



भारत सरकार

GOVERNMENT OF INDIA



पूनम कुमारी
Punam Kumari
जन्म तिथि/ DOB: 02/11/1982
महिला / FEMALE



8547 8682 2573

मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण
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पता:

W/O विनोद कुमार, डी- 1529,
सरकृति विहार, 10वां आनन्य गौर
सिटी- 2, ग्रेटर नोएडा वेस्ट, चिपियाना
खुर्द उर्फ तिगरी, गौतमबुद्ध नगर,
उत्तर प्रदेश - 201009

Address:

W/O Vinod Kumar, D- 1529, Sanskriti
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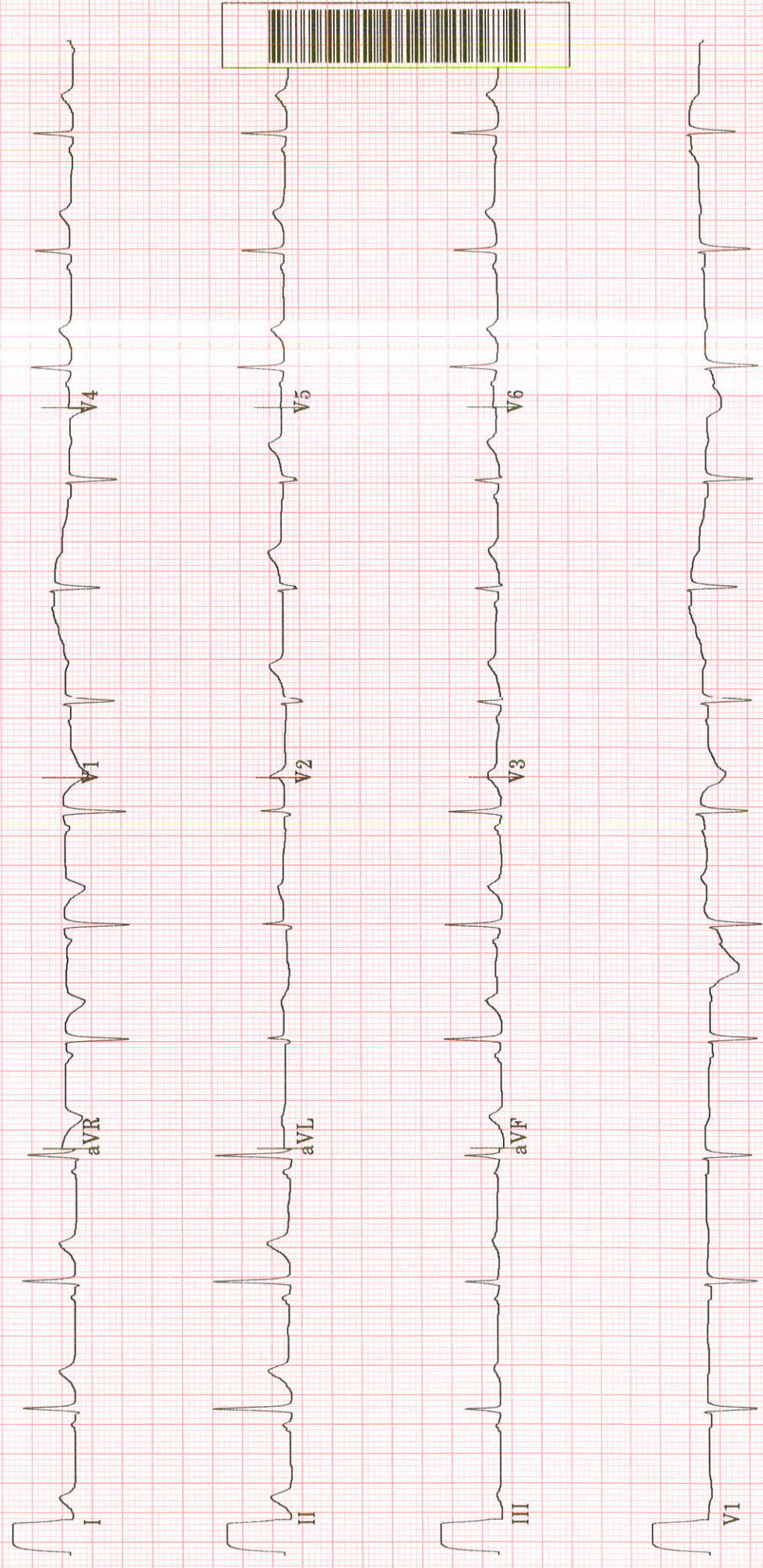
Vent. rate 77 bpm
 PR interval 132 ms
 QRS duration 66 ms
 QT/QTc 368/416 ms
 P-R-T axes 63 50 41

Normal sinus rhythm
 Normal ECG

Technician:
 Test ind:

Referred by: hcp

Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mrs. Punam KUMARI	Location : Ghaziabad
Age/Sex : 40Year(s)/Female	Visit No : V0000000001-GHZB
MRN No :MH010770628	Order Date : 10/02/2023
Ref. Doctor : HCP	Report Date : 10/02/2023

Protocol : Bruce **MPHR** : 180BPM
Duration of exercise : 6min 14sec **85% of MPHR** : 153BPM
Reason for termination : THR achieved **Peak HR Achieved** : 176BPM
Blood Pressure (mmHg) : Baseline BP : 114/80mmHg **% Target HR** : 97%
Peak BP : 130/80mmHg **METS** : 7.3METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	88	114/80	Nil	No ST changes seen	Nil
STAGE 1	3:00	1636	120/80	Nil	No ST changes seen	Nil
STAGE 2	3:00	170	130/80	Nil	No ST changes seen	Nil
STAGE 3	0:14	174	130/80	Nil	No ST changes seen	Nil
RECOVERY	3:04	95	120/80	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh

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Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

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LABORATORY REPORT

Name : MRS PUNAM KUMARI Age : 40 Yr(s) Sex :Female
 Registration No : MH010770628 Lab No : 32230203953
 Patient Episode : H1800000205 Collection Date : 10 Feb 2023 13:33
 Referred By : HEALTH CHECK MGD Reporting Date : 10 Feb 2023 14:19
 Receiving Date : 10 Feb 2023 13:43

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.03	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	10.09	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	1.390	µIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4	micIU/mL		
2nd Trimester:0.37 - 3.6	micIU/mL		
3rd Trimester:0.38 - 4.04	micIU/mL		

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128

2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

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-----END OF REPORT-----

Neelam Singal

Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name : MRS PUNAM KUMARI **Age** : 40 Yr(s) Sex :Female
Registration No : MH010770628 **Lab No** : 202302001058
Patient Episode : H18000000205 **Collection Date** : 10 Feb 2023 09:53
Referred By : HEALTH CHECK MGD **Reporting Date** : 10 Feb 2023 12:12
Receiving Date : 10 Feb 2023 09:53

HAEMATOLOGY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
COMPLETE BLOOD COUNT (AUTOMATED)		SPECIMEN-EDTA Whole Blood	
RBC COUNT (IMPEDENCE)	4.53	millions/cu mm	[3.80-4.80]
HEMOGLOBIN	12.0	g/dl	[12.0-15.0]
Method:cyanide free SLS-colorimetry			
HEMATOCRIT (CALCULATED)	38.0	%	[36.0-46.0]
MCV (DERIVED)	83.9	fL	[83.0-101.0]
MCH (CALCULATED)	26.5 #	pg	[27.0-32.0]
MCHC (CALCULATED)	31.6	g/dl	[31.5-34.5]
RDW CV% (DERIVED)	13.4	%	[11.6-14.0]
Platelet count	168	x 10 ³ cells/cumm	[150-400]
MPV (DERIVED)	14.4		
WBC COUNT (TC) (IMPEDENCE)	5.73	x 10 ³ cells/cumm	[4.00-10.00]
DIFFERENTIAL COUNT (VCS TECHNOLOGY/MICROSCOPY)			
Neutrophils	49.0	%	[40.0-80.0]
Lymphocytes	44.0	%	[17.0-45.0]
Monocytes	6.0	%	[2.0-10.0]
Eosinophils	1.0 #	%	[2.0-7.0]
Basophils	0.0	%	[0.0-2.0]
ESR	36.0 #	/1sthour	[0.0-

LABORATORY REPORT

Name	: MRS PUNAM KUMARI	Age	: 40 Yr(s) Sex :Female
Registration No	: MH010770628	Lab No	: 202302001058
Patient Episode	: H18000000205	Collection Date	: 10 Feb 2023 09:53
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Feb 2023 17:53
Receiving Date	: 10 Feb 2023 09:53		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Glycosylated Hemoglobin

Specimen: EDTA

HbA1c (Glycosylated Hemoglobin)	6.1 #	%	[0.0-5.6]
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Method: HPLC

As per American Diabetes Association (ADA)
 HbA1c in %
 Non diabetic adults ≥ 18 years < 5.7
 Prediabetes (At Risk) 5.7-6.4
 Diagnosing Diabetes ≥ 6.5

Estimated Average Glucose (eAG)	128	mg/dl
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Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction [pH]	5.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS PUNAM KUMARI	Age	: 40 Yr(s) Sex :Female
Registration No	: MH010770628	Lab No	: 202302001058
Patient Episode	: H18000000205	Collection Date	: 10 Feb 2023 10:34
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Feb 2023 15:57
Receiving Date	: 10 Feb 2023 10:34		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	0-1 /hpf	
CASTS	NIL	
Crystals	NIL	
OTHERS	NIL	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	224 #	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	101	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	66.0 #	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	20	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	138.0 #	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.4		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.1		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MRS PUNAM KUMARI	Age	: 40 Yr(s) Sex :Female
Registration No	: MH010770628	Lab No	: 202302001058
Patient Episode	: H18000000205	Collection Date	: 10 Feb 2023 09:53
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Feb 2023 12:02
Receiving Date	: 10 Feb 2023 09:53		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
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Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum

UREA	18.9	mg/dl	[15.0-40.0]
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Method: GLDH, Kinatic assay

BUN, BLOOD UREA NITROGEN	8.8	mg/dl	[8.0-20.0]
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Method: Calculated

CREATININE, SERUM	0.69 #	mg/dl	[0.70-1.20]
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Method: Jaffe rate-IDMS Standardization

URIC ACID	4.1	mg/dl	[4.0-8.5]
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Method:uricase PAP

SODIUM, SERUM	137.3	mmol/L	[136.0-144.0]
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POTASSIUM, SERUM	5.11 #	mmol/L	[3.60-5.10]
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SERUM CHLORIDE	104.5	mmol/l	[101.0-111.0]
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Method: ISE Indirect

eGFR (calculated)	109.2	ml/min/1.73sq.m	[>60.0]
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Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name : MRS PUNAM KUMARI **Age** : 40 Yr(s) Sex :Female
Registration No : MH010770628 **Lab No** : 202302001058
Patient Episode : H18000000205 **Collection Date** : 10 Feb 2023 09:53
Referred By : HEALTH CHECK MGD **Reporting Date** : 10 Feb 2023 12:02
Receiving Date : 10 Feb 2023 09:53

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.38	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.06	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.32 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.60	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.70	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	2.90	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.62		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	21.00	U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	30.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	100.0 #	IU/L	[40.0-98.0]
GGT	18.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS PUNAM KUMARI Age : 40 Yr(s) Sex :Female
Registration No : MH010770628 Lab No : 202302001058
Patient Episode : H18000000205 Collection Date : 10 Feb 2023 09:53
Referred By : HEALTH CHECK MGD Reporting Date : 10 Feb 2023 17:50
Receiving Date : 10 Feb 2023 09:53

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	A Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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-----END OF REPORT-----



Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT


Name : MRS PUNAM KUMARI **Age** : 40 Yr(s) Sex :Female
Registration No : MH010770628 **Lab No** : 202302001059
Patient Episode : H18000000205 **Collection Date** : 10 Feb 2023 09:53
Referred By : HEALTH CHECK MGD **Reporting Date** : 10 Feb 2023 12:03
Receiving Date : 10 Feb 2023 09:53

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
GLUCOSE-Fasting Specimen: Plasma GLUCOSE, FASTING (F) Method: Hexokinase	101.0	mg/dl	[70.0-110.0]

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-----END OF REPORT-----


Dr. Charu Agarwal
Consultant Pathologist

LABORATORY REPORT

Name	: MRS PUNAM KUMARI	Age	: 40 Yr(s) Sex :Female
Registration No	: MH010770628	Lab No	: 202302001060
Patient Episode	: H18000000205	Collection Date	: 10 Feb 2023 13:58
Referred By	: HEALTH CHECK MGD	Reporting Date	: 10 Feb 2023 15:45
Receiving Date	: 10 Feb 2023 13:58		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Specimen: Plasma			
GLUCOSE, POST PRANDIAL (PP), 2 HOURS	134.0	mg/dl	[80.0-140.0]
Method: Hexokinase			

Note:

Conditions which can lead to lower postprandial glucose levels as compared to fasting glucose are excessive insulin release, rapid gastric emptying, brisk glucose absorption, post exercise

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-----END OF REPORT-----



Dr. Alka Dixit Vats
Consultant Pathologist

RADIOLOGY REPORT

Name	Punam KUMARI	Modality	US
Patient ID	MH010770628	Accession No	R5145383
Gender / Age	F / 40Y 3M 9D	Scan Date	10-02-2023 10:08:29
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	10-02-2023 10:53:55

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears normal in size (measures 132 mm) and shape but shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 101 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 11.1 mm.

COMMON BILE DUCT: Appears normal in size and measures 3.6 mm.

IVC, HEPATIC VEINS: Normal.

BILIARY SYSTEM: Normal.

GALL BLADDER: not seen (surgically removed ;post cholecystectomy status).

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.

Right Kidney: measures 102 x 36 mm.

Left Kidney: measures 95 x 37 mm.

PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged.

FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

UTERUS: Uterus is anteverted, normal in size (measures 74 x 39 x 36 mm) and shape but shows coarse myometrial echotexture. Endometrial thickness measures 5 mm. Cervix appears normal and shows a nabothian cyst within measuring 4 x 4 mm.

OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.

Right ovary measures 25 x 25 x 14 mm with volume 4.6 cc.

Left ovary measures 24 x 21 x 13 mm with volume 3.5 cc.

Bilateral adnexa is clear.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

- Diffuse grade I fatty infiltration in liver.
- Coarse myometrial echotexture of uterus.

Recommend clinical correlation.

RADIOLOGY REPORT

Name	Punam KUMARI	Modality	US
Patient ID	MH010770628	Accession No	R5145383
Gender/Age	F / 40Y 3M 9D	Scan Date	10-02-2023 10:08:29
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	10-02-2023 10:53:55

Monica

Dr. Monica Shekhawat, MBBS, DNB,
Consultant Radiologist, Reg No MC111 10887

RADIOLOGY REPORT

Name	Punam KUMARI	Modality	DX
Patient ID	MH010770628	Accession No	R5145382
Gender/Age	F / 40Y 3M 9D	Scan Date	10-02-2023 10:27:45
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	10-02-2023 10:47:56

XR- CHEST PA VIEW

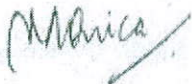
FINDINGS:

LUNGS: Normal.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Post cholecystectomy surgical clips are seen in right hypochondrial region. Rest normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

No significant abnormality noted.

Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887