

Name : Ms. SARAMA SAHA (60 /F)

Date : 05/10/2024

Address : 903 K B C ROAD FLAT NAME SAKAMBARI ENCLAVE 4TH FLOOR BESOHATA
CHANDANNAGAR, OTHER, HOOGHLY, WEST BENGAL, INDIA

Examined by: Dr .JHUMA BAGCHI

UHID : AMHL.0002432985

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE
FEMALE HCK

AHC No : AMHLAH221048



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Thyroid disorder
Hypertension Medication - regular
Dyslipidaemia Medication - regular
Hyperuricemia Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY :05/10/2024



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

No of Children - 1; Deliveries - LSCS; Menopause -
yes

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Past medical history

Past medical history - nil significant



Surgical history

Cholecystectomy - yes



Personal history

Marital status - Married

Diet - Non Vegetarian

Alcohol - does not consume alcohol

Smoking - No

Chews tobacco - No

Physical activity - Mild



Family history

Father - has expired

Mother - has expired

Hypertension - father,mother

Coronary artery - none

disease

Cancer - None

PHYSICAL EXAMINATION



General

Height - 156

Weight - 77

BMI - 31.64

Pallor - No

Oedema - no



Cardiovascular system

Heart rate (Per minute) - 69

Rhythm - Regular

- B.P. Sitting

Name : Ms. SARAMA SAHA (60 /F)

UHID : AMHL.0002432985

Date : 05/10/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH221048

Systolic(mm of Hg) - 186
Diastolic(mm of Hg) - 85
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No
Tenderness - No

Printed By : Benazir Begaum

Name : Ms. SARAMA SAHA (60 /F)

UHID : AMHL.0002432985

Date : 05/10/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH221048

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	12.4	g/dl	●	12.0-15.0
RBC COUNT	4.99 *	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	37.9	%	●	36-46
MCV	75.9 *	fl	●	83-101
MCH	24.8 *	pg	●	27-32
MCHC	32.7	%	●	31.5-34.5
RDW	15.9 *	%	●	11.8-14.0
WBC Count	6100	/cu mm	●	4000-10000
Platelet Count	1.95	lacs/cu mm	●	1.5-4.0
Neutrophils	63	%	●	40-80
Lymphocytes	28	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			
Epithelial Cells	0-2			

Casts: Not Found
Crystals: Not Found

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	NEGATIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	24	U/L	●	0-35
ALBUMIN - SERUM	4.3	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	119	U/L	●	53-141
AST (SGOT) - SERUM	23	U/L	●	0-35
BILIRUBIN TOTAL - SERUM	1.1	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	195	mg/dL	●	0-200
Non-HDL Cholesterol	146			

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.7	mg/dL	●	0.6-1.2

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Ms. SARAMA SAHA (60 /F)

UHID : AMHL.0002432985

Date : 05/10/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH221048

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	24	U/L	●	0-38

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	101 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	135	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.8 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TC/HDL-C ratio serum	4 *		●	Optimal<3.5
HDL CHOLESTEROL - SERUM	49	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	124 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	22	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.5	g/dL	●	6.4-8.3
Albumin/Globulin Ratio	1.3		●	1.0-2.0

GLOBULIN: (CALCULATED) - SERUM	3.2	g/dL	●	1.8-3.6
--------------------------------	-----	------	---	---------

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.8 *	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	10.26	µg/dL	●	5.48-14.28

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	132	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.33	µIU/mL	●	0.38-5.33

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	3.9	mg/dL	●	2.4-5.7

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	8.4	mg/dL	●	7.0-18.0

BUN/CREATININE RATIO

Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	12			

PAP SMEAR /CERVICAL SMEAR

Ref No:
AG01.C2408121

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Ms. SARAMA SAHA (60 /F)

UHID : AMHL.0002432985

Date : 05/10/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH221048

SPECIMEN TYPE:

Conventional cervical smear (Papanicolaou stain) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with metaplastic squamous cells.

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, with no organism

ECG

SINUS RHYTHM.

INCOMPLETE RIGHT BUNDLE BRANCH BLOCK.

POOR "R" WAVE PROGRESSION.

NONSPECIFIC ST - T CHANGES.

PLEASE CORRELATE CLINICALLY.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Hepatomegaly with grade II fatty liver.
Suggested liver function test correlation.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. MOURUSI MANDAL
DNB RESIDENT
In consultation with

DR. DEBASISH DATTA
DMRD (RADIOLOGIST) CONSULTANT
RADIOLOGIST Reg. No. 42727 (WBMC)

X-RAY CHEST PA

* Mild Cardiomegaly.

X-RAY MAMMOGRAPHY BILATERAL (MHC)

* Small nodular radiodense lesion with focal area of microlobulation in the upper outer quadrant of the right breast. [Suggested: USG correlation.]

* Few tiny benign calcifications in the left breast.
BIRADS 0

BIRADS Category:

- 0. Requires additional evaluation
- 1. Negative
- 2. Benign findings
- 3. Intermediate
- 4. Suspicious malignancy
- 5. Highly suggestive of malignancy
- 6. Histologically proven malignancy)

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Biochemistry

A/G - RATIO

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

Name : Ms. SARAMA SAHA (60 /F)

UHID : AMHL.0002432985

Date : 05/10/2024

Package : MEDIWHEEL - FULL BODY ANNUAL PLUS CHECK ADVANCE FEMALE HCK

AHC No : AMHLAH221048

Printed By :

Dr.JHUMA BAGCHI

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

Moderate Risk

YOUR SCORE

9

ACCEPTABLE SCORE

7

Your likelihood of developing cardiovascular disease in the next ten years is 1.3 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence -based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 6 months** if you have:
 - o Uncontrolled high blood pressure, Diabetes, Dyslipidemia, Coronary heart disease

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515