

DEPT. OF APOLLO HEALTH CHECK



CASE RECORD

AH9.0001143028
MR. K MURALI KRISHNA
Age: 35 Year(s) Year(s)/Male
14 Apr 2023 8:54:24 AM

Age :

Sex : M/F

UHID :



Physical Examination

General :

Build

Height 174 cm

Weight 97.9 kg

BMI :

Anaemia

Icterus

Cyanosis

Clubbing

Oedema

Glands

HEAD & NECK :

ENT :

CVS :

Heart Rate & Rhythm

102 bpm

B.P. : Supine

163/93

Sitting

Standing

SpO2: 98%

Chest shape

mm 114g

Echo & chesting report

Heart Sounds

- Normal LV function

Murmurs

- NO RWMA -

Thrills

- LVEF - 60%..

RS :

Rate & Type

Breath Sounds

Dr. MEHTA .Y
MBBS, DNB (Family Medicine)

Senior Consultant

Reg. No : ANP20010000845KTK

AUB - 1143026

Place Label Here

MR. K MURALI KRISHNA

Age - 35

If label not available, write Pt. Name, UHID No., Age, Sex, Date, Name of Treating Physician



Allergies : <u>Nil.</u>	Fall Risk Assessment		Wt: <u>97.9</u> Ht: <u>174</u> T: <u>104</u> BP: <u>159/84</u>
	H/o fall (within 1 year)	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>	Pain <u>0</u> /10 <input checked="" type="checkbox"/> Psychological & Social Assessment done
Mobility Aid	Yes <input checked="" type="checkbox"/> No <input type="checkbox"/>		
Gait	Dep. <input checked="" type="checkbox"/> Indep. <input type="checkbox"/>		

- ① Mildly elevated SGPT
- ② Prediabetes - HbA1c 6.3%
- ③ LDL-C-166, TG-236, HDL-C-56
- ④ Hypertension
- ⑤

Adv.

- Diabetic, low calorie, low fat diet
- Good Hydration
- Regular exercise
- weight reduction.

Lipids, FBS, PPBS, HbA1c - after 3 months

Kindly get this document scanned at the counter for the record purpose

Teja
Signature and Date

Print

Find

1 of 1

100%

Main Report



DEPARTMENT OF BIOCHEMISTRY

Name : Mr. K MURALI KRISHNA Age : 35Yr 8Mth 0Days Gender : Male
 UHID : AHB.0001143026 / AHBHC121109 W/BNo/RefNo: AHC
 SIN \ LRN : 8692271 \ 3790389
 Specimen : Plasma
 Ref Doctor : Dr. MHC



AHB.0001143026

Collected on : 14-APR-2023 12:12:16 PM Received on : 14-APR-2023 01:11:45 PM Reported on : 14-APR-2023 01:47:22 PM

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

TEST NAME	RESULT	BIOLOGICAL REFERENCE INTERVALS	UNITS
GLUCOSE - SERUM / PLASMA (POST PRANDIAL) (HEXO KINASE)			
GLUCOSE - PLASMA (POST PRANDIAL)	75	Non-Diabetic : <=140 Impaired Glucose Tolerance : 140-199 Diabetic : >=200	mg/dL

Report Status:Final

* - Abnormal Value

* END OF REPORT *

CHECKED BY 143621
723076

Printed On : 14-APR-2023 02:15:36 PM

Govindaraju N L
 GOVINDARAJU N L Dr.SABHARI PRIYA S
 Clinical Biochemist Registrar

Page 1 of 1

YOUR CLINICAL TEST RESULTS

Mr. K MURALI KRISHNA

MALE / 35 Yrs / AHB.0001143026 / AHBHC121109

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin :Oxyhemoglobin method(Photometric measurement)	13.3	g/dL	●	13-17
RBC Count (Impedance)	5.48	x(10) ¹² /l	●	4.5 - 5.5
Packed cell volume (Calculated)	41	%	●	40 - 50
MCV (Derived from RBC histogram)	74 *	fl	●	83 - 101
MCH (Calculated)	24 *	pg	●	27 - 32
MCHC (Calculated)	33	g/dl	●	31.5 - 34.5
RDW (Calculated)	14.1 *	%	●	11.60-14.00
Platelet Count (Impedance)	326	x(10) ⁹ /l	●	150 - 450
WBC Count (Impedance)	6.8	x(10) ⁹ /l	●	4 - 11
Neutrophils	52	%	●	40 - 80
Lymphocytes	35	%	●	8.6 -23.8
Monocytes	9	%	●	2 - 10
Eosinophils	4	%	●	1 - 6
Basophils	0	%	●	0 - 2
RBC:	Predominantly Normocytic Normochromic cells			
WBC:	Differentials within normal limits.			
Platelets:	Adequate.			
Impression	Normal study.			
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Teflon Capillary Photometry)	34 *	mm/1st hr	●	Adult Male- 0 - 10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Color :	Yellow		●	Yellow

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 35 Yrs / AHB.0001143026 / AHBHC121109

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

Appearance	Clear		Clear
Volume :	30	ml	
pH	6.0		
Specific Gravity	1.010 *		1.016 - 1.022
Protein :	NEGATIVE		NEGATIVE
Glucose:	NEGATIVE		NEGATIVE
Ketone	NEGATIVE		NEGATIVE
Bile Salts :	NEGATIVE		NEGATIVE
Bile Pigments:	NEGATIVE		NEGATIVE
Urobilinogen	0.2	E.U./dL	0.2 - 1.0
Blood :	TRACE-INTACT		NEGATIVE
Nitrate:	NEGATIVE		NEGATIVE
Leucocyte Esterases	NEGATIVE		NEGATIVE
RBC	1-2 /h.p.f	Cells/hpf	0 - 2
Pus Cells	2-4 /h.p.f	/HPF	0 - 5
Epithelial Cells	Occasional		Occasional - Few

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name	Result	Unit	Level	Range
Blood Group:	B			
Rh (D) Type:	POSITIVE			
Method:	COLUMN AGGLUTINATION			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	56 *	U/L	●	<= 50
GLOBULIN - SERUM -	3.2	g/dL	●	Adult 2.0 - 4.0

Within Normal Range
 Borderline High/Low
 Outside Range

YOUR CLINICAL TEST RESULTS

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2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

Glycosylated Hemoglobin (HbA1c)	6.3	%	●	"NON-DIABETICS <= 5.6 PRE-DIABETIC: 5.7-6.4 DIABETIC >= 6.5"
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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	56	mg/dL	●	"Low : <40 High: >59"
LDL Cholesterol (Direct LDL)	166 *	mg/dL	●	"Optimal : <100 Near/Above Optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: > 189"

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
POTASSIUM - SERUM	4.6	mmol/L	●	3.5-5.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	ADULT: 6.0 - 8.5

NEPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
SODIUM - SERUM	139	mmol/L	●	135 - 145

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	117.18	ng/dL	●	Adults: 87 - 178
TOTAL T4: THYROXINE - SERUM	10.2	µg/dL	●	5.93 - 13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	236 *	mg/dL	●	"Normal: < 150 Borderline High: 150 - 199 High: 200 - 499 Very High: > 499"
TOTAL CHOLESTEROL/HDL	4.3		●	< 5.0

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. K MURALI KRISHNA

MALE / 35 Yrs / AHB.0001143026 / AHBHC121109

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

CHOLESTEROL RATIO(Calculated)

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
THYROID STIMULATING HORMONE [TSH]	2.12	µIU/mL	●	0.34 - 5.6

EPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
UREA - SERUM	26	mg/dL	●	15 - 45
URIC ACID - SERUM	7.8 *	mg/dL	●	Adult Male: 3.0 - 7.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	47 *	mg/dl	●	Desirable: <30

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN DIRECT - SERUM	0.09	mg/dL	●	upto 0.4
BILIRUBIN INDIRECT - SERUM - CALCULATED	0.56	mg/dL	●	0.1 - 1.0

EPHROLOGY RENAL PROFILE (RANDOM)

Test Name	Result	Unit	Level	Range
BICARBONATE (HCO3) - SERUM	27		●	Healthy Adults: 22 - 29

X-RAY CHEST PA

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

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MALE / 35 Yrs / AHB.0001143026 / AHBHC121109

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

IMPRESSION:

No definite abnormality noted on the chest radiograph.

---END OF THE REPORT---

● Within Normal Range ● Boderline High/Low ● Outside Range

YOUR CLINICAL TEST RESULTS

Mr. K MURALI KRISHNA

MALE / 35 Yrs / AHB.0001143026 / AHBHC121109

2022 MEDIWHEEL FULL BODY HEALTH CHECK UP MALE BELOW 40 YEARS

Date : 14/04/2023

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Biochemistry

GLUCOSE - SERUM / PLASMA (RANDOM)

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

CARDIOLOGY

ECHO/TMT - OPTIONAL

Ultrasound Radiology

ULTRASOUND - WHOLE ABDOMEN

CARDIOLOGY

ECG

● Within Normal Range ● Boderline High/Low ● Outside Range

DEPARTMENT OF RADIOLOGY

Patient's Details : Mr. K MURALI KRISHNA	M 035Y
UHID : AHB.0001143026	Ward/Bed No. : AHC / AHC
I.P.No./Bill No. : AHBHC121109	Scanned on : 14-Apr-2023 12:28
Accession Number : 10601.223033681	Reported On :
Referring Doctor : null	

ULTRASOUND WHOLE ABDOMEN SCREENING

Clinical Information: - Routine health checkup.

Liver appears normal in size, shape and shows diffuse increase in echogenicity. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

Gallbladder moderately distended. No definite calculi identified. No evidence of abnormal wall thickening.

Spleen appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

Pancreas: Head appears normal. Rest obscured by bowel gas.

Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No sonological evidence of calculi or hydronephrosis seen on either side.

Urinary bladder is moderately distended and appears normal. No evidence of abnormal wall thickening.

Prostate appears normal in size. Normal echopattern noted within the gland.

No evidence of ascites or pleural effusion seen.

IMPRESSION:

Fatty liver.

- Suggested clinical correlation.

(Enclosed report) Ak

DR. SHADAB ALAM
ASSOCIATE CONSULTANT
RADIOLOGIST

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

DEPARTMENT OF RADIOLOGY

Patient's Details :	Mr. K MURALI KRISHNA	I	M		035Y
UHID :	AHB.0001143026	Ward/Bed No. :			AHC / AHC
I.P.No./Bill No. :	AHBHC121109	Scanned on :			14-Apr-2023 10:24
Accession Number :	10601.123043110	Reported On :			14-Apr-2023 11:42:14
Referring Doctor :	null				

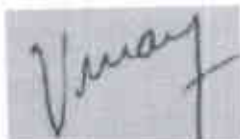
X-RAY CHEST PA VIEW

Clinical Information: Routine health check

Lung fields appear clear bilaterally with normal bronchovascular markings.
 Cardiac silhouette and cardiothoracic ratio appear normal.
 Costophrenic angles appear normal on both sides.
 Domes of the diaphragm appear normal.
 Underlying bony and soft tissue shadows appear normal.

IMPRESSION:

No definite abnormality noted on the chest radiograph.



**Dr. VINAY MD,
RADIOLOGIST**

N.B. : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

APOLLO HOSPITALS
BANNERGATTA ROAD
BANGALORE

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: K MURALI KRISHNA,

DOB: 14.08.1987

Patient ID: AHB/1143026

Age: 35yrs

Height: 174 cm

Gender: Male

Weight: 97 kg

Race: Indian

Study Date: 14.04.2023

Referring Physician: AHC

Test Type: Treadmill Stress Test

Attending Physician: DR K M NAIR

Protocol: BRUCE

Technician: Jagadeesha A B

Medications:

NONE

Medical History:

HTN

Reason for Exercise Test:

Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:05	0.00	0.00	104	150/90	
	STANDING	00:03	0.00	0.00	102	150/90	
	HYPERV.	00:07	0.00	0.00	100	150/90	
EXERCISE	STAGE 1	03:00	1.70	10.00	141	150/90	
	STAGE 2	03:00	2.50	12.00	155	160/90	
	STAGE 3	01:01	3.40	14.00	162	170/90	
RECOVERY		05:16	0.00	0.00	125	170/90	

The patient exercised according to the BRUCE for 7:01 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 107 bpm rose to a maximal heart rate of 162 bpm. This value represents 87 % of the maximal, age-predicted heart rate. The resting blood pressure of 150/90 mmHg, rose to a maximum blood pressure of 200/90 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Functional Capacity: normal.

HR Response to Exercise: appropriate.

BP Response to Exercise: exaggerated response.

Chest Pain: none.

Arrhythmias: ventricular premature beat.

ST Changes: BASELINE ECG SHOWS ST-T CHANGES, NO FURTHER CHANGES NOTED.

Conclusions

IMP:- STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA.

CORRELATE CLINICALLY

84

119
80
333
394

AH3.0001143028
MR. K MURALI KRISHNA
Age: 36Year(s) Year(s)/Male
14. Apr 2023 8:54:28 AM



3--
35
56
-8

Standard Placement

