

PATIENT NAME : SHINU
REF. DOCTOR : DR. A M ANTO
CODE/NAME & ADDRESS : CA00010147 -

 MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED
 F701A, LADO SARAI, NEW DELHI,SOUTH DELHI,
 DELHI,
 SOUTH DELHI 110030
 8800465156

ACCESSION NO : 4177WI003945

PATIENT ID : SHINF2909924177

CLIENT PATIENT ID:
ABHA NO :
AGE/SEX : 34 Years Female

DRAWN :
RECEIVED : 29/09/2023 09:22:37

REPORTED : 30/09/2023 10:18:16

Test Report Status	<u>Preliminary</u>	Results	Biological Reference Interval	Units
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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT
TREADMILL TEST

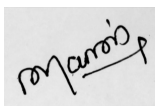
TREADMILL TEST TEST NOT DONE

OPHTHAL

OPTHAL COMPLETED

PHYSICAL EXAMINATION

PHYSICAL EXAMINATION COMPLETED


**MANJU SHAJI
RADIOGRAPHER**

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 DDRC AGILUS PATHLABS LIMITED
 Room A1, Ground Floor, Sitaram Tejal,
 Opp.110KV Substation, Ashwini Junction
 TRICHUR, 680022
 KERALA, INDIA
 Tel : 93334 93334
 Email : customercare.ddrc@agilus.in

Patient Ref. No. 66600006147174

PATIENT NAME : SHINU

REF. DOCTOR : DR. A M ANTO

CODE/NAME & ADDRESS : CA00010147 -

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MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT**ECG WITH REPORT****REPORT**

COMPLETED

USG ABDOMEN AND PELVIS**REPORT**

COMPLETED

CHEST X-RAY WITH REPORT**REPORT**

TEST NOT DONE

HAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.0	Normal	: 4.0 -	%
			5.6%.	
		Non-diabetic level	: < 5.7%.	
		Diabetic	: >6.5%	

Glycemic control goal

More stringent goal : < 6.5 %.

General goal : < 7%.

Less stringent goal : < 8%.

Glycemic targets in CKD :-

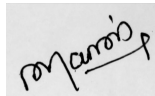
If eGFR > 60 : < 7%.

If eGFR < 60 : 7 - 8.5%.

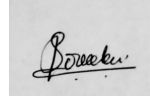
MEAN PLASMA GLUCOSE	96.8	< 116.0	mg/dL
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DR. SINDHU GEORGE, MBBS, MD
(Reg No TCMC:28380)
QUALITY MANAGER



MANJU SHAJI
RADIOGRAPHER



SREEDEVI MP
LAB TECHNOLOGIST

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BLOOD COUNTS,EDTA WHOLE BLOOD

HEMOGLOBIN	12.1	12.0 - 15.0	g/dL
RED BLOOD CELL COUNT	4.37	3.8 - 4.8	mil/ μ L
WHITE BLOOD CELL COUNT	6.88	4.0 - 10.0	thou/ μ L
PLATELET COUNT	316	150 - 410	thou/ μ L

RBC AND PLATELET INDICES

HEMATOCRIT	34.9 Low	36 - 46	%
MEAN CORPUSCULAR VOL	79.9 Low	83 - 101	fL
MEAN CORPUSCULAR HGB.	27.8	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION	34.8 High	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH	12.7	11.6 - 14.0	%
MENTZER INDEX	18.3		
MEAN PLATELET VOLUME	9.5	6.8 - 10.9	fL

WBC DIFFERENTIAL COUNT

SEGMENTED NEUTROPHILS	56	40 - 80	%
LYMPHOCYTES	36	20 - 40	%
MONOCYTES	03	2 - 10	%
EOSINOPHILS	05	1 - 6	%
BASOPHILS	00	< 1 - 2	%
ABSOLUTE NEUTROPHIL COUNT	3.85	2.0 - 7.0	thou/ μ L
ABSOLUTE LYMPHOCYTE COUNT	2.48	1.0 - 3.0	thou/ μ L
ABSOLUTE MONOCYTE COUNT	0.21	0.2 - 1.0	thou/ μ L
ABSOLUTE EOSINOPHIL COUNT	0.34	0.02 - 0.50	thou/ μ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	1.6		

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ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD

SEDIMENTATION RATE (ESR)	16	0 - 20	mm at 1 hr
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SUGAR URINE - POST PRANDIAL

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED	
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SUGAR URINE - FASTING

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED	
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IMMUNOHAEMATOLOGY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE A
RH TYPE	POSITIVE

BIO CHEMISTRY**MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT****BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	10	Adult(<60 yrs) : 6 to 20	mg/dL
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BUN/CREAT RATIO

BUN/CREAT RATIO 12.9

CREATININE, SERUM

CREATININE 0.77 18 - 60 yrs : 0.6 - 1.1 mg/dL

GLUCOSE, POST-PRANDIAL, PLASMA

GLUCOSE, POST-PRANDIAL, PLASMA 106
Diabetes Mellitus : > or = 200. mg/dL
Impaired Glucose tolerance/
Prediabetes : 140 - 199.
Hypoglycemia : < 55.

GLUCOSE FASTING,FLUORIDE PLASMA

FBS (FASTING BLOOD SUGAR) 91
Diabetes Mellitus : > or = 126. mg/dL
Impaired fasting Glucose/
Prediabetes : 101 - 125.
Hypoglycemia : < 55.

LIVER FUNCTION TEST WITH GGT

BILIRUBIN, TOTAL 0.60 General Range : < 1.1 mg/dL
BILIRUBIN, DIRECT 0.23 General Range : < 0.3 mg/dL
BILIRUBIN, INDIRECT 0.37 0.00 - 1.00 mg/dL
TOTAL PROTEIN 6.3 Ambulatory : 6.4 - 8.3 g/dL
Recumbant : 6 - 7.8
ALBUMIN 4.2 20-60yrs : 3.5 - 5.2 g/dL
GLOBULIN 2.1 2.0 - 4.1 g/dL
ALBUMIN/GLOBULIN RATIO 2.0 1.0 - 2.0 RATIO
ASPARTATE AMINOTRANSFERASE 12 Adults : < 33 U/L



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(AST/SGOT)			
ALANINE AMINOTRANSFERASE (ALT/SGPT)	11	Adults : < 34	U/L
ALKALINE PHOSPHATASE	58	Adult(<60yrs) : 35 - 105	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	21	Adult (female) : < 40	U/L

TOTAL PROTEIN, SERUM

TOTAL PROTEIN	6.3	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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URIC ACID, SERUM

URIC ACID	5.2	Adults : 2.4-5.7	mg/dL
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BIOCHEMISTRY - LIPID

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

LIPID PROFILE, SERUM

CHOLESTEROL	187	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	54	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	50	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	136	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	137 High	Desirable: Less than 130 Above Desirable: 130 - 159	mg/dL

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VERY LOW DENSITY LIPOPROTEIN	10.8	Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220 < or = 30.0	mg/dL
CHOL/HDL RATIO	3.7	3.30 - 4.40	
LDL/HDL RATIO	2.7	0.5 - 3.0	

SPECIALISED CHEMISTRY - HORMONE

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

THYROID PANEL, SERUM

T3	111.39	Non-Pregnant : 60-181 Pregnant Trimester-wise 1st : 81-190 2nd : 100-260 3rd : 100-260	ng/dL
T4	7.60	3.2 - 12.6	µg/dl
TSH 3RD GENERATION	3.950	18-49 yrs(Non-Pregnant) :0.4-4.2 Pregnant (Trimester wise): 1st : 0.1-2.5 2nd : 0.2-3.0 3rd : 0.3-3.0	µIU/mL

CLINICAL PATH - URINALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT

PHYSICAL EXAMINATION, URINE

COLOR	PALE YELLOW
APPEARANCE	CLEAR



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CHEMICAL EXAMINATION, URINE

PH	6.0	4.7 - 7.5	
SPECIFIC GRAVITY	1.010	1.003 - 1.035	
PROTEIN	NOT DETECTED	NOT DETECTED	
GLUCOSE	NOT DETECTED	NOT DETECTED	
KETONES	NOT DETECTED	NOT DETECTED	
BLOOD	NOT DETECTED	NOT DETECTED	
BILIRUBIN	NOT DETECTED	NOT DETECTED	
UROBILINOGEN	NORMAL	NORMAL	
NITRITE	NOT DETECTED	NOT DETECTED	

MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	2-3	0-5	/HPF
EPITHELIAL CELLS	5-7	0-5	/HPF
CASTS	NOT DETECTED		
CRYSTALS	NOT DETECTED		
BACTERIA	NOT DETECTED	NOT DETECTED	

CLINICAL PATH - STOOL ANALYSIS

MEDIWHEEL HEALTH CHECKUP BELOW 40(F)TMT	RESULT PENDING
PHYSICAL EXAMINATION,STOOL	RESULT PENDING
CHEMICAL EXAMINATION,STOOL	RESULT PENDING
MICROSCOPIC EXAMINATION,STOOL	RESULT PENDING



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Patient Ref. No. 66600006147174



If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>SHANU R. L. Aravind</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)):
3. Age/Date of Birth	:	<u>19/6/1989</u> Gender: <u>F/M</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

PHYSICAL DETAILS:

a. Height <u>1.58</u> (cms)	b. Weight <u>64</u> (Kgs)	c. Girth of Abdomen <u>FL</u> (cms)
d. Pulse Rate <u>70</u> (/Min)	e. Blood Pressure:	Systolic Diastolic
	1 st Reading	<u>100</u> <u>70</u>
	2 nd Reading	

FAMILY HISTORY:

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father	<u>66</u>	<u>Good</u>	
Mother	<u>63</u>	<u>Good</u>	
Brother(s)	<u>26</u>	<u>Good</u>	
Sister(s)	<u>26</u>	<u>Good</u>	

HABITS & ADDICTIONS: Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
<u>no</u>	<u>no</u>	<u>no</u>

PERSONAL HISTORY

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. **Y/N**
- b. Have you undergone/been advised any surgical procedure? **Y/N**
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? **Y/N**
- d. Have you lost or gained weight in past 12 months? **Y/N**

Have you ever suffered from any of the following?

- Psychological Disorders or any kind of disorders of the Nervous System? **Y/N**
- Any disorders of Respiratory system? **Y/N**
- Any Cardiac or Circulatory Disorders? **Y/N**
- Enlarged glands or any form of Cancer/Tumour? **Y/N**
- Any Musculoskeletal disorder? **Y/N**
- Any disorder of Gastrointestinal System? **Y/N**
- Unexplained recurrent or persistent fever, and/or weight loss **Y/N**
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports. **Y/N**
- Are you presently taking medication of any kind? **Y/N**

DDRC SRL Diagnostics Limited

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Corp. Office: DDRC SRL Tower, G-131, Panampilly Nagar, Ernakulam - 682 036. Ph No. 2310688, 2318222. web: www.ddrcsrl.com

• Any disorders of Urinary System?

~~Y/N~~

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

~~Y/N~~

FOR FEMALE CANDIDATES ONLY

a. Is there any history of diseases of breast/genital organs?

~~Y/N~~

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

~~Y/N~~

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

~~Y/N~~

d. Do you have any history of miscarriage/abortion or MTP

~~Y/N~~

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

~~Y/N~~

f. Are you now pregnant? If yes, how many months?

~~Y/N~~

CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER

➤ Was the examinee co-operative?

~~Y/N~~

➤ Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job?

~~Y/N~~

➤ Are there any points on which you suggest further information be obtained?

~~Y/N~~

➤ Based on your clinical impression, please provide your suggestions and recommendations below;

To reduce fatty diet

➤ Do you think he/she is MEDICALLY FIT or UNFIT for employment. *Fit*

MEDICAL EXAMINER'S DECLARATION

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

[Handwritten Signature]

Seal of Medical Examiner :

Dr. A. M. ANTO IOFHS (Rtd.)
B.Sc, MBBS; DIH (Cal), PGDHA
Reg. No : 5667
CONSULTANT
DDRC AGILUS PATHLABS LIMITED
THRISSUR - 680 022



Name & Seal of DDRC SRL Branch :

Date & Time :

30/1/2023

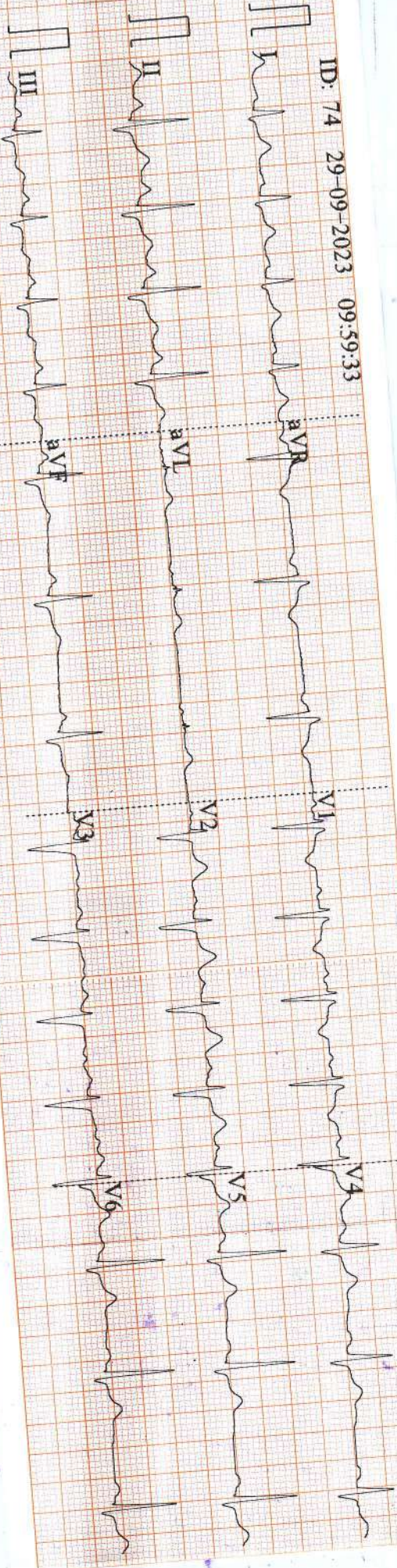
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Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

ID: 74 29-09-2023 09:59:33



0.67~35Hz ACS50 25mm/s 10mm/mV ♣102 V1.0 SEMIP V1.7

Arrow CE



Drishyam Eye Care Hospital LLP

See The World With Us



VISION CERTIFICATE

This is to certify that.....SHINU. R. (34F).....has been
examined and results are as follows

	Right Eye	Left Eye
Distant Vision	: 6/6 (PLANO)	: 6/6. (PLANO)
Near vision	: N6	: N6.
IOP(Intra ocular pressure)	: 12 mmHg by NCT	: 12 mmHg by NCT
Anterior segment	: Normal	: Normal
Fundus	: Normal	: Normal
Squint	: NU	: NIL
Colour Vision	: Normal	: Normal

Doctor's Signature

Place : Tr

Date : 29/9/23



Dr. SURYA SURENDRAN
MBBS/DO
Reg. No: 38632

Contact: 0487 22 222 99
www.drishyameye.com
info@drishyameye.com

Drishyam Eye Care Hospital LLP
Opp. BSNL Office, Kovilakathumpadam, Thrissur,
Kerala -680022 | Mob: +91 7025 11 11 99

Patient Name: MRS. SHINU	Age: 34 Y	Sex: Female
Ref. Consultant :	AC No:	Date: 29.09.2023
Clinical details: Healthy check up		

USG ABDOMEN AND PELVIS (TAS+TVS)

Liver measures 13.2 cm, normal in size and echotexture. No focal lesions seen. PV and CBD are normal in course and calibre. No dilatation of intrahepatic biliary radicals seen. Subphrenic spaces are normal.

Gall bladder is distended and appears normal.

Spleen measures 10.7 cm, normal in size and echotexture. No focal or diffuse lesions seen.

Pancreas (head & body) is normal in size and echotexture. No focal lesions seen. No duct dilatation or calcification seen. Tail is obscured.

Right kidney measures 9.9 x 1.1 (PT) cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Left kidney measures 11.2 x 1.1 (PT) cm. Normal in size and cortical echogenicity. Cortico medullary differentiation is maintained. No calculus or mass seen. No dilatation of pelvicalyceal system.

Urinary bladder is distended. Wall appears normal. No calculus or mass seen.

Uterus is anteverted and measures 5.8 x 4.2 x 5.6 cm, normal in size and echotexture. Endometrial thickness 11 mm. **An anterior myometrial fibroid noted measuring 13 x 8mm.**

Right ovary measures 3.9 x 2.6 cm. Left ovary measures 2.9 x 1.5 cm. Both ovaries are normal in size and echotexture. **A cystic structure with thin internal septations noted in the right ovary measuring 2.8 x 2.3cm.**

Minimal free fluid noted in POD.

No ascites. Upper para aortic area normal

No significant bowel wall thickening noted.

IMPRESSION

- **A small uterine fibroid.**
- **A cystic structure with thin internal septations noted in the right ovary favour hemorrhagic cyst. (Suggested follow up.)**

DR. ALPHA MARIA ABRAHAM
 DMRD, DNB-REG NO: 52753
 CONSULTANT RADIOLOGIST

Thanks for your referral. Ultrasound reports need not be fully accurate. It has to be correlated clinically and with relevant investigations.

Dr. ALPHA MARIA ABRAHAM
 DMRD, DNB
 CONSULTANT RADIOLOGIST
 Reg. No: 52753 (CMC)

(Refer to "CCD" column of "REPORTING" overleaf)



From,

Shinu.R

Bark of Baroda

Mannatty

Sir,

Myself Shinu.R - Bark of Baroda
staff - EC NO - 104125. I do not
want to undergo TMT & X-RAY
Tests. and also stool tests

Yours faithfully

SHINU.R





 ഭാരത സർക്കാർ
 GOVERNMENT OF INDIA



പേര് / Name
 Shinu R
 ജനന വർഷം / Year of Birth : 1989
 ലിംഗം / Gender
 സ്ത്രീ / Female



9680 1330 6850

ആധാർ - സാധാരണക്കാരന്റെ അവകാശം

SHINU.R



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