

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY				
NAME	Kalpana Raghuvanshi			
DATE OF BIRTH	01-01-1993			
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	25-12-2021			
BOOKING REFERENCE NO.	21D166152100008572S			
SPOUSE DETAILS				
EMPLOYEE NAME	MR. RAGHUVANSHI RITESH GOPALSINGH			
EMPLOYEE EC NO.	166152			
EMPLOYEE DESIGNATION	BRANCH HEAD			
EMPLOYEE PLACE OF WORK	TORDA			
EMPLOYEE BIRTHDATE	27-06-1985			

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-12-2021** till **31-03-2022**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





Softend

Dr. Jonesh M. Shah DNB (Medicine) FCCS (USA) Beg. Mo.: G-20693



Referred by

: Self

Date

: 25/12/2021

Patient's Id

: KR74

Age/Sex

: 30 Years/Female

Reg. No

Mobile

: 6232 : 9998673306

Ref ID.

Fitness Certificate

GENERAL EXAMINATION

Height (cms): 151

Weight (kgs): 75.3

Blood Pressure: 110/70 mmHg

Pulse: 70/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 25/12/2021 14:16:00

Generated On : 25/12/2021 14:21

End of Report

Dr Jinen M Shah DNB (Madacine)FCCS (USA)



Referred by : Self
Date : 25/12/2021

Patient's Id : KR74

Age/Sex

: 30 Years/Female

Reg. No : 6232

Mobile Ref ID. : 9998673306

HEMOGRAM REPORT

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin: Total WBC Count: Platelets Count: Differential Count:	10.7 6700 325000	gm/dL /microlitre /microlitre	12.5 - 16.0 4000 - 10500 1,50,000 - 4,50,000
Neutrophils: Lymphocytes: Eosinophils: Monocytes: Basophils:	64 33 02 01 00	% % % %	40-80 20-40 Upto 6 2-10 <1-2
RBC indicies:			
RBC Count: HCT: MCV: MCH: MCHC: RDW:	4.14 34.5 83.3 25.8 31.0 13.2	*10^6 /microL % fL pg % %	3.8 - 4.8 36 - 46 83 - 101 27-32 31.5-34.5 11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA) ESR 1st Hr:	05	mm	2 - 20 mm in 1Hr.
Thick Smear Preparation: Haemoparasite:	Malarial parasites	are not seen.	

Peripheral Smear Examination:

RBCs:

Normocytic & Normochromic.

Platelet:

Platelet adequate & normal on smear.

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Dr. Jaimin Panchal

MBBS,MD(Pathology)

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdey, Starffighway, Ahmedabad-380054, Gujarage 1 of 2



Referred by : Self

Date : 25/12/2021 Patient's Id

: KR74

Age/Sex

Ref ID.

: 30 Years/Female

Reg. No : 6232 Mobile

: 9998673306

Approved On : 25/12/2021 15:24:00 Generated On : 25/12/2021 16:08





Referred by :

: Self

Date Patient's Id : 25/12/2021 : KR74 Age/Sex

: 30 Years/Female

Reg. No

lo : 6232

Mobile Ref ID. : 9998673306

GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.4	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	108.28		

Method: HPLC on D-10, Bio-Rad, USA

INTERPRETATION:

* Blood sample can be drawn at any time. Fasting is not required.

* Reflects average blood sugar levels for the 2 to 3 months period before the test.

* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.

* High value in poorly controlled DM and moves towards normal in patients with optimal control.

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MBBS,MD(Pathology)

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Approved On : 25/12/2021 15:24:00 Generated On : 25/12/2021 16:08





Age/Sex : 30 Years/Female Patient's name : KALPANA RAGHUVANSHI

Reg. No : 6232 Referred by : Self

Mobile : 9998673306 Date : 25/12/2021 Patient's Id : KR74

Ref ID.

LIPID PROFILE

	(Performed on Semi Auto Chemistry Analyzer BeneSphera)			
Test	Result	Unit	Biological Reference Interval	
Sample Type: Fasting Serum				
S.Cholesterol (Oxidase Peroxidase)	164	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High	
S.HDLC (Direct) (Phosphotungsstic Acid)	42,4	mg/dL	< 40 Low > 60 High	
S.Triglyceride (GPO-POD)	125.1	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High	
S.VLDL (Calculated)	25.02	mg/dL	10-40 Normal	
S.LDLC	96.58	mg/dL	< 100 Optimal	
(Calculated)			100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High	
S.Cholesterol / HDLC Ratio	3.87		< 4 Normal	
(Calculated)			4-6 Borderline 6-8 Risklevel > 8 High Risk	
S.LDLC / HDLC Ratio	2.28		< 3 Normal	
(Calculated)			3-4 Borderline	
			4-6 Risk Level	
			> 6 High Risk	
Cholesterol / HDLC Ratio (Calculated)	3.87		< 3.5 Normal	
Triglyceride / HDLC Ratio (Calculated)	2.95		< 2 Normal > 4 Risk Level > 6 High Risk	
Non HDLC (Calculated)	121.6		< 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel > 220 High Risk	

Dr. Jaimin Panchal

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MBBS,MD(Pathology)



Referred by : Self
Date : 25/12/2021

Patient's Id : KR74

Age/Sex

: 30 Years/Female

Reg. No : 6232

Mobile Ref ID. : 9998673306

LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test Sample Type: Serum	Result	Unit	Biological Reference Interval
S.Billirubin			
Total Bilirubin (Azobillirubin)	0.60	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.14	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.46	mg/dl	0.0 - 1.1
S.G.P.T. (ALT) (Kinetic with Pyridoxal 5-Phosphate)	48.3	IU/L	0 - 49
S.G.O.T. (AST) (Kinetic with Pyridoxal 5-Phosphate)	37.6	IU/L	Up to 46
S.ALP (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	297.7	U/L	64 - 306
S.Protein			
Total Protein (Biuret)	7.18	gm/dl	6.3 - 8.2
Albumin (BCG)	4.43	gm/dl	3.5 - 5.2
Globulin (Calculated)	2.75	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	1.61		
S.GammaGT (L-Gamma Glutamyl-4-Nitroanalide)	29.8	IU/L	12-43

----- End of Report -----

Dr. Jaimin Panchal

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Approved On : 25/12/2021 15:23:00 Generated On : 25/12/2021 16:08 MBBS,MD(Pathology)



Referred by : Self

Date : 25/12/2021 Patient's Id

: KR74

Age/Sex

: 30 Years/Female

: 9998673306

Reg. No : 6232

Mobile Ref ID.

BLOOD GROUP

Sample Type:

EDTA

ABO Group:

"AB"

Rh Type:

Negative

RENAL FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	21.4	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	0.63	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	3.13	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

SERUM LDH LEVEL

Test Sample Type:

LDH Activity(Lactate Dehydrogenase):

Pyruvate to lactate Kinetic Method

Result Unit **Biological Reference Interval**

Serum

208.42 U/L 120 - 246

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

----- End of Report -----

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MBBS,MD(Pathology)

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Referred by : Self

Date : 25/12/2021

Patient's Id : KR74

Age/Sex

: 30 Years/Female

Reg. No

Mobile Ref ID. : 6232 : 9998673306

BLOOD GLUCOSE LEVEL

Test Sample Type:	Result Flouride	Unit	Biological Reference Interval
Fasting Blood Glucose (Hexokinase) Collection Time:	88.0	mg/dl	70-110
Collection Time: Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	90.5	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

THYROID FUNCTION TEST

(by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triidothyronine by CLIA)	1.33	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	7.20	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	1.940	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

Dr. Jaimin Panchal

MBBS,MD(Pathology)

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Patient's name : KALPANA RAGHUVANSHI Age/Sex : 30 Years/Female

Referred by : Self Reg. No : 6232

Date : 25/12/2021 Mobile : 9998673306 Patient's Id : KR74

Ref ID.

URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine Physical Examination (Naked Eye Observation)	Result	Biological Ref. Value
Amount	20 ml	>10 ml
Colour Appearance	Pale Yellow Clear	Pale Yellow Clear

Chemic

cal Examination		
рН	6.5	4.5-8.0
(Dip stick) Specific Gravity	1.015	1.002-1.030
(Bromothymol Blue) Albumin (Tetrabromophenol)	Absent	Absent
Glucose	Absent	Absent
(Specific Glucose Oxidase/Peroxidase) Bilirubin	Absent	Absent
(Azo-coupling reaction) Acetone	Absent	Absent
(Sodium Nitroprusside Reaction) Urobilinogen (Modified Ehrlich Reaction)	Absent	Absent

Absent

Absent

Microscopic Examination

(Diazotization Reaction)

Nitrites

2-4	Absent
1-2	Absent
4-6	
Absent	Absent
	1-2 4-6 Absent Absent Absent

Absent

Absent

Dr. Jaimin Panchal

End of Report -----

MBBS,MD(Pathology)

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Amorphous Material

Approved On : 25/12/2021 15:23:00 Generated On : 25/12/2021 16:08



Highway, Ahmedabad-380054, Gujarat. 'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev S



Referred by

: Self

Date

: 25/12/2021

Patient's Id : KR74 Age/Sex

: 30 Years/Female

Reg. No

Mobile

: 6232 : 9998673306

Ref ID.

Electrocardiogram

Findings

Normal Sinus Rhythm.

Within Normal Limit.

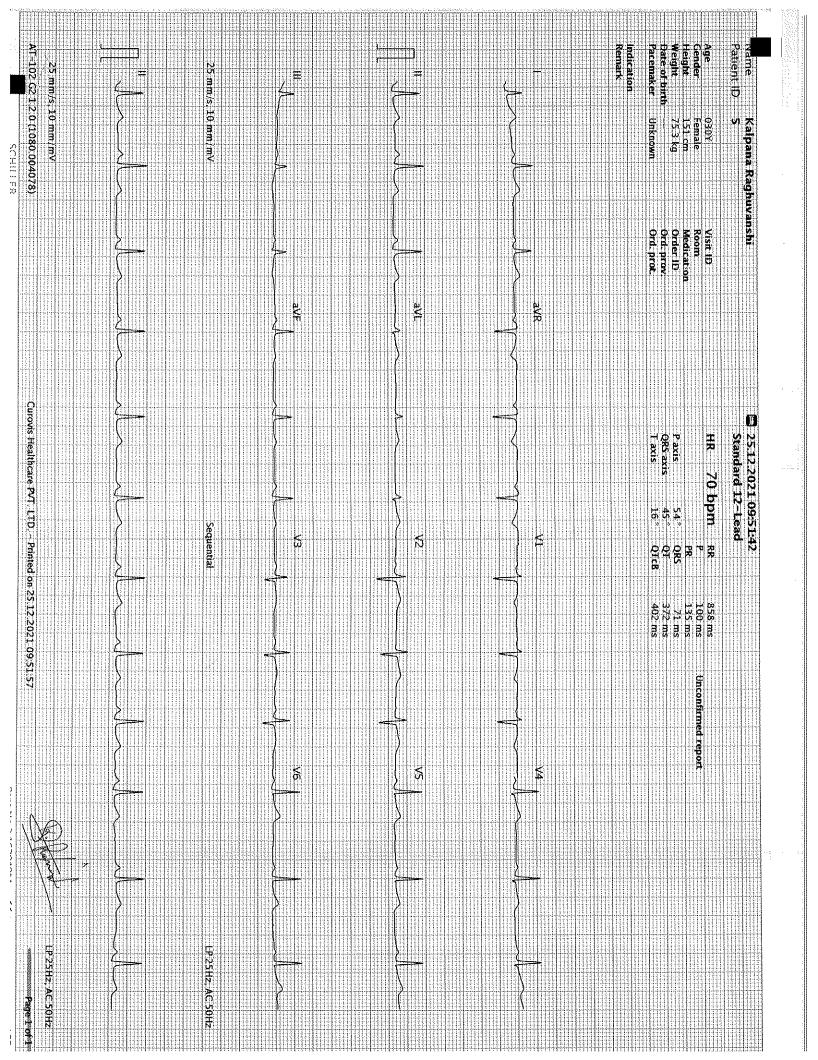
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Dr Jinen M Shah DMB (Medicine)FCCS (USA)







Referred by : Self

Date : 25/12/2021

Patient's Id : KR74 Age/Sex

Ref ID.

: 30 Years/Female

Reg. No : 6232

Mobile

: 9998673306

2D Echo Colour Doppler

OBSERVATION:

- 2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.
- 1. Normal LV size. No RWMA at rest.
- 2. Normal RV and RA. No Concentric LVH.
- 3. All Four valves are structurally normal.
- Good LV systolic function. LVEF = 60%.
- 5. Normal LV Compliance.
- 6. Trivial TR. Mild MR. No AR.
- 7. No PAH. RVSP = 26 mmHG.
- Intact IAS and IVS.
- 9. No Clot, No Vegetation.
- 10. No pericardial effusion.

CONCLUSION

- 1. Normal LV size with Good LV systolic function.
- 2. No Concentric LVH . Normal LV Compliance
- 3. Trivial TR with No PAH. Mild MR, No AR
- 4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

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End of Report

AHMEDABAD

Dr Jinen M Shah DNB (Modicino)FCCS (USA)



: 25/12/2021

Referred by Date

: Self

Patient's Id : KR74 Age/Sex

: 30 Years/Female

Reg. No

Mobile Ref ID. : 9998673306

: 6232

USG ABDOMEN

Liver appears normal in size, show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen. No evidence of dilatation of intra-hepatic billiary or portal radicals. PV is normal in caliber.

Gall bladder is not seen.CBD is 3 mm.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & echopattern. No evidence of focal lesions.

Both kidney are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass seen.

Urinary bladder contour is normal, no calculus or wall thickening seen.

Uterus appears normal. No adnexal mass is seen.

No evidence of free fluid in peritoneal cavity. No evidence of para-aortic lymph adenopathy. No evidence of dilated small bowel loops,

COMMENTS:

Gall bladder is not seen.

Normal study.

----- End of Report -----

Dr. Atul Patel

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Approved On : 25/12/2021 3:27:00 PM

Generated On : 25/12/2021 15:27

MD Radio-Dienosis



Referred by

: Self

Date Patient's Id : 25/12/2021

: KR74

Age/Sex

: 30 Years/Female

Reg. No : 6232

Mobile Ref ID.

: 9998673306

Eye Check - Up

RIGHT EYE

SP:

+1.00

CY: AX: -0.50 167

LEFT EYE

SP:

+1.50

CY:

-0.25161

AX:

Without Glasses

With Glasses

Right Eye Left Eye

6/5

6/5

N.A N.A

Near Vision:

Right Eye -N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision:

Normal

Comments:

Normal

Dr.Kejal Patel MB,DO(Ophth)

Approved On : 25/12/2021 14:18:00

Generated On : 25/12/2021 14:21



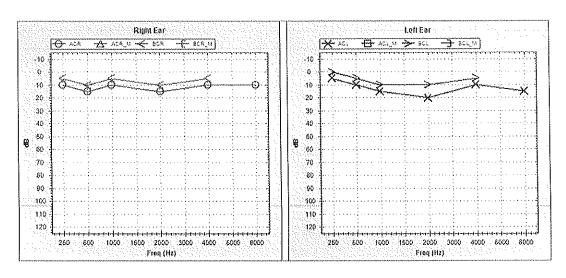


CLIENT NAME: KALPNA RAGHUWANSHI.

AGE:-30Y/ F

Date:-25/12/2021

AUDIOGRAM



MODE	1.	Air Conduction Bon		Bone Conduction		Threshold In dB	RIGHT	LEFT
EAR	Masked		17	UniAaskori	1 :	THESHOW IN UD	Mon	LL!!
LEFT		X		>	Blue	AIR CONDUCTION	10	10
RIGHT	Δ	0	C	<	Red	BONE CONDUCTION		
NO RESPONS	šE: Ado	l i pelow t	he respe	ctive symb	ols	SPEECH		

Comments:-

Bilateral Hearing Sensitivity Within Normal Limits.

