

Dr. Wasim Vanjara
MBBS, DNB,
Consultant Physician & Diabetologist
Registration No. 2013103287



Name: Mrs. Sarita Kiran Bala Date: 24/11/23

Age: 39y Sex: M/F Weight: 83.3 kg Height: 157.9 inc BMI: 33.4

BP: 139/77 mmHg Pulse: 93/min bpm RBS: _____ mg/dl
SpO₂ - 99% CMP - 27/10/23

Name: Ms. Saita Bala. Date: 24/11/23

Age: 39 yrs Sex: M/F Weight: _____ kg Height: _____ Inc BMI: _____

BP: _____ mmHg Pulse: _____ bpm RBS: _____ mg/dl

Routine dental checkup.

O/E - Partially impacted $\frac{7}{8}$.

- Stains +
- Calculus +

Advice - OPG
Complete oral prophylaxis

DeMegha

DEPARTMENT OF OPHTHALMOLOGY
OUT PATIENT ASSESSMENT RECORD

| | | |
|--|---|---|
| SARITA KIRAN BALA 39Y(S) 11M(S) 15D(S)/F UMR2324028609 9755623994 MARRIED | CONSULT DATE : 24-11-2023 CONSULT ID : OPC2324084910 CONSULT TYPE : VISIT TYPE : NORMAL TRANSACTION TYPE : | DR. ASHISH PRAKASHCHANDRA KAMBLE MBBS,MS, FVRS,FICO CONSULTANT DEPT OPHTHALMOLOGY |
|--|---|---|

VITALS

Temp : **Pulse** : **BP (mmHg)** : **spO2** : **Pain Score** : **Height** :
- °F - /min - %RA - /10 - cms
Weight : **BMI** :
- kgs -

CHIEF COMPLAINTS

ROUTINE EYE CHECKUP

MEDICATION PRESCRIBED

| # | Medicine | Route | Dose | Frequency | When | Duration |
|--|----------------------------|-------|---------|-----------|------------|----------|
| 1 | MAXMOIST 10ML DROPS | Eye | 1-1-1-1 | Every Day | After Food | 2 months |
| Instructions : - | | | | | | |
| Composition : D-PANTHENOL 50MG+HYALURONIC ACID 1MG | | | | | | |

NOTES

GLASS PRESCRIPTION :-
DISTANCE VISION

| EYE | SPH | CYL | AXIS | VISION |
|-----------|-------|-----|------|--------|
| RIGHT EYE | 00 | 00 | 00 | 6/6 |
| LEFT EYE | -0.75 | 00 | 00 | 6/6 |

NEAR ADDITION

| | | | | |
|-----------|--|--|----|----|
| RIGHT EYE | | | 00 | N6 |
| LEFT EYE | | | 00 | N6 |

REMARK- COLOR VISION NORMAL,

REVIEW *Blue cut lenses*

Follow up Date : 24-05-2024

Ashish Kamble

Dr. Ashish Prakashchandra Kamble
MBBS,MS, FVRS,FICO
Consultant

Printed On : 24-11-2023 12:13:51



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

| | |
|--|---|
| Patient Name : Mrs. SARITA KIRAN BALA | Age /Gender : 39 Y(s)/Female |
| Bill No/ UMR No : BIL2324057504/UMR2324028609 | Referred By : Dr. Wasim Vanjara MBBS,DNB |
| Received Dt : 24-Nov-23 10:19 am | Report Date : 24-Nov-23 11:52 am |

HAEMOGRAM

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Biological Reference</u> | <u>Method</u> |
|--|-----------------|----------------|---------------------------------|---------------|
| Haemoglobin | Blood | 10.5 | 12.0 - 15.0 gm% | Photometric |
| Haematocrit(PCV) | | 35.2 | 36.0 - 46.0 % | Calculated |
| RBC Count | | 5.68 | 3.8 - 4.8 Millions/cumm | Photometric |
| Mean Cell Volume (MCV) | | 62 | 83 - 101 fl | Calculated |
| Mean Cell Haemoglobin (MCH) | | 18.4 | 27 - 32 pg | Calculated |
| Mean Cell Haemoglobin Concentration (MCHC) | | 29.7 | 31.5 - 35.0 g/l | Calculated |
| RDW | | 20.4 | 11.5 - 14.0 % | Calculated |
| Platelet count | | 509 | 150 - 450 10 ³ /cumm | Impedance |
| WBC Count | | 10600 | 4000 - 11000 cells/cumm | Impedance |

DIFFERENTIAL COUNT

| | | | |
|---------------------------|--------|-------------------|---------------------------------|
| Neutrophils | 65.4 | 50 - 70 % | Flow Cytometry/Light microscopy |
| Lymphocytes | 28.9 | 20 - 40 % | Flow Cytometry/Light microscopy |
| Eosinophils | 2.4 | 1 - 6 % | Flow Cytometry/Light microscopy |
| Monocytes | 3.3 | 2 - 10 % | Flow Cytometry/Light microscopy |
| Basophils | 0.0 | 0 - 1 % | Flow Cytometry/Light microscopy |
| Absolute Neutrophil Count | 6932.4 | 2000 - 7000 /cumm | Calculated |



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

| | |
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| Received Dt : 24-Nov-23 10:19 am | Report Date : 24-Nov-23 11:52 am |

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Biological Reference</u> | <u>Method</u> |
|--------------------------------|-----------------|------------------------|-----------------------------|----------------------------------|
| Absolute Lymphocyte Count | | 3063.4 | 1000 - 4800 /cumm | Calculated |
| Absolute Eosinophil Count | | 254.4 | 20 - 500 /cumm | Calculated |
| Absolute Monocyte Count | | 349.8 | 200 - 1000 /cumm | Calculated |
| Absolute Basophil Count | | 0 | 0 - 100 /cumm | Calculated |
| <u>PERIPHERAL SMEAR</u> | | | | |
| Microcytosis | | Microcytosis +(Few) | | |
| WBC | | As Above | | |
| Platelets | | Mildly Increased | | |
| E S R | | 19 | 0 - 20 mm/hr | Automated Westergren's Method |
| *** End Of Report *** | | | | |

Suggested Clinical Correlation * If neccessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



CLINICAL DIAGNOSTIC LABORATORY

DEPARTMENT OF BIOCHEMISTRY

| | |
|--|---|
| Patient Name : Mrs. SARITA KIRAN BALA | Age / Gender : 39 Y(s)/Female |
| Bill No/ UMR No : BIL2324057504/UMR2324028609 | Referred By : Dr. Wasim Vanjara MBBS,DNB |
| Received Dt : 24-Nov-23 10:18 am | Report Date : 24-Nov-23 12:35 pm |

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Biological Reference</u> | <u>Method</u> |
|---|-----------------|----------------|--|------------------------------------|
| GLYCOSYLATED HAEMOGLOBIN (HBA1C) | | | | |
| HbA1c | Blood | 7.9 | Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 % | HPLC |
| LIVER FUNCTION TEST(LFT) | | | | |
| Total Bilirubin | | 0.67 | 0.2 - 1.3 mg/dl | Azobilirubin/Dyphylline |
| Direct Bilirubin | | 0.25 | 0.1 - 0.3 mg/dl | Calculated |
| Indirect Bilirubin | | 0.42 | 0.1 - 1.1 mg/dl | Duel wavelength spectrophotometric |
| Alkaline Phosphatase | | 99 | 38 - 126 U/L | pNPP/AMP buffer |
| SGPT/ALT | | 25 | 13 - 45 U/L | Kinetic with pyridoxal 5 phosphate |
| SGOT/AST | | 23 | 13 - 35 U/L | Kinetic with pyridoxal 5 phosphate |
| Serum Total Protein | | 7.02 | 6.3 - 8.2 gm/dl | Biuret (Alkaline cupric sulphate) |
| Albumin Serum | | 3.90 | 3.5 - 5.0 gm/dl | Bromocresol green Dye Binding |
| Globulin | | 3.12 | 2.0 - 4.0 gm/dl | Calculated |
| A/G Ratio | | 1.2 | | |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS, MD
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CONSULTANT PATHOLOGIST
Phone: +91 0712 6789100
CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF BIOCHEMISTRY**

| | |
|--|---|
| Patient Name : Mrs. SARITA KIRAN BALA | Age /Gender : 39 Y(s)/Female |
| Bill No/ UMR No : BIL2324057504/UMR2324028609 | Referred By : Dr. Wasim Vanjara MBBS,DNB |
| Received Dt : 24-Nov-23 10:19 am | Report Date : 24-Nov-23 12:06 pm |

| <u>Parameter</u> | <u>Specimen</u> | <u>Result Values</u> | <u>Biological Reference</u> | <u>Method</u> |
|------------------------|-----------------|----------------------|-----------------------------|--|
| RFT | | | | |
| Blood Urea | Serum | 19 | 15.0 - 36.0 mg/dl | Urease with indicator dye |
| Creatinine | | 0.5 | 0.52 - 1.04 mg/dl | Enzymatic (creatinine amidohydrolase) |
| GFR | | 122.3 | | Calculation by CKD-EPI 2021 |
| Sodium | | 135 | 136 - 145 mmol/L | Direct ion selective electrode |
| Potassium | | 4.14 | 3.5 - 5.1 mmol/L | Direct ion selective electrode |
| THYROID PROFILE | | | | |
| T3 | | 1.30 | 0.55 - 1.70 ng/ml | Enhanced chemiluminescence |
| Free T4 | | 1.33 | 0.80 - 1.70 ng/dl | Enhanced Chemiluminescence |
| TSH | | 2.59 | 0.50 - 4.80 uIU/ml | Enhanced chemiluminescence |

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

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CIN: U74999MH2018PTC303510



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY**

| | |
|--|---|
| Patient Name : Mrs. SARITA KIRAN BALA | Age /Gender : 39 Y(s)/Female |
| Bill No/ UMR No : BIL2324057504/UMR2324028609 | Referred By : Dr. Wasim Vanjara MBBS,DNB |
| Received Dt : 24-Nov-23 11:41 am | Report Date : 24-Nov-23 12:35 pm |

URINE MICROSCOPY

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Method</u> |
|---------------------------------------|-----------------|----------------|----------------------------------|
| <u>PHYSICAL EXAMINATION</u> | | | |
| Volume | Urine | 40 ml | |
| Colour. | | Pale yellow | |
| Appearance | | Clear | |
| <u>CHEMICAL EXAMINATION</u> | | | |
| Reaction (pH) | | 6.5 | 4.6 - 8.0 |
| Specific gravity | | 1.005 | 1.005 - 1.025 |
| Urine Protein | | Negative | Indicators ion concentration |
| Sugar | | Negative | protein error of pH indicator |
| Bilirubin | | Negative | GOD/POD |
| Ketone Bodies | | Negative | Diazonium |
| Nitrate | | Negative | Legal's est Principle |
| Urobilinogen | | Normal | Ehrlich's Reaction |
| <u>MICROSCOPIC EXAMINATION</u> | | | |
| Epithelial Cells | | 8-10 | |
| R.B.C. | | Absent | 0 - 4 /hpf Manual |
| Pus Cells | | 5-6 | 0 - 4 /hpf |
| Casts | | Absent | 0 - 4 /hpf Manual |



CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF PATHOLOGY

| | |
|--|---|
| Patient Name : Mrs. SARITA KIRAN BALA | Age / Gender : 39 Y(s)/Female |
| Bill No/ UMR No : BIL2324057504/UMR2324028609 | Referred By : Dr. Wasim Vanjara MBBS,DNB |
| Received Dt : 24-Nov-23 11:41 am | Report Date : 24-Nov-23 12:35 pm |

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> | <u>Method</u> |
|------------------|-----------------|----------------|---------------|
| Crystals | | Absent | |

*** End Of Report ***

TR

Suggested Clinical Correlation * If necessary, Please discuss

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Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST



**CLINICAL DIAGNOSTIC LABORATORY
DEPARTMENT OF IMMUNO HAEMATOLOGY**

Patient Name : Mrs. SARITA KIRAN BALA
Age / Gender : 39 Y(s)/Female
Bill No/ UMR No : BIL2324057504/UMR2324028609
Referred By : Dr. Wasim Vanjara MBBS,DNB
Received Dt : 24-Nov-23 10:19 am
Report Date : 24-Nov-23 01:03 pm

BLOOD GROUPING AND RH

| <u>Parameter</u> | <u>Specimen</u> | <u>Results</u> |
|------------------|---|-------------------|
| BLOOD GROUP. | EDTA Whole Blood & Plasma/ Serum | " O " |
| Rh (D) Typing. | | " Positive "(+Ve) |

Gel Card Method

*** End Of Report ***

Suggested Clinical Correlation * If necessary, Please discuss

Verified By : : 11100245

Test results related only to the item tested.

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**Dr. GAURI HARDAS, MBBS,MD
CONSULTANT PATHOLOGIST**

DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

| | | | |
|---------------|-------------------|--------------|---------------------|
| NAME | SARITA KIRAN BALA | STUDY DATE | 24-11-2023 11:03:00 |
| AGE/ SEX | 39Y11M16D / F | HOSPITAL NO. | UMR2324028609 |
| ACCESSION NO. | BIL2324057504-10 | MODALITY | DX |
| REPORTED ON | 24-11-2023 13:15 | REFERRED BY | Dr. Wasim Vanjara |

X-RAY CHEST PA VIEW

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION:

No pleuro-parenchymal abnormality seen.



DR NAVEEN PUGALIA

MBBS, MD [076125]

SENIOR CONSULTANT RADIOLOGIST.

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

| | | | |
|---------------|------------------------|-----------|------------|
| PATIENT NAME: | MRS. SARITA KIRAN BALA | AGE /SEX: | 39 YRS/F |
| REG NO | 2324028609 | BILL NO | 2324057504 |
| REFERRED BY | DR. WASIM VANJARA | DATE | 24/11/2023 |

USG WHOLE ABDOMEN

LIVER is normal in size but shows mild increase in echotexture.
No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated.
PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is partially distended. A moderate size with echogenic shadows noted in the lumen, measures 11 x 10 mm suggestive of calculi.
Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal.
No focal myometrial lesion seen.
Endometrial thickness is 12 mm.
No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION -

Mild hepatic fatty infiltration.
Cholelithiasis.

Suggest clinical correlation / further evaluation.


Dr. R.R. KHANDELWAL
SENIOR CONSULTANT
MD RADIO DIAGNOSIS [MMC-55870]

Kingsway Hospitals
44 Kingsway, Mohan Nagar,
Near Kasturchand Park, Nagpur

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: Mrs. Sarita Kiran, Bala
Patient ID: 028609
Height:
Weight:
Study Date: 24.11.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

DOB: 09.12.1983
Age: 39yrs
Gender: Female
Race: Indian
Referring Physician: Mediwheel HCU
Attending Physician: Dr. Achyut Khandekar
Technician: --

Medications:

--

Medical History:

NIL

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary:

| Phase Name | Stage Name | Time in Stage | Speed (mph) | Grade (%) | HR (bpm) | BP (mmHg) | Comment | |
|------------|------------|---------------|-------------|-----------|----------|-----------|---------|--|
| PRETEST | SUPINE | 01:49 | 0.00 | 0.00 | 107 | 120/80 | | |
| | WARM-UP | 00:17 | 0.70 | 0.00 | 114 | | | |
| EXERCISE | STAGE 1 | 03:00 | 1.70 | 10.00 | 142 | 120/80 | | |
| | STAGE 2 | 03:00 | 2.50 | 12.00 | 173 | 130/80 | | |
| | STAGE 3 | | 00:39 | 3.40 | 14.00 | 179 | | |
| | | | 01:00 | 0.00 | 0.00 | 162 | 140/80 | |
| RECOVERY | | 02:00 | 0.00 | 0.00 | 131 | 120/80 | | |
| | | 02:00 | 0.00 | 0.00 | 127 | 120/80 | | |
| | | 00:57 | 0.00 | 0.00 | 129 | 120/80 | | |

The patient exercised according to the BRUCE for 6:39 min:s, achieving a work level of Max. METS: 8.90. The resting heart rate of 107 bpm rose to a maximal heart rate of 181 bpm. This value represents 100 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 140/80 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation:

Summary: Resting ECG: Minor ST-T changes seen.

Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: normal resting BP - appropriate response.

Chest Pain: none.

Arrhythmias: none.

ST Changes: Insignificant ST-T changes seen.

Overall impression: Normal stress test.

Conclusions:

TMT is negative for inducible ischemia.

(Signature)
Achyut

39 Years

MRS SARITA KIRAN BALA
Female

24-Nov-23 10:32:01 AM
KIMS-JUNESWAI HOSPITALS
PSC DEPT.

Rate 90 . Sinus rhythm.....normal P axis, V-rate 50-99

PR 141
QRSD 83
QT 341
QTc 418

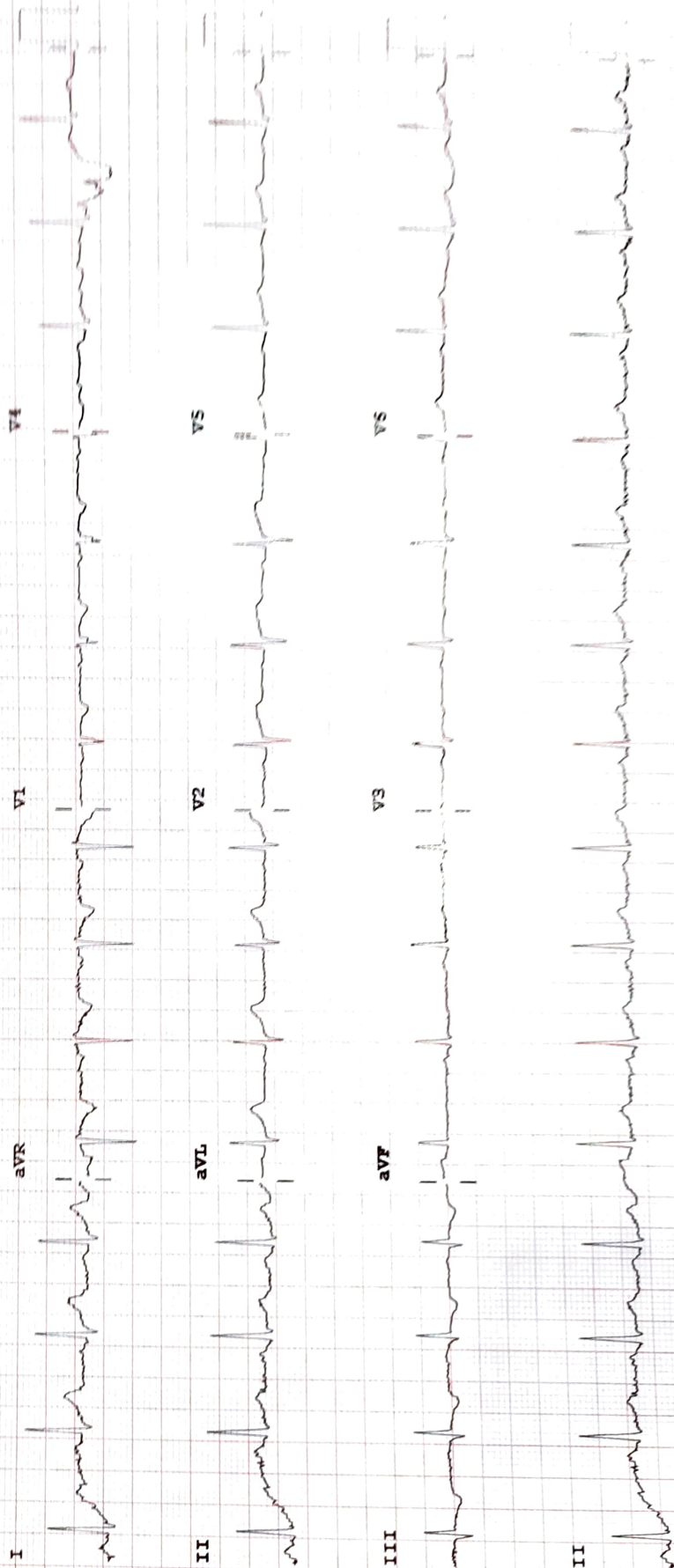
--AXIS--

P 57
QRS 38
T -3

12 Lead; Standard Placement

- NORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50- 0.50-150 Hz W

1000 CS

P