

- + COMPUT. PATHOLOGY + ALLERGY TESTING
- + DIGITAL WHOLE BODY X-RAYS
- + DIGITAL ED SONOGRAPHY
- + DIGITAL WHOLE BODY COLOUR DOPPLER
- + DIGITAL 3-D SCHE WITH COLOUR DOPPLER
- + E.C.G. - LUNG FUNCTION TEST
- + MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- + COMPUTERISED STRESS TEST
- + DENTAL
- + ADVANCED DENTISTRY
- + PHYSIOTHERAPY
- + AUDIOMETRY & SPEECH THERAPY
- + FULL BODY HEALTH CHECKUPS
- + CORPORATE HEALTH CHECKUPS



<b>Patient's Name</b> : MR UTKARSH AMBADE	<b>Lab No.</b> : LBA3613 *LBA3613*
<b>Referred By Dr</b> : MEDIWHEEL	<b>Reg. Date</b> : 03-Feb-2024 8:53 am
<b>Sex</b> : MALE <b>Age</b> : 35 Years	<b>Report Date</b> : 03-Feb-2024 7:08 pm
<b>Collected At</b> : GOREGAON MAIN BRANCH	<b>Print Date</b> : 06-Feb-2024 4:04 pm

### BIOCHEMISTRY

TEST	RESULT	NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.00	5 - 20 mg/dl
CREATININE	0.81	0.7 - 1.3 mg/dl
Serum Uric Acid	3.70	Male 3.5 - 7.2 mg%
Age of the Patient	35	
eGFR	115.26	ml/min

eGFR calculation based on MDRD guideline 2012  
 More than 90 ml / min / 1.73 Sqm - Normal eGFR  
 60-89 ml / min / 1.73 Sqm - Mild decrease in eGFR is common in 30% healthy adults .  
 Suggest reapt testing in 6 to 12 months.  
 Exclude kidney disease in those at high risk (Diabetes & Hypertension  
 30-59 ml / min / 1.73 Sqm - consistent with modrate chronic kidney disease if confirmed over three month .  
 Consider nephrology referral if progressive deterioration of more than 20 % for Egfr or creatinine.  
 15 - 29 ml / min / 1.73 Sqm - Consistent with severe chronic kidney disease . Consider nephrology referral

----- End of Report -----

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MR UTKARSH AMBADE  
**Referred By Dr :** MEDIWHEEL  
**Sex :** MALE **Age :** 35 Years  
**Collected At :** GOREGAON MAIN BRANCH

**Lab No. :** LBA3613 \*LBA3613\*  
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## BLOOD GROUP

TEST	RESULT
Blood Group	'O'
Rh Factor	Positive

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Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
 "Home Visit Facility Call On 76667 66307"

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# HEALTHCARE

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	101.5	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	113.2	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name :** MR UTKARSH AMBADE  
**Referred By Dr :** MEDIWHEEL  
**Sex :** MALE **Age :** 35 Years  
**Collected At :** GOREGAON MAIN BRANCH

**Lab No. :** LBA3613 \*LBA3613\*  
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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	14.5	gm %	Male : 13 - 17.0 gm%
Erythrocytes ( Total RBCs)	4.7	mill. / cmm	Male : 4.2 - 5.8mill. / cmm
PCV	44.6	%	Male : 37 - 51 %
MCV	94.90	fl	80- 96 fl
MCH	30.80	pg	27 - 32 pg
MCHC	32.50	gm%	32 - 37 gm%
RDW	13.4	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	7190	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	38	%	40 - 75
Lymphocytes	57	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	160000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Normocytic Normochromic		
WBC Morphology	Normal		
Platelets Morphology	Megaplatelets Seen		
ESR (westergren's method)	7	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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<b>Patient's Name</b> : MR UTKARSH AMBADE	<b>Lab No.</b> : LBA3613 *LBA3613*
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<b>Sex</b> : MALE <b>Age</b> : 35 Years	<b>Report Date</b> : 03-Feb-2024 5:24 pm
<b>Collected At</b> : GOREGAON MAIN BRANCH	<b>Print Date</b> : 06-Feb-2024 4:04 pm

### GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.4	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	108.28		
METHOD : NEPHELOMETRY			

DIAGNOSTIC CRITERIA FOR DIABETES:  
 Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more  
 CONTROL CRITERIA IN DIABETICS:  
 Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

Comment :  
 HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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**Sex :** MALE **Age :** 35 Years  
**Collected At :** GOREGAON MAIN BRANCH

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### LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	146	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	73.5	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	44	mg / dl	35.3 - 79.5 mg / dl
VLDL	14.70	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	87.30	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.32		< 5
LDL / HDL	1.98		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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### LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	0.45	mg / dl	0 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0 - 0.4 mg / dl
Bilirubin Indirect	0.15	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	18.90	U / L	Up to 45 U / L
S.G.O.T.	15.40	U / L	Up to 46 U / L
Alkaline Phosphatase	103.00	U/I	1 - 12 Years: 54 - 369 U/I 20 - 59 Years: 53 - 128 U/I > 60 Years: 56 - 119 U/I
Total Proteins	6.43	gm / dl	6.4 - 8.3 gm / dl
Albumin	4.55	gm / dl	3.5 - 5.2 gm / dl
Globulin	1.88	mg/dl	2 - 3.5 mg / dl
A / G Ratio	2.42		1.0- 2.3
GGT	33.4	IU/L	55 IU/L

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### T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	174.768	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	8.135	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	1.571	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

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DR. BHAVINI KAMDAR  
 MD (PATH) MUM

**BORIVALI CENTRE** 187 FLR., 7008 AVENUE, 7008 HADAR, BORIVALI (W), MUMBAI - 400092 - TEL: 2619 8080 / 2619 1376 - MOB.: 99232 00001  
**KANDIVALI CENTRE** MAMANNI SURVADARSHAN SOC., SATHANAGAR RD., MAMANNI NAGAR, CANDIVALI (W), MUMBAI - 40. - TEL: 2661 0060 / 2663 0060 / 2669 2000 - MOB.: 99232 51451  
**KANDIVALI CENTRE** SHOP NO. 40/10, EMP JT, EVERSHINE MULLICHYUR PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400015 - TEL: 2666 7171 / 26286 81641  
**ORISSA CENTRE** HILARIO APARTMENT, KANDI KANDA JUNCTION, DAKSHIN (W), MUMBAI - 400068 - TEL: 2663 3467 - MOB.: 94220 99304  
**BORALI CENTRE** VICTORY HEIGHTS, BORALI MAIN ROAD, OPP SURVEYA SCHOOL, BORIVALI (W), MUMBAI - 400023 - TEL: 2669 0000 - MOB.: 99232 80254 / 72000 03060  
**GOREGAON CENTRE** B.L.D. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062 - TEL: 2672 3070 / 2672 3101 - MOB.: 99232 03000

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
 "Home Visit Facility Call On 76667 66307"



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- + E.C.G. + LUNG FUNCTION TEST
- + MAMMOGRAPHY + BONE MINERAL DENSITOMETRY

- + COMPUTERISED STRESS TEST
- + DENTAL
- + ADVANCED DENTISTRY
- + PHYSIOTHERAPY
- + AUDIOMETRY + SPEECH THERAPY
- + FULL BODY HEALTH CHECKUPS
- + CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name : MR UTKARSH AMBADE**  
**Referred By Dr : MEDIWHEEL**  
**Sex : MALE Age : 35 Years**  
**Collected At : GOREGAON MAIN BRANCH**

**Lab No. : LBA3613 \*LBA3613\***  
**Reg. Date : 03-Feb-2024 8:53 am**  
**Report Date : 03-Feb-2024 4:20 pm**  
**Print Date : 06-Feb-2024 4:04 pm**

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	clear
Deposit	Absent
pH	Acidic (5.0)
Specific Gravity	1.010
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	Occasional /hpf
Epithelial Cells	Occasional /hpf
Casts	Not seen
Crystals	Not seen /hpf
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

Printed By : NAGLE

Checked By  
JAY

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 187 P.B. ROAD AVENUE, 708 HADAR, BORIVALI (W), MUMBAI - 400092 - TEL: 2619 8080 / 2619 1376 - MOB: 99222 00001
- KANDIVALI CENTRE** MAHARAJ SURYAKRISHNA SOC., SATYANAGAR RD., MAHARAJ NAGAR, CANDIVALI (W), MUMBAI - 40 - TEL: 2661 0060 / 2661 0065 / 2669 2000 - MOB: 99222 51451
- KANDIVALI CENTRE** SHOP NO. 40/10, EMP. ST., EVERSHINE MILLENIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400016 - TEL: 2666 7171 / 26226 81641
- ORISSA CENTRE** HILARIO APARTMENT, KANDI KADA JUNCTION, DAKSHIN (W), MUMBAI - 400068 - TEL: 2663 3437 - MOB: 94222 99204
- BORALI CENTRE** VICTORY HEIGHTS, BORALI MAIN ROAD, OPP SURVEYS SCHOOL, BORIVALI (W), MUMBAI - 400023 - TEL: 2669 0000 - MOB: 99224 88254 / 72000 03060
- GOREGAON CENTRE** B.L. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400662 - TEL: 2672 2070 / 2672 2101 - MOB: 99212 03000

**Health Check up Booking Request(bobE7469), Beneficiary Code-93675**

2 messages

Mediwheel <wellness@mediwheel.in>  
 To: healthcare.medicals@gmail.com  
 Cc: customercare@mediwheel.in

Fri, Feb 2, 2024 at 2:07 PM



011-41195959

Dear Healthcare Medical Centre and Diagnostic

We have received a booking request for the details are following. Please provide your confirmation by clicking on the yes button.

**Are you sure to confirm the booking?**

**Name** : MR. AMBADE UTKARSH  
**Package Name** : Mediwheel Full Body Health Checkup Male Below 40  
**Package Code** : PKG10000474  
**Location** : 10,76 Unnat Nagar CCI COL,M.G.Road, Nr. Jain Mandir, Goregaon (W),  
**Contact Details** : 7389237557  
**E-mail id** : a.utkarshambade@gmail.com  
**Booking Date** : 02-02-2024  
**Appointment Date** : 03-02-2024

Member Information		
Booked Member Name	Age	Gender
MR. AMBADE UTKARSH	35 year	Male

Please login to your account to confirm the same. Also you mail us for confirmation.

**Hospital Package Name** : Mediwheel Full Body Health Checkup Male Below 40  
**User Package Name** : Mediwheel Full Body Health Checkup Male Below 40

**21 Tests included in this Package**

- Stool Test
- Thyroid Profile
- ESR
- Blood Glucose (Fasting)
- General Physician Consultation
- TMT OR 2D ECHO
- Blood Group
- Blood Glucose (Post Prandial)
- Chest X-ray
- ECG
- USG Whole Abdomen
- Eye Check-up consultation
- Urine Sugar Fasting
- Urine Sugar PP
- Dental Consultation
- Urine analysis
- CBC
- HbA1c
- Lipid Profile
- Kidney Profile
- Liver profile

सर्वोच्च शिक्षण/व्यावसायिक  
 Unique Identification Authority of India

या कार्डचा वापर केवळ असेल, असेल ते फक्त  
 या कार्ड मधील, सर्वोच्च, शासनाच्या, अर्थाने,  
 असेल

Address: SO, Maharashtra Ltd, Ardhak,  
 Ward Number 10, Station Para, Tondar  
 Colony, Rajwade, Rajwade,  
 Chaudhary, 411441



3136 0392 5329

1947 heloguidai.gov.in www.uidai.gov.in

*Handwritten signature*

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

**HEALTHCARE MEDICAL  
 CENTRE & DIAGNOSTICS**  
 UNNAT NAGAR, M. G. ROAD,  
 GOREGAON (W), MUMBAI - 62.  
 65153030 / 85155050  
 8369137826

Issue Date: 17/01/2015



सर्वोच्च शिक्षण/व्यावसायिक  
 Government of India

उत्कृष्ट शिक्षण  
 Utkarsh Ambade  
 संप. 5/11 / DCS 25071588  
 गण / Male

3136 0392 5329




डॉ. नूपुर राय

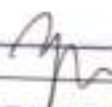
- COMPU. PATHOLOGY - ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. - LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME	MR UTKARSH AMBADE	DATE	03/02/24
HEIGHT:-	173 CMS	WEIGHT:-	82 KGS
AGE	35 YRS		
REFERRED BY	MEDIWHEEL	SEX	MALE
<b>PRESENT COMPLAINT:-</b> NIL			
<b>CURRENT MEDICATION:-</b> NIL			
<b>PAST HISTORY :-</b> NIL			
<b>ALLERGY:</b> NIL		<b>BOWEL:-</b> NAD	
<b>APPETITE:</b> GOOD		<b>SLEEP :</b> NAD	
<b>HABITS:</b> NIL		<b>BLADDER:-</b> NAD	
<b>FAMILY HISTORY :-</b> MOTHER H/O - HTN			
<b>GENERAL EXAMINATION:</b>		<b>ADVICE:-</b>	
P: 87 / MIN	BP: 114/ 78 mm/Hg	<i>Fit for employment</i>	
PALLOR: NO	ICTERUS: NO		
OEDEMA: NO	CNS: NAD		
PA: SOFT, NON TENDER		<i>Refer to Surgeon for Umbilical Hernia repair</i>	
CVS: NAD			
OTHERS : NAD			
<b>INVESTIGATION:</b>			
 <b>Dr. NUPUR RAI</b> MBBS, DIPLOMA CARDIOLOGY (PDCCL) DR REG. NO. 2018/15049			

**HEALTHCARE MEDICAL  
CENTRE & DIAGNOSTICS**  
UNNAT NAGAR, M. G. ROAD,  
GOREGAON (W), MUMBAI - 62.



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## EYE CHECK UP & COLOUR VISION

NAME- <i>Mr. Utkarsh. Ambade</i>	AGE: <i>35</i>	SEX: <i>M</i>
REF- <i>Mediwheel</i>		
DATE- <i>03/02/24</i>		

	RIGHT EYE	LEFT EYE
CORNEA	NORMAL	NORMAL
PUPIL	NORMAL	NORMAL
SCLERA	NORMAL	NORMAL
EYE MOVEMENTS	NORMAL	NORMAL
REFRACTIVE ERROR	<i>NIL</i>	<i>NIL</i>
COLOUR VISION	NORMAL	NORMAL

**HEALTHCARE MEDICAL  
CENTRE & DIAGNOSTICS**  
UNNAT NAGAR, G. ROAD,  
GOREGAON (W), MUMBAI - 82.  
65153030 / 66156050  
8369137826

- COMPU. PATHOLOGY • ALLERGY TESTING
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**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**DENTAL CHECK UP**

NAME Ms. Utkarsh. Ambade DATE 03/02/24  
 REFERRED BY Mediwheel AGE - 35 SEX M  
 YRS

CHIEF COMPLAINT: Nil

PAST DENTAL HISTORY: Nil

HABITS: Nil

ORAL EXAMINATION: O/E orally hygienic  
- NO plaque formation  
- NO Swollen gums  
- NO teeth stains  
- NO mouth ulcers.

TREATMENT:

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**

**UNNAT NAGAR, M.G. ROAD, GOREGAON (W), MUMBAI - 401 022.**

**85153830 / 85155050**

**8368197826**

- BORIVALI CENTRE (W)** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 8368
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 40. • TEL.: 2899 8368
- DAHISAR CENTRE (W)** NILANDI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 98220 04438
- KANDIVALI CENTRE (W)** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 40. • TEL.: 2899 8368
- KANDIVALI CENTRE (E)** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TEL.: 2899 7171 / 80288 41541
- GOREGAON CENTRE (W)** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • TEL.: 2873 3030 / 2873 3131 • MOB.: 93213 83806
- GOREGAON CENTRE (E)** SATELITE GARDENS, FILM CITY ROAD, NEAR SATELITE TOWER, GOREGAON (E), MUMBAI - 400063. • TEL.: 4012 8885 • MOB.: 79773 74838 / 79773 62922
- MIRZA ROAD CENTER (E)** UNIT-13, RNA LIBERTY CHS, VIJAY PARK, JANGID CIRCLE, MIRZA ROAD (E). • MOB.: 70218 94221 / 70218 27389
- VASAI NALLASOPARA (E)** A/4, JAI VIJAY GREEN CHS. BLDG. NO. 2, JAI VIJAY NAGAR, 1833 ACHOLE, LINK ROAD, VASAI - NALLASOPARA (E), THANE - 401208 • MOB.: 8891601677 / 8891922640



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NAME	MR UTKARSH AMBADE	DATE	03.02.2024
		AGE	35 YRS
REF. BY DR.	MEDIWHEEL	SEX	MALE

## X-RAY CHEST (PAVIEW).

The lungs on either side show equal translucency

The cardiac size is normal.

The pleural spaces are normal.

The domes of the diaphragms are normal in position, and show smooth outline.

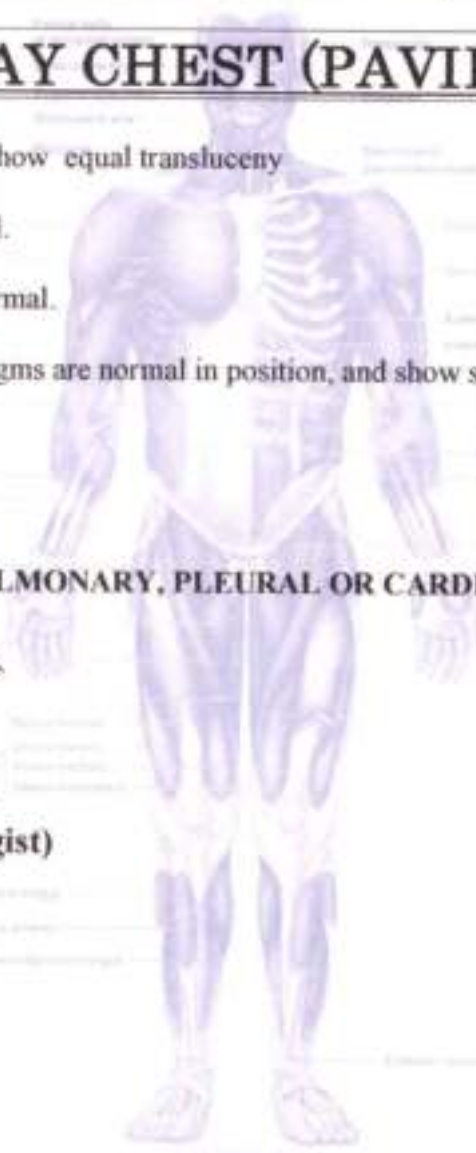
Ribs appear normal.

### IMPRESSION :

**NO EVIDENCE OF PULMONARY, PLEURAL OR CARDIAC PATHOLOGY IS NOTED.**

*Anil Saxena*

**DR. ANIL SAXENA**  
**(Consultant Radiologist)**



- COMPU. PKYTOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
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NAME	MR UTKARSH AMBADE	DATE	03.02.2024
		AGE	35 YRS
REF. BY	MEDIWHEEL	SEX	MALE

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS ,**

**LIVER :** Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is partially distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin.and homogenous paranchymal echotexture.No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture.Central calyceal echoes appears normal.There is no evidence of hydronephrosis or renal calculus.

(a) Right kidney measures: 9.8 x 3.6 cms

(b) Left kidney measures: 10.6 x 5.1 cms.

**SPLEEN :** The spleen is normal in size with homogenous paranchymal echotexture.No focal lesion are seen.

**URINARY BLADDER :** Urinary bladder is well distended.No evidence of calculus or intraluminal mass seen in the bladder.

**PROSTATE :**Prostate is normal in size and volume is 23 cc.

**Umbilical hernia is seen with omental herniation. Defect measures 7 mm.**

**IMPRESSION :**  
**Umbilical hernia.**

  
**DR. SHRIKANT BODKE .**  
**CONS.RADIOLOGIST.**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Further / Follow-up imaging may be needed for confirmation of findings. Patient has been explained in detail about the USG findings measurements and limitations. In case of any typographical error in the report patient is requested to immediately contact the center for rectification, post which the center will not be responsible for any rectofcation. Please interpret accordingly.



- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MEDICAL CENTRE & DIAGNOSTICS

MR. UTKARSH AMBADE

ELBA3613 03-Feb-2024



# ELECTROCARDIOGRAM (ECG)

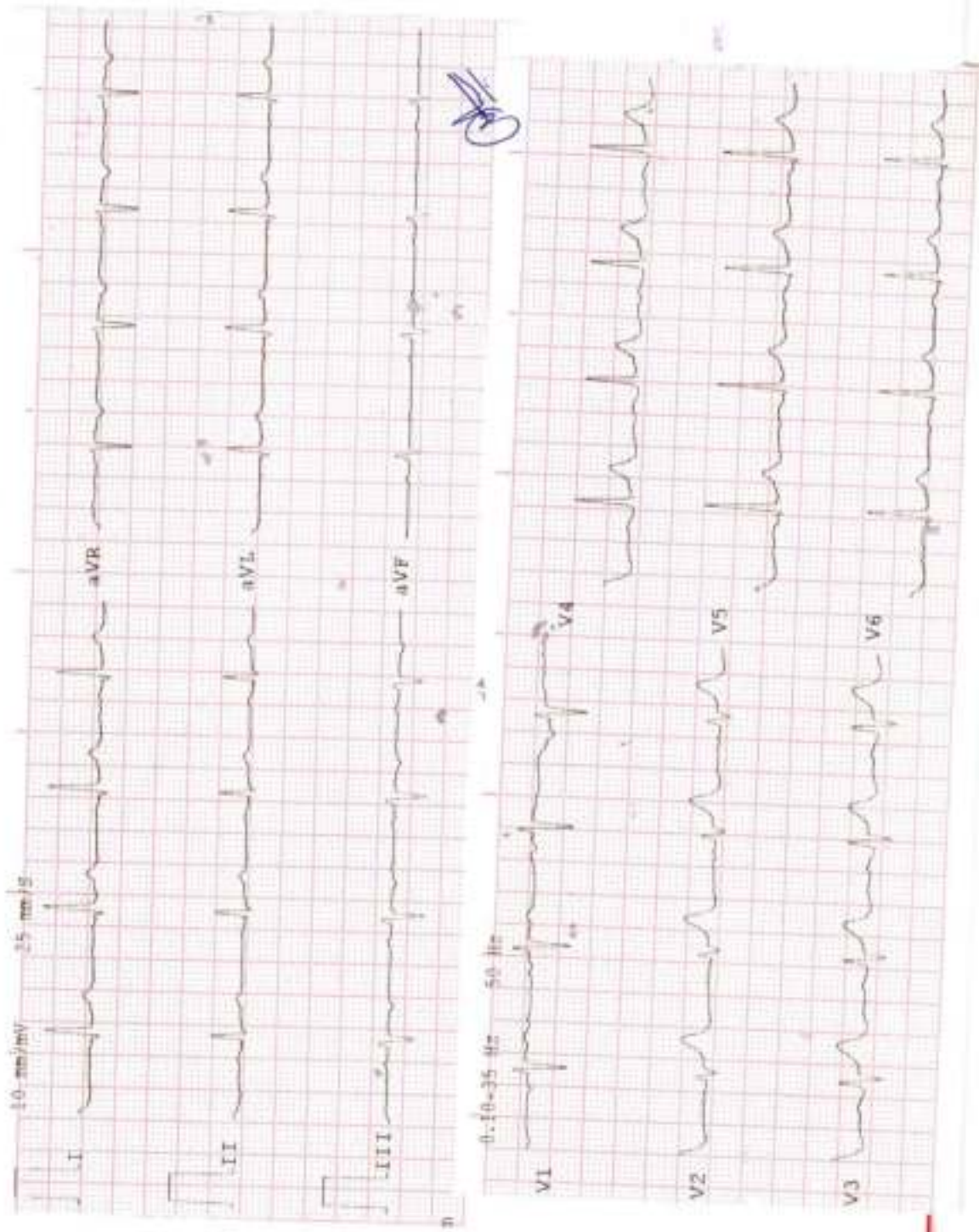
PATIENT Mr Utkarsh Ambade AGE. 35 SEX M

REF. BY DR. Medivheed DATE 03/02/2024

INTERPRETATION : WNL

HEALTHCARE MEDICAL  
CENTRE & DIAGNOSTICS  
UNNATNAGAR, M. G. ROAD,  
COOREGAON (W), MUMBAI - 82.  
65153030 / 65155050  
8155137829

Dr. N. J. RAJ  
MBBS, DIPLOMA CARDIOLOGY (FJCC)  
Reg. No.: 2018115043



History : \_\_\_\_\_

B.P. : \_\_\_\_\_

Drugs : \_\_\_\_\_

Standard : \_\_\_\_\_

Auricular Rate : 96 bpm

Ventricular Rate : \_\_\_\_\_

Rhythm : 4

Mechanism : \_\_\_\_\_

Voltage : \_\_\_\_\_

REMARKS & CONCLUSIONS : \_\_\_\_\_

Axis : \_\_\_\_\_

P. Waves : \_\_\_\_\_

PR Interval : \_\_\_\_\_

Q. Waves : \_\_\_\_\_

QRS Interval : 2

ST Segment : \_\_\_\_\_

T. Waves : \_\_\_\_\_

QT Interval : \_\_\_\_\_

Extra Systoles : \_\_\_\_\_

100%





Summary

Ref. By : MEDWHEEL  
Medication : Nil  
Objective :

Protocol : BRUCE  
History : Nil

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
M. G. ROAD, GOREGAON WEST  
158/VA UTKARSH AMBADE  
Date: 03-Feb-2024 10:06:48 AM  
35 Yrs/Male 82 Kg/173 Cms

Stage	Stage Time (min:Sec)	Phase Time (min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	86	114/78	98	-	
Standing					1.0	81	114/78	92	-	
HV					1.0	60	114/78	68	-	
EXStart					1.0	79	114/78	90	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	108	130/80	140	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	133	140/85	186	-	
PeakEx	3:00	9:00	3.4	14.0	10.2	158	150/90	237	-	
Recovery	1:00		0.0	0.0	1.2	134	150/90	201	-	
Recovery	2:00		0.0	0.0	1.0	121	130/80	157	-	
Recovery	3:00		0.0	0.0	1.0	109	110/70	119	-	

Findings :

Exercise Time : 8:59 minutes  
 Max HR attained : 159 bpm 86% of Max Predictable HR 185  
 Max BP : 150/90(mmHg)  
 Workload attained : 10.2 (Good Effort Tolerance )  
 No significant ST segment changes noted during exercise or recovery.  
 No Angina/Arrhythmia/53/murmur  
 Final Impression : Test is negative for inducible ischaemia.

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
 Reg. No.: 2018115643

Advice/Comments:

**HEALTHCARE MEDICAL CENTRE & DIAGNOSTICS**  
 U: NAKT NAGAR, P. G. ROAD,  
 GOREGAON (W), MUMBAI - 62.  
 65153030 / 66155050  
 8369137826







12 Lead + Comparison

158/MR UTKARSH AMBADE  
35 Yrs/Male  
82 Kg/173 Cms  
Date: 01 Feb 2024 10:06:46 AM

HR: 81 bpm  
METS: 1.0  
BP: 114/78

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

W. G. ROAD, GOREGAON WEST  
MPHR: 45% of 185  
Speed: 0.0 m/s  
Grade: 0.05

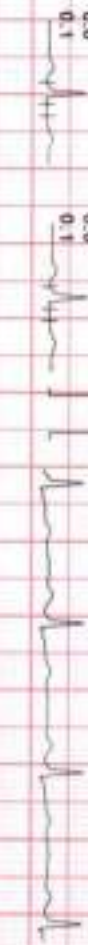
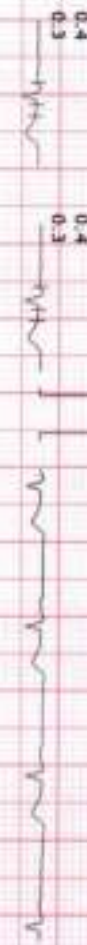
Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:36  
BLC :On  
Notch :On

SUPINE  
10.0 mmv/cm  
25 mm/Sec

Baseline Current 12-lead + Comparison

Baseline Current Raw Rhythm







12 Lead + Comparison

158/MR UTKARSH AMBADE  
35 Yrs/Male  
82 Kg/173 Cms  
Date: 03-Feb-2024 10:06:48 AM

HR: 81 bpm  
METs: 1.0  
BP: 114/78

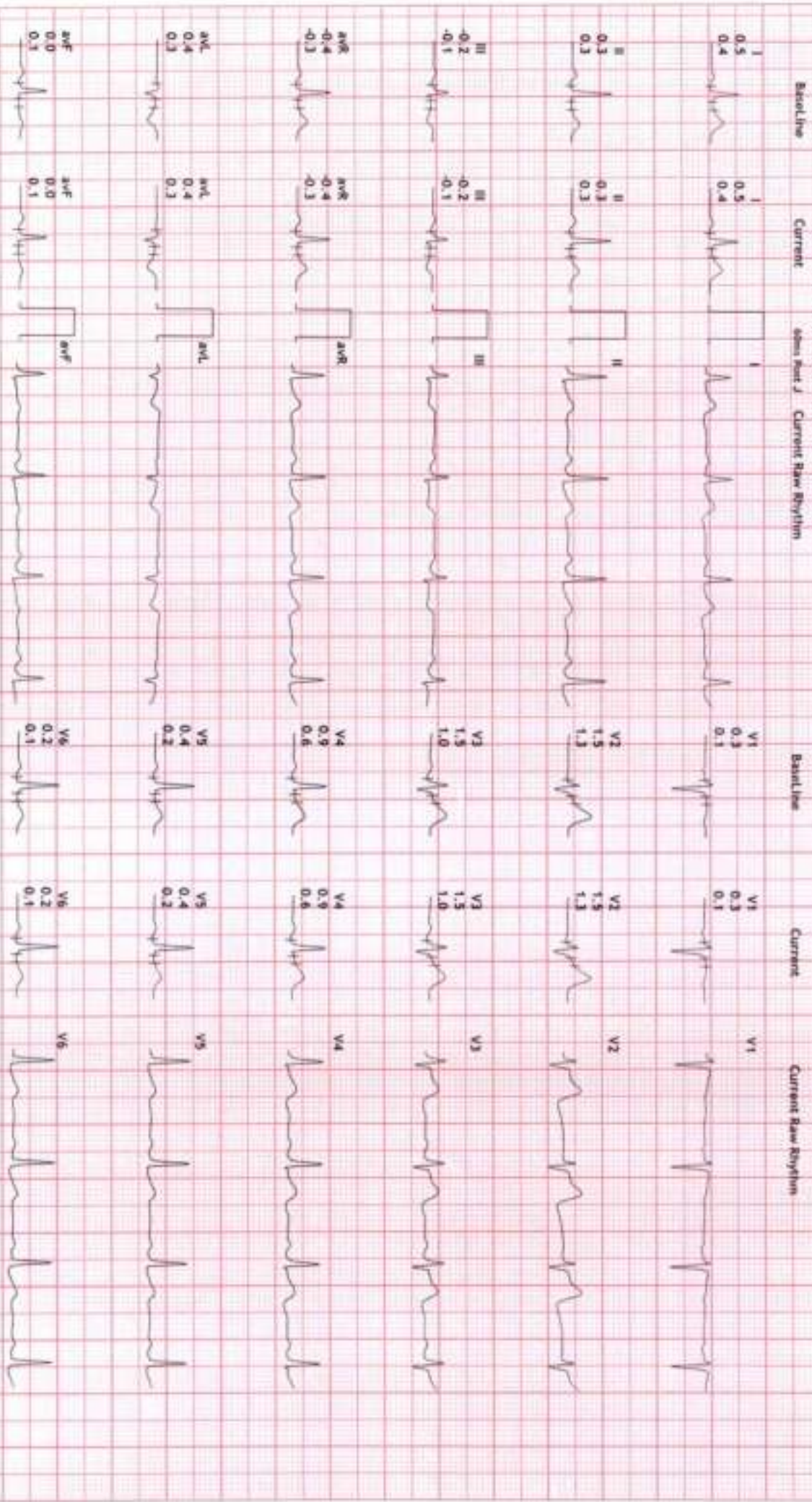
HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

M. G. ROAD, GOREGAON WEST,  
APPR-43% of 185  
Speed: 0.0 m/s  
Grade: 0.0%

Raw ECG  
BRUCE  
11.0-100Hz

EC Time: 00:43  
BLC: On  
NOTCH: On

STANDING  
10.0 mm/mV  
25 mm/Sec







12 Lead + Comparison

158/MR UTKARSH AWBADI  
35 Yrs/Male  
82 Kg/173 Cms  
Date: 01-Feb-2024 10:06:48 AM

HR: 50 bpm  
METs: 1.0  
BP: 114/78

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

M.G.ROAD, GOREGAON WEST,  
MHR-27% of 185  
Speed: 0.0 m/s  
Grade: 0.0%

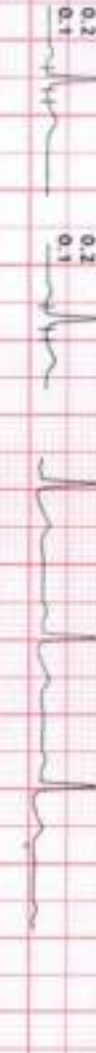
Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 00:48  
RLC :On  
Notch :On

HV  
10.0 mm/mV  
25 mm/Sec

Baseline Current 400s Pns J Current Raw Rhythm

Baseline Current Raw ECG Current Raw Rhythm







12 Lead + Comparison

158/MR UTKARSH AMBADE  
35 Yrs/Male  
82 Kg/173 CMS  
Date: 03-Feb-2024 10:06:48 AM

HR: 108 bpm  
METS: 4.7  
BP: 130/80

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
W.G. ROAD, GOREGAON WEST,  
MUMBAI-400 072

APHR: 58.8 of 185  
Speed: 1.7 mph  
Grade: 10.0%

Raw ECG  
BRUCE  
1.0-100/Hz

Ex Time: 03:00  
RLC: On  
Noch: On

Scale 1 ( 03:00  
10.0 mm/mV  
25 mm/Sec

Baseline

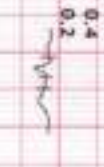
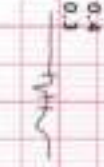
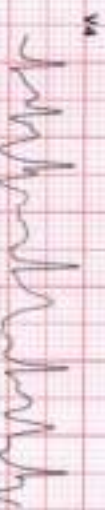
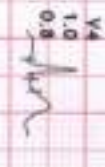
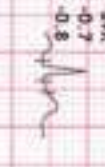
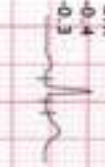
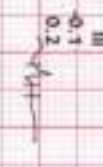
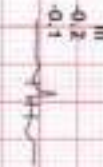
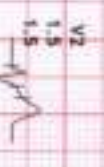
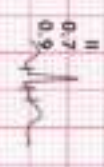
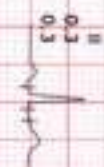
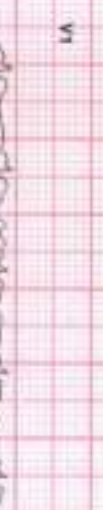
Current

adm Post J Current Raw Rhythm

Baseline

Current

Current Raw Rhythm







12 Lead + Comparison

158/MR UTHARSH AMBADE  
35 YRS/MALE  
82 Kg/173 Cms  
Date: 03-Feb-2024 10:06:48 AM

HR: 133 bpm  
METs: 7.1  
Sp: 140/85

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS  
M. G. ROAD, GOREGAON WEST,  
Mumbai-71% of 185

Speed: 2.5 mm/s  
Grade: 12.0%

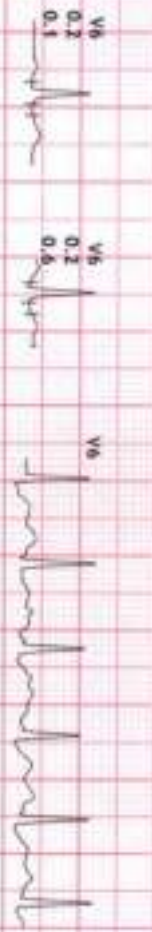
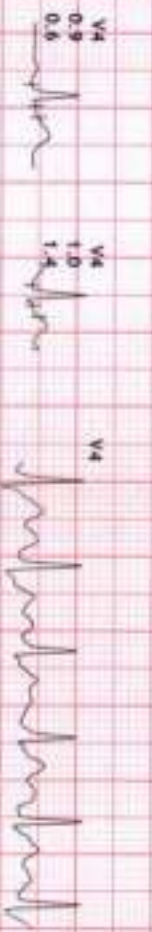
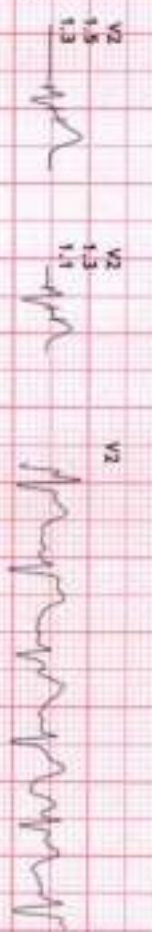
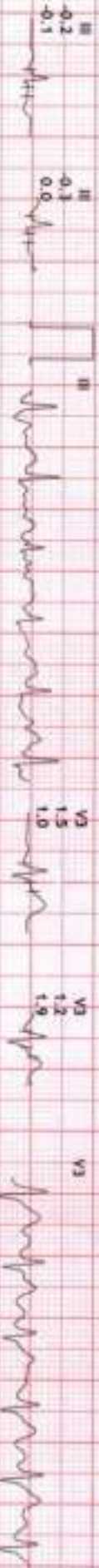
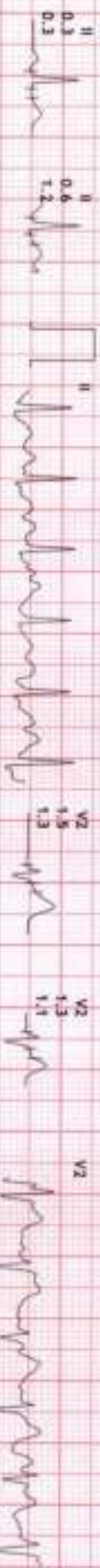
Raw ECG  
BRUCE  
11.0-100µV

Ex Time 06:00  
BLC :On  
March :On

Stage 2 ( 03:00  
10.0 mm/mV  
25 mm/Sec

Baseline Current 40ms Post J Current Raw Rhythm

Baseline Current Current Raw Rhythm







12 Lead + Comparison

156/MR UTKARSH AMBADE  
35 Yrs/Male  
82 Kg/173 Cms  
Date: 01-Feb-2024 10:06:48 AM

HR: 158 bpm  
METS: 10.2  
BP: 150/90

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

M.G.ROAD, GOREGAON WEST

MPHR: 85% of 185  
Speed: 3.4 mpm  
Grade: 14.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex Time 08:58  
BLC :0h  
Hocct :0h

PeakEX  
10.0 mm/mv  
25 mm/Sec.

Baseline

Current

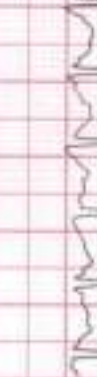
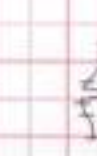
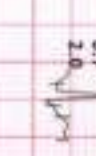
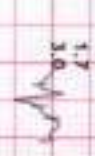
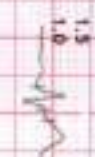
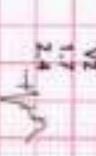
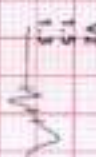
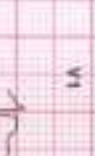
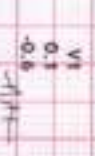
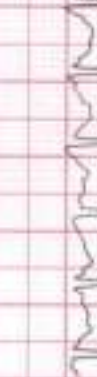
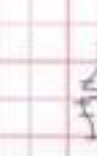
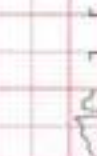
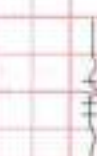
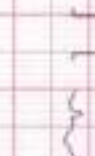
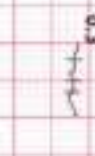
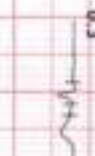
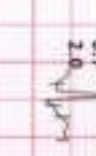
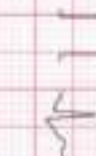
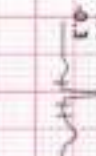
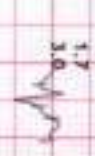
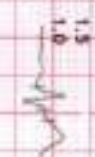
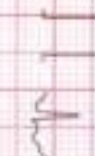
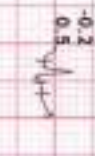
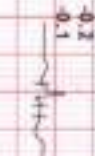
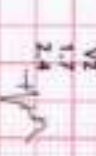
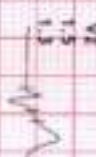
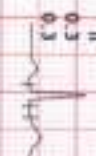
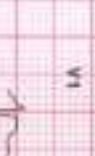
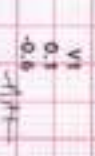
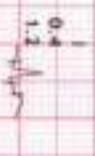
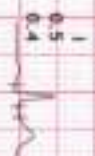
slow fast J

Current Raw Rhythm

Baseline

Current

Current Raw Rhythm



Handwritten signature





12 Lead + Comparison

158/MR UTKARSH AMBADE  
35 Yrs/Male  
62 Kg/173 Cms  
Date: 03-Feb-2024 10:06:48 AM

HR: 134 bpm  
METs: 1.1  
BP: 150/90

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

W. G. ROAD, GOREGAON WEST,  
Mumbai, 72% of 185  
Speed: 0.0 m/s  
Grade: 0.0%

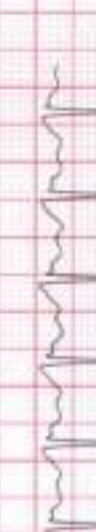
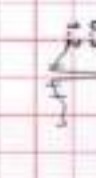
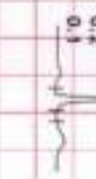
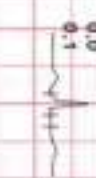
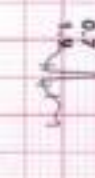
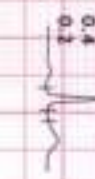
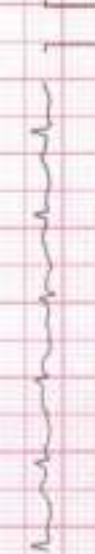
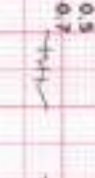
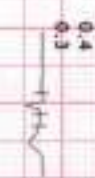
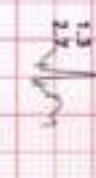
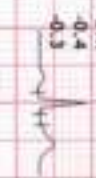
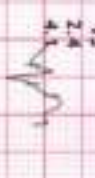
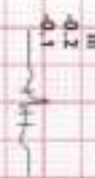
Raw ECG  
BRUCE  
1.0-100µV

Ex Time 08:58  
RLC :On  
Mocch :On

Recovery : 01:  
10.0 mm/mt  
25 mm/Sec

Baseline Current spms Paul J Current Raw Rhythm

Baseline Current Current Raw Rhythm







12 Lead \* Comparison

158/MR UTKARSH AMBADE  
35 Yrs/Male  
82 Kg/173 Cms  
Date: 03-Feb-2024 10:06:48 AM

HR: 121 bpm  
METS: 1.0  
BP: 130/80

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

W. G. ROAD, GOREGAON WEST  
MPHR: 65% of 185  
Speed: 0.0 mph  
Grade: 0.0%

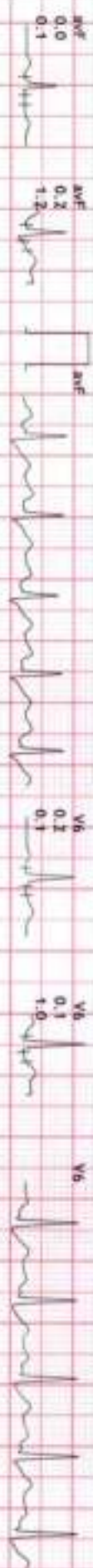
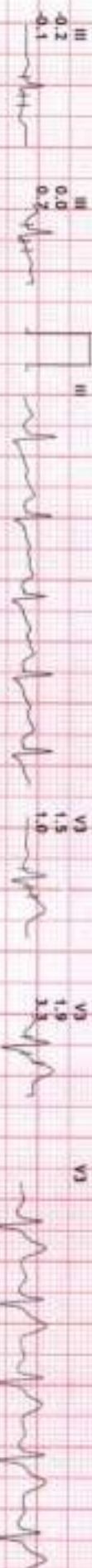
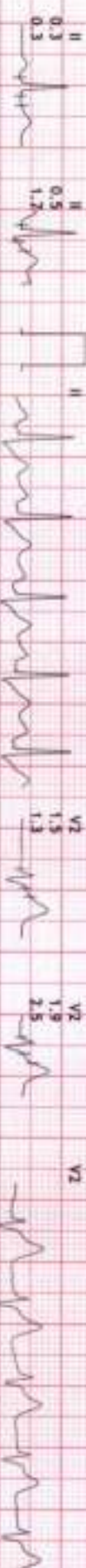
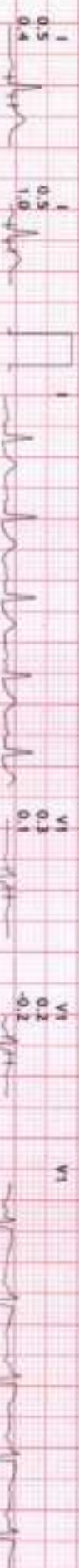
Raw ECG  
BRUCE  
1-D-100Hz

Ex-Time 08:58  
RLC: On  
Notch: On

Recovery: 1.02  
10.0 mm/mV  
25 mm/Sec.

Baseline Current 4mm Rise 4 Current Raw Rhythm

Baseline Current Raw Rhythm







12 Lead + Comparison

158/MR UTKARSH AMBADE  
35 Yrs/Male  
82 Kg/173 Cms  
Date: 03-Feb-2024 10:06:48 AM

HR: 108 bpm  
METs: 1.0  
BP: 110/70

HEALTHCARE MEDICAL CENTRE AND DIAGNOSTICS

M.G. ROAD, GOREGAON WEST

MPHR-58% of 185  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(1.0-100)Hz

Ex. Time 08:58  
RLC :On  
Notch :On

Recovery : (03):  
10.0 mm/mV  
25 mm/Sec

Baseline

Current

When Run J

Current Raw Rhythm

Baseline

Current

Current Raw Rhythm

