

NAME:	Mr. Banath Singh	UHID:	5195
AGE:	32 YRS	DATE OF HEALTHCHECK:	25/2/2023
GENDER:	Male		

HEIGHT:	161 cm	MARITAL STATUS:	M
WEIGHT:	75.2 kg	NO OF CHILDREN:	1
BMI:	29.0		

C/O: Cervical pain, headache.

K/C/O: Bell's palsy
PRESENT MEDICATION: - on medication

P/M/H: Bell's palsy

P/S/H: -

ALLERGY: -

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING: -
ALCOHOL: -
TOBACCO/PAN: -

FAMILY HISTORY FATHER: -
MOTHER: - MTH.

O/E:
BP: 110/80 PULSE: 88/min

LYMPHADENOPATHY: -
PALLOR/ICTERUS/CYNOSIS/CLUBBING: -

TEMPERATURE: - SCARS: -

OEDEMA: -

S/E:
RS:  RGGG

P/A:  - MTH

CVS: -

Extremities & Spine: -

CNS: -

ENT: -
Skin: -

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				



OPHTHALMIC EVALUATION

UHID No.: 5195 Date: 25/2/23

Name: Mr. Dhara Singh Age: 33 Gender: Male / Female

Without Correction :
Distance: Right Eye 6/6 Left Eye 6/6
Near : Right Eye N6 Left Eye N6

With Correction :
Distance: Right Eye _____ Left Eye _____
Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance										
Near										

Colour Vision : Normal (BC)

Anterior Segment Examination : _____

Pupils : _____

Fundus : NOD (BC)

Intraocular Pressure : _____

Diagnosis : 12 my (BC)

Advice : _____

Re-Check on 6 mths (This Prescription needs verification every year)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON
REG. No.: 3262 / 09 / 02

Dr. _____
(Consultant Ophthalmologist)

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

DENTAL CHECKUP

Name: Mr. Banoth Singh	MR NO:
Age/Gender : 32 M	Date: 25/2

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus & Stains				
Mobility				
Caries (Cavities)				
a) Class 1 (Occlusal)				
b) Class 2 (Proximal)		5	5	
c) Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy		5		
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: NA

DR

DR. SNEHA NITIN GADHIYA
 BDS (BACHELOR OF DENTAL SURGERY)
 REG NO: 39708

• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Banoth Dharam Singh Gender : Male Age : 32 Years
UHID : FVAH 5195. Bill No : Lab No : V-2062-23
Ref. by : SELF Sample Col.Dt : 25/02/2023 10:05
Barcode No : 6758 Reported On : 25/02/2023 18:16

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

ESR(Westergren Method)

Erythrocyte Sedimentation Rate:- 07 mm/1st hr 0 - 20

Vasanti Gondal
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.
NABL Accredited Laboratory
The Emerald, 1st Floor, Plot No. 195, Sector-12,
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.
Tel.: (022) - 2788 1322 / 23 / 24 ☎ 8291490000
Email: apolloclinicvashi@gmail.com



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TEST


RESULTS

Blood Grouping (ABO & Rh)-WB(EDTA) Serum

ABO Group: **:B:**
Rh Type: **Positive**
Method : Tube Agglutination (forward and reverse)

Mrunal Gurav
Entered By

Ms Kaveri Gaonkar
Verified By


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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	87	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	99	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Alsaba Shaikh
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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Lipid Profile- Serum			
S. Cholesterol(Oxidase)	173	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	104	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	20.8	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	51.6	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	100.6	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	<u>3.4</u>		3.5 - 5
Ratio of LDL/HDL	<u>1.9</u>		2.5 - 3.5

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 Page 7 of 10 Milind Patwardhan
 M.D(Path)
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TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL


LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	6.87	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.32	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.55	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.69		0.9 - 2
S.Total Bilirubin (DPD):	0.60	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.23	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.37	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	18	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	34	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	99	U/L	40 - 129
S.GGT(IFCC Kinetic):	40	U/L	11 - 50

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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
	BIOCHEMISTRY	
S.Urea(Urease Method)	28.5 mg/dl	10.0 - 45.0
BUN (Calculated)	13.3 mg/dL	5 - 20
S.Creatinine(Jaffe's Method)	1.02 mg/dl	0.50 - 1.3
BUN / Creatinine Ratio	13.04	9:1 - 23:1
S.Uric Acid(Uricase Method)	6.5 mg/dl	3.4 - 7.0

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TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
Thyroid (T3,T4,TSH)- Serum			
Total T3 (Tri-iodo Thyronine) (ECLIA)	1.92	nmol/L	1.3 - 3.1 nmol/L
Total T4 (Thyroxine) (ECLIA)	79.84	nmol/L	66 - 181 nmol/L
TSH (Thyroid-stimulating hormone) (ECLIA)	1.36	□IU/mL	Euthyroid : 0.35 - 5.50 □IU/mL Hyperthyroid : < 0.35 □IU/mL Hypothyroid : > 5.50 □IU/mL

Grey zone values observed in physiological/therapeutic effect.

Note:

T3 :

1. Decreased values of T3 (T4 and TSH normal) have minimal Clinical significance and not recommended for diagnosis of hypothyroidism.
2. Total T3 and T4 values may also be altered in other conditions due to changes in serum proteins or binding sites ,Pregnancy, Drugs (Androgens,Estrogens,O C pills, Phenytoin) etc. In such cases Free T3 and free T4 give corrected Values.
3. Total T3 may decrease by < 25 percent in healthy older individuals

T4 :

1. Total T3 and T4 Values may also be altered in other condition due to changes in serum proteins or binding sites, Pregnancy Drugs (Androgens,Estrogens,O C pills, Phenytoin), Nerphrosis etc. In such cases Free T3 and Free T4 give Corrected values.

TSH :

1. TSH Values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart failure. Severe burns, trauma and surgery etc.
2. Drugs that decrease TSH values e,g L dopa, Glucocorticoids.
3. Drugs that increase TSH values e.g. Iodine,Lithium, Amiodarone

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Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)

Page 9 of 9 Chief Pathologist

End of Report
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UHID	: FVAH 5195.	Bill No	:	Lab No	: V-2062-23
Ref. by	: SELF	Sample Col.Dt	: 25/02/2023 10:05		
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TEST	RESULTS	BIOLOGICAL REFERENCE INTERVAL
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URINE REPORT

PHYSICAL EXAMINATION

QUANTITY	60	mL	
COLOUR	Yellow		
APPEARANCE	Slightly Hazy		Clear
SEDIMENT	Absent		Absent

CHEMICAL EXAMINATION(Strip Method)

REACTION(PH)	5.0		4.6 - 8.0
SPECIFIC GRAVITY	1.010		1.005 - 1.030
URINE ALBUMIN	Absent		Absent
URINE SUGAR(Qualitative)	Absent		Absent
KETONES	Absent		Absent
BILE SALTS	Absent		Absent
BILE PIGMENTS	Absent		Absent
UROBILINOGEN	Normal(<1 mg/dl)		Normal
OCCULT BLOOD	Absent		Absent
Nitrites	Absent		Absent

MICROSCOPIC EXAMINATION

PUS CELLS	3 - 4 / hpf		0 - 3/hpf
RED BLOOD CELLS	Nil /HPF		Absent
EPITHELIAL CELLS	6 - 8 / hpf		3 - 4/hpf
CASTS	Absent		Absent
CRYSTALS	Absent		Absent
BACTERIA	Absent		Absent

Anushka Chavan

Ms Kaveri Gaonkar


Dr. Milind Patwardhan

Entered By

Verified By

M.D(Path)
Page 10 of 10 Chief Pathologist

End of Report
Results are to be correlated clinically

Banoth, Singh
5195

32 Years

Male

25.02.2023 13:46:08
Apollo Clinic
1st Flr, The Emerald, Sector-12,
Vashi, Mumbai-400703.

82 bpm
--/-- mmHg

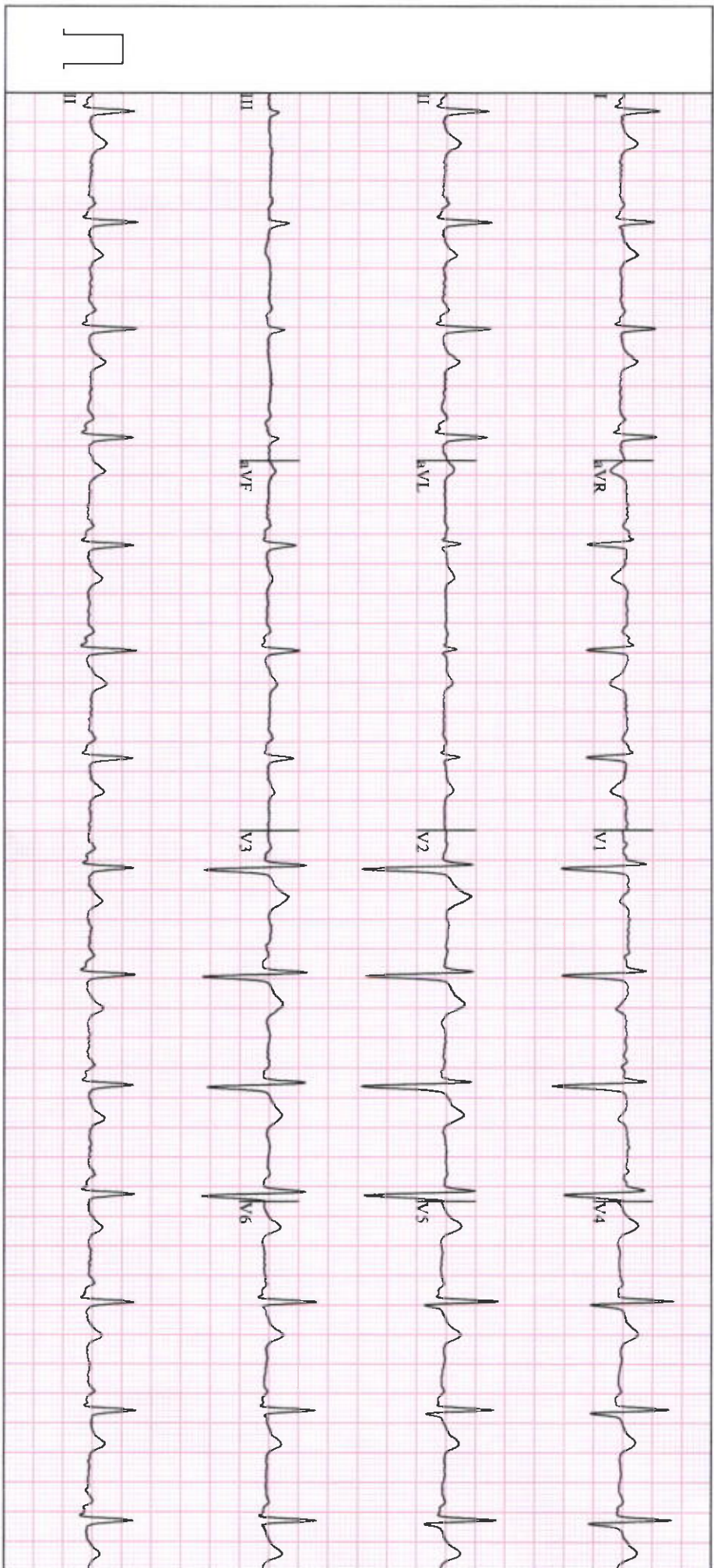
QRS : 92 ms
QT / QTcBaz : 358 / 418 ms
PR : 130 ms
P : 90 ms
RR / PP : 732 / 731 ms
P / QRS / T : 56 / 47 / 33 degrees

Normal sinus rhythm
Normal ECG

WNL

DR. ANIRBAN DASGUPTA
M.B.B.S. D.N.B. Medicine
Diploma Cardiology
MMC - 2005/02/0920

NORMAL ECG



GE MAC2000

1.1

12SL™ v241

25 mm/s

10 mm/mV

ADS

0.56-20 Hz

50 Hz

Unconfirmed
4x2.5x3_25_R1

1/1

Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: BANOTH, SINGH
Patient ID: 5195
Height:
Weight:

DOB: 10.07.1989
Age: 33yrs
Gender: Male
Race: Asian

Study Date: 25.02.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR. RISHI BHARGAVA
Technician: Anu Salve

Medications:
--

Medical History:
--

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:05	0.00	0.00	76	120/80	
	STANDING	00:02	0.00	0.00	76	120/80	
	HYPERV.	00:15	0.00	0.00	75	120/80	
	WARM-UP	00:08	0.10	0.00	75	120/80	
EXERCISE	STAGE 1	02:44	1.70	10.00	127	150/80	
	STAGE 2	01:57	2.50	12.00	150	150/80	
	STAGE 3	01:08	3.40	14.00	164	176/98	
RECOVERY		01:35	0.00	0.00	109	150/82	

The patient exercised according to the BRUCE for 5:49 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 76 bpm rose to a maximal heart rate of 166 bpm. This value represents 88 % of the maximal, age-predicted heart rate. The resting blood pressure of 120/80 mmHg, rose to a maximum blood pressure of 176/98 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR. RISHI BHARGAVA

Dr. RISHI A. BHARGAVA
MD, DM (Cardiology)
CONSULTANT CARDIOLOGIST
Reg. No.: 2019/020494

PATIENT'S NAME	BANOTH SINGH	AGE :- 32Y/M
UHID NO	5195	25 Feb 2023

X-RAY CHEST PA VEIW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

➤ No significant abnormality seen.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

PATIENT'S NAME	BANOTH SINGH	AGE :- 32Y/M
UHID NO	5195	25 Feb 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 9.6 x 5.0 cm. **LEFT KIDNEY** measures 10.7 x 4.5 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826

• ANDHERI • COLABA • NASHIK • VASHI

Name: Mr Banoth Singh

Age: 324

Date of Health check-up: 25/7/23

Findings and Recommendation:

Findings:-

- HB - 12.6
- RBC - 6.33
- urine @ - P. cells - 3-4
Ep. cells - 6-8.

Recommendation:-

- Iron rich diet
- weight loss, regular exercise
- plenty of water.
- Diet Consultation
- Repeat urine @ 2 to 15 days

Signature:

Consultant -

Dr. Mahesh Naik

**DR MAHESH NAIK
PHYSICIAN**