

Name : Mr. SUMAN DAS (33 /M)

Date : 14/05/2022

Address : 53/4, SITALATALA ROAD, DAKSHINPARA, PS-BARASAT, KOLKATA, KOLKATA,
WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001621520

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS
WITH TMT/ECHO)

AHC No : AMHLAH147732



CHIEF COMPLAINTS

For corporate health checkup
C/O Hyperacidity and reflux - on SOS medication.

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Heart disease, Asthma
Thyroid disease : - hypothyroidism; Medication - regular



DRUG ALLERGY

NO KNOWN ALLERGY

:16/05/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Bowel habits -
constipation

Genitourinary system

Frequency - normal

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Normal hearing

Musculoskeletal system

Spine and joints

Shoulder (right) - pain

Skin

- Nil Significant



Present medications

- Tab. Eltroxin (100 mcg) - once daily.



Past medical history

Past medical history - nil significant

Covid 19 - Yes

Hospitalization for - No

Covid 19



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

Diet - Vegetarian

Alcohol - consumes alcohol
occasionally

Smoking - Yes

Number - 3 sticks

Frequency - daily

Chews tobacco - No

Physical activity - Mild

Name : Mr. SUMAN DAS (33 /M)

UHID : AGHL.0001621520

Date : 14/05/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH147732

Family history

Father - alive
Aged - 64 years
Mother - alive
Aged - 60 years
Brothers - 1
Diabetes - father,mother,brother
Hypertension - mother
Coronary artery disease - none
Cancer - None
Thyroid/other endocrine disorder - mother
Allergy - maternal grandmother

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.

Central nervous system

- No neurological deficit

Eyes

Eye vision - Normal

Skin

- No significant finding

PHYSICAL EXAMINATION

General

Build - obese
Height - 159 Cm
Weight - 79 Kg
BMI - 31.25
Pallor - No
Oedema - no

Musculo Skeletal System

- No significant finding

Cardiovascular system

Heart rate (Per minute) - 88
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 126
Diastolic(mm of Hg) - 92
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Printed By : AVIJIT DAS

Name : Mr. SUMAN DAS (33 /M)

UHID : AGHL.0001621520

Date : 14/05/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH147732

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.6	g/dl	●	13.0-17.0
RBC COUNT	4.56	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	46.6	%	●	41-53
MCV	102 *	fl	●	83-101
MCH	31.9	pg	●	27-32
MCHC	31.3 *	%	●	31.5-34.5
RDW	14.1 *	%	●	11.8-14.0
WBC Count	11100 *	/cu mm	●	4000-10000
Platelet Count	3.32	lacs/cu mm	●	1.5-4.0
Neutrophils	50	%	●	40-80
Lymphocytes	45 *	%	●	20-40
Monocytes	03	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Macrocytic Normochromic.			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.025			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	43 *	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	84	U/L	●	53-128
AST (SGOT) - SERUM	32	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	253 *	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.9	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	38	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. SUMAN DAS (33 /M)

UHID : AGHL.0001621520

Date : 14/05/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH147732

GLUCOSE - PLASMA (FASTING) 91 mg/dL ● 70-99

TRIGLYCERIDES - SERUM 164 * mg/dL ● 0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name Result Unit Level Range
GLUCOSE - PLASMA (POST PRANDIAL) 91 mg/dL ● 70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TSH: THYROID STIMULATING HORMONE - SERUM 100.000 * µIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name Result Unit Level Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD 5.5 % ●
Nondiabetic : 4 - 5.6 %
Prediabetics : 5.7 - 6.4%
Diabetes : >= 6.5%
ADA
Therapeutic goal : <7%

URIC ACID - SERUM

Test Name Result Unit Level Range
URIC ACID - SERUM 6.9 mg/dL ● 3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM 0.1 mg/dL ● 0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range
HDL CHOLESTEROL - SERUM 39 mg/dL ● 30-70
LDL CHOLESTEROL -SERUM 168 * mg/dL ● Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated) 46 * mg/dL ● 0-35

BUN (BLOOD UREA NITROGEN)

Test Name Result Unit Level Range
BUN (BLOOD UREA NITROGEN) 5.7 * mg/dL ● 7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
A/G - RATIO 1.5:1.0 1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name Result Unit Level Range
PROTEIN TOTAL - SERUM 7.5 g/dL ● 6.4-8.3
GLOBULIN: (CALCULATED) - SERUM 3.0 g/dL ● 1.8-3.6

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

SUBMAXIMAL (UPTO 79 %) STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name Result Unit Level Range
TOTAL T3: TRI IODOTHYRONINE - SERUM 0.8 ng/ml ● 0.8-2
TOTAL T4: THYROXINE - SERUM 8.0 µg/dL ● 5.1-14.1

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver - Grade I.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

LIPID PROFILE TEST (PACKAGE)

Test Name Result Unit Level Range

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. SUMAN DAS (33 /M)

UHID : AGHL.0001621520

Date : 14/05/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH147732

**INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

Haematology

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

Name : Mr. SUMAN DAS (33 /M)

UHID : AGHL.0001621520

Date : 14/05/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH147732

Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

Name : Mr. SUMAN DAS (33 /M)

UHID : AGHL.0001621520

Date : 14/05/2022

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH
TMT/ECHO)

AHC No : AMHLAH147732
