

: Mrs.TASHWINI PRASHANT PAWAR

Age/Gender

: 40 Y 0 M 3 D/F

UHID/MR No Visit ID

: SCHE.0000087107

Ref Doctor

: SCHEOPV104072

Emp/Auth/TPA ID

: Dr.SELF : 528973

Collected

: 26/Jul/2024 09:04AM

Received

: 26/Jul/2024 10:48AM

Reported

: 26/Jul/2024 01:37PM

Status

: Final Report

Sponsor Name

: ARCOFEMI HEALTHCARE LIMITED

DEPARTMENT OF HAEMATOLOGY ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM, WHOLE BLOOD EDTA				
HAEMOGLOBIN	13.3	g/dL	12-15	Spectrophotometer
PCV	39.80	%	36-46	Electronic pulse & Calculation
RBC COUNT	5.03	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	79	fL	83-101	Calculated
MCH	26.4	pg	27-32	Calculated
MCHC	33.4	g/dL	31.5-34.5	Calculated
R.D.W	15.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,000	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (I	DLC)			
NEUTROPHILS	71	%	40-80	Electrical Impedance
LYMPHOCYTES	24	%	20-40	Electrical Impedance
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	03	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT				
NEUTROPHILS	4260	Cells/cu.mm	2000-7000	Calculated
LYMPHOCYTES	1440	Cells/cu.mm	1000-3000	Calculated
EOSINOPHILS	120	Cells/cu.mm	20-500	Calculated
MONOCYTES	180	Cells/cu.mm	200-1000	Calculated
Neutrophil lymphocyte ratio (NLR)	2.96		0.78- 3.53	Calculated
PLATELET COUNT	346000	cells/cu.mm	150000-410000	Electrical impedence
ERYTHROCYTE SEDIMENTATION RATE (ESR)	20	mm at the end of 1 hour	0-20	Modified Westergren
PERIPHERAL SMEAR				

RBC NORMOCYTIC NORMOCHROMIC

WBC WITHIN NORMAL LIMITS

PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

DR. APARNA NAIK

MBBS DPB

CONSULTANT PATHOLOGIST

SIN No:BED240195568



Apollo Speciality Hospitals Private Limited

(Formely known as a Nova Speciality Hospitals Private Limited)

CIN- U85100TG2009PTC099414

Regd Off:1-10-62/62,5th Floor, Ashoka RaghupathiChambers, Begumpet, Hyderabad, Telangana - 500016

Address:

Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Deonar, Chembur, Mumbai, Maharashtra Ph: 022 4334 4600

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ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

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ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FAC	CTOR , WHOLE BLOOD EDT	A		
BLOOD GROUP TYPE	0			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

Page 3 of 7

DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	131	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method	
ALANINE AMINOTRANSFERASE	14	U/L	4-44	JSCC	

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(ALT/SGPT), SERUM

Comment:

ALT elevations are noted in liver parenchymal diseases, leading to injury / destruction of hepatocytes.

ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL, SERUM	0.30	mg/dL	0.1-1.2	Azobilirubin
Test Name	Result	Unit	Bio. Ref. Range	Method

Page 5 of 7

DR. APARNA NAIK
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DEPARTMENT OF CLINICAL PATHOLOGY

ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
COMPLETE URINE EXAMINATION (CUE) , URINE			
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Physical measurement
pH	6.0		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.015		1.002-1.030	Dipstick
BIOCHEMICAL EXAMINATION				
URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFED EHRLICH REACTION
NITRITE	NEGATIVE		NEGATIVE	Griess reaction
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	Diazonium salt
CENTRIFUGED SEDIMENT WET M	OUNT AND MICROSCOPY	1		
PUS CELLS	2-4	/hpf	0-5	Microscopy
EPITHELIAL CELLS	2-4	/hpf	<10	MICROSCOPY
RBC	ABSENT	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

Page 6 of 7

DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

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APOLLO SPECTRA HOSPITALS

Sunder Baug, Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Off. Sion Trombay Road, Deonar, Chembur, Mumbai-400 088. Ph. No.: 022 4334 4600-9 www.apollospectra.com



: Mrs. Tashwini Prashant Pawar

Age: 40 Y

Sex: F

Address: Tilak nagarRaiway Station, Mumbai

Plan

: ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP

AGREEMENT

UHID:SCHE.0000087107

OP Number: SCHEOPV104072

Bill No: SCHE-OCR-24476 Date : 26.07.2024 09:00

Sno	Serive Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324	
-	BÎLIRUBIN, TOTAL - SERUM	
1	GLUCOSE, FASTING	
0	HEMOGRAM + PERIPHERAL SMEAR	
1	ALANINE AMINOTRANSFERASE (ALT/SGPT), SERUM	
3	COMPLETE URINE EXAMINATION	
4	PERIPHERAL SMEAR	
. 2	ECG	
2	CREATININE, SERUM	
1	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL)	1:00
10	X-RAY CHEST PA	
11	FITNESS BY GENERAL PHYSICIAN	
شله	BLOOD GROUP ABO AND RH FACTOR	
42	OPTHAL BY GENERAL PHYSICIAN TO Sharra	
14	BUN/CREATININE RATIO	

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Test Name	Result	Unit	Bio. Ref. Range	Method
HEMOGRAM , WHOLE BLOOD EDTA				
HAEMOGLOBIN	13.3	g/dL	12-15	Spectrophotometer
PCV	39.80	%	36-46	Electronic pulse & Calculation
RBC COUNT	5.03	Million/cu.mm	3.8-4.8	Electrical Impedence
MCV	79	fL	83-101	Calculated
MCH	26.4	pg	27-32	Calculated
MCHC	33.4	g/dL	31.5-34.5	Calculated
R.D.W	15.4	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	6,000	cells/cu.mm	4000-10000	Electrical Impedance
DIFFERENTIAL LEUCOCYTIC COUNT (DLC)			_iodinal impadano
NEUTROPHILS	71	%	40-80	Electrical Impedance
_YMPHOCYTES	24	%	20-40	
EOSINOPHILS	02	%	1-6	Electrical Impedance
MONOCYTES	03	%	2-10	Electrical Impedance
BASOPHILS	00	%	<1-2	Electrical Impedance
ABSOLUTE LEUCOCYTE COUNT		70	<1-Z	Electrical Impedance
NEUTROPHILS	4260	Cells/cu.mm	2000 7000	
YMPHOCYTES	1440	Cells/cu.mm	2000-7000	Calculated
OSINOPHILS	120		1000-3000	Calculated
MONOCYTES	180	Cells/cu.mm	20-500	Calculated
leutrophil lymphocyte ratio (NLR)	2.96	Cells/cu.mm	200-1000	Calculated
PLATELET COUNT	346000		0.78- 3.53	Calculated
RYTHROCYTE SEDIMENTATION		cells/cu.mm	150000-410000	Electrical impedence
RATE (ESR)	20	mm at the end of 1 hour	0-20	Modified Westergren
RIPHERAL SMEAR		or i nour		(8)

RBC NORMOCYTIC NORMOCHROMIC WBC WITHIN NORMAL LIMITS PLATELETS ARE ADEQUATE ON SMEAR

NO HEMOPARASITES SEEN

DR. APARNA NAIK

MBBS DPB

CONSULTANT PATHOLOGIST

IN No:BED240195568

Page 1 of 7





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DR. APARNA NAIK

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ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
BLOOD GROUP ABO AND RH FACT	TOR , WHOLE BLOOD EDT	A		
BLOOD GROUP TYPE	0			Forward & Reverse Grouping with Slide/Tube Aggluti
Rh TYPE	POSITIVE			Forward & Reverse Grouping with Slide/Tube Agglutination

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DR. APARNA NAIK
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ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, FASTING , NAF PLASMA	96	mg/dL	70-100	GOD - POD

Comment:

As per American Diabetes Guidelines, 2023

Fasting Glucose Values in mg/dL	Interpretation	
70-100 mg/dL	Normal	
100-125 mg/dL	Prediabetes	
≥126 mg/dL	Diabetes	
<70 mg/dL	Hypoglycemia	

Note:

- 1. The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- 2. Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

Test Name	Result	Unit	Bio. Ref. Range	Method
GLUCOSE, POST PRANDIAL (PP), 2 HOURS, SODIUM FLUORIDE PLASMA 2 HR)	131	mg/dL	70-140	GOD - POD

Comment:

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Test Name	Result	Unit	Bio. Ref. Range	Method
LANINE AMINOTRANSFERASE	14	U/L	4-44	JSCC

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(ALT/SGPT), SERUM

Comment:

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ALT levels are seen to be elevated even before the signs and symptoms of the liver injury appear.

The ALT levels remain high longer in blood as compared to AST levels. And though both the enzymes increase in liver injury, the rise in ALT is more compared to AST, thus also altering the ALT:AST ratio.

Test Name	Result	Unit	Bio. Ref. Range	Method
BILIRUBIN, TOTAL , SERUM	0.30	mg/dL	0.1-1.2	Azobilirubin
Test Name	Result	Unit	Bio. Ref. Range	Method
rest Hame	0.55	mg/dL	0.4-1.1	ENZYMATIC METHOD

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DEPARTMENT OF CLINICAL PATHOLOGY ARCOFEMI - MEDIWHEEL - PMC PACK H - PAN INDIA - FY2324

Result	Unit	Bio. Ref. Range	Method
UE) , URINE			
PALE YELLOW		PALE YELLOW	Visual
CLEAR			Physical measurement
6.0			DOUBLE INDICATOR
1.015		1.002-1.030	Dipstick
NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
NEGATIVE		NEGATIVE	AZO COUPLING REACTION
NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
NORMAL		NORMAL	MODIFED EHRLICH REACTION
NEGATIVE		NEGATIVE	Griess reaction
		NEGATIVE	Diazonium salt
CONTRACTOR OF STATE O	Υ		
		0-5	Microscopy
1777. 12		<10	MICROSCOPY
		0-2	MICROSCOPY
		0-2 Hyaline Cast	MICROSCOPY
		ABSENT	MICROSCOPY
	PALE YELLOW CLEAR 6.0 1.015 NEGATIVE NEGATIVE NEGATIVE NEGATIVE NORMAL NEGATIVE NEGATIVE	PALE YELLOW CLEAR 6.0 1.015 NEGATIVE NEGATIVE NEGATIVE NEGATIVE NEGATIVE NORMAL NEGATIVE NEGATIVE NORMAL NEGATIVE	PALE YELLOW CLEAR 6.0 1.015 1.002-1.030 NEGATIVE NORMAL NEGATIVE

Comment:

All urine samples are checked for adequacy and suitability before examination. All abnormal chemical examination are rechecked and verified by manual methods.

Microscopy findings are reported as an average of 10 high power fields.

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DR. APARNA NAIK MBBS DPB CONSULTANT PATHOLOGIST

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Patient Name

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Age/Gender

: 40 Y 0 M 3 D/F

UHID/MR No

: SCHE.0000087107

Visit ID Ref Doctor : SCHEOPV104093 : Dr.SELF Collected

: 26/Jul/2024 05:32PM

Received

: 26/Jul/2024 05:51PM

Reported

: 26/Jul/2024 07:28PM

Status

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DEDARTMENT	OF BIOCHEMISTI	RY

	DEPARTMENT			
Test Name	Result	Unit	Bio. Ref. Range	Method
UREA., SERUM	20.97	mg/dL	15-36	Urease
BLOOD UREA NITROGEN, SERUM	9.8	mg/dL	8.0 - 23.0	Calculated

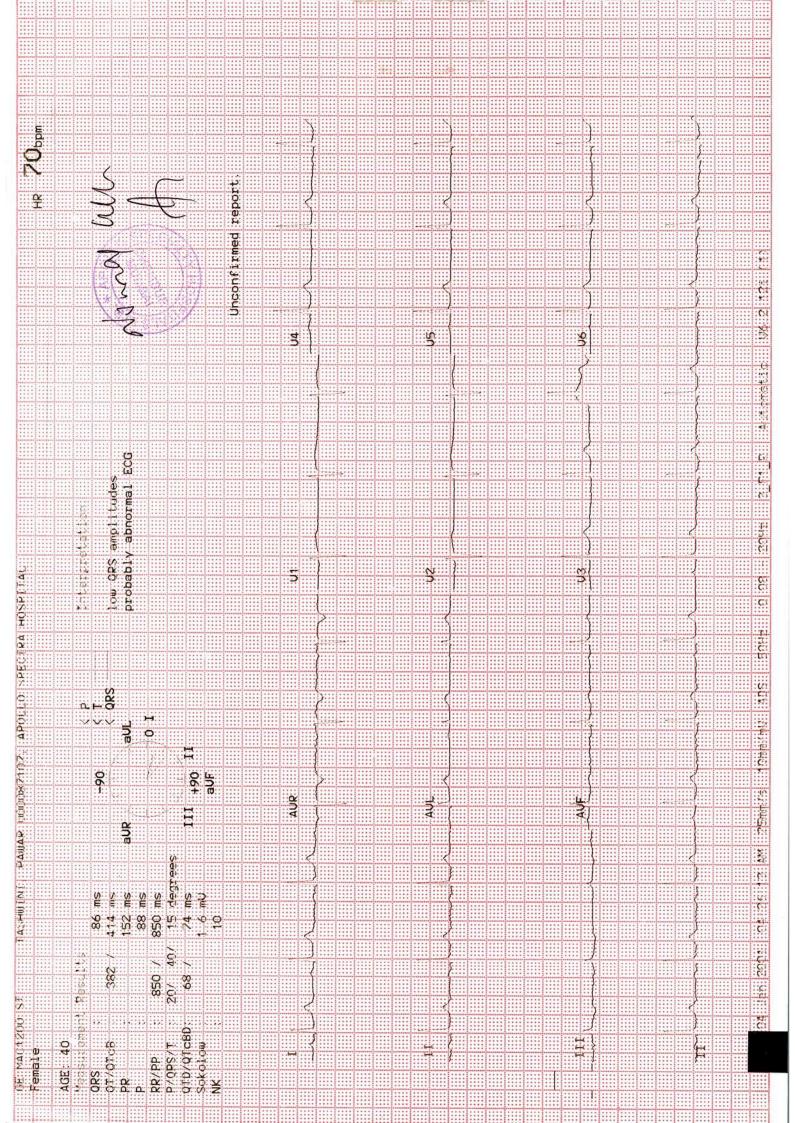
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Page 1 of 1



DR. APARNA NAIK

CONSULTANT PATHOLOGIST





APOLLO SPECTRA HOSPITALS

Sunder Baug, Ujagar Compound, Opp Deonar Bus Depot Main Gate, Off. Sion Trombay Road, Deonar, Chembur, Mumbai-400 088, Ph. No.: 022 4334 4600/09 www.apollospectra.com

CERTIFICATE OF MEDICAL FITNESS

This is to certify that I have conducted the Medical examination

Medically Fit	
 Fit with recommendations 	Though following observations have been revealed, in my opinion, these are not impediments to the job requirements.
	However the employee should follow the ad-
· Temporarily Unfit.	that has been communicated to him/her. Observations:
	Adv:
	Review:

Dr.Amit R Shobhawat M.B.D.N.B (Gen Medicine) F.C.C.M, Dip. Diabetology MC Registration - 2001/09/3124

APOLLO SPECIALTY HOSPITALS PRIVATE LIMITED

(Formerly known as Nova Specialty Hospitals Private Limited)
CIN: U85100TG2009PTC099414

Registered Office: #7-1-617/A,615 & 616, Imperial Towers,7th Floor, Opp. Ameerpet Metro Station, Ameerpet, Hyderabad, Telangana, Pin-500038.





: Mrs. Tashwini Prashant Pawar

Age

: 40 Y F

UHID

: SCHE,0000087107

OP Visit No

: SCHEOPV104072

Reported on

: 26-07-2024 12:20

Printed on

: 26-07-2024 12:34

Adm/Consult Doctor

Ref Doctor

: SELF

DEPARTMENT OF RADIOLOGY

X-RAY CHEST PA

Both lung fields and hila are normal.

No obvious active pleuro-parenchymal lesion seen .

Both costophrenic and cardiophrenic angles are clear.

Both diaphragms are normal in position and contour.

Thoracic wall and soft tissues appear normal.

CONCLUSION:

No obvious abnormality seen

Printed on:26-07-2024 12:20

---End of the Report---

Dr. JAVED SIKANDAR TADVI

MBBS, DMRD, Radiologist

Radiology

Apollo Spectra Hospitals: Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Deonar, Chembur, Mumbai - 400088 Ph No: 022 - 4334 4600 | www.apollospectra.com



Apollo Spectra HOSPITALS

1 10 1	OUT-PATI 26/07/24 87107 hwini Pryshunt Pan 40(m)	Consultant Dr. Amit 2001/09/3	Specialists in Surge B.(General Medicine) Shobhavat 3124 Dip. Diabetology
Pulse: 76 min	B.P: 120 170	Resp: (4	Temp: 47 X
Weight: 79.1	Height: \S	BMI: 35-2	Waist Circum : 100 114
General Examination / Allergi History No Convoided No Grand Les Inp No addnho Juthar Down	of Coromi	anagement Plan	Poz= 997. Chest= 96/99
Jathr Sm	My swally Follow up date:	Fit:	Doctor Signature

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Date MRNO Name :- Age / Gender : Mobile No:-	26/7/24	Consultant Reg. No:	Specialists in Surge OPHTHALMOLOGY Dr. Neeta Sharma 68446 MBBS, DIP. Opthal, DNB (Ophthal)
Pulse :	B.P ;	Resp:	Temp:
Weight:	Height:	BMI:	Waist Circum :
General Examination History		Slaw V. BO —	Normal Y Russis Y Runis Los Fru, 808

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Doctor Signature

Follow up date:





भारतीय विशिष्टं ओळख प्राधिकरण

भारत सरकार

Unique Identification Authority of India

Government of India

नोंदविण्याचा क्रमांक / Enrollment No 1207/34066/15848

To.

तश्वीनी प्रशांत पवार

Tashwini Prashant Pawar

W/O: Prashant Pawar

Room No.301, 3rd Floor, Building No.14

Near Tilaknagar Railway Station Kamgar Nagar, Chembur

Mumbai

Chembur Mumbai Mumbai Maharashtra 400071

Maharashtra 400071 8108440784

162 10 202

Ref: 485 / 310 / 89813 / 89815 / P

SA168657946FT



आपला आधार क्रमांक / Your Aadhaar No. :

9964 2290 1178

माझे आधार, माझी ओळख



भारत सरकार Government of India

तश्वीनी प्रशांत पवार Tashwini Prashant Pawar जन्म तारीख / DOB : 23/07/1984 स्त्री / Female



9964 2290 1178

माझे आधार, माझी ओळख

Ccf Team

From:

noreply@apolloclinics.info

network@mediwheel.in

Sent:

24 July 2024 14:01

To: Cc:

cc.cbr@apollospectra.com; syamsunder.m@apollohl.com;

foincharge.cbr@apollospectra.com

Subject:

Your appointment is confirmed



Dear Tashwini Prashant Pawar,

Greetings from Apollo Clinics,

Your corporate health check appointment is confirmed at SPECTRA CHEMBUR clinic on 2024-07-26 at 08:00-08:15.

Payment Mode	
Corporate Name	ARCOFEMI HEALTHCARE LIMITED
Agreement Name	[ARCOFEMI MEDIWHEEL PMC CREDIT PAN INDIA OP AGREEMENT]
Package Name	[ARCOFEMI - MEDIWHEEL - PMC PACK I - PAN INDIA - FY2324]

"Kindly carry with you relevant documents such as HR issued authorization letter and or appointment confirmation mail and or valid government ID proof and or company ID card and or voucher as per our agreement with your company or sponsor."

Note: Video recording or taking photos inside the clinic premises or during camps is not allowed and would attract legal consequences.

Note: Also once appointment is booked, based on availability of doctors at clinics tests will happen, any pending test will happen based on doctor availability and clinics will be updating the same to customers.

Instructions to be followed for a health check:

- 1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
- 2. During fasting time do not take any kind of alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning. If any medications taken, pls inform our staff before health check.
- 3. Please bring all your medical prescriptions and previous health medical records with you.



APOLLO SPECTRA HOSPITALS

Sunder Baug, Ujagar Compound, Opp. Deonar Bus Depot Main Gate, Off. Sion Trombay Road, Deonar, Chembur, Mumbai-400 088. Ph. No.: 022 4334 4600-9

www.apollospectra.com

Patient Name : Mrs. Tashwini Prashant Pawar Age/Gender : 40 Y/F

UHID/MR No. : SCHE.0000087107 **OP Visit No** : SCHEOPV104072 Sample Collected on Reported on : 26-07-2024 12:20

LRN# : RAD2388460 Specimen

Ref Doctor : SELF Emp/Auth/TPA ID : 528973

DEPARTMENT OF RADIOLOGY

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Dr. JAVED SIKANDAR TADVI MBBS, DMRD, Radiologist

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Radiology