

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,  
Mediwheel (Arcofemi Healthcare Limited)  
Helpline number: 011- 41195959

Dear Sir / Madam,

**Sub: Annual Health Checkup for the employees of Bank of Baroda**

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. PANDEY SANTOSH KUMAR
EC NO.	110006
DESIGNATION	CREDIT
PLACE OF WORK	SEMRAUTA
BIRTHDATE	18-05-1991
PROPOSED DATE OF HEALTH CHECKUP	09-07-2022
BOOKING REFERENCE NO.	22S110006100021582E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **07-07-2022** till **31-03-2023** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

**Chief General Manager**  
**HRM Department**  
**Bank of Baroda**

  
**Dr. Pawan Kumar Singh**  
M.B.B.S. DNB (Medicine)  
UPMCI-61/80  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))





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भारत सरकार  
Unique Identification Authority of India  
Government of India

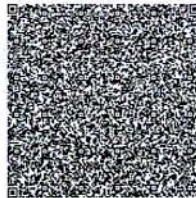
नामांकन क्रम/ Enrolment No.: 1469/70815/27210

To  
संतोष कुमार पाण्डेय  
Santosh Kumar Pandey  
S/O Dwarika Prasad Pandey  
Post Nandarai Thana Baldirai  
Pure Guljar Pandey  
Atoula  
Atoula  
Sultanpur Uttar Pradesh - 227814  
9794146294

Download Date: 26/04/2019  
Generation Date: 24/02/2018

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AUTHORITY OF INDIA  
Date: 2019.04.26 11:29:20  
IST



QR Code with Photograph

आपका आधार क्रमांक / Your Aadhaar No. :

**7108 1027 6455**

VID : 9190 4358 0187 5372

मेरा आधार, मेरी पहचान



भारत सरकार  
Government of India



संतोष कुमार पाण्डेय  
Santosh Kumar Pandey  
जन्म तिथि/DOB: 18/05/1991  
पुरुष/ MALE

**7108 1027 6455**

VID : 9190 4358 0187 5372

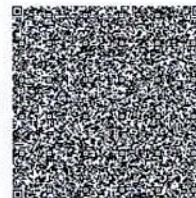
मेरा आधार, मेरी पहचान



भारतीय विशिष्ट पहचान प्राधिकरण  
Unique Identification Authority of India

पता:  
S/O द्वारिका प्रसाद पाण्डेय, पुरे गुलजार पाण्डेय, पोस्ट  
नंदरई थाना बल्दीराय, अतौला, सुल्तानपुर,  
उत्तर प्रदेश - 227814

Address:  
S/O Dwarika Prasad Pandey, Pure Guljar  
Pandey, Post Nandarai Thana Baldirai,  
Atoula, Sultanpur,  
Uttar Pradesh - 227814



QR Code with Photograph

**7108 1027 6455**

VID : 9190 4358 0187 5372


मेरा आधार, मेरी पहचान

*[Handwritten Signature]*

*[Handwritten Signature]*

**Dr. Pawan Kumar Singh**  
M.B.B.S. DNB (Medicine)  
UPMCI-61370  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)




**बैंक ऑफ बड़ोदा**  
**Bank of Baroda**

नाम / Name- **SANTOSH KUMAR PANDEY**  
 कर्मचारी कूट नं./E.C.No.-110006

रक्त समूह/Blood Group-  
 पहचान चिह्न /Identification Marks- **Mole below left eye**

जारीकर्ता प्राधिकारी (उ.सं.प.)  
**Issuing Authority (D.R.M.)**

धारक के हस्ताक्षर  
**Signature of Holder**

कृपया मिलने पर सचित करें- वरिष्ठ प्रबन्धक (संरक्षण) मो०-860180-4408  
 वरिष्ठ कर्मचारी-229010

*Santosh*

  
**Dr. Pawan Kumar Singh**  
 M.B.B.S. DNB (Medicine)  
 UPMCI-61330  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



MR SANKAR KUMAR PANDEY

09.07.2022 9.45.33  
JPK CLINIC AND DIAGNOSTICS  
NORMAL COMPOUND SUPER MARKET  
SULTANPUR

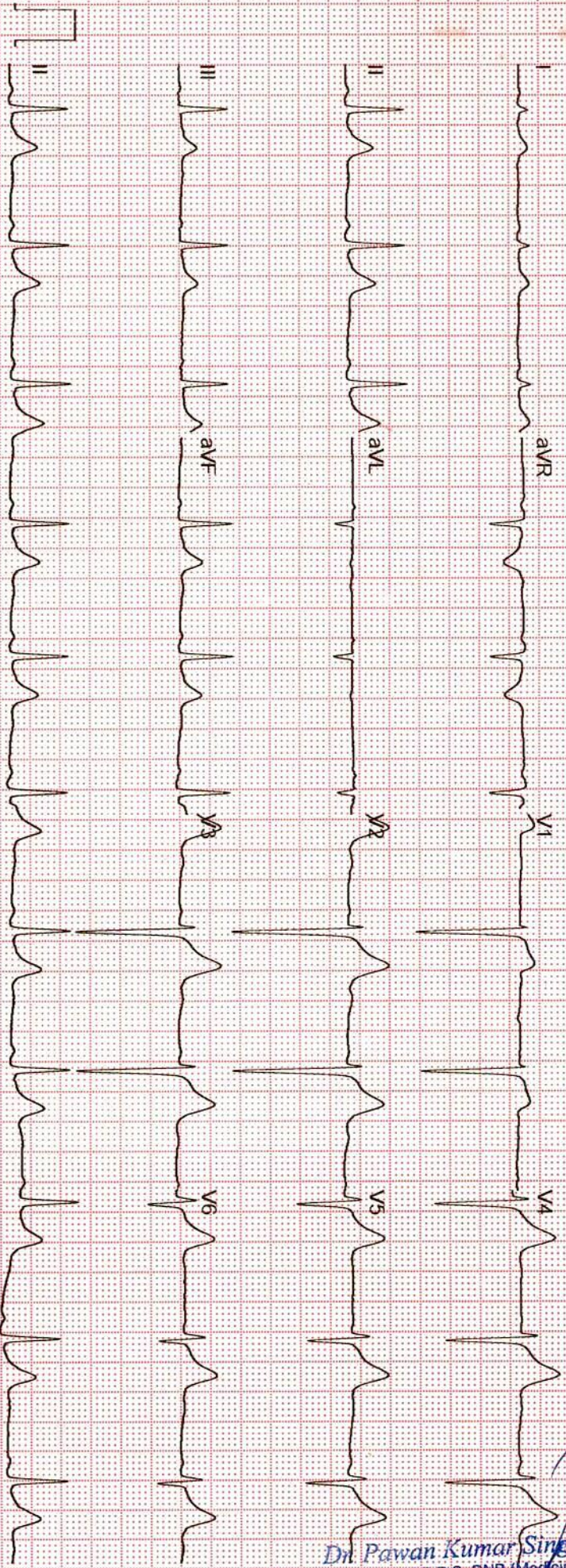
Location:  
Room:  
Order Number:  
Indication:  
Medication 1:  
Medication 2:  
Medication 3:

Technician:  
Ordering Ph: DR. J.P. SINGH  
Referring Ph:  
Attending Ph:

66 bpm  
/ / mmHg

QRS 82 ms  
QT / QTcBaz 384 / 402 ms  
PR 134 ms  
P 88 ms  
RR / pp 912 / 909 ms  
P / QRS / T 41 / 79 / 66 degrees

Normal sinus rhythm  
Normal ECG



Dr Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Medical Officer & Consultant Physician  
JPK Clinic & Diagnostics  
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56.20.HZ 50.HZ 4X2.5X3\_25\_R1 1/1

Unconfirmed





सर्वे सन्तु निरामया

# राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 4,601

Patient Name : Mr. SANTOSH KUMAR PANDEY

Age (Y-M-D) : 30 - 0 - 0

Sex : Male

Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.: 09-Jul-22 12

Receiving Date : 09-Jul-2022

Reporting Date :

## ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

### LIVER

: Liver is normal in size and echogenicity .  
No focal or diffuse mass lesion seen.No IHBD dilatation seen.

### GALL BLADDER

: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.

### PV/CBD

: Portal vein and CBD are normal in their course and calibre.

### PANCREAS

: Pancreas is normal in size, contous & echotexture.

### SPLEEN.

: Spleen is normal in size mm and echogenicity.  
No focal or diffuse mass lesion seen.

### KIDNEYS

: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.

### URETER

: B/L ureters are normally visualized.

### U.BLADDER

: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.

### PROSTATE

: Prostate is normal in size,shape & echo-texture.  
No mass lesion is seen .

### POST VOID

: Not done.

### BOWEL

: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity.  
No obvious lymphadenopathy noted.

### IMPRESSION

: **NORMAL FINDINGS**

Dr. Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
In-charge & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar  
M.B.B.S. MS  
Reg No. 29176  
Dr. Amit Kumar  
(Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



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डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड, ई.सी.जी.

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 4,614  
 Patient Name : Mr. SANTOSH KUMAR PANDEY  
 Age (Y-M-D) : 30 - 0 - 0  
 Sex : Male  
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.-: 09-Jul-2022  
 Receiving Date : 09-Jul-2022  
 Reporting Date :

## X-RAY CHEST P.A.

TRACHEA- : Trachea is central,  
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.  
 ANGLES- : Both costophrenic angles are clear.  
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.  
 C / T RATIO- : Normal  
 MEDIASTINUM- : no mediastinal shift is seen.  
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.  
 IMPRESSION- : **NORMAL FINDING**

*Dr. Pawan Kumar Singh*  
 M.B.B.S. DNB (Medicine)  
 UP/MCI-61330  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

*Dr. Amit Kumar*  
 M.B.B.S. MS  
 Reg.No.-29176

*Dr. Amit Kumar*  
 (Sonologist.)



**Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.**

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.  
 If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



# JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)  
**An ISO 9001:2015 Certified Center**  
Super Market, Sultanpur -228 001 (U.P.)  
Ph. : 05362-241192, 9196008963  
[www.jpkhospitals.com](http://www.jpkhospitals.com)



Patient ID : JPK-MRN-37243  
Patient Name : SANTOSH KUMAR PANDEY  
Age/Gender : 31Y/ M  
Date/Time : 09-07-2022/18:03  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>BIO-CHEMISTRY</b>		
<b>FASTING BLOOD SUGAR</b>		
LRN-110695		
Fasting Blood Sugar	90.0 mg/dL	65-110 mg/dL
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	10-07-2022/14:20	
<b>URIC ACID</b>		
LRN-110695		
Uric Acid	5.3 mg/dL	3.5-7.2 mg/dL
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	10-07-2022/14:21	
<b>PSA TOTAL</b>		
LRN-110695		
PSA TOTAL	1.32 ng/mL	MALE 0.0-4.0 ng/mL
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	10-07-2022/14:21	
<b>GAMMA GLUTAMYL TRANSFERASE (GGT)</b>		
LRN-110695		
GGT	24.2 U/L	5-36 U/L (Female) 8-61 U/L (Male)
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	10-07-2022/14:20	
<b>SERUM CREATININE</b>		
LRN-110695		
Serum Creatinine	0.7 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*  
M.B.B.S. DNB (Medicine)  
UPMCI-61320  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

*Dr. SHIWANGI*  
MBBS, DCP. (DNB)  
Consultant Pathologist  
JPK Clinic & Diagnostics  
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## Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound

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Patient Name : SANTOSH KUMAR PANDEY  
Age/Gender : 31Y/ M  
Date/Time : 09-07-2022/18:03  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
Sample Collection Time 09-07-2022/18:14:26 Result Approval Time 10-07-2022/14:21 LRN-110696	<b>POST PRANDIAL BLOOD GLUCOSE</b>	
Post Prandial Blood Glucose	106.0 mg/dL	90-140 mg/dL
Sample Collection Time 09-07-2022/18:14:26 Result Approval Time 10-07-2022/14:21 LRN-110704	<b>HBA1C</b>	
Glycosylated Haemoglobin	4.2 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL > 8% - ACTION SUGGESTED
Sample Collection Time 09-07-2022/18:14:26 Result Approval Time 10-07-2022/14:21 LRN-110697	<b>BLOOD UREA NITROGEN (BUN)</b>	
Blood Urea Nitrogen (BUN)	10.2 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult 8-23 mg/dL Adult > 60Yr
Sample Collection Time 09-07-2022/18:14:26 Result Approval Time 10-07-2022/14:21 LRN-110697	<b>LIPIDPROFILE</b>	
Total Cholesterol	142.3 mg/dL	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	118.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	56.3 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL

Rakesh Sharma  
Lab Technician

Dr. Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. SHI WANG  
MBBS, DCP (DNB)  
Consultant Pathologist  
JPK Clinic & Diagnostics  
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Patient Name : SANTOSH KUMAR PANDEY  
Age/Gender : 31Y/ M  
Date/Time : 09-07-2022/18:03  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
LDL	87.1 mg/dL	Optimal < 100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high > 190 mg/dL
VLDL	23.6 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.5	( Less than 5.0 )
LDL/HDL	1.5	UPTO 3.5
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	11-07-2022/14:41	
LRN-110697		
<b>LIVER FUNCTION TEST (LFT)</b>		
Bilirubin Total	0.58 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.32 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.26 mg/dL	0.0 - 0.8 mg/dL
SGOT	35.2 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	30.6 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	86.9 U/L	UPTO 125 U/L
Total Protein	6.87 g/dL	6.0 - 8.0 g/dL
Albumin	4.38 g/dL	3.5 - 5.2 g/dL
Globulin	2.49 g/dL	1.5 - 3.0 g/dL
A/G	2.7	1 - 2
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	11-07-2022/14:31	

  
Rakesh Sharma  
Lab Technician

  
**Dr. Pawan Kumar Singh**  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

  
**Dr. SHIWANGI**  
MBBS, DCP. (DNB)  
Consultant Pathologist  
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Age/Gender : 31Y/ M  
Date/Time : 09-07-2022/18:03  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>HAEMATOLOGY</b>		
<b>COMPLETE BLOOD COUNT</b>		
LRN-110702		
Haemoglobin	9.9* g/dL	13-18g/dL ( > 15yr Adult Male) 12-15g/dL ( > 15yrAdult Female)
WBC Count	3350*	4000-11,000/cumm
Differential Count		
Neutrophils	43 %	40-75 %
Lymphocytes	50 %	20-45 %
Monocytes	05 %	02-10 %
Eosinophils	02 %	01-08 %
Basophils	00 %	00-01 %
RBC Count	2.84* million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	27.8* %	40-54 % ( > 15yr Adult Male) 34-48 % ( > 15yr Adult Female)
MCV	97.9* fl	75-95 fl
MCH	35.0* pg	26-32 pg
MCHC	35.7 %	30-35%
Platelet Count	150000 cells/cumm	150000-400000 cells/cumm
Mean Platelet Volume(MPV)	15.4 fL	7.5-11.5 fL
RDW-CV	20.1* %	11-16 %
RDW-SD	77.3* %	35-56 %
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	10-07-2022/14:21	
LRN-110699		
<b>BLOOD GROUPING AND RH TYPING</b>		
Blood Group	AB	-
RH Typing	POSITIVE (+)	-
Sample Collection Time	09-07-2022/18:14:26	
Result Approval Time	10-07-2022/14:21	

Rakesh Sharma  
Lab Technician

Dr. Pawan Kumar Singh  
M.B.B.S. DNB (Medicine)  
UPMCI-61330  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

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Patient Name : SANTOSH KUMAR PANDEY  
Age/Gender : 31Y/ M  
Date/Time : 09-07-2022/18:03  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

LRN-110703

### ERYTHROCYTE SEDIMENTATION RATE (ESR)

Erythrocyte Sedimentation rate (... 10 mm/hr

0-10 mm/hr

Sample Collection Time 09-07-2022/18:14:26

Result Approval Time 10-07-2022/10:43

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*

M.B.B.S. DNB (Medicine)  
UPMCI-61330

Director & Consultant Physician  
JPK Clinic & Diagnostics  
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*Dr. SHIWANGI*

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Consultant Pathologist

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(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : JPK-MRN-37243  
Patient Name : SANTOSH KUMAR PANDEY  
Age/Gender : 31Y / M  
Date/Time : 09-07-2022 / 18:03  
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
<b>CLINICAL PATHOLOGY</b>		
<i>LRN-110700</i>		
<b>URINE R/M</b>		
Physical Examination		
Quantity in ml	20 ML	
Urine Color	PALE YELLOW	
Reaction	ACIDIC	
Chemical Examination		
Leukocytes	NEGATIVE	
Nitrite	NEGATIVE	
Urobilinogen	NEGATIVE	
pH	6.0	
Blood	NEGATIVE	
Sp. Gravity	1.025	
Ketone	NEGATIVE	
Bilirubin	NEGATIVE	
Glucose	NEGATIVE	
Protein	NEGATIVE	
Microscopic Examination		
Epithelial Cells	1-2/HIGH POWER FIELD	
RBC	NIL	
Pus Cells	3-4/HIGH POWER FIELD	
Casts	NOT SEEN	
Crystals	NOT SEEN	
Sample Collection Time	09-07-2022 / 18:14:26	
Result Approval Time	10-07-2022 / 10:43	

Rakesh Sharma  
Lab Technician

*Dr. Pawan Kumar Singh*  
M.B.B.S. DNB (Medicine)  
UPMCI-61390  
Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

**Dr. SHIWANGI**  
MBBS, DCP. (DNB)  
Consultant Pathologist  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

This is an Electronically Generated Report  
This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory investigations are dependent on multiple variables. These results should not be reproduced in part.

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## Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound



# JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : JPK-MRN-37243  
Patient Name : SANTOSH KUMAR PANDEY  
Age/Gender : 31Y/ M  
Date/Time : 09-07-2022/18:03  
Referred By : SELF

## INVESTIGATION

## RESULT

## REFERENCE RANGE

### CHEMILUMINESCENCE IMMUNOASSAY

LRN-110698

### THYROID FUNCTION TEST (T3, T4, TSH)

T3	1.63 ng/mL	0.69-2.15
T4	85.7 ng/mL	52-127
TSH	2.18 $\mu$ U/mL	21 weeks- 20 years: 0.7-6.4 $\mu$ U/mL 21-54 years: 0.4 - 4.2 $\mu$ U/mL 55- 87 years: 0.5 - 8.9 $\mu$ U/mL Pregnancy: 1st Trimester: 0.24 - 2.99 $\mu$ U/mL 2nd Trimester: 0.46 - 2.95 $\mu$ U/mL 3rd Trimester: 0.43 - 2.78 $\mu$ U/mL Pediatric Ranges: Cord Blood: 2.3 - 13.2 $\mu$ U/mL 1 - 2 days: 3.2 - 34.6 $\mu$ U/mL 3 - 4 days: 0.7 - 15.4 $\mu$ U/mL 2- 20 weeks: 1.7 - 9.1 $\mu$ U/mL

Sample Collection Time 09-07-2022/18:14:26

Result Approval Time 10-07-2022/14:21

Rakesh Sharma  
Lab Technician

Dr. Pawan Kumar Singh  
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Consultant Pathologist  
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(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

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This report is based on the specimen/s received. The report may need to be correlated clinically as laboratory investigations are dependent on multiple variables. These results should not be reproduced in part.

Page 7 of 7

## Facilities Available

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- Microbiology
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- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound



## EXERCISE STRESS TEST REPORT

Patient Name: PANDEY, SANTOSH  
Patient ID: 30090  
Height:  
Weight:

DOB: 18.05.1991  
Age: 31yrs  
Gender: Male  
Race: Indian

Study Date: 08.07.2022  
Test Type: --  
Protocol: BRUCE

Referring Physician: --DR J P SINGH  
Attending Physician: Dr. J.P. Singh  
Technician: --

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	01:01	0.00	0.00	86		
	STANDING	00:22	0.00	0.00	87		
	HYPERV.	00:18	0.00	0.00	88		
EXERCISE	WARM-UP	00:27	1.60	0.00	81		
	STAGE 1	03:00	2.70	10.00	121	119/67	
	STAGE 2	03:00	4.00	12.00	146	122/70	
	STAGE 3	03:00	5.40	14.00	164	122/70	
	STAGE 4	01:07	6.70	16.00	173		
RECOVERY		01:03	2.40	0.00	150		

The patient exercised according to the BRUCE for 10:07 min:s, achieving a work level of Max. METS: 13.30. The resting heart rate of 85 bpm rose to a maximal heart rate of 173 bpm. This value represents 91 % of the maximal, age-predicted heart rate. The resting blood pressure of --/-- mmHg, rose to a maximum blood pressure of 122/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

### Interpretation

Summary: Resting ECG: normal.  
Functional Capacity: normal.  
HR Response to Exercise: appropriate.  
BP Response to Exercise: normal resting BP - appropriate response.  
Chest Pain: none.  
Arrhythmias: none.  
ST Changes: none.  
Overall impression: Normal stress test.

### Conclusions

--

*Dr. Pawan Kumar Singh*  
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UP/CI-61330  
Director/Consultant Physician  
JPK Clinic & Diagnostics  
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**PANDEY, SANTOSH**

Patient ID 30090

08.07.2022

Male

10:14:23am

31yrs Indian

Meds:

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Test Type:

Comment:

BRUCE: Total Exercise Time 10:07

Max HR: 173 bpm 91% of max predicted 189 bpm HR at rest: 85

Max BP: 122/70 mmHg Max RPP: 19764 mmHg\*bpm

Maximum Workload: 13.30 METS

Max. ST: -0.80 mm, 0.00 mV/s in II; EXERCISE STAGE 3 07:29

ST/HR index: 0.56  $\mu$ V/bpm

**Reasons for Termination:** Target heart rate achieved

**Summary:** Resting ECG: normal. Functional Capacity: normal. HR Response to

Exercise: appropriate. BP Response to Exercise: normal resting BP - appropriate

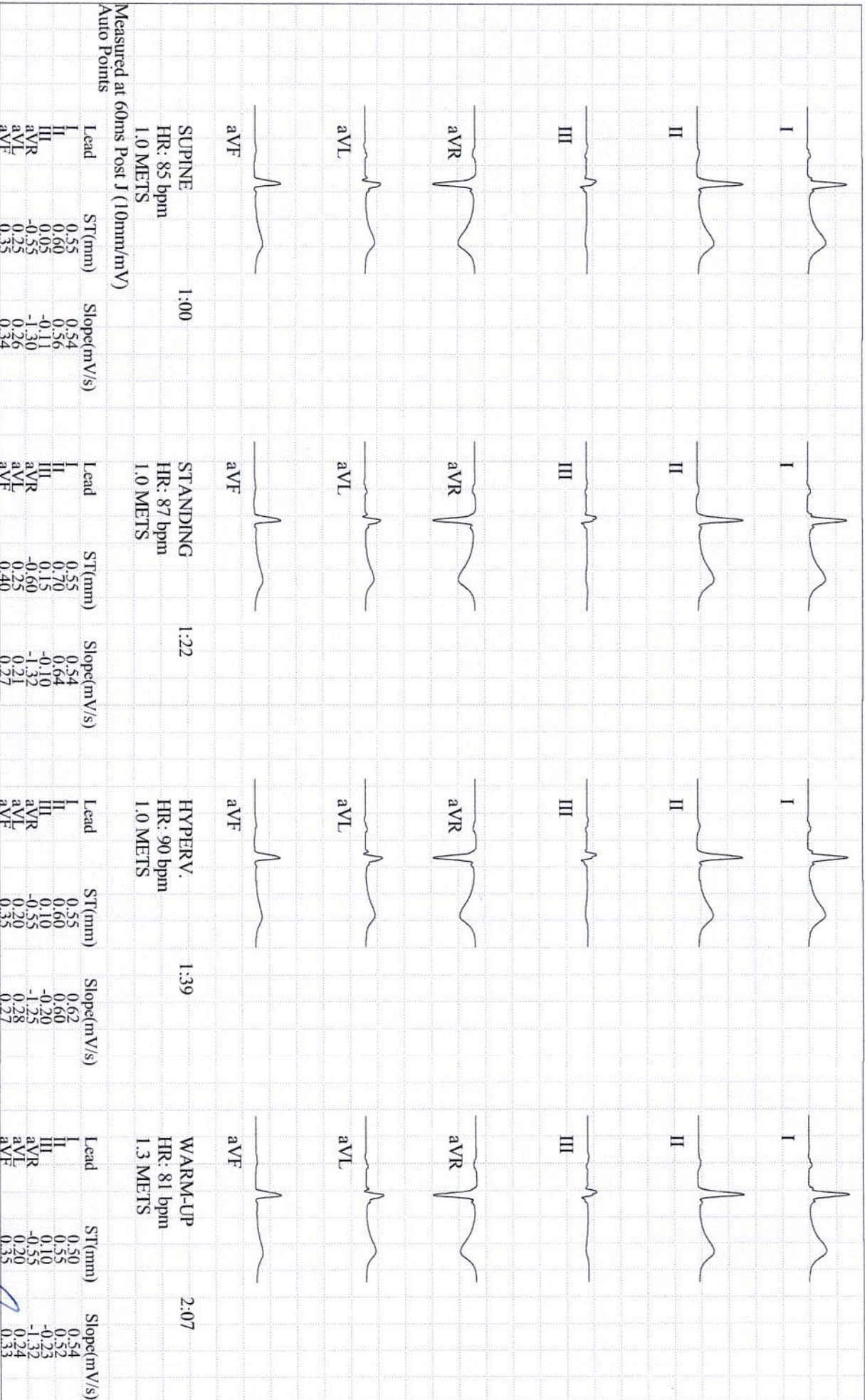
response. Chest Pain: none. Arrhythmias: none. ST Changes: none. Overall

impression: Normal stress test.

Phase Name	Stage Name	Time in Stage	Speed (km/h)	Grade (%)	Workload (METs)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (II mm)	Comment
PRETEST	SUPINE	01:01	0.00	0.00	1.0	86			0	0.55	
	STANDING	00:22	0.00	0.00	1.0	87			0	0.70	
	HYPERV. WARM-UP	00:18	0.00	0.00	1.0	88			0	0.55	
EXERCISE	STAGE 1	00:27	1.60	0.00	1.3	81			0	0.55	
	STAGE 2	03:00	2.70	10.00	4.6	121	119/67	14399	0	0.15	
	STAGE 3	03:00	4.00	12.00	7.0	146	122/70	17812	0	-0.50	
	STAGE 4	03:00	5.40	14.00	10.0	164	122/70	20008	0	-0.65	
RECOVERY		01:07	6.70	16.00	13.3	173			0	-0.50	
		01:03	2.40	0.00	2.1	150			0	0.15	

**Dr. Pawan Kumar Singh**  
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 UPMCI-6/330  
 Director & Consultant Physician  
 JPK Clinic, Diagnostics  
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:14:23am

GE CardioSoft V6.73 (2)

50mm/s 10mm/mV 50Hz 0.01Hz FRF+ HEART V5.4

Unconfirmed

Attending MD: Dr. J.P. Singh

Dr. Pawan Kumar Singh

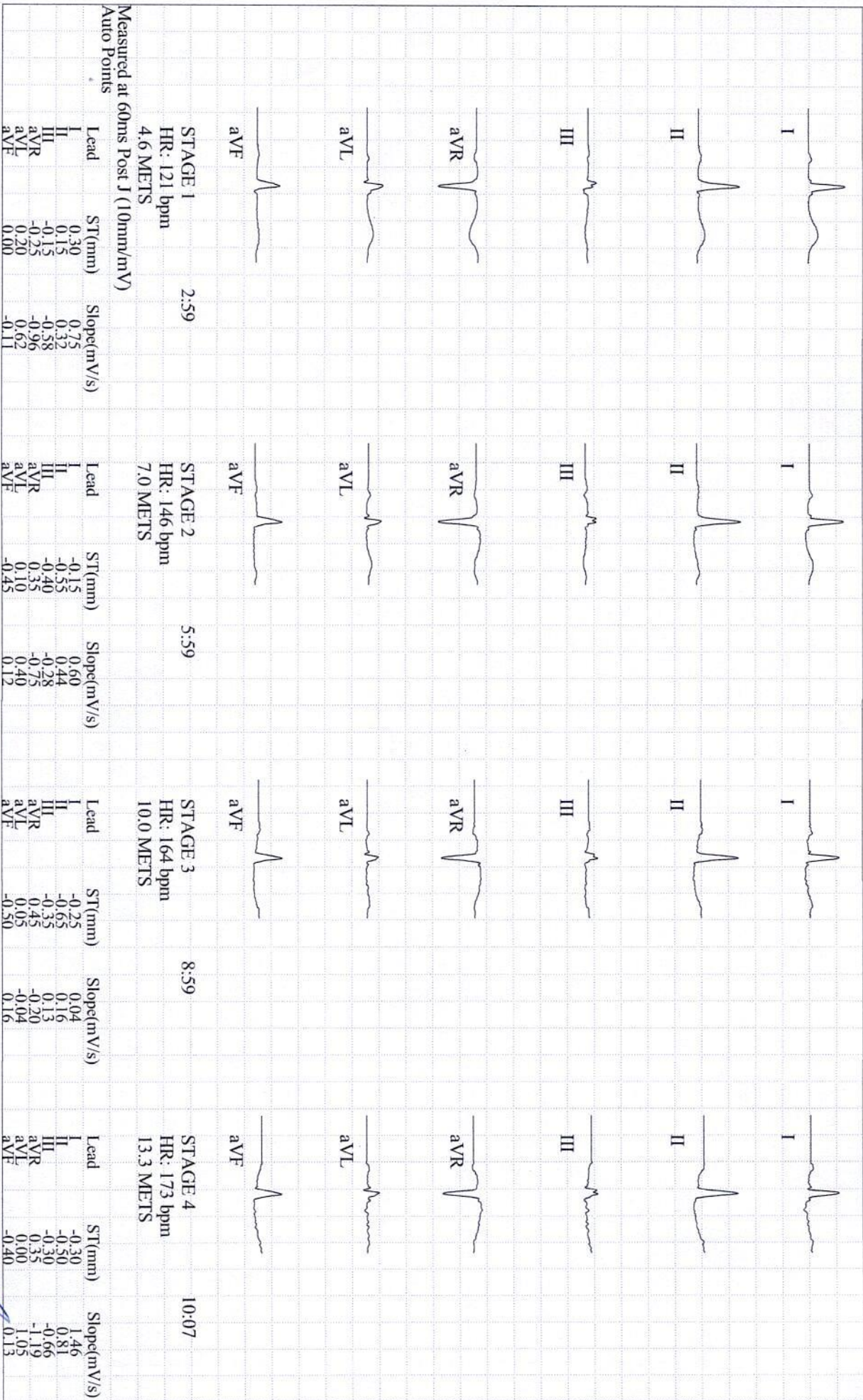
M.B.B.S. DNB (Medicine)

UPMCI-81392

Director & Consultant Physician

JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)





PANDEY, SANTOSH

Patient ID 30090

08.07.2022  
10:14:23am

GE CardioSoft V6.73 (2)  
50mm/s 10mm/mV 50Hz

0.01Hz FRF+ HEART V5.4

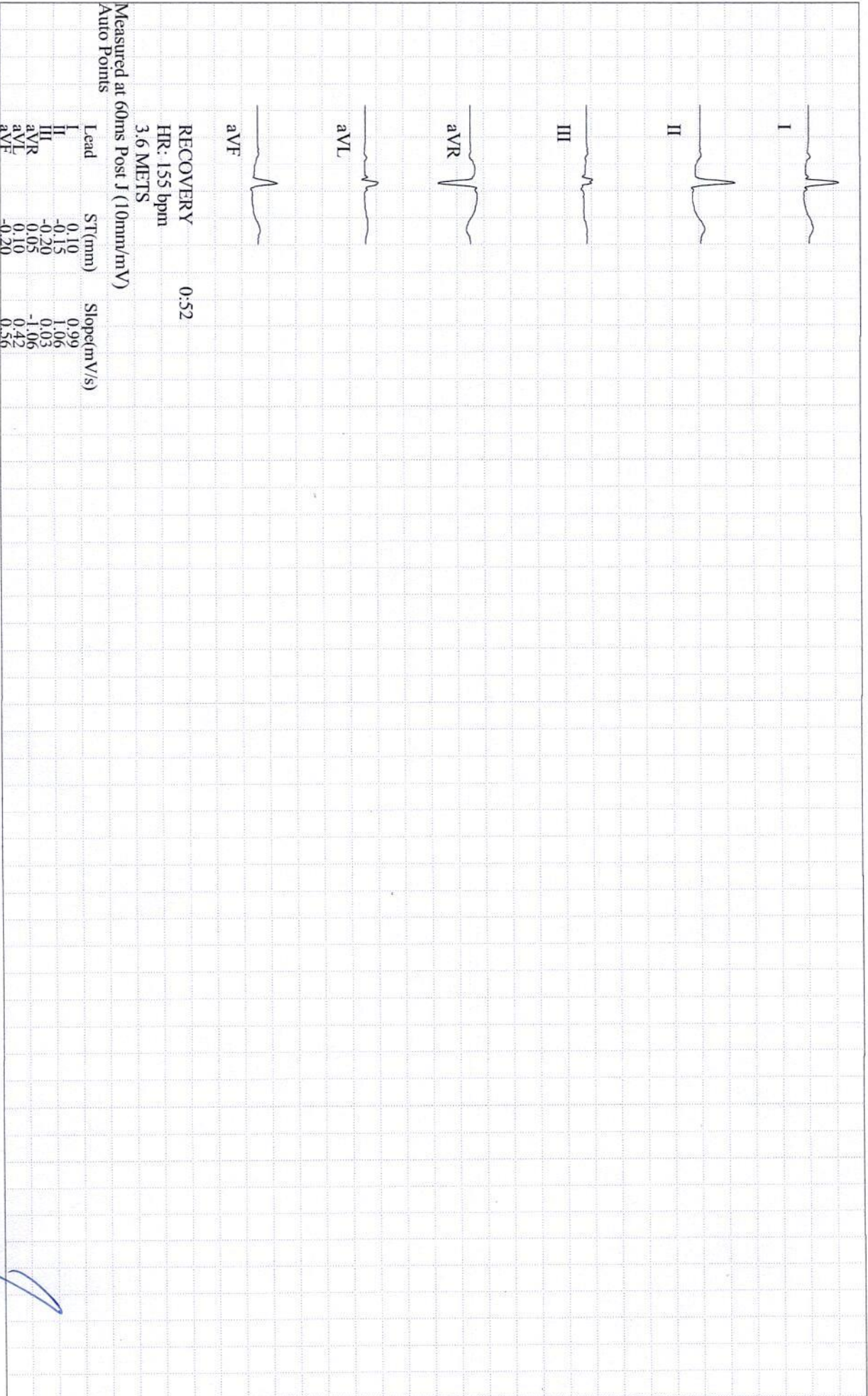
Unconfirmed

Attending MD: Dr. J.P. Singh

*Dr. Pawan Kumar Singh*  
M.B.B.S., DNB (Medicine)  
UP/NCL-51320

Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)





RECOVERY 0:52  
 HR: 155 bpm  
 3.6 METS

Measured at 60ms Post J (10mm/mV)  
 Auto Points

**PANDEY, SANTOSH**

Patient ID 30090

08.07.2022

10:14:23am

GE CardioSoft V6.73 (2)

50mm/s 10mm/mV 50Hz 0.01Hz FRF+ HEART V5.4

Unconfirmed

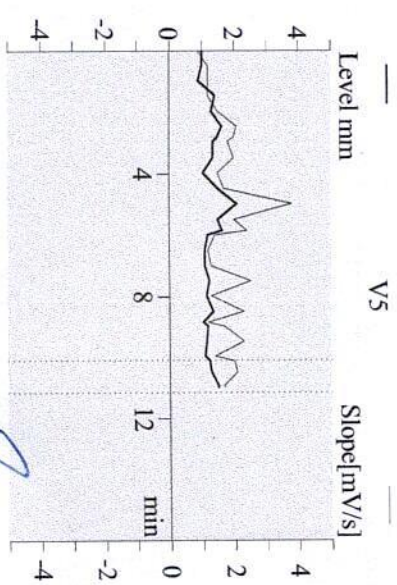
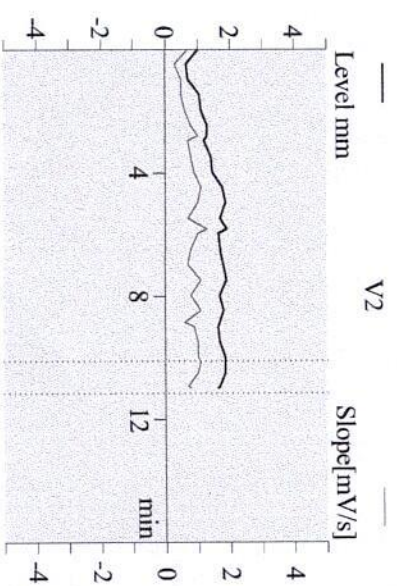
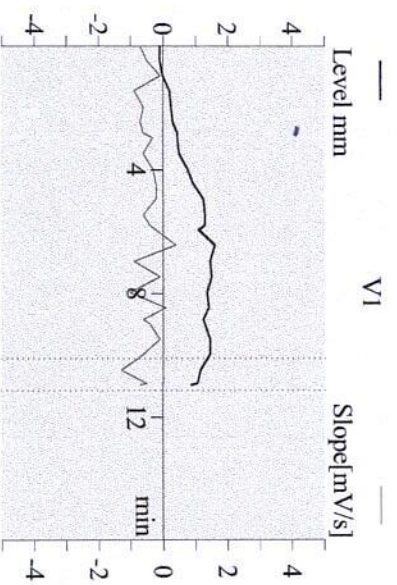
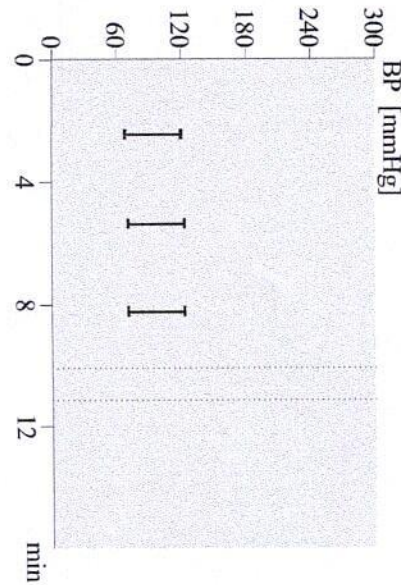
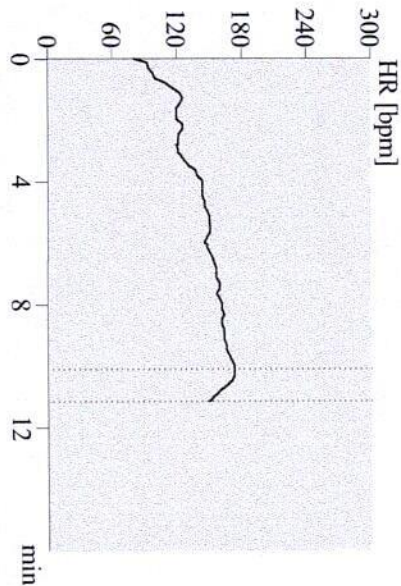
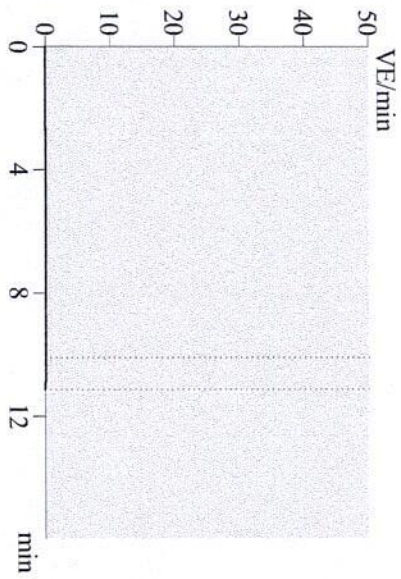
Attending MD: Dr. J.P. Singh

*Dr. Pawan Kumar Singh*  
 M.B.B.S, DNB (Medicine)  
 UP/NCI-6139

Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospital & Trauma Centre Pvt. Ltd)



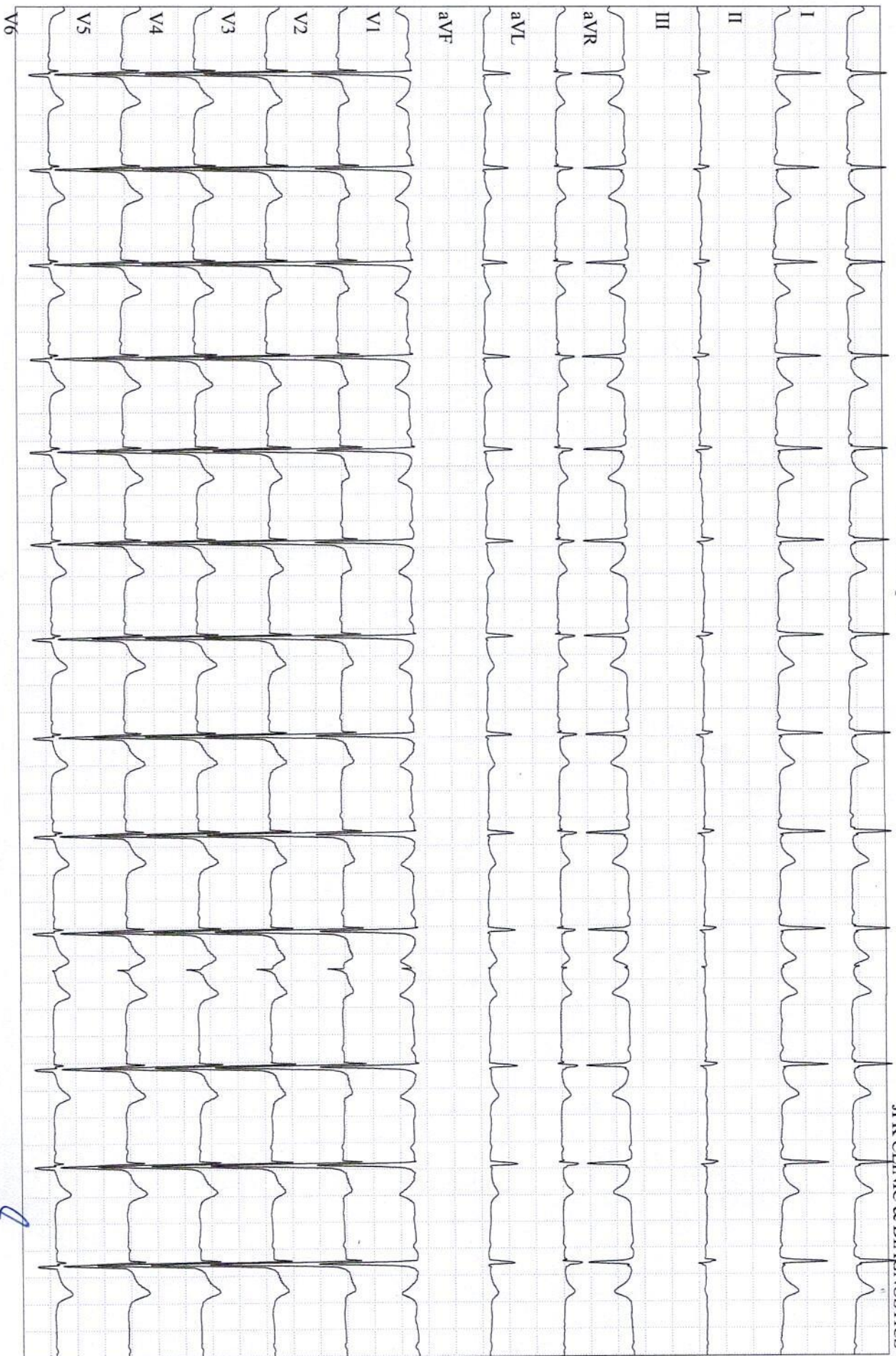
PANDEY, SANTOSH  
Patient ID 300990  
08.07.2022  
10:14:23am



**Dr. Pawan Kumar Singh**  
M.B.B.S., DNB (Medicine)  
U.P.MCI-61390

Director & Consultant Physician  
JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)





**PANDEY, SANTOSH**  
 Patient ID 30090  
 08.07.2022  
 10:15:26am  
 GE CardioSoft V6.73 (2)  
 25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V2,V3)

81 bpm

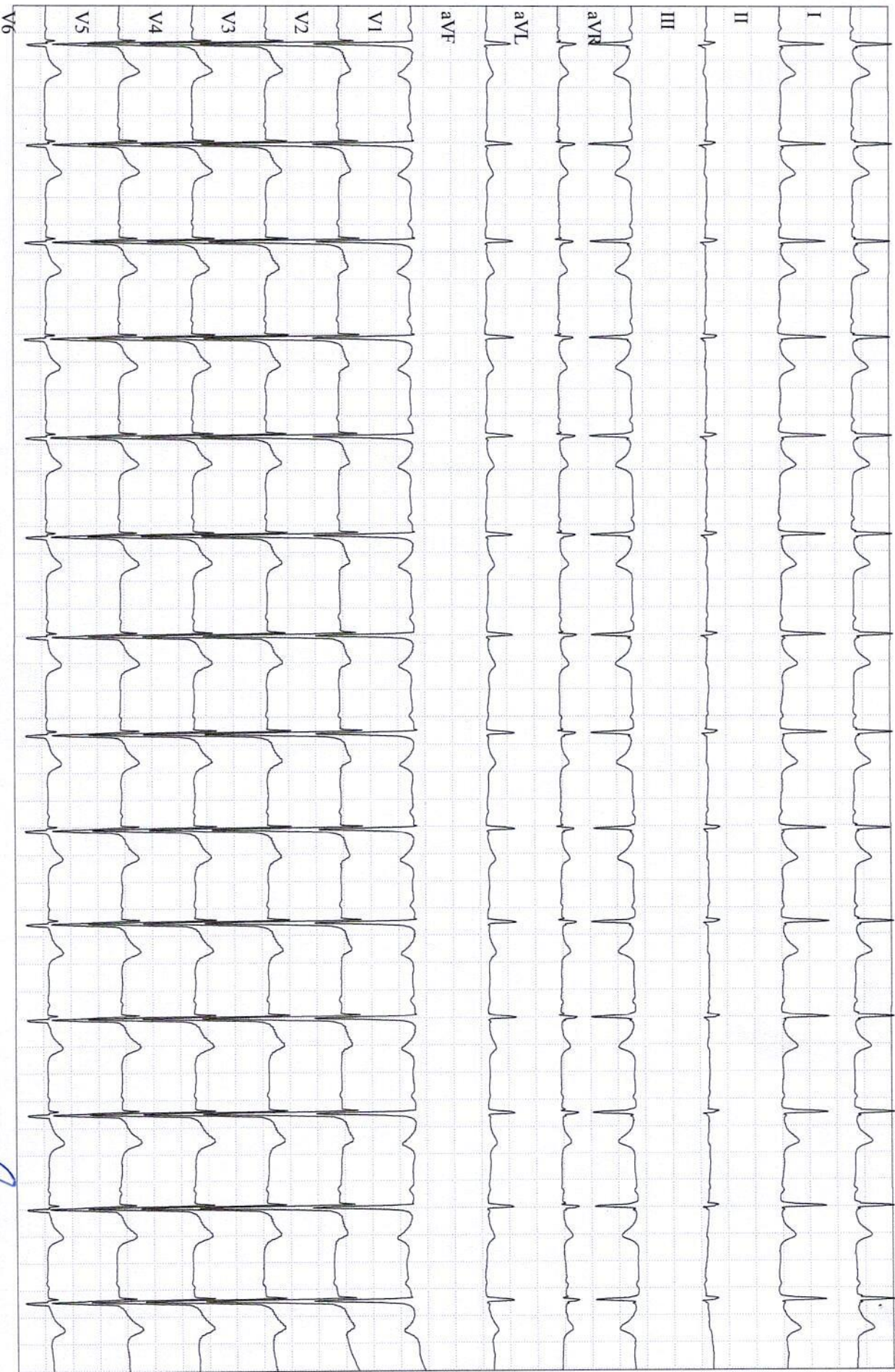
PRETEST  
 SUPINE  
 00:00

BRUCE  
 0.0 km/h  
 0.0 %

Start of Test: 10:14:23am

*Dr. Pawan Kumar Singh*  
 M.B.B.S, DNB (Medicine)  
 UPMCI-61330  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)





**PANDEY, SANTOSH**

Patient ID 30090

08.07.2022

10:15:47am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V2,V3)

85 bpm

PRETEST  
STANDING  
01:05

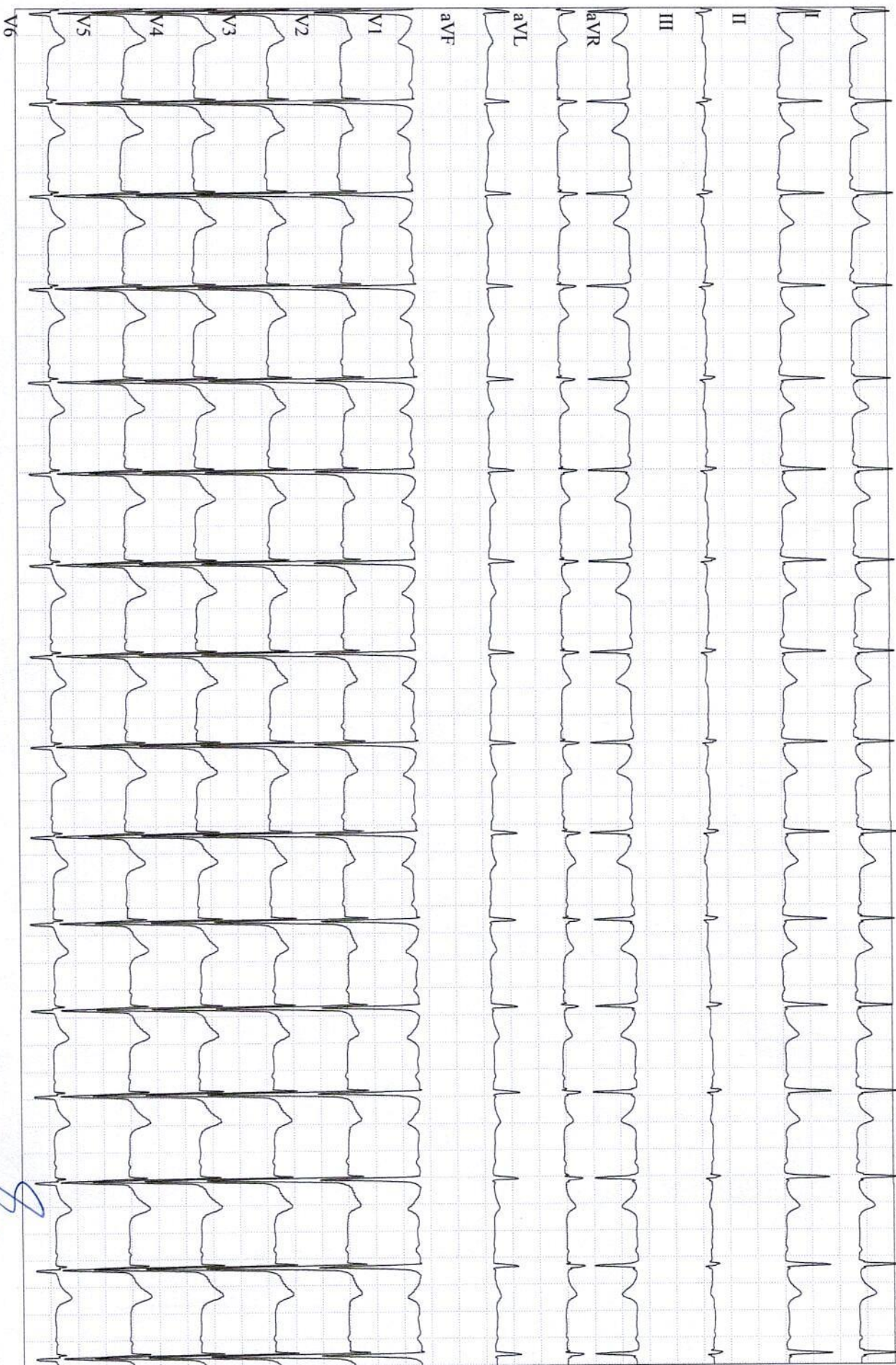
BRUCE  
0.0 km/h  
0.0 %

Start of Test: 10:14:23am

*Dr. Pawan Kumar Singh*  
M.B.B.S., DNB (Medicine)  
0994716133

Dr. Pawan Kumar Singh  
Consultant Cardiologist  
JPK Clinic & Diagnostics  
Vardaan, Sector 15, Gurgaon, Haryana, India





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:16:04am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V2,V3)

88 bpm

PRETEST  
HYPERV.  
01:26

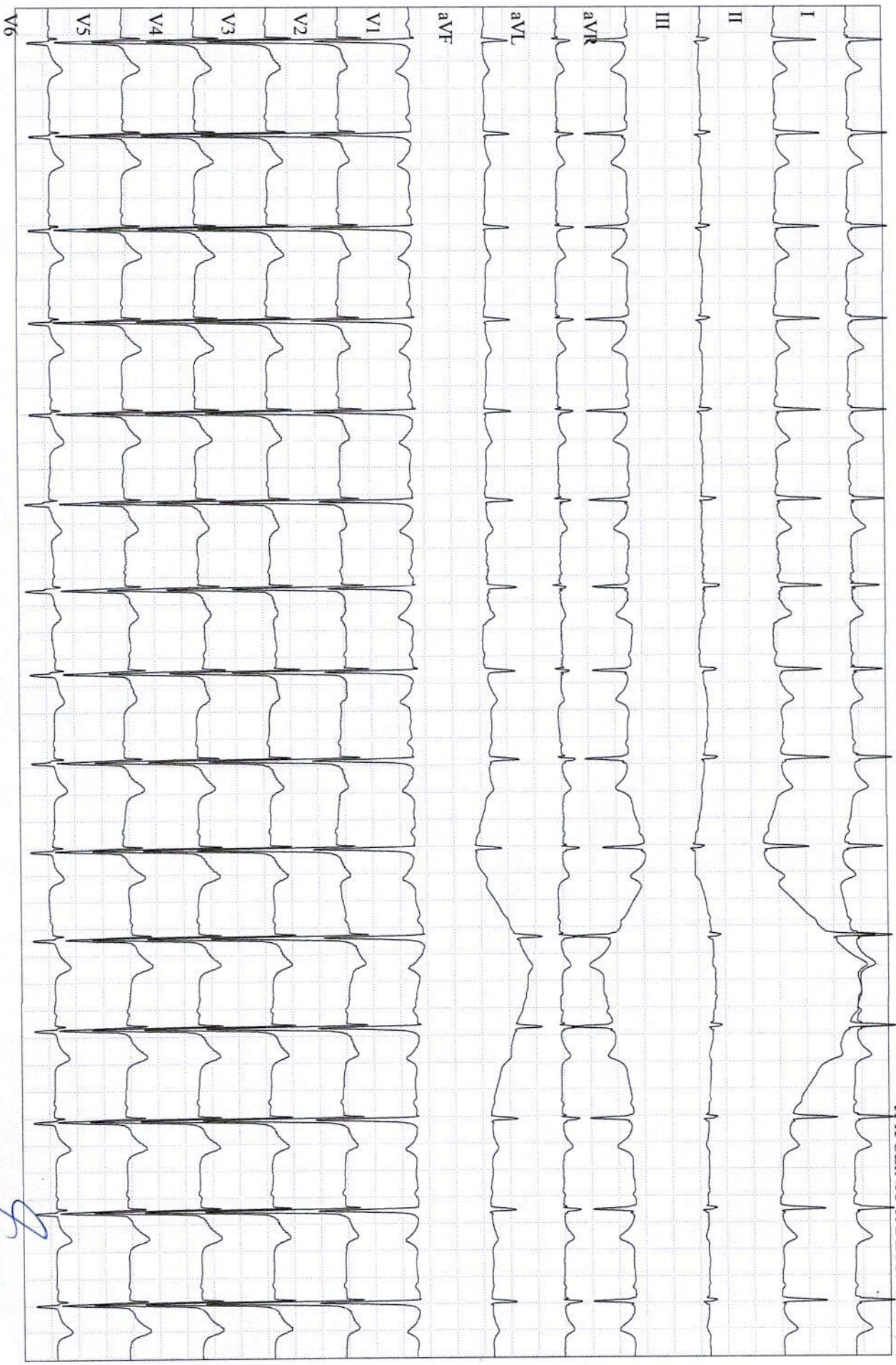
BRUCE  
0.0 km/h  
0.0 %

Dr. Pawan Kumar Singh  
M.B.B.S., DNB (Medicine)  
UP/MCI-61720

Director & Consultant Physician  
JPK Clinic & Diagnostics  
JA Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

Start of Test: 10:14:23am





**PANDEY, SANTOSH**  
 Patient ID 30090  
 08.07.2022  
 10:16:23am  
 GE CardioSoft V6.73 (2)  
 25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V2,V3)

87 bpm

**PRETEST**  
 WARM-UP  
 01:44

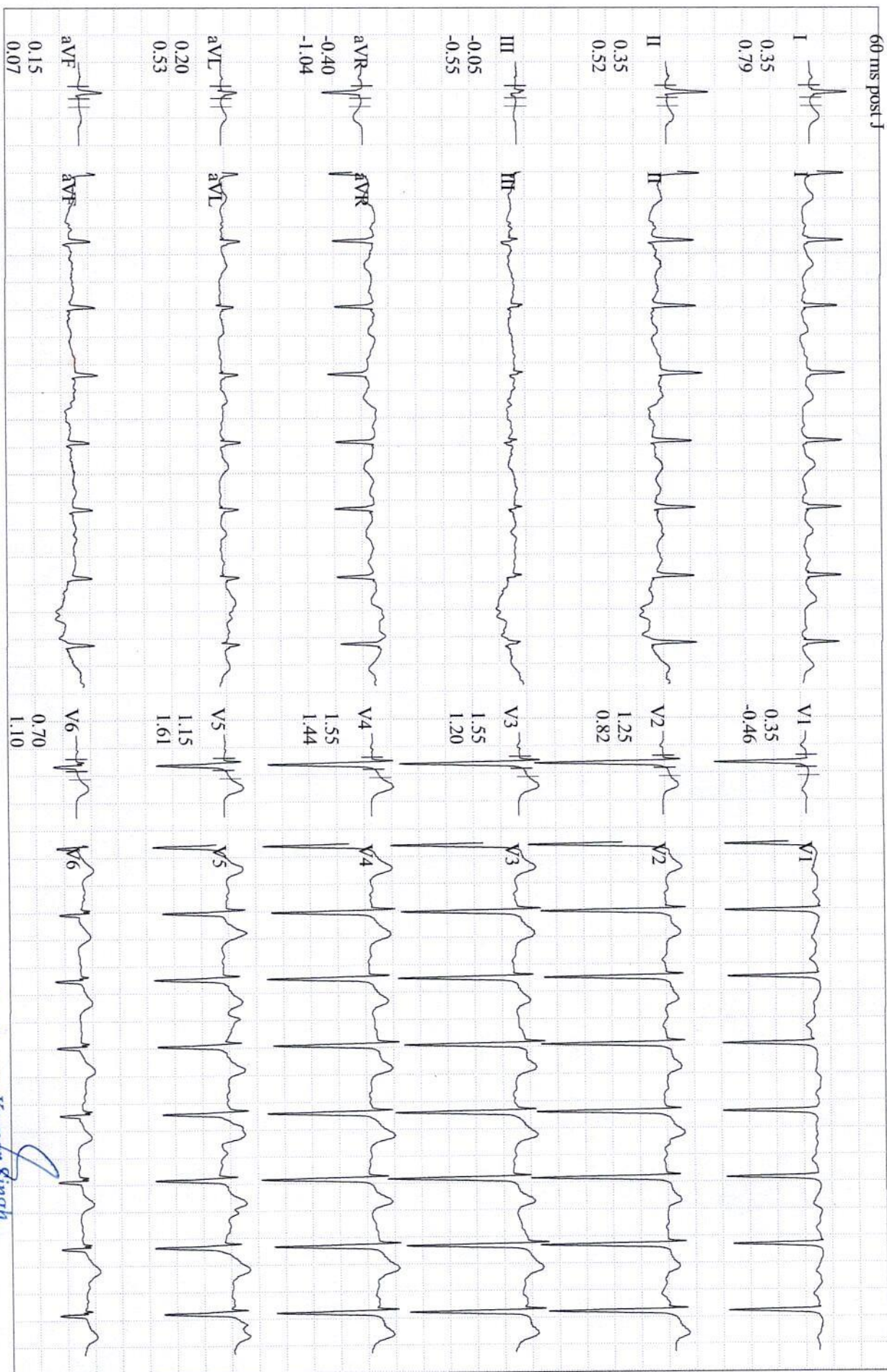
**BRUCE**  
 0.0 km/h  
 0.0 %

Start of Test: 10:14:23am

*Dr. Pawan Kumar Singh*

M.B.B.S. M.B. (Medicine)  
 UPMCI-11320  
 Director & Consultant Physician  
 JPK Clinic & Diagnostics  
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:19:25am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V2,V3)

EXERCISE

STAGE 1

02:50

BRUCE

2.7 km/h

10.0 %

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)

UPMCH-6720

Director & Consultant

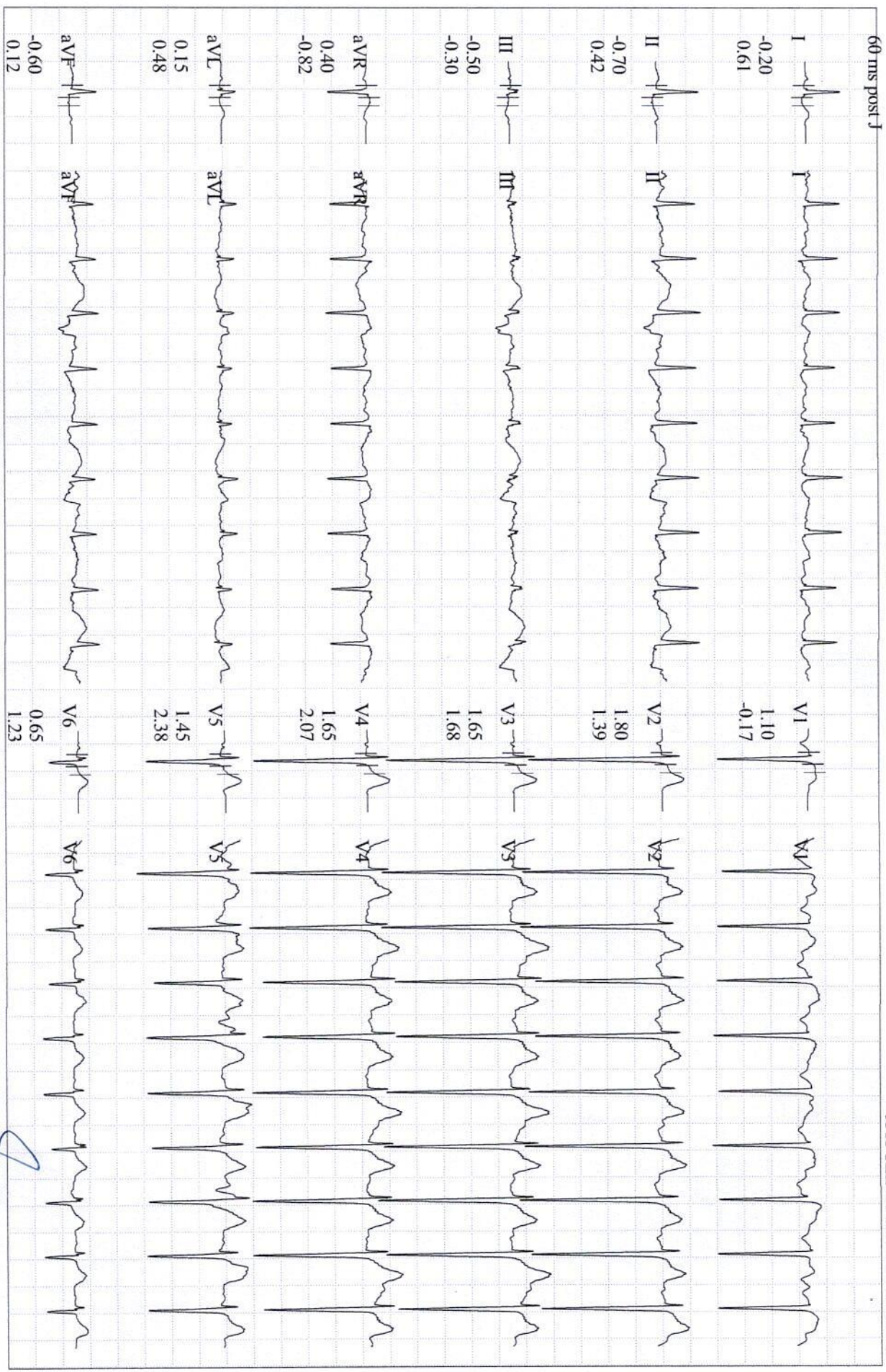
JPK Clinic & Diagnostic

JA Unit of JPK Hospitals & Training

ST Slope (mV/s)

Start of Test: 10:14:23am





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:22:24am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V2,V3)

EXERCISE

STAGE 2

05:50

BRUCE

4.0 km/h

12.0 %

Start of Test: 10:14:23am

Dr. Pawan Kumar Singh

M.B.B.S. DNB (Medicine)

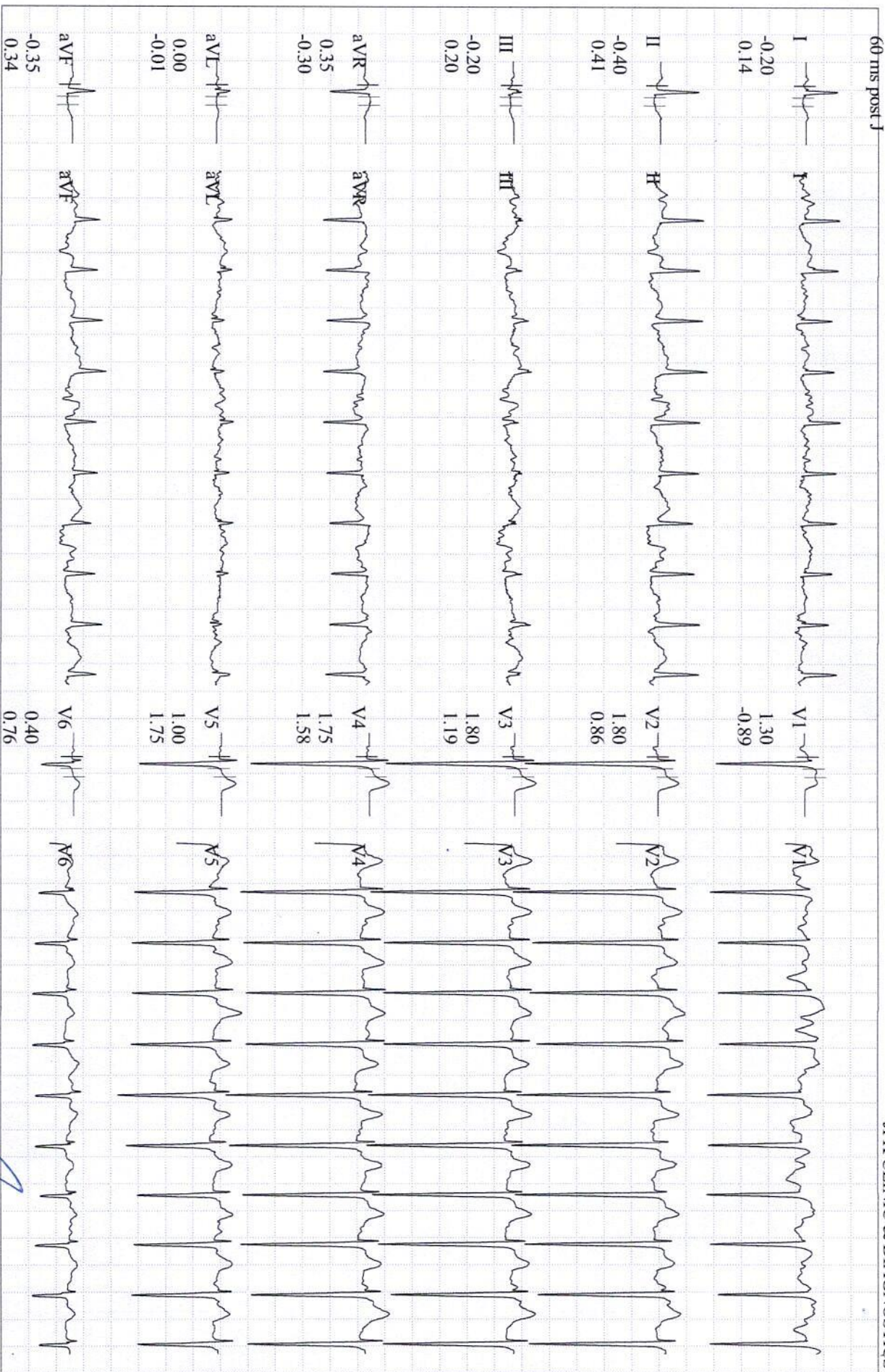
Lead

ST Level (mm)

ST Slope (mV/s)

Unit of ST Morphology & Trauma





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:25:24am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V4,V3)

164 bpm

122/70 mmHg

EXERCISE

STAGE 3

08:50

BRUCE

5.4 km/h

14.0 %

Start of Test: 10:14:23am

*Dr. Pawan Kumar Singh*

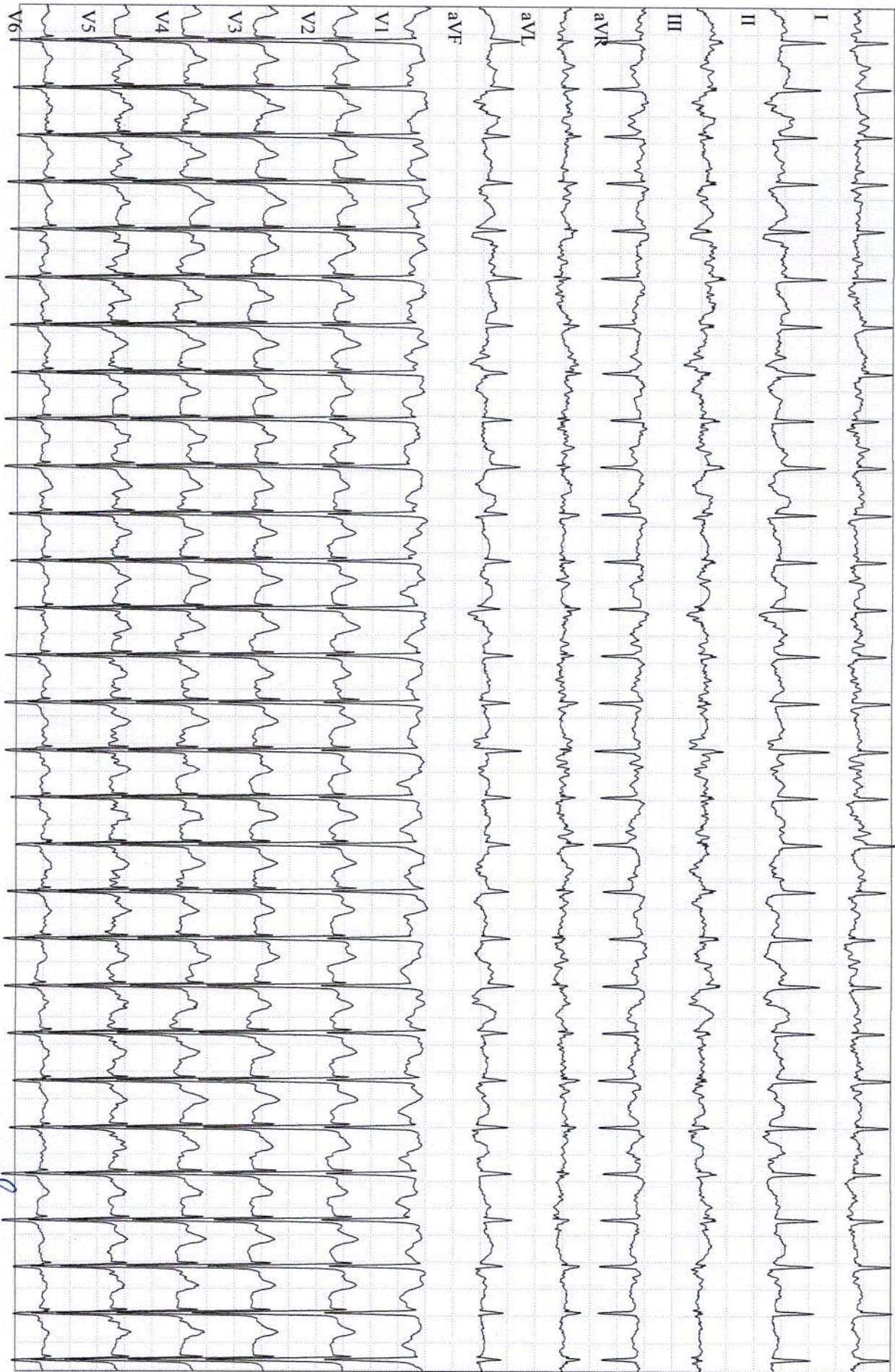
M.B.B.S. D.V.B. (Medicine)

UPIN/CI-617

Director & Consultant  
JPK Clinic & Diagnostic Centre Pvt. Ltd.

(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:26:47am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V4,V3)

173 bpm

EXERCISE  
STAGE 4  
10:07

BRUCE  
6.7 km/h  
16.0 %

Start of Test: 10:14:23am

*Dr. Pawan Kumar Singh*

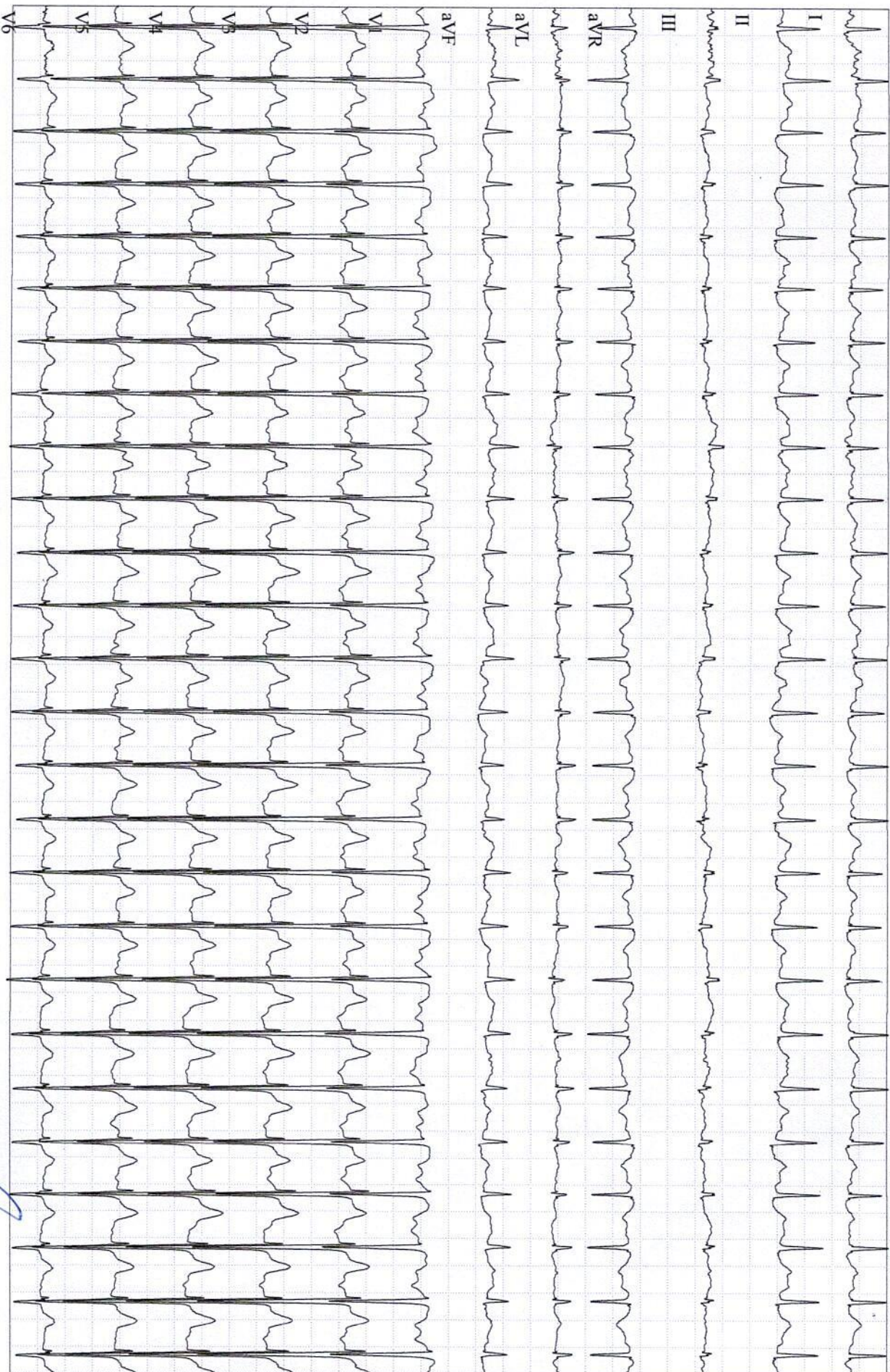
M.B.B.S. DNB (Medicine)

UPMCI-61900

Director & Consultant Physician

JPK Clinic & Diagnostics  
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)





PANDEY, SANTOSH

Patient ID 30090

08.07.2022

10:27:42am

GE CardioSoft V6.73 (2)  
25 mm/s 10 mm/mV 50Hz 0.01Hz FRF+ HR(V4,V3)

157 bpm

RECOVERY

#1

00:50

BRUCE

2.4 km/h

0.0 %

Start of Test: 10:14:23am

*Dr. Pawan Kumar Singh*

M.B.B.S, DNB (Medicine)

UP/MCI-6180

Director & Consultant Physician

JPK Clinic & Diagnostics  
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.