

4

Subject: Health Check up Booking Confirmed Request(bobS47977),Package Code-PKG10000227, Beneficiary Code-27166

Mediwheel <wellness@mediwheel.in>
Sent: Tue, 10 Oct 2023 18:16:34 GMT+0530
To: You
Cc: customercare@mediwheel.in

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MedSave

011-41195959
Email:wellness@mediwheel.in

Hi Metro Hospital & Heart Institute,
Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar
We have received the confirmation for the following booking .

Beneficiary Name : PKG10000227
Beneficiary Name : SAURABH SAURAV JOSHI
Member Age : 33
Member Gender : Male
Member Relation : Spouse
Package Name : Medi-wheel Full Body Health Checkup Male Below 40
Location : HARDWAR,Uttarakhand-249401
Contact Details : 8764473215
Booking Date : 10-10-2023
Appointment Date : 14-10-2023

Instructions to undergo Health Check:

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

For Women:

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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Dear **Metro Hospital & Heart Institute,**

City : Haridwar . **Address :** Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,

We have received the confirmation for the following booking .

Name : SAURAV JOSHI
Age : 30
Gender : Female
Package Name : Medi-wheel Full Body Health Checkup Male Below 40
Contact Details : 8764473215
Booking Date : 10-10-2023
Appointment Date : 14-10-2023

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
SAURAV JOSHI	33	Male	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-wheel Full Body Health Checkup Male Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen , Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

4

Metro Hospital & Heart Institute, Haridwar

Health Check-up Certificate

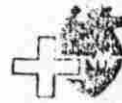
COMPANY... Mediwheel (12012)

EMPLOYEE NO..... DEPTT..... DATE..... 14/01/23
 NAME... ^{SAURABH} ~~Saurabh~~ Joshi..... AGE/SEX... 33M..... DOB... 26-2-1990
 DESIGNATION..... MOBILE NO... 8764473215
 CHEST (INSP)... 99 cm. CHEST (EXP)... 92 cm. CHEST EXPANSION... 07 cm
 HEIGHT... 170 cm. WEIGHT... 82 Kg. BMI.....
 P/R... 76 per mt. BP... 140/95 mmHg SIGN OF EMP... Saurabh Joshi

EXAMINATION/INVESTIGATIONS

No	Investigations	Room No	Result
✓1	LAB INVESTIGATIONS	Path Lab	Hb <u>13.0 gm/l</u> TLC <u>5600</u> / DLC <u>60/30/10</u> F <u>91</u> / PP <u>ND</u> / RBS <u>WBAK 6.0 y.</u>
	BLOOD SUGAR F/PP/RANDOM	Path Lab	
	BLOOD GROUP	Path Lab	<u>O+</u>
✓2	URINE	Path Lab	ALS <u>NIL</u> / Sugar - <u>NIL</u>
✓3	STOOL	Path Lab	<u>NR</u>
✓4	X RAY CHEST PA	Radiology	<u>NAD</u>
✓5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Gr I fatty liver</u>
✓6	ECG	Health check up	<u>WNL</u>
✓7	ECHO	Radiology	<u>Normal study</u>
8	TMT	Radiology	-
9	PFT	Health check up	-
10	AUDIOMETRY	25	-
11	ENT EXAM	25	-
✓12	DENTAL EXAMINATION	24	<u>Status Normal / Hygiene good</u>
✓13	ACUITY OF VISION/COLOUR VISION	13	<u>DR of</u> <u>6/6</u> <u>N/A</u> <u>N/A</u> <u>ev (N)</u>
✓14	EXAMINATION BY PHYSICIAN	23	<u>FUZION</u>
15	Observations -		<u>TAF - WNL</u> <u>Lipid Profile - WNL</u> <u>LFT - & Bilirubin</u> <u>KFT - WNL</u>

DR. ANIL SINGH
 MBBS, AFIH, DHA
 Consultant Occupational Health
 Reg No -UKMC-2831
 Metro Hospital & Heart Institute
 SIDCUI Haridwar - 249403 (U.K.)



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Patient Name... Saurav Joshi Age/Sex..... Reg.No.....

Doctor... Dr. Naman Agarwal

Date.....

Time.....

DENTAL EXAMINATION

➤ TEETH STATUS = Normal

• MISSING - NIL

• DECAYED - NIL

➤ ORAL HYGIENE STATUS = Good

• STAINS - NIL

• CALCULUS - NIL

[Handwritten signature]



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we treat...HE CURES

**Metro Hospital
& Heart Institute**

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OPD CONSULTATION

Patient Name Sawrah Joshi Age/Sex 36y/M Reg. No.

Doctor's Name Dr. Sushil Kumar

Date 14/10/23 Time

OPHTHALMIC EXAMINATION

VISION

DISTANCE VISION-

Rt 6/6
Lt 6/6

NEAR VISION-

Rt N/6
Lt N/6
— Normal

COLOUR VISION

EYE EXAMINATION

- Cornea
- Ant Chamber
- Pupil
- Fundus Examination

ADVICE-

Dr. Sushil Kumar, MBBS, MS (Ophtho)
Consultant Ophthalmology
Metro Hospital & Heart Institute
Sidcul, Haridwar, Signature [Signature]
2672 (UK)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403
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Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

hr 67 bpm

Mr Saugabh Joshi
33y/M
14-10-13

Interpretation:

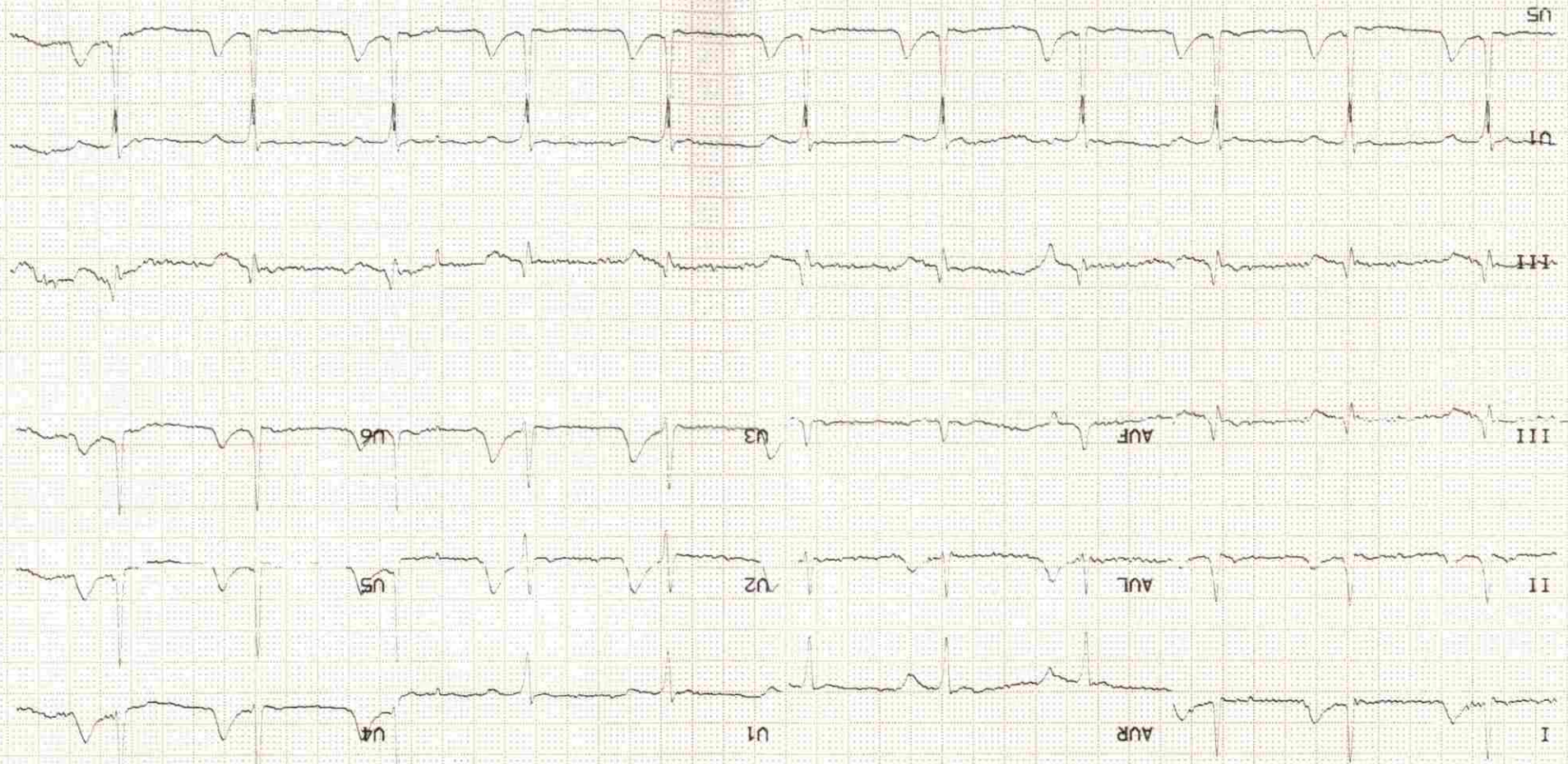
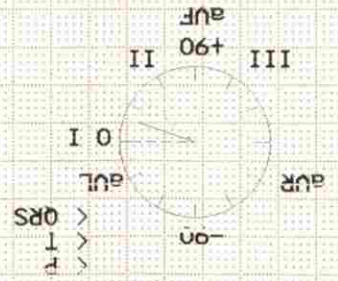
probably MI (inferior)
R/S inversion area between U1 and U2

probably abnormal ECG

Unconfirmed report

Measurement Results:

QRS	96 ms
QT/QTcB	358 / 381 ms
PR	144 ms
P	112 ms
RR/PP	884 / 880 ms
P/QRS/T	40 / 20 / 0 degrees
QTd/QTcBD	60 / 64 ms
Sokolow	2.2 mV
NK	9





Radiology Investigation Report

Name : Mr. Saurabh Joshi
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311300
Date : 14/10/2023

Age/Sex : 33 Y/M
UHID NO : 2023017997
Request No : 70240484

USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in size, shape, outline & **raised echotexture**. No focal area of abnormal echogenicity is seen in liver. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is normal in shape & size. Gall bladder wall is not thick. No mass lesion / calculus is seen in gall bladder. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus is seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesical calculus is seen in bladder. Ureterovesical junctions appear normal.

Prostate is normal in shape, outline & echotexture. Prostatic capsule & periprostatic facial planes appear normal.

IMPRESSION : Grade I fatty liver.

DR. PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

Note:

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.



Radiology Investigation Report


Name : Mr. Saurabh Joshi
Ref. By : Dr. ANIL SINGH
IP/OP : OP/202311300
Date : 14/10/2023

Age/Sex : 33 Y/M
UHID NO : 2023017997
Request No : 70240484

X-RAY CHEST PA View

Cardiac contour & size are normal.
Trachea is central.
Lung fields are clear.
Hilar shadows are normal.
Costophrenic angles are clear.
Bony rib cage is normal.

IMPRESSION: NORMAL CHEST.


DR.PRAKASH CHANDRA PANDEY
MBBS, DMRD
CONSULTANT RADIOLOGIST

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2D ECHOCARDIOGRAPHY

Name:	Mr. Saurabh Joshi	UHID No:	2023017997
Age/Sex:	33Y/M	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	14.10.2023

ACOUSTIC WINDOW: Normal

MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.0	(0.6 – 1.1 cm)
LVPW (ED)	0.9	(0.6 – 1.1 cm)
LVID (ED)	4.5	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.6	(2.0 – 3.7 cm)
LA dimension	2.9	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	60%	(55 – 75%)

MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 59, A – 73, E/A<1	
Aortic	Nil	Vel – 108	
Tricuspid	Trace	Vel – 265	PASP – 32
Pulmonary	Nil	Vel – 98	

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FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- No RWMA
- LVEF~60%
- Grade I LVDD
- Trace MR, Trace TR, PASP 32 mmHg
- No pericardial effusion
- No Intracardiac clot

Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)
Consultant Interventional Cardiology
UKMC Reg. No: 12883



Dr. Ajit Kumar

MBBS, PGDCC
Associate Consultant, Cardiology
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)



Pathology Report

Name : Mr. Saurabh Joshi
 Ref. By : Dr. ANIL SINGH
 IP/OP : OP/202311300
 Sample Date : 14/10/2023
 Reporting Date: 15/10/2023

Age/Sex : 33 Y/M
 UHID : 2023017997
 Request No. : 10374719
 Sample Time : 10:08
 Reporting Time : 00:54

Test	Result	Unit	Bio. Ref. Inter. Test Method
------	--------	------	------------------------------

Hematology

CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)

HB	13.0	gm/dl	M - 13-18
TLC	7650	/cumm	4000-11000
DLC (WBC DIFFERENTIAL)			
NEUTROPHILS	60	%	45-75
LYMPHOCYTES	30	%	25-45
EOSINOPHILS	04	%	1-6
MONOCYTES	06	%	2-8
BASOPHILS	00	%	--<2
RBC	5.10	million	3.5-5.5
PCV	43.6	%	36-52
MCV	85.5	fL	80-100
MCH	25.5	PG	27-32
MCHC	29.8	gm/dl	31-37
PLATELET COUNT	2.69	lakh/cumm	1.5-4.5
RDW	13.4	%	11.5-15
BLOOD GROUP			
ABO	O		-
Rh	POSITIVE		-
ESR	19	mm/hr	20

Serology & Immunology

THYROID PROFILE

T3	2.33	nmol/L	1.70-3.10
T4	9.87	µg/dl	5.95-15.4
TSH	1.86	µIU/L	0.46-4.68

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

[Signature]
 Checked By

Note:

1. These reports are mere estimation of values at that particular time and are liable to vary/change in different conditions in different laboratories.
2. The values are to be collaborated with clinical findings by qualified doctor and any alarming and unexpected results should be reported to Lab urgently for recheck and manual typing errors.
3. These reports are not valid for medicolegal purposes and all doctor unsigned reports should be considered provisional only.
4. All card based tests are screening test therefore need confirmation by other alternative test like (PCR, ELISA).

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Age/Sex : 33 Y/M
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 Request No. : 10374719
 Sample Time : 10:08
 Reporting Time: 00:54

Test	Result	Unit	Bio. Ref. Inter. Test Method
Biochemistry			
HB1AC	6.0	%	4.5-6.3
BLOOD SUGAR -PP	110.0	mg/dl	70.0-140.0
BLOOD SUGAR -FASTING	91.0	mg/dl	70.0-110.0
LIPID PROFILE			
TOTAL CHOLESTEROL	148.0	mg/dl	00-250.0
HDL-CHOLESTEROL	41.0	mg/dl	00-50.0
LDL	90.0	mg/dl	00-150.0
TRIGLYCERIDES	86.0	md/dl	30-150
VLDL	17.0	mg/dl	0-50
CHOL/HDL Ratio	3.6		<4.5
LFT (LIVER FUNCTION TEST)			
BILIRUBIN INDIRECT	0.56	mg/dl	0.2-0.8
SGOT	29.0	U/L	10-42
SGPT	28.0	U/L	10-42
BILIRUBIN TOTAL	1.56	mg/dl	0.2-1.0
ALKALINE PHOSPHATASE	70.0	IU/L	28-111
BILIRUBIN DIRECT	1.00	mg/dl	0.1-0.4
TOTAL PROTEIN	7.5	gm/dl	6.4-8.2
ALBUMIN	4.0	g/dl	3.5-5.0
GLOBULIN	3.5	gm/dl	2.0-4.0
AG RATIO	1.1		-
KFT (KIDNEY FUNCTION TEST)			
UREA	24.9	mg/dl	15-45
SODIUM	143.0	mmol/L	135-155
CREATININE	0.71	mg/dl	0.6-1.3
URIC ACID	6.9	mg/dl	3.0-7.6
BUN	11.8	mg/dl	05-20
POTTASSIUM	4.2	mmol/L	3.5-5.5
CALCIUM	9.8	mg/dl	8.5-10.5

*** End of Reports ***

Dr. Vishal Arora
 MBBS, DCP
 (Consultant Pathologist)

Checked By

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 Request No. : 10374719
 Sample Time : 10:08
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Test	Result	Unit	Bio. Ref. Inter. Test Method
Urine Examination			
URINE SUGAR	NIL		
URINE ROUTINE ANALYSIS			
PHYSICAL EXAMINATION			
COLOUR	PALE YELLOW		
TRANSPARENCY	CLEAR		
S. GRAVITY	1.020		
CHEMICAL EXAMINATION			
ALBUMIN	NIL		
SUGAR	NIL		
pH	6.0		
BLOOD	NIL		
KETONE	NIL		
MICROSCOPIC EXAMINATION			
PUS CELLS	2-3		
EPITHELIAL CELLS	1-2		
RBC	NIL		
CRYSTALS	NIL		
CAST	NIL		
BACTERIA	NIL		
AMORPHOUS PHOSPHATE	NIL		
AMORPHOUS URATES	NIL		

*** End of Reports ***

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10/15/2023 1:51 AM