

**Name** : Mrs. MUGDHA MUKUND KAMAT (53 /F)  
**Address** : NASHIK, NASHIK, NASHIK, MAHARASHTRA, INDIA  
**Examined by:** Dr .SAGAR SATISH PATEL  
**Package** : MediWheel Full Body Health Checkup Female Above 40 Package

**Date** : 15/07/2023  
**UHID** : MHN1.0000148404  
**AHC No** : NSKAH34134



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Thyroid disorder, Heart  
disease, Stroke, Asthma,  
COPD, Cancer  
Hypertension Since - 5 YEAR;  
Medication - regular; -  
TAB-ERITEL-H



## DRUG ALLERGY

NO KNOWN ALLERGY :15/07/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant



### Past medical history

Do you have any - No  
allergies?



### Surgical history

Hysterectomy - YEAR-2018  
Lower segment - 26 YEAR  
caesarean section  
Others - RT KNEE-MINISKAS-2019

### Immunization history

- Covid Dose1,Covid  
Dose2,Precaution Dose



### Personal history

Marital status - Married  
No. of children - 1  
Diet - Vegetarian

Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Active



### Family history

Father - has expired  
Aged - 81  
Mother - has expired  
Aged - 80  
Brothers - 1  
Sisters - 1  
Diabetes - mother,brother  
Hypertension - father,mother,sister  
Coronary artery  
disease - none  
Cancer - None

## PHYSICAL EXAMINATION



### General

Height - 167  
Weight - 68.9  
BMI - 24.71  
Pallor - No  
Oedema - no  
Temperature - 97  
SpO2 - 98



### Cardiovascular system

Heart rate (Per minute) - 71  
Rhythm - Regular  
Systolic(mm of Hg) - 110  
Diastolic(mm of Hg) - 70  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath  
sounds



### Abdomen

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Organomegaly - No

Tenderness - No

**Printed By** : Ajay Murlidhar Bachhav

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.016-1.026
Color,:	PALE YELLOW			
Transparency:	Clear			
Reaction:	Acidic			7.2-7.8
Protein :	Negative			
Sugar:	Negative			
pH	5.5		●	4.6-8
Blood:	Negative			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal			
Nitrite	Negative			
RBC	00	/hpf	●	0-2
WBC/Pus Cells	0-2/hpf	/hpf		
Tc/Sqc(Transitional/Squamous epithelial cells)	2-3/hpf	/hpf		

Monocytes	08	%	●	1-10
Basophils	00	%	●	0-1
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-20

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	24 *	U/L	●	30-65
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5
GLOBULIN - SERUM: (Calculated)	3.0	g/dL	●	1.8-3.6
ALBUMIN:GLOBULIN - SERUM(RATIO) (Calculated)	1.5		●	1.1-1.8

**C B C WITH ESR (AUTOMATION + STANDARD METHOD)**

Test Name	Result	Unit	Level	Range
Hemoglobin	13.4	g/dl	●	11.0-16.0
Haematocrit	37.8	%	●	34.0-48.0
RBC COUNT	4.75	Million/ul	●	3.7-5.6
MCV	79.5	fl	●	75.0-95.0
MCH	28.2	pg	●	26.0-32.0
MCHC	35.5	g/dl	●	31.0-36.0
RDW	15.6	%	●	11-16
Platelet Count(Optical/Impedance)	148	10 <sup>9</sup> /m <sup>3</sup>	●	140-440
TLC Count	5.18	10 <sup>9</sup> /m <sup>3</sup>	●	4.0-11.0
Neutrophils	54	%	●	40-75
Lymphocytes	35	%	●	20-45
Eosinophils	03	%	●	1-6

ALKALINE PHOSPHATASE - SERUM/PLASMA	77	U/L	●	0-100
AST (SGOT) - SERUM	27	U/L	●	15-37
BILIRUBIN, TOTAL - SERUM	0.6	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	203 *	mg/dL	●	0-200

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.7	mg/dL	●	0.6-1.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
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GGTP: GAMMA  
GLUTAMYL  
TRANSPEPTIDASE -  
SERUM 17 U/L ● 0-50

TOTAL T4:  
THYROXINE - SERUM 7.9 µg/dL ● Healthy  
Adults:5.2 -  
12.7

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	113 *	mg/dL	●	70-100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (POST PRANDIAL)	115	mg/dL	●	70-140

**GLYCOSYLATED HEMOGLOBIN (HbA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	6.2 *	%	●	0.0-6.0
Mean Plasma Glucose (MPG) Estimate:	143.4	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM / PLASMA	53	mg/dL	●	40-60
TOTAL CHOLESTEROL/HDL CHOLESTEROL RATIO(Calculated)	3.2		●	0.0-4.5
LDL Cholesterol (Direct LDL)	147	mg/dL		

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN, TOTAL - SERUM / PLASMA	7.4	g/dL	●	6.4-8.2

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	110	ng/dL	●	Healthy Adults: 69 - 215

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	115	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.6	uIU/mL	●	Healthy Adults: 0.3 - 4.5

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
UREA - SERUM / PLASMA	20	mg/dL	●	15-38
UREA NITROGEN SERUM/PLASMA: (Calculated)	9	mg/dL	●	7-18

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.3
BILIRUBIN UNCONJUGATED - SERUM(Calculated)	0.5	mg/dL	●	0.0-0.7

**CERVICAL/VAGINAL SMEAR II SLIDE**

Brief Clinical History:  
Hysterectomy done 5 yrs. Back  
SOURCE OF SPECIMEN :  
Vaginal Smear-Conventional  
I. Specimen Adequacy  
Satisfactory for evaluation  
II. General Categorization :  
Negative for intraepithelial lesion or malignancy  
Other non neoplastic findings:

● Within Normal Range      ● Borderline High/Low      ● Out of Range

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Smears show para basal cells and some intermediate squamous cells. In Occasional sheet atypia in few para basal cells seen. Moderate neutrophilic infiltrate is seen. There is no evidence of dysplasia or malignancy. There is no evidence of candida or trichomonas. Negative for intraepithelial lesion or malignancy, suggests Atrophic smear with benign cellular changes of inflammation with focal reactive epithelial atypia

Adv : Follow up .

Epithelial abnormalities:

Absent

#### CARDIAC STRESS TEST - (TMT)

TEST IS MILD POSITIVE FOR INDUCIBLE ISCHEMIA

#### EKG

#### MAMMOGRAPHY

- 1) No significant abnormality is seen on this study.
- 2) BI – RADS - Category 1.

Suggest : Clinical correlation.

#### ULTRASOUND - WHOLE ABDOMEN

No significant abnormality is detected.

#### X-RAY CHEST PA

No significant abnormality is detected.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

 Within Normal Range     Borderline High/Low     Out of Range

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**Advice On Physical Activity :-**



DAILY WALK

Printed By :

**Dr.SAGAR SATISH PATEL**

AHC Physician / Consultant Internal Medicine

**Note :-** The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

## AICVD RISK SCORE REPORT

### RISK STATUS

Low Risk

### YOUR SCORE

4

### ACCEPTABLE SCORE

6

#### **Your cardiovascular disease risk in the next 10 years is within the Normal limits for your age and gender**

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

#### **Based on your AICVD risk score you are advised the following:**

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**

#### **DISCLAIMER**

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician 's or cardiologist's discretion.
3. To ensure the information in the report is up to date , accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side .
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

**The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515**