No. 14927



## DEPARTMENT OF LABORATORY MEDICINE

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
 Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
 Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

### HAEMATOLOGY TEST REPORT

Test Name	Observed Value Value	Unit	Bio. Reference Range
<b><u>CBC (Hb,PCV,TLC,DLC,Plat C)</u></b>			
Hb ( Haemoglobin ) Non cyanide analysis : EDTA	* 11.3	gm/dl	12.0 - 15.0
PCV / Haematocrit RBC pulse height detect : EDTA	36.6	%	36 - 46
ESR Westergren's Method : Citrate	14	mm/Ist hr.	0 - 20
TLC DC detection method : EDTA	5,500	/cumm.	4000 - 10000
Platelet Count DC detection method : EDTA	1.81	Lakh/cmm	1.5 - 4.1
RBC Count DC detection method : EDTA	4.0	Millions/cmm	3.8 - 4.8
MCV(Derived)	89.7	fl	83 - 101
MCH(Derived)	27.7	pg	27 - 32
MCHC(Derived)	* 31.0	gm/dl	31.5 - 34.5
<b><u>Differential Leucocyte Count</u></b>			
Neutrophil	59	%	40 - 70
Lymphocytes	37	%	20 - 40
Eosinophil	02	%	01 - 06
Monocytes	02	%	02 - 10
<b>Blood Group -ABO</b> Tube Agglutination : EDTA	"B"		
<b>Blood Group Rh</b> Tube agglutination : EDTA	Positive		

\*\*\*\*\* End of Report \*\*\*\*\*

**DEPARTMENT OF LABORATORY MEDICINE**

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
 Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
 Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

**BIOCHEMISTRY TEST REPORT**

Merilyzer AutoQuant 400

Test Name	Observed Value Value	Unit	Bio. Refrence Range
Blood Sugar (Glucose)-Fasting Sample - Fluoride, Method:GOD-POD.	89	mg /dl	70 - 110
Blood Sugar (Glucose)-Post Prandial Sample: Sodium Fluoride; Method/Technology:GOD-PODMethod, End Point.	121	mg/dl	70 - 140

\*\*\*\*\* End of Report \*\*\*\*\*



**DEPARTMENT OF LABORATORY MEDICINE**

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
 Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
 Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

**BIOCHEMISTRY TEST REPORT**

Merilyzer AutoQuant 400

Test Name	Observed Value Value	Unit	Bio. Refrence Range
Cholesterol-serum Sample- Plain; Method-CHOD-PAP	132	mg/dL	120 - 240
Triglycerides-serum Sample- Plain; Method- GPO-PAP	82	mg/dL	50 - 200
HDL-Cholesterol-serum Sample- Plain; Method-Direct	33.1	mg/dL	30 - 70
VLDL-Cholesterol-serum Derived	16.4	mg/dL	10 - 40
LDL(Cholesterol)-serum Sample- Plain; Method-Direct/Calculated	82.5	mg/dL	60 - 100
Cholesterol / HDL Ratio-serum Derived	3.10		0.0 - 4.5

\*\*\*\*\* End of Report \*\*\*\*\*

## DEPARTMENT OF LABORATORY MEDICINE

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
 Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
 Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

### BIOCHEMISTRY TEST REPORT

Merilyzer AutoQuant 400

Test Name	Observed Value	Unit	Bio. Reference Range
<b><u>LFT( Liver Function Test</u></b>			
Bilirubin (Total)-serum Sample:Plain; Method/Technology: Diazo Method, Photometry.	0.45	mg/dl	0.1 - 1.3
Bilirubin (Direct)-serum Sample:Plain;Method / Technology: Diazo Method, Photometry.	0.14	mg/dl	0.0 - 0.3
Indirect Bilirubin - serum Derived	0.31	mg/dl	0.0 - 1.1
SGOT (AST)-serum Sample:Plain;Method / Technology:IFCC without Pyridoxal Phosphate/Kinetic.	* 35.0	IU/L	0 - 31
SGPT (ALT)-serum Sample:Plain;Method / Technolog:IFCC without Pyridoxal Phosphate/Kinetic.	* 44.1	IU/L	0 - 34
Alkaline Phosphatase-serum Sample:Plain; Method/Technology: AMP Buffer/Kinetic.	64.9	U/L	30 - 117
G G T P - serum Sample: plain; Method / Technology:Szaz Method/Photometry.	19.6	U/L	8.0 - 35.0
Protein Total - serum Sample:Plain;Method / Technology: Biuret Method / Photometry	7.5	gm/dl	5.8 - 8.0
Albumin-serum Sample:Plain;Method/Technology: BCG Method, Photometry.	4.4	gm/dl	3.7 - 5.2
Globulin-serum Derived	3.1	gm/dl	2.5 - 3.5
A/G Ratio-serum Derived	1.4		1.2 - 2.0

Technician / Technologist

Dr. Prashant Purwar  
 Consultant Pathologist

Page 4 THE TESTS RESULTS ARE UNEXPECTED DEPARTMENT OF THE LABORATORY.  
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MSME UAM NO. : DL11E0021531

**DEPARTMENT OF LABORATORY MEDICINE**

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

Blood Urea 18.7 mg /dl 10 - 50

Nature of Sample (LFT): Plain

Technologies Used :

BILT - Method / Technology: Diazo Method , End Point.  
BILD - Method / Technology: Diazo Method, End Point.  
SGOT - Method / Technology: IFCC without Pyridoxal Phosphate / Kinetic.  
SGPT - Method / Technology: IFCC without Pyridoxal Phosphate / Kinetic.  
ALKP - Method: AMP Buffer Liquid Photometry/Kinetic.  
GGT - Method / Technology: Glupa -C Method / Kinetic.  
PROT - Method / Technology: Biuret Method / End Point.  
ALB - Method / Technology: BCG Method, Colorimetric Assay.  
GLOB - Method / Technology: Derived Values / Calculated.  
A/ G Ratio - Method / Technology: Derived From The Values Of Albumin And Globulin / Calculated.

Creatinine-serum	0.81	mg/dl	0.5 - 1.3
Sample: Plain; Technology/Method: Jaffe Kinetic, Photometry.			
Uric Acid-serum	5.2	mg/dl	2.3 - 6.0
Sample: Plain; Method/Technology: Uricase Enzymatic, Photometry.			
Sodium (Na+) - serum	138.0	mmol/L	136.0 - 142.0
ISE			
Potassium (K+) - serum	3.9	mmol/L	3.8 - 5.0
ISE			
Chloride(Cl) - serum	95.1	mmol/L	95.0 - 103.0
ISE			
Calcium-serum	* 8.8	mg/dl	9.2 - 11.0
Sample: Plain; Method/Technology: OCPC Method, Photometry.			
Phosphorus-serum	2.9	mg/dl	2.3 - 4.7
Sample: Plain; Method / Technology: Molybdate UV, Photometry.			
Albumin-serum	4.4	gm/dl	3.7 - 5.2
Sample: Plain; Method/Technology: BCG Method, Photometry.			
HbA1C (Glycosylated Haemoglobin)	5.1	%	4.2 - 6.0
Boronate affinity assay : EDTA			
Good Control : 6.0-7.0.			

## DEPARTMENT OF LABORATORY MEDICINE

Name MRS. SMRITI JAISWAL

Age 32 Yrs.

Sex Female

Date 10/09/2022

Home Coll. Dt/Time

Ref. No. 20-21/4495

Refd. by.

Reporting Date/Time 10/09/2022

Srl. No. 1015

Bad Control : 7.0-8.0.

Poor Control : &gt;8.

\*\*\*\*\* End of Report \*\*\*\*\*

Technician / Technologist

Page 6

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Dr. P. Rashmi Purwar  
Consultant Pathologist

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MSME UAM NO. : DL11E0021531

**DEPARTMENT OF LABORATORY MEDICINE**

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
 Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
 Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

**SPECIAL TEST REPORT**

Test Name	Observed Value	Unit	Bio. Reference Range
Serum FT3	3.8	pmol/l	3.2 - 5.9
<i>Method: Immunofluorescence (Tosoh)</i>			

Triiodothyronine T3 is a hormone produced by the thyroid and by conversion of T4 to T3. Free T3 is used in the diagnosis and monitoring of hyperthyroidism. Free T3 assays can differentiate most cases of nonthyroidal illness from TSH dependent hyperthyroidism.

Serum FT4	14.5	pmol/l	10.6 - 21.0
<i>Method: Immunofluorescence (Tosoh)</i>			

FT4 is the active fraction of tetraiodothyronine. FT4 increases in patients with hyperthyroidism, whereas it is decreased in patients of hypothyroidism. Patients on hormone replacement therapy may have an elevated FT4 levels. Values of FT4 may be used in conjunction of TSH levels.

Serum TSH	4.0	uIU / ml	0.25 - 5.0
<i>Method: Immunofluorescence (Tosoh)</i>			

TSH is an early and sensitive indicator of decreased thyroid reserve. This assay helps to diagnose hypothyroidism and hyperthyroidism, monitors T4 replacement or T4 suppressive therapy and quantifies TSH levels in the subnormal range.

\*\*\*\*\* End of Report \*\*\*\*\*

Technician / Technologist

Page 7 of 7 TESTS RESULTS ARE UNEXPECTED. PLEASE CONTACT THE LABORATORY.  
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 Consultant Pathologist

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MSME UAM NO. : DL11E0021531

**DEPARTMENT OF LABORATORY MEDICINE**

Name MRS. SMRITI JAISWAL Age 32 Yrs. Sex Female  
 Date 10/09/2022 Home Coll. Dt/Time Ref. No. 20-21/4495  
 Refd. by. Reporting Date/Time 10/09/2022 Srl. No. 1015

**URINE EXAMINATION TEST REPORT**

Test Name	Observed Value Value	Unit	Bio. Refrence Range
<b><u>Urine R/M Examination</u></b>			
Quantity	35	ml.	
Colour	Pale Yellow		Pale Yellow
Tranparency	Clear		Clear
Urine Specific Gravity Dipstick	1.020		1.005 - 1.030
pH Dipstick / pH paper	6.0		5.5 - 7.5
<b><u>Chemical Examination</u></b>			
Protein Dipstick/Heat & acetic acid	Nil		Nil
Sugar Dipstick/Benedicts reagent	Nil		Nil
<b><u>Microscopic Examination</u></b>			
Pus Cells	1-2	/HPF	3-4
RBC'S	Nil	/HPF	Nil
Casts	Nil	/LPF	Nil
Crystals	Nil		Nil
Epithelial Cells	1-2	/HPF	1-2
Bacteria	Nil	/HPF	Nil

\*\*\*\*\* End of Report \*\*\*\*\*

Patient Name : Ms.Smriti Jaiswal.	MR No	: FRAJ0000
Age/Sex : 32 Y/F	Visit No	: FRAJOPV
Pres Doctor :	Bill Date	: 10-09-2022
Ref.by :	Report Date	: 10-09-2022

**ULTRASOUND WHOLE ABDOMEN**

**LIVER:** Liver is normal in shape, size and echotexture. No focal intra-hepatic lesion detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

**GALL BLADDER:** Gall bladder is well visualised. Its wall thickness is normal. No calculus or mass lesion is seen in gall bladder. Common bile duct is normal (not dilated).

**PANCREAS:** Pancreas appears normal in size and echopattern.

**SPLEEN:** Spleen appears normal in size and echopattern.

**KIDNEYS:** Left kidney is normal in position, size and outline.  
Right kidney small in size 8.1 x 3.0 cm  
Cortico-medullary differentiation of both kidneys is maintained.  
Central sinus echoes are compact. No calculus / hydronephrosis is noted.  
Visualised parts of retroperitoneum do not show any lymphadenopathy.

**URINARY BLADDER:** Urinary bladder is well distended and shows clear contents.

**UTERUS:** Uterus is anteverted and normal in size (8.2 x 5.1 x 4.5 cm) and shows a fibroid measuring 1.9 x 1.6 cm  
Endometrium is central & appear normal in thickness( 4.3mm).  
Myometrial echogenicity appears normal.

**OVARY:** B/L ovaries are normal in size, shape & echopattern.  
Right ovary measures ~ 2.5 x 1.7 cm. Left ovary measures ~ 2.2 x 1.6 cm.  
Both adnexal regions are normal.  
No free fluid is seen in cul-de-sac.

**IMPRESSION: - SMALL SIZE RIGHT KIDNEY  
UTERINE FIBROID**

To be correlate clinically.



Dr. V K Mutreja  
Consultant Radiologist.

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**MSME UAM NO. : DL11E0021531**

Patient Name : MS.Smrithi Jaiswal

MR No : FRAJ0000

Age/Sex : 32 Y/M

Visit No : FRAJOPV

Pres Doctor :

Bill Date : 10-09-2022

Ref.by :

Report Date : 10-09-2022

**X-RAY CHEST P A VIEW**

- Both lung fields do not show any active parenchymal lesion.
- Both costophrenic angles are normal.
- B/L hila appear normal in size & density.
- Both domes of diaphragm are normal.
- Cardiac silhouette appears normal.
- Visualised soft tissues and bony cage appear normal.

**IMPRESSION:- NORMAL STUDY.**

To be correlated clinically.

  
Dr. V.K. Mutreja  
Consultant Radiologist.

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**MSME UAM NO. : DL11E0021531**



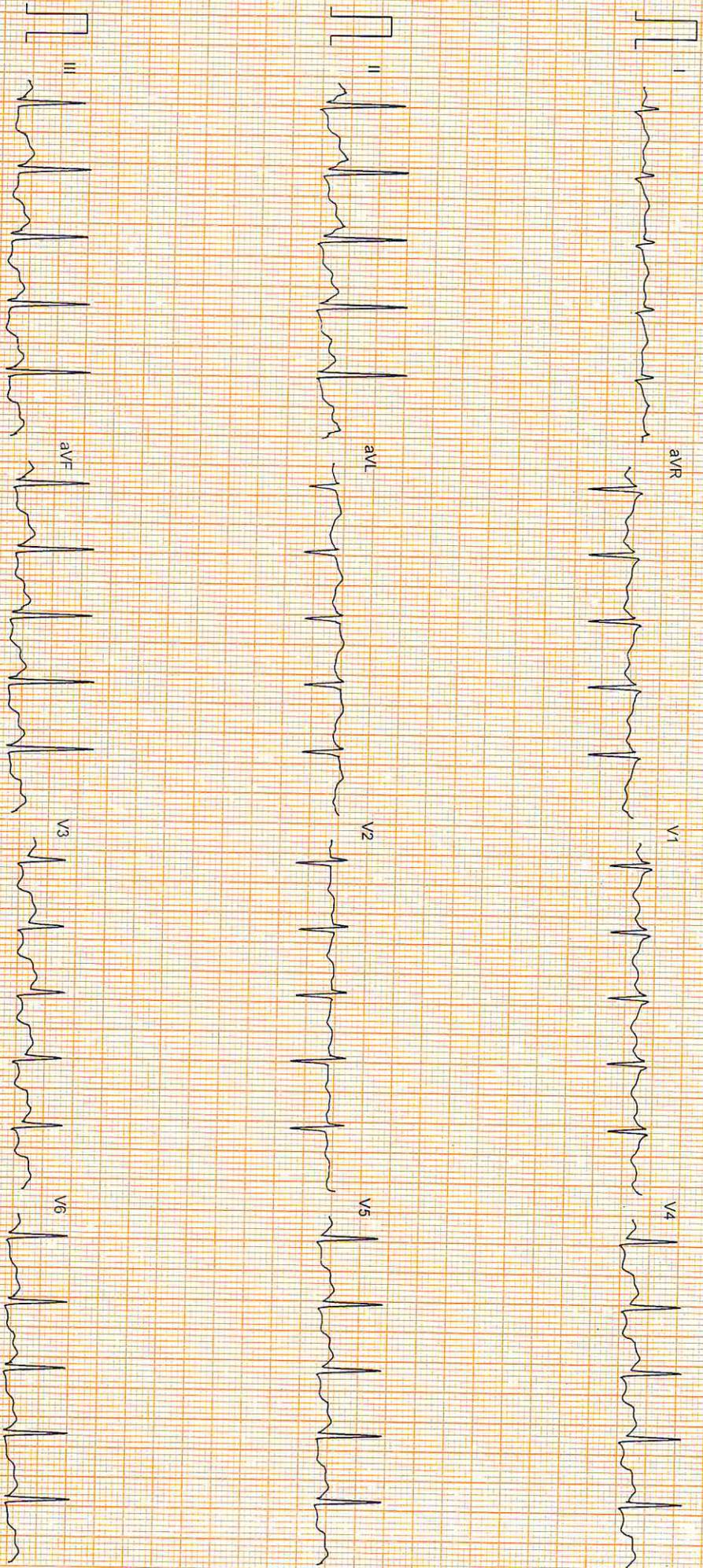
# APOLLO CLINIC

SUPINE  
PRETEST

ST @ 10mm/mV  
80ms PostI

Ms. SMRITI JAISWAL  
I.D. : 99  
AGE/SEX : 32/F  
RECORDED : 10-9-2022 11:57  
RATE : 139 BPM  
B.P. : 110/80 mmHg

RAW E.C.G.



# APOLLO CLINIC

HYPERVENTILATION  
PRETEST

ST @ 10mm/mV  
80ms PostI

MS. SMRITI JAISWAL

ID. : 99

AGE/SEX : 32/F

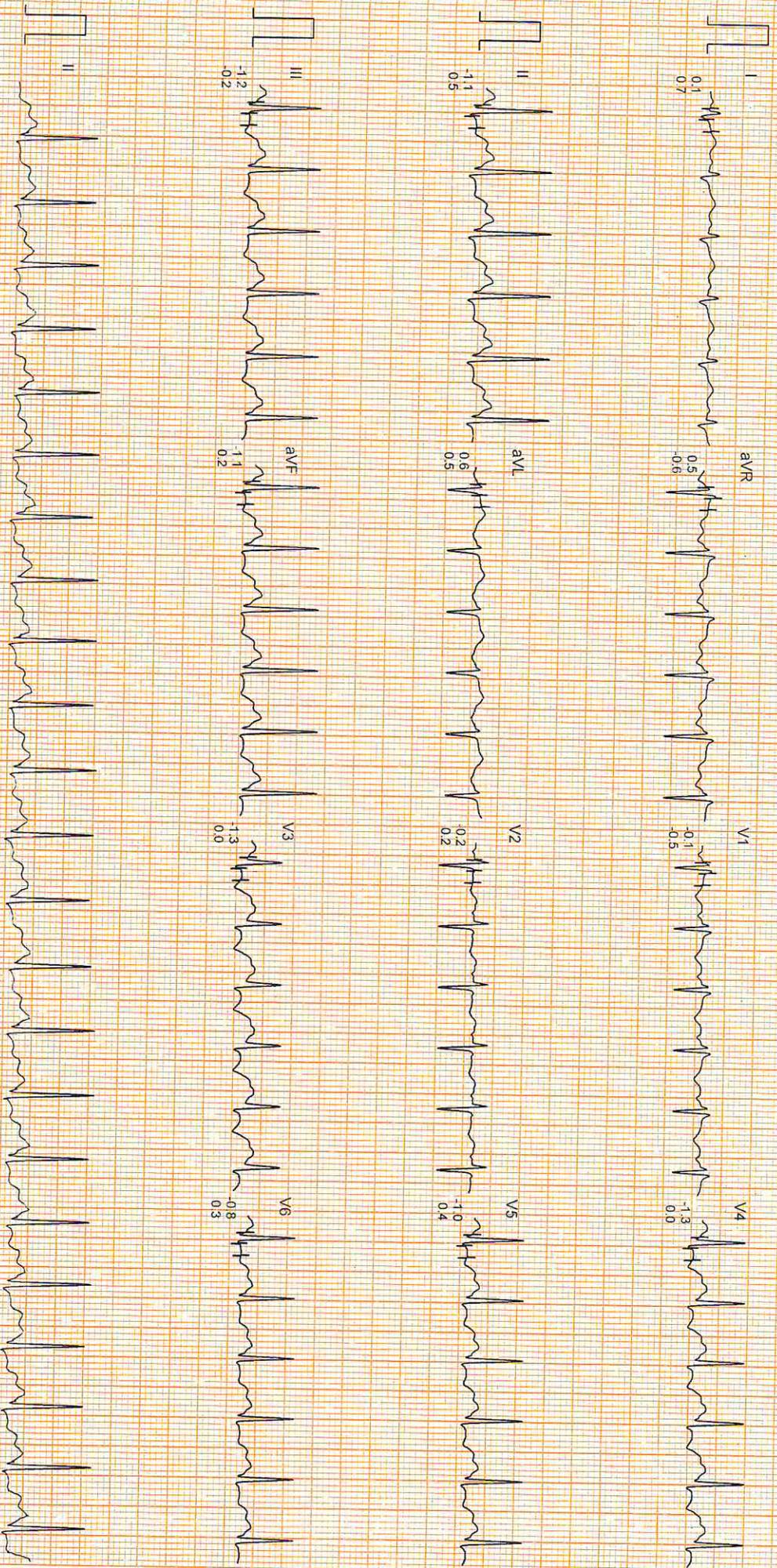
RECORDED : 10-9-2022 11:57

RATE : 141 BPM

B.P. : 110/80 mmHg

STAGE TIME : 0:07

LINKED MEDIUM



# APOLLO CLINIC

Ms. SMRITI JAISWAL

I.D. : 99

AGE/SEX : 32/F

RECORDED : 10-9-2022 11:57

RATE : 150 BPM

B.P. : 120/80 mmHg

BRUCE

EXERCISE 1

PHASE TIME : 2:59

STAGE TIME : 2:59

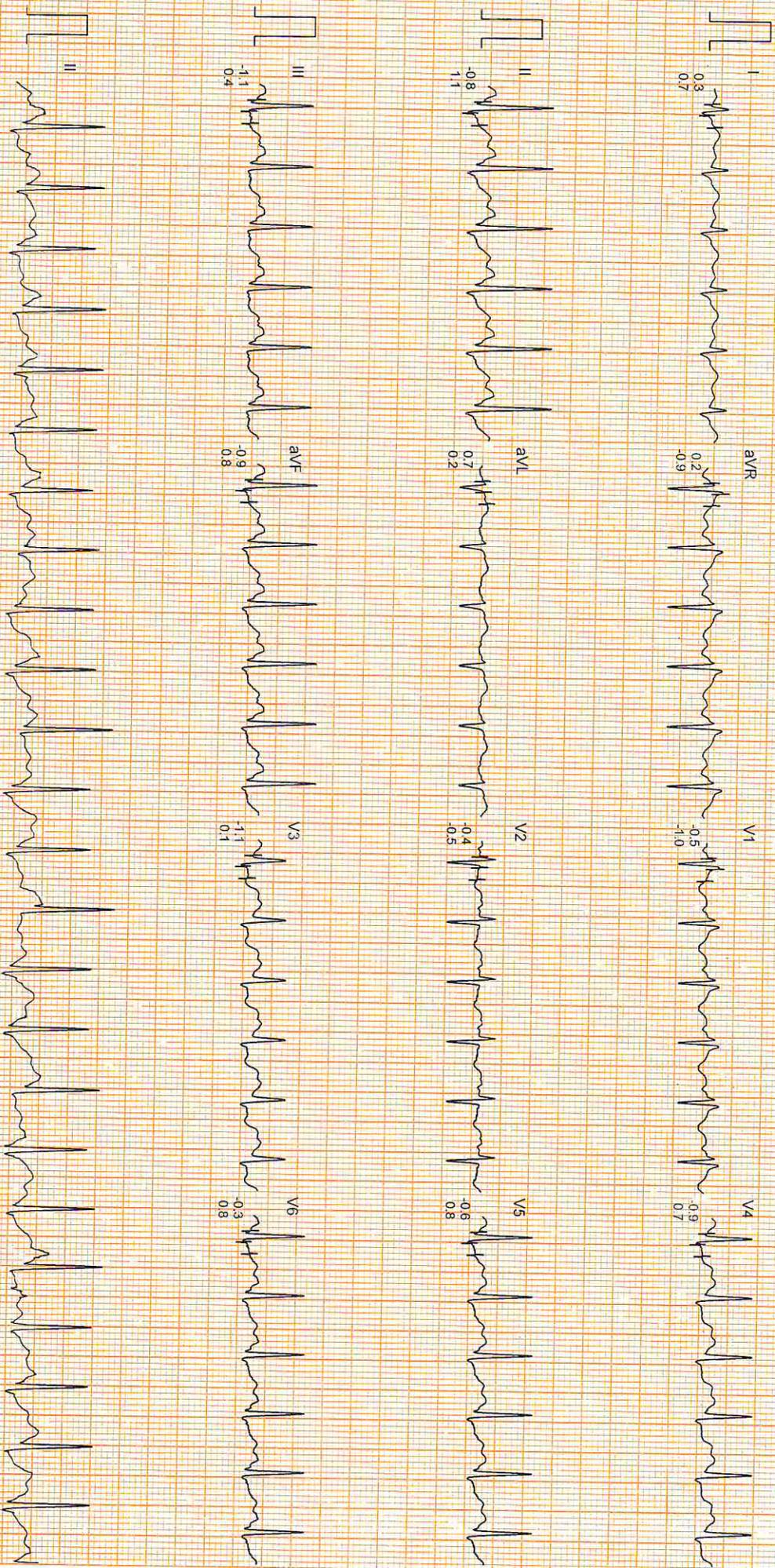
ST @ 10mm/mV

80ms PostJ

SPEED : 2.7 Km./Hr.

GRADE : 10.0 %

LINKED MEDIAN



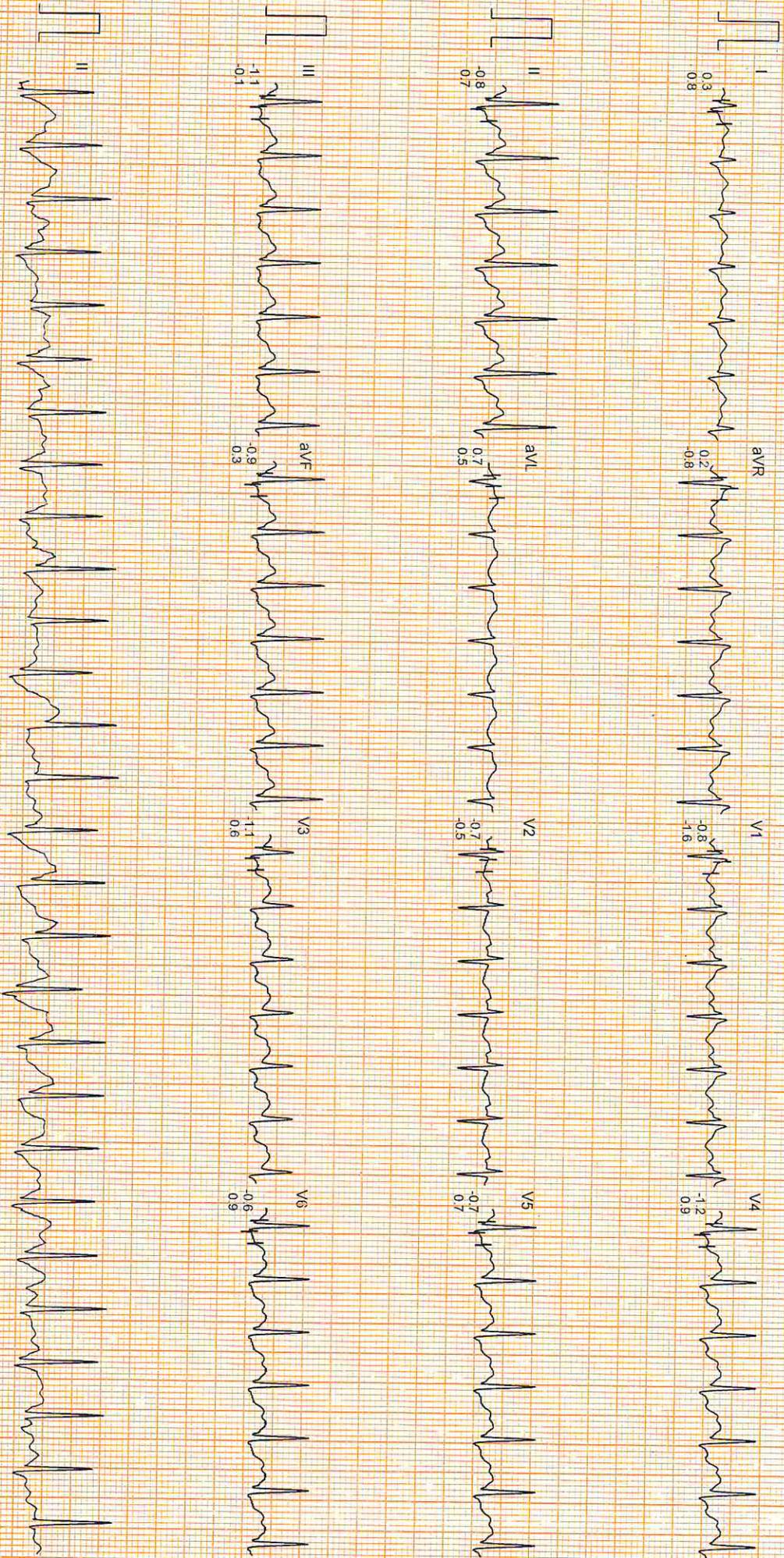
# APOLLO CLINIC

Ms. SMRITI JAISWAL  
ID. : 99  
AGE/SEX : 32/F  
RECORDED : 10-9-2022 11:57

BRUCE  
EXERCISE 2  
PHASE TIME : 5:11  
STAGE TIME : 2:11

RATE : 167 BPM  
B.P. : 130/80 mmHg

LINKED MEDIUM



# APOLLO CLINIC

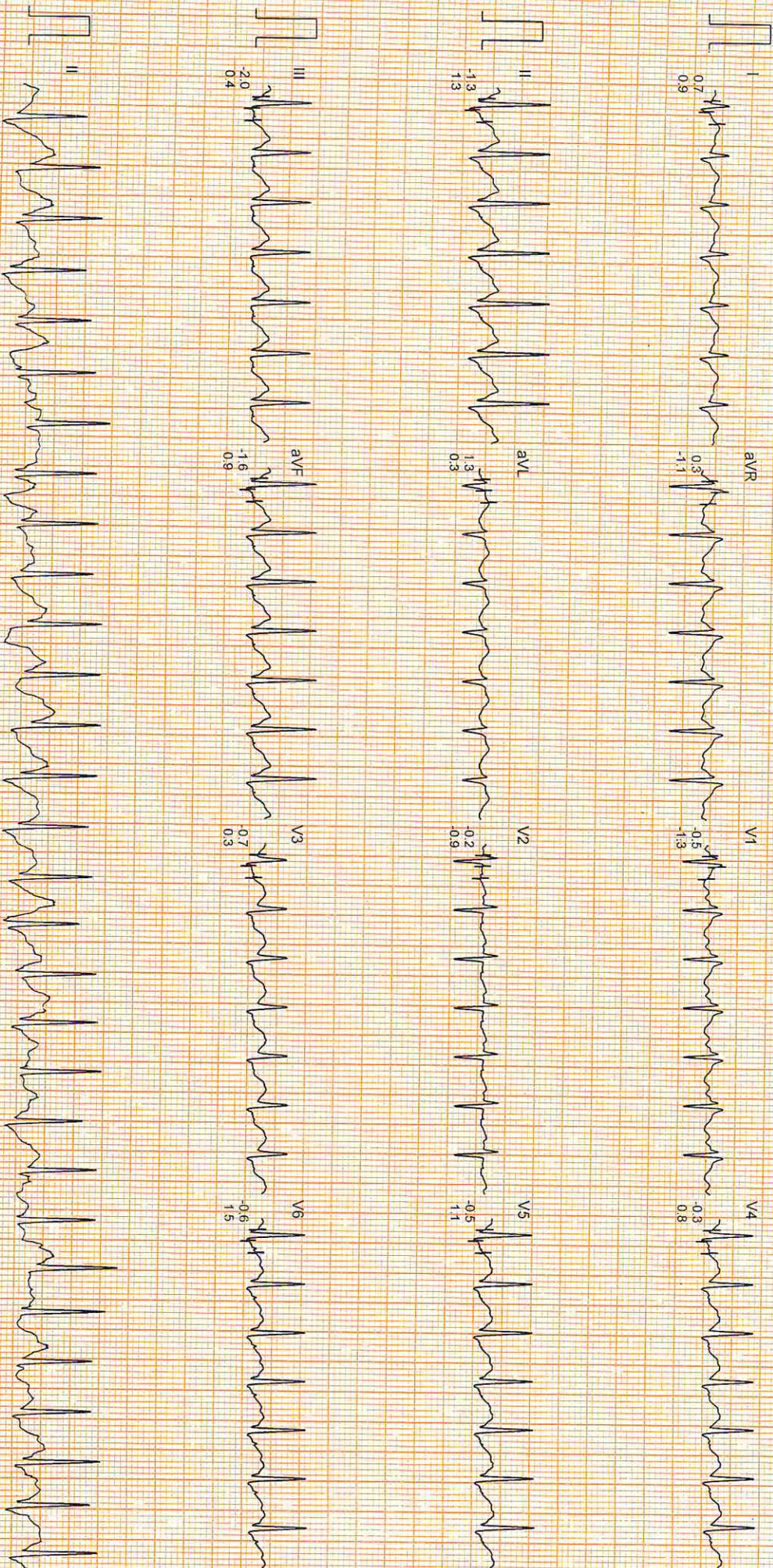
Ms. SMRITI JAISWAL  
I.D. : 99  
AGE/SEX : 32/F  
RECORDED : 10-9-2022 11:57

RATE : 181 BPM  
B.P. : 140/80 mmHg

BRUCE  
PEAK EXER  
PHASE TIME : 6:03  
STAGE TIME : 0:48

ST @ 10mm/mV  
80ms PostJ  
SPEED : 5.4 Km./Hr.  
GRADE : 14.0 %

LINKED MEDIUM



# APOLLO CLINIC

Ms. SMRITI JAISWAL  
I.D. : 99  
AGE/SEX : 32/F  
RECORDED : 10-9-2022 11:57

RATE : 136 BPM  
B.P. : 120/80 mmHg

BRUCE  
RECOVERY  
PHASE TIME : 1:59

ST @ 10mm/mV  
80ms PostJ  
SPEED : 0.0 Km./Hr.  
GRADE : 0.0 %

LINKED MEDIAN

