

**Health Check up Booking Confirmed Request(bobS15546),Package Code-PKG10000251,
Beneficiary Code-66529**

Mediwheel <customercare@policywheel.com>

Tue 30-08-2022 11:58

To: JAYAKUMAR PILLAI R <JAYAKUMAR.R@bankofbaroda.com>

Cc: Mediwheel CC <customercare@mediwheel.in>;Mediwheel CC <mediwheelwellness@gmail.com>

****सावधान:** यह मेल बैंक डोमेन के बाहर से आया है. अगर आप प्रेषक को नहीं जानते तो मेल में दी गयी लिंक पर क्लिक ना करें या अटैचमेंट ना खोलें.

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011-41195959

Email:wellness@mediwheel.in

Dear Anjana Jayakumar,

Please find the confirmation for following request.

Booking Date : 26-08-2022
Package Name : Mediwheel Metro Full Body Health Checkup Female Above 40
Name of Diagnostic/Hospital : Narayana Hrudayalaya
Address of Diagnostic/Hospital : Building No. 9,Langford Town,Civil Station, Hosur Road,Langford Town, Shanti Nagar-560025
Contact Details : 9742096633
City : Bangalore
State : Karnataka
Pincode : 560025
Appointment Date : 03-09-2022
Confirmation Status : Confirmed
Preferred Time : 09:00:AM
Comment : APPOINTMENT TIME 8:00AM

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

BILL CUM RECEIPT

NH Medical Centre, Langford- OPD WAITING AREA - FIRST FLOOR



NH NarayanaTM
Medical Centre

Langford Road

Unit of Narayana Health



Patient Name : Ms Anjana Jayakumar
Patient MRN : 40010000021985
Gender|Age|DoB : female|51y 3m|30/05/71
Patient Phone No : 9823613273
Address : Bengaluru, Bangalore Urban, Karnataka, India,
560043

Bill No : INVO-4001-2209000106
Date : 03-09-2022 08:48 AM
Tariff Class : OPD
Consultant : self
Visit No : OP-001

Plan: Mediwheel Health check up |
Sponsor : ARCOFEMI HEALTHCARE LIMITED (ARCOFEMI HEALTHCARE LIMITED, 13065_C) |
Sponsor Bill No : INSO-4001-2209000019 | Sponsor Payable : 3,400.00

Particulars	Date	Qty	Unit Rate	Amount(Rs)
PACKAGE				
1. EHP Mediwheel Full Body Health checkup Above 40 Female self	03-09-2022 to 04-09-2022	1	3,400.00	3,400.00
			Total	3,400.00

Total Hospital Charges for Rendered Services/Items : 3,400.00
Total Bill Amount Including Taxes before round off : 3,400.00
Sponsor Payable : 3,400.00
Patient Round Off : 0.00
Patient Payable : 0.00

Amount in words: Rupees Zero Only

Balance Details

Gross bill amount : 3,400.00
Less Discount : 0.00
Sponsor Amount : 3,400.00
Net Amount : 0.00
Amount Paid : 0.00
Balance To Pay : **0.00**

Prepared By: Gundiga Kiran, 353556 | Prepared On: 03-09-2022 08:48 |
Published By: Gundiga Kiran, 353556 | Published On: 03-09-2022 08:48 |

Scan to download NH Care app
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NARAYANA MEDICAL CENTRE
(A Unit of NHL)
9, Old No. 18, Civil Station,
Mosur Road, Bangalore - 560 025



बैंक ऑफ बड़ोदा
Bank of Baroda

नाम
Name जयकुमार पिल्लै आर
Jayakumar Pillai R

E.C. No. 155912

आयकर विभाग
Issuing Authority

हस्ताक्षर
Signature of Holder




N H Longford Town

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

ANJANA JAYAKUMAR
NARENDRAN NAIR

30/05/1971
Permanent Account Number
AHJPJ6312Q

30102006


Signature

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

JAYA KUMAR PILLAI
RAGHAVAN PILLAI

08/10/1964
Permanent Account Number
ABLPP7991B





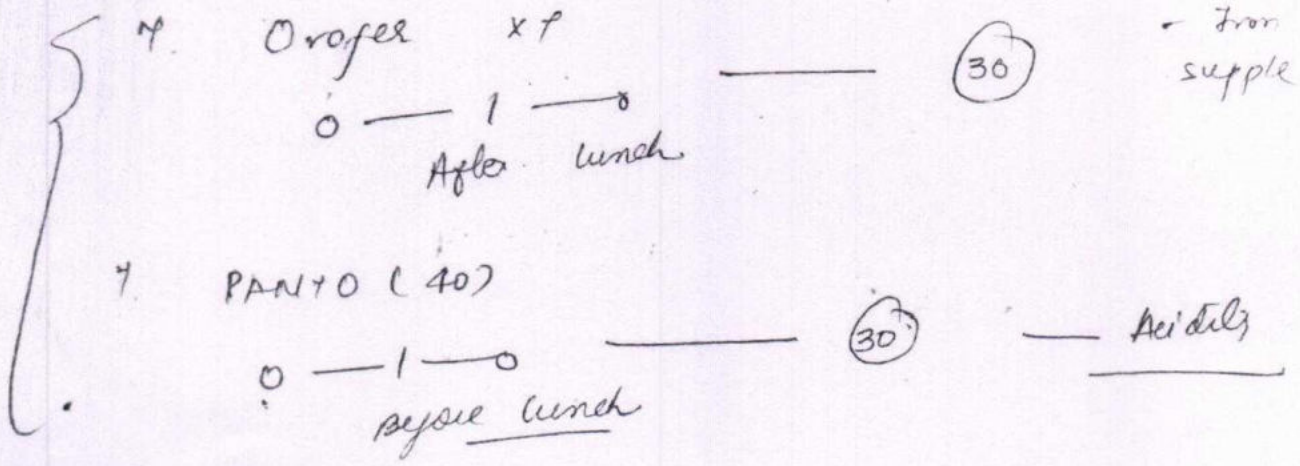
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Signature

Health check up.

R

- Low rich diet
- High protein diet



Gynaecologist opinion for fibroid & bulky uterus

Orthopaedic Consult

Jurnal

COLOUR DOPPLER ECHOCARDIOGRAPHY

Patient Name	Mrs ANJANA JAYAKUMAR	Reg No	40010000021985
Age	51 YRS	Sex	FEMALE
Ref by	PKG	Date	03/09/22

2D / M MODE MEASUREMENTS

AO : 25 mm LVID(d) : 39 mm IVS(d) : 09 mm
 LA : 32 mm LVID (s) : 27 mm PW(d) : 10 mm
 EF : 60%

VALVES

MITRAL VALVE : AML prolapse, normal leaflet mobility
 AORTIC VALVE : Normal
 TRICUSPID VALVE : Normal
 PULMONARY VALVE : Normal

CHAMBERS

LEFT ATRIUM : Normal
 RIGHT ATRIUM : Normal sized
 LEFT VENTRICLE : Normal , Normal LV systolic function
 RIGHT VENTRICLE : Normal sized , TAPSE – 21 mm , Normal RV Function

SEPTAE

IVS : Intact
 IAS : Intact

NARAYANA MEDICAL CENTRE
 (A Unit of NHL)
 # 9, Old No. 18, Civil Station,
 Hosur Road, Bangalore - 560 025

**PATIENT HELPLIN****186-0208-020**

Narayana Medical Cer

(A Unit of Narayana Hrudayalaya Limi

(Previously Narayana Hrudavala Pvt. Ltd.) CIN : L85110KA2000PLC027

GREAT ARTERIES

AORTA : Normal sized , Normal arch

PULMONARY ARTERY : Normal

DOPPLER DATA

MITRAL VALVE : E : 1.0 m/s , A : 0.7 m/s, MR - Mild

AORTIC VALVE : Pgr - 8 mmHg

TRICUSPID VALVE : TR - Mild , PASP - 40 mmHg

PULMONARY VALVE : Pgr - 4 mmHg

WALL MOTION ABNORMALITIES : NO RWMA

PERICARDIUM : Nil

VEGETATION/THROMBUS : Nil

OTHER FINDINGS :

HR : 79 bpm (Sinus Rhythm)

IVC : 15 mm , Normal Sized, Collapsing, Normal RA pressure

FINAL DIAGNOSIS

NORMAL CHAMBER DIMENSIONS

MR - MILD

TR - MILD

BODERLINE PA PRESSURE

NO RWMA

NORMAL RV AND LV FUNCTION

LVEF- 60%

Done by : SHABRIN TAJ

CARDIAC SONOGRAPHER

Shabrin T
Signature

NARAYANA MEDICAL CENTRE
(A Unit of NHL)
Old No. 18, Civil Station,
Bangalore - 560 025



PATIENT HELPLINE

186-0208-0208

Narayana Medical Center

(A Unit of Narayana Hrudayalaya Limited)

(Previously Narayana Hrudayala Pvt, Ltd.,) CIN : L85110KA2000PLCO27497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560 099

Address: Building No.9 (Old.no.18), Langford Road, Civil Station, Hosur Road, Bangalore 560 025

Tel: +91 7122 2222, fax : +91 7122 2611 www.narayanahealth.org

Patient Name	Ms. ANJANA JAYAKUMAR	Medical Centre	Reg No	40010000021985
Age	51 Yrs	Unit of Narayana Health	Sex	Female
Ref by	PKG	Date	03/09/22	

FINDINGS:

Ultrasound Abdomen & Pelvis by TAS

Liver is normal in size and shows diffuse increased in echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in size, course and caliber. CBD is not dilated.

Gall bladder Contracted - ? Post prandial status

Pancreas Head and body seen appears normal rest is persistently obscured by gaseous bowel.

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

Kidneys Both Kidneys are normal in size, shape, and position. RK- 94 x 8 mm, LK - 99 x 9 mm. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis at the time of scan.

Retroperitoneum - Obscured by bowel gas.

Urinary Bladder is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

Uterus is retroverted and bulky in size, measures 98 x 46 x 69 mm. Shows seedling fibroid's in the myometrium largest measuring 8 x 8 mm.


Endometrium - 6 mm

Both ovaries are persistently obscured by gaseous bowel.

GASEOUS ABDOMEN.

Impression:

- **Fatty liver-Grade I-For LFT and clinical correlation.**
- **Bulky uterus with seedling fibroid's (as described above) - For clinical correlation and follow up**


Dr. AHETASHAM MD
 Consultant Radiologist

Note: Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly. This Report is not for Medico - Legal Purposes.

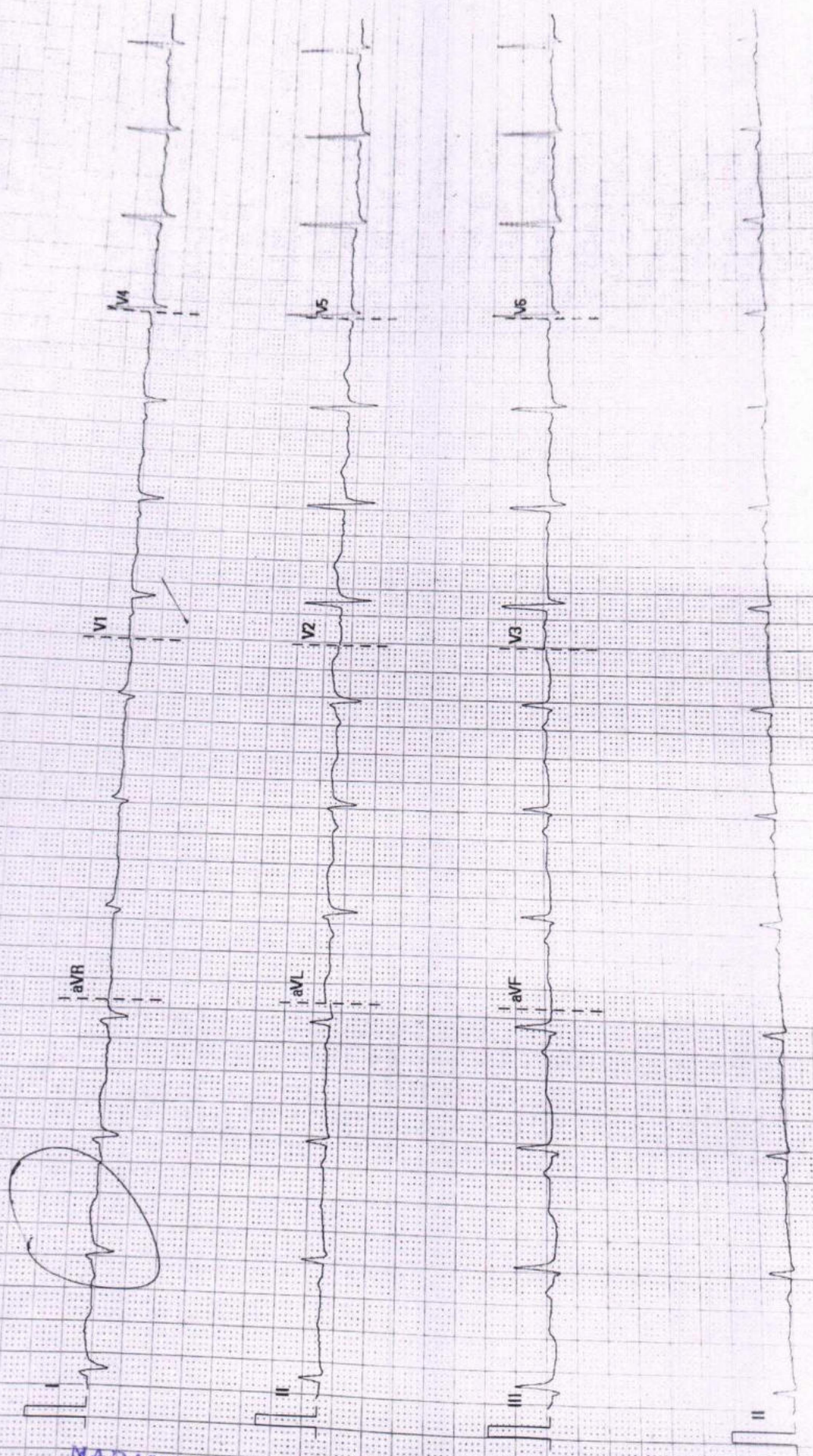
 **PATIENT HELPLINE**
186-0208-0208

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 (A Unit of Narayana Hrudayalaya Limited)
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 Tel: +91 7122 2222, fax : +91 7122 2611 www.narayanahealth.org

vent. Rate 81 bpm
PR Interval 150 ms
QRS Duration 102 ms
QT/QTc Interval 426/463 ms
P/ORS/T Axes 120/116/19 deg
QTc-Hodges

Sinus rhythm
--- Possible atrn lead reversal, hence only aVF, V1-V6 analyzed ---
Widespread ST-T abnormality is nonspecific
Borderline ECG

Unconfirmed Diagnosis



NARAYANA MEDICAL CENTRE
0 (A Unit of NMI)

02.07.00 V28 4.1 SN FN 77008761

Narayana Medical Centre Langford Hoax

BOH 95 Hz

10 mm/mV 50 Hz

25 mm/s

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (30/05/1971)
 Collected On : 03/09/2022 09:00 AM Received On : 03/09/2022 09:00 AM Reported On : 03/09/2022 11:03 AM

Barcode : N12209030011 Specimen : Serum Consultant :-

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	88	mg/dL	ADA standards 2020 >126 : Diabetes 70 to 99 : Normal 100 to 125 : Pre-diabetes
SERUM CREATININE			
Serum Creatinine (Enzymatic Method (hydrolase, Oxidase, Peroxidase))	0.74	mg/dL	0.6-1.0
eGFR (Calculated)	82.7	-	-
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric - Urease)	7.2	mg/dL	7.0-17.0
Serum Uric Acid (Colorimetric - Uricase, Peroxidase)	4.6	mg/dL	2.5-6.2
LIPID PROFILE (CHOL, TRIG, HDL, LDL, VLDL)			
Cholesterol Total	209	mg/dL	Both: Desirable: < 200 Both: Borderline High: 200-239 Both: High: > 240
Triglycerides (LPL/GK)	90	-	0.0-150.0
HDL Cholestrol (HDLC) (Colorimetric: Non HDL Precipitation Phosphotungstic Acid Method)	47	mg/dL	40.0-60.0
Non-HDL Cholestrol	162	-	-
LDL Cholesterol (Colorimetric)	144	mg/dL	Both: Optimal: < 100 Both: Near to above optimal: 100-129 Both: Borderline High: 130-159 Both: High: 160-189 Both: Very High: > 190
VLDL Cholesterol (Calculated)	18	mg/dL	<40.0
Cholesterol /HDL Ratio (Calculated)	4.4	-	0.0-5.0
THYROID PROFILE (T3, T4, TSH)			
Tri Iodo Thyronine (T3) (Chemiluminescence)	1.24	ng/mL	0.97-1.69

MARAYANA MEDICAL CENTRE
 (A Unit of NHL)
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 Hosur Road, Bangalore - 560 025

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (1971-05-30)

Immuno Assay (CLIA))

Interpretations:

Thyroid hormone binding protein can profoundly affect total T3 and total T4 levels especially in pregnancy and in patients on steroid therapy.

Unbound fractions of T3 and T4 (FT3, FT4) of thyroid hormones are biologically active forms and correlate more closely with clinical status of the patient.

Thyroxine (T4) (Chemiluminescence Immuno Assay (CLIA))	6.42	ug/dl	5.53-11.0
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TSH (Thyroid Stimulating Hormone) (Chemiluminescence Immuno Assay (CLIA))	2.64	μIU/mL	0.4-4.049
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Interpretations:

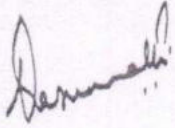
TSH levels are subject to circadian variation, reaching peak levels between 2-4 a.m. and minimum between 6-10 p.m. The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentration.

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Colorimetric -Diazo Method)	0.6	mg/dL	0.2-1.3
Conjugated Bilirubin (Direct) (Dual Wavelength - Reflectance Spectrophotometry)	0.1	mg/dL	0.0-0.4
Unconjugated Bilirubin (Indirect) (Calculated)	0.5	-	-
Total Protein (Colorimetric - Biuret Method)	7.3	gm/dL	6.3-8.2
Serum Albumin (Colorimetric - Bromo-Cresol Green)	4.3	gm/dL	3.5-5.0
Serum Globulin (Calculated)	3	gm/dL	2.0-3.5
Albumin To Globulin (A/G)Ratio (Calculated)	1.43	-	1.0-2.1
SGOT (AST) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	19	U/L	14.0-36.0
SGPT (ALT) (Multipoint-Rate With P-5-P (pyridoxal-5-phosphate))	21	U/L	<35.0
Alkaline Phosphatase (ALP) (Multipoint-Rate - P-nitro Phenyl Phosphate, AMP Buffer)	81	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (Multipoint Rate - L-glutamyl-p-nitroanilide (Szasz Method))	13.00	U/L	12.0-43.0

--End of Report--

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (1971-05-30)



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



NARAYANA MEDICAL CENTRE
(A Unit of NHL)
9, Old No. 18, Civil Station,
Mosur Road, Bangalore - 560 025

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (30/05/1971)
Collected On : 03/09/2022 09:00 AM Received On : 03/09/2022 09:00 AM Reported On : 03/09/2022 10:42 AM
Barcode : N12209030012 Specimen : Whole Blood Consultant : -

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

Test	BIOCHEMISTRY		Biological Reference Interval
	Result	Unit	
HbA1C HbA1c	5.3	%	Normal: 4.0-5.6 Prediabetes:5.7-6.4 Diabetes:>6.5 (ADA Recommendation 2017)
Estimated Average Glucose	105.41	%	

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

--End of Report--

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MBBS, DCP
CONSULTANT PATHOLOGIST

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (30/05/1971)
Collected On : 03/09/2022 09:00 AM Received On : 03/09/2022 09:00 AM Reported On : 03/09/2022 10:43 AM
Barcode : N22209030005 Specimen : Whole Blood - ESR Consultant : -

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

Test

HAEMATOLOGY

Erythrocyte Sedimentation Rate (ESR)
(Westergren Method)

Result

Unit

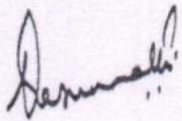
Biological Reference Interval

6

mm/1hr

0.0-19.0

--End of Report--



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MBBS, DCP
CONSULTANT PATHOLOGIST

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MARAYANA MEDICAL CENTRE
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9, Old No. 18, Civil Station,
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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (30/05/1971)
 Collected On : 03/09/2022 09:00 AM Received On : 03/09/2022 09:00 AM Reported On : 03/09/2022 10:47 AM
 Barcode : N22209030006 Specimen : Whole Blood Consultant : -

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

Test	HAEMATOLOGY		
	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Photometric Measurement)	10.26 L	g/dL	12.0-15.0
Red Blood Cell Count (Electrical Impedance)	4.07	Million/uL	3.8-4.8
PCV (Packed Cell Volume) / Hematocrit (Calculated)	29.0 L	%	36.0-46.0
MCV (Mean Corpuscular Volume) (Derived)	71.3 L	fL	80.0-100.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	25.2 L	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	35.4 H	%	31.5-34.5
Red Cell Distribution Width (RDW) (Derived)	18.7 H	%	11.6-14.0
Platelet Count (Electrical Impedance Plus Microscopy)	306.1	Thous/ μ L	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	6.93	Thous/ μ L	4.0-10.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (VCS Technology Plus Microscopy)	59.63	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	29.76	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	7.75	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	2.30	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	0.57	%	0.0-2.0
Absolute Neutrophil Count	4.1 L	-	1800.0-8000.0
Absolute Lymphocyte Count	2.1 L	-	990.0-3150.0
Absolute Monocyte Count	0.5	-	-

Patient Name	MS.ANJANA JAYAKUMAR	Requested By	PKG
MRN	40010000021985	Procedure DateTime	03-09-2022 11:16
Age/Sex	51Y/Female	Hospital	NH-LANGFORD

CHEST RADIOGRAPH (PA VIEW)

CLINICAL DETAILS: For health checkup.

FINDINGS:

- The lung fields and bronchovascular markings appear normal.
- The cardiac size is within normal limits.
- Mediastinum and great vessels are within normal limits.
- Trachea is normal and is central. The hilar shadows are unremarkable.
- The costo-phrenic angles are clear. No evidence of pleural effusion or pneumothorax.
- The visualized bones and soft tissue structures appear normal.
- Both the diaphragmatic domes appear normal.

IMPRESSION:

- No significant abnormality detected.



Dr. Banu Prasad .S P
Senior Registrar

NARAYANA MEDICAL CENTRE
(A Unit of)
9, Old No. 18, Civil Station,
Hosur Road, Bangalore - 560 025

This report has been generated from **NH Teleradiology 24/7**, a service of Narayana Health

-- End of Report --

Page 1 of 1

NARAYANA MEDICAL CENTRE
(A Unit of NHL)
9, Old No. 18, Civil Station,
Hosur Road, Bangalore - 560 025

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Anjana Jayakumar MRN : 40010000021985 Gender/Age : FEMALE , 51y (30/05/1971)

Collected On : 03/09/2022 09:00 AM Received On : 03/09/2022 09:00 AM Reported On : 03/09/2022 10:43 AM

Barcode : N02209030002 Specimen : Urine Consultant :-

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 9823613273

MOLECULAR DIAGNOSTICS

Test

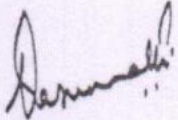
Result Unit

Urine For Sugar (Post Prandial)

Nil -

(Semi-quantitative Strip Method-Glucose Oxidase
Technique)

--End of Report--



Dr. Vasumathi Kishore
MBBS, DCP
CONSULTANT PATHOLOGIST

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Patient Name : Ms Anjana Jayakumar MRN : 4001000021985 Gender/Age : FEMALE , 51y (1971-05-30)

Absolute Eosinophil Count

0.2

-

-

BLOOD GROUP & RH TYPING

Blood Group (Slide Technique And Tube Technique) "AB"

-

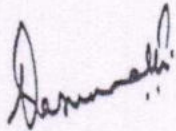
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RH Typing (Slide Technique And Tube Technique) POSITIVE

-

-

--End of Report--



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MBBS, DCP

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