

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. PARAMJIT SINGH JA NAVJYOT KAUR
EC NO.	177988
DESIGNATION	FOREX
PLACE OF WORK	MUMBAI, CRAWFORD MARKET
BIRTHDATE	11-12-1992
PROPOSED DATE OF HEALTH CHECKUP	27-05-2023
BOOKING REFERENCE NO.	23J177988100058212E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **21-04-2023** till **31-03-2024**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



NABH PRE ACCREDITATION
ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MS. JASSAL NAVJYOT KAUR PARAMJIT SINGH	IP / OP No : 1131593
Ordered Loc : Hospital clinic	Gender : Female Age : 30 Y 0 M 1 D
Referred By : Dr.Mediwheel Healt	Vch No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 14:35
Accession No : 23011124	Sample No : 23028540

COMPLETE HEAMOGRAM (C.B.C.)

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Haemoglobin	11.90	11.50 - 16.00 gm/dL
R.B.C.	4.57	4.00 - 6.00 Mill/C.mm.
P.C.V.	36.60	37.00 - 47.00 %
M.C.V.	80.09	78.00 - 100.00 fL
M.C.H.	26.04	27.00 - 31.00 pg
M.C.H.C.	32.51	32.00 - 36.00 %
RDW	12.4	11.0 - 15.0 %
Total W.B.C. Count	8000	4000 - 11000 /C.mm
<u>DIFFERENTIAL COUNT</u>		
Neutrophils	65	40 - 75 %
Eosinophils	2	1 - 6 %
Basophils	0	0 - 1 %
Lymphocytes	30	20 - 45 %
Monocytes	3	1 - 10 %
WBC MORPHOLOGY	Normal	
RBC MORPHOLOGY	Normochromic Normocytic	
PLATELET COUNT	288	150 - 450 10 ³ /ul
PLATELETS	Adequate	

** END OF REPORT **

Checked By

Authorized By Technician

Provisional

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Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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Regd. No. E 15635 With Charity Commissioner Mumbai
Income Exemption No. DIT (E) / MC / 80G / 524 /2009 - 10. 12-A Registration No. TR/31324.
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Email: info@suranasethiahospital.in Web : www.suranasethiahospital.com



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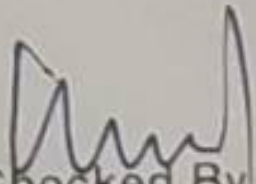
Chembur | Malad | Bhiwandi | Navi Mumbai

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Referred By : Dr.Mediwheel Healt	Vch No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 14:36
Accession No : 23011124	Sample No : 23028537

ESR

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
ESR (Erythrocyte Sedimentation Rate)	80	1 - 20 mm/hr

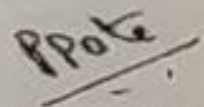
** END OF REPORT **


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Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 14:37
Accession No : 23011124	Sample No : 23028538

BLOOD GROUP & RH TYPE

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE/UNITS

BLOOD GROUP & RH TYPE

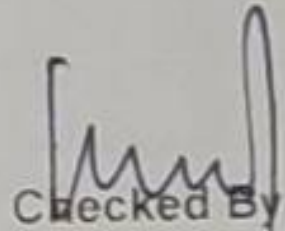
ABO Group

"B"

Rh Factor

POSITIVE

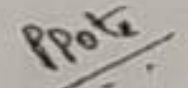
** END OF REPORT **


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Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 16:25
Accession No : 23011124	Sample No : 23028542

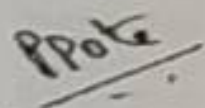
RENAL FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
BUN	12.0	8.0 - 21.0 mg/dl
Uric Acid	4.7	3.5 - 7.2 mg/dl
Sodium [Na+]	140	135 - 155 mmol/L
Potassium [K+]	4.2	3.6 - 5.5 mmol/L
Chloride [Cl-]	101	96 - 108 mmol/L
Calcium	9.0	8.4 - 10.2 mg/dl
Phosphorus	3.4	2.5 - 4.5 mg/dl
Serum Alkaline Phosphates	62.0	28.0 - 111.0 IU/L
Serum Proteins Total	7.0	6.0 - 8.2 gm%
Serum Albumin	3.7	3.0 - 5.0 gm%
Serum Globulin	3.30	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.12	0.90 - 2.00 gm%
Serum Creatinine	0.8	0.5 - 1.5 mg/dl

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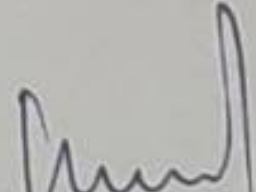
Chembur | Malad | Bhiwandi | Navi Mumbai

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Referred By : Dr.Mediwheel Healt	Vch No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 16:25
Accession No : 23011124	Sample No : 23028542

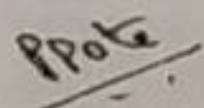
LIVER FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Total Bilirubin	0.4	0.1 - 1.2 mg/dl
Conjugated (Direct) Bilirubin	0.2	0.0 - 0.3 mg/dl
Unconjugated (Indirect) Bilirubin	0.2	0.1 - 1.0 mg/dL
SGOT	30.0	15.0 - 46.0 U/L
SGPT	24.0	13.0 - 69.0 U/L
Serum Alkaline Phosphates	62.0	28.0 - 111.0 IU/L
Serum Proteins Total	7.0	6.0 - 8.2 gm%
Serum Albumin	3.7	3.0 - 5.0 gm%
Serum Globulin	3.30	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.12	0.90 - 2.00 gm%
Serum Creatinine	0.8	0.5 - 1.5 mg/dl
G. G. T. P	28.0	0.0 - 45.0 IU/L

** END OF REPORT **


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Chembur | Malad | Bhiwandi | Navi Mumbai

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Referred By : Dr.Mediwheel Healt	Vch No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 16:25
Accession No : 23011124	Sample No : 23028542

LIPID PROFILE

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Total Cholesterol	190	150 - 250	mg%
Triglycerides	110	35 - 160	mg%
HDL Cholesterol	38	30 - 70	mg%
VLDL Cholesterol	22.00	7.00 - 35.00	mg%
LDL Cholesterol	130.00	108.00 - 145.00	mg%
LDL/HDL Ratio	3.42	1.10 - 3.90	
TC/HDL CHOL Ratio	5.00	3.50 - 5.00	

** END OF REPORT **

[Signature]
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Referred By : Dr.Mediwheel Healt	Vch No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 16:25
Accession No : 23011124	Sample No : 23028542

BLOOD SUGAR F/PP

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u> UNITS
Blood Sugar Fasting (FBS)	95	70 - 110 mg%
Urine Sugar (Fasting)	Absent	
Urine Ketone (Fasting)	Absent	

** END OF REPORT **

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Dr. Pragati Pote
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ENTRY LEVEL HOSPITAL
PEH-2018-0637



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MS. JASSAL NAVJYOT KAUR PARAMJIT BINGH	IP / OP No : 1131593
Ordered Loc : Hospital clinic	Gender : Female Age : 30 Y 0 M 1 D
Referred By : Dr.Mediwheel Healt	Veh No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 16:22
Accession No : 23011124	Sample No : 23028536

URINE ANALYSIS

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE/UNITS</u>
<u>PHYSICAL EXAMINATION</u>		
Quantity	20 ml	
Colour	Pale yellow	
Appearance	Clear	
Deposit	Absent	
Reaction [PH]	Acidic	
Specific Gravity	1.010	
<u>CHEMICAL EXAMINATION</u>		
Urine Albumin	Absent	
Sugar	Absent	
Ketone Bodies	Absent	
Occult Blood	Absent	
Bile Pigment	Absent	
Bile Salt	Absent	
<u>MICROSCOPIC EXAMINATION</u>		
Red Blood Cells	Absent	00-02
Pus Cells	2 - 3	00-02 / hpf
Epithelial Cells	3 - 4	00-02 / hpf
Casts	Absent	
Crystals	Absent	
Spermatozoa	Absent	
Trichomonas Vaginalis	Absent	
Yeast Cells	Absent	
Amorphous Deposits	Absent	
Bacteria	Absent	

** END OF REPORT **

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Authorized By Technician

Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MS. JASSAL NAVJYOT KAUR PARAMJIT SINGH	IP / OP No : 1131593
Ordered Loc : Hospital clinic	Gender : Female Age : 30 Y 0 M 1 D
Referred By : Dr.Mediwheel Healt	Vch No : 1380421
Class : OPD	Received Dt : 24-Jun-2023 13:33
Current Loc :	Reported On : 24-Jun-2023 16:23
Accession No : 23011124	Sample No : 23028541

BLOOD SUGAR F/PP

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Blood Sugar Post Prandial (PPBS)	107	70 - 140 mg/dl
Urine Sugar (PP)	Absent	
Urine Ketone (PP)	Absent	
METHOD GLUCOSE OXIDASE PEROXIDASE (GOD /POD)		

** END OF REPORT **

[Signature]
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[Signature]
Dr. Pragati Pote
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : JASSAL NAVJYOT KAUR PARAMJIT SINGH (30Y/F)
REF. BY : SELF
TEST ASKED : HbA1c

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION -
TROMBAY ROAD, SUMAN NAGAR, CHEMBUR,
MUMBAI, MAHARASHTRA 400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	5.3	%

Reference Range :

Reference Range: As per ADA Guidelines

Below 5.7% : Normal
5.7% - 6.4% : Prediabetic
>=6.5% : Diabetic

Guidance For Known Diabetics

Below 6.5% : Good Control
6.5% - 7% : Fair Control
7.0% - 8% : Unsatisfactory Control
>8% : Poor Control

Method : Fully Automated H.P.L.C method

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	105	mg/dL
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Reference Range :

90 - 120 mg/dl : Good Control
121 - 150 mg/dl : Fair Control
151 - 180 mg/dl : Unsatisfactory Control
> 180 mg/dl : Poor Control

Method : Derived from HBA1c values

Please correlate with clinical conditions.

Sample Collected on (SCT) : 24 Jun 2023 09:00

Sample Received on (SRT) : 24 Jun 2023 12:50

Report Released on (RRT) : 24 Jun 2023 13:43

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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : JASSAL NAVJYOT KAUR PARAMJIT SINGH (30Y/F)
REF. BY : SELF
TEST ASKED : T3-T4-TSH

SAMPLE COLLECTED AT :
(4000711424), SURANA SETHIA HOSPITAL, SION - TROMBAY
ROAD, SUMAN NAGAR, CHEMBUR, MUMBAI, MAHARASHTRA
400071, 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
TOTAL TRIIODOTHYRONINE (T3)	C.L.I.A	97	ng/dL	60-200
TOTAL THYROXINE (T4)	C.L.I.A	8.9	µg/dL	4.5-12
THYROID STIMULATING HORMONE (TSH)	C.L.I.A	1.03	µIU/mL	0.3-5.5

Comments : SUGGESTING THYRONORMALCY

The Biological Reference Ranges is specific to the age group. Kindly correlate clinically.

Method :

- T3 - Competitive Chemi Luminescent Immuno Assay
- T4 - Competitive Chemi Luminescent Immuno Assay
- TSH - Sandwich Chemi Luminescent Immuno Assay

Pregnancy reference ranges for TSH/USTSH :

Trimester	T3 (ng/dl)	T4 (µg/dl)	TSH/USTSH (µIU/ml)
1st	83.9-196.6	4.4-11.5	0.1-2.5
2nd	86.1-217.4	4.9-12.2	0.2-3.0
3rd	79.9-186	5.1-13.2	0.3-3.5

References :

- Carol Devilia, C I Parhon. First Trimester Pregnancy ranges for Serum TSH and Thyroid Tumor reclassified as Benign. Acta Endocrinol. 2016; 12(2) : 242 - 243
- Kulhari K, Negi R, Kalra DK et al. Establishing Trimester specific Reference ranges for thyroid hormones in Indian women with normal pregnancy : New light through old window. Indian Journal of Contemporary medical research. 2019; 6(4)

Disclaimer :

Results should always be interpreted using the reference range provided by the laboratory that performed the test. Different laboratories do tests using different technologies, methods and using different reagents which may cause difference in reference ranges and hence it is recommended to interpret result with assay specific reference ranges provided in the reports. To diagnose and monitor therapy doses, it is recommended to get tested every time at the same Laboratory.

-- End of report --

Sample Collected on (SCT) : 24 Jun 2023 09:00
Sample Received on (SRT) : 24 Jun 2023 12:55
Report Released on (RRT) : 24 Jun 2023 14:16

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Dr Sumanta Basak, DPB



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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MS. NAVJYOT KAUR JASSAL	SEX	: FEMALE
AGE	: 30 YRS	ID NO.	: 1131593
REF BY	: C/O. MEDIWHEEL	DATE	: 24/06/2023

EXAMINATION: 2D ECHOCARDIOGRAPHY

Conclusion:

1. Mild concentric LVH+
2. All chambers normal sized.
3. Good LV function with LVEF = 60 %
4. All valves structurally & functionally normal.
5. No regional wall motion abnormality.
6. IAS / IVS intact.
7. No clot / vegetation / effusion.

Doppler Study:

- No diastolic dysfunction
- No TR. No PH.
- No other valvular regurgitation.
- No signs of high LVEDP.

Impression:

- Mild concentric LVH+

Dr. Dinesh Rajpal
MD, Physician
Reg. No.82808.

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Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com

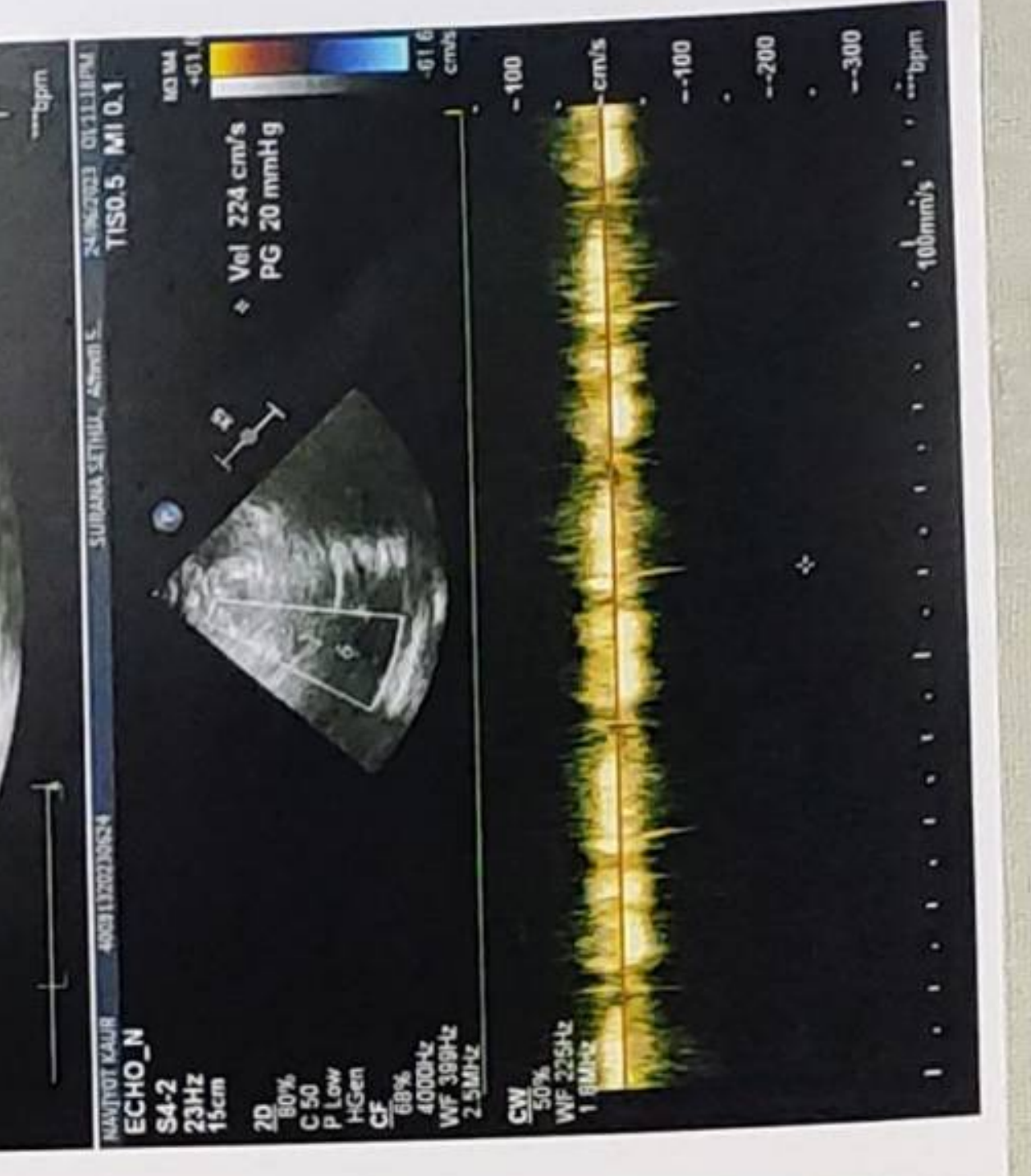
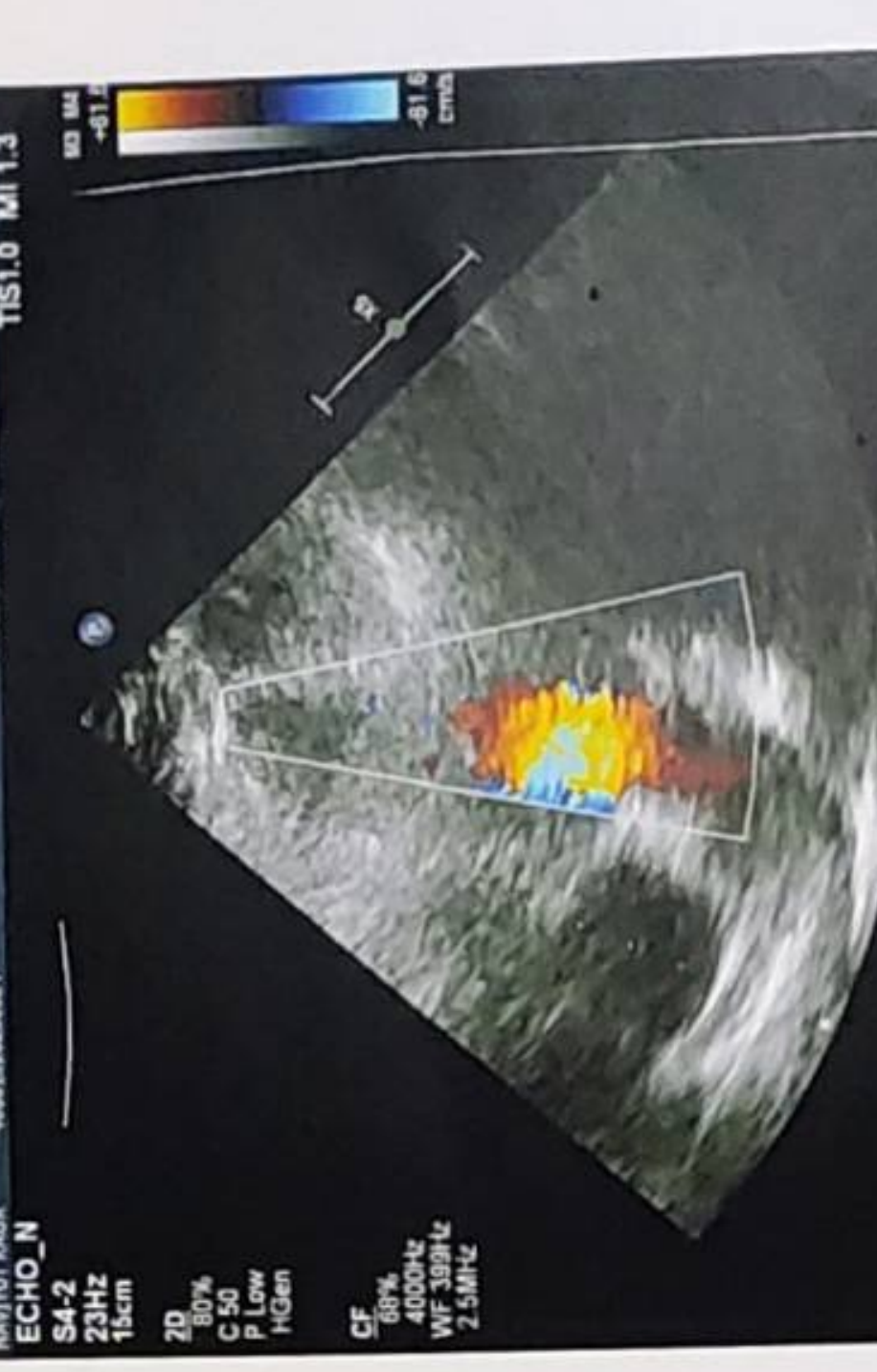
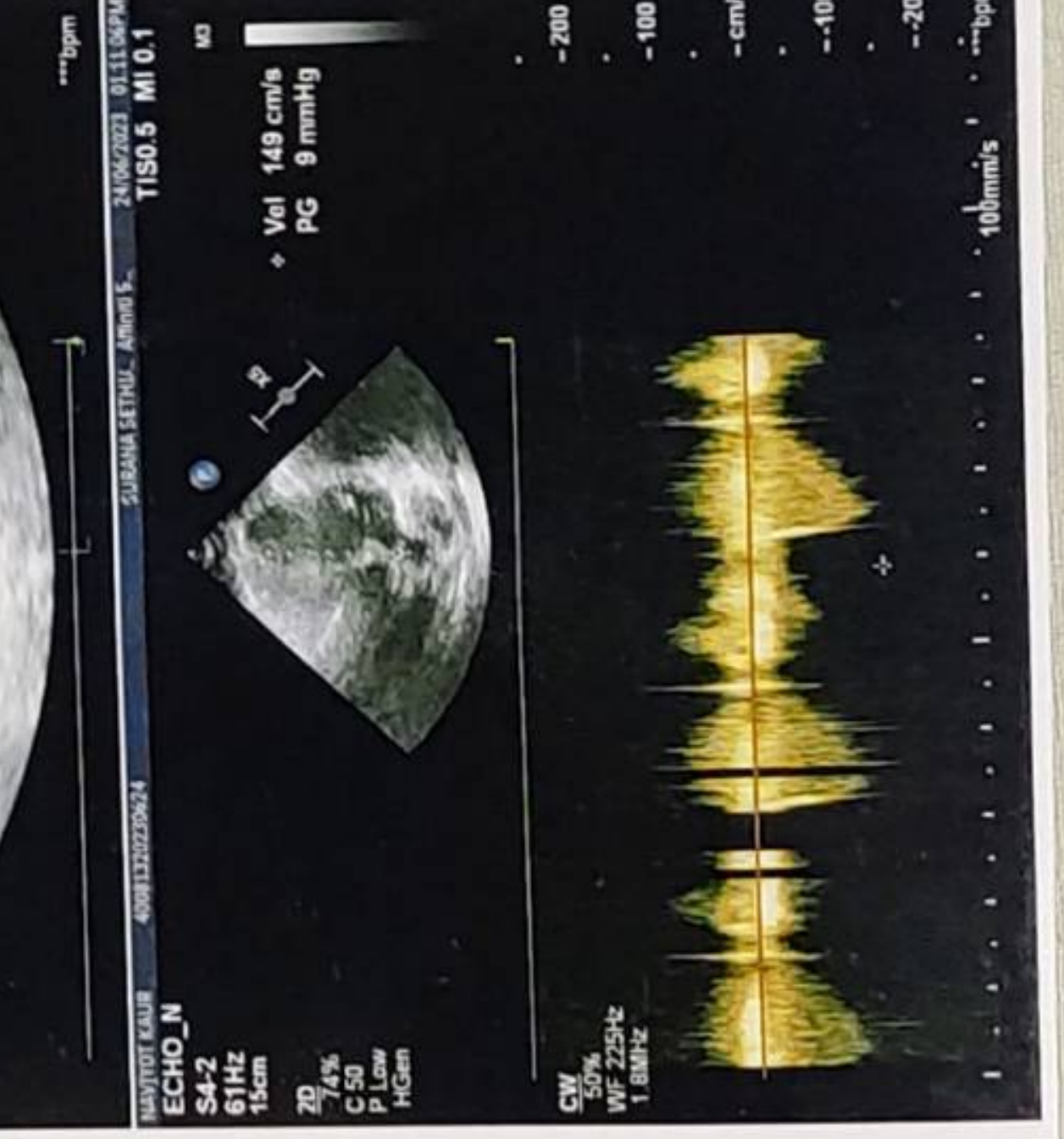
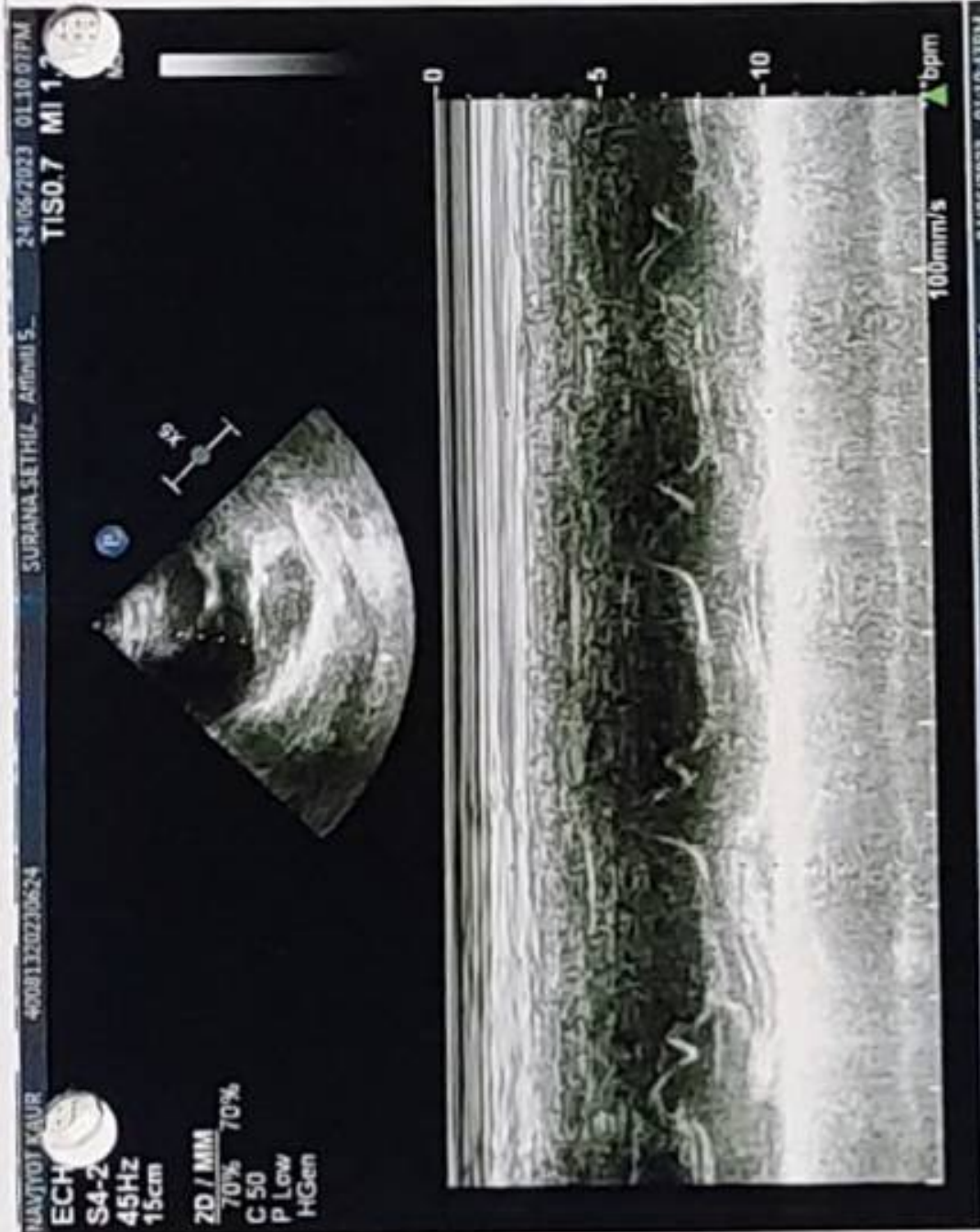
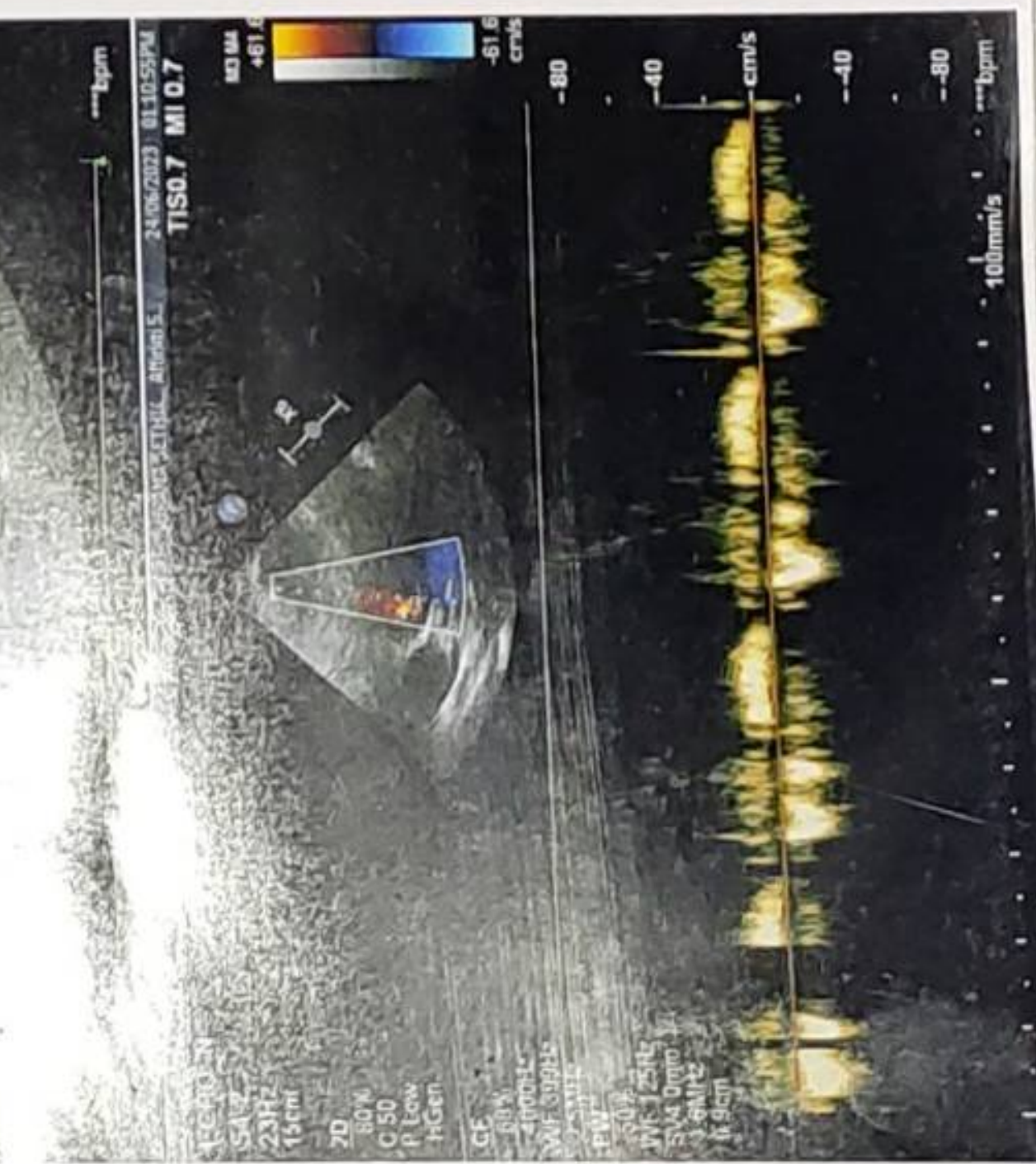
Doppler Study:

- Diastolic dysfunction: Normal
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO MR: NO PR: NO TR: NO
- Peak / Mean across MV= Normal mm of Hg.
- Peak / mean across AV = 9 mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = 30 mm of Hg.

Measurements:

	Measurement	Unit
Aorta		
LA	31	mm
AO	24	mm
ACS	16	mm
Mitral Valve Study		
Excursion D-E		mm
EF slop		mm/s
EPSS	4	mm

	Measurement	Unit
LV study		
IVsd	12	mm
LVIDd	29	mm
LVPWD	13	mm
IVSs	15	mm
LVIDs	16	mm
LVPWa	07	mm
EF %	60	%
% FS		%





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**SURANA SETHIA HOSPITAL
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MS. NAVJYOT KAUR JASSAL	SEX	: FEMALE
AGE	: 30 YRS	ID NO.	: 1131593
REF BY	: C/O. MEDIWHEEL	DATE	: 24/06/2023

ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection is seen.

SPLEEN

Spleen appears normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated.

KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 9.9 x 4.8 cm.

Left kidney measures 10.0 x 4.6 cm.

Contd 2/..

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:2:

AORTA AND RETROPERITONEUM

Visualized aorta and retroperitoneal vessels are normal in course and caliber. No evidence of significant lymphadenopathy or free fluid.

URINARY BLADDER

Urinary bladder is well distended. It shows smooth wall and mucosal thickening is normal. No obvious mass lesion or calculus is seen.

UTERUS

Uterus is normal in size and measures 8.0 x 3.1 x 4.1cm. a 2.1 x 1.9 cm right lateral wall subserosal fibroid is seen.

Endometrium is central, 6.9 mm in thickness.

OVARIES

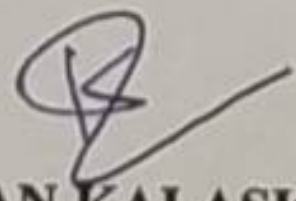
Bilateral ovaries are normal in size and echopattern. Few small follicles are seen.

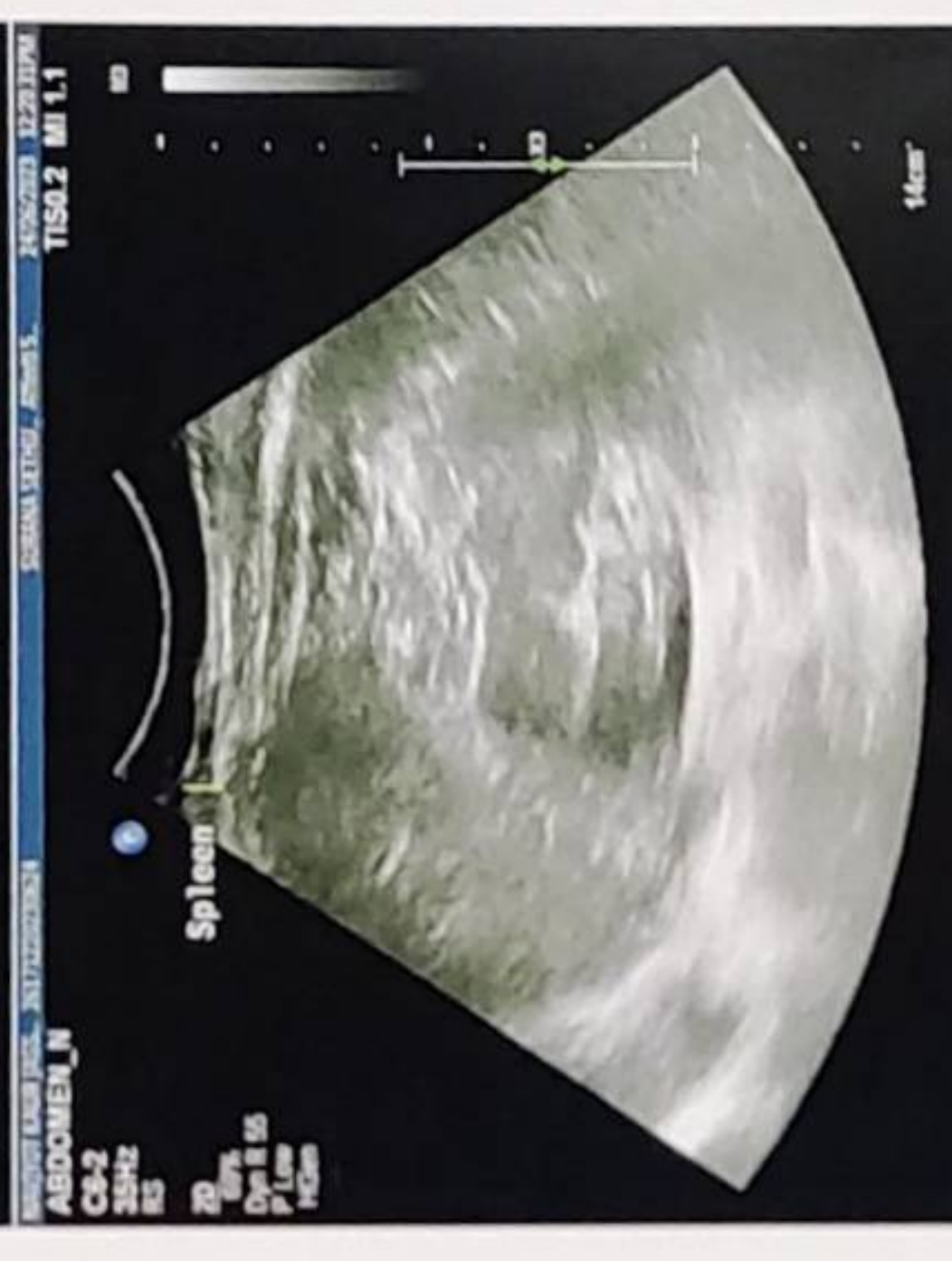
Bilateral adnexae are clear.

No free fluid is seen in Pouch of Douglas.

IMPRESSION:

- Right lateral wall subserosal uterine fibroid.
- No other significant abnormality is detected.


DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG





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X-RAY CHEST PA VIEW

Protocol :

Computerised radiography of chest PA reveals:

Observation:

- Lung fields appear clear.
- Cardiac silhouette is within normal limits.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.

Impression:

- No significant abnormality detected.

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M.D.
Consultant Radiologist
KKRG

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77 bpm

/ mmHg

Mrs. Navyjot Jassal

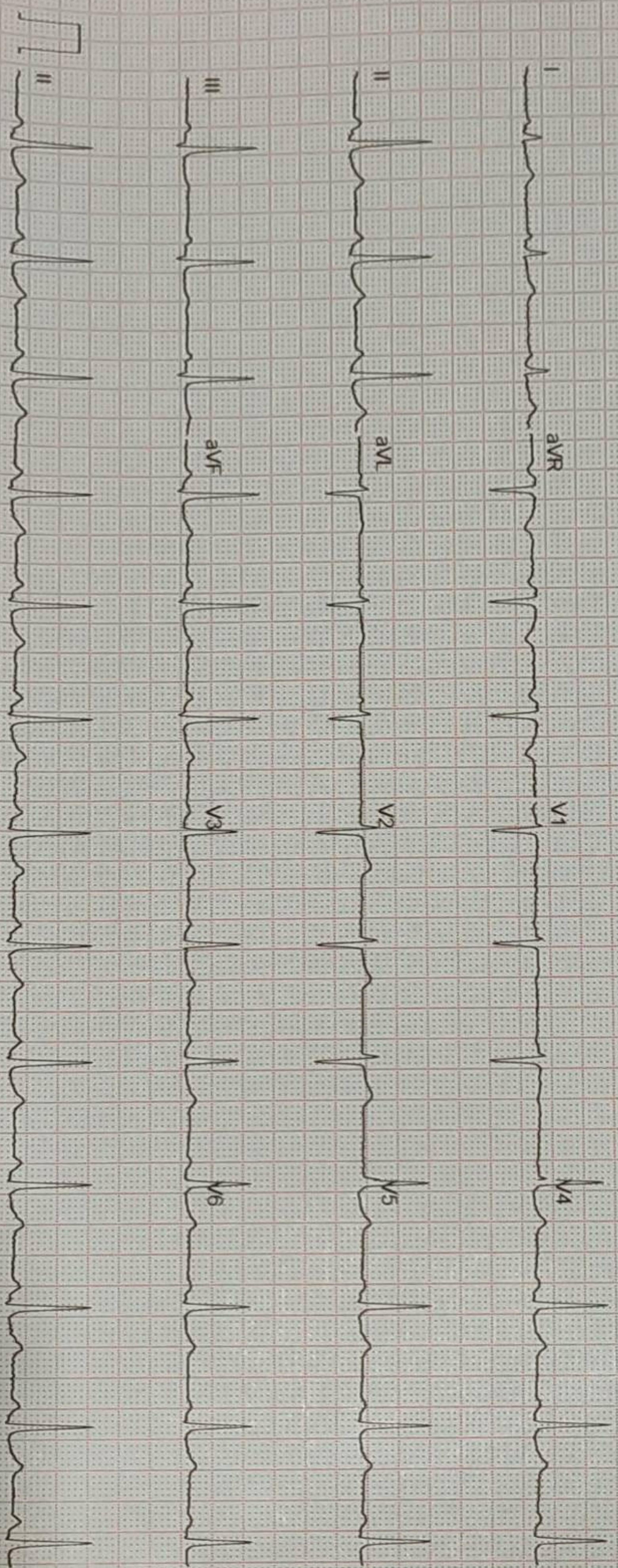
Age: 30 Y/F

BP: 110/70 mmHg

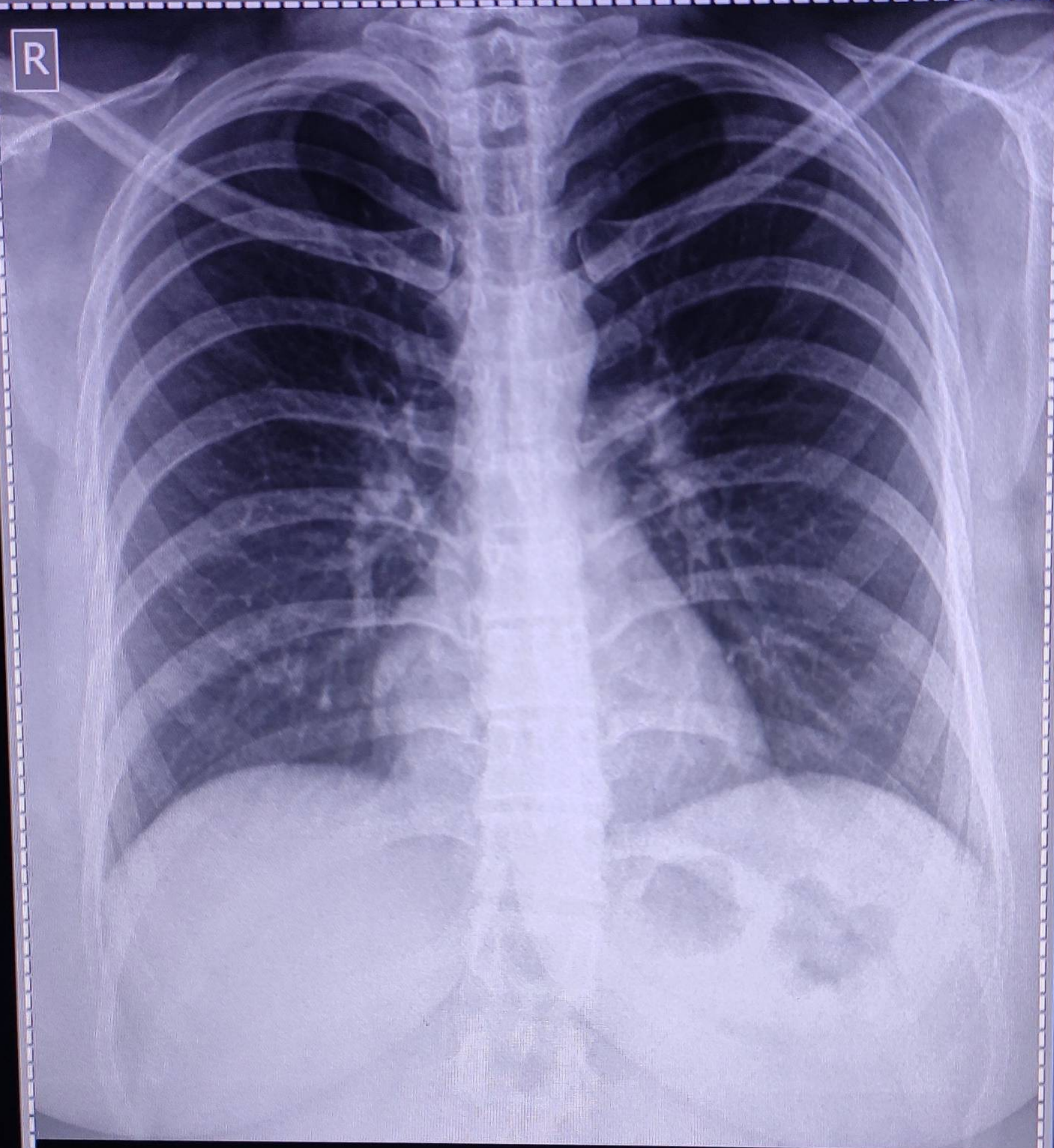
P: 88/min

QRS	72 ms
QT/QTcBaz	384 / 434 ms
PR	144 ms
P	102 ms
RR/PP	778 / 779 ms
P/QRS/T	55 / 80 / 49 degrees

Normal sinus rhythm
Normal ECG



R



MISS. JASSAL NAVJYOT KAUR Female / 30 YR 61.7 % Chest PA
Pat. ID. : OPD/1131593 Ref.Dr. C/O MEDIWHEEL 24/06/2023 09:16:08 AM
SURANA SETHIA HOSPITAL , CHEMBUR , MUMBAI - 71.