

Diwakar Diagnostic Centre

E-7/636, Near Punjab National Bank Bhopal(M.P.)

314 / MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg Date: 27-Mar-2022 Technician : NIL

Report

(GEM213180307)(R)Allengers



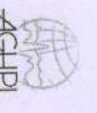
Report :

TEST OBJECTIVE : ROUTINE CHECK UP
RISK FACTOR : MALE
ACTIVITY : MODERATE ACTIVE
OTHER INVESTIGATION : ROUTINE BLOOD INVESTIGATION
REASON FOR TERMINATION : FATIGUE, HEART RATE ACHIEVED
EXERCISE TOLERANCE : AVERAGE
EXERCISE INDUCED ARRHYTHMIAS : NO
HAEMODYNAMIC RESPONSE : NORMAL
CHRONOTROPIC RESPONSE : NORMAL
FINAL IMPRESSION : STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

AKASH



Doctor : CARDIOLOGIST



Stage	Time	Duration	Belt Speed (mph)	Elevation	METs	Rate	%THR Achieved	BP	RPP	PVC	Comments
Supine	00:16	0:01	00.0	00.0	01.0	93	51 %	130/80	120	00	
Standing	00:26	0:01	00.0	00.0	01.0	96	52 %	130/80	124	00	
HV	00:37	0:01	00.0	00.0	01.0	101	55 %	130/80	131	00	
Warm Up	01:00	0:02	01.7	10.0	01.0	091	49 %	130/80	118	00	
ExStart	01:04	0:06	01.7	10.0	01.1	091	49 %	130/80	118	00	
BRUCE Stage 1	04:04	3:00	01.7	10.0	04.7	119	65 %	136/86	161	00	
BRUCE Stage 2	07:04	3:00	02.5	12.0	07.1	146	79 %	140/90	204	00	
PeakEx	08:14	1:10	03.4	14.0	08.3	139	76 %	140/90	194	00	
Recovery	09:13	1:00	01.1	00.0	01.2	144	78 %	136/86	195	00	
Recovery	10:13	2:00	00.0	00.0	01.0	115	62 %	136/86	156	00	
Recovery	11:13	3:00	00.0	00.0	01.0	110	60 %	126/86	138	00	
Recovery	11:34	3:20	00.0	00.0	01.0	106	58 %	126/86	133	00	

Findings :

Exercise Time : 07:11
 Max HR Attained : 146 bpm 79% of Target 184
 Max BP Attained : (Sys) 140/90
 Max Workload Attained : 8.3 Fair response to induced stress
 Max ST Dep Lead & Value : Max ST Dep Lead & Value
 Test End Reasons : Fatigue, Heart Rate Achieved

Doctor : CARDIOLOGIST

314 / MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 93

Date: 27-Mar-2022 09:26:29 AM

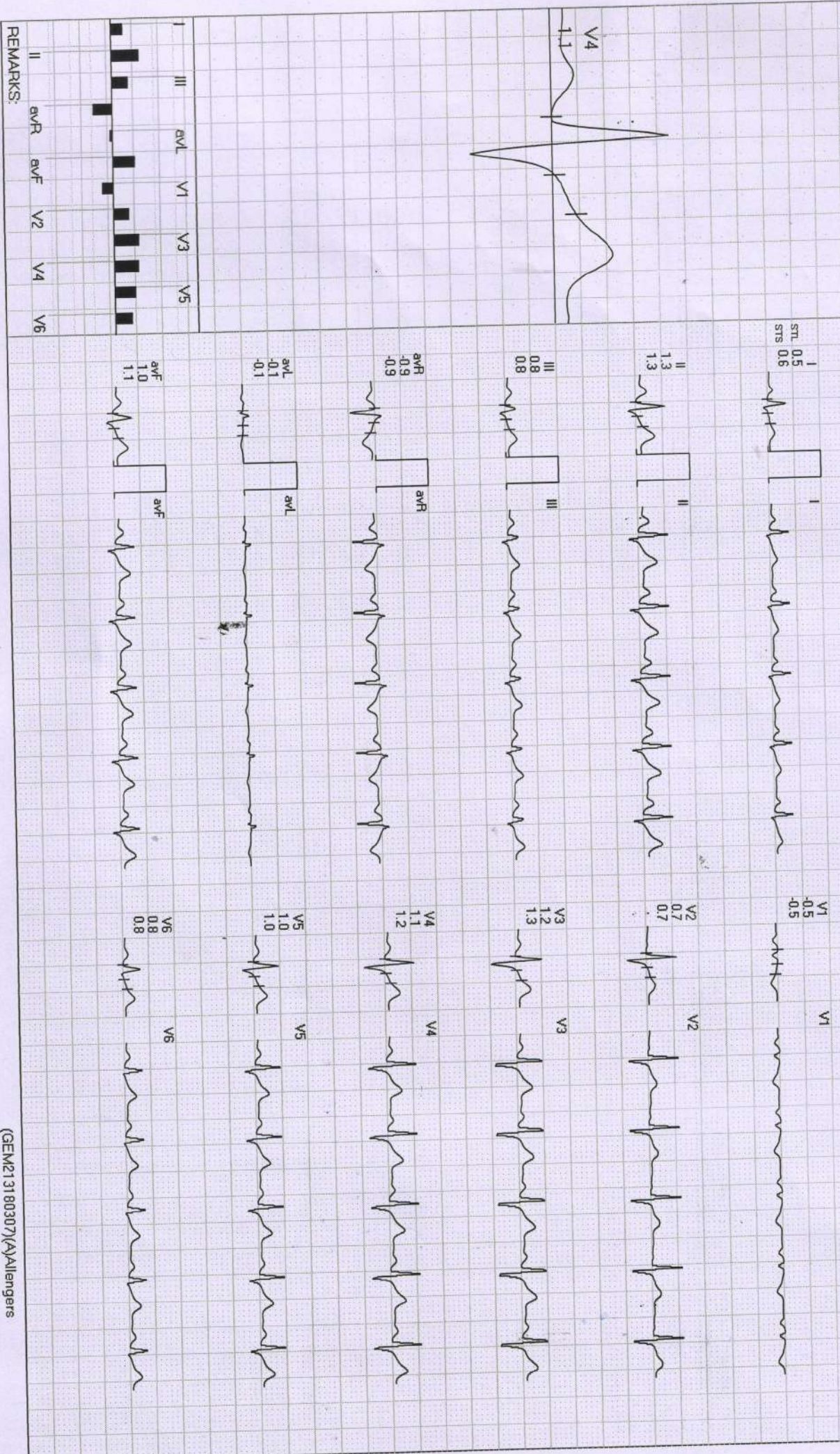
METS: 1.0 / 93 bpm 50% of THR BP: 130/80 mmHg

Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

EXTime: 00:15 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV

4X 80 ms Post J

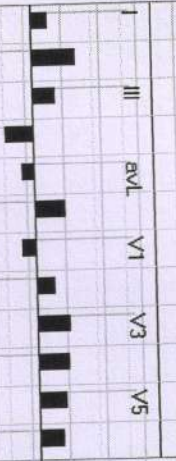
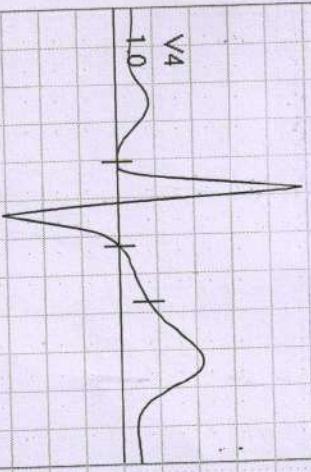


314 / MR. AKASH MOHAN SONI / 36 YRS / M / 160 Cms / 74 Kg / HR : 96

Date: 27-Mar-2022 09:26:29 AM METS: 1.0/ 96 bpm 52% of THR BP: 130/80 mmHg Raw ECG/ BLC Ony/ Notch Ony/ HF 0.05 Hz/LF 20 Hz

STANDING
 EXTime: 00:25 0.0 mph, 0.0%
 25 mm/Sec. 1.0 Cm/mV

4X 80 mS Post J



REMARKS:

314/MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 101

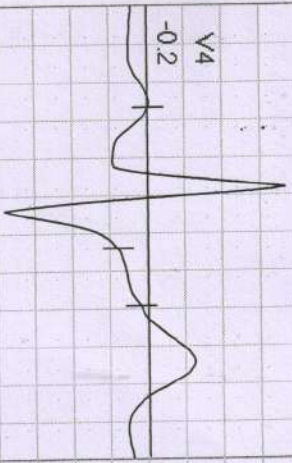
Date: 27-Mar-2022 09:26:29 AM

METS: 1.0/ 101 bpm 54% of THR BP- 130/80 mmHg Raw ECG/ BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

EXTime: 00:36 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



I
STL -0.2
STS 0.9



II
0.7
1.6



III
1.0
0.7



aVR
-0.2
-1.2



aVL
-0.7
0.3



avF
0.8
1.1



V1
-0.4
-1.0



V2
0.0
0.6



V3
-0.1
0.9



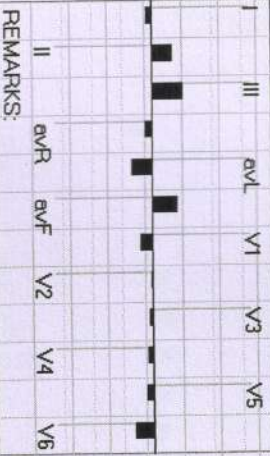
V4
-0.2
0.9



V5
-0.2
1.0



V6
-0.6
0.6



REMARKS:

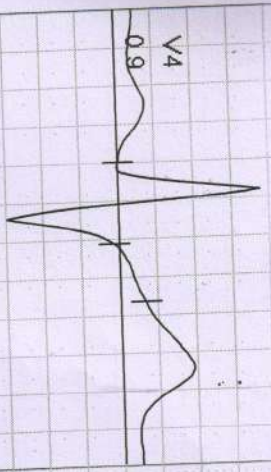


314/MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 91

Date: 27-Mar-2022 09:26:29 AM METS: 1.0/ 91 bpm 49% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

EXTime: 00:59 1.0 mph, 0.0%
25 mm/Sec. 1.0 Cm/mV

4X 80 ms Post J



I
STL 0.4
STS 0.5

II
1.0
1.2

III
0.7
0.7

aVR
-0.7
-0.9

aVL
-0.1
-0.1

aVF
0.8
0.9

V1
-0.4
-0.5

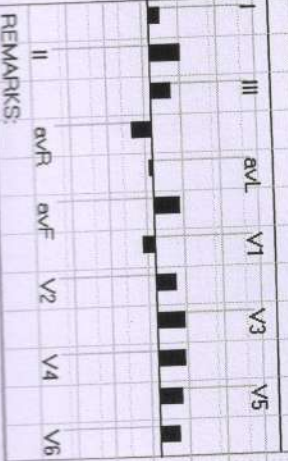
V2
0.6
0.7

V3
0.9
1.2

V4
0.9
1.2

V5
0.8
0.9

V6
0.6
0.7



REMARKS:

314/MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 91

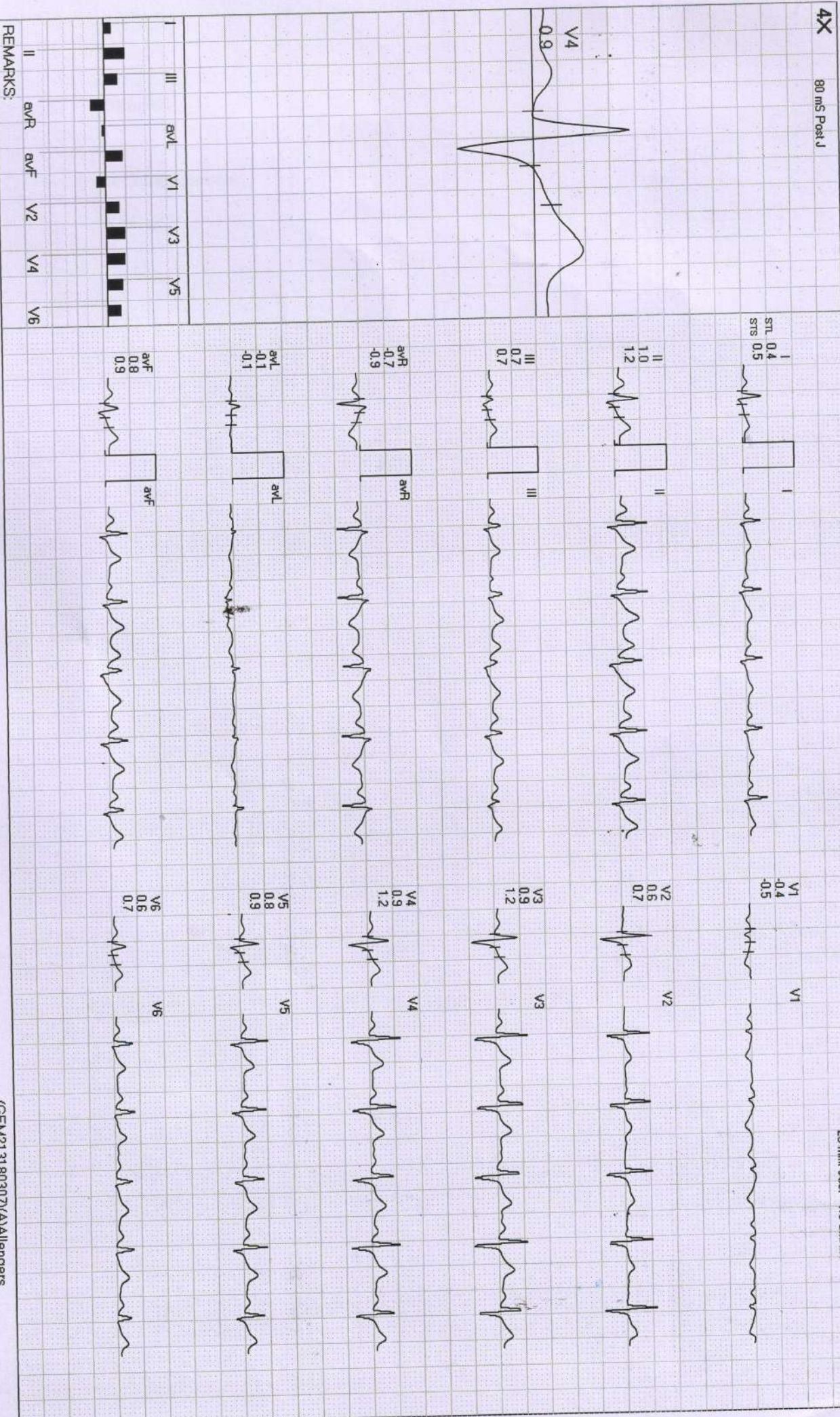
Date: 27-Mar-2022 09:26:29 AM METS: 1.0/91 bpm 49% of THR BP: 130/80 mmHg Raw ECG/ BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

ExStrt



ExTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV





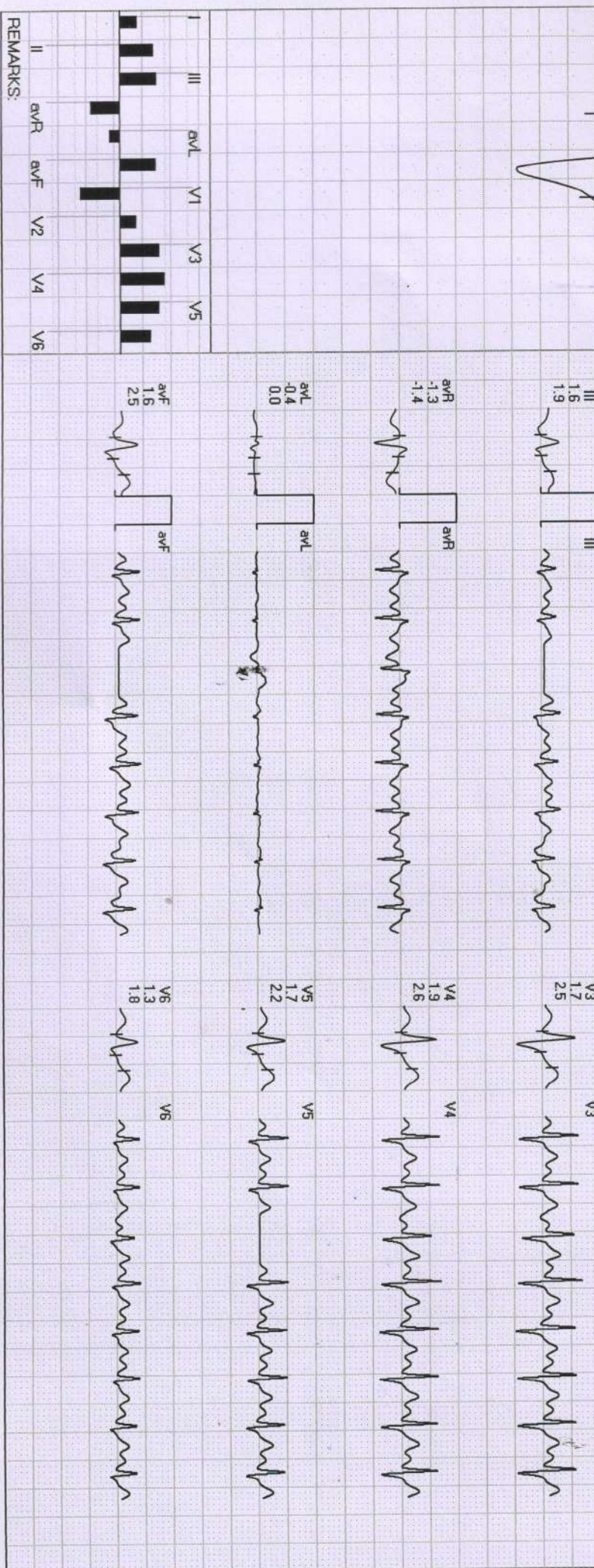
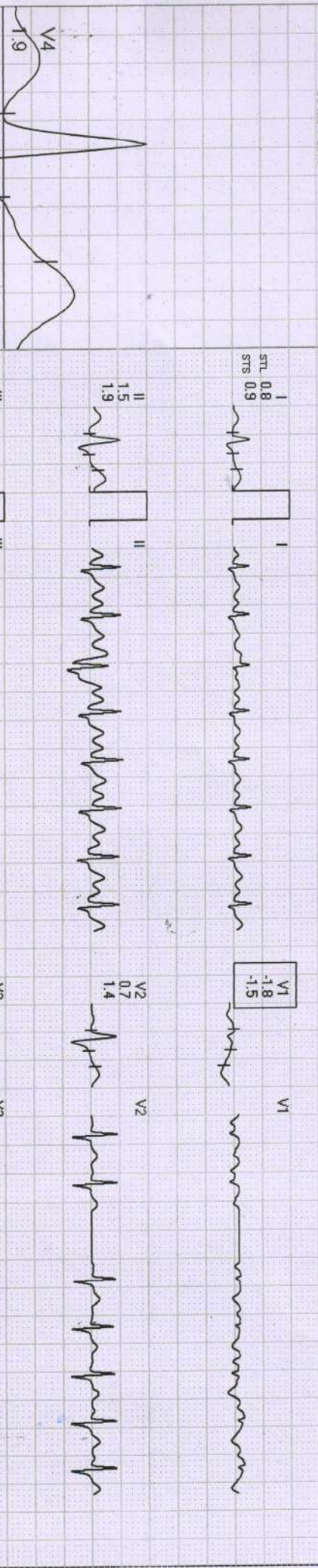
314 / MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 146

Date: 27-Mar-2022 09:26:29 AM METS: 7.1 / 146 bpm 79% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

EXTime: 06:00 2.5 mph, 12.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

314/MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 139

Date: 27-Mar-2022 09:26:29 AM METS: 8.3/139 bpm 75% of THR BP: 140/90 mmHg Raw ECG/ BLC On/ Notch On/ HF 0.05 Hz/LF 20 Hz

ExtTime: 07:10 3.4 mph, 14.0%
25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J

I
STL 0.0
STS 0.0



V1
0.0
0.0
0.0



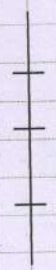
II
0.1
2.2



V2
0.0
0.0
0.0



V4
0.0



III
0.0
0.0



V3
0.0
0.0
0.0



avR
0.0
0.0



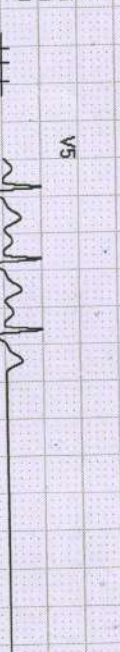
V4
0.0
0.0
0.0



avL
0.0
0.0



V5
0.0
0.0
0.0



avF
0.0
0.0



V6
0.0
0.0
0.0



REMARKS:
I avR avF V2 V4 V6
II avL V1 V3 V5



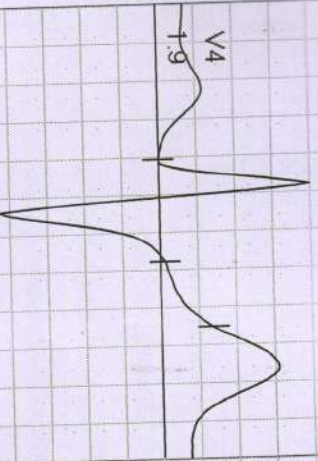
314 / MR. AKASH MOHAN SONI / 36 Yrs / M / 160 Cms / 74 Kg / HR : 110

Date: 27-Mar-2022 09:26:29 AM

METS: 1.0 / 110 bpm 59% of THR BP: 126/86 mmHg Raw ECG/ BLC On/ Natch On/ HF 0.05 Hz/LF 20 Hz

ExTime: 07:10 0.0 mph, 0.0%

4X 90 m/s Post I



I
STL 0.4
STS 0.6



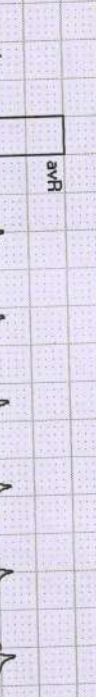
II
22
25



III
19
19



avR
1.3
1.5



avL
-0.7
-0.6



avF
2.0
2.2



V1
-0.7
-0.7



V2
0.7
1.0



V3
1.9
2.1



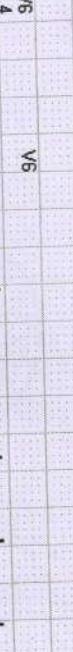
V4
1.9
2.1



V5
1.6
1.9



V6
1.4
1.7



REMARKS:

मेरी पहचान

Akash Mohan Sont
Akash Mohan Sont
जन्म तिथि/DOB: 26/03/1985
पुरुष / MALE

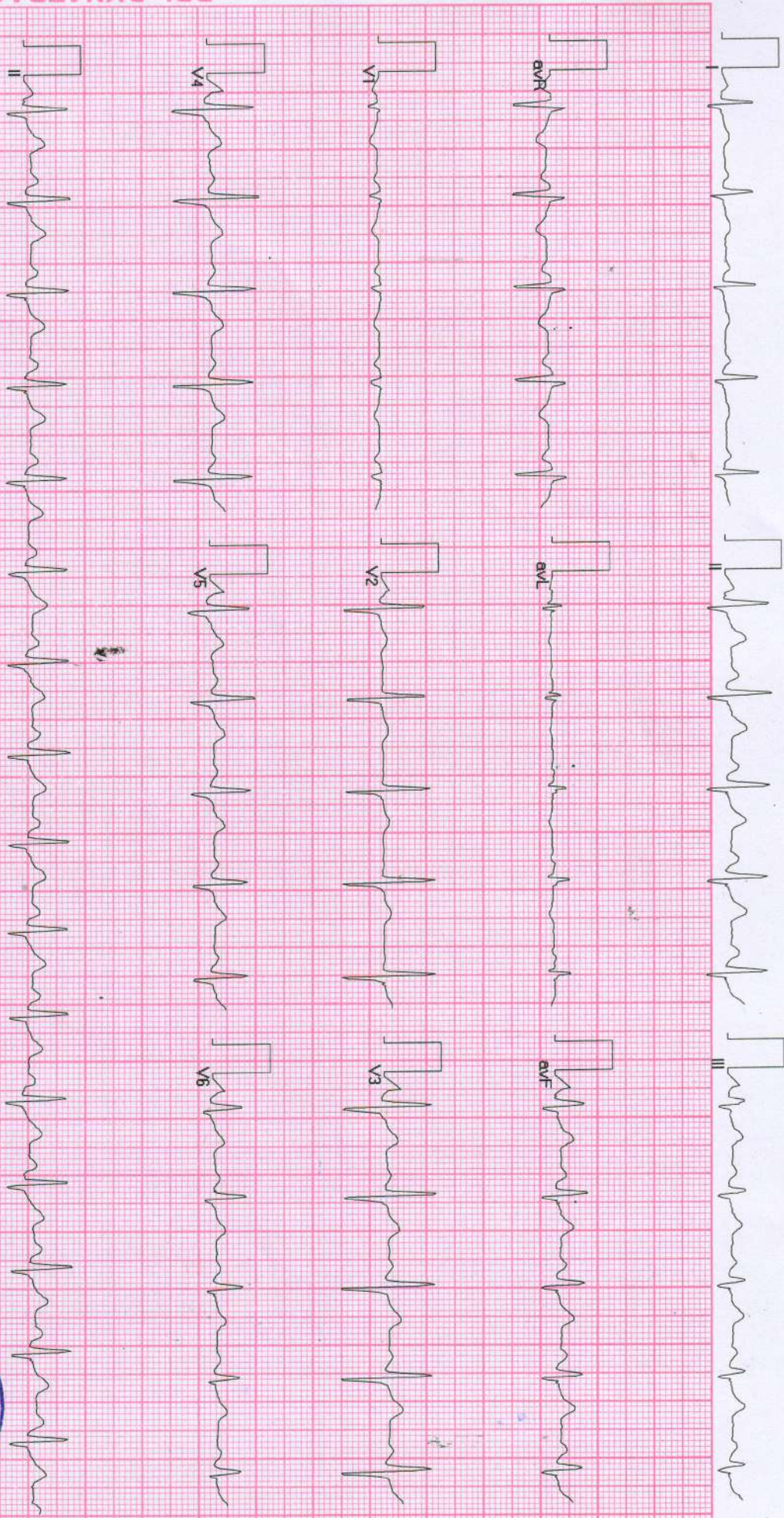
7103 0933 2384

मेरी पहचान



Dr. B. M. Agarwal
MBBS, DCP
Consultant Pathologist





BPL-DYNATRAC

Allengers ECG (Pscos)(PIS213180317)





डॉ. सविता क्लिनिक

34, भूतल, मोहिनी अदिति आर्केड, शाहपुरा मस्जिद के पास
भरत नगर रोड, ई-7/194, अरेरा कॉलोनी, भोपाल - 462038

Mob. : 8989649694, 9516333619

Clinic Registration : CL/5392/Jun/2017

PNDT Registration : MPPCPNDT/BPL/2017/206



Name : Mrs. Akash Mohan Sowi Age 36 YRS./#/ab.

R/B Health check-up. No. Date 28/3/2022

WHOLE ABDOMES ULTRASOUND REPORT

Indication:

Liver appears normal in size and shape with normal outline. ~~Normal~~
increased parenchymal echogenicity is noted. No E/O focal lesion/ IHBR
dilatation is seen. Hepatic veins and portal veins appear normal. grade
II fatty liver.

No E/O subdiaphragmatic Collection.

Gall Bladder is physiologically well distended. No. E/O echogenic foci in GB
lumen. GB wall is normal / ~~thickened~~. No E/O pericholecystic collection.
Common duct reveals normal course and caliber.

Pancreas appear normal in size, shape and echo texture with smooth
contour. No peripancreatic pathology seen. (Not seen due to gases).

Spleen is normal in size and echo texture.

IVC and aorta appear to be normal.

No evidence of lymphadenopathy is noted.

No evidence of free fluid is noted.

Right Kidney is normal in size. size, shape and position. Corticomedullary
differentiation (CMD) is well maintained. Normal cortical thickness is
noted. No E/O hydronephrosis or calculus is noted.

PTO

Dr. P. Savita, MD
MBBS, MD (O&G) Reg. No. 9971
स्त्री रोग विशेषज्ञ

Dr. Jayant Yadav, MD
MBBS, MD (Radiologist) Reg. No. 4166
रेडियोलॉजिस्ट

Left Kidney is normal in size, shape and position. CMD is well maintained. Normal cortical thickness is noted. No E/O hydronephrosis or calculus is noted.

Urinary Bladder is well distended (physiological). its contents are echo free. No E/O bladder wall thickening is noted. Post-void residue is insignificant.

Prostate is normal in size. Shape and echo texture with smooth outline. No E/O focal lesion is noted.

Uterus is ante/retroverted and normal in size, shape and echotexture with smooth outline. No E/O focal lesion is noted. Endometrial echo appears normal. Cervical and vaginal shadows appear normal.

Right Ovary appears enlarged / Normal in size, shape and echo texture.

Left Ovary appears enlarged / Normal in size, shape and echo texture.

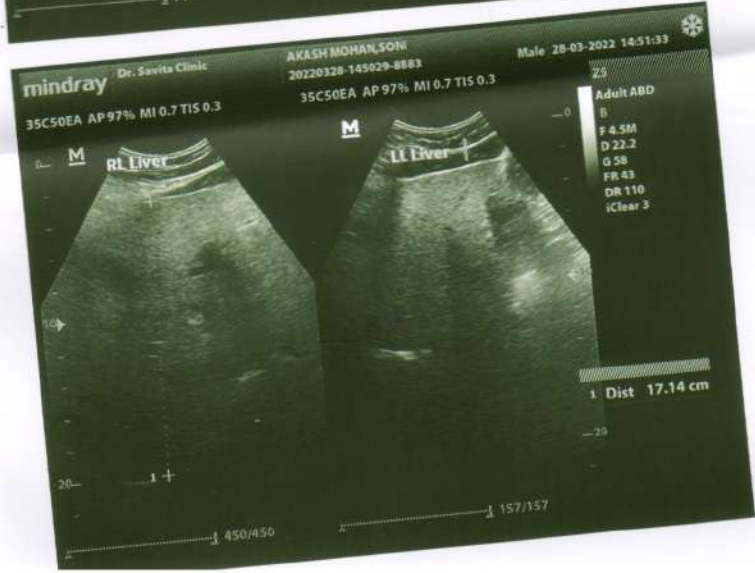
Impression : ~~Normal study.~~ *Grade II Fatty Liver.*

Advised clinical Correlation.

Dr. P. Savita, MD
MBBS, MD (O&G) Reg. No. 9971
स्त्री रोग विशेषज्ञ

Dr. Jayant Yadav, MD
MBBS, MD (Radiologist) Reg. No. 4166
रेडियोलॉजिस्ट

intained.
alculus is





द्विवाकर डायग्नोस्टिक सेंटर

E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, असेरा कॉलोनी भोपाल (म.प्र.)

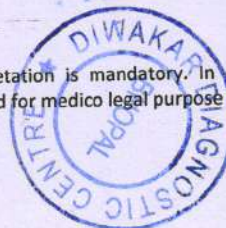
फोन: 0755-2465288, 0755-3520545 मो: 9826340190

Pt.Name :-	Mr. Akash Mohan Soni
Age :-	36y/M
Refd. By :-	BOB
Lab.pNo.:-	189
Date :-	27/03/2022

EXAMINATION OF BLOOD

TEST	RESULT	NORMAL VALUE
Haemoglobin	14.6mgs%	Female 12-16gms%, Male 14-18gms%
Red Cell count	4.9	4.5-5.6 million /cumm
Platelet Count	2.55	1.5-5.6 Lac/cumm
Leucocytes per.cu.mm	7300/cumm	5000-11000/cumm
Neutrophils	58%	50-70%
Lymphocytes	32%	20-40%
Eosinophils	06%	0-7%
Monocytes	04%	2-8%
PCV	38.8	37-47
MCV	79.2	76-96
MCH	29.6	27-32
MCHC	30.5	31-35
ESR	06	Male 0-9, Female 0-20mm/FHR
S.Bilirubin(Total)	0.79	0.2-1.0mg/dl
Direct	0.30	0.0-0.25mg/dl
Indirect	0.49	
SGOT	23.5	5-35U/L
SGPT	28.3	8-40U/L
Alk Phosphatase	9.0	3-13 KA units
S. Protein(Total)	7.0	6.0-8.0mg%
Albumin	4.0	3.7-5.3mg%
Globulin	3.0	1.5 to 3.5 mg%
AG Ratio	1.25	1.-2.0
Blood Urea Nitrogen (BUN)	13.8	7-20 mg/dl
S.Creatine	0.85	0.5-1.4mg/dl
S. Uric Acid	5.7	3.5-7.5mg%
Calcium	9.4	8.5-10.5 gm/dl
GGTP	33.2	5-35 UL/dl
Fasting Blood Sugar	116.8	70 to 110mg/dl
Post Prandial Blood Sugar	178.5	
Total Serum Cholesterol	173.8	100-250 mg%
Serum Triglyceride	147.4	Up to 160 mg%
Serum Cholesterol HDL	45.3	Up to 65 mg%
Serum CholesterolLDL	99.0	Up to 125 mg%
VLDL	29.4	Up to 30 mg%
TC/HDL Ratio	3.56	
Glycosylated Hemoglobin HBA1c	7.2	Below - 6.0 % -Non Diabetic control 6-7 % -Excellent control Above- 8 % -Poor control

All test have technical limitation. Collaborative clinic pathological interpretation is mandatory. In case of disparity test may be repeated immediately. Typographical mistakes should be get correct instantly. This report is not valid for medico legal purpose.



Dr. B. M. Agarwal
Pathologist
MBBS, DCP
Consultant Pathologist



दिवाकर डायग्नोस्टिक सेंटर

E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, असेरा कॉलोनी भोपाल (म.प्र.)

फोन: 0755-2465288, 0755-3520545 मो: 9826340190

Pt.Name :-	Mr. Akash Mohan Soni
Age :-	36y/M
Refd. By :-	BOB
Lab.pNo.:-	189
Date :-	27/03/2022

URINE ANALYSIS

<u>A. PHYSICALEXAMINATION</u>		<u>C. MICROSCOPIEXAMINATION</u>	
1. Colour	Pale Yellow	Pus Cells	3-4/HPF
2. Appearance	Clear	R.B.C.	Nil
3. Specific Gravity	Q.N.S.	Epithelial Cell	ooc/HPF
<u>B. CHEMICAL EXAMINATION</u>		Cast	Nil
1.Reaction	Acidic	Crystals(Cal.Oxa)	Nil
2.Albumin	Nil	Bacteria	Nil
3.Sugar	Nil	Amorphous	Nil
4.Bile Salts	Absent	T. Vaginitis	Nil

URINE COTININE	Negative	By Card method
----------------	----------	----------------



Dr. B. M. Agarwal
MBBS, DCP
Consultant Pathologist

All test have technical limitation. Collaborative clinic pathological interpretation is mandatory. In case of disparity test may be repeated immediately. Typographical mistakes should get correct instantly. This report is not valid for medico legal purposes



दिवाकर डायग्नोस्टिक सेंटर

E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, अरेरा कॉलेजी भोपाल (म.प्र.)

फोन: 0755-2465288, 0755-3520545 मो: 9826340190

Pt.Name :-	Mr. Akash Mohan Soni
Age :-	36y/M
Refd. By :-	BOB
Lab.pNo.:-	189
Date :-	28/03/2022

REPORT

Tricia Central

Thoracic cage normal

Both Lungs Field Clear.

Both hilers normal

Cardiac border normal

Both cp angles clear

Both domes and diaphragm normal

IMPRESSION

-NO CARDIO PULMONARY PATHOLOGY
-COORELATE WITH CLINICAL FINDINGS.


Dr. B. M. Agarwal
MD, Radiology
Consultant Radiologist

Radiologist





दिवाकर डायग्नोस्टिक सेंटर

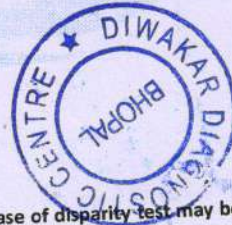
E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, अरेरा कॉलोनी भोपाल (म.प्र.)

फोन: 0755-2465288, 0755-3520545 मो: 9826340190

Pt.Name :-	Mr. Akash Mohan Soni
Age :-	36y/M
Refd. By :-	BOB
Lab.pNo.:-	189
Date :-	27/03/2022

EXAMINATION OF BLOOD

<u>TEST</u>	<u>RESULT</u>	<u>NORMAL VALUE</u>
PSA	4.28 ng/ml.	0.21-6.77 ng/ml.



Consultant Pathologist
Dr. B. M. Agarwal
MBBS, DCP

Pathologist

All test have technical limitation. Collaborative clinic pathological interpretation is mandatory. In case of disparity test may be repeated immediately. Typographical mistakes should be get correct instantly. This report is not valid for medico legal purpose

Dr. B. M. Agarwal
MBBS, DCP
Consultant Pathologist



दिवाकर डायग्नोस्टिक सेंटर

E-7/636, पंजाब नेशनल बैंक के पास, मैन रोड, अरेरा कॉलोनी भोपाल (म.प्र.)

फोन: 0755-2465288, 0755-3520545 मो: 9826340190

Pt.Name :-	Mr. Akash Mohan Soni
Age :-	36y/M
Refd. By :-	BOB
Lab.pNo.:-	189
Date :-	27/03/2022

EXAMINATION OF BLOOD

Thyroid profile

<u>TEST</u>	<u>RESULT</u>	<u>NORMAL VALUE</u>
T3 - TOTAL	96.5	82-213 ng/dL
T4 - TOTAL	6.89	6.09-12.23 ug/dL
THYROID STIMULATING HORMONE (TSH)	2.10	0.45-4.25 ul/mL

Interpretation:

TSH Levels will be elevated in primary hypothyroidism, TSH levels will be low in Hyperthyroidism there is decreased production of thyroid hormones by the thyroid hence the person may experience symptoms such as weight gain, constipation, cold intolerance and fatigue. Iodine deficiency and Hashimoto thyroiditis is the most common cause of hypothyroidism It makes Thyroid stimulating hormone. If TSH levels are abnormally high it could mean you have an underactive thyroid or hypothyroidism.



Dr. B. M. Agarwal
MBBS, DCP
Consultant Pathologist