

Name : Mr. GAURAV CHACHAN (37 /M)

Date : 11/03/2022

Address : 14A, RASHA ROAD,EAST 2ND LANE, SWISS PARK, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001927763

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143724



CHIEF COMPLAINTS

For corporate health checkup
C/O Pain right hypochondrium (known fatty liver).
PRESENT KNOWN ILLNESS:-
No H/O HTN/DM/Asthma/TB/Heart Disease.



DRUG ALLERGY

NO KNOWN ALLERGY

:14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

Nil significant.

Gastrointestinal system

APPETITE – Normal.
FLATULENCE AND DYSPEPSIA - Present.
BOWEL HABITS – Regular.

Genitourinary system

FREQUENCY – Normal.
BURNING - Present.

Central nervous system

MEMORY & CONCENTRATION – Normal.
SLEEP – Normal.

Eyes

VISION - Distance decreased, corrected with glasses.

ENT

HEARING – Normal.

Skin

Nil significant.

Weight

Steady.



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Diet - Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - alive
Mother - alive
Sisters - 1
Hypertension - father
Coronary artery disease - none
Cancer - None

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PHYSICAL EXAMINATION

Ophthalmology findings

- Distance vision with glass
6/6 both eyes and
Near vision N6 both eyes.



General

Build - Healthy.
Height (in cms) - 168
Weight (in Kgs) - 67
BMI - 23.74
Pallor - no
Oedema - no



Cardiovascular system

Heart rate(Per minute) - 77
Rhythm - Normal
Systolic(mm of Hg) - 114
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+



Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - Present right hypochondrium.
Bowel sounds - Present.



Central nervous system

No neurological deficit



Skin

No significant finding



Musculo Skeletal System

Extremities - No significant finding.
Spine - No significant finding.

Ophthalmology consultation

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	14.6	g/dl	●	13.0-17.0
RBC COUNT	4.14 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.5	%	●	41-53
MCV	102.7 *	fl	●	83-101
MCH	35.3 *	pg	●	27-32
MCHC	34.4	%	●	31.5-34.5
RDW	15.7 *	%	●	11.8-14.0
WBC Count	5300	/cu mm	●	4000-10000
Platelet Count	1.36 *	lacs/cu mm	●	1.5-4.0
Neutrophils	60	%	●	40-80
Lymphocytes	35	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	00	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Macrocytic Normochromic.			
Platelets:	Adequate on the smear			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	16 *	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	7.5			
Albumin:	++			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells Occasional/hpf
 Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.
 NOTE : - Urine protein rechecked and confirmed by sulphosalicylic acid test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	O			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	90 *	U/L	●	10-40
ALBUMIN - SERUM	4.6	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	78	U/L	●	53-128
AST (SGOT) - SERUM	51 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	1.1 *	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	183	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM 1.0 mg/dL ● 0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	19	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	89	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	105	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	53	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	119	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	11	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.6	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	0.9	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	5.2	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	66	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.8	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.5	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	13.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6:1.0			1.0-2.0

ECG

NORMAL SINUS RHYTHM WITH SINUS ARRHYTHMIA.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

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* Fatty changes in liver.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

 Within Normal Range  Borderline High/Low  Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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