

SEABIRD MEDICARE CENTRE POWAI

Patient Details
Name: LATA ID: 3129

Date: 09-Mar-24

Time: 15:25:25

Age: 32 y

Sex: F

Height: 157 cms.

Weight: 60 Kg.

Clinical History: NIL

Medications: NIL

Test Details
Protocol: Bruce

Pr.MHR: 188 bpm

THR: 159 (85 % of Pr.MHR) bpm

Total Exec. Time: 6 m 27 s

Max. HR: 164 (87% of Pr.MHR)bpm

Max. Mets: 10.20

Max. BP: 150 / 100 mmHg

Max. BP x HR: 24600 mmHg/min

Min. BP x HR: 7200 mmHg/min

Test Termination Criteria: THR ACHIEVED

Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 14	1.0	0	0	90	130 / 80	-0.85 aVR	1.77 II
Standing	0 : 2	1.0	0	0	90	130 / 80	-0.85 aVR	1.77 II
Hyperventilation	0 : 59	1.0	0	0	91	130 / 80	-1.06 aVR	2.48 V2
1	3 : 0	4.6	1.7	10	134	140 / 90	-5.52 V5	3.89 II
2	3 : 0	7.0	2.5	12	162	140 / 90	-2.55 I	4.95 II
Peak Ex	0 : 27	10.2	3.4	14	164	150 / 100	-1.91 I	3.54 V4
Recovery(1)	1 : 0	1.8	1	0	138	150 / 100	-1.91 III	4.60 V2
Recovery(2)	1 : 0	1.0	0	0	114	140 / 90	-1.27 aVR	4.25 II
Recovery(3)	1 : 0	1.0	0	0	113	130 / 80	-0.85 aVR	2.83 II
Recovery(4)	0 : 3	1.0	0	0	109	130 / 80	-0.42 aVR	2.48 II

Interpretation

The patient exercised according to the Bruce protocol for 6 m 27 s achieving a work level of Max. METS - 10.20. Resting heart rate initially 90 bpm, rose to a max. heart rate of 164 (87% of Pr MHR) bpm. Resting blood Pressure 130 / 80 mmHg, rose to a maximum blood pressure of 150 / 100 mmHg. No significant ST-T changes, TMT negative for inducible ischemia for the workload achieved.

Dr. PARAG A. PRADHAN

MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61264

Doctor: -

102-103-104, Gateway Plaza,

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076.

SEA BIRD MEDICARE CENTRE

Ref. Doctor APOLLO

(Supplementary Report edited by user)

For Seller Healthcare India Pvt. Ltd. V 4.7

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time: 0 m 0 s

Stage Time: 0 m 14 s

HR: 90 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.6 1.1

0.0 -0.4

1.3 1.8

1.3 1.4

0.2 0.4

0.4 0.4

0.8 1.4

0.6 1.1

0.2 0.4

0.8 1.4

0.6 1.4

0.6 1.1

Chart Speed: 25 mm/sec
Schiller Spandan V4.7

Filter: 35 Hz

Mains Filter ON

Amp: 10 mm

Iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 0 m 2 s

HR: 90 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

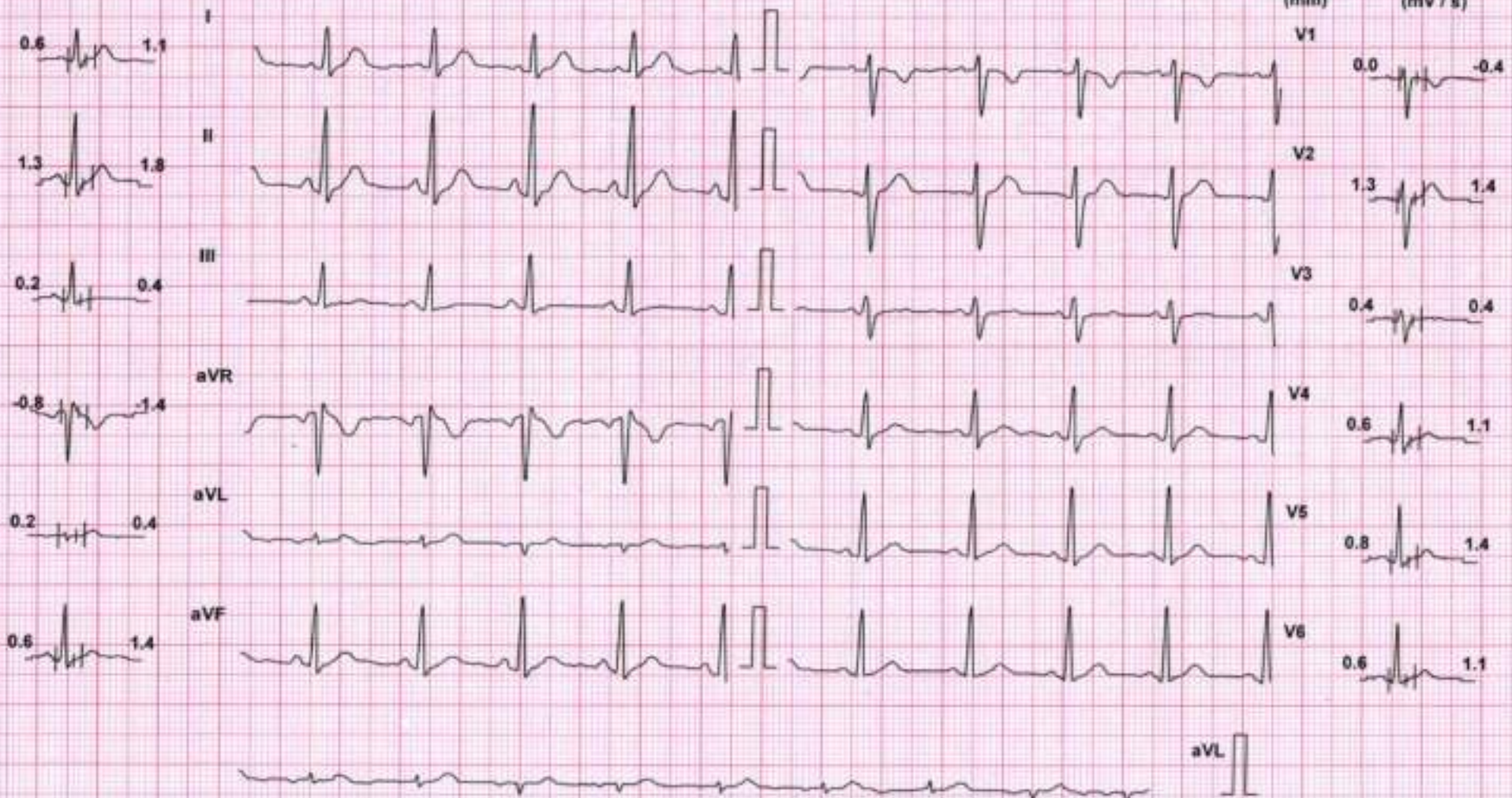


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spanden V 4.7

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time : 0 m 0 s

Stage Time : 0 m 59 s **HR: 91 bpm**

Protocol: Bruce

Stage: Hyperventilation

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 130 / 80

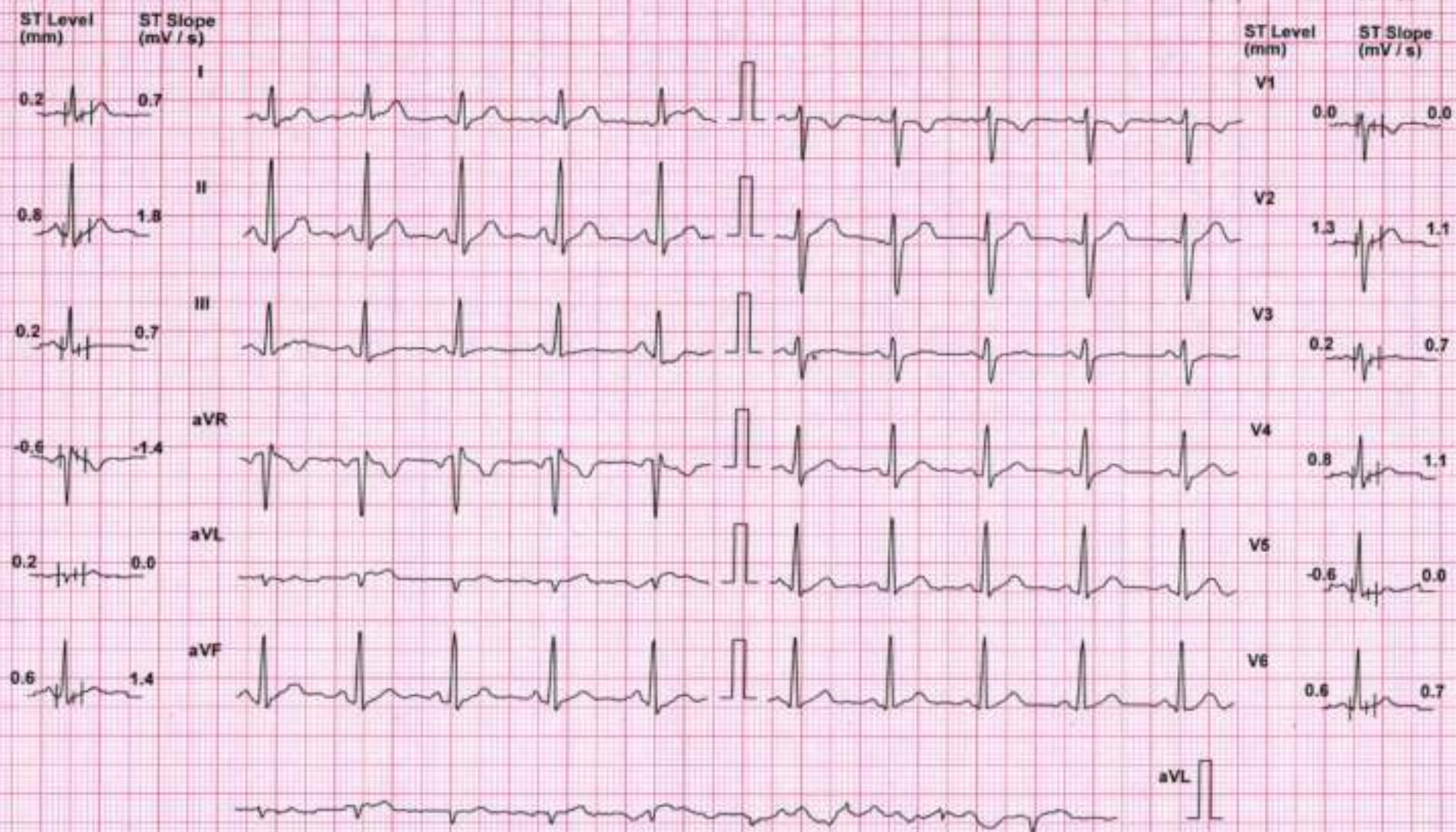


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spalden V4.7

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time: 3 m 0 s

Stage Time: 3 m 0 s

HR: 134 bpm

Protocol: Bruce

Stage: 1

Speed: 1.7 mph

Grade: 10%

(THR: 159 bpm)

B.P: 140 / 90

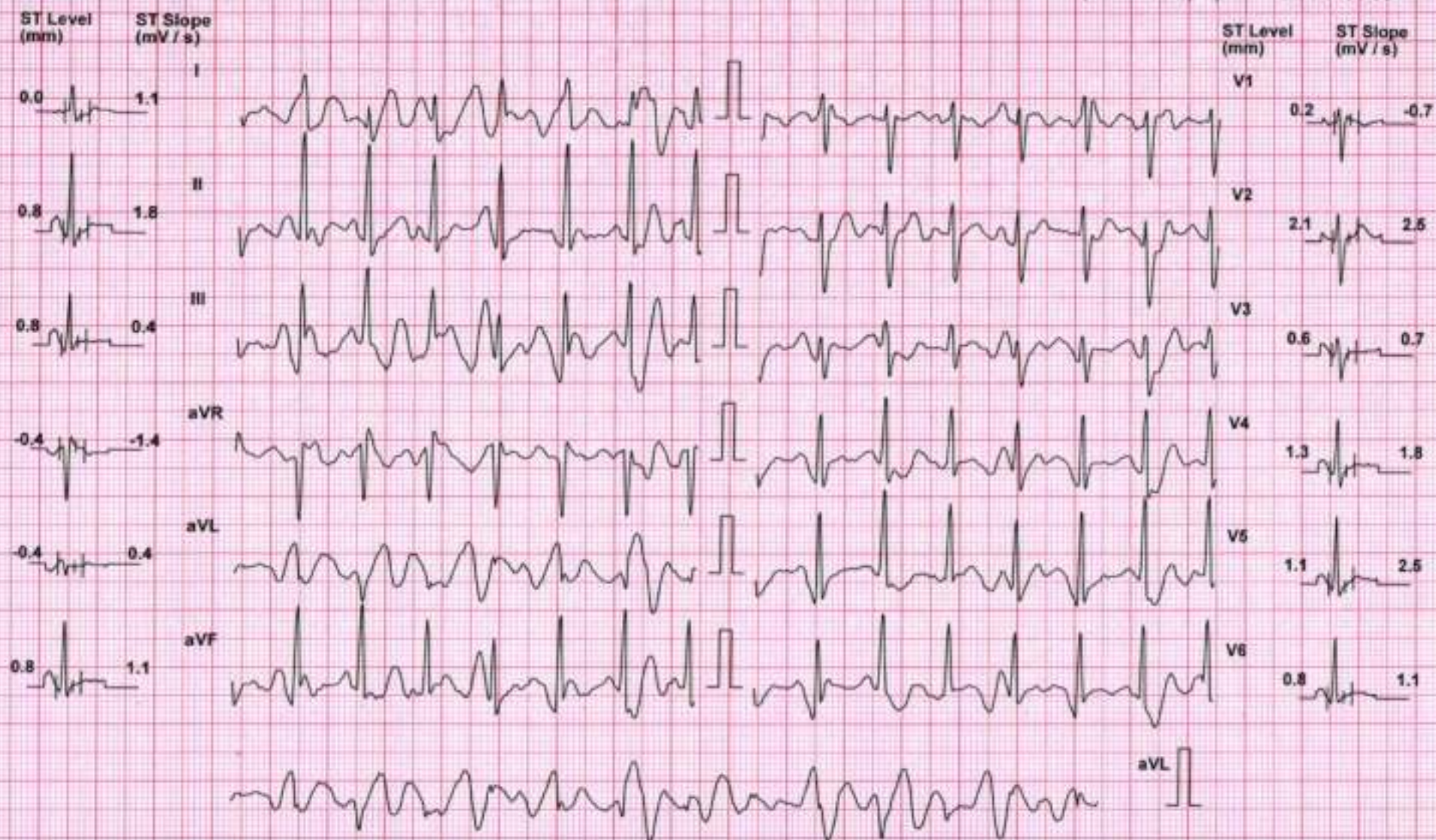


Chart Speed: 25 mm/sec
Schiller Spandan V 4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

iso = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time : 6 m 0 s

Stage Time : 3 m 0 s

HR: 162 bpm

Protocol: Bruce

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 159 bpm)

B.P: 140 / 90

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

0.0 1.4

V1 -0.6 -1.4

0.0 2.8

V2 1.9 2.1

0.0 1.1

V3 0.0 1.1

-0.2 -2.5

V4 0.2 2.1

0.0 0.4

V5 0.4 2.5

0.0 1.8

V6 0.0 1.4

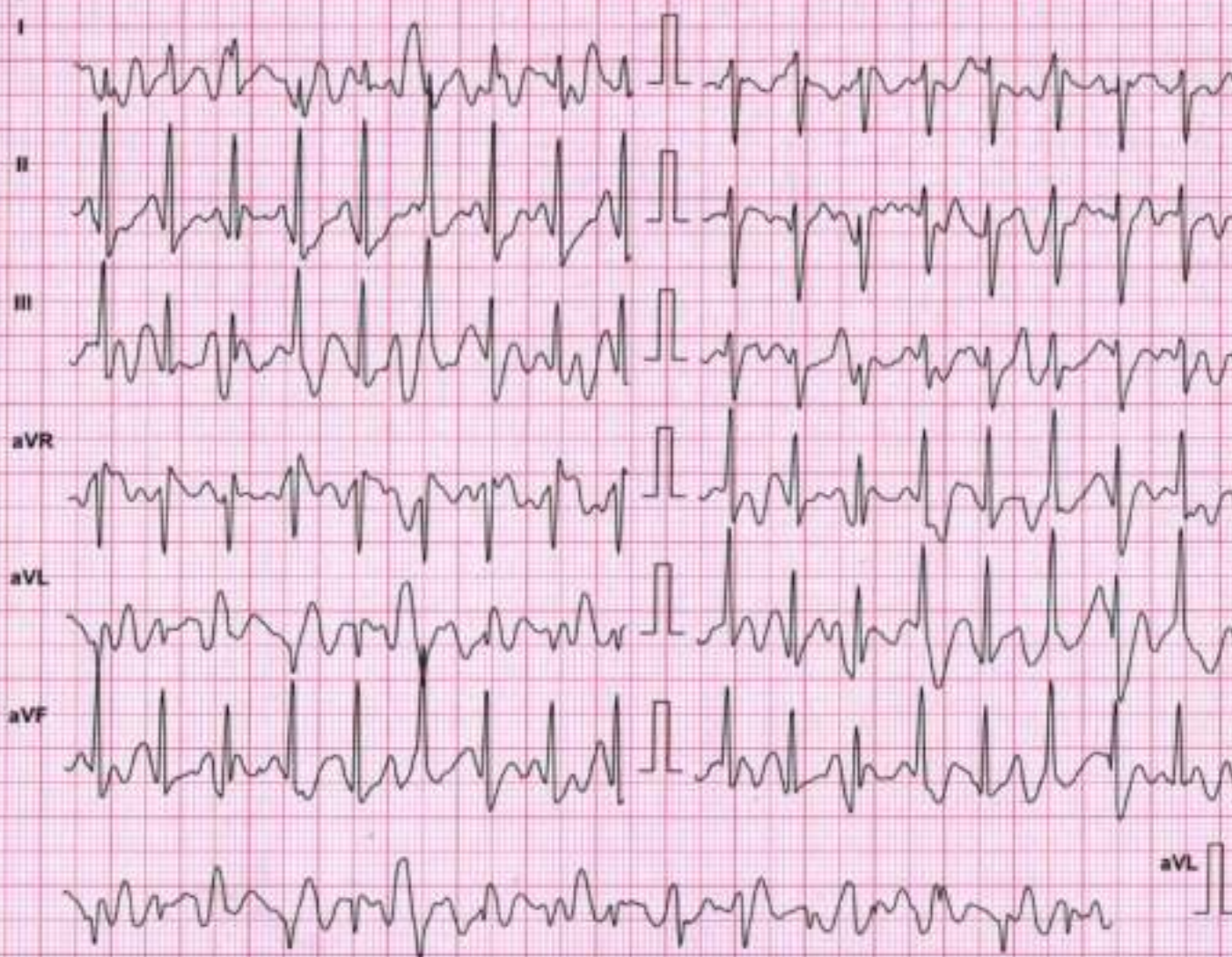


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R - 50 ms

J = R + 60 ms

Post J = J + 60 ms

Schiller Spandak V4.7

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time: 6 m 27 s

Stage Time: 0 m 27 s

HR: 164 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 159 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

I -1.9 -0.4

V1 0.8 0.0

II -0.5 1.1

V2 1.7 2.5

III 1.5 1.4

V3 0.4 1.1

aVR 1.1 -0.7

V4 0.4 1.8

aVL -1.7 -0.7

V5 0.8 1.8

aVF 0.4 1.4

V6 0.6 1.1

aVL

Chart Speed: 25 mm/sec
Schiller Speedex V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 5 mm

Iso + R - 60 ms

J - R - 60 ms

Post J - J - 60 ms

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time: 6 m 27 s

Stage Time: 1 m 0 s

HR: 136 bpm

Protocol: Bruce

Stage: Recovery(1)

Speed: 0 mph

Grade: 0 %

(THR: 159 bpm)

B.P: 150 / 100

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

I 0.6 1.4

V1 0.0 -0.7

II 1.7 3.5

V2 3.0 3.9

III 0.4 1.4

V3 1.3 1.8

aVR -1.1 -2.5

V4 1.1 2.1

aVL 0.2 0.4

V5 1.1 2.1

aVF 1.1 2.5

V6 1.1 2.1

aVL

Chart Speed: 25 mm/sec
Schiller Spindler V4.7

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Iso = R = 60 ms

J = R = 60 ms

Post J = J = 60 ms

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time : 6 m 27 s

Stage Time 1 m 0 s

HR: 114 bpm

Protocol: Bruce

Stage: Recovery(2)

Speed: 0 mph

Grade: 0%

(THR: 159 bpm)

B.P: 140 / 90



Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Is - R - 60 ms

J - R + 60 ms

Post J - J + 60 ms

Schiller Sparten V4.7

SEABIRD MEDICARE CENTRE POWAI

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Exec Time 6 m 27 s

Stage Time: 1 m 0 s

HR: 113 bpm

Protocol: Bruce

Stage: Recovery(3)

Speed: 0 mph

Grade: 0%

(THR: 189 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

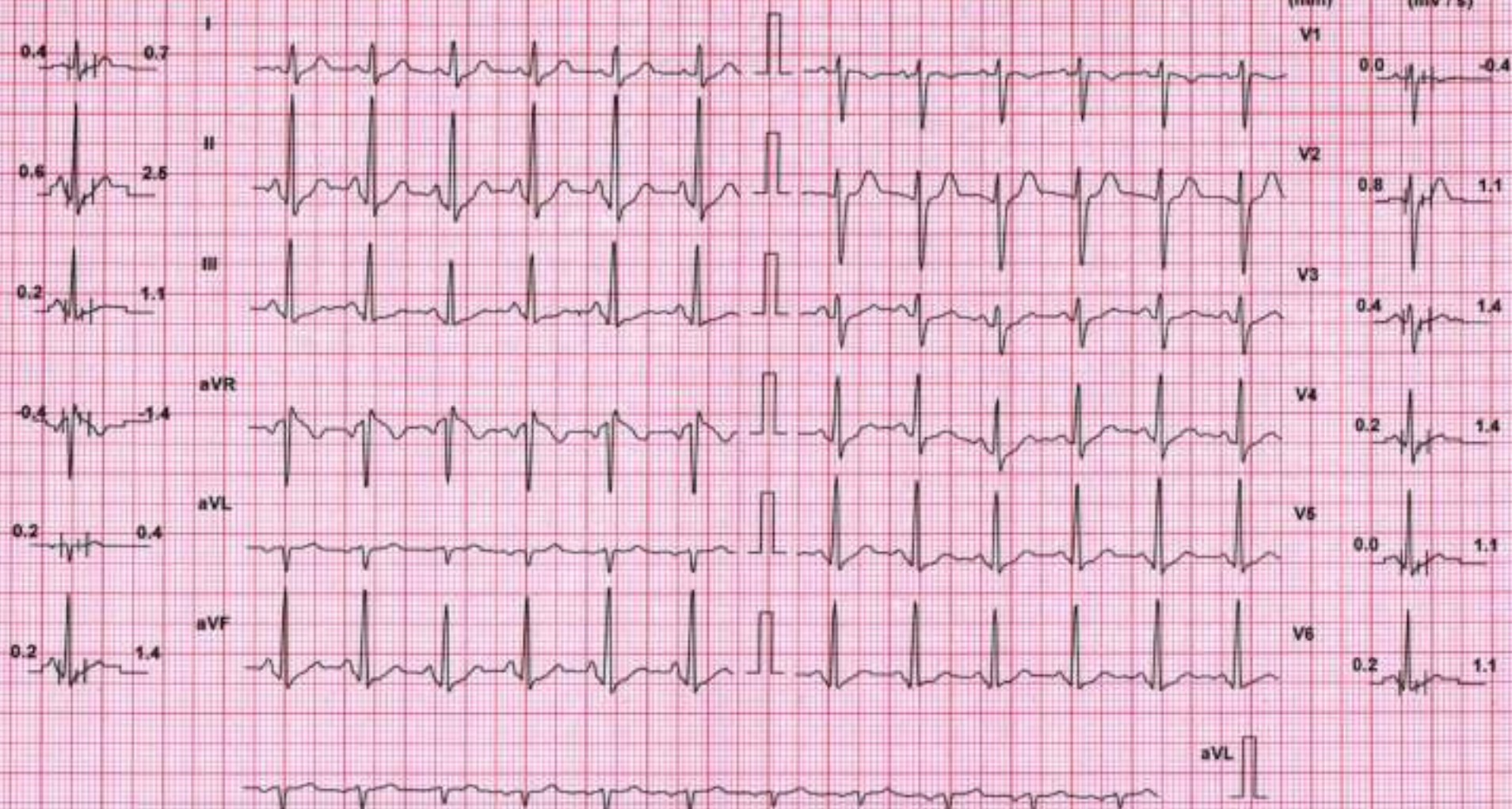


Chart Speed: 25 mm/sec

Filter: 35 Hz

Mains Filt: ON

Amp: 10 mm

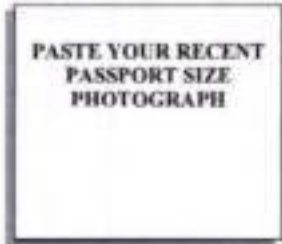
60 = R - 60 ms

J = R - 60 ms

Post J = J + 60 ms

Schiller Spandax V 4.7

Annexure-2
Self-Health Declaration
(Please ✓ Mark Where Applicable)



1 PERSONAL DETAILS:

Name: First Name Middle Name Surname
Name: R. G. S.

Address: Cs 47th Avenue, Flat No. 1207, 12th
Floor, Jagave Nagar, Vikhroli East, Mumbai

City: _____ Pin: 400083

Birth Place: Augher⁴⁷ Birth Date: 16.10.1991 Religion: Hindu
(dd/mm/yyyy) ravirajjora@gmail.com

Post applied for: _____ Marital Status: Married / Unmarried Gender: M / F

2 PREVIOUS EMPLOYMENT: Yes / No If yes specify

	Name	Nature of work	Duration
i)	-		
ii)			
iii)			

3 NAME OF FAMILY DOCTOR:

Address: _____

Contact Details: _____

4 PERSONAL HABITS: - N A -

- i) Smoking
- ii) Tobacco chewing
- iii) Alcohol
- iv) Any other

5 MEDICAL HISTORY:

i) **ANY DISABILITY:** Yes / No If yes specify with disability %

ii) **PERSONAL HISTORY:**

Are you in good health and capable of full work

Have you ever suffered from job related disease or injury?

Have you ever been discharged or rejected on medical grounds?

Yes	No
<input checked="" type="checkbox"/>	<input type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>
<input type="checkbox"/>	<input checked="" type="checkbox"/>

Types of Previous Occupation (Pl. describe in brief about company, nature of work, duration in years)

iii) Have you ever suffered from any of the following (Answer Yes or No, if yes, give details)

Y	N		Y	N	
	<input checked="" type="checkbox"/>	Hypertension		<input checked="" type="checkbox"/>	Hepatitis-B
	<input checked="" type="checkbox"/>	Diabetes		<input checked="" type="checkbox"/>	Cancer
	<input checked="" type="checkbox"/>	Heart disease		<input checked="" type="checkbox"/>	Stroke
	<input checked="" type="checkbox"/>	Kidney diseases		<input type="checkbox"/>	Bronchitis
	<input checked="" type="checkbox"/>	Tuberculosis		<input checked="" type="checkbox"/>	Any allergy
	<input checked="" type="checkbox"/>	Chronic lung disease (e.g. Pleurisy Pneumonia etc.)		<input checked="" type="checkbox"/>	Any chronic ear or hearing problem (e.g. sinusitis, rhinitis otitis etc.)
	<input checked="" type="checkbox"/>	Epilepsy, Fits, Fainting or Dizziness		<input checked="" type="checkbox"/>	Mental disorder of any kind
	<input type="checkbox"/>	Any major operation or injury		<input checked="" type="checkbox"/>	Any other illness

Details of the above if "Yes"

(For female candidates only)

Are you pregnant at present? Y N

Date of L.M.P. _____

iv) Immunization:

Yes No

Tetanus Toxoid

<input type="checkbox"/>	<input checked="" type="checkbox"/>
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Hepatitis B

<input type="checkbox"/>	<input checked="" type="checkbox"/>
--------------------------	-------------------------------------

Others

<input type="checkbox"/>	<input type="checkbox"/>
--------------------------	--------------------------

could taken (2 doses).

6 FAMILY HISTORY:

Has anyone of your parents suffered from any of the following: Yes / No ✓

(If yes, Please ✓ Mark Where Applicable)

	Father	Mother
Hypertension	<input type="checkbox"/>	<input type="checkbox"/>
Heart Disease	<input type="checkbox"/>	<input type="checkbox"/>
Cancer	<input type="checkbox"/>	<input type="checkbox"/>
Diabetes	<input type="checkbox"/>	<input type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input type="checkbox"/>
Any other Disease	<input type="checkbox"/>	<input type="checkbox"/>

	IF LIVING		IF DEAD	
	AGE	HEALTH (Good, Bad, Fair)	AGE AT DEATH	CAUSE OF DEATH
Father			75	Age
Mother	60	good.		
Spouse				
Children-1				
Children -2				

- 7 I declare that the above statements are true and complete to the best of my knowledge and belief. In case this information is found to be false by the company, then the company reserves the right to terminate my services without giving any notice. I agree that the results of this medical examination in general terms may be revealed to the company if required. I also fully understand that in case I am declared medically unfit due to any reason, I shall not be entitled for the employment in the company. However, the decision taken by recruitment committee about my medical fitness will be final and binding to me.

Date: 09.03.2024

Lota
(Signature of Candidate)

MER- MEDICAL EXAMINATION REPORT

Date of Examination	09.03.2024	
NAME	LATA	
AGE	Gender	Female
HEIGHT(cm) 157	WEIGHT (kg)	60
B.P.	110/80 mmHg	
ECG	NIL	
X Ray	NIL	
Vision Checkup	Color Vision : ⊕	
	Far Vision Ratio : L-6/24 R-6/24	
	Near Vision Ratio : 10/8 ⊕	
Present Ailments	NIL	
Details of Past ailments (If Any)	USKIN POX in childhood.	
Comments / Advice : She /He is Physically Fit		

Signature with Stamp of Medical Examiner

Dr. PARAG A. PRADHAN

MBBS

Approved By DG Shipping (GOI)

Reg. No. (MMC) 61264

102-103-104, Gateway Plaza, Central

Avenue Road, Hiranandani Gardens,

Powai, Mumbai-400076

SEA BIRD MEDICARE CENTRE

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the clinical examination

of Lata on 9/3/2024

After reviewing the medical history and on clinical examination it has been found that he/she is

	Tick
<ul style="list-style-type: none">• Medically Fit	<input checked="" type="checkbox"/>
<ul style="list-style-type: none">• Fit with restrictions/recommendations <p>Though following restrictions have been revealed, in my opinion, these are not impediments to the job.</p> <p>1.....</p> <p>2.....</p> <p>3.....</p> <p>However the employee should follow the advice/medication that has been communicated to him/her.</p> <p>Review after _____</p>	
<ul style="list-style-type: none">• Currently Unfit. Review after _____ recommended	
<ul style="list-style-type: none">• Unfit	

Dr. _____
Medical Officer
The Apollo Clinic, (Location)

Dr. PARAG A. PRADHAN
MBBS

This certificate is not meant for medico-legal purposes

Approved By DG Shipping (GOI)
Reg. No. (MMC) 51254
102-103-104, Gateway Plaza, Central
Avenue Road, Hiranandani Gardens,
Powai, Mumbai-400078
SEA BIRD MEDICARE CENTRE

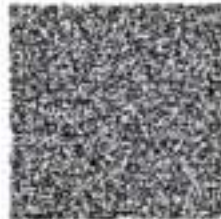


भारत सरकार
Government of India

भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India

नमोद्वारा क्रमांक/Enrolment No.: 0635/11352/62429

To
श्री
Lata
C/O Ravi Kumar,
HOUSE NO-5726,
GALI NO-6, SUBHASH MOHALLA,
GANDHI NAGAR,
VTC: Gandhi Nagar,
PO: Gandhi Nagar,
Sub District: Gandhi Nagar,
District: East Delhi,
State: Delhi,
PIN Code: 110031,
Mobile: 9986368744



आपका आधार क्रमांक / Your Aadhaar No. :

XXXX XXXX 5915

VID : 9147 4636 7330 4296

मेरा आधार, मेरी पहचान



सूचना / INFORMATION

- आधार पहचान का प्रमाण है, जनाधिकार या जन्मतिथि का नहीं। जन्मतिथि आधार संंबर धारक द्वारा प्रस्तुत कृत्य और विभिन्नता में विनिर्दिष्ट जन्मतिथि के प्रमाण के दस्तावेज पर आधारित है।
- इस आधार पर को सुअडिआरआई द्वारा नियुक्त प्रमाणिकता एजेंसी के जरिए ऑनलाइन प्रमाणिकता के द्वारा सत्यापित किया जाना चाहिए या ऐप स्टोर में उपलब्ध एमआधार या आधार कटपुत्रा कोट स्कैनर ऐप से कटपुत्रा कोट को स्कैन करने या www.uidai.gov.in पर उपलब्ध सुरक्षित कटपुत्रा कोट रीडर का उपयोग करके सत्यापित किया जाना चाहिए।
- आधार विशिष्ट और सुरक्षित है।
- पहचान और पते के दस्तावेजों को आधार के लिए नमोद्वारा की तारीख से चारों ओर 10 वर्षों में कम से कम एक बार आधार में अपडेट करना चाहिए।
- आधार विभिन्न सरकारी और गैर-सरकारी योजनाओं का लाभ लेने में सहायता करता है।
- आधार में अपना मोबाइल नंबर और ईमेल आईडी अपडेट करें।
- आधार सेवाओं का लाभ लेने के लिए एमआधार ऐप डाउनलोड करें।
- आधारबीयोमेट्रिक्स का उपयोग न करने के समय मुद्रा सुरक्षित करने के लिए आधारबीयोमेट्रिक्स लॉक/अलॉक सुविधा का उपयोग करें।
- आधार की सेवा करने वाले सहयोगी एजेंसी के लिए सक्षम है।
- Aadhaar is proof of identity, not of citizenship or date of birth (DOB). DOB is based on information supported by proof of DOB document specified in regulations, submitted by Aadhaar number holder.
- This Aadhaar letter should be verified through either online authentication by UIDAI-appointed authentication agency or QR code scanning using mAadhaar or Aadhaar QR Scanner app available in app stores or using secure QR code reader app available on www.uidai.gov.in.
- Aadhaar is unique and secure.
- Documents to support identity and address should be updated in Aadhaar after every 10 years from date of enrolment for Aadhaar.
- Aadhaar helps you avail of various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app to avail of Aadhaar services.
- Use the feature of Lock/Unlock Aadhaar/biometrics to ensure security when not using Aadhaar/biometrics.
- Entities seeking Aadhaar are obligated to seek consent.



भारत सरकार
Government of India



Aadhaar No. 11352/0635/11352/62429



श्री
Lata
जन्म तिथि/DOB: 16/10/1991
लिंग/FEMALE

आधार पहचान का प्रमाण है, जनाधिकार या जन्मतिथि का नहीं। इसका उपयोग पहचान (ऑनलाइन प्रमाणिकता, या कटपुत्रा कोट/ऑनलाइन कटपुत्रा कोट स्कैनर) के साथ किया जाना चाहिए।
Aadhaar is proof of identity, not of citizenship or date of birth. It should be used with verification (online authentication, or scanning of QR code / offline XML).

XXXX XXXX 5915

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India



Aadhaar No. 11352/0635/11352/62429

श्री
C/O रवी कुमार, हाउस नं-5726, गली नं-6, उपग्रह
मोहल्ला, गंधी नगर, गंधी नगर, गुडी सिटी,
दिल्ली - 110031
Address:
C/O Ravi Kumar, HOUSE NO-5726, GALI
NO-6, SUBHASH MOHALLA, GANDHI
NAGAR, Gandhi Nagar, PO: Gandhi Nagar,
DIST: East Delhi,
Delhi - 110031



XXXX XXXX 5915

VID : 9147 4636 7330 4296

1947 | 553 help@uidai.gov.in | www.uidai.gov.in

Lata
88267 81910



PID NO. : CCA0517

Name : LATA

Sex / Age : Female / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

09-Mar-2024 / 3:41 pm

Coli Date

09-Mar-2024 / 3:46 pm

Report Date

10-Mar-2024 / 6:49 pm

REPORT

BLOOD GLUCOSE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Blood Glucose (Fasting), plasma (Plasma, Method- Hexokinase) Interpretation: NORMAL : 70 - 100 mg/dl Pre-Diabetic : 100 - 125 mg/dl Diabetic : >125 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	81.36	mg/dl	70.00 - 100.00 mg/dl
Urine Glucose (Fasting)	Absent		Absent
Urine Ketones (Fasting)	Absent		Absent
Blood Glucose (PP) plasma (Plasma, Method- Hexokinase) Interpretation: Non-Diabetic : 70 - 140 mg/dl Pre-Diabetic : 140 - 199 mg/dl Diabetic : >200 mg/dl (ON MORE THAN ONE OCCASION) Reference : American diabetes association guidelines 2022	92.41	mg/dl	70.00 - 140.00
Urine Glucose (PP)	Absent		Absent
Urine Ketones (PP)	Absent		Absent

Test Done on Fully Automated Mspa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



MC - 5321

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022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CCA0517

Name : LATA

Sex / Age : Female / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

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Reg. Date

09-Mar-2024 / 3:41 pm

Coll Date

09-Mar-2024 / 3:46 pm

Report Date

10-Mar-2024 / 6:49 pm

REPORT

BLOOD GLUCOSE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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----- End of Report -----



MC - 5321

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



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Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

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REPORT

Blood Group

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
BLOOD GROUP			
ABO Group	"B"		
RH (D)	Positive		

Method : Cell (Forward) grouping by Manual Slide Method.
Sample: Whole Blood (EDTA)

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Dhanawade

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REPORT

Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Hemoglobin	10.6	gm/dl	12.0 - 15
<u>RED BLOOD CELLS</u>			
R.B.C. Count	4.82	million / cumm	3.8- 4.8
PCV	33.3	%	35-48
MCV	69.2	fL	83 - 101
MCH	21.9	pg	27 - 32
MCHC	31.7	gm / dl	31.5 - 34.5
RDW (CV)	14.7	%	11.6- 14.0
Total W.B.C. Count	10780	/cu.mm.	4000-10000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	64	%	40 - 80
Lymphocytes	29	%	20 - 40
Eosinophils	02	%	1 - 6



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Complete Blood Count

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Monocytes	05	%	2 - 10
Basophils	00	%	0 - 1
Platelet Count	363000	/cumm	150000 - 410000

MORPHOLOGY

RBC Morphology Mild Anisocytosis with Microcytic and Hypochromic Cells.

WBC Morphology Normal Morphology.

Platelets on Smear Adequate on smear

Advice Serum Iron profile studies.

(EDTA Whole Blood - Tests done Automated Three part cell counter (RBC, WBC, Platelets count by impedance, Haemoglobin by colorimetric Cyanmeth free method. Rest are calculated parameters. Microscopy and DLC is done manually by the Pathologist.)

———— End of Report ————



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REPORT

Erythrocyte Sedimentation Rate (ESR)

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
E.S.R	10	mm at 1hr	0 - 20

Method: Westergren
Sample: Whole Blood (EDTA)

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REPORT

Glycosylated Haemoglobin (HbA1c)

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
HbA1c	5.7	%	< 5.7
Non-diabetic : <= 5.7 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 (EDTA Whole Blood, Turbidimetric)			
Mean Blood Glucose (MBG)	125.62	mg/dl	

Interpretation & Remark:

- HbA1c is used for monitoring diabetic control. It reflects the estimated average glucose (eAG).
- HbA1c has been endorsed by clinical groups & ADA (American Diabetes Association guideline 2022, for diagnosis of diabetes using a cut-off points of 6.5 %.
- Trends in HbA1c are a better indicator of diabetic control than a solitary test.
- Low glycated haemoglobin (below 4%) in a non-diabetic individual are often associated with systemic inflammatory diseases, chronic anaemia (especially severe iron deficiency & haemolytic), chronic renal failure and liver diseases. Clinical correlation suggested.
- To estimate the eAG from the HbA1C value, the following equation is used : $eAG(mg/dl) = 28.7 * A1c - 46.7$.
- Interference of Haemoglobinopathies in HbA1c estimation.
 - For HbF > 25%, an alternate platform (Fructosamine) is recommended for testing of HbA1c.
 - Homozygous hemoglobinopathy is detected, fructosamine is recommended for monitoring diabetic status.
 - Heterozygous state detected.
- In known diabetic patients, following values can be considered as a guide for monitoring the glycemic control.
 - Excellent Control - 6 to 7 %
 - Fair to Good Control - 7 to 8 %
 - Unsatisfactory Control - 8 to 10 %
 - and Poor Control - More than 10 %
- Test done on Mispas 3 Automated Cartridge Based Specific Protein Analyser.

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LIPID PROFILE

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Total Cholesterol Serum, Method: CHOD-PAP	200.07	mg/dl	CHILD Desirable - Less than : 170 CHILD Borderline High : 170 - 199 CHILD High - More than : 200 ADULT Desirable - Less than : 200 ADULT Borderline High : 200 - 239 ADULT High - More than : 240
Triglycerides Serum, Method: GPO-PAP	145.73	mg/dl	NORMAL : <150 Borderline High : 150 - 199 High : 200 - 499 Very High : >500
HDL Cholesterol-Direct Serum, Method: Cholesterol-esterase-Direct	74.61	mg/dl	Desirable - Above : 60 Borderline Risk : 40 - 59 Undesirable - Below : 40
LDL Cholesterol Calculated	96.31	mg/dl	Desirable - Below : 130 Borderline Risk : 130 - 159 Undesirable - Above : 160
VLDL-Cholesterol Calculated	29.15	mg/dl	5 - 51
T.CHOL/HDLC Ratio Calculated	2.68		Acceptable for Male : < 5.00 Acceptable for Female : <4.50



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10-Mar-2024 / 6:49 pm

REPORT

LIPID PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
LDLC/HDLC Ratio Calculated	1.29		Acceptable for Males : < 3.60 Acceptable for Females : < 3.20

NOTE:

- 1) Biological Reference Interval is as per National Cholesterol Education Program (NCEP) guidelines.
- 2) Tests done on Fully Automated Miapa CXL PRO PLUS Biochemistry Analyser.

----- End of Report -----



MC - 5321

Dhanawade

Pritam Dhanawade
Lab Technician



Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No 2006031680

CONDITIONS OF REPORTING

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admin@seabirdhf.com

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PID NO. : CCA0517

Name : LATA

Sex / Age : Female / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
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REPORT

LIVER FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
S.G.O.T. (Serum, Method-IFCC / UV without P5P)	12.93	U/L	0 - 32
Sr. Alkaline Phosphatase (Serum, Kinetic Method by IFCC)	78.60	U/L	35 - 104
S.G.P.T. (Serum, Method- IFCC / UV without P5P)	13.22	U/L	0 - 33
GGT (Serum, Method- IFCC Method)	15.65	U/L	5 - 36
Bilirubin (Total) (Serum, Method-Diazo- End point)	0.25	mg/dl	0.0 - 1.20
Bilirubin (Direct) (Serum, Method-Diazo-End point)	0.05	mg/dl	0.0 - 0.80
Bilirubin (Indirect) Calculated	0.20	mg/dl	0.0 - 0.90
Total Proteins (serum, Method-Buret)	6.86	g/dl	6.6 - 8.7
Albumin (Serum, Method-Bromocresol Green)	3.86	g/dl	3.5 - 5.2
Globulin Calculated	3.00	g/dl	1.90 - 3.70
A/G ratio Calculated	1.29		

Test Done on Fully Automated Mipa CXL PRO PLUS Biochemistry Analyser.

Pritam Dhanawade

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Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
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REPORT

LIVER FUNCTION TEST

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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MC - 5321

Pritam Dhanawade

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REPORT

PAP Smear

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Reporting System:	The Bethesda System (TBS 2014)		
Specimen type:	Conventional Cervicovaginal PAP Smear, Received 2 wet fixed smears, both processed with PAP staining.		
Clinical Data:	PAP smear for Screening		
Specimen Adequacy:	Satisfactory for evaluation		
Microscopy Examination:	Benign superficial & intermediate squamous cells seen.		
Endocervical cells/Transformation zone:	Present		
Dysplasia/Malignancy:	Absent		
Reactive Cellular Changes:	Nil		
Other findings (Infection):	Trichomonas or Monilia are not seen. No e/o Fungal hyphae or spores seen.		
Interpretation/Result:	Negative for intraepithelial lesion or malignancy (NILM)		

NOTE :

The 2014 Bethesda system for reporting cervical cytology was followed.

Comments :

Cervicovaginal cytology is a screening test primarily for squamous cancer and precursors and has associated false-negative and false-positive results. Regular sampling and follow-up of unexplained clinical signs and symptoms are recommended to minimize false negative results.

Pritam Dhanawade
Lab Technician



DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
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REPORT

PAP Smear

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
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REPORT

RENAL PROFILE

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
Blood Urea Serum, Method-Urease	18.57	mg/dl	16.6 - 48.5 mg/dl
Blood Urea Nitrogen Serum, Method-Urease	8.67	mg/dl	06 - 20 mg/dl
Creatinine Serum, Method-Kinetic Jaffes	0.64	mg/dL	0.5 - 0.90 mg/dl
Uric Acid Serum, Method: Uricase-POD	4.43	mg/dl	2.4 - 5.7

Test Done on Fully Automated Mispia CXL PRO PLUS Biochemistry Analyser.

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REPORT

THYROID FUNCTION TEST

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
TSH	3.43	μIU/ml	0.25-5 μIU/ml
T3	1.57	nmol/l	0.92-2.33 nmol/l
T4	90.74	nmol/l	60-120 nmol/l

The assay principle combines an enzyme immunoassay competition method with a final fluorescent detection (ELFA).

INTERPRETATION

TSH : A high TSH result often means an under active thyroid gland that is not responding adequately to the stimulation of TSH due to some type of acute or chronic thyroid dysfunction. A high TSH value can also occur when someone with a known thyroid disorder or who has had their thyroid gland removed is receiving too little thyroid hormone medication. A low TSH result can indicate an over active thyroid gland (hyperthyroidism) or excessive amounts of thyroid hormone medication in those who are being treated for an under active (or removed) thyroid gland. An abnormal TSH test result is usually followed by additional testing to investigate the cause of the increase or decrease.

T3 : Triiodothyronine T3 contributes significantly to the maintenance of the euthyroid state, and the total T3 concentration has a role in screening for thyroid disease in conjunction with other tests. T3 alone cannot diagnose hypothyroidism, but it may be more sensitive than thyroxine (T4) for hyperthyroidism.

T4 : Thyroxine accounts for at least 90% of circulating protein-bound iodine. While >99.9% of T4 is protein-bound, primarily to thyroxine-binding globulin (TBG), it is the free fraction that is biologically active. In most patients the total T4 level is a good indicator of thyroid status, however it can sometimes be inadequate, and diagnostic efficiency may be improved by use of a total T4 test in conjunction with other tests.

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HO- Sea Bird Medicare Centre (ISO 9001:2015) A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 69. Tel: 022- 46032704

Powai: 022-25701053 / 25704857

Kochi: 0484- 2322022 / 4032022

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REPORT

URINE ANALYSIS

<u>Test</u>	<u>Result</u>	<u>Units</u>	<u>BIOLOGICAL REFERENCE INTERVAL</u>
<u>PHYSICAL EXAMINATION</u>			
Colour	Pale Yellow		Pale Yellow
Quantity	30 ml	ml	20 - 50
Appearance	Clear		Clear
Reaction (pH)	5.5		5.0 - 9.0
Specific Gravity	1.015		1.000 - 1.030
<u>CHEMICAL EXAMINATION</u>			
Proteins	Absent		Absent
Sugar	Absent		Absent
Ketone Bodies	Absent		Absent
Bile Salts	Absent		Absent
Bile Pigment	Absent		Absent
Urobilinogen	Normal	mg/dl	Normal (0.1 - 1.0 mg/dl)



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 - B. The test results are to be used for help in diagnosing/treating medical disease & not for forensic applications. Hence these results cannot be used for medico-legal purpose
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A. SEA BIRD MEDICARE CENTRE

Corporate Office: B-401, Heritage Plaza, Teli Cross Lane, Andheri East (Nr Station) Mumbai 400069
Central Laboratory: 102-103-104 Gateway Plaza, Central Avenue Road, Hiranandani Gardens Powai, Mumbai 400076, India

B. Enquiry and Home Visit Booking

022 25701053 / 9324924370 or
admin@seabirdhf.com

C. Sea Bird Medicare services are also available at:

Powai (Mumbai), Andheri East (Mumbai), Kochi (Kerala)



PID NO. : CCA0517

Name : LATA

Sex / Age : Female / 31 Years

Ref By : APOLLO HEALTH AND LIFESTYLE
LIMITED

Reference :

Sample Collected At :

Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Processing Location: - Sea Bird Medicare
105-107 Gateway Plaza, Central Avenue, Hiranandani
Gardens, Powai, Mumbai-400076

Reg. Date

09-Mar-2024 / 3:41 pm

Coll Date

09-Mar-2024 / 3:46 pm

Report Date

10-Mar-2024 / 6:49 pm

REPORT

URINE ANALYSIS

Test	Result	Units	BIOLOGICAL REFERENCE INTERVAL
Ocult Blood	Absent		Absent
MICROSCOPIC EXAMINATION			
Pus Cells	1 - 2 / hpf		2 - 3 / hpf
Red Blood Cells	Absent		Absent
Epithelial cells	2 - 3 / hpf		2 - 5 / hpf
Casts	Absent		Absent
Crystals	Absent		Absent
Other Findings	Absent		

METHOD:

Physical Examination : Visual Strip Method.

Chemical Examination : Bilirubin(Azo-coupling), Blood(Peroxidase), Glucose(Specific glucose-oxidase/oxidase reaction), Ketone(Rothera's test), Leukocytes(Reflectance Photometer(Leucocyte esterase)), Nitrite(Diazotization), pH(Double indicator), Protein(Protein Error of Indicators), Specific Gravity(Refractometric method), Urobilinogen(Ehrlich).

Microscopy Examination : Automation/Manual Microscopy.

———— End of Report ————

Pritam Dhanawade

Pritam Dhanawade
Lab Technician



DR. Ritesh Kharche

DR. RITESH KHARCHE
MBBS, MD PATHOLOGY
Pathologist
MMC Reg No.2006031680



MC - 8321

Proudly... Caring For You

This is computer generated medical diagnostics report that has been validated by an Authorized Medical Practitioner/Doctor. The report does not need physical signature. Results relate only to the sample as received. Refer to conditions of reporting overleaf.

HO- Sea Bird Medicare Centre (ISO 9001:2015): A-101-102, Heritage Plaza, Teli Cross Lane, Andheri East (Nr. Station), Mumbai- 49. Tel. 022- 46032704

Powai: 022-25701053 / 25704157

Kochi: 0484- 2322022 / 4032022

CONDITIONS OF REPORTING

SEA BIRD MEDICARE CENTRE (DIVISION OF SEA BIRD MEDICARE PVT LTD)

1. Individual Laboratory investigation should not be considered as conclusive and should be used along with other relevant clinical examination to achieve the final diagnosis. The reported results are for the information of the referring doctors only.
2. The test results relate only to the item/ items in our laboratory.
3. The values of a laboratory investigation are dependent on the quality of sample as well as the assay procedure used.
4. For test performed on specimens received from other locations (within and outside Mumbai), it is presumed that the specimen belongs to the patient named or identified, such verification having been carried out at the point of generation of the said specimen(s).
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Sea Bird
Sea Bird Medicare Centre

Report ID : **LM113162339** Reg. : **09-Mar-2024**
Patient Name : **Ms. LATA** Report Date : **11-Mar-2024**
Rank : Company Name : **M/S. APOLLO HEALTH AND LIFESTYLE**
Ref By : **DR.PARAG ARVIND PRADHAN** Age/Sex : **29 Year / Female**

CHEST X RAY REPORT

X-Ray No : 1555

Investigation : Chest PA View.

Bony thoracic cage is normal.

Cardiac silhouette appears normal in size and configuration.

Both lungs shows equal translucency and normal vasculature.

Both Hemidiaphragm visualised normal.

No evidence of any active parenchymal lesion seen.

Impression :

Normal Chest X-Ray.

Dr. Jacob
Mathew MD



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Power: 022-35701053 / 25704157

Kochi: 0484- 2322022 / 4032022

Website: www.seabirdhf.com | Email: seabird@seabirdhf.com



Name: MISS LATA	Age : 32Y	Sex : FEMALE
Date :09/03/2024	Ref Dr : SELF	

USG ABDOMEN AND PELVIS

LIVER: Liver appears normal in size and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any focal lesion.

GALL BLADDER: Gall bladder is distended and appears normal. Wall thickness is within normal limits. There is no evidence of any calculus. Portal vein is normal. CBD is normal.

PANCREAS: Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification. Pancreatic duct is not dilated.

KIDNEYS: Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

Right kidney measures 10.1 x 3.3cm. Left kidney measures 10.4 x 3.8cm.

SPLEEN: Spleen is normal in size, shape and echotexture. No focal lesion is seen.

URINARY BLADDER: Urinary bladder is distended and normal. Wall thickness is within normal limits.

UTERUS: Uterus is normal in size and shows normal echotexture. No focal lesion is seen. Uterus measures 6.6 x 3.7 x 4.8cm. Endometrial thickness is normal (3.2mm). Right ovary is normal measures 3.1 x 1.7cm. Left ovary is normal measures 2.9 x 1.8cm. No free fluid or significant lymphadenopathy is seen.

IMPRESSION : No significant abnormality detected.

Advice: Clinical co-relation and further evaluation.

DR. PRIYANKA NERULKAR

CONSULTANT RADIOLOGIST

Thanks For Reference: Note the above report represents interpretation of various radiographic shadows, and has its own limitations. This report has to be co-related clinico-pathologically by the referring physician and it does not represent the sole diagnosis.

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SEABIRD MEDICARE CENTRE POWAI

ECG

LATA (32 F)

ID: 3129

Date: 09-Mar-24

Time: 15:19:32

BP: 130/80 mmHg

Chart Speed: 25 mm/sec

Filter: 35 Hz

Moins Fil: ON

Amp: 10 mm

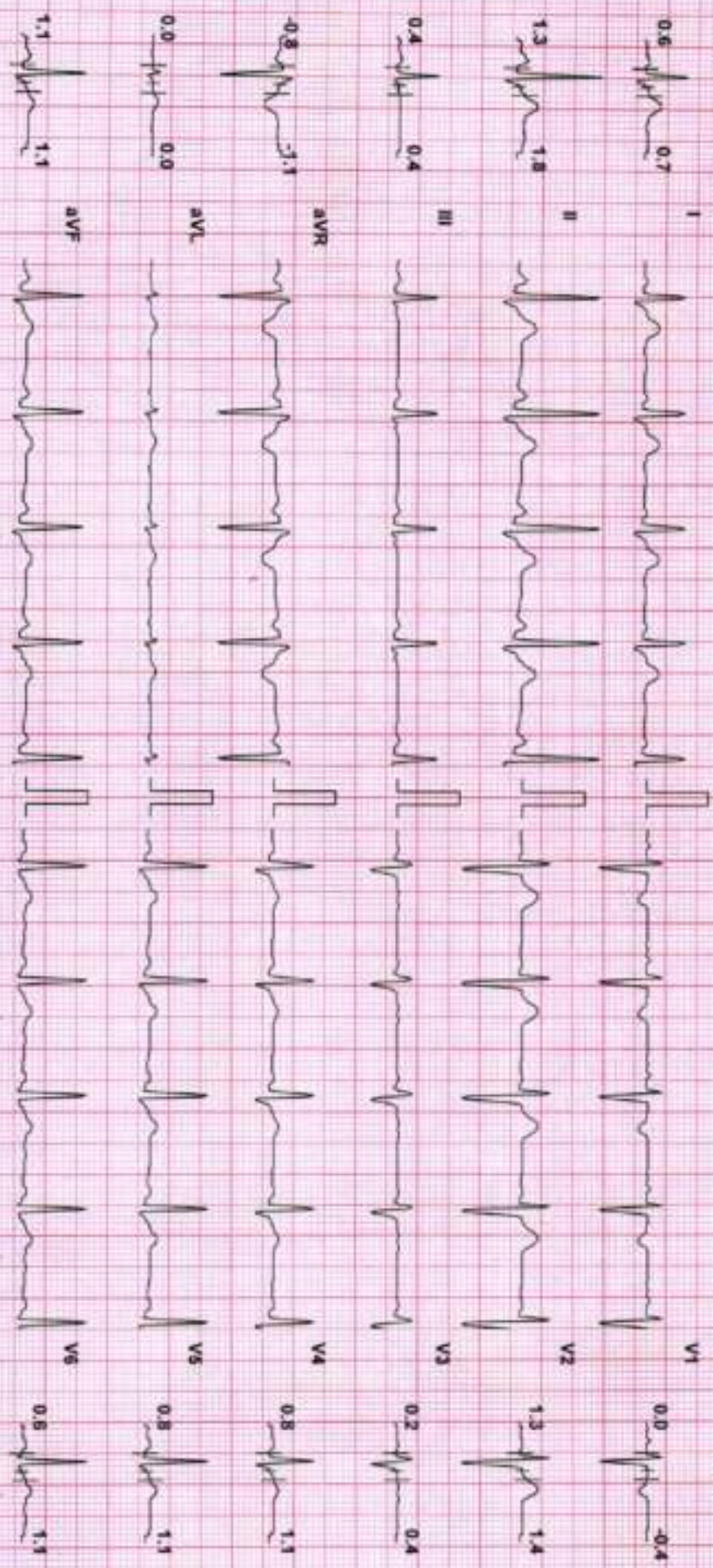
HR: 81 bpm

ST Level (mm)

ST Slope (mV/s)

ST Level (mm)

ST Slope (mV/s)



Interpretation:

Lead aVL: 100 = R - 60 mm, J = R + 60 mm, Plead J = J + 60 mm

Scholar Spindler V.4.7

Red Dr. Abhulko



VINAYAK