

Dr. Vimmi Goel
MBBS, MD (Internal Medicine)
Sr. Consultant Non Invasive Cardiology
Reg. No: MMC- 2014/01/0113



Name: Mrs Rashmi Dekate Date: 11/03/23

Age: 36y Sex: M/F Weight: 59.1 kg Height: 151.2 Inc BMI: 25.9

BP: 100/60 mmHg Pulse: 66 bpm RBS: _____ mg/dl
5 Pa- gg%. LMP: 19/02/23

ID	Height	Age	Gender	Test Date / Time
2223131368	151.2cm	30	Female	11.03.2023 11:32

Body Composition Analysis

Total amount of water in my body	Total Body Water	(L)	26.6	(25.0~30.6)
What I need to build muscles	Protein	(kg)	7.2	(6.8~8.3)
What I need for strong bones	Mineral	(kg)	2.44	(2.31~2.83)
Where my excess energy is stored	Body Fat Mass	(kg)	22.9	(9.8~15.7)
Sum of the above	Weight	(kg)	59.1	(41.8~56.6)

InBody Score

67/100 Points

* Total score that reflects the evaluation of body composition. A normal person may score 100 points.

Weight Control

Target Weight	49.1 kg
Weight Control	-10.0 kg
Fat Control	-11.6 kg
Muscle Control	+1.6 kg

Obesity Evaluation

BMI	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Higher
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Slightly Over	<input checked="" type="checkbox"/> Over

Waist-Hip Ratio

0.91 (0.75 ~ 0.9)

Visceral Fat Level

Level 12 (Low 10 ~ 14)

Research Parameters

Fat Free Mass	36.2 kg
Basal Metabolic Rate	1153 kcal (1200~1100)
Obesity Degree	120% (100~110)
SMI	6.2 kg/m ²
Recommended calorie intake	1454 kcal

Calorie Expenditure of Exercise

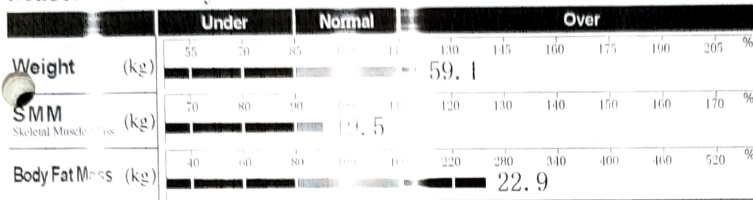
Golf	04	Gateball	04
Walking	18	Yoga	04
Badminton	34	Table Tennis	04
Tennis	77	Bicycling	04
Boxing	77	Basketball	04
Mountain Climbing	93	Jumping Rope	04
Aerobics	107	Jogging	04
Soccer	107	Swimming	04
Japanese Fencing	96	Racketball	04
Squash	96	Taekwondo	04

*Based on your current weight
*Based on 30 minute duration

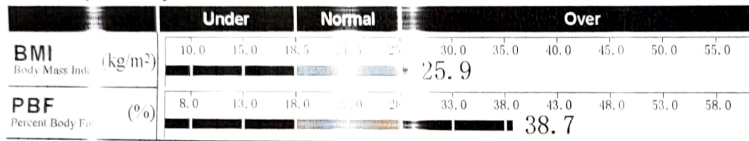
Impedance

RA	LA	TR	RL	LL
Z(Ω) 20kHz	374.9	384.0	27.0	297.1
100kHz	336.8	311.8	23.7	268.1

Muscle-Fat Analysis



Obesity Analysis



Segmental Lean Analysis

	1.84 kg	1.87 kg
	96.2%	97.9%
	Normal	Normal
Left	17.0 kg	17.0 kg
	98.9%	98.9%
	Normal	Normal
	5.12 kg	5.17 kg
	88.3%	85.9%
	Under	Under

Segmental Fat Analysis

	1.6 kg	1.6 kg
	191.6%	193.2%
	Over	Over
Right	11.8 kg	11.8 kg
	254.2%	254.2%
	Over	Over
	3.4 kg	3.4 kg
	162.7%	161.4%
	Over	Over

* Segmental fat is estimated.

Body Composition History

Weight (kg)	59.1			
SMM (kg)	19.5			
PBF (%)	38.7			
<input checked="" type="checkbox"/> Recent <input type="checkbox"/> Total	11.03.23 11:32			

Mrs. Rashmi Dekate 34/A 11/3/23

For Health Check up

cb leakage of urine while coughing & sneezing

O/H : P₂ L₂ C Both FTND)

TL done

M/H : LMP - 19/2/23

PMC - 4-5 d / 28-30 d / kg

P/H : Nil

Sx/H : TL

P/H : Nil

CSY : ut (N), ET - 8 mm
B/L ovaries - (N)

A/H : PAP smear Test -
Taken on 11/3/23

P/A : SS/T NT

P/S : cx] Healthy
vg]

P/W : ut (N) IAV/AF
B/L fornices free NT

A/H : Kegel's
exercise

x 3 weeks
if not relieved
then urologist
opinion

Monika
Dr. MONIKA KOTPALLIWAR
MBBS, MD, DNB, MNAMS, MRCOG,
Specialist Obstetrics and Gynecologist,
Reg. No: MMC-2013/03/0477



MC-4807



DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ROSHANI DEKATE	Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:25 am	Report Date : 11-Mar-23 11:59 am

HAEMOGRAM

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Haemoglobin	Blood	13.1	12.0 - 15.0 gm%	Photometric
Haematocrit(PCV)		38.2	36.0 - 46.0 Vol%	Calculated
RBC Count		4.42	3.8 - 4.8 Millions/cumm	Photometric
Mean Cell Volume (MCV)		87	83 - 101 fl	Calculated
Mean Cell Haemoglobin (MCH)		29.6	27 - 32 pg	Calculated
Mean Cell Haemoglobin Concentration (MCHC)		34.1	31.5 - 35.0 g/l	Calculated
RDW		13.9	11.5 - 14.0 %	Calculated
Platelet count		203	150 - 450 10 ³ /cumm	Impedance
WBC Count		5500	4000 - 11000 cells/cumm	Impedance

DIFFERENTIAL COUNT

Neutrophils	66.1	50 - 70 %	Flow Cytometry/Light microscopy
Lymphocytes	30.6	20 - 40 %	Flow Cytometry/Light microscopy
Eosinophils	1.8	1 - 6 %	Flow Cytometry/Light microscopy
Monocytes	1.5	2 - 10 %	Flow Cytometry/Light microscopy
Basophils	0.0	0 - 1 %	Flow Cytometry/Light microscopy
Absolute Neutrophil Count	3635.5	2000 - 7000 /cumm	Flow Cytometry/Light microscopy
Absolute Lymphocyte Count	1683	1000 - 4800 /cumm	Calculated
Absolute Eosinophil Count	99	20 - 500 /cumm	Calculated
Absolute Monocyte Count	82.5	200 - 1000 /cumm	Calculated



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Received Dt : 11-Mar-23 09:25 am	Report Date : 11-Mar-23 11:59 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference Method</u>
Absolute Basophil Count	0		0 - 100 /cumm Calculated
<u>PERIPHERAL SMEAR</u>			
RBC		Normochromic Normocytic Adequate	
Platelets			
ESR	16		0 - 20 mm/hr Automated Westergren's Method
*** End Of Report ***			

Suggested Clinical Correlation * If necessary, Please discuss

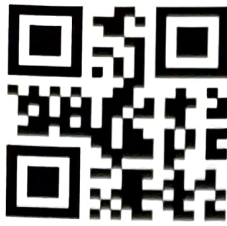
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Dr. GAURI HARDAS, MBBS,MD

CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ROSHANI DEKATE	Age /Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:24 am	Report Date : 11-Mar-23 11:06 am

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Fasting Plasma Glucose	Plasma	101	< 100 mg/dl	GOD/POD,Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

- Diabetes Mellites If,
- Fasting \geq 126 mg/dl
- Random/2Hrs.OGTT \geq 200 mg/dl
- Impaired Fasting = 100-125 mg/dl
- Impaired Glucose Tolerance = 140-199 mg/dl

Post Prandial Plasma Glucose	86	< 140 mg/dl	GOD/POD, Colorimetric
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Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

- Diabetes Mellites If,
- Fasting \geq 126 mg/dl
- Random/2Hrs.OGTT \geq 200 mg/dl
- Impaired Fasting = 100-125 mg/dl
- Impaired Glucose Tolerance = 140-199 mg/dl

GLYCOSYLATED HAEMOGLOBIN (HBA1C)

HbA1c	5.3	Non-Diabetic : \leq 5.6 %	HPLC
		Pre-Diabetic : 5.7 - 6.4 %	
		Diabetic : \geq 6.5 %	

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

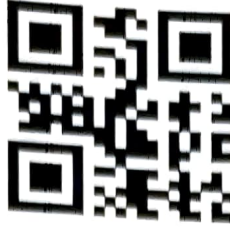
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Anuradha

Dr. Anuradha Deshmukh, MBBS,MD



DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ROSHANI DEKATE
Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:25 am
Report Date : 11-Mar-23 11:05 am

LIPID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
Total Cholesterol	Serum	92 < 200 mg/dl	Enzymatic(CHE/CHO/PO D)
Triglycerides		49 < 150 mg/dl	Enzymatic
HDL Cholesterol Direct		45 > 50 mg/dl	(Lipase/GK/GPO/POD)
LDL Cholesterol Direct		30.00 < 100 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide)
VLDL Cholesterol		10 < 30 mg/dl	Enzymatic
Tot Chol/HDL Ratio		2 3 - 5	Calculated
			Calculation

<u>Intiate therapeutic</u>	<u>Consider Drug therapy</u>	<u>LDC-C</u>
CHD OR CHD risk equivalent	>100	>130, optional at 100-129
Multiple major risk factors conferring 10 yrs CHD risk >20%		<100
Two or more additional major risk factors, 10 yrs CHD risk <20%	>130	10 yrs risk 10-20 % >130 <130
No additional major risk or one additional major risk factor	>160	10 yrs risk <10% >160 >190, optional at 160-189 <160

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST



DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ROSHANI DEKATE
Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:25 am
Report Date : 11-Mar-23 11:05 am

THYROID PROFILE

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
T3	Serum	1.42	0.55 - 1.70 ng/ml	Enhanced chemiluminescence
Free T4		0.86	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence
TSH		2.29	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST



MC-4807

**KIMS - KINGSWAY
HOSPITALS****DEPARTMENT OF BIOCHEMISTRY**

Patient Name : Mrs. ROSHANI DEKATE
Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368
Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:25 am
Report Date : 11-Mar-23 11:05 am

LIVER FUNCTION TEST(LFT)

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Biological Reference</u>	<u>Method</u>
Total Bilirubin	Serum	0.56	0.2 - 1.3 mg/dl	Azobilirubin/Dyphylline
Direct Bilirubin		0.10	0.1 - 0.3 mg/dl	Calculated
Indirect Bilirubin		0.46	0.1 - 1.1 mg/dl	Dual wavelength spectrophotometric
Alkaline Phosphatase		70	38 - 126 U/L	pNPP/AMP buffer
SGPT/ALT		20	13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
SGOT/AST		23	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		7.47	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		3.86	3.5 - 5.0 gm/dl	Bromocresol green Dye Binding
Globulin		3.62	2.0 - 4.0 gm/	Calculated
A/G Ratio		1.1		

*** End Of Report ***

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Dr. Anuradha Deshmukh, MBBS,MD**CONSULTANT MICROBIOLOGIST**

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CIN: U74999MH2018PTC303510



MC-4807



DEPARTMENT OF BIOCHEMISTRY

Patient Name : Mrs. ROSHANI DEKATE **Age / Gender** : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:25 am **Report Date** : 11-Mar-23 11:05 am

RFT

<u>Parameter</u>	<u>Specimen</u>	<u>Result Values</u>	<u>Biological Reference</u>	<u>Method</u>
Blood Urea	Serum	10	15.0 - 36.0 mg/dl	Urease with indicator dye
Creatinine		0.5	0.52 - 1.04 mg/dl	Enzymatic (creatinine amidohydrolase)
GFR		124.6		Calculation by CKD-EPI 2021
Sodium		140	136 - 145 mmol/L	Direct ion selective electrode
Potassium		4.37	3.5 - 5.1 mmol/L	Direct ion selective electrode

*** End Of Report ***

Suggested Clinical Correlation * If neccessary, Please discuss

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST



DEPARTMENT OF PATHOLOGY

Patient Name : Mrs. ROSHANI DEKATE **Age / Gender** : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368 **Referred By** : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 10:25 am **Report Date** : 11-Mar-23 01:07 pm

URINE MICROSCOPY

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	<u>Method</u>
<u>PHYSICAL EXAMINATION</u>			
Volume	Urine	30 ml	
Colour.		Pale yellow	
Appearance		Clear	
<u>CHEMICAL EXAMINATION</u>			
Reaction (pH)		6	4.6 - 8.0 Indicators
Specific gravity		1.010	1.005 - 1.025 ion concentration
Urine Protein		Negative	protein error of pH indicator
Sugar		Negative	GOD/POD
Bilirubin		Negative	Diazonium
Ketone Bodies		Negative	Legal's est Principle
Nitrate		Negative	
Urobilinogen		Normal	Ehrlich's Reaction
<u>MICROSCOPIC EXAMINATION</u>			
Epithelial Cells		0-1	0 - 4 /hpf Manual
R.B.C.		Absent	0 - 4 /hpf Manual
Pus Cells		0-1	0 - 4 /hpf Manual
Casts		Absent	Manual
Crystals		Absent	Manual
Others		.	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST



MC-4807



DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. ROSHANI DEKATE	Age / Gender : 36 Y(s)/Female
Bill No/ UMR No : BIL2223021653/UMR2223137368	Referred By : Dr. Vimmi Goel MBBS,MD
Received Dt : 11-Mar-23 09:25 am	Report Date : 11-Mar-23 01:22 pm

BLOOD GROUPING AND RH

<u>Parameter</u>	<u>Specimen</u>	<u>Results</u>	
BLOOD GROUP.	EDTA Whole Blood & Plasma/ Serum	" B "	Gel Card Method
Rh (D) Typing.		" Positive "(+Ve)	

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100400

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Dr. Anuradha Deshmukh, MBBS,MD

CONSULTANT MICROBIOLOGIST

NAME OF PATIENT:	ROSHANI DEKATE	AGE & SEX:	36 YRS/FEMALE
UMR NO	2223137368	BILL NO:	2223021653
REF BY:	DR VIMMI GOEL	DATE:	09/03/2023

USG ABDOMEN AND PELVIS

LIVER is normal in size (measures 14.0 cm) and echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. No stones or sludge seen within it.
Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (9.8 cm), shape and echotexture. No focal lesion seen.

Right kidney measures 9.8 x 4.0 cm and left kidney measures 9.2 x 4.8 cm
Both KIDNEYS are normal in size, shape and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen.

Uterus is anteverted and normal. It measures 4.0 x 6.5 x 8.0 cm.
No focal myometrial lesion seen.
Endometrial echo-complex appear normal. ET -8mm
No adnexal mass lesion seen.
Both ovaries appear normal.

Mild free fluid noted in pouch of Douglas.

IMPRESSION: USG reveals,

- No significant abnormality.



DR. MILI PARIKH
MD, DNB (RADIOLOGIST)
REG NO. 2017083895

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	ROSHANI DEKATE	STUDY DATE	11-03-2023 10:09:22
AGE/ SEX	36Y5M4D / F	HOSPITAL NO.	UMR2223137368
ACCESSION NO.	BIL2223021653-10	MODALITY	DX
REPORTED ON	11-03-2023 10:31	REFERRED BY	Dr. Vimmi Goel

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



DR. ASAWARI. S. LAUTRE
MBBS (KEM HOSPITAL),
MD RADIODIAGNOSIS (TMH MUMBAI)
CONSULTANT RADIOLOGIST.

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Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations.
Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Roshani Dekate
 Age : 36 years / Female
 UMR : UMR2223137368
 Date : 11/03/2023
 Done by : Dr. Vimmi Goel
 ECG : NSR, WNL

Impression: Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 61%
Normal LV diastolic function
E/A is 2.4
E/E' is 6.4 (Normal filling pressure)
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 61%. Normal LV diastolic function. E Velocity is 91 cm/s, A Velocity is 37 cm/s. E/A is 2.4. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen. E' at medial mitral annulus is 12.4 cm/sec & at lateral mitral annulus is 16.7 cm/sec. E/E' is 6.4 (Average).

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	31
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	43
LVIDs	23-39	6-28	29
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	09
Fractional Shortening			61%
			32%

P.T.O


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology

36 Years

Rate 68 . Sinus rhythm.....normal P axis, V-rate 50- 99

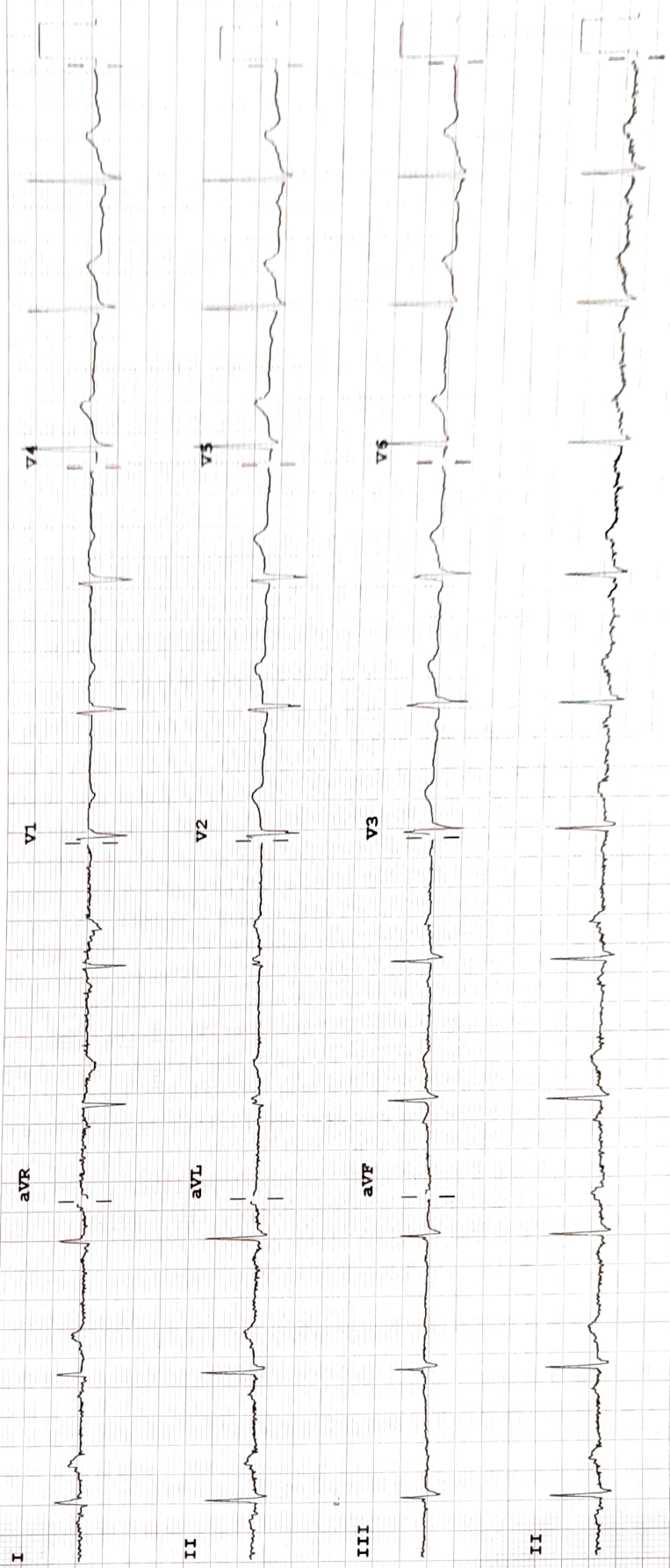
PR 157
 QRSd 102
 QT 393
 QTc 418

--AXIS--
 P 49
 QRS 32
 T 23

12 Lead; Standard Placement

-- NORMAL ECG --

Unconfirmed Diagnosis



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV