

आकाश वर्मा  
Akash Verma  
जन्म तिथि/DOB: 15/01/1989  
पुरुष / MALE



2619 4118 7659

आधार-आम आदमी का अधिकार

पता: S/O: देवा राम जी, पंचायत समीती के पास, केसर गंज, शिव कोलोनी, आवूरोड, आवूरोड, सिरोही, राजस्थान-307026

Address: S/O: Deva Ram Ji, near, Panchayat samitee, kesar ganj, shiv colony, aburoad, Abu Road, Sirohi, Rajasthan - 307026

2619 4118 7659

Aadhaar-Aam Admi ka Adhikar

Aakash Verma



# Aravali Hospital

332, Ambamata Scheme, Udaipur - 313 004  
T: 91 294 2430222, 2431222  
email : aravalihospital@yahoo.com



गुणवत्ता पूर्ण चिकित्सा सेवाओं के लिये  
भारत सरकार की  
क्वालिटी काउंसिल ऑफ इण्डिया (QCI-NABH)  
द्वारा प्रमाणित

<b>Name Mr. AKASH VERMA 1437</b>	Visit Date & Time 23/03/2024	<b>PATIENT ID 112317045</b>
Age 35 Yrs Sex Male	Test Authenticated at : 23/03/2024 17:48:25	Ref. By



## HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
<b>HAEMOGLOBIN (HB)</b>	15.0		gm %	11.0 - 16.0
RBC Count	4.83		X10 <sup>6</sup> /UL	3.50 - 5.50
PCV	42.8		%	36.0 - 48.0
MEAN CORP. VOLUME (MCV)	88.6		fL	80.0 - 99.0
MEAN CORP. HB (MCH)	31.2		pg	27.0 - 32.0
MEAN CORP. HB CON. (MCHC)	35.2		g/dL	32.0 - 36.0
RDW-CV	13.2		%	11.0 - 16.0
RDW-SD	45.0		fl	35.0 - 56.0
<b>TLC Count</b>	4.21		/cmm	4.00 - 11.00
<b>Differential Leucocyte Count (DLC)</b>				
POLYMORPH	54		%	45 - 75
LYMPHOCYTE	35		%	20 - 45
EOSINOPHIL	05		%	01 - 06
MONOCYTE	06		%	01 - 10
BASOPHIL	00		%	00 - 01
<b>TOTAL PLATELET COUNT</b>	270		x10 <sup>3</sup> /uL	150 - 450
MPV	9.2			7.4 - 10.4
PDW	14.0		%	10.0 - 17.0
PCT	0.2		%	0.1 - 0.3
P-LCR	24.2		%	11.0 - 45.0
P-LCC	65.0			30.0 - 90.0



**DR. NARENDRA MOGRA**  
RMC NO5394



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## HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
ESR	18		mm/Ist hr.	0 - 20



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Test Name	Value	Status	Unit	Biological Ref Interval
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### LIPID PROFILE

CHOLESTEROL TOTAL	149.00		mg/dl	<200.00
TRIGLYCERIDES	88.16		mg/dl	0.00 - 200.00
HDL CHOLESTEROL	47.80		mg/dl	30.00 - 65.00
LDL CHOLESTROL	84.00		mg/dl	35.00 - 100.00
VLDL CHOLESTEROL	18.00		mg/dl	12.00 - 35.00
CHOLESTEROL TOTAL / HDL RATIO	3.12			0.00 - 4.90
CHOLESTEROL LDL / HDL RATIO	1.76			0.00 - 5.00



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Test Name	Value	Status	Unit	Biological Ref Interval
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### LIVER FUNCTION TEST (LFT)

BILIRUBIN-TOTAL	0.60		mg/dl	0.20 - 1.20
BILIRUBIN-DIRECT	0.24		mg/dl	0.00 - 0.25
BILIRUBIN-INDIRECT	0.36		mg/dl	0.10 - 0.40
SGOT-AST	29.50		U/L	0.00 - 35.00
SGPT-ALT	26.71		U/L	0.00 - 45.00
ALKALINE PHOSPHATASE	84.00		IU/L	35.00 - 129.00
PROTIEN-TOTAL	8.39		gm/dl	6.00 - 8.50
ALBUMIN	4.53		gm/dl	3.50 - 5.20
GLOBULIN	3.86		gm/dl	2.50 - 4.00
A:G RATIO	1.17			1.10 - 2.20



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## BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
BLOOD SUGAR (FASTING)	104.5		mg/dl	60.0 - 110.0
BLOOD SUGAR (PP)	<b>186.8</b>	H	mg/dl	110.0 - 140.0
CREATININE	0.75		mg/dl	0.50 - 1.30
URIC ACID	4.59		mg/dl	2.60 - 7.20
BUN	11.30		mg/dl	7.00 - 22.00



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## BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
HBA1C				
GLYCOSYLATED HAEMOGLOBIN-A1C	6.20		%	Below 6.5% : Good Control 6.5% - 7% : Fair Control 7.0% - 8% : Unsatisfactory Control >8% Poor Control
AVERAGE BLOOD GLUCOSE (ABG) Method: Derived from HbA1c Value	<b>131.24</b>	H	%	90 - 120 Good Control 121 - 150 Fair Control 151 - 180 Unsatisfactory Control > 180 Poor Control



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## IMMUNOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
T3	1.05		ng/ml	0.87 - 1.78
T4	6.97		ug/dl	4.82 - 15.65
TSH	2.569		micro U/ml	0.340 - 5.600

TSH levels may be affected by acute illness and drugs like dopamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave's disease

TSH between 5.5 to 15.0 with normal T3,T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3,T4 with slightly low TSH suggests subclinical hyperthyroidism

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3,FT4 is important.

Free T3 is first hormone to increase in early hyperthyroidism.  
Only TSH level can prove to be misleading in patients on treatment.

Therefore Free T3, Free T4 along with TSH should be checked.  
During pregnancy clinically T3T4 can be high and TSH can be slightly low.



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## IMMUNOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
PSA	0.42		ng/ml	0.00 - 4.00
				40-49 years = 0 to 2.5 ng/ml 50-59 years = 0 to 3.5 ng/ml 60-69 years = 0 to 4.5 ng/ml 70-79 years = 0 to 6.5 ng/ml

### Note:

1. This test is not solely recommended to screen prostate cancers in the general population.
2. False negative/ positive results are observed in patients receiving mouse monoclonal antibodies for diagnosis or therapy.
3. PSA Total and free levels may appear consistently elevated/ depressed due to the interference by heterophilic antibodies & nonspecific protein binding.
4. PSA Total and free values obtained with different assay methods or kits cannot be used interchangeably.
5. Immediate PSA testing following digital rectal examination, ejaculation, prostatic massage, indwelling catheterization, ultrasonography and needle biopsy of prostate is not recommended as it falsely elevates Total and Free PSA levels.
6. Total and Free PSA values regardless of levels should not be interpreted as absolute evidence of the presence or clinical finding and results of other investigations.



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## CLINICAL PATHOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
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### URINE EXAMINATION

#### PHYSICAL EXAMINATION

QUANTITY	20
COLOUR	PALE YELLOW
SPECIFIC GRAVITY	QNS
APPEARANCE	HAZY
DEPOSITS	NIL
PH	ACIDIC

#### CHEMICAL EXAMINATION

ALBUMIN	TRACE
SUGAR	NIL

#### MICROSCOPY EXAMINATION

EPITHELIAL CELLS	5-6	/HPF
PUS CELLS	8-10	/HPF
RBC'S	6-8	/HPF
CASTS	ABSENT	
CRYSTALS	A.URATES+	
BACTERIA	+	
YEAST CELLS	NIL	
TRICHOMONAS VAGINALIS	NIL	
SPERMATOZOA	NIL	
OTHERS	NIL	



\*\*\* End of Report \*\*\*

**DR. NARENDRA MOGRA**  
RMC NO5394  
**DR. HUSSAIN ALI RANGWALA**



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द्वारा प्रमाणित

Date : 23/03/2024			
Patient's Name :	MR. AKASH VARMA	Age: yrs	Sex: Male
Ref. By :	Dr.		

## ULTRA SONOGRAPHY REPORT - UPPER AND LOWER ABDOMEN

- Liver** Liver is normal in size, shape, position & contour with normal homogenous echopattern. No evidence of any focal lesion is seen. IHBR are not dilated. Portal vein measures 11 mm. IVC is normal.
- Gall bladder** GB is normal in size & shape. Its wall thickness is normal. No evidence of any calculi is seen. No pericholecystic fluid collection is seen.
- Pancreas** Pancreas is normal in size, shape, position & contour with normal homogenous echo pattern. Pancreatic duct is not dilated.
- Spleen** Spleen is normal in size, shape, position and contour with normal homogenous echo pattern. Splenic vein is not dilated.
- Kidneys** Both kidneys are normal in size, shape, position & contour with well differentiated corticomedullary junction and normal cortical thickness. Pelvicalyceal system is not dilated. No evidence of any calculi is seen. Visualized portion of ureters appears normal.  
Right kidney measures 95x41 mm.  
Left kidney measures 105x43 mm
- Urinary Bladder** Urinary bladder is well distended with urine & is normal in size, shape & contour with normal & smooth walls.
- Prostate** Prostate is normal in size, shape, position & contour with normal homogenous echo pattern. It reveals normal & smooth capsule. Seminal vesicles are normal.

## IMPRESSION NORMAL STUDY

**Dr. SURESH CHANDRA BASER**  
MBBS,MD  
Consultant Radiologist  
(RMC-7219)

  
**Dr. ANAND GUPTA**  
MBBS,DMRE  
Consultant Radiologist  
(RMC-17548)

Note: The foetal gender has not been detected nor disclosed to the patient.  
This report is not valid for medico legal purpose.  
Every report needs to be correlated and interpreted clinically.  
In case of any query, investigation may be repeated.



Helpline : 9352 108 108

www.aravalihospital.in

R

MR. AKASH VERMA 35YRS BOB M CHEST PA 23-Mar-24 11:03  
ARAVALI HOSPITAL, 332 AMBAMATA SCHEME, UDAIPUR

Rate 76 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation  
Sinus rhythm.....normal P axis, V-rate 50- 99

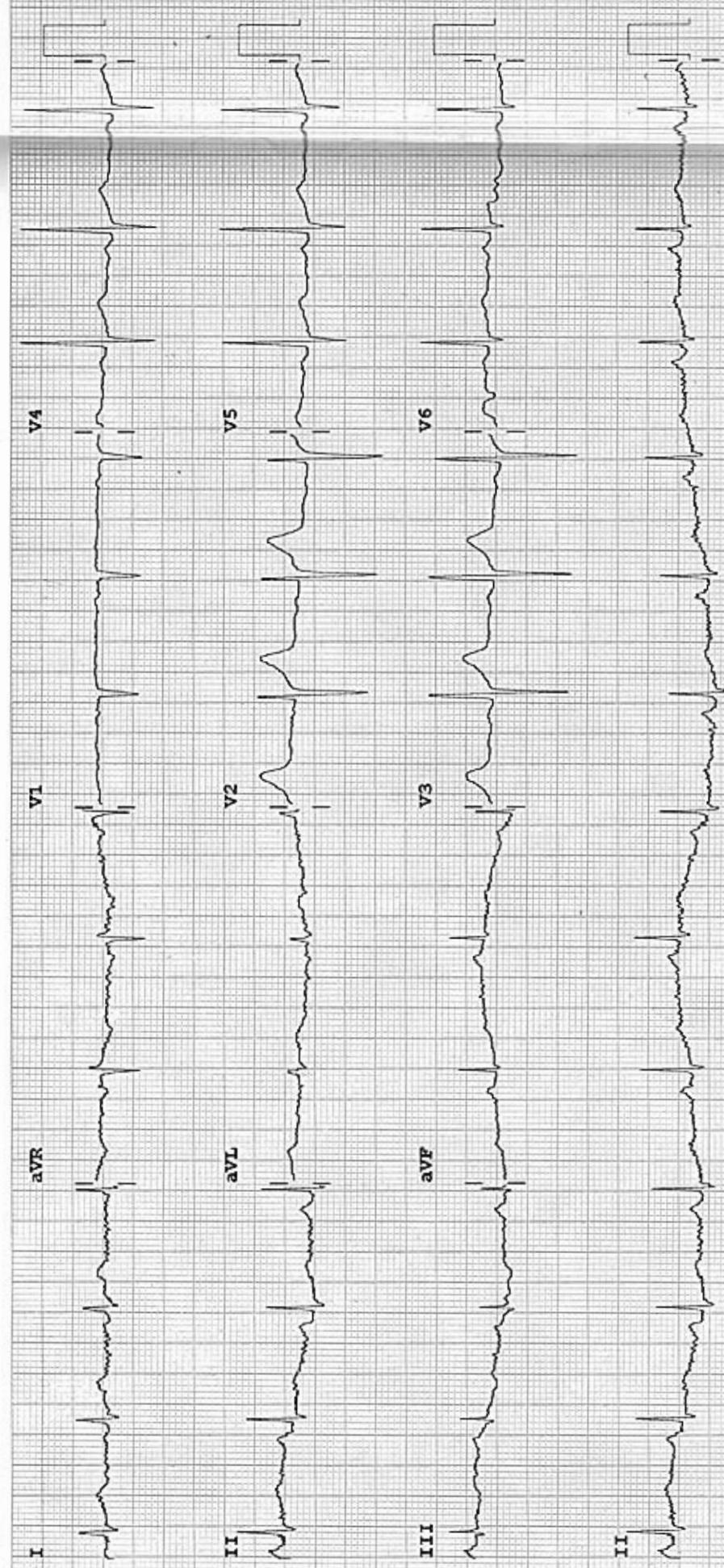
PR 167  
QRSD 79  
QT 403  
QTc 454

--AXIS--  
P 84  
QRS 49  
T 21

- NORMAL ECG -

Unconfirmed Diagnosis

12 Lead; Standard Placement





569 / AKASH VERMA / 35 Yrs / M / 0 Cms / 0 Kg Date: 23-Mar-2024

Non-Cardiac/Pain Angina /Non-Hypercholesterolemia/Non-Diabetic/Non-Negative Estrogen/Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	01:58	1:58	00.0	00.0	01.0	091	49 %	130/80	118	00	
Standing	02:44	0:46	00.0	00.0	01.0	097	52 %	130/80	126	00	
HV	03:18	0:34	00.0	00.0	01.0	098	53 %	130/80	127	00	
ExStart	03:24	0:06	01.7	10.0	01.1	109	59 %	130/80	141	00	
BRUCE Stage 1	06:24	3:00	01.7	10.0	04.7	149	81 %	135/85	201	00	
BRUCE Stage 2	09:24	3:00	02.5	12.0	07.1	168	91 %	145/90	243	00	
PeakEx	10:28	1:04	03.4	14.0	08.2	174	94 %	160/95	278	00	
Recovery	11:28	1:00	00.0	00.0	01.2	152	82 %	160/95	243	00	
Recovery	12:28	2:00	00.0	00.0	01.0	133	72 %	160/95	212	00	
Recovery	13:28	3:00	00.0	00.0	01.0	127	69 %	160/95	203	00	
Recovery	14:28	4:00	00.0	00.0	01.0	124	67 %	150/90	186	00	
Recovery	14:58	4:30	00.0	00.0	01.0	127	69 %	140/85	177	00	

**FINDINGS :**

- Exercise Time : 07:04
- Max HR Attained : 174 bpm 94% of Target 185
- Max BP Attained : 160/95
- Max WorkLoad Attained : 8.2 Fair response to induced stress

Test Objective : RULED OUT IHD  
 History : None  
 Test End Reasons : Test Complete

**REPORT :** Imp.: stress test negative for exercise induced ischemia - fair effort tolerance.



BRUCE:Supine(1:58)

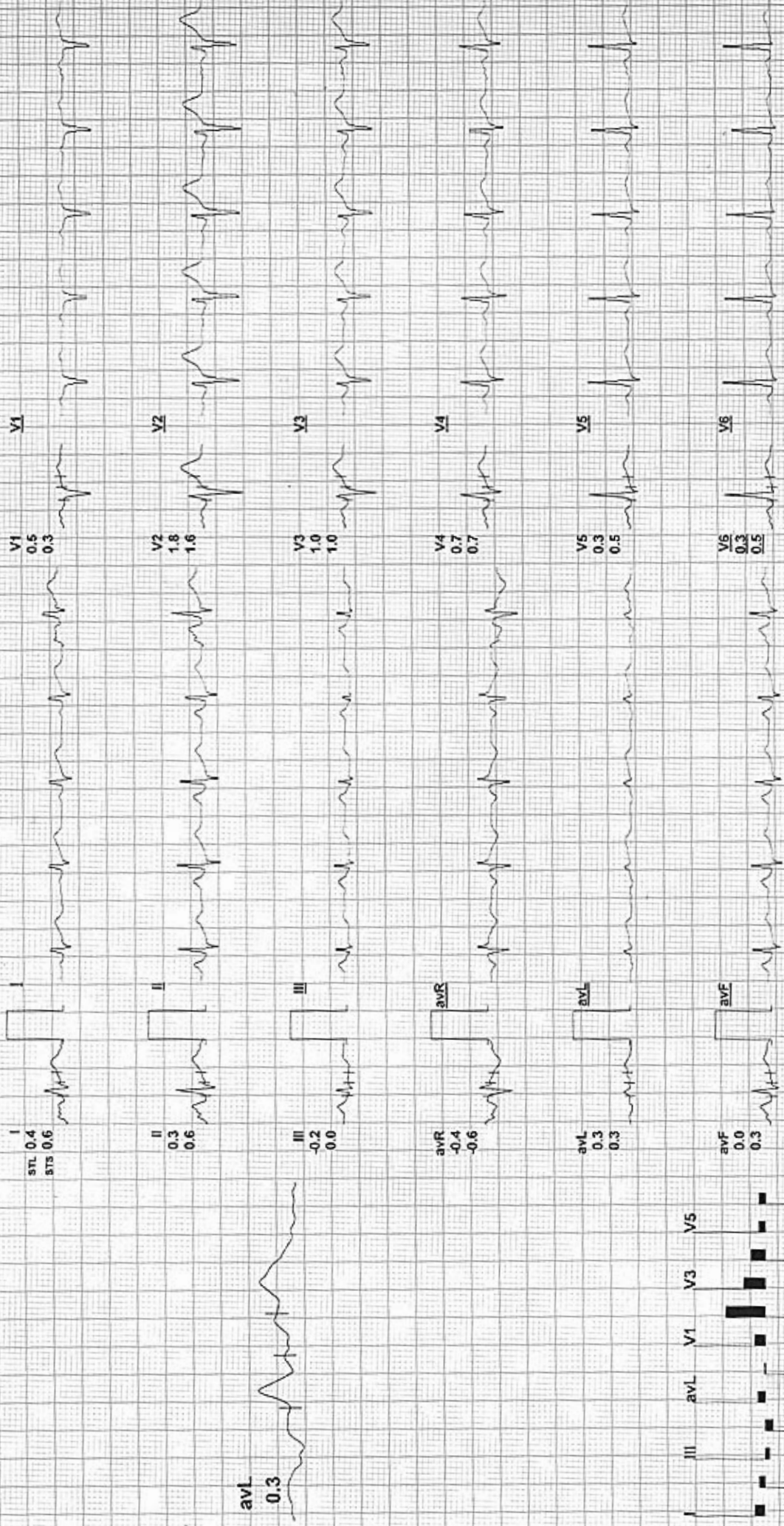
ARAVALI HOSPITAL

569 / AKASH VERMA / 35 Yrs / M / 0 Cms / 0 Kg / HR : 91

Date: 23-Mar-2024 03:51:34 PM METS: 1.0/ 91 bpm 49% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



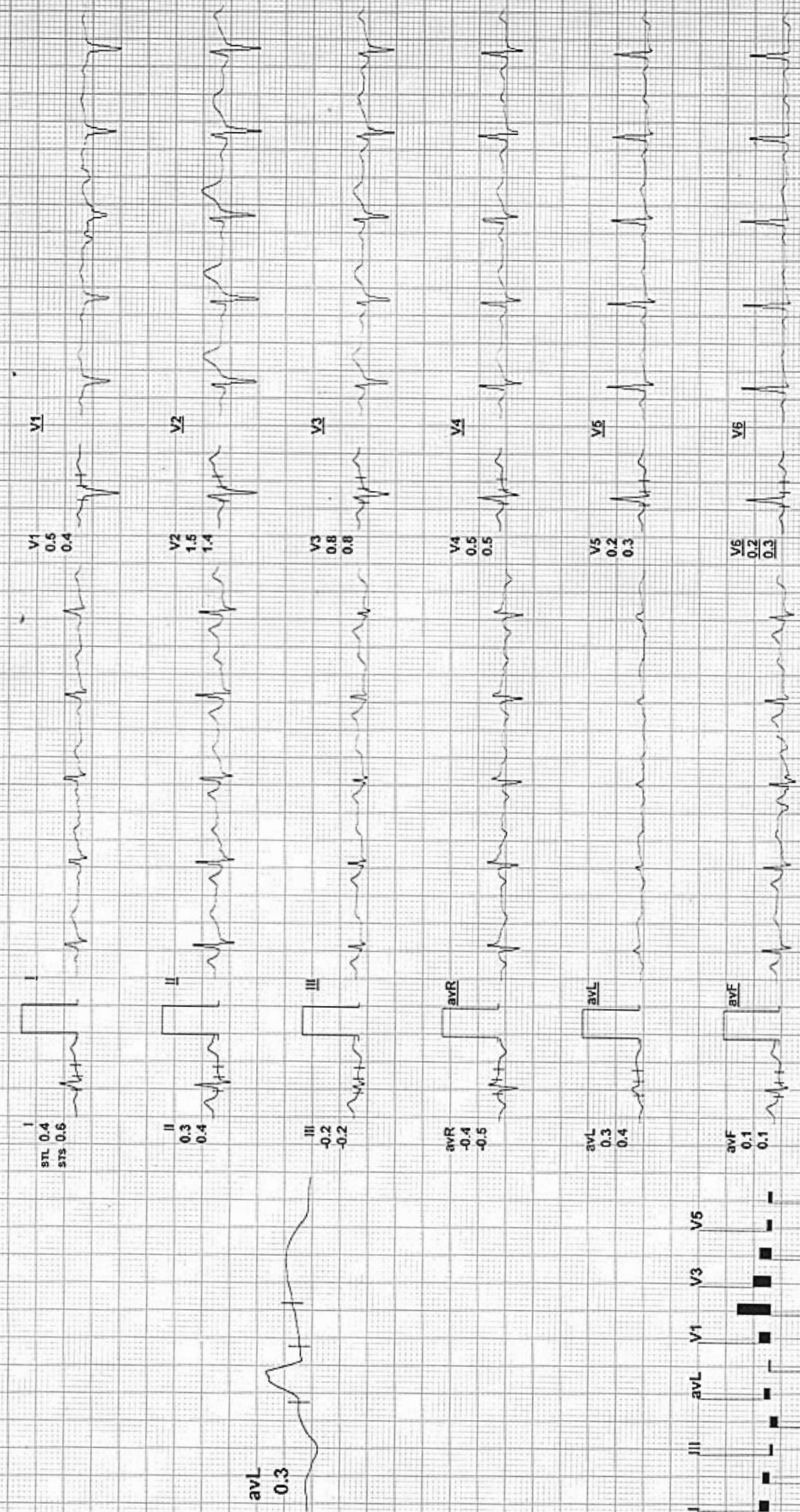
Date: 23-Mar-2024 03:51:34 PM

METS: 1.0 / 97 bpm 52% of THR BP: 130/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 80 mS Post J

ExTime: 00:00 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV



REMARKS:

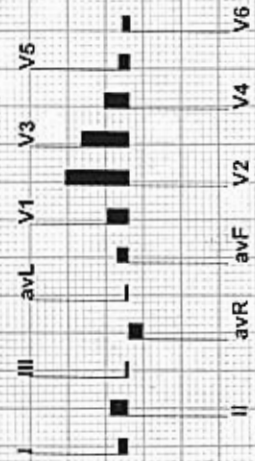
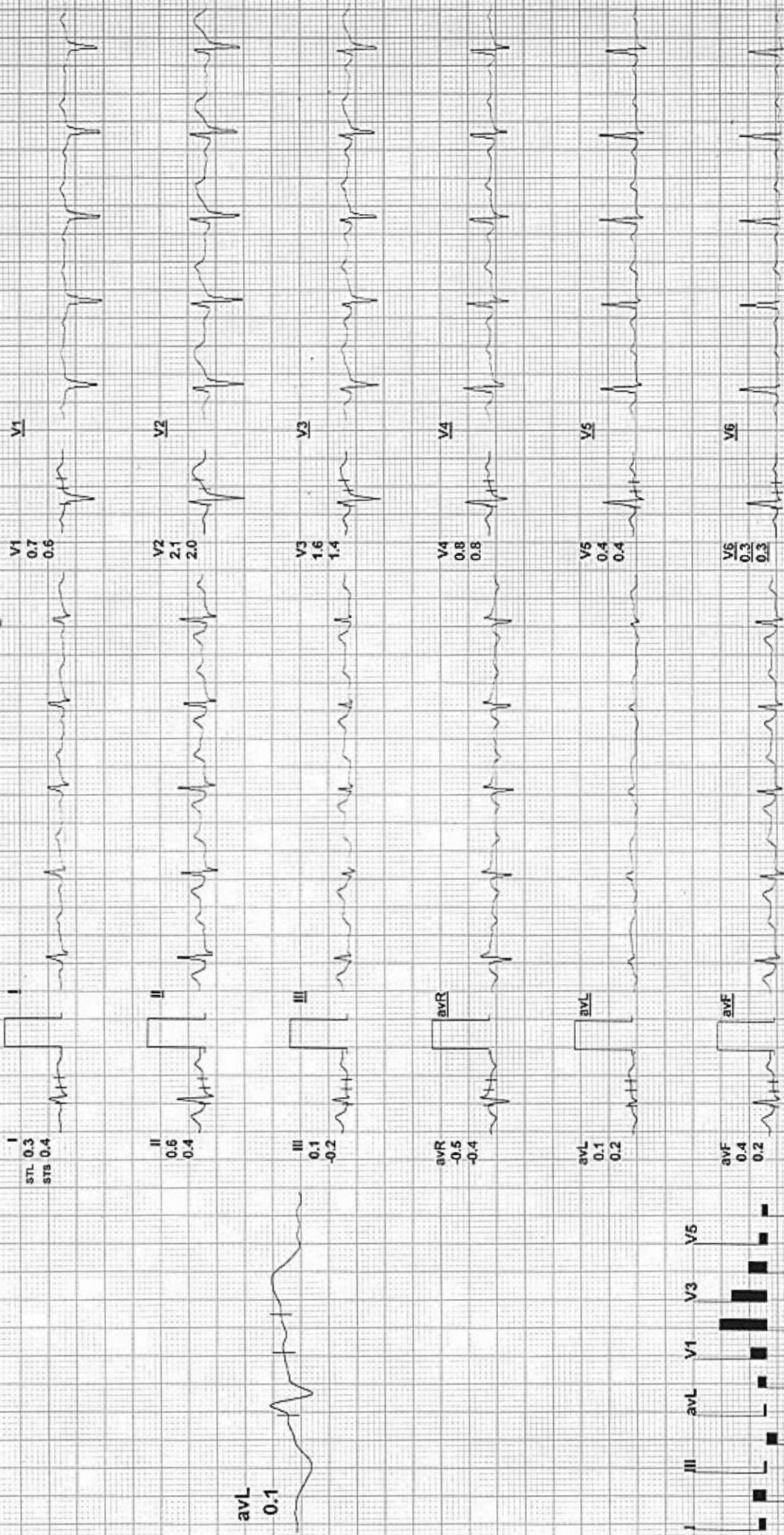




Date: 23-Mar-2024 03:51:34 PM METS: 1.0/ 98 bpm 53% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph 0.0%  
25 mm/Sec. 1.0 Cm/mV

4X 70 mS Post J



REMARKS:



Date: 23-Mar-2024 03:51:34 PM

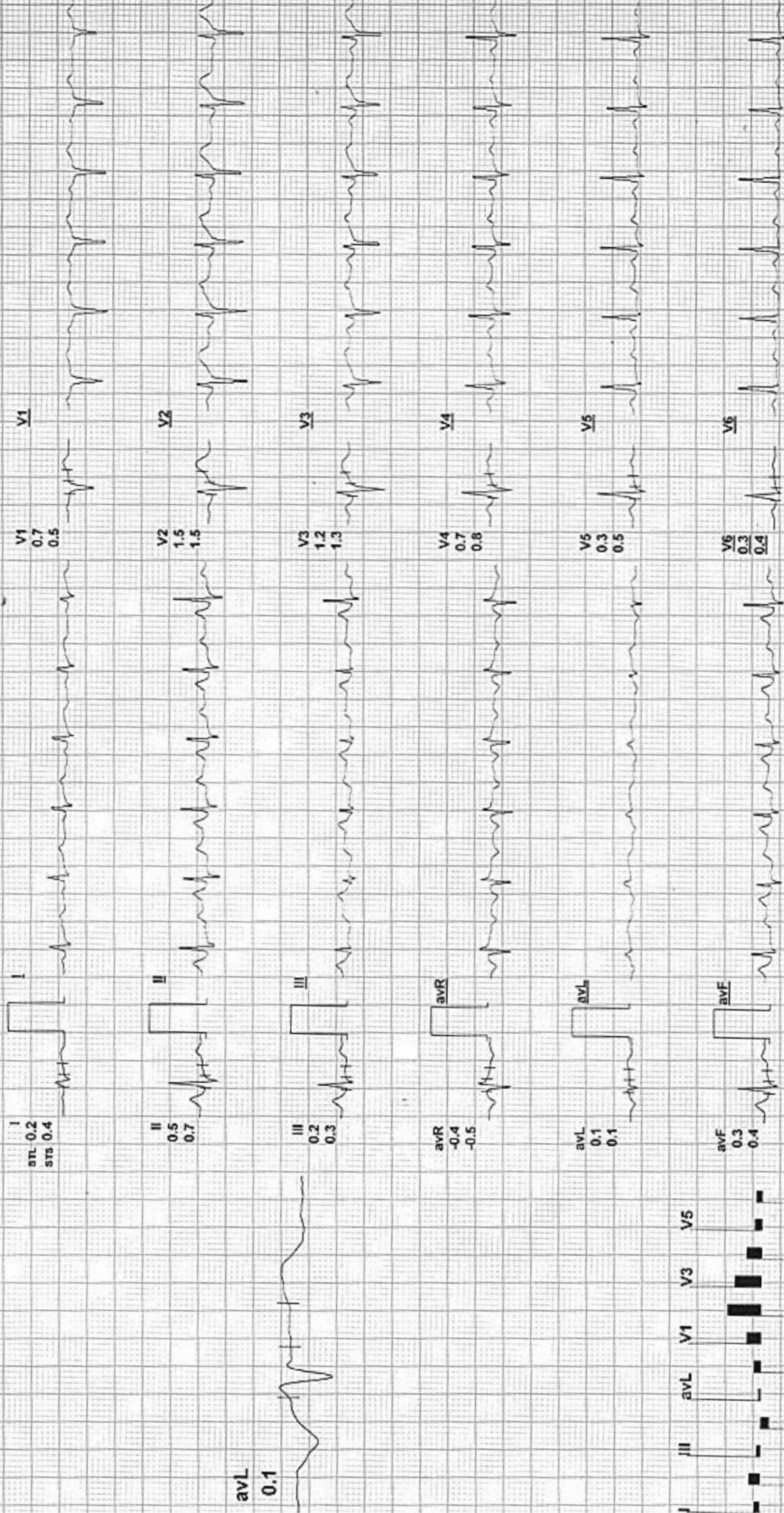
METS: 1.1/109 bpm 59% of THR

BP: 130/80 mmHg

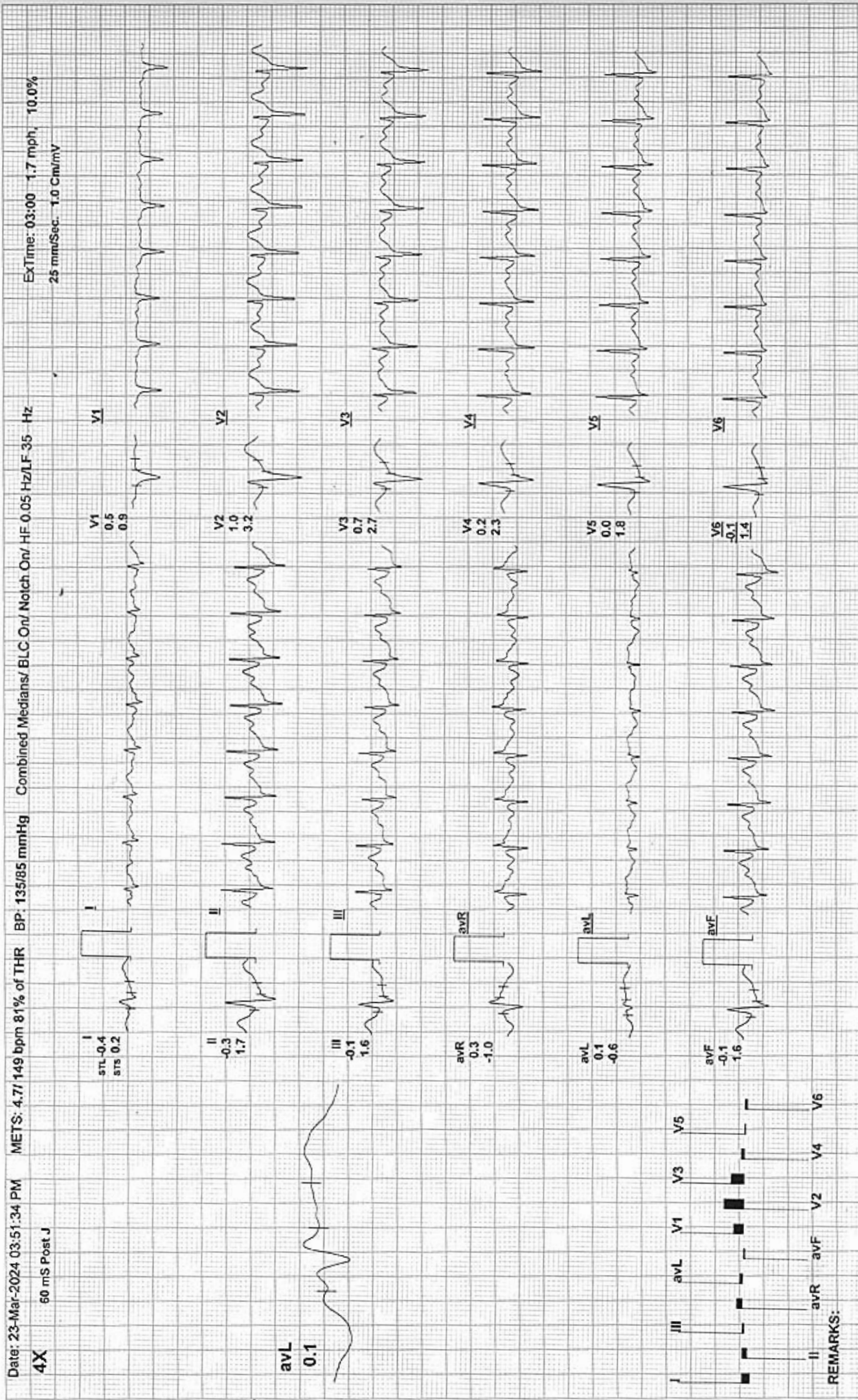
Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 - 1.7 mph, 10.0%  
25 mm/Sec. 1.0 Cm/mv

4X 80 mS Post J



REMARKS:





# BRUCE: Stage 2(3:00)

ARAVALI HOSPITAL

569 / AKASH VERMA / 35 Yrs / M / 0 Cms / 0 Kg / HR : 168

Date: 23-Mar-2024 03:51:34 PM

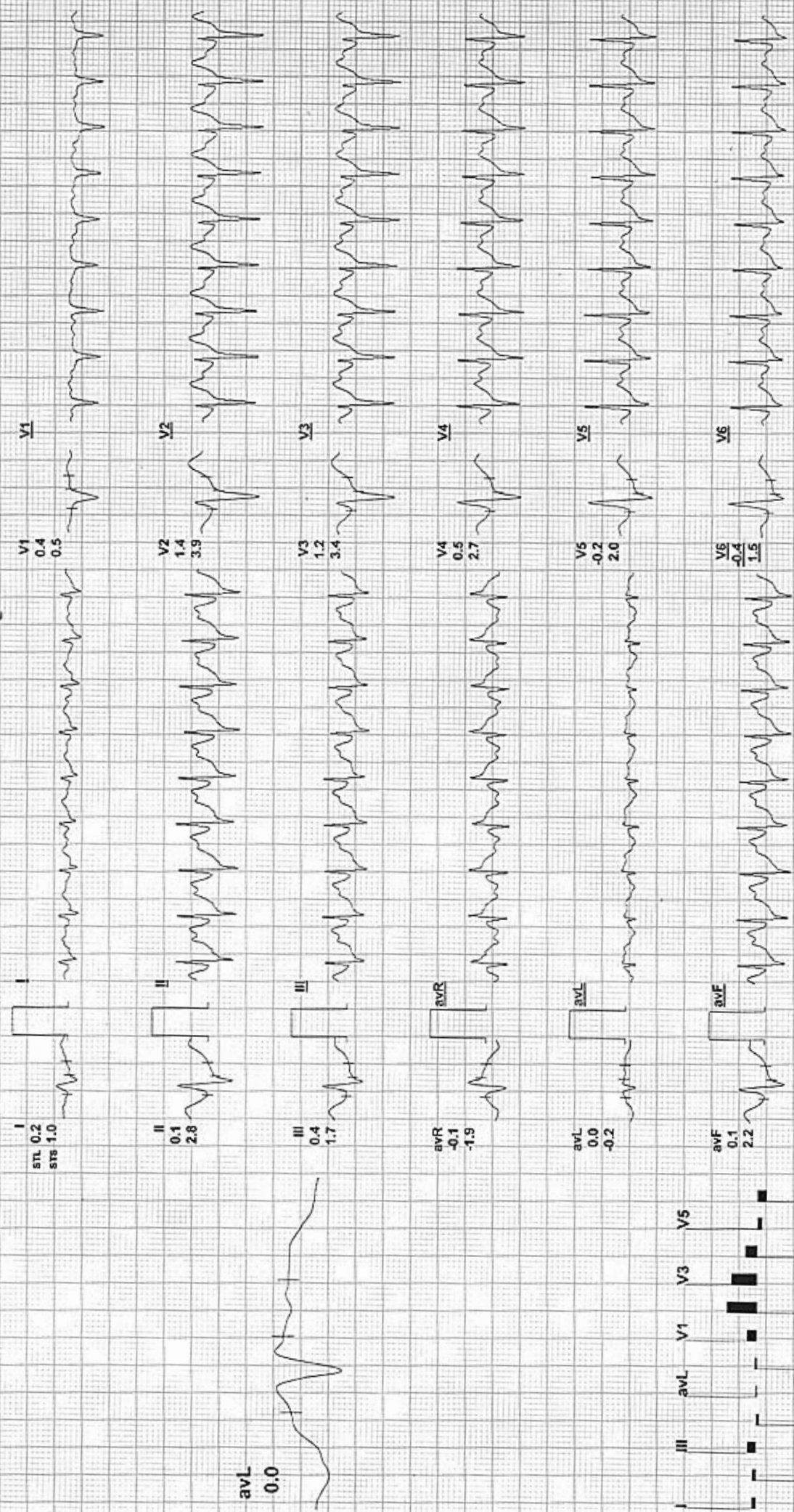
METS: 7.1 / 168 bpm 91% of THR

BP: 145/90 mmHg

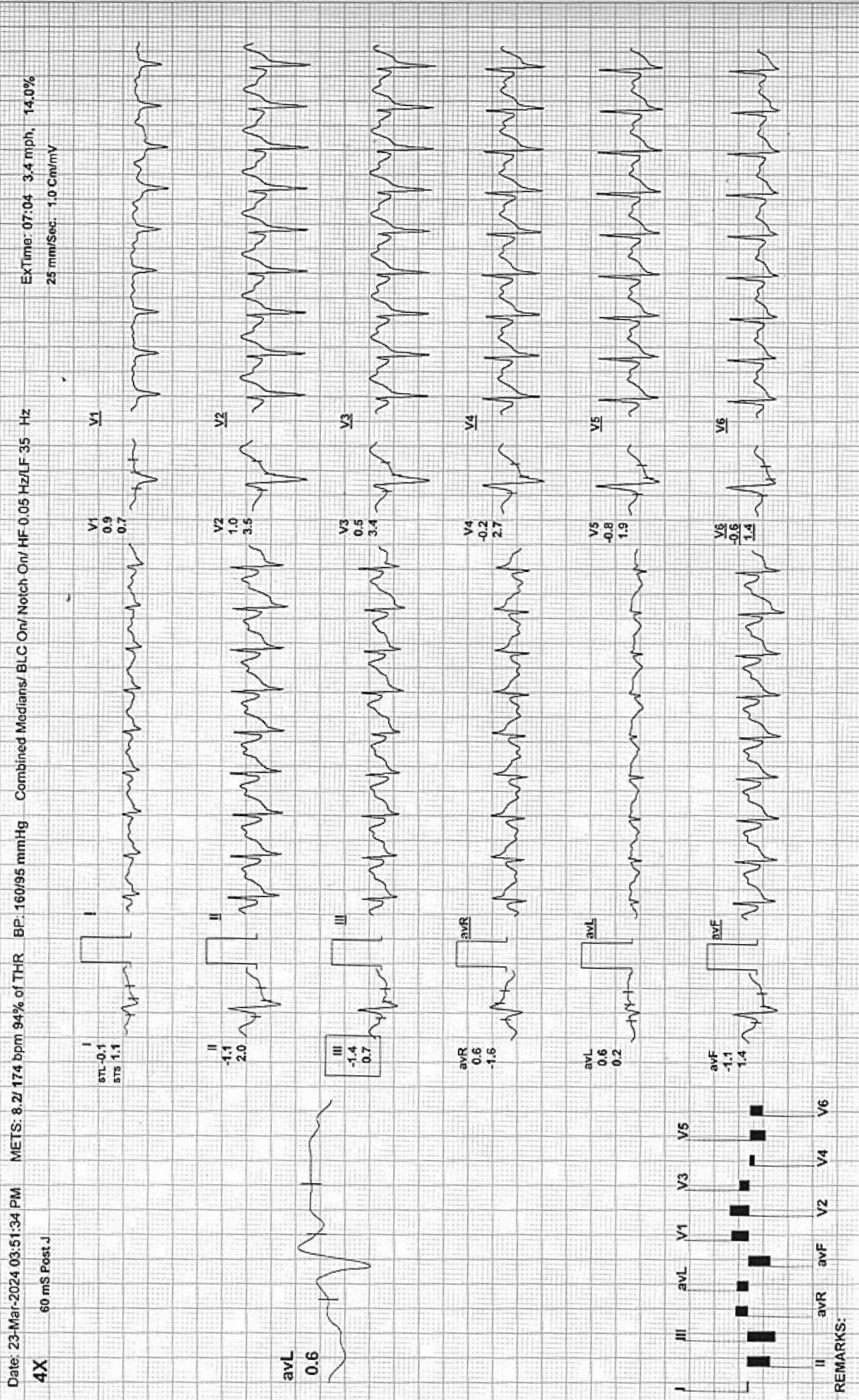
ExTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

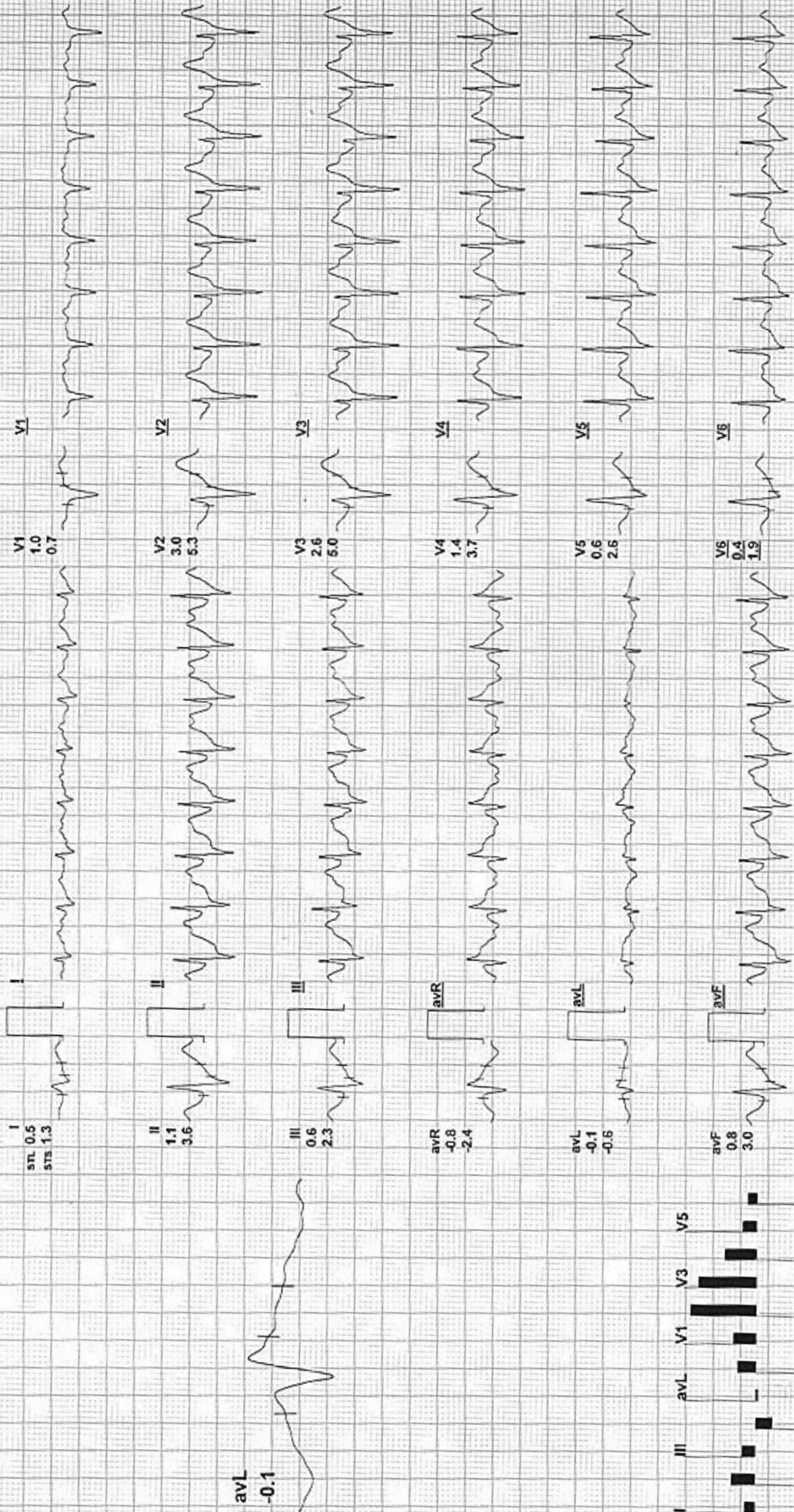




Date: 23-Mar-2024 03:51:34 PM METS: 1.2/ 152 bpm 82% of THR BP: 160/95 mmHg Combined Medians/ BLC-On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:04 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post-J



avL -0.1

REMARKS:



Date: 23-Mar-2024 03:51:34 PM

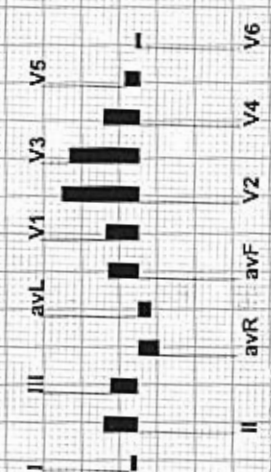
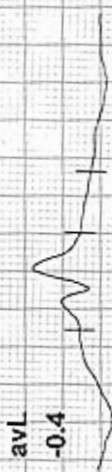
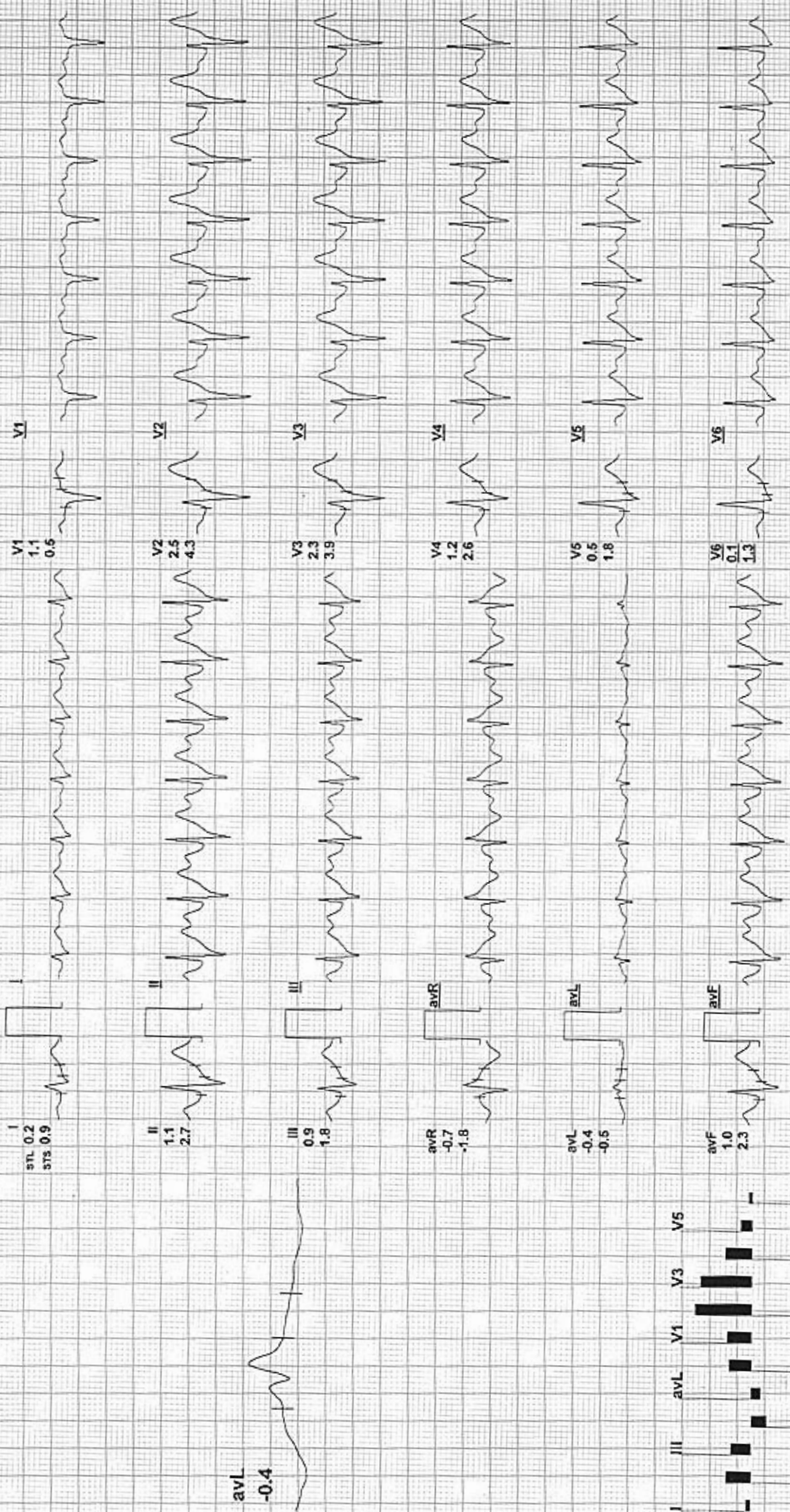
METS: 1.0/ 133 bpm 72% of THR

BP: 160/95 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 07:04 0.0 mph, 0.0%  
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



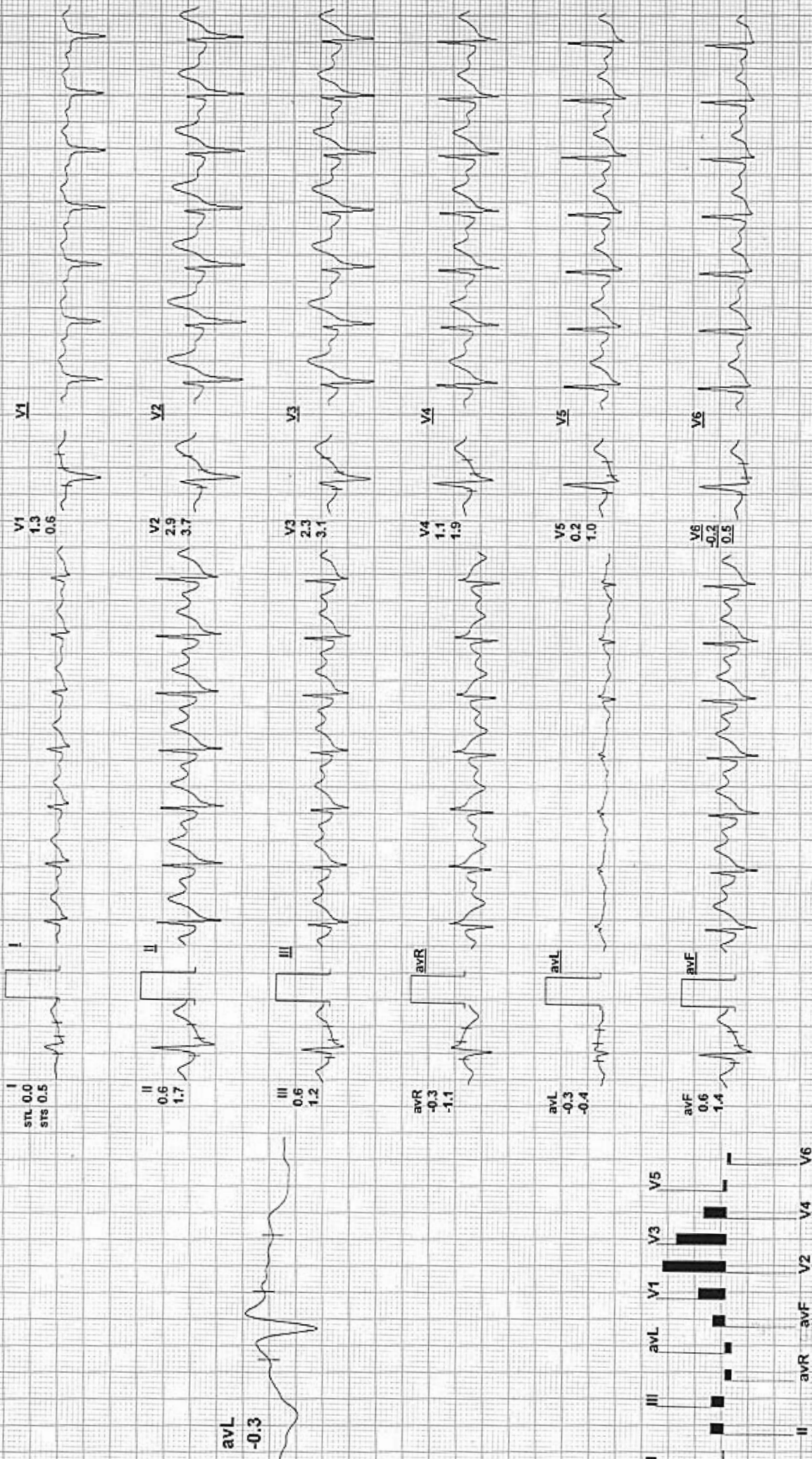
REMARKS:



Date: 23-Mar-2024 03:51:34 PM METS: 1.0/ 127 bpm 69% of THR BP: 160/95 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:04 0.0 mph. 0.0%  
25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:



ARAVALI HOSPITAL

569 / AKASH VERMA / 35 Yrs / M / 0 Cms / 0 Kg / HR : 124

Recovery(4:00)



Date: 23-Mar-2024 03:51:34 PM

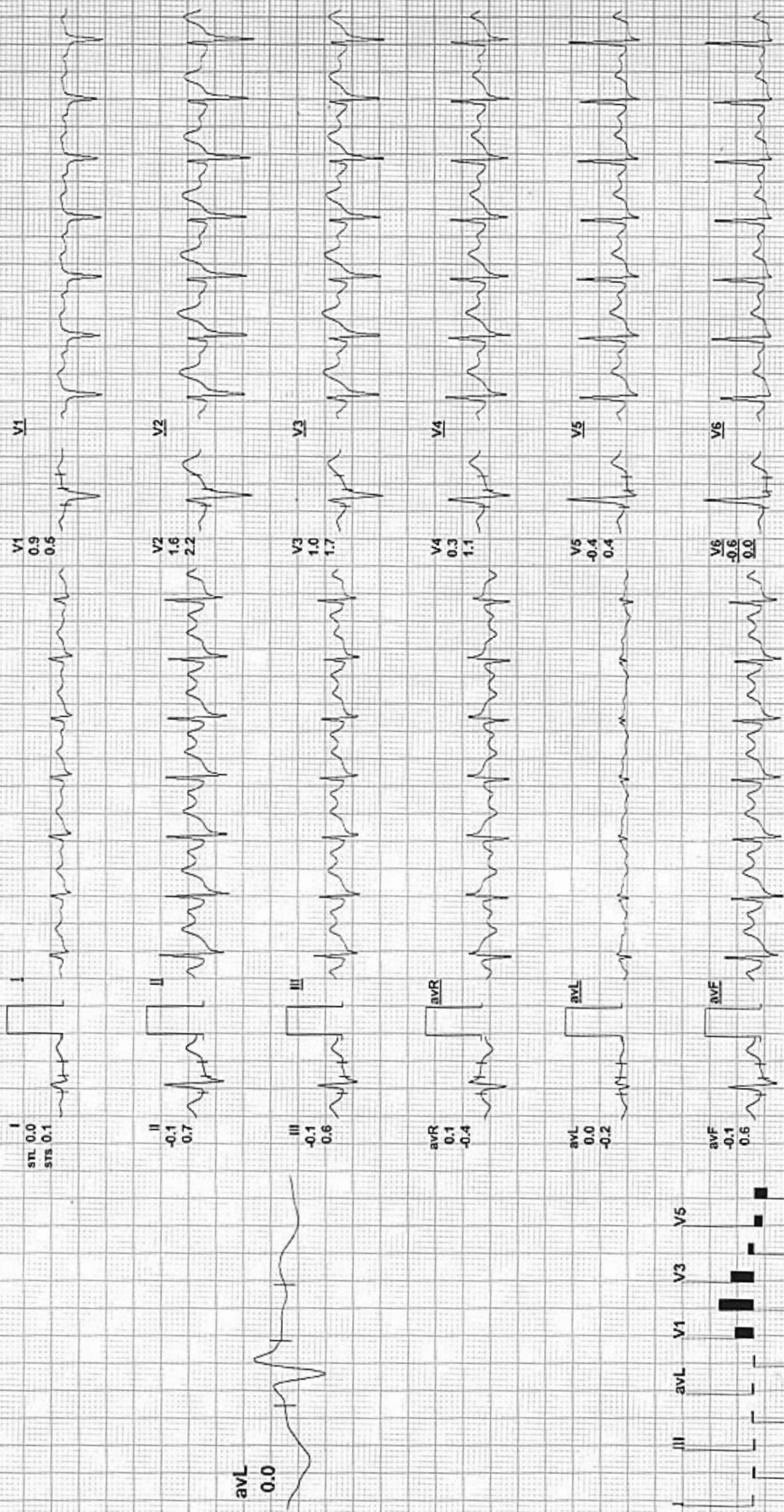
METS: 1.0/ 124 bpm 67% of THR

BP: 150/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:04 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



Recovery(4:30)

ARAVALI HOSPITAL

569 / AKASH VERMA / 35 Yrs / M / 0 Cms / 0 Kg / HR : 127

