

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA



स्थायी लेखा संख्या कार्ड
Permanent Account Number Card

BSTPC2905G

नाम/ Name
TWINKLE CHOUHAN

पिता का नाम/ Father's Name
ONKAR LAL CHOUHAN

जन्म की तारीख/ Date of Birth
17/11/1995



Twinkle

हस्ताक्षर/ Signature

16012018

Twinkle





557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg Date: 10-Mar-2024

Non-Cardiac/Pain Angina / Non-Hypercholesterolemia / Non-Diabetic / Negative Estrogen / Non-Athlete

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:43	0:43	00.0	00.0	01.0	092	48%	110/80	101	00	
Standing	01:12	0:29	00.0	00.0	01.0	106	55%	110/80	116	00	
HV	01:44	0:32	00.0	00.0	01.0	117	61%	110/80	128	00	
ExStart	01:54	0:10	00.0	00.0	01.0	128	66%	110/80	140	00	
BRUCE Stage 1	04:54	3:00	01.7	10.0	04.7	161	83%	120/80	193	00	
BRUCE Stage 2	07:54	3:00	02.5	12.0	07.1	170	88%	135/85	229	00	
PeakEx	09:45	1:51	03.4	14.0	09.0	180	93%	145/90	261	00	
Recovery	10:45	1:00	00.0	00.0	01.1	159	82%	145/90	230	00	
Recovery	11:45	2:00	00.0	00.0	01.0	138	72%	145/90	200	00	
Recovery	12:45	3:00	00.0	00.0	01.0	126	65%	140/85	176	00	
Recovery	13:45	4:00	00.0	00.0	01.0	127	66%	130/80	165	00	
Recovery	14:45	5:00	00.0	00.0	01.0	125	65%	130/80	162	00	
Recovery	14:57	5:11	00.0	00.0	01.0	120	62%	125/80	150	00	

FINDINGS :

Exercise Time : 07:51
 Max HR Attained : 180 bpm 93% of Target 193
 Max BP Attained : 145/90
 Max WorkLoad Attained : 9 Good response to induced stress
 Test Objective : RULED OUT IHD
 History : None
 Test End Reasons : Test Complete, Test Complete, Test Complete

REPORT: Imp - stress test negative for exercise induced ischemia -

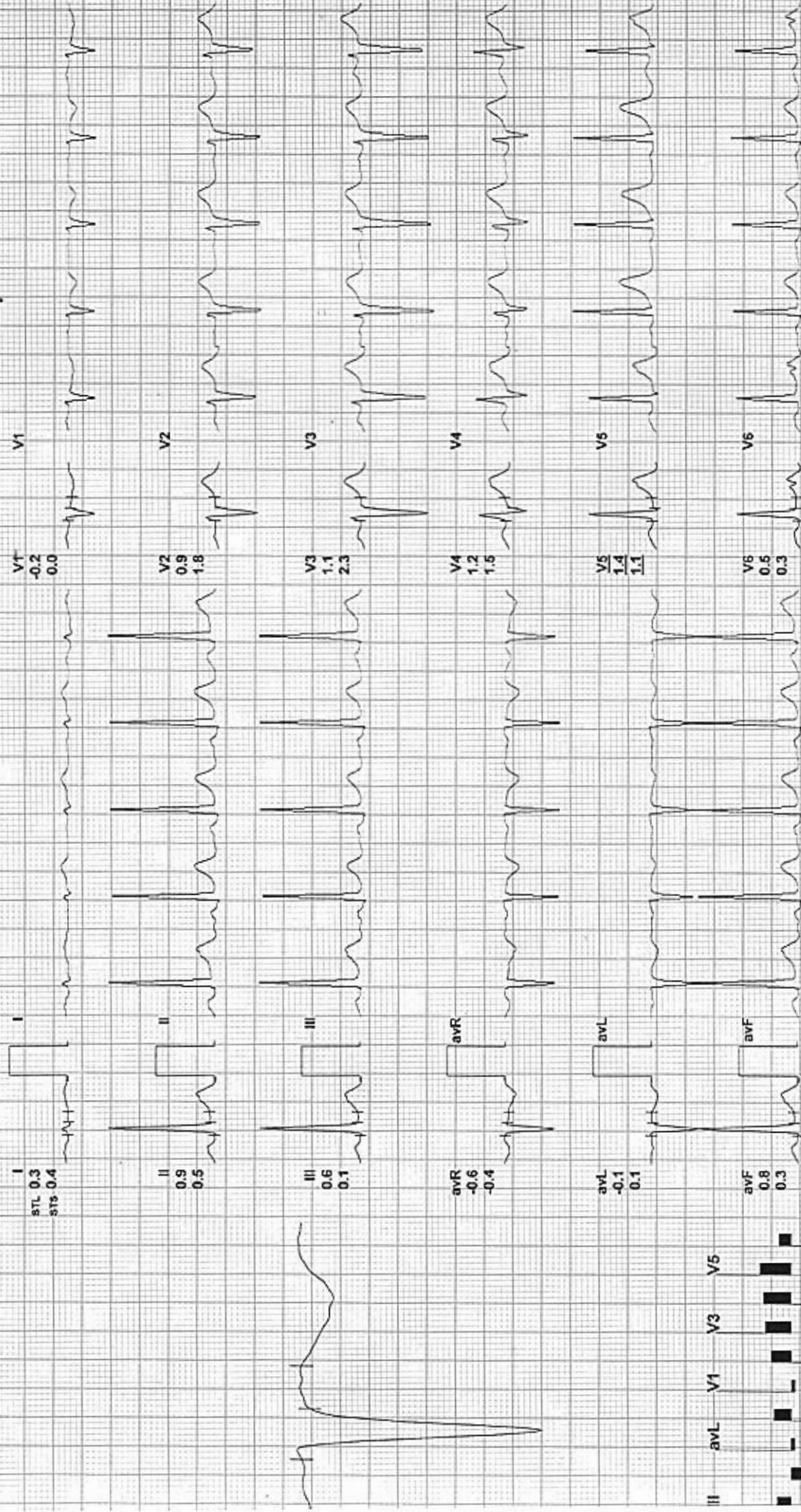
TS



WINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 92

1-Mar-2024 10:30:25 AM METS: 1.0/ 92 bpm 48% of THR BP: 110/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 mph, 0.0%

80 mS Post J





BRUCE: Standing (0:29)

ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 106

Date: 10-Mar-2024 10:30:25 AM

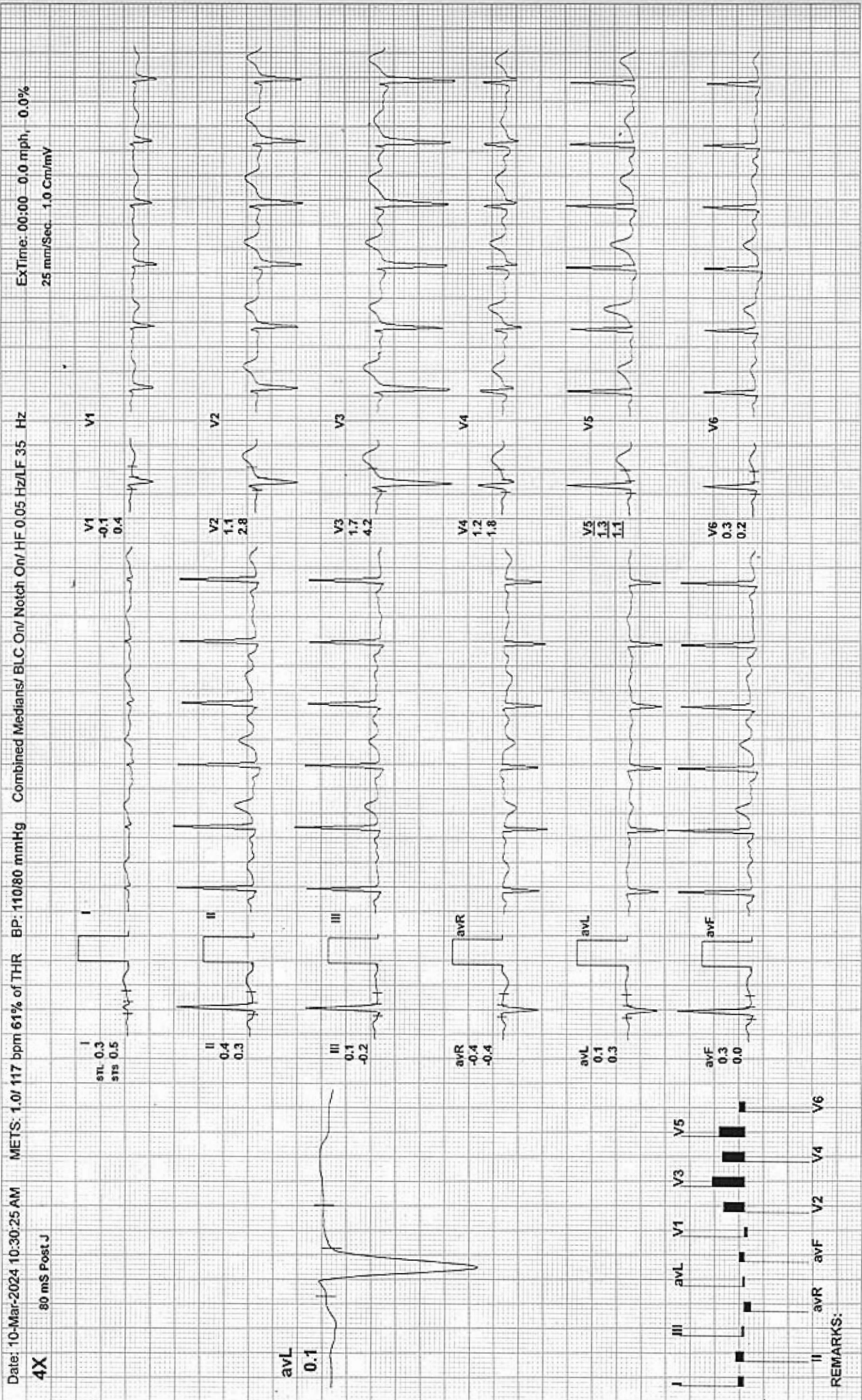
4X 80 mS Post-J

METS: 1.0 / 106 bpm 55% of THR BP: 110/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 - 0.0 mph, 0.0%
25 mm/Sec - 1.0 Cm/mV







ExStart

ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 128

Date: 10-Mar-2024 10:30:25 AM

METS: 1.0/ 128 bpm 66% of THR

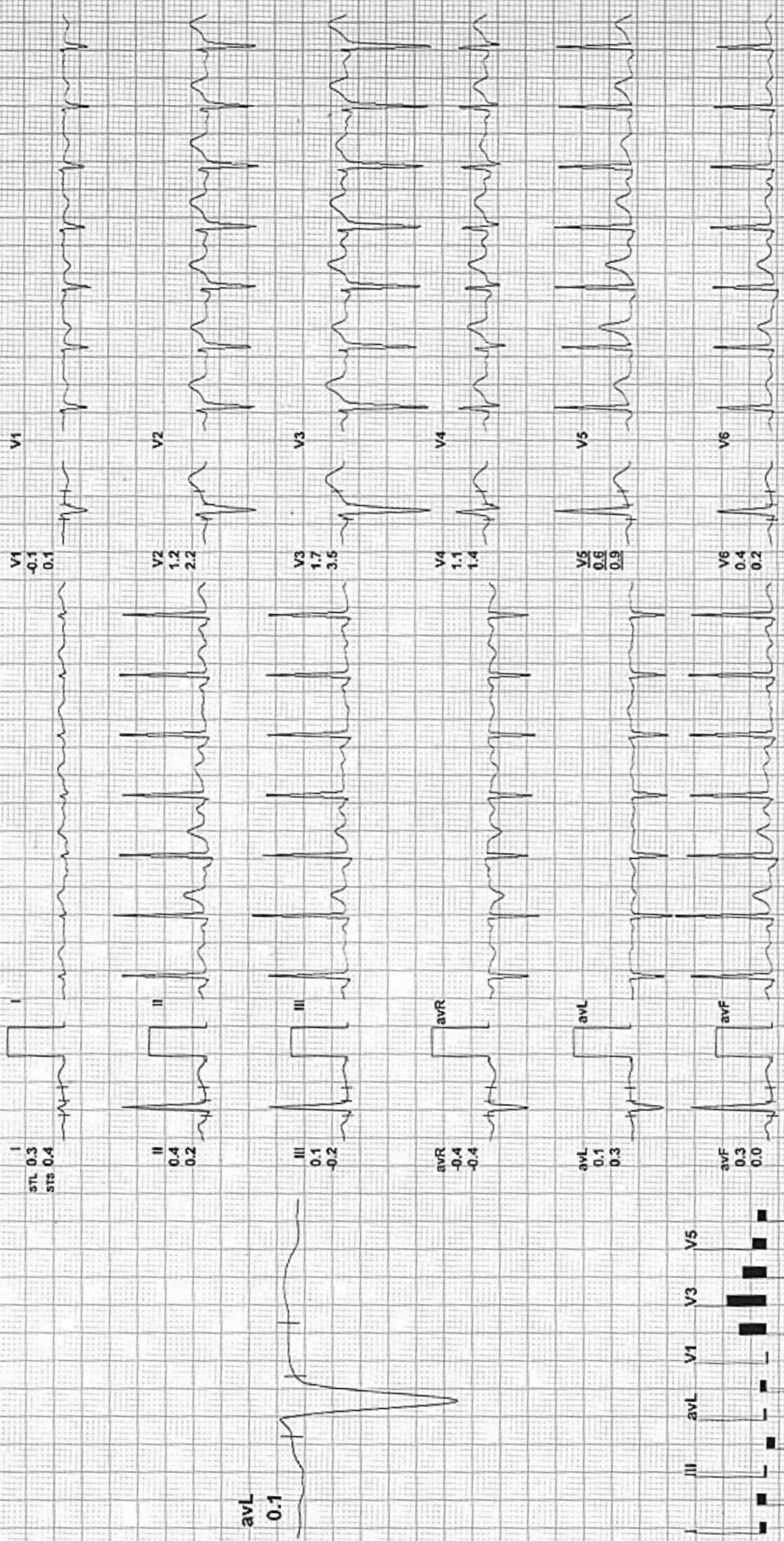
BP: 110/80 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 - 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



BRUCE: Stage 1(3:00)

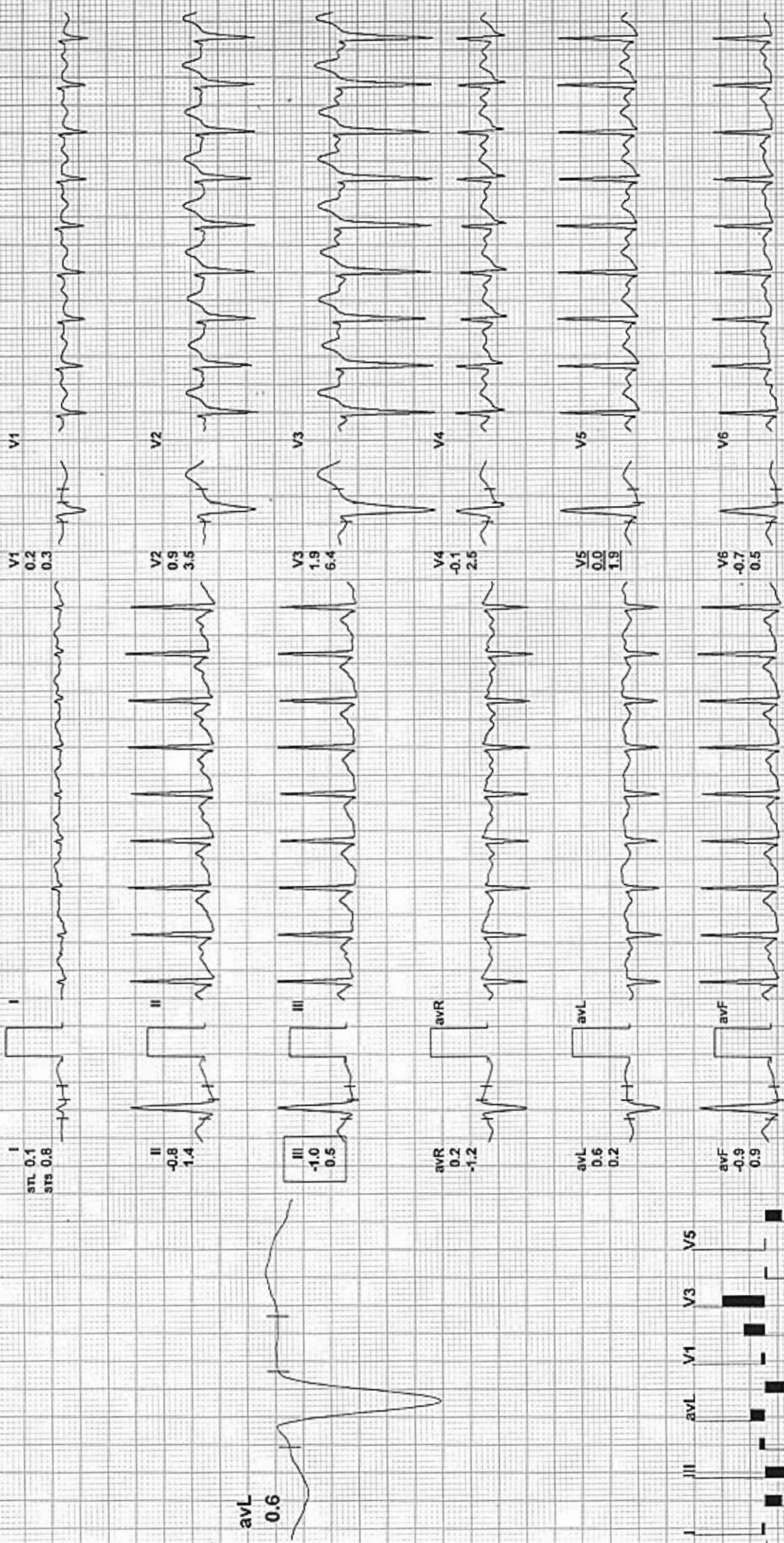
ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 161

ExTime: 03:00 1.7 mph, 10.0%
25 mm/Sec. 1.0 Cm/mV

Date: 10-Mar-2024 10:30:25 AM METS: 4.7/161 bpm 83% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J



REMARKS:



BRUCE: Stage 2(3:00)

ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 170

Date: 10-Mar-2024 10:30:25 AM

METS: 7.1/ 170 bpm 88% of THR

BP: 135/85 mmHg

EXTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV

V1
-0.6
0.4

I
STL 0.0
STB 0.9

II
0.8
2.3

V2
0.6
4.1

III
0.9
1.2

avL
-0.4

V3
-0.1
6.9

avR
0.0
-1.7

V4
-0.8
3.2

V4

avL
-0.4
-0.1

V5
-0.6
2.1

V5

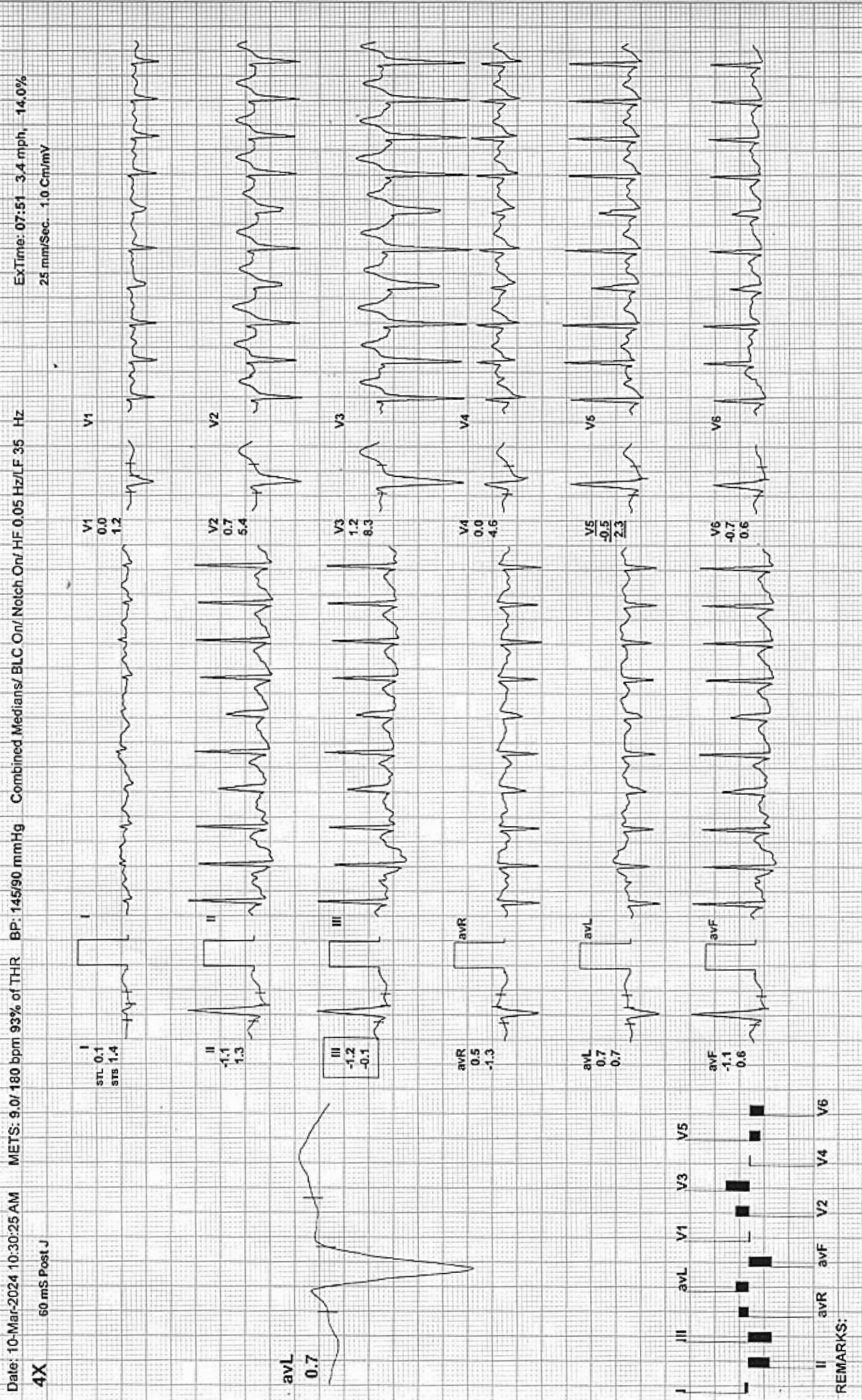
avF
0.8
1.8

V6
-1.2
-0.1

V6

REMARKS:

(ADX_GEM216201125)(R)allengers

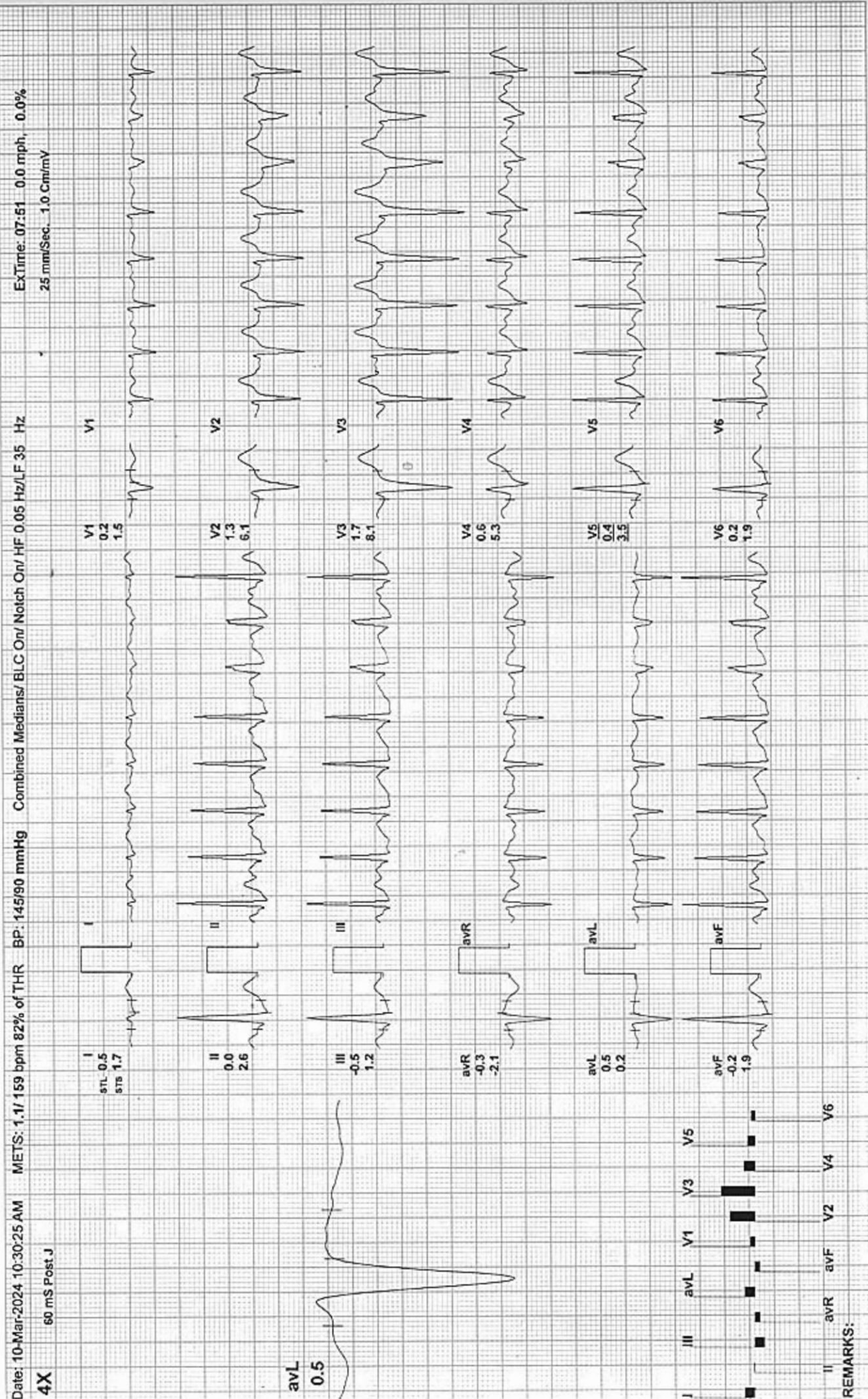




Recovery(1:00)

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557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 159



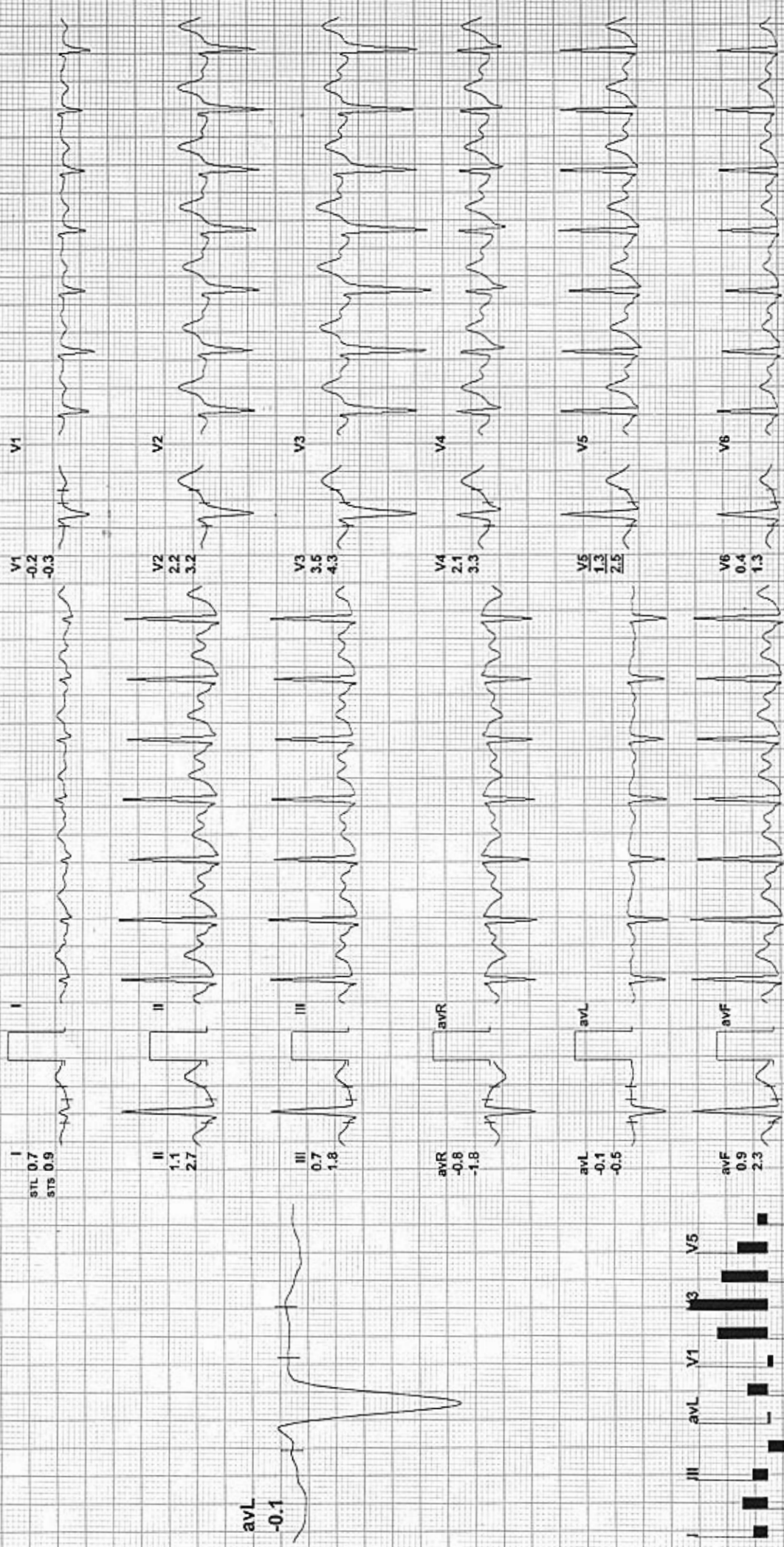


Recovery(2:00)

ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 138

Date: 10-Mar-2024 10:30:25 AM METS: 1.0/ 138 bpm 72% of THR BP: 145/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz
4X 60 mS Post J ExTime: 07:51 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV



REMARKS:



Recovery(3:00)

ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 126

Date: 10-Mar-2024 10:30:25 AM

METS: 1.0 / 126 bpm 65% of THR

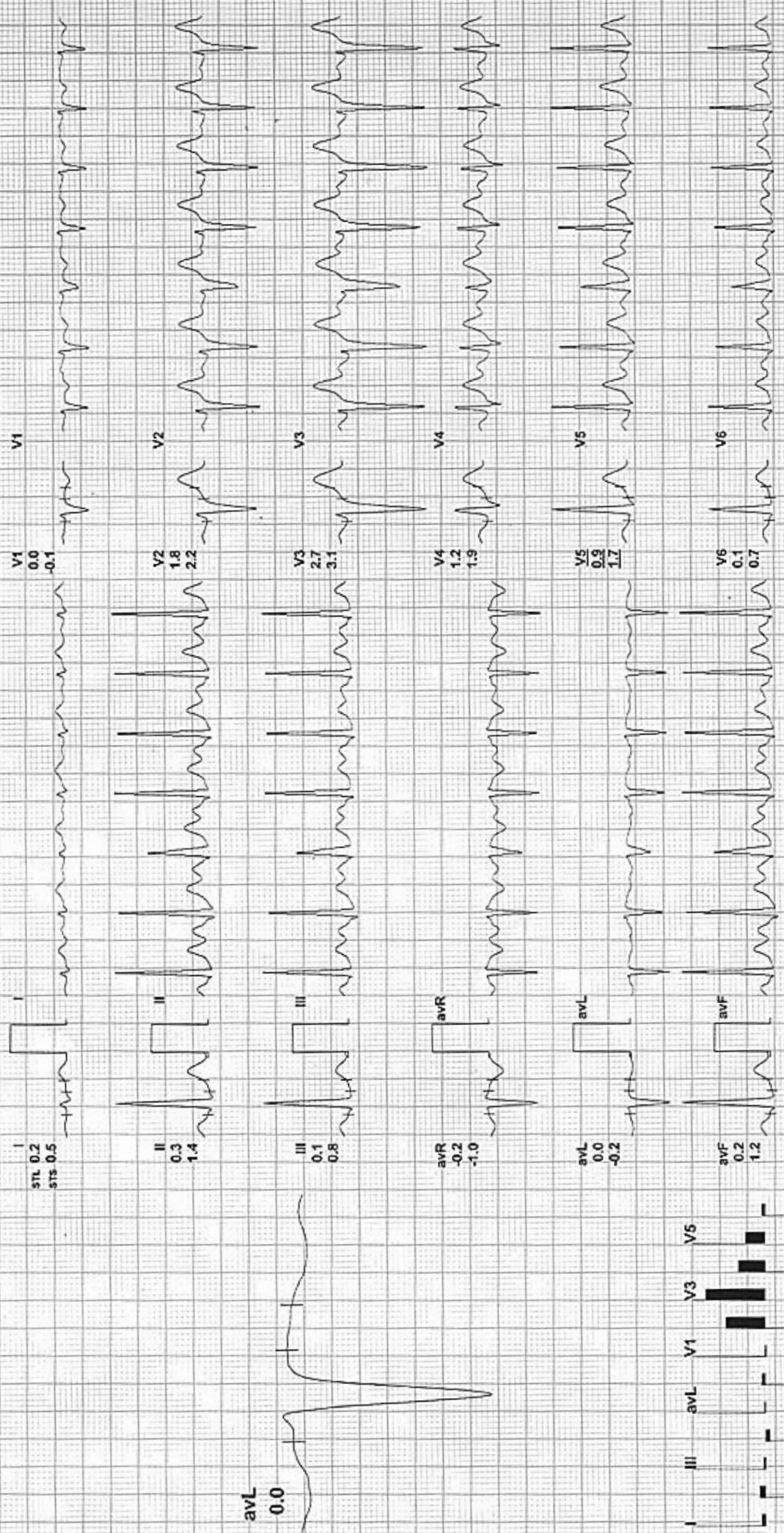
BP: 140/85 mmHg

Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 07:51 0.0 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:



Recovery(4:00)

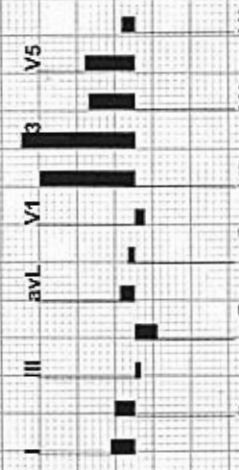
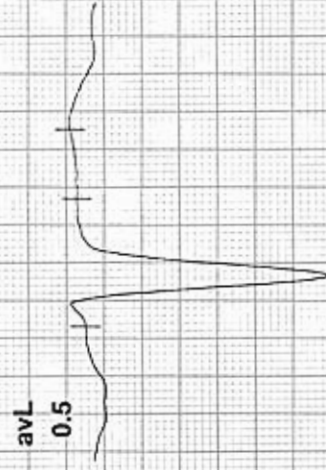
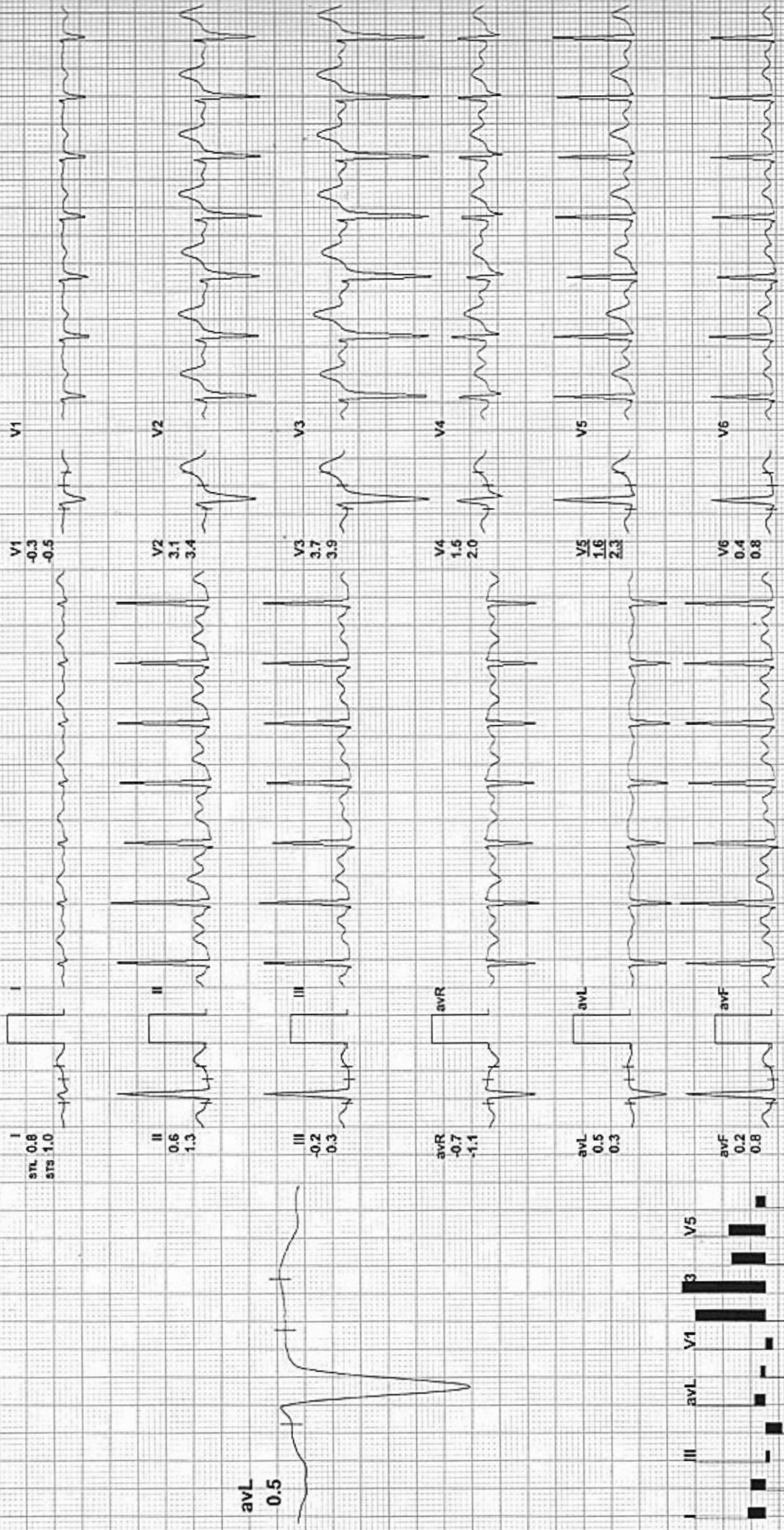
ARAVALI HOSPITAL

557 / TWINKLE / 27 Yrs / F / 0 Cms / 0 Kg / HR : 127

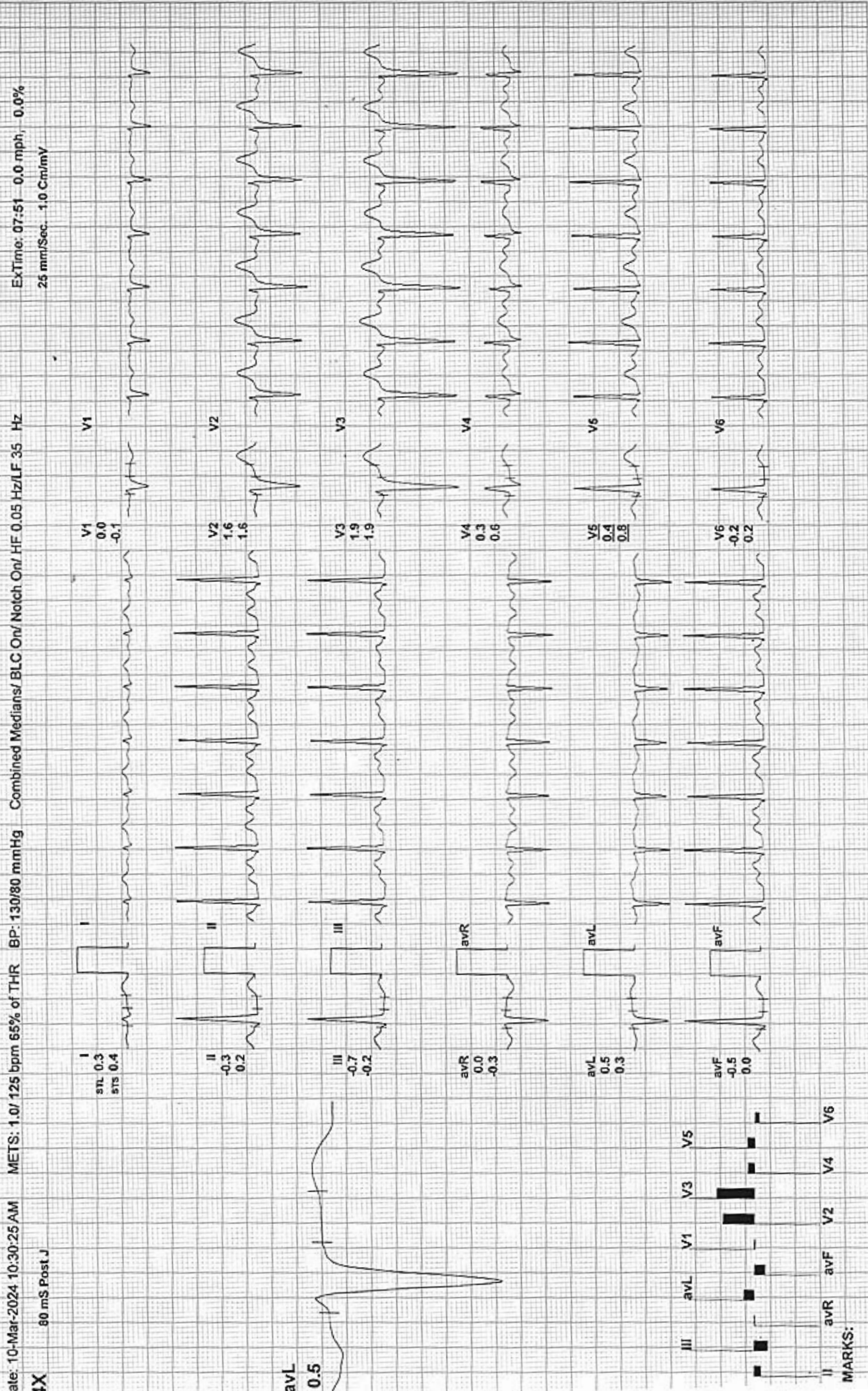
ExTime: 07:51 0.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

Date: 10-Mar-2024 10:30:25 AM METS: 1.0/ 127 bpm 66% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 70 mS Post J



REMARKS:





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द्वारा प्रमाणित

Name Ms. TWINKLE CHOUHAN

Visit Date & Time 10/03/2024 10:35:55

PATIENT ID 112316653

Sample Accepted : 10/03/2024 16:18:36

Age 27 Yrs Sex Female

Test Authenticated at : 10/03/2024 17:15:14

Ref. By



HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
HAEMOGLOBIN (HB)	12.0		gm %	11.0 - 16.0
RBC Count	4.13		X10 ⁶ /UL	3.50 - 5.50
PCV	35.5	L	%	36.0 - 48.0
MEAN CORP. VOLUME (MCV)	85.9		fL	80.0 - 99.0
MEAN CORP. HB (MCH)	29.0		pg	27.0 - 32.0
MEAN CORP. HB CON. (MCHC)	33.7		g/dL	32.0 - 36.0
RDW-CV	11.7		%	11.0 - 16.0
RDW-SD	38.9		fl	35.0 - 56.0
TLC Count	6.10		/cmm	4.00 - 11.00
Differential Leucocyte Count (DLC)				
POLYMORPH	70		%	45 - 75
LYMPHOCYTE	23		%	20 - 45
EOSINOPHIL	03		%	01 - 06
MONOCYTE	04		%	01 - 10
BASOPHIL	00		%	00 - 01
TOTAL PLATELET COUNT	194		x10 ³ /uL	150 - 450
MPV	12.1	H		7.4 - 10.4
PDW	13.7		%	10.0 - 17.0
PCT	0.2		%	0.1 - 0.3
P-LCR	44.5		%	11.0 - 45.0
P-LCC	86.0			30.0 - 90.0
ESR	28	H	mm/1st hr.	0 - 20



DR. NARENDRA MOGRA
RMC NO5394

Helpline : 9352 108 108

www.aravalihospital.in





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HAEMATOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
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Blood Group (ABORH)

'B' POSITIVE




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Test Name	Value	Status	Unit	Biological Ref Interval
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LIPID PROFILE

CHOLESTEROL TOTAL	128.00		mg/dl	<200.00
TRIGLYCERIDES	53.38		mg/dl	0.00 - 200.00
HDL CHOLESTEROL	47.05		mg/dl	30.00 - 65.00
LDL CHOLESTRÖL	70.00		mg/dl	35.00 - 100.00
VLDL CHOLESTEROL	11.00	L	mg/dl	12.00 - 35.00
CHOLESTEROL TOTAL / HDL RATIO	2.72			0.00 - 4.90
CHOLESTEROL LDL / HDL RATIO	1.49			0.00 - 5.00



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Test Name	Value	Status	Unit	Biological Ref Interval
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LIVER FUNCTION TEST (LFT)

BILIRUBIN-TOTAL	0.41		mg/dl	0.20 - 1.20
BILIRUBIN-DIRECT	0.12		mg/dl	0.00 - 0.25
BILIRUBIN-INDIRECT	0.29		mg/dl	0.10 - 0.40
SGOT-AST	19.69		U/L	0.00 - 35.00
SGPT-ALT	13.50		U/L	0.00 - 45.00
ALKALINE PHOSPHATASE	119.00		IU/L	35.00 - 129.00
PROTIEN-TOTAL	7.32		gm/dl	6.00 - 8.50
ALBUMIN	4.25		gm/dl	3.50 - 5.20
GLOBULIN	3.07		gm/dl	2.50 - 4.00
A:G RATIO	1.38			1.10 - 2.20



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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
BLOOD SUGAR (FASTING)	88.9		mg/dl	60.0 - 110.0
BLOOD SUGAR (PP)	111.5		mg/dl	110.0 - 140.0
CREATININE	0.57		mg/dl	0.50 - 1.30
URIC ACID	2.67		mg/dl	2.60 - 7.20



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BIOCHEMISTRY

Test Name	Value	Status	Unit	Biological Ref Interval
HBA1C				
GLYCOSYLATED HAEMOGLOBIN-A1C	4.90		%	Below 6.5% : Good Control 6.5% - 7% : Fair Control 7.0% - 8% : Unsatisfactory Control >8% Poor Control
AVERAGE BLOOD GLUCOSE (ABG) Method: Derived from HbA1c Value	93.93		%	90 - 120 Good Control 121 - 150 Fair Control 151 - 180 Unsatisfactory Control > 180 Poor Control



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Ref. By



IMMUNOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
T3	1.02		ng/ml	0.87 - 1.78
T4	11.34		ug/dl	4.82 - 15.65
TSH	1.752		micro U/ml	0.340 - 5.600

TSH levels may be affected by acute illness and drugs like dopamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave's disease

TSH between 5.5 to 15.0 with normal T3,T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3,T4 with slightly low TSH suggests subclinical hyperthyroidism

TSH suppression does not reflect severity of hyperthyroidism therefore, measurement of FT3,FT4 is important.

Free T3 is first hormone to increase in early hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment.

Therefore Free T3, Free T4 along with TSH should be checked.

During pregnancy clinically T3T4 can be high and TSH can be slightly low.



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CLINICAL PATHOLOGY

Test Name	Value	Status	Unit	Biological Ref Interval
URINE EXAMINATION				
<u>PHYSICAL EXAMINATION</u>				
QUANTITY	20			
COLOUR	PALE YELLOW			
SPECIFIC GRAVITY	QNS			
APPEARANCE	HAZY			
DEPOSITS	NIL			
PH	ACIDIC			
<u>CHEMICAL EXAMINATION</u>				
ALBUMIN	TRACE			
SUGAR	NIL			
<u>MICROSCOPY EXAMINATION</u>				
EPITHELIAL CELLS	8-10		/HPF	
PUS CELLS	30-35		/HPF	
RBC'S	15-20		/HPF	
CASTS	ABSENT			
CRYSTALS	ABSENT			
BACTERIA	+			
YEAST CELLS	NIL			
TRICHOMONAS VAGINALIS	NIL			
SPERMATOZOA	NIL			
OTHERS	NIL			

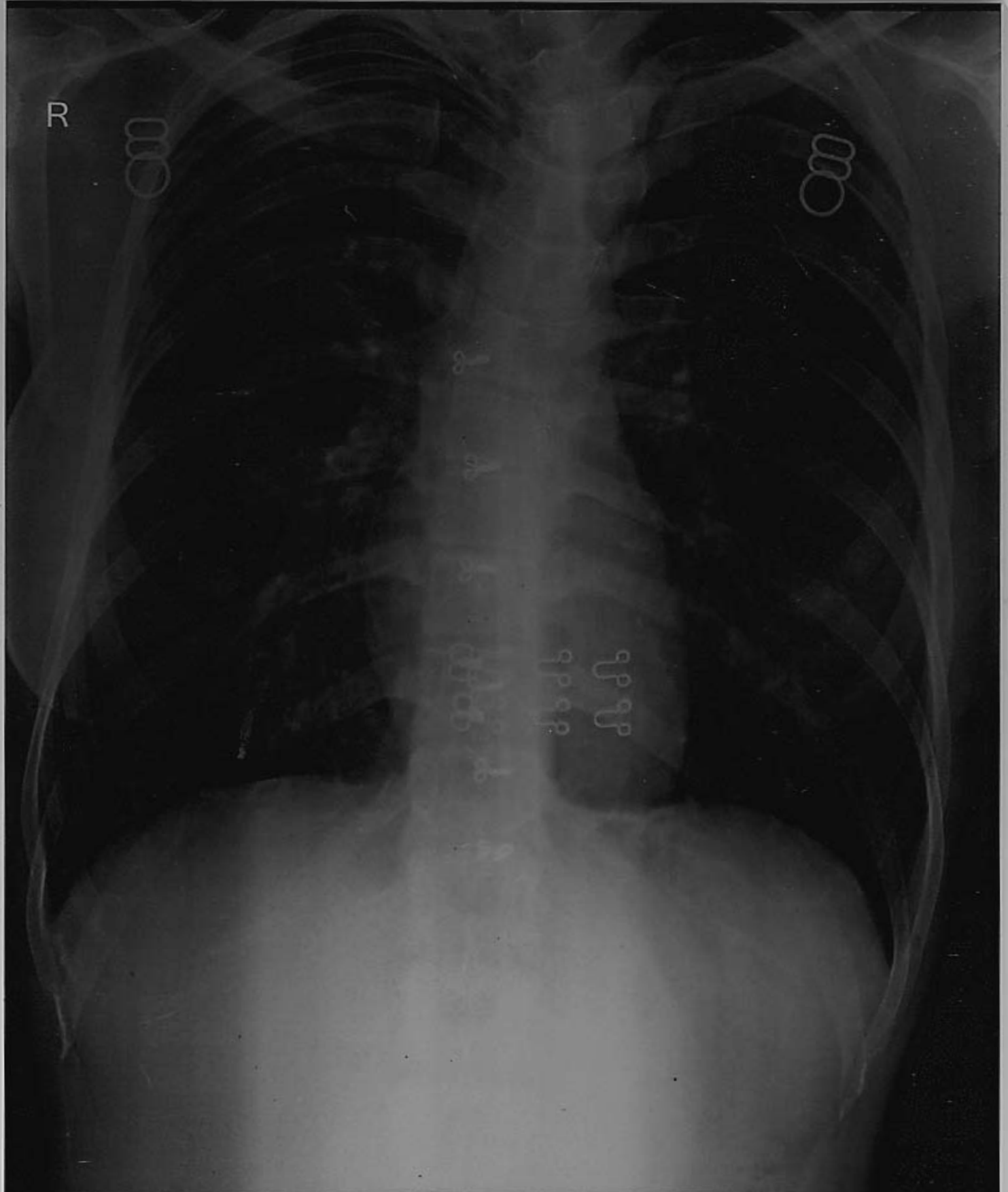


DR. NARENDRA MOGRA End of Report ***

RMC NO5394

DR. HUSSAIN ALI RANGWALA Helpline : 9352 108 108





R

MS. TWINKLE 27YRS BOB F CHEST PA 10-Mar-24 09:56 AM
ARAVALI HOSPITAL, 332 AMBAMATA SCHEME, UDAIPUR

BOB

TWINKLE CHOUHAN 27YR
Female

3/10/2024 9:38:30 AM

Rate 92 . Age not entered, assumed to be 50 years old for purpose of ECG interpretation
Sinus rhythm.....Normal P axis, V-rate 50- 99
PR 146 . Baseline wander in lead(s) V1, V2

QRSD 87
QT 365
QTc 452

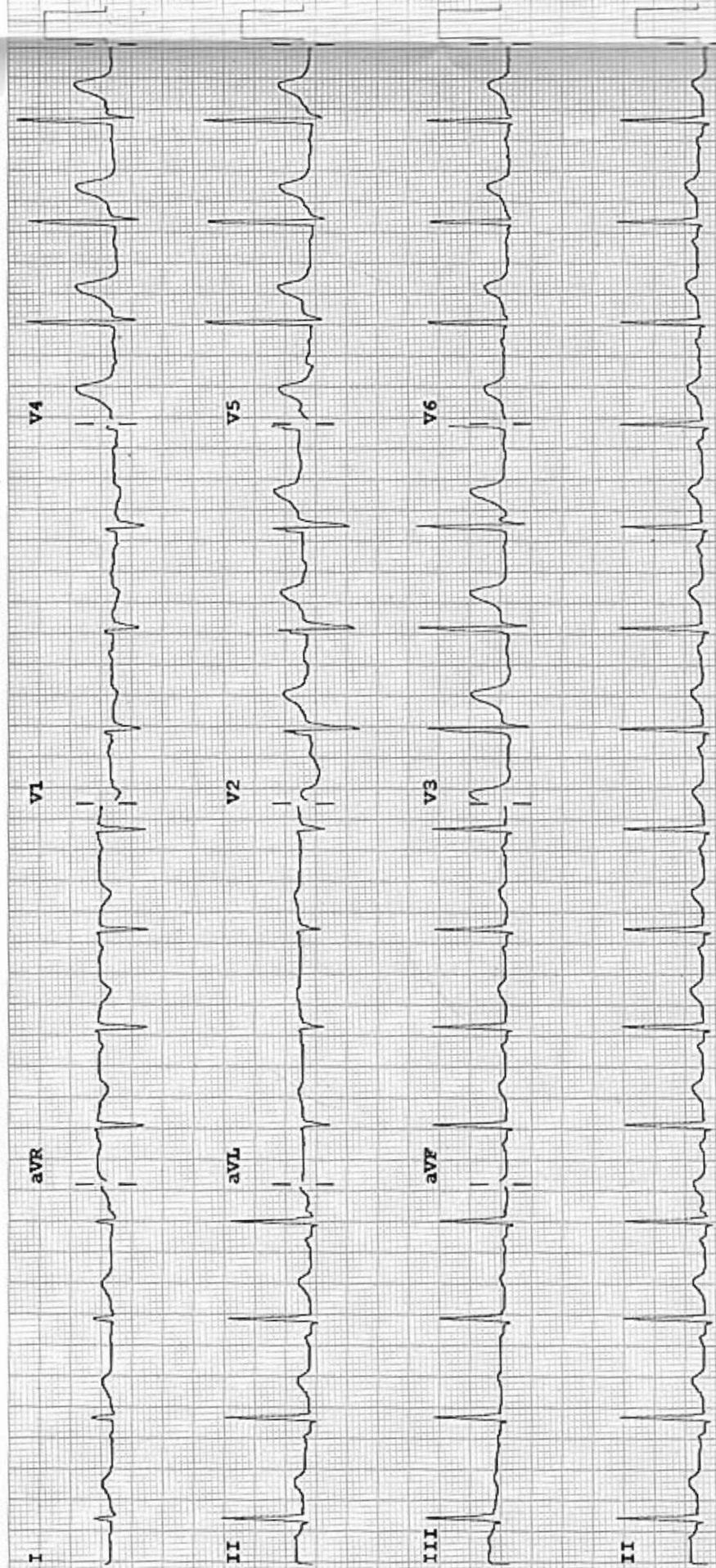
--AXIS--

P 70
QRS 77
T 41

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 60 0 15-100