

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

Name : Mr. Sachin Pudke

Date : 29/07/ 2023

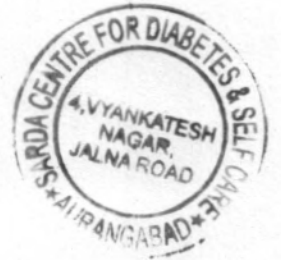
Age/Sex : 30Yrs/Male

Ref.By: Dr.Sarda Sir

### **STRESS TEST REPORT**

1. Protocol – Bruce.
2. Exercise Time- 9.00 Min.
3. Baseline Heart Rate and Blood Pressure - 72 bpm,BP- 115/70mm of Hg.
4. Mets- 10.10.
5. ST-T Segment Changes – No Significant ST-T Changes.
6. Angina- None.
7. Arrhythmias- None.
8. Other Symptoms – None.
9. Maximal Heart Rate and Blood Pressure – 169 bpm, BP – 155/70 mm of Hg.
- 10.Predicted Maximal Heart Rate Achieved -88%.
- 11.Reason For Termination - Target Heart rate achieved.

**CONCLUSION : Stress Test Negative for Exercise Induced Ischemia.**



**DR.DEORAO THENGE**  
**M.D.D.N.B.(CARDIOLOGY)**

Dr. Devrao Thenge  
MD, DNB (Cardiology)  
Reg. No. 2001/02/491

ASIAN HOSPITAL  
MOTIWALA SQUARE  
AURANGABAD

Station  
Telephone:

## EXERCISE STRESS TEST REPORT

Patient Name: Pudke, Sachin  
Patient ID: ACSH96687  
Height: 166 cm  
Weight: 66 kg

DOB: 11.11.1992  
Age: 30yrs  
Gender: Female  
Race: Asian

Study Date: 16.07.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: DR. DEORAO THENGE  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:18	0.00	0.00	71	115/70	
	STANDING	00:09	0.50	0.00	73		
EXERCISE	STAGE 1	03:00	1.70	10.00	111	125/70	
	STAGE 2	03:00	2.50	12.00	131	135/70	
	STAGE 3	03:00	3.40	14.00	169	145/70	
RECOVERY		04:00	0.00	0.00	99	155/70	

The patient exercised according to the BRUCE for 9:00 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 72 bpm rose to a maximal heart rate of 169 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 115/70 mmHg, rose to a maximum blood pressure of 155/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

Exercise of bruce protocol for 9.00 min.  
Target heart rate achieved.  
No angina/arrhythmias.No ST-T Changes  
Test is negative for induced ischemia.

Physician \_\_\_\_\_

Technician \_\_\_\_\_



Dr. Deorao Thenge  
MD, DNB (Cardiology)  
Reg. No. 20031021451

**Pudke, Sachin**  
 Patient ID ACSH96687  
 16.07.2023 Female 166 cm 66 kg  
 5:34:27pm 30yrs Asian  
 Meds:

**Tabular Summary**

ASIAN HOSPITAL

Test Reason:  
 Medical History:

Ref. MD: Ordering MD:  
 Technician: Test Type:  
 Comment:

BRUCE: Total Exercise Time 09:00  
 Max HR: 169 bpm 88% of max predicted 190 bpm HR at rest: 72  
 Max BP: 155/70 mmHg BP at rest: 115/70 Max RPP: 23490 mmHg\*bpm  
 Maximum Workload: 10.10 METS  
 Max. ST: -0.50 mm, 0.00 mV/s in I; EXERCISE STAGE 2 -05:30  
 Arrhythmia: A:2, PVC:3, PSVC:2  
**Reasons for Termination:** Target heart rate achieved  
**Summary:** Functional Capacity: normal, HR Response to Exercise: appropriate, BP Response to Exercise: normal resting BP - appropriate response, Chest Pain: none, Arrhythmias: none, ST Changes: none. Overall impression: Normal stress test.  
**Conclusion:** Exercise of bruce protocol for 9.00 min.  
 Target heart rate achieved.  
 No angina/arrhythmias. No ST-T Changes  
 Test is negative for induced ischemia.

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	Workload (METs)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (1mm)	Comment
PRETEST	SUPINE	00:18	0.00	0.00	1.0	71	115/70	8165	0	0.45	
	STANDING	00:09	0.50	0.00	1.0	73			0	0.40	
	STAGE 1	03:00	1.70	10.00	4.6	111	125/70	13875	0	-0.25	
EXERCISE	STAGE 2	03:00	2.50	12.00	7.0	131	135/70	17685	1	-0.45	
	STAGE 3	03:00	3.40	14.00	10.1	169	145/70	24505	0	0.90	
RECOVERY		04:00	0.00	0.00	1.0	99	155/70	15345	0	0.15	

Unconfirmed

Attending MD: DR. DEORAO THENGE

Pudke, Sachin  
Patient ID ACSH96687  
16.07.2023  
5:34:45pm

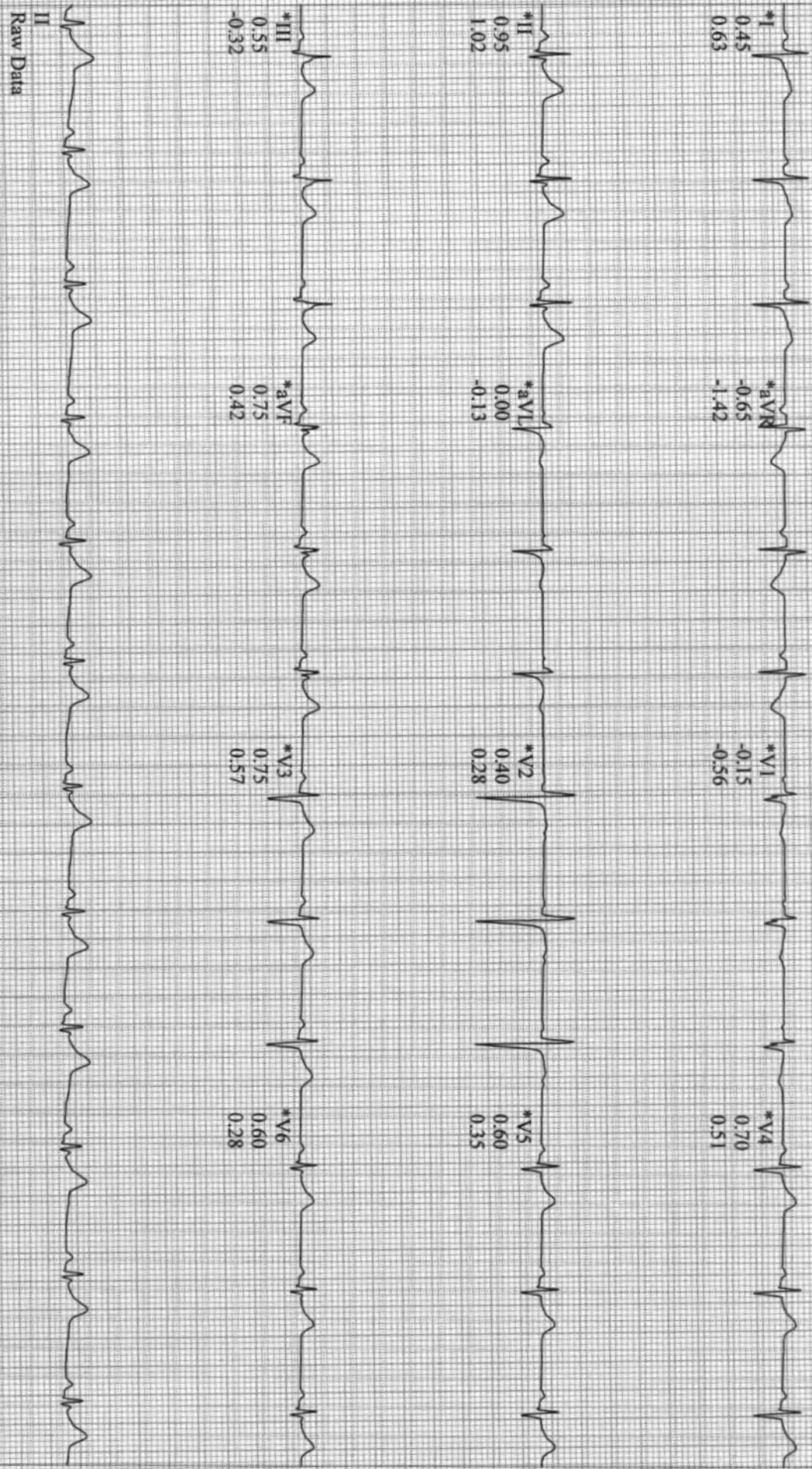
71 bpm  
115/70 mmHg

Linked Medians  
PRETEST  
SUPINE  
00:16

BRUCE  
0.0 mph  
0.0 %

ASIAN HOSPITAL

Lead  
ST Level (mm)  
ST Slope (mV/s)



II  
Raw Data

\*Computer Synthesized Rhythms

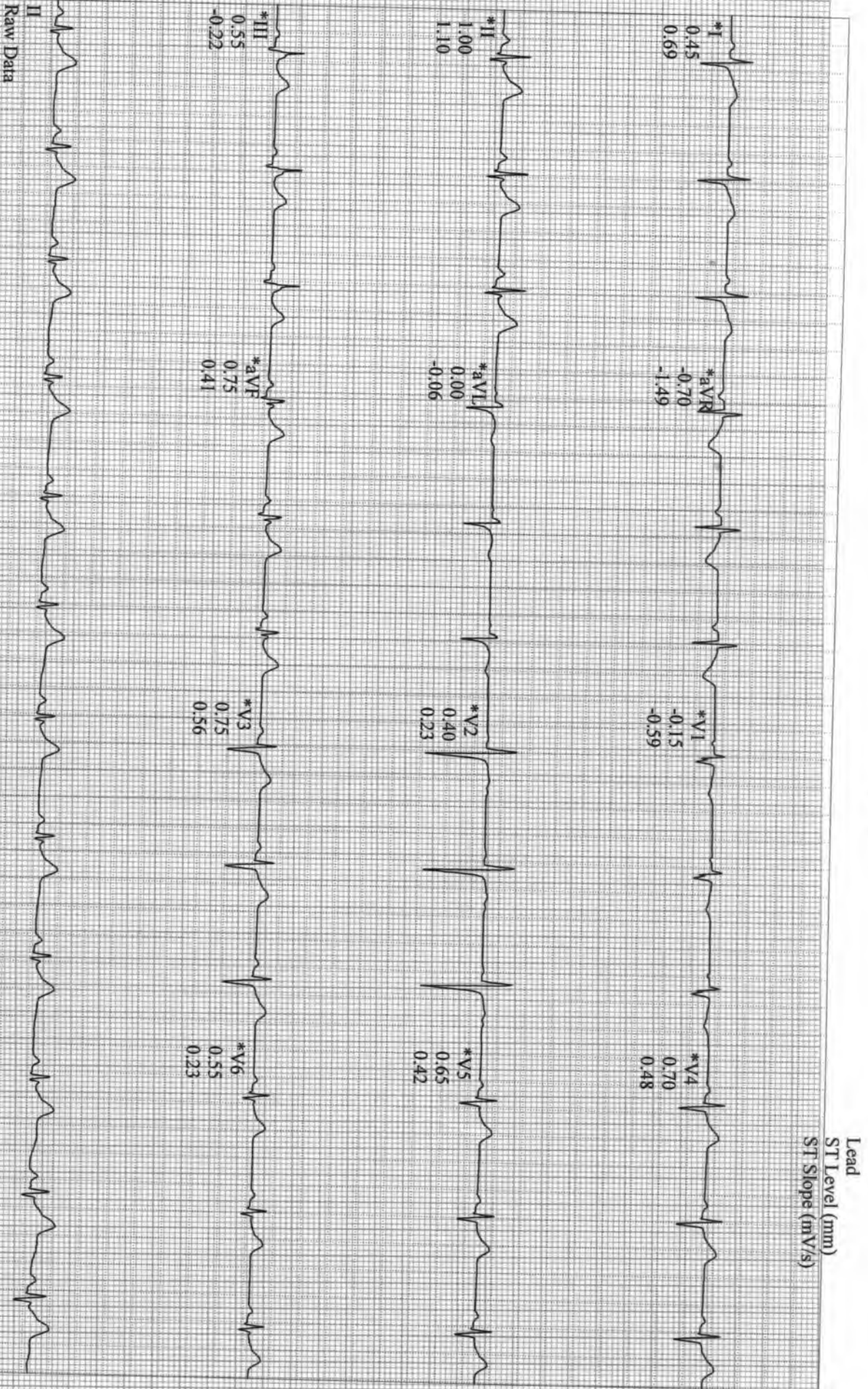
Pudke, Sachin  
Patient ID ACSH96687  
16.07.2023  
5:34:47pm

71 bpm  
115/70 mmHg

Linked Medians  
PRETEST  
STANDING  
00:18

BRUCE  
0.0 mph  
0.0 %

ASIAN HOSPITAL



A. K. GE CardioSoft V6.73 (2)<sup>117</sup>  
25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V2.V3)

Start of Test: 5:34:27pm

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Pudke, Sachin

Patient ID ACSH96687

16.07.2023

5:37:50pm

12-Lead Report

EXERCISE

STAGE 1

02:50

BRUCE

1.7 mph

10.0 %

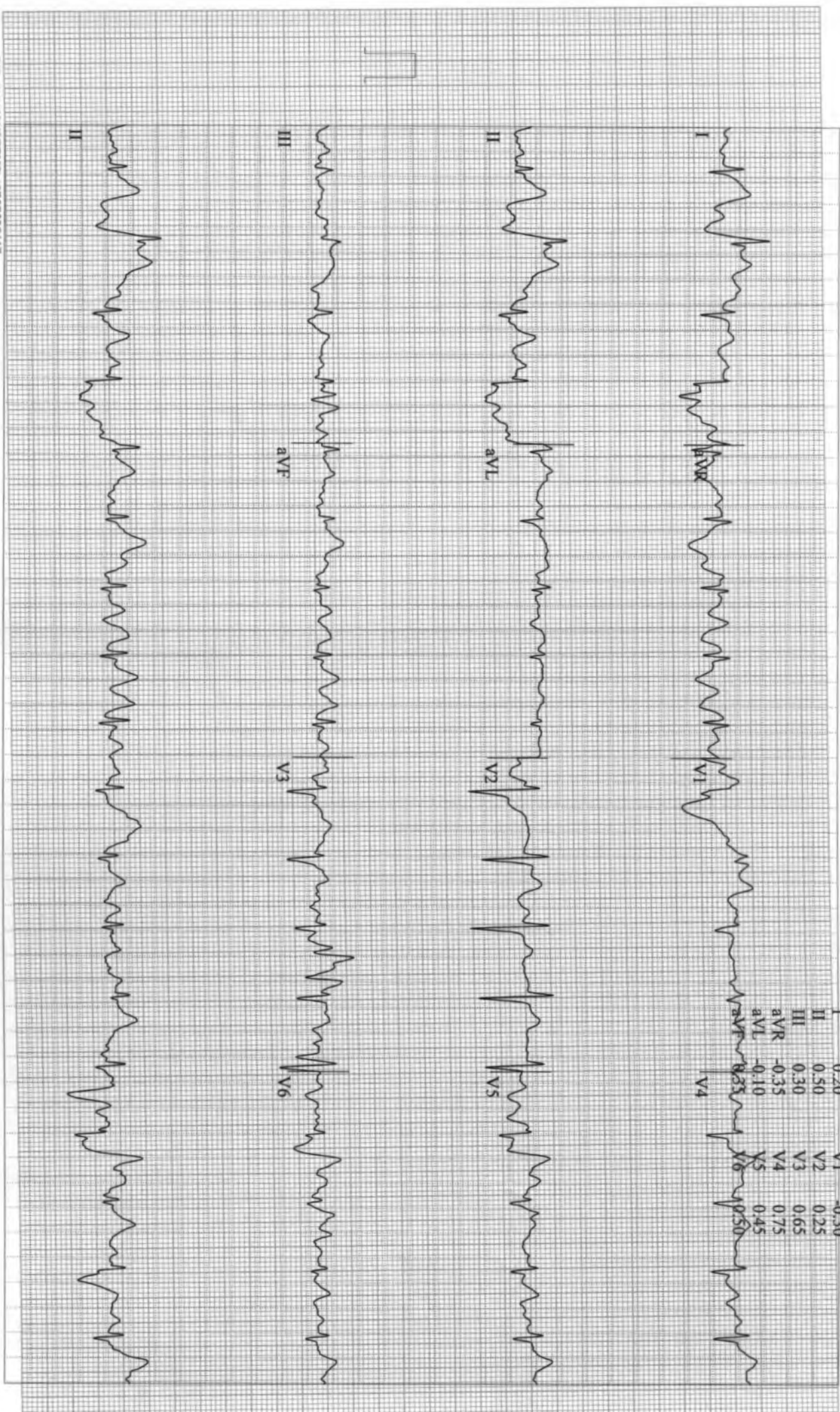
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Measured at 60ms Post J (10mm/mV)

Auto Points

Lead ST(mm)    Lead ST(mm)

I	0.20	V1	-0.30
II	0.50	V2	0.25
III	0.30	V3	0.65
aVR	-0.35	V4	0.75
aVL	-0.10	V5	0.45
aVF	0.55	V6	0.50



A.K. GE Healthcare V6.7.3 (2) 117  
25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V2, V3)

Start of Test: 5:34:27pm

12-Lead Report

**Pudke, Sachin**  
 Patient ID ACSH96687  
 16.07.2023  
 5:40:50pm

133 bpm  
 135/70 mmHg

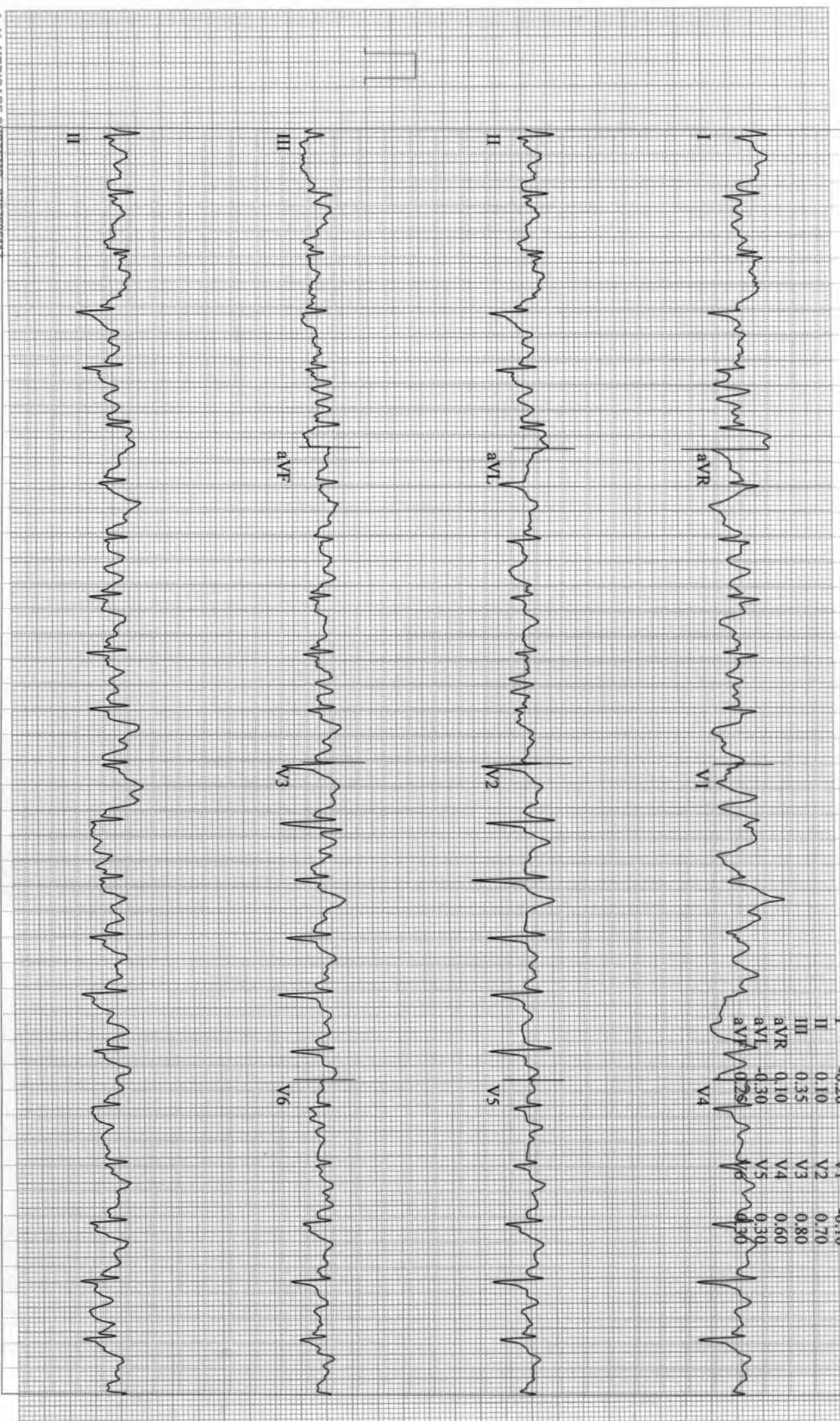
EXERCISE  
 STAGE 2  
 05:50

BRUCE  
 2.5 mph  
 12.0 %

Measured at 60ms Post J (10mm/mV)  
 Auto Points

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Lead	ST(mm)	Lead	ST(mm)
I	-0.20	V1	-0.10
II	0.10	V2	0.70
III	0.35	V3	0.80
aVR	0.10	V4	0.60
aVL	-0.30	V5	0.30
aVF	0.25	V6	0.20



Pudke, Sachin

Patient ID ACSH96687

16.07.2023

5:43:50pm

12-Lead Report

EXERCISE

STAGE 3

08:50

BRUCE

3.4 mph

14.0 %

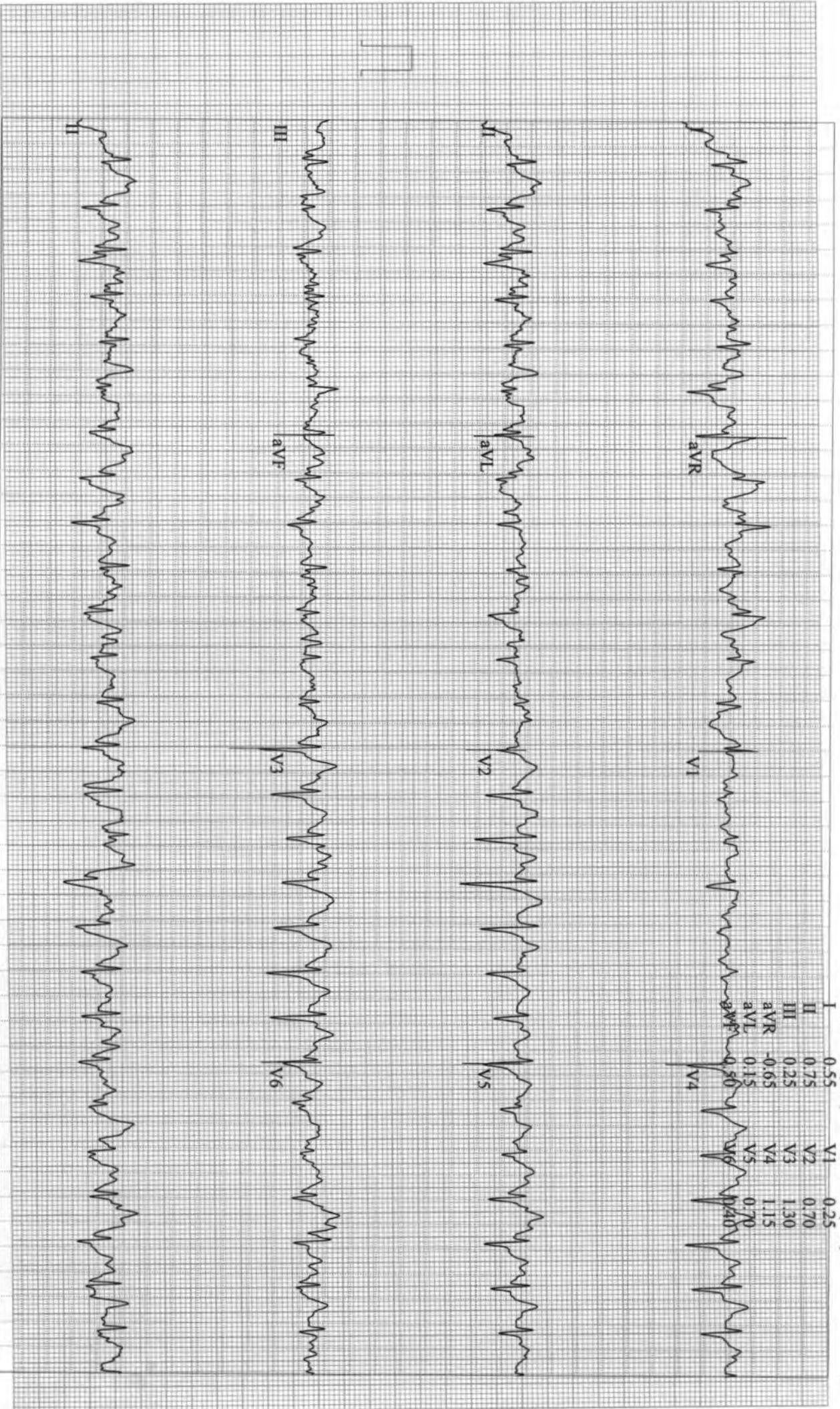
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Measured at 60ms Post J (10mm/mV)

Auto Points

Lead ST(mm)      Lead ST(mm)

I	0.55	V1	0.25
II	0.75	V2	0.70
III	0.25	V3	1.30
aVR	-0.65	V4	1.15
aVL	0.15	V5	0.70
aVF	0.50	V6	0.40



117



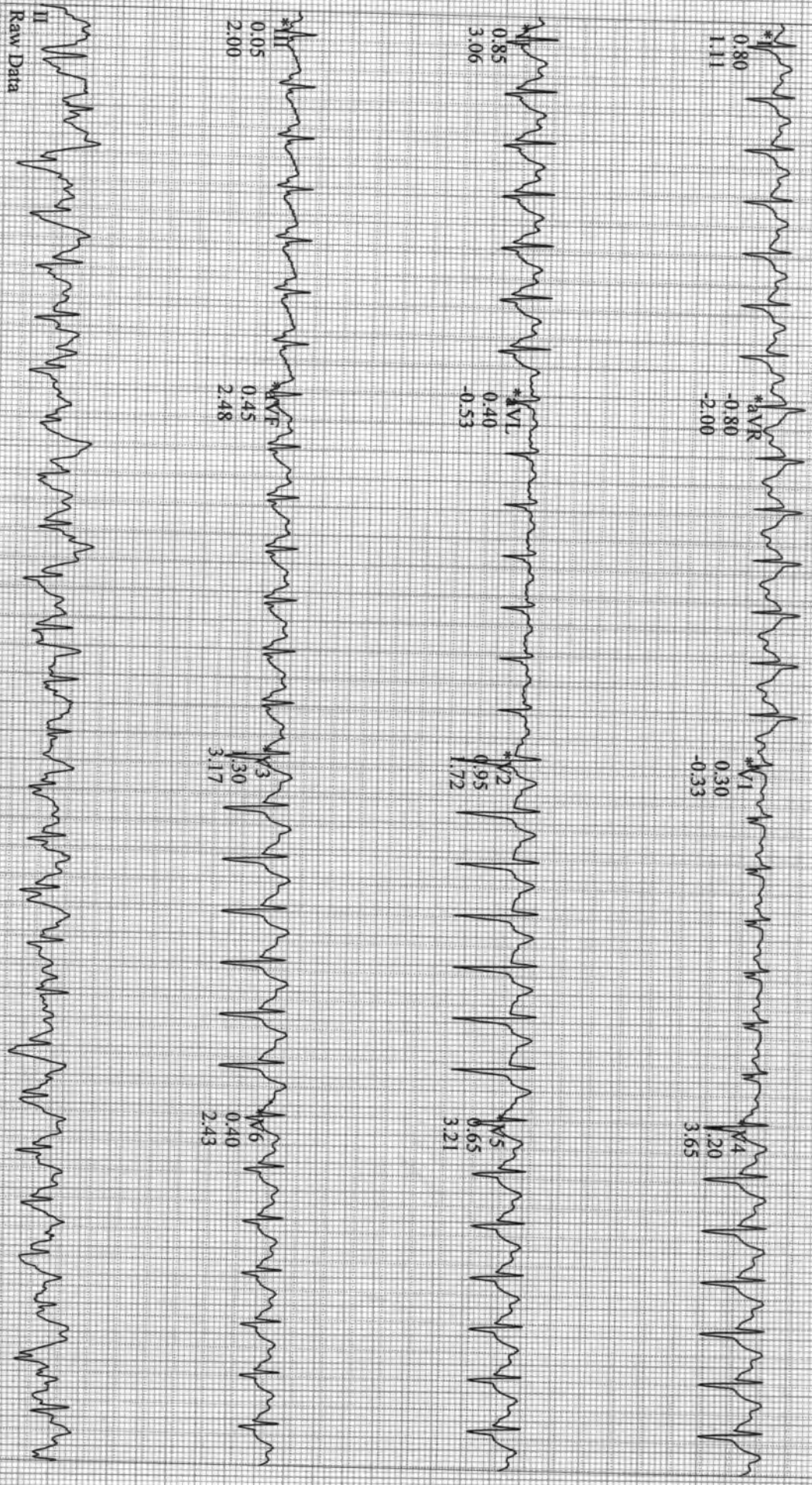
**Pudke, Sachin**  
 Patient ID ACSH96687  
 16.07.2023  
 5:43:54pm

169 bpm  
 145/70 mmHg

Linked Medians ( PEAK EXERCISE )  
 EXERCISE BRUCE  
 STAGE 3 3.4 mph  
 09:00 14.0 %

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Lead  
 ST Level (mm)  
 ST Slope (mV/s)



\*Computer Synthesized Rhythms

A.K. GE CardioSoft V6.73 (2) 117  
 25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V2,V4)

Start of Test: 5:34:27pm

Date: 2

Pudke, Sachin

Patient ID ACSH96687

16.07.2023

5:44:50pm

12-Lead Report

RECOVERY

#1

00:50

BRUCE

0.0 mph

0.0 %

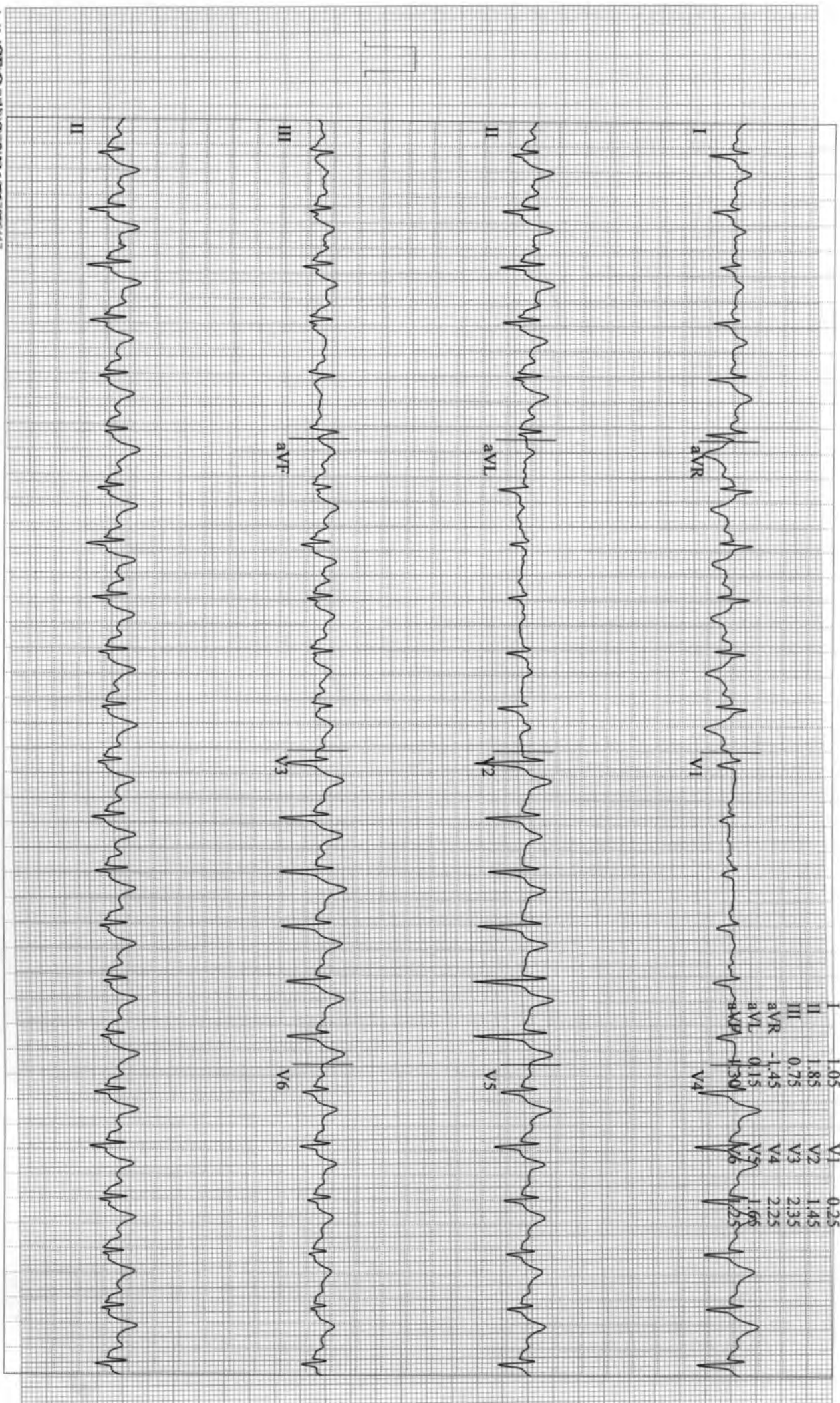
ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)

Auto Points

Lead ST(mm) Lead ST(mm)

I	1.05	V1	0.25
II	1.85	V2	1.45
III	0.75	V3	2.35
aVR	-1.45	V4	2.25
aVL	0.15	V5	1.95
aVF	1.30	V6	2.25



A.K. GE CardioSoft V6.73 (2) 117  
25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V2,V4)

Start of Test: 5:34:27pm

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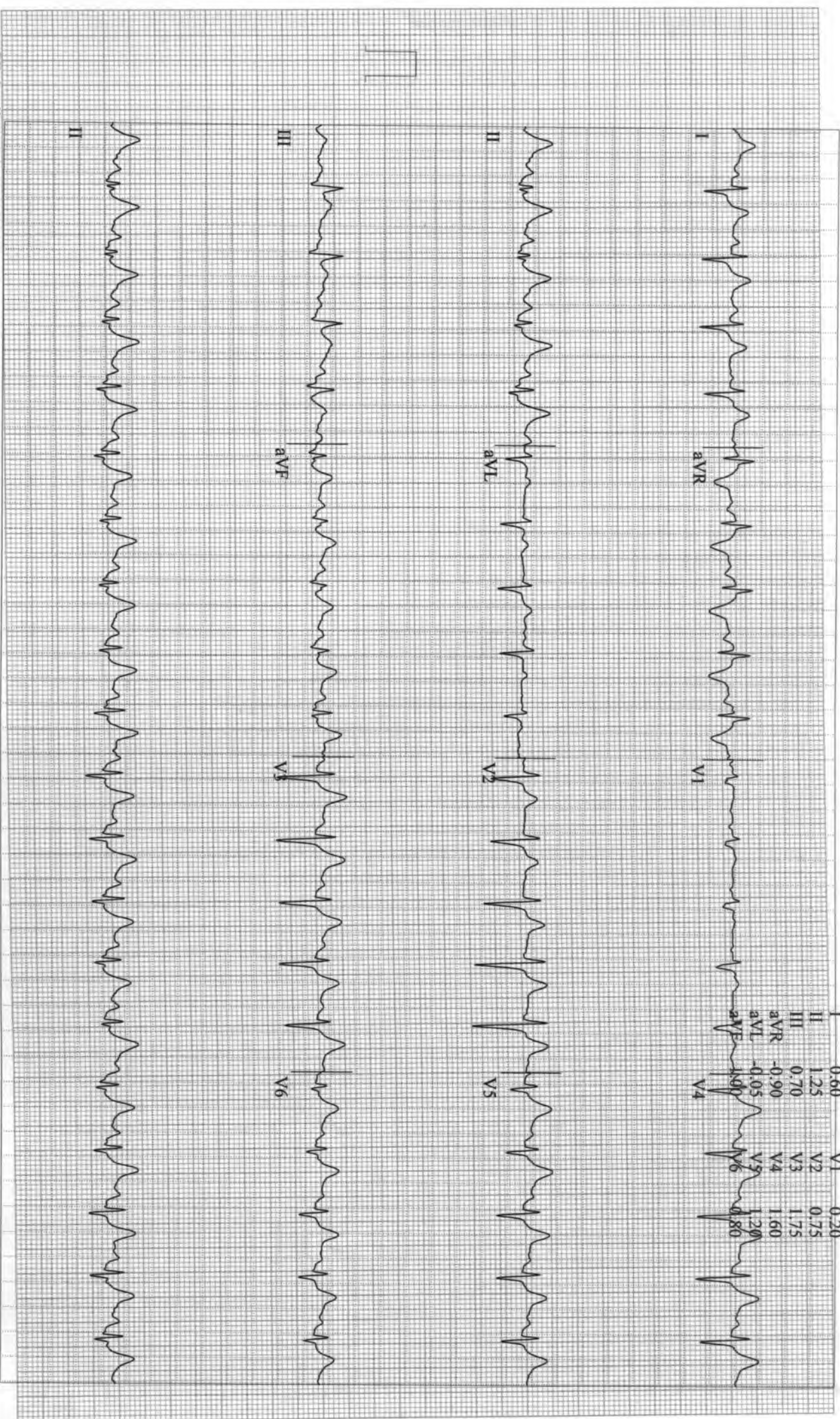
**Padke, Sachin**  
 Patient ID ACSH96687  
 16.07.2023  
 5:45:50pm

12-Lead Report  
 RECOVERY #1  
 115 bpm  
 01:50

BRUCE  
 0.0 mph  
 0.0 %

Measured at 60ms Post J (10mm/mV)  
 Auto Points

ASIAN HOSPITAL

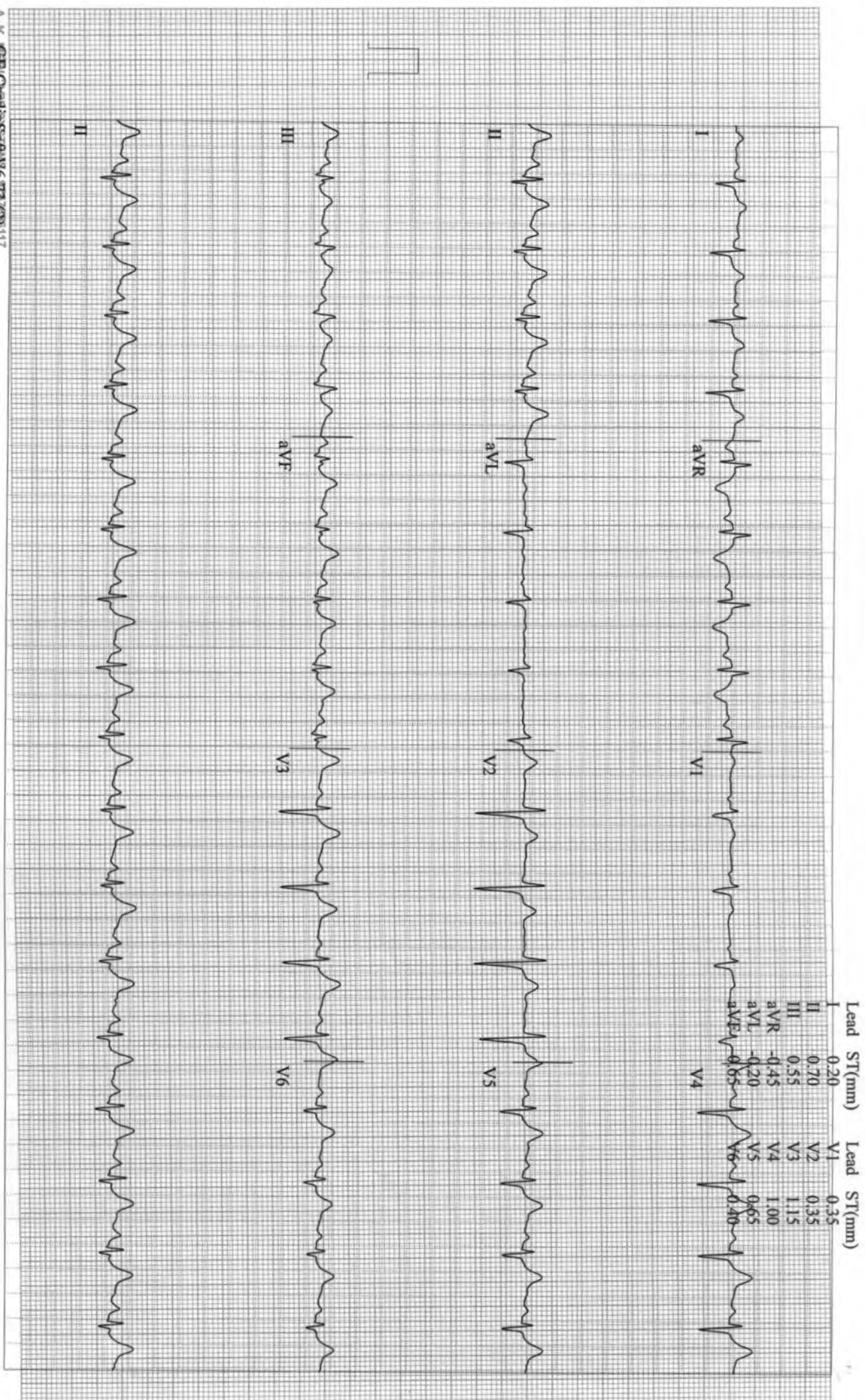


Pudke, Sachin  
Patient ID ACSH96687  
16.07.2023  
5:46:50pm

12-Lead Report  
RECOVERY  
#1  
02:50  
108 bpm

BRUCE  
0.0 mph  
0.0%

ASIAN HOSPITAL  
Measured at 60ms Post J (10mm/mV)  
Auto Points



Pudke, Sachin

Patient ID ACSH96687

16.07.2023

5:47:50pm

12-Lead Report

RECOVERY

#1

03:50

BRUCE

0.0 mph

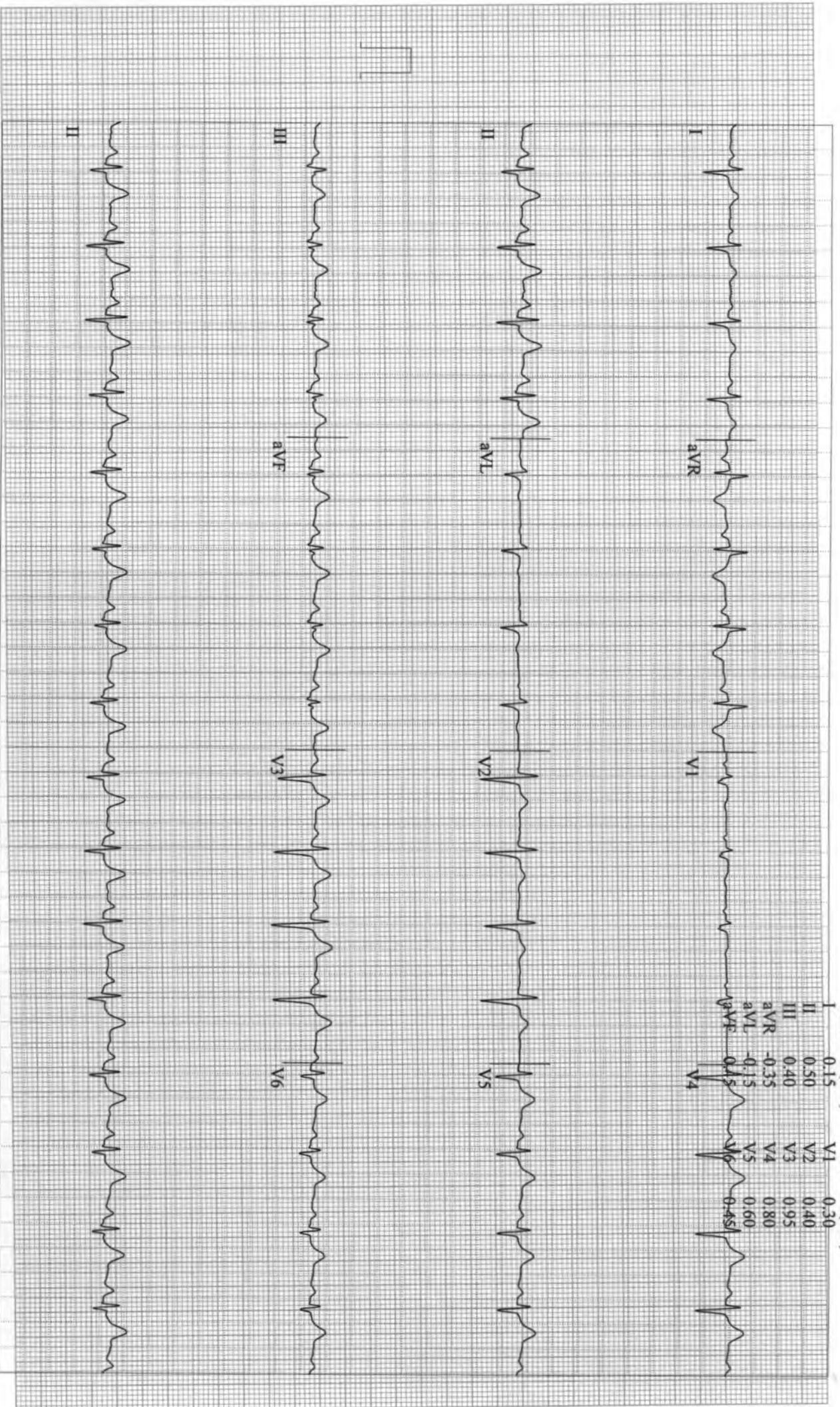
0.0 %

ASIAN HOSPITAL

Measured at 60ms Post J (10mm/mV)

Auto Points

Lead	ST(mm)	Lead	ST(mm)
I	0.15	V1	0.30
II	0.50	V2	0.40
III	0.40	V3	0.95
aVR	-0.35	V4	0.80
aVL	-0.15	V5	0.60
aVF	0.15	V6	0.45



# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

### COMPLETE BLOOD COUNT

TEST	RESULT	NORMAL RANGE
WBC COUNT	7800 /cumm	4.0 - 11.0 x 10 <sup>3</sup> /cumm
Haemoglobin:	14.3 g%	13.0 - 18.0 g%
Platelets:	2,41000 /cumm	1,50,000 - 4,50,000 / cumm
Red Blood Cells:	4.88 /Mill/ul	4.20 - 6.00 Mill/ul
MCV:	87.6 fL	80.0 - 97.0 fL
MCH:	29.3 pg	26.0 - 32.0 pg
MCHC:	33.4 g/dL	31.0 - 36.0 g/dL
HCT:	42.7 %	37.0 - 51.0 %
Differential Count		
Neutrophils:	56 %	40 - 75 %
Lymphocyte:	33 %	20 - 45 %
Monocytes:	06 %	2 - 10 %
Eosinophills:	05 %	1 - 06 %
Basophills:	00 %	0 - 1 %
ESR:	06 mm at 1 Hr.	Male: 0 - 8 mm at 1 Hr. Female: 0 - 20 mm at 1 Hr.

AGE: YRS

### BLOOD GROUP

BLOOD GROUP : "A"  
R.H.FACTOR : POSITIVE

Dr. S. R. SARDA

M.D. Reg. No. 56462

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4, Vyanktesh Nagar, Jalna Road, Aurangabad

Dr. Sampat Sarda  
M.D.(Pathology) 51, 2334858

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

### BLOOD SUGAR EXAMINATION

TEST	RESULT		
Fasting Blood Sugar:	91 mg/dl		
Post Meal Blood Suagr Level:	116 mg/dl		
REFERANCE RANGE :	NON DIABETIC	IGT	DIABETIC
FASTING	</=90MG	90-126 mg %	>/=126mg %
POSTMEAL	</=140mg	140-200mg%	>/=200mg

### GYCOCYTED HAEMOGLOBIN

TEST	RESULT	NORMAL
HbA1C:	5.5 %	4.7-5.9 %
M.B.G	105.55% mg	70 - 120 mg
INTERPRETATION:		
FOR DIABETIC PATIENT		
Good Control:	6.0 - 7.0 %	
Fair Diabetic Control:	7.0 - 8.0 %	
Unsatisfactory control:	8.0 - 10 %	
Poor Diabetic Control:	Above 10 %	

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Ph.: 2333851, 2334858

Dr. Sampat Sarda  
M.D. (Pathology)

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

### BLOOD PROFILE

TEST	RESULT	NORMAL
BILIRUBIN TOTAL	0.58mg%	0.2-1.0 mg
DIRECT	0.13	0.0-0.3
INDIRECT	0.45	0.3-0.7
S.G.O.T	36 IU/L	15-40 IU/L
S.G.P.T	34 IU/L	15-40 IU/L
ALK PHOSPHATASE	97 IU/L	42-128IUL
S.PROTEIN TOTAL	7.5gm%	6.0-8.0 gm%
ALBUMIN	4.1gm%	3.2-4.4 gm%
GLOBULINS	3.4gm%	2.3-3.5 gm%
ALB/GLO RATIO	1.20	
G.G.T.P	22	upto50IU
SR.URIC ACID	4.8	3.5-7.0 mg %\$sruric-

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M.D.(Pathology) Ph.: 2334858



# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

### LIPID PROFILE

Serum Cholesterol :	205 mg/dl	130 - 250 mg/dl
HDL Cholesterol:	38 mg/dl	30 - 95 mg/dl
Serum Triglyceride:	137 mg/dl	up to 165 mg/dl
LDL Cholesterol:	139.6 mg/dl	up to 165 mg/dl
VLDL Cholesterol:	27.4 mg/dl	up to 40 mg/dl
LDL. / HDL Cholesterol Ratio:	3.67	Low risk : 0.5 - 3.0 Moderate risk: 3.0 - 6.0 High risk: > 6.0
CHOL./HDL Cholesterol Ratio:	5.39	Low risk : 3.3 - 4.4 Average risk: 4.4 - 7.1 Moderate risk: 7.0 - 11.0 High risk: > 11

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M.D Reg. No.66462

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Dr.Sampat Sarda  
M.D.(Pathology)

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

### **BLOOD PROFILE**

<b>TEST</b>	<b>RESULT</b>	<b>NORMAL</b>
BLOOD UREA N2	14.0 mg%	5-25 mg %
CREATININE	1.1mg%	0.6-1.4 mg %

### **BLOOD PROFILE**

<b>TEST</b>	<b>RESULT</b>	<b>NORMAL</b>
BLOOD UREA NITROGEN(BUN) CREATININE :	13.2mg%	6-22 mg%

Dr.S R. SARDA

MD Reg. No.56462

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4, Vyanktesh Nagar, Jalna Road, Aurangabad

Dr.Sampat Sarda  
M.D.(Pathology) Ph.: 2333851, 2334858

# SARDA

## CENTRE FOR DIABETES & SELF CARE

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

AGE: YRS

### THYROID FUCTION TEST

TEST	RESULT	NORMAL RANGE
Total T 3 :	108.54 ng/ml	60-181 ng/ml
Total T 4 :	10.84 ug/dl	4.87 - 11.72 ug/dl
TSH Ultrasensitive :	1.20 uIU/ml	0.35 -5.5uIU/ml

Dr.S R. SARDA

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Dr.Sampat Sarda

M.D.(Pathology)

SARDA CENTRE FOR DIABETES & SELF CARE  
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Phone No.2333851, 2334858

# **SARDA**

## **CENTRE FOR DIABETES & SELF CARE**

NAME: MR. SACHIN PUDKE

SEX: Male AGE: 30 Years.

REF. BY : Dr. BOB

DATE :29/07/2023

### **Urine Routine Examination**

#### **Physical Examination**

Colour:	Pale Yellow
Appearance:	Clear
Reaction:	Acidic
Deposit	Absent

#### **Chemical Examination:**

Specific Gravity	1.015
Albumin	Absent
Sugar:	Absent
Acetone:	----
Bile Salts	----
Bile Pigment:	----

#### **Microscopic Examination**

RBC :	Absent
Pus Cells:	NIL
Epihtelial cells:	Absent
Crystals:	Absent
Casts:	Absent

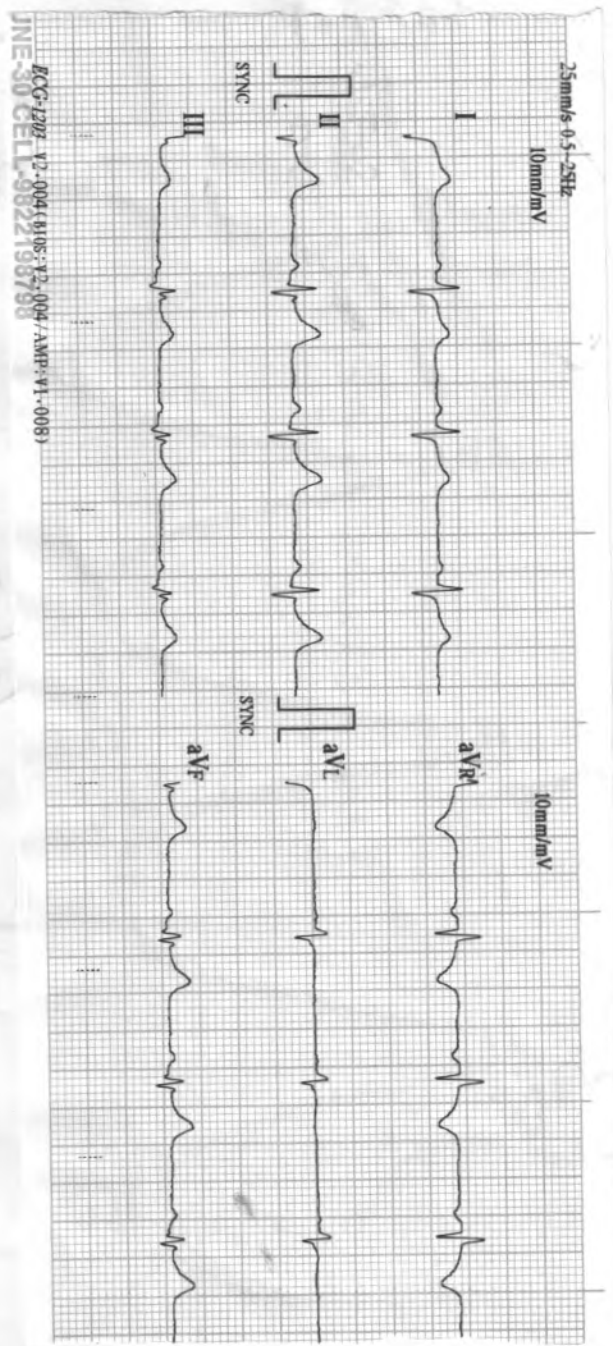
Dr.S R. SARDA

M.D. Reg. No.56462

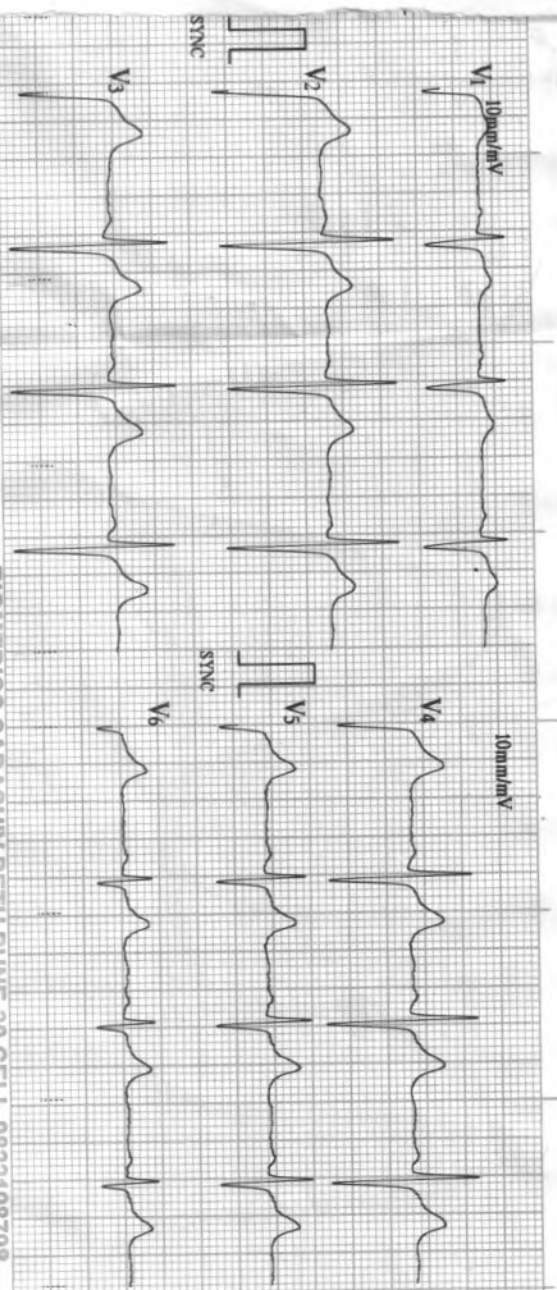
ROAD CENTER FOR DIABETES & SELF CARE

Dr.Sampat Sarda

M.D.(Pathology)



25mm/s 0.5-25Hz  
10mm/mV  
ECG-1202 V2-004 (U05-V2-004 AMP-V1-008)  
LINE-30 CELL-9822198798



07/29/2023 10:11  
ID : 3471  
Name : *Mr. Sushil Bhave*  
Sex : *Male*  
Age : *50*  
HR : 64 bpm  
R-R : 937 ms  
P-R : 139 ms  
QRS : 107 ms  
QT/QTc : 363/373 ms  
P/QRS/T : 43/100/64  
R/S/SV1 : 0.560/0.770/mV  
RV5/SV1 : 1.330 mV

*Dr. Sushil Bhave*

\*Machine Interpretation Only\*  
Confirm with Physician  
Dr. A. S. S. RDA  
M.D. (MBBS), D.I.B.C., D.I.B.C.  
RDA CENTER FOR DIAGNOSTIC & REFERENCE  
Physician, 901, Jyoti Road, Aurangabad  
Phone No. 2333051, 2334853

BIOMEDICS SADASHIV PETH PUNE-30 CELL-9822198798

**SARDA  
CENTRE FOR DIABETES & SELF CARE**

4, Vyankatesh Nagar, Jalna Road, Aurangabad. Ph. : (0240) 233851, 2334658.

Name: Mr. Sachin Puroke Age: 30yr  
MR

**CLINICAL SUMMARY:**

Weight : \_\_\_\_\_ Height (Cms) : \_\_\_\_\_ Blood Pressure : \_\_\_\_\_

**ECG FINDINGS:**

Rate : 64/min ORS. Complex : Ⓡ

Rhythm : Regula ST Segment : Ⓡ

Mechanism : Sins T. Wave : Ⓡ

Axis : Ⓡ QT Interval : Ⓡ

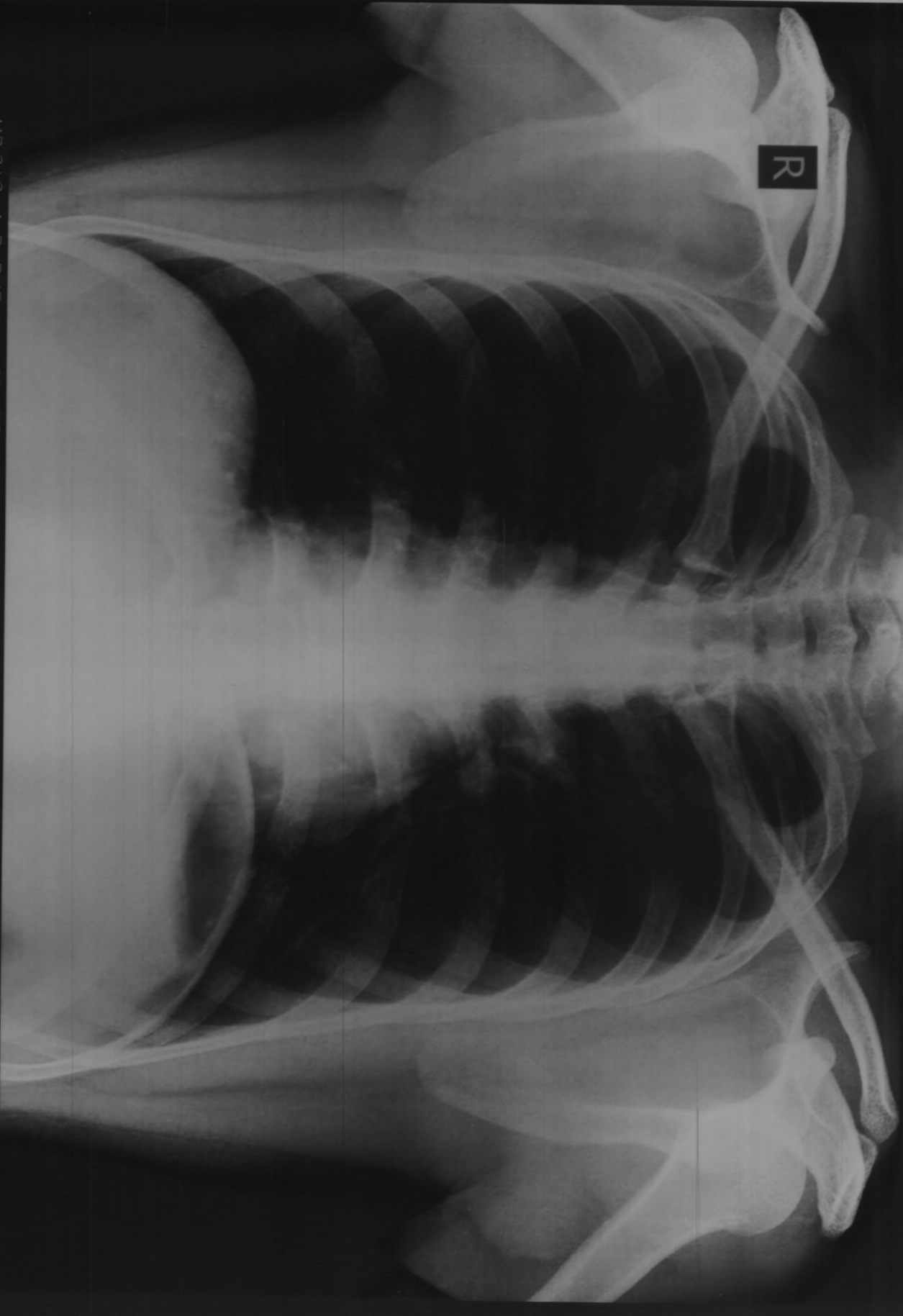
P. Wave : Ⓡ PR Interval : Ⓡ

Recommendation : nm

29/7/23

Date : \_\_\_\_\_

**DR. A. S. SARDA**  
DR. P. S. N. SARDA  
**DR. P. S. N. SARDA**  
SARDA CENTER FOR DIABETES & SELF CARE  
4, Vyankateshnagar, Jalna Road, Aurangabad.



MR SACHIN PUDKE Age 30 YRS Male

Chest PA Patient ID

Ellora Diagnostic Centre, Aurangabad (0240) 2353182

Ref Dr : DR S SARDA

Date : 29.07.2023 AM 11:53:08

DIGITAL X-RAY

INTERVENTIONAL RADIOLOGY

3D/4D SONOGRAPHY & COLOR DOPPLER

2-D ECHOCARDIOGRAPHY

PERIPHERAL COLOR DOPPLER

HI-SPEED HELICAL C.T. SCAN

C.T. ANGIOGRAPHY

PATHOLOGY LAB. SERVICES



**DIAGNOSTIC CENTRE**

X-RAY, IMAGING & PATHOLOGY

1, VYANKATESH NAGAR, OPP. SFS  
HIGH SCHOOL, JALNA ROAD,  
AURANGABAD - 431005  
☎ : 0240-2353182, 2325282, 8446100111

SACHIN PUDKE

29-07-2023

Ref. by:

**CHEST PA VIEW**

Trachea central.

Apices are clear.

Both lung fields appeared well pneuamtised and appeared normal.

Both cp angles are clear.

Cardiac silhoutte appeared normal.

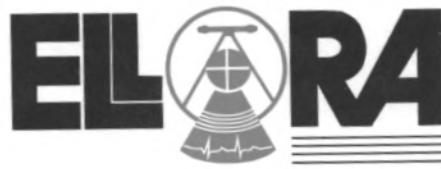
**IMPRESSION :**  
**NORMAL CHEST.**

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DIGITAL X-RAY  
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SACHIN PUDKE

29-07-2023

Ref. by:

**USG ABDOMEN**

**LIVER**--Liver is normal in size, and revealed normal echotexture.  
Intrahepatic biliary radicles and portovenous echocomplex appeared normal.  
No e/o any focal solid, cystic, or diffuse parenchymal pathology seen.  
Normal cbd and portal vein.

**GALLBLADDER** --Gallbladder is physiologically distended and appeared normal, no e/o any gallbladder calculus.  
Normal gb wall thickness.

**SPLEEN**--Spleen is normal in size & echogenicity. no e/o focal lesion seen.

**PANCREAS**--pancreas is normal in size, shape and echotexture. Normal peripancreatic fat planes.  
No e/o pancreatic calcification/calculi. normal pancreatic duct.

**KIDNEYS**--Both kidneys are normal in size, shape, position and revealed normal cortical & medullary echopattern,  
No e/o any calculus seen, No e/o hydronephrosis.

No e/o ascitis. no e/o any paraaortic adenopathy..

**HIGH FREQUENCY USG.**

Normal bowel loop peristalsis & caliber.

**UR BLADDER**--Urinary bladder is well distended and appeared normal, no e/o any vesical calculus or mass lesion.

No changes of cystitis.

Normal prostate.

**IMPRESSION :**

**NORMAL LIVER, GALL BLADDER, SPLEEN, PANCREAS, BOTH KIDNEYS, .**  
**NORMAL UR BLADDER, PROSTATE.**

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