



VASAF140469321

CLIENT CODE: C000138364 **CLIENT'S NAME AND ADDRESS:**

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

F-703, LADO SARAI, MEHRAULI

SOUTH WEST DELHI NEW DELHI 110030 **DELHI INDIA** 8800465156

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

PATIENT ID:

AHMEDABAD, 380015

GUJRAT, INDÍA

Tel: 079-48912999,079-48913999,079-48914999

Email: customercare.ahmedabad@srl.in

PATIENT NAME: VASANIA CHETNA

ACCESSION NO: **0321WC002102** AGE: 53 Years SEX: Female ABHA NO:

RECEIVED: 30/03/2023 08:09 DRAWN: 30/03/2023 00:00 02/04/2023 15:08 REPORTED:

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) CLIENT PATIENT ID:

Test Report Status Results **Biological Reference Interval Units** <u>Final</u>

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

RI OOD	COUNTS	FDTA	WHOLE	RI OOD

HEMOGLOBIN (HB)	12.1	12.0 - 15.0	g/dL
RED BLOOD CELL (RBC) COUNT	4.28	3.8 - 4.8	mil/µL
WHITE BLOOD CELL (WBC) COUNT	5.90	4.0 - 10.0	thou/µL
PLATELET COUNT	402	150 - 410	thou/µL
RBC AND PLATELET INDICES			
HEMATOCRIT (PCV)	37.0	36.0 - 46.0	%
MEAN CORPUSCULAR VOLUME (MCV)	86.4	83.0 - 101.0	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	28.3	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	32.8	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW)	13.9	11.6 - 14.0	%
MENTZER INDEX	20.2		
MEAN PLATELET VOLUME (MPV)	8.0	6.8 - 10.9	fL
WBC DIFFERENTIAL COUNT			
NEUTROPHILS	53	40 - 80	%
LYMPHOCYTES	39	20 - 40	%
MONOCYTES	6	2.0 - 10.0	%
EOSINOPHILS	2	1.0 - 6.0	%
BASOPHILS	0	0 - 1	%
ABSOLUTE NEUTROPHIL COUNT	3.13	2.0 - 7.0	thou/µL
ABSOLUTE LYMPHOCYTE COUNT	2.30	1.0 - 3.0	thou/µL
ABSOLUTE MONOCYTE COUNT	0.35	0.2 - 1.0	thou/µL
ABSOLUTE EOSINOPHIL COUNT	0.12	0.02 - 0.50	thou/µL
ABSOLUTE BASOPHIL COUNT	0.00	Low 0.02 - 0.10	thou/µL
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.4		

MORPHOLOGY

RBC NORMOCYTIC NORMOCHROMIC

WBC NORMAL MORPHOLOGY

PLATELETS ADEQUATE

REMARKS NO PREMATURE CELLS ARE SEEN. MALARIAL PARASITE NOT

DETECTED.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE

BLOOD









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Test Report Status	<u>Final</u>	Results		Biological Reference Interva	l Units
E.S.R		25	High	0 - 20	mm at 1 hr
GLYCOSYLATED HEM BLOOD	OGLOBIN(HBA1C), EDTA W	HOLE			
HBA1C		6.1	High	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 Therapeutic goals: < 7.0 Action suggested: > 8.0 (ADA Guideline 2021)	%
ESTIMATED AVERAGE	GLUCOSE(EAG)	128.4	High	< 116.0	mg/dL
GLUCOSE FASTING,F	LUORIDE PLASMA				
FBS (FASTING BLOOD	SUGAR)	119	High	74 - 99	mg/dL
GLUCOSE, POST-PRA	NDIAL, PLASMA				
PPBS(POST PRANDIAL	BLOOD SUGAR)	136		70 - 140	mg/dL
LIPID PROFILE, SER	UM				
CHOLESTEROL, TOTAL		215	High	Desirable: < 200 BorderlineHigh: 200 - 239 High: > or = 240	mg/dL
TRIGLYCERIDES		126		Desirable: < 150 BorderlineHigh: 150 - 199 High: 200 - 499 Very High: > or = 500	mg/dL
HDL CHOLESTEROL		50		< 40 Low > or = 60 High	mg/dL
CHOLESTEROL LDL		140	High	Adult levels: Optimal < 100	mg/dL
				Near optimal/above optimal: 10 129 Borderline high: 130-159 High: 160-189 Very high: = 190	00-
NON HDL CHOLESTERC	DL	165	High	Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
VERY LOW DENSITY LI	POPROTEIN	25.2			mg/dL
CHOL/HDL RATIO		4.3			
LDL/HDL RATIO		2.8		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate F >6.0 High Risk	lisk









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Interpretation(s)

- 1) Cholesterol levels help assess the patient risk status and to follow the progress of patient under treatment to lower serum cholesterol concentrations.
- 2) Serum Triglyceride (TG) are a type of fat and a major source of energy for the body. Both quantity and composition of the diet impact on plasma triglyceride concentrations. Elevations in TG levels are the result of overproduction and impaired clearance. High TG are associated with increased risk for CAD (Coronary artery disease) in patients with other risk factors, such as low HDL-C, some patient groups with elevated apolipoprotein B concentrations, and patients with forms of LDL that may be particularly atherogenic.
- 3)HDL-C plays a crucial role in the initial step of reverse cholesterol transport, this considered to be the primary atheroprotective function of HDL
- 4) LDL -C plays a key role in causing and influencing the progression of atherosclerosis and, in particular, coronary sclerosis. The majority of cholesterol stored in atherosclerotic plaques originates from LDL, thus LDL-C value is the most powerful clinical predictor.
- 5)Non HDL cholesterol: Non-HDL-C measures the cholesterol content of all atherogenic lipoproteins, including LDL hence it is a better marker of risk in both primary and secondary prevention studies. Non-HDL-C also covers, to some extent, the excess ASCVD risk imparted by the sdLDL, which is significantly more atherogenic than the normal large buoyant particles, an elevated non-HDL-C indirectly suggests greater proportion of the small, dense variety of LDL particles

Serum lipid profile is measured for cardiovascular risk prediction. Lipid Association of India recommends LDL-C as primary target and Non HDL-C as co-primary treatment target.

Risk Stratification for ASCVD (Atherosclerotic cardiovascular disease) by Lipid Association of India

Risk Category				
Extreme risk group	A.CAD with > 1 feature of high risk group	A.CAD with > 1 feature of high risk group		
		group or recurrent ACS (within 1 year) despite LDL-C		
	< or = 50 mg/dl or polyvascular disease			
Very High Risk	1. Established ASCVD 2. Diabetes with 2	major risk factors or evidence of end organ damage 3.		
	Familial Homozygous Hypercholesterolemi	a		
High Risk	1. Three major ASCVD risk factors. 2. Dia	1. Three major ASCVD risk factors. 2. Diabetes with 1 major risk factor or no evidence of end		
	organ damage. 3. CKD stage 3B or 4. 4. LDL >190 mg/dl 5. Extreme of a single risk factor. 6.			
	Coronary Artery Calcium - CAC >300 AU. 7. Lipoprotein a >/= 50mg/dl 8. Non stenotic carotid			
	plaque			
Moderate Risk	2 major ASCVD risk factors			
Low Risk	0-1 major ASCVD risk factors			
Major ASCVD (Atherosclerotic cardiovascular disease) Risk Factors				
1. Age > or = 45 years in males and > or = 55 years in females 3. Current Cigarette smoking or tobacco use				
2. Family history of p	2. Family history of premature ASCVD 4. High blood pressure			
5. Low HDL				

Newer treatment goals and statin initiation thresholds based on the risk categories proposed by LAI in 2020.

Risk Group	Treatment Goals		Consider Drug Thera	ру
	LDL-C (mg/dl)	Non-HDL (mg/dl)	LDL-C (mg/dl)	Non-HDL (mg/dl)
Extreme Risk Group	<50 (Optional goal	< 80 (Optional goal	>OR = 50	>OR = 80
Category A	< OR = 30)	<OR = 60)		









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Units

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SOUTH WEST DELHI NEW DELHI 110030 DELHI INDIA 8800465156

Test Report Status

SRL LTD

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

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Biological Reference Interval

AHMEDABAD, 380015

GUJRAT, INDÍA

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Extreme Risk Group	<or 30<="" =="" td=""><td><or 60<="" =="" td=""><td>> 30</td><td>>60</td></or></td></or>	<or 60<="" =="" td=""><td>> 30</td><td>>60</td></or>	> 30	>60
Category B				
Very High Risk	<50	<80	>OR= 50	>OR= 80
High Digh	<70	<100	>OP = 70	>OD = 100

Category B
 Very High Risk
 <50</td>
 <80</td>
 >OR= 50
 >OR= 80

 High Risk
 <70</td>
 <100</td>
 >OR= 70
 >OR= 100

 Moderate Risk
 <100</td>
 <130</td>
 >OR= 100
 >OR= 130

 Low Risk
 <100</td>
 <130</td>
 >OR= 130*
 >OR= 160

<u>Final</u>

References: Management of Dyslipidaemia for the Prevention of Stroke: Clinical Practice Recommendations from the Lipid Association of India. Current Vascular Pharmacology, 2022, 20, 134-155.

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.22		Upto 1.2	mg/dL
BILIRUBIN, DIRECT	0.09		Upto 0.2	mg/dL
BILIRUBIN, INDIRECT	0.13		0.00 - 1.00	mg/dL
TOTAL PROTEIN	7.8		6.4 - 8.3	g/dL
ALBUMIN	4.9		3.5 - 5.2	g/dL
GLOBULIN	2.9		2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	1.7		1.0 - 2.0	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17		0 - 32	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	17		0 - 33	U/L
ALKALINE PHOSPHATASE	97		35 - 104	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	22		5 - 36	U/L
LACTATE DEHYDROGENASE	158		135 - 214	U/L
BLOOD UREA NITROGEN (BUN), SERUM				
BLOOD UREA NITROGEN	9		6 - 20	mg/dL
CREATININE, SERUM				
CREATININE	0.48	Low	0.60 - 1.10	mg/dL
BUN/CREAT RATIO				
BUN/CREAT RATIO	18.75	High	5.0 - 15.0	
URIC ACID, SERUM				
URIC ACID	4.6		2.4 - 5.7	mg/dL
ELECTROLYTES (NA/K/CL), SERUM				
SODIUM, SERUM	143.0		136- 145	mmol/L
POTASSIUM, SERUM	4.31		3.50- 5.10	mmol/L
CHLORIDE, SERUM	103.3		98 - 107	mmol/L





^{*}After an adequate non-pharmacological intervention for at least 3 months.





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Results

Biological Reference Interval Units

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Interpretation(s)

Test Report Status

Sodium	Potassium	Chloride
Decreased in:CCF, cirrhosis, vomiting, diarrhea, excessive sweating, salt-losing nephropathy, adrenal insufficiency, nephrotic syndrome, water intoxication, SIADH. Drugs: thiazides, diuretics, ACE inhibitors, chlorpropamide, carbamazepine, anti depressants (SSRI), antipsychotics.	Decreased in: Low potassium intake, prolonged vomiting or diarrhea, RTA types I and II, hyperaldosteronism, Cushing's syndrome, osmotic diuresis (e.g., hyperglycemia), alkalosis, familial periodic paralysis, trauma (transient). Drugs: Adrenergic agents, diuretics.	Decreased in: Vomiting, diarrhea, renal failure combined with salt deprivation, over-treatment with diuretics, chronic respiratory acidosis, diabetic ketoacidosis, excessive sweating, SIADH, salt-losing nephropathy, porphyria, expansion of extracellular fluid volume, adrenalinsufficiency, hyperaldosteronism, metabolic alkalosis. Drugs: chronic laxative, corticosteroids, diuretics.
Increased in: Dehydration (excessivesweating, severe vomiting or diarrhea), diabetes mellitus, diabetesinsipidus, hyperaldosteronism, inadequate water intake. Drugs: steroids, licorice, oral contraceptives.	Increased in: Massive hemolysis, severe tissue damage, rhabdomyolysis, acidosis, dehydration,renal failure, Addison's disease, RTA type IV, hyperkalemic familial periodic paralysis. Drugs: potassium salts, potassium- sparing diuretics,NSAIDs, beta-blockers, ACE inhibitors, highdose trimethoprim-sulfamethoxazole.	Increased in: Renal failure, nephrotic syndrome, RTA, dehydration, overtreatment with saline, hyperparathyroidism, diabetes insipidus, metabolic acidosis from diarrhea (Loss of HCO3-), respiratory alkalosis, hyperadrenocorticism. Drugs: acetazolamide, androgens, hydrochlorothiazide, salicylates.
Interferences: Severe lipemia or hyperproteinemi, if sodium analysis involves a dilution step can cause spurious results. The serum sodium falls about 1.6 mEq/L for each 100 mg/dL increase in blood glucose.	Interferences: Hemolysis of sample, delayed separation of serum, prolonged fist clenching during blood drawing, and prolonged tourinquet placement. Very high WBC/PLT counts may cause spurious. Plasma potassium levels are normal.	Interferences: Test is helpful in assessing normal and increased anion gap metabolic acidosis and in distinguishing hypercalcemia due to hyperparathyroidism (high serum chloride) from that due to malignancy (Normal serum chloride)

PHYSICAL EXAMINATION, URINE

COLOR	Yellow	
APPEARANCE	Clear	
CHEMICAL EXAMINATION, URINE		
PH	5.0	4.7 - 7.5
SPECIFIC GRAVITY	1.020	1.003 - 1.035
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED
MICROSCOPIC EXAMINATION, URINE		
RED BLOOD CELLS	NOT DETECTED	NOT DETECTED



Page 5 Of 14 Scan to View Report

/HPF





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PUS CELL (WBC'S)		NOT DETECTED	0-5	/HPF	
EPITHELIAL CELLS		1-2	0-5	/HPF	
CASTS		NOT DETECTED			
CRYSTALS		NOT DETECTED			
BACTERIA		NOT DETECTED	NOT DETECTED		
YEAST		NOT DETECTED	NOT DETECTED		
REMARKS		MICROSCOPIC EXAM CENTRIFUGED URINA	INATION OF URINE IS CARR RY SEDIMENT.	IED OUT ON	

Interpretation(s)

The following table describes the probable conditions, in which the analytes are present in urine

Presence of	Conditions
Proteins	Inflammation or immune illnesses
Pus (White Blood Cells)	Urinary tract infection, urinary tract or kidney stone, tumors or any kind
	of kidney impairment
Glucose	Diabetes or kidney disease
Ketones	Diabetic ketoacidosis (DKA), starvation or thirst
Urobilinogen	Liver disease such as hepatitis or cirrhosis
Blood	Renal or genital disorders/trauma
Bilirubin	Liver disease
Erythrocytes	Urological diseases (e.g. kidney and bladder cancer, urolithiasis), urinary
	tract infection and glomerular diseases
Leukocytes	Urinary tract infection, glomerulonephritis, interstitial nephritis either
	acute or chronic, polycystic kidney disease, urolithiasis, contamination by
	genital secretions
Epithelial cells	Urolithiasis, bladder carcinoma or hydronephrosis, ureteric stents or
	bladder catheters for prolonged periods of time
Granular Casts	Low intratubular pH, high urine osmolality and sodium concentration, interaction with Bence-Jones protein
Hyaline casts	Physical stress, fever, dehydration, acute congestive heart failure, renal
	diseases
Calcium oxalate	Metabolic stone disease, primary or secondary hyperoxaluria, intravenous
	infusion of large doses of vitamin C, the use of vasodilator naftidrofuryl
	oxalate or the gastrointestinal lipase inhibitor orlistat, ingestion of
	ethylene glycol or of star fruit (Averrhoa carambola) or its juice
Uric acid	arthritis
Bacteria	Urinary infectionwhen present in significant numbers & with pus cells.
Trichomonas vaginalis	Vaginitis, cervicitis or salpingitis

THYROID PANEL, SERUM











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Units

μg/dL

μIU/mL

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DRAWN: 30/03/2023 00:00

TSH (ULTRASENSITIVE)

NEW DELHI 110030 **DELHI INDIA** 8800465156

T4

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

PATIENT ID:

CLIENT PATIENT ID:

02/04/2023 15:08

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Test Report Status Results Biological Reference Interval <u>Final</u> Non-Pregnant Women 80.0 - 200.0 ng/dL Т3 104.10 Pregnant Women

7.15

2.780

1st Trimester: 105.0 - 230.0 2nd Trimester: 129.0 - 262.0 3rd Trimester:135.0 - 262.0 Non-Pregnant Women 5.10 - 14.10 Pregnant Women

1st Trimester: 7.33 - 14.80 2nd Trimester: 7.93 - 16.10 3rd Trimester: 6.95 - 15.70 Non Pregnant Women

0.27 - 4.20 Pregnant Women 1st Trimester: 0.33 - 4.59

2nd Trimester: 0.35 - 4.10 3rd Trimester: 0.21 - 3.15









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Interpretation(s)

Triiodothyronine T3, **Thyroxine T4**, and **Thyroid Stimulating Hormone TSH** are thyroid hormones which affect almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.

Production of T3 and its prohormone thyroxine (T4) is activated by thyroid-stimulating hormone (TSH), which is released from the pituitary gland. Elevated concentrations of T3, and T4 in the blood inhibit the production of TSH.

Excessive secretion of thyroxine in the body is hyperthyroidism, and deficient secretion is called hypothyroidism.

In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hyperthyroidism, TSH levels are low. Below mentioned are the guidelines for Pregnancy related reference ranges for Total T4, TSH & Total T3.Measurement of the serum TT3 level is a more sensitive test for the diagnosis of hyperthyroidism, and measurement of TT4 is more useful in the diagnosis of hypothyroidism. Most of the thyroid hormone in blood is bound to transport proteins. Only a very small fraction of the circulating hormone is free and biologically active. It is advisable to detect Free T3, FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.

Sr. No.	TSH	Total T4	FT4	Total T3	Possible Conditions
1	High	Low	Low	Low	(1) Primary Hypothyroidism (2) Chronic autoimmune Thyroiditis (3)
					Post Thyroidectomy (4) Post Radio-Iodine treatment
2	High	Normal	Normal	Normal	(1)Subclinical Hypothyroidism (2) Patient with insufficient thyroid hormone replacement therapy (3) In cases of Autoimmune/Hashimoto thyroiditis (4). Isolated increase in TSH levels can be due to Subclinical inflammation, drugs like amphetamines, Iodine containing drug and dopamine antagonist e.g. domperidone and other physiological reasons.
3	Normal/Low	Low	Low	Low	(1) Secondary and Tertiary Hypothyroidism
4	Low	High	High	High	(1) Primary Hyperthyroidism (Graves Disease) (2) Multinodular Goitre (3)Toxic Nodular Goitre (4) Thyroiditis (5) Over treatment of thyroid hormone (6) Drug effect e.g. Glucocorticoids, dopamine, T4 replacement therapy (7) First trimester of Pregnancy
5	Low	Normal	Normal	Normal	(1) Subclinical Hyperthyroidism
6	High	High	High	High	(1) TSH secreting pituitary adenoma (2) TRH secreting tumor
7	Low	Low	Low	Low	(1) Central Hypothyroidism (2) Euthyroid sick syndrome (3) Recent treatment for Hyperthyroidism
8	Normal/Low	Normal	Normal	High	(1) T3 thyrotoxicosis (2) Non-Thyroidal illness
9	Low	High	High	Normal	(1) T4 Ingestion (2) Thyroiditis (3) Interfering Anti TPO antibodies

REF: 1. TIETZ Fundamentals of Clinical chemistry 2.Guidlines of the American Thyroid association during pregnancy and Postpartum, 2011. **NOTE: It is advisable to detect Free T3,FreeT4 along with TSH, instead of testing for albumin bound Total T3, Total T4.**TSH is not affected by variation in thyroid - binding protein. TSH has a diurnal rhythm, with peaks at 2:00 - 4:00 a.m. And troughs at 5:00 - 6:00 p.m. With ultradian variations.

PAPANICOLAOU SMEARRESULT PENDINGLETTERRESULT PENDING

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

ABO GROUP TYPE B
RH TYPE POSITIVE

XRAY-CHEST









VASAF140469321

CLIENT CODE: C000138364 **CLIENT'S NAME AND ADDRESS:**

ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

F-703, LADO SARAI, MEHRAULI SOUTH WEST DELHI **NEW DELHI 110030**

DELHI INDIA 8800465156

GRAND MALL, OPPOSITE SBI ZONAL OFFICE, SM ROAD, AMBAWADI,

PATIENT ID:

AHMEDABAD, 380015

GUJRAT, INDÍA

Tel: 079-48912999,079-48913999,079-48914999

Email: customercare.ahmedabad@srl.in

PATIENT NAME: VASANIA CHETNA

ACCESSION NO: 0321WC002102 AGE: 53 Years SEX: Female ABHA NO:

DRAWN: 30/03/2023 00:00 RECEIVED: 30/03/2023 08:09 REPORTED: 02/04/2023 15:08

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL) CLIENT PATIENT ID:

Test Report Status Results **Biological Reference Interval** Units <u>Final</u> PROMINENT BRONCHO VASCULAR MARKINGS NOTED **IMPRESSION TMT OR ECHO** TMT OR ECHO 2D ECHO:-1) NORMAL CHAMBERS AND VALVES.

3) NO MR, AR, TR.

4) NORMAL LV COMPLIANCE.

5) NO PAH.

6) NO LV CLOT, VEGETATION OR PERICARDIAL EFFUSION.

2) GOOD LV SYSTOLIC FUNCTION. LVEF 60%. NO RWMA AT REST.

7) IAS/IVS INTACT.

ECG

NORMAL SINUS RHYTHM **ECG**

MEDICAL HISTORY

RELEVANT PRESENT HISTORY **NOT SIGNIFICANT** RELEVANT PAST HISTORY NOT SIGNIFICANT RELEVANT PERSONAL HISTORY NOT SIGNIFICANT MENSTRUAL HISTORY (FOR FEMALES) **MENOPAUSE**

2019

LMP (FOR FEMALES)

HISTORY OF MEDICATIONS

OBSTETRIC HISTORY (FOR FEMALES) G2,P1,A1,L1 LCB (FOR FEMALES) 22 YEARS RELEVANT FAMILY HISTORY **HYPERTENSION DIABETES** OCCUPATIONAL HISTORY NOT SIGNIFICANT

ANTHROPOMETRIC DATA & BMI

HEIGHT IN METERS 1.56 mts WEIGHT IN KGS. 58.7 Kgs

BMI & Weight Status as follows: kg/sqmts BMI 24

NOT SIGNIFICANT

Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese

GENERAL EXAMINATION

MENTAL / EMOTIONAL STATE **NORMAL**









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Test Report Status Final Results Biological Reference Interval Units

PHYSICAL ATTITUDE NORMAL GENERAL APPEARANCE / NUTRITIONAL STATUS **HEALTHY BUILT / SKELETAL FRAMEWORK AVERAGE** FACIAL APPEARANCE **NORMAL** SKIN NORMAL UPPER LIMB **NORMAL** LOWER LIMB **NORMAL NECK** NORMAL

NECK LYMPHATICS / SALIVARY GLANDS NOT ENLARGED OR TENDER

THYROID GLAND NOT ENLARGED

TEMPERATURE NORMAL PULSE 88/MIN RESPIRATORY RATE NORMAL

CARDIOVASCULAR SYSTEM

BP 140/90 MM HG mm/Hg

(SITTING) NORMAL

PERICARDIUM NORMAL APEX BEAT NORMAL

HEART SOUNDS S1, S2 HEARD NORMALLY

MURMURS ABSENT

RESPIRATORY SYSTEM

SIZE AND SHAPE OF CHEST

MOVEMENTS OF CHEST

BREATH SOUNDS INTENSITY

NORMAL

NORMAL

BREATH SOUNDS QUALITY VESICULAR (NORMAL)

ADDED SOUNDS ABSENT

PER ABDOMEN

APPEARANCE NORMAL
LIVER NOT PALPABLE
SPLEEN NOT PALPABLE

CENTRAL NERVOUS SYSTEM

HIGHER FUNCTIONS NORMAL
CRANIAL NERVES NORMAL
CEREBELLAR FUNCTIONS NORMAL
SENSORY SYSTEM NORMAL









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REFERENCE DOCTOR: DR. ACROFEINI HEAETHCAI	C LID (MEDIWHELE)	CLIENT FAILENT ID .
Test Report Status <u>Final</u>	Results	Biological Reference Interval Units
MOTOR SYSTEM	NORMAL	
REFLEXES	NORMAL	
MUSCULOSKELETAL SYSTEM		
SPINE	NORMAL	
JOINTS	NORMAL	
BASIC EYE EXAMINATION		
DISTANT VISION RIGHT EYE WITH GLASSES	6/9	
DISTANT VISION LEFT EYE WITH GLASSES	6/9	
NEAR VISION RIGHT EYE WITH GLASSES	N/10	
NEAR VISION LEFT EYE WITH GLASSES	N/10	
COLOUR VISION	NORMAL	
SUMMARY		
RELEVANT HISTORY	NOT SIGNIFICANT	
RELEVANT GP EXAMINATION FINDINGS	NOT SIGNIFICANT	
RELEVANT LAB INVESTIGATIONS	FBS:- HIGH	
	HBA1C:- PRE-DIABETIC, MEAN PLASMA GLUCOSE:- HIGH	
	S.CHOLESTEROL:- HIG	H, LDL:- HIGH
RELEVANT NON PATHOLOGY DIAGNOSTICS	CHEST X-RAY:- PROMI	NENT BRONCHO VASCULAR MARKINGS NOTED
REMARKS / RECOMMENDATIONS	USG ABDOMEN:- FATT 1) FBS:- HIGH, HBA1C HIGH	Y LIVER ::- PRE-DIABETIC, MEAN PLASMA GLUCOSE:-
	ADV:- REDUCE INTAKE OF SWEET, SUGAR, STARCH IN DIET, REGULAR PHYSICAL EXERCISE, REPEAT FBS, PPBS AND HBA1C AND DIABETOLOGIST OPINION	
	2) S.CHOLESTEROL:- HIGH, LDL:- HIGH	
	ADV:- LOW FAT DIET,	REGULAR PHYSICAL EXERCISE

Comments

OUR PANEL DOCTORS FOR NON-PATHOLOGY TESTS:-

CHECK UP DONE BY:- DR. NAMRATA AGRAWAL (M.B.B.S)

REPORT REVIEWED BY:- DR. PRIYANK KAPADIYA (M.B.B.S DNB MEDICINE)

RADIOLOGIST:- DR. KALPANA MODI (M.D.RADIOLOGY) // DR. SAHIL N SHAH (M.D.RADIOLOGY)









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REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

CLIENT PATIENT ID:

PATIENT ID:

Test Report Status

<u>Final</u>

Results

Biological Reference Interval Units

Interpretation(s)

BLOOD COUNTS, EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

SEX: Female

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for

diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients A.-P. Yang, et al. International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD-TEST DESCRIPTION :-

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR

ESR is not diagnostic it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change. **TEST INTERPRETATION**

Increase in: Infections, Vasculities, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

Decreased in: Polycythermia vera, Sickle cell anemia

LIMITATIONS

False elevated ESR: Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

False Decreased: Poikilocytosis, (SickleCells, spherocytes), Microcytosis, Low fibrinogen, Very high WBC counts, Drugs (Quinine,

salicylates)

REFERENCE :

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition 2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin 3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition. GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-**Used For**:

- 1. Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- Diagnosing diabetes.

3. Identifying patients at increased risk for diabetes (prediabetes).
The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patients metabolic control has remained continuously within the target range.

- eAG (Estimated average glucose) converts percentage HbA1c to md/dl, to compare blood glucose levels.
 eAG gives an evaluation of blood glucose levels for the last couple of months.
 eAG is calculated as eAG (mg/dl) = 28.7 * HbA1c 46.7

HbA1c Estimation can get affected due to :

- 1. Shortened Erythrocyte survival: Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- 2. Vitamin C & E are reported to falsely lower test results. (possibly by inhibiting glycation of hemoglobin.
 3. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates
- addiction are reported to interfere with some assay methods, falsely increasing results. 4. Interference of hemoglobinopathies in HbA1c estimation is seen in
- a) Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
- b) Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
- c) HbF > 25% on alternate paltform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy









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Test Report Status Results **Biological Reference Interval** Units <u>Final</u>

GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and sothat no glucose is excreted in the

Increased in:Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides. **Decreased in**:Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency,hypopituitarism,diffuse liver disease, malignancy(adrenocortical,stomach,fibrosarcoma),infant of a diabetic mother,enzyme deficiency diseases(e.g.galactosemia),Drugs-insulin,ethanol,propranolol

sulfonylureas,tolbutamide,and other oral hypoglycemic agents.

NOTE: While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values),there is wide fluctuation within

individuals.Thus, glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment,Renal Glyosuria,Glycaemic

index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glyosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c LIVER FUNCTION PROFILE, SERUM-

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. **Elevated levels** results from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Pagets disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilsons disease.

GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, billiary system and pancreas. Conditions that increase serum GGT are obstructive

liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. **Total Protein** also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstroms disease.Lower-than-normal levels may be due to: Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.

Albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular

permeability or decreased lymphatic clearance,malnutrition and wasting etc

BLOOD UREA NITROGEN (BUN), SERUM-**Causes of Increased** levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)

Causes of decreased level include Liver disease, SIADH.
CREATININE, SERUM-Higher than normal level may be due to:

• Blockage in the urinary tract, Kidney problems, such as kidney damage or failure, infection, or reduced blood flow, Loss of body fluid (dehydration), Muscle problems, such as breakdown of muscle fibers, Problems during pregnancy, such as seizures (eclampsia)), or high blood pressure caused by pregnancy (preeclampsia) Lower than normal level may be due to:

Wyasthenia Gravis, Muscuophy
URIC ACID, SERUM-Causes of Increased levels:-Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome Causes of decreased levels-Low Zinc intake,OCP,Multiple Sclerosis
ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface

of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same.

The test is performed by both forward as well as reverse grouping methods.

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVIOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.









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Test Report Status

<u>Final</u>

Results

Units

MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE

REFERRING DOCTOR: DR. ACROFEMI HEALTHCARE LTD (MEDIWHEEL)

ULTRASOUND ABDOMEN ULTRASOUND ABDOMEN

FATTY LIVER

End Of Report

Please visit www.srlworld.com for related Test Information for this accession

Dr.Miral Gaiera **Consultant Pathologist**

Dr.Sahil .N.Shah **Consultant Radiologist** D. V. Capadia

Dr. Priyank Kapadia Physician

CONDITIONS OF LABORATORY TESTING & REPORTING

- 1. It is presumed that the test sample belongs to the patient named or identified in the test requisition form.
- 2. All tests are performed and reported as per the turnaround time stated in the SRL Directory of Services.
- 3. Result delays could occur due to unforeseen circumstances such as non-availability of kits / equipment breakdown / natural calamities / technical downtime or any other unforeseen event.
- 4. A requested test might not be performed if:
 - i. Specimen received is insufficient or inappropriate
 - ii. Specimen quality is unsatisfactory
 - iii. Incorrect specimen type
 - iv. Discrepancy between identification on specimen container label and test requisition form

- 5. SRL confirms that all tests have been performed or assayed with highest quality standards, clinical safety & technical integrity.
- 6. Laboratory results should not be interpreted in isolation; it must be correlated with clinical information and be interpreted by registered medical practitioners only to determine final diagnosis.
- Test results may vary based on time of collection, physiological condition of the patient, current medication or nutritional and dietary changes. Please consult your doctor or call us for any clarification.
- 8. Test results cannot be used for Medico legal purposes.
- 9. In case of gueries please call customer care (91115 91115) within 48 hours of the report.

SRL Limited

Fortis Hospital, Sector 62, Phase VIII, Mohali 160062



